The invisible things of God from the creation of the world are clearly seen, being understood by the things that are made.—Rom. i. 20.

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January 1st
Christianity wants nothing so much in the world as sunny people, and the old are hungrier for love than for bread, and the Oil of Joy is very cheap, and if you can help the poor on with a Garment of Praise it will be better for them than blankets.

January 2nd
No one who knows the content of Christianity, or feels the universal need of a Religion, can stand idly by while the intellect of his age is slowly divorcing itself from it.

January 3rd
A Science without mystery is unknown; a Religion without mystery is absurd. However far the scientific method may penetrate the Spiritual World, there will always remain a region to be explored by a scientific faith.

January 4th
Among the mysteries which compass the world beyond, none is greater than how there can be in store for man a work more wonderful, a life more God-like than this.

January 5th
The Spiritual Life is the gift of the Living Spirit. The spiritual man is no mere development of the Natural man. He is a New Creation born from Above.

January 6th
Love is success, Love is happiness, Love is life. God is Love. Therefore LOVE.

January 7th
Give me the Charity which delights not in exposing the weakness of others, but "covereth all things."

January 8th
There is a sense of solidity about a Law of Nature which belongs to nothing else in the world. Here, at last, amid all that is shifting, is one thing sure; one thing outside ourselves, unbiased, unprejudiced, uninfluenced by like or dislike, by doubt or fear. . . . This more than anything else makes one eager to see the Reign of Law traced in the Spiritual Sphere.

January 9th
With Nature as the symbol of all of harmony and beauty that is known to man, must we still talk of the supernatural, not as a convenient word, but as a different order of world, . . . where the Reign of Mystery supersedes the Reign of Law?

January 10th
The Reign of Law has gradually crept into every department of Nature, transforming knowledge everywhere into Science. The process goes on, and Nature slowly appears to us as one great unity, until the borders of the Spiritual World are reached.

January 11th
No single fact in Science has ever discredited a fact in Religion.

January 12th
I shall never rise to the point of view which wishes to "raise" faith to knowledge. To me, the way of truth is to come through the knowledge of my ignorance to the submissiveness of faith, and then, making that my starting-place, to raise my knowledge into faith.

January 13th
If the purification of Religion comes from Science, the purification of Science, in a deeper sense, shall come from Religion.
January 14th
With the demonstration of the naturalness of the supernatural, skepticism even may come to be regarded as unscientific. And those who have wrestled long for a few bare truths to ennoble life and rest their souls in thinking of the future will not be left in doubt.

January 15th
The religion of Jesus has probably always suffered more from those who have misunderstood than from those who have opposed it.

January 16th
It is impossible to believe that the amazing successions of revelations in the domain of Nature, during the last few centuries, at which the world has all but grown tired wondering, are to yield nothing for the higher life.

January 17th
Is life not full of opportunities for learning love? Every man and woman every day has a thousand of them.

January 18th
What is Science but what the Natural World has said to natural men? What is Revelation but what the Spiritual World has said to Spiritual men?

January 19th
Life depends upon contact with Life. It cannot spring up out of itself. It cannot develop out of anything that is not Life. There is no Spontaneous Generation in religion any more than in Nature. Christ is the source of Life in the Spiritual World; and he that hath the Son hath Life, and he that hath not the Son, whatever else he may have, hath not Life.
January 20th
It is a wonderful thing that here and there in this hard, uncharitable world, there should still be left a few rare souls who think no evil.

January 21st
The physical Laws may explain the inorganic world; the biological Laws may account for the development of the organic. But of the point where they meet, of that strange borderland between the dead and the living, Science is silent. It is as if God had placed everything in earth and heaven in the hands of Nature, but reserved a point at the genesis of Life for His direct appearing.

January 22nd
Except a mineral be born "from above"--from the Kingdom just ABOVE it--it cannot enter the Kingdom just above it. And except a man be born "from above," by the same law, he cannot enter the Kingdom just above him.

January 23rd
If we try to influence or elevate others, we shall soon see that success is in proportion to their belief of our belief in them.

January 24th
The world is not a play-ground; it is a school-room. Life is not a holiday, but an education. And the one eternal lesson for us all is how better we can love.

January 25th
What a noble gift it is, the power of playing upon the souls and wills of men, and rousing them to lofty purposes and holy deeds.

January 26th
The test of Religion, the final test of Religion, is not Religiousness, but Love.
January 27th
There are not two laws of Bio-genesis, one for the natural, the other for the Spiritual; one law is for both. Where-ever there is Life, Life of any kind, this same law holds.

January 28th
The first step in peopling these worlds with the appropriate living forms is virtually miracle. Nor in one case is there less of mystery in the act than in the other. The second birth is scarcely less perplexing to the theologian than the first to the embryologist.

January 29th
There may be cases--they are probably in the majority-- where the moment of contact with the Living Spirit, though sudden, has been obscure. But the real moment and the conscious moment are two different things. Science pronounces nothing as to the conscious moment. If it did, it would probably say that that was seldom the real moment-- The moment of birth in the natural world is not a conscious moment—we do not know we are born till long afterward.

January 30th
The stumbling-block to most minds is perhaps less the mere existence of the unseen than the want of definition, the apparently hopeless vagueness, and not least, the delight in this vagueness as mere vagueness by some who look upon this as the mark of quality in Spiritual things. It will be at least something to tell earnest seekers that the Spiritual World is not a castle in the air, of an architecture unknown to earth or heaven, but a fair ordered realm furnished with many familiar things and ruled by well-remembered Laws.

January 31st
Character grows in the stream of the world's life. That chiefly is where men are to learn love.
February 1st
If a man does not exercise his arm he develops no biceps muscle; and if a man does not exercise his soul, he acquires no muscle in his soul, no strength of character, no vigor of moral fiber, nor beauty of Spiritual growth.

February 2nd
A Religion without mystery is an absurdity. Even Science has its mysteries, none more inscrutable than around this Science of Life. It taught us sooner or later to expect mystery, and now we enter its domain. Let it be carefully marked, however, that the cloud does not fall and cover us till we have ascertained the most momentous truth of Religion-- that Christ is in the Christian.

February 3rd
Religion in having mystery is in analogy with all around it. Where there is exceptional mystery in the Spiritual World it will generally be found that there is a corresponding mystery in the natural world.

February 4th
Even to earnest minds the difficulty of grasping the truth at all has always proved extreme. Philosophically, one scarcely sees either the necessity or the possibility of being born again. Why a virtuous man should not simply grow better and better until in his own right he enter the Kingdom of God is what thousands honestly and seriously fail to understand.

February 5th
Lavish Love upon our equals, where it is very difficult, and for whom perhaps we each do least of all.

February 6th
Spiritual Life is not something outside ourselves. The idea is not that Christ is in heaven and that we can stretch out some mysterious faculty and deal with Him there. This is the vague form in which many conceive the truth, but it is contrary to Christ's teaching and to the analogy of nature. Life is definite and resident; and
Spiritual Life is not a visit from a force, but a resident tenant in the soul.

February 7th
If we neglect almost any of the domestic animals, they will rapidly revert to wild and worthless forms. Now, the same thing exactly would happen in the case of you or me. Why should man be an exception to any of the laws of nature?

February 8th
The law of Reversion to Type runs through all creation. If a man neglect himself for a few years he will change into a worse and a lower man. If it is his body that he neglects, he will deteriorate into a wild and bestial savage. . . . If it is his mind, it will degenerate into imbecility and madness. . . . If he neglect his conscience, it will run off into lawlessness and vice. Or, lastly, if it is his soul, it must inevitably atrophy, drop off in ruin and decay.

February 9th
Three possibilities of life, according to Science, are open to all living organisms--Balance, Evolution, and Degeneration.

February 10th
The life of Balance is difficult. It lies on the verge of continual temptation, its perpetual adjustments become fatiguing, its measured virtue is monotonous and uninspiring.

February 11th
More difficult still, apparently, is the life of ever upward growth. Most men attempt it for a time, but growth is slow; and despair overtakes them while the goal is far away.

February 12th
Degeneration is easy. Why is it easy? Why but that already in each man's very nature this principle is supreme? He feels within his soul a silent drifting motion
impelling him downward with irresistible force.

February 13th
This is Degeneration—that principle by which the organism, failing to develop itself, failing even to keep what it has got, deteriorates, and becomes more and more adapted to a degraded form of life.

February 14th
It is a distinct fact by itself, which we can hold and examine separately, that on purely natural principles the soul that is left to itself unwatched, uncultivated, unredeemed, must fall away into death by its own nature.

February 15th
If a man find the power of sin furiously at work within him, dragging his whole life downward to destruction, there is only one way to escape his fate—to take resolute hold of the upward power, and be borne by it to the opposite goal.

February 16th
Neglect does more for the soul than make it miss salvation. It despoils it of its capacity for salvation.

February 17th
Give pleasure. Lose no chance in giving pleasure. For that is the ceaseless and anonymous triumph of a truly loving spirit.

February 18th
If there were uneasiness there might be hope. If there were, somewhere about our soul, a something which was not gone to sleep like all the rest; if there were a contending force anywhere; if we would let even that work instead of neglecting it, it would gain strength from hour to hour, and waken up, one at a time, each torpid and dishonored faculty, till our whole nature became alive with strivings against
self, and every avenue was open wide for God.

February 19th
Where is the capacity for heaven to come from if it be not developed on earth? Where, indeed, is even the smallest appreciation of God and heaven to come from when so little of spirituality has ever been known or manifested here?

February 20th
Men tell us sometimes there is no such thing as an atheist. There must be. There are some men to whom it is true that there is no God. They cannot see God because they have no eye. They have only an abortive organ, atrophied by neglect.

February 21st
Escape means nothing more than the gradual emergence of the higher being from the lower, and nothing less. It means the gradual putting off of all that cannot enter the higher state, or heaven, and simultaneously the putting on of Christ. It involves the slow completing of the soul and the development of the capacity for God.

February 22nd
If, then, escape is to be open to us, it is not to come to us somehow, vaguely. We are not to hope for anything startling or mysterious. It is a definite opening along certain lines which are definitely marked by God, which begin at the Cross of Christ, and lead direct to Him.

February 23rd
Each man, in the silence of his own soul, must work out this salvation for himself with fear and trembling--with fear, realizing the momentous issues of his task; with trembling, lest, before the tardy work be done, the voice of Death should summon him to stop.
February 24th

So cultivate the soul that all its powers will open out to God, and in beholding God be drawn away from sin.

February 25th

There is a Sense of Sight in the religious nature. Neglect this, leave it undeveloped, and you never miss it. You simply see nothing. But develop it and you see God.

February 26th

Become pure in heart. The pure in heart shall see God. Here, then, is one opening for soul-culture—the avenue through purity of heart to the spiritual seeing of God.

February 27th

There is a Sense of Sound. Neglect this, leave it undeveloped, and you never miss it. Develop it, and you hear God. And the line along which to develop it is known to us. Obey Christ.

February 28th

He who loves will rejoice in the Truth, rejoice not in what he has been taught to believe; not in this Church's doctrine or in that; not in this issue, or in that issue; but "in the Truth." He will accept only what is real; he will strive to get at facts; he will search for Truth with a humble and unbiased mind, and cherish whatever he finds at any sacrifice.
March 1st
"Consider the lilies of the field how they grow." Christ made the lilies and He made me--both on the same broad principle. Both together, man and flower . . .; but as men are dull at studying themselves. He points to this companion-phenomenon to teach us how to live a free and natural life, a life which God will unfold for us, without our anxiety, as He unfolds the flower.

March 2nd
Our efforts after Christian growth seem only a succession of failures, and, instead of rising into the beauty of holiness, our life is a daily heart-break and humiliation.

March 3rd
The lilies grow, Christ says, of themselves; they toil not, neither do they spin. They grow, that is, automatically, spontaneously, without trying, without fretting, without thinking.

March 4th
Violent efforts to grow are right in earnestness, but wholly wrong in principle. There is but one principle of growth both for the natural and spiritual, for animal and plant, for body and soul. For all growth is an organic thing. And the principle of growing in grace is once more this, "Consider the lilies how they grow."

March 5th
Earnest souls who are attempting sanctification by struggle, instead of sanctification by faith, might be spared much humiliation by learning the botany of the Sermon on the Mount.

March 6th
There is only one thing greater than happiness in the world, and that is holiness; and it is not in our keeping; but what God HAS put in our power is the happiness of those about us, and that is largely to be secured by our being kind to them.
March 7th
We have all felt the brazenness of words without emotion, the hollowness, the unaccountable unpersuasiveness of eloquence behind which lies no love.

March 8th
Patience; kindness; generosity; humility; courtesy; unselfishness; good-temper; guilelessness; sincerity—these make up the supreme gift, the stature of the perfect man.

March 9th
We hear much of love to God; Christ spoke much of love to man. We make a great deal of peace with heaven; Christ spoke much of peace on earth.

March 10th
If God is spending work upon a Christian, let him be still and know that it is God. And if he wants work, he will find it there—in the being still.

March 11th
If the amount of energy lost in trying to grow were spent in fulfilling rather the conditions of growth, we should have many more cubits to show for our stature.

March 12th
The conditions of growth, then, and the inward principle of growth being both supplied by Nature, the thing man has to do, the little junction left for him to complete, is to apply the one to the other. He manufactures nothing; he earns nothing; he need be anxious for nothing; his one duty is to be IN these conditions, to abide in them, to allow grace to play over him, to be still and know that this is God.

March 13th
A man will often have to wrestle with his God— but not for growth. The Christian life is a composed life. The Gospel is Peace. Yet the most anxious people in the world are Christians— Christians who misunderstand the nature of growth. Life is a perpetual
self-condemning because they are not growing.

March 14\textsuperscript{th}
All the work of the world is merely a taking advantage of energies already there.

March 15\textsuperscript{th}
Religion is not a strange or added thing; but the inspiration of the secular life, the breathing of an eternal spirit through this temporal world.

March 16\textsuperscript{th}
The stature of the Lord Jesus was not itself reached by work, and he who thinks to approach its mystical height by anxious effort is really receding from it.

March 17\textsuperscript{th}
For the Life must develop out according to its type; and being a germ of the Christ-life, it must unfold into a Christ.

March 18\textsuperscript{th}
The sneer at the godly man for his imperfections is ill-judged. A blade is a small thing. At first it grows very near the earth. It is often soiled and crushed and downtrodden. But it is a living thing, . . . and "it doth not yet appear what it shall be."

March 19\textsuperscript{th}
Christ's protest is not against work, but against anxious thought.

March 20\textsuperscript{th}
If God is adding to our spiritual stature, unfolding the new nature within us, it is a mistake to keep twitching at the petals with our coarse fingers. We must seek to let the Creative Hand alone. "It is God which giveth the increase."
March 21st

Love is PATIENCE. This is the normal attitude of Love; Love passive, Love waiting to begin; not in a hurry; calm; ready to do its work when the summons comes, but meantime wearing the ornament of a meek and quiet spirit.

March 22nd

Have you ever noticed how much of Christ's life was spent in doing kind things?

March 23rd

I wonder why it is we are not all kinder than we are! How much the world needs it. How easily it is done. How instantaneously it acts. How infallibly it is remembered. How superabundantly it pays itself back --for there is no debtor in the world so honorable, so superbly honorable as Love.

March 24th

To love abundantly is to live abundantly, and to love forever is to live forever. Hence, eternal life is inextricably bound up with love.

March 25th

Man is a mass of correspondences, and because of these, because he is alive to countless objects and influences to which lower organisms are dead, he is the most living of all creatures.

March 26th

All organisms are living and dead--living to all within the circumference of their correspondences, dead to all beyond. . . . Until man appears there is no organism to correspond with the whole environment.

March 27th

Is man in correspondence with the whole environment or is he not? . . . He is not. Of men generally it cannot be said that they are in living contact with that part of the
environment which is called the spiritual world.

March 28th
The animal world and the plant world are the same world. They are different parts of one environment. And the natural and spiritual are likewise one.

March 29th
What we have correspondence with, that we call natural; what we have little or no correspondence with, that we call Spiritual.

March 30th
Those who are in communion with God live, those who are not are dead.

March 31st
This earthly mind may be of noble caliber, enriched by culture, high-toned, virtuous, and pure. But if it know not God? What though its correspondences reach to the stars of heaven or grasp the magnitudes of Time and Space? The stars of heaven are not heaven. Space is not God.
April 1st
We do not picture the possessor of this carnal mind as in any sense a monster. We have said he may be high-toned, virtuous, and pure. The plant is not a monster because it is dead to the voice of the bird; nor is he a monster who is dead to the voice of God. The contention at present simply is that he is DEAD.

April 2nd
What is the creed of the Agnostic, but the confession of the spiritual numbness of humanity?

April 3rd
The nescience of the Agnostic philosophy is the proof from experience that to be carnally minded is Death.

April 4th
The Christian apologist never further misses the mark than when he refuses the testimony of the Agnostic to himself. When the Agnostic tells me he is blind and deaf, dumb, torpid, and dead to the spiritual world, I must believe him. Jesus tells me that. Paul tells me that. Science tells me that. He knows nothing of this outermost circle; and we are compelled to trust his sincerity as readily when he deplores it as if, being a man without an ear, he professed to know nothing of a musical world, or being without taste, of a world of art.

April 5th
It brings no solace to the unspiritual man to be told he is mistaken. To say he is self-deceived is neither to compliment him nor Christianity. He builds in all sincerity who raises his altar to the UNKNOWN God. He does not know God. With all his marvellous and complex correspondences, he is still one correspondence short.

April 6th
Only one thing truly need the Christian envy, the large, rich, generous soul which "envieth not."
April 7th
Whenever you attempt a good work you will find other men doing the same kind of work, and probably doing it better. Envy them not.

April 8th
I say that man believes in a God, who feels himself in the presence of a Power which is not himself, and is immeasurably above himself, a Power in the contemplation of which he is absorbed, in the knowledge of which he finds safety and happiness.

April 9th
What men deny is not a God. It is the correspondence. The very confession of the Unknowable is itself the dull recognition of an Environment beyond themselves, and for which they feel they lack the correspondence. It is this want that makes their God the Unknown God. And it is this that makes them DEAD.

April 10th
God is not confined to the outermost circle of environment, He lives and moves and has His being in the whole. Those who only seek Him in the further zone can only find a part. The Christian who knows not God in Nature, who does not, that is to say, correspond with the whole environment, most certainly is partially dead.

April 11th
After you have been kind, after Love has stolen forth into the world and done its beautiful work, go back into the shade again and say nothing about it.

April 12th
The absence of the true Light means moral Death. The darkness of the natural world to the intellect is not all. What history testifies to is, first the partial, and then the total eclipse of virtue that always follows the abandonment of belief in a personal God.
April 13th
The only greatness is unselfish love. . . . There is a great difference between TRYING TO PLEASE and GIVING PLEASURE.

April 14th
The conception of a God gives an altogether new color to worldliness and vice. Worldliness it changes into heathenism, vice into blasphemy. The carnal mind, the mind which is turned away from God, which will not correspond with God--this is not moral only but spiritual Death. And Sin, that which separates from God, which disobeys God, which CAN not in that state correspond with God--this is hell.

April 15th
If sin is estrangement from God, this very estrangement is Death. It is a want of correspondence. If sin is selfishness, it is conducted at the expense of life. Its wages are Death--"he that loveth his life," said Christ, "shall lose it."

April 16th
Obviously if the mind turns away from one part of the environment it will only do so under some temptation to correspond with another. This temptation, at bottom, can only come from one source—the love of self. The irreligious man's correspondences are concentrated upon himself. He worships himself. Self-gratification rather than self-denial; independence rather than submission--these are the rules of life. And this is at once the poorest and the commonest form of idolatry.

April 17th
You will find . . . that the people who influence you are people who believe in you.

April 18th
The development of any organism in any direction is dependent on its environment. A living cell cut off from air will die. A seed-germ apart from moisture and an appropriate temperature will make the ground its grave for centuries. Human nature, likewise, is subject to similar conditions. It can only develop in presence of its environment. No matter what its possibilities may be, no matter what seeds of thought or virtue, what germs of genius or of art, lie latent in its breast, until the
appropriate environment present itself the correspondence is denied, the
development discouraged, the most splendid possibilities of life remain unrealized,
and thought and virtue, genius and art, are dead.

April 19th
The true environment of the moral life is God. Here conscience wakes. Here kindles
love. Duty here becomes heroic; and that righteousness begins to live which alone is
to live forever. But if this Atmosphere is not, the dwarfed soul must perish for mere
want of its native air. And its Death is a strictly natural Death. It is not an
exceptional judgment upon Atheism. In the same circumstances, in the same averted
relation to their environment, the poet, the musician, the artist, would alike perish to
poetry, to music, and to art.

April 20th
Every environment is a cause. Its effect upon me is exactly proportionate to my
correspondence with it. If I correspond with part of it, part of myself is influenced. If
I correspond with more, more of myself is influenced; if with all, all is influenced. If I
correspond with the world, I become worldly; if with God, I become Divine.

April 21st
You can dwarf a soul just as you can dwarf a plant, by depriving it of a full
environment. Such a soul for a time may have a "name to live." Its character may
betray no sign of atrophy. But its very virtue somehow has the pallor of a flower that
is grown in darkness, or as the herb which has never seen the sun, no fragrance
breathes from its spirit.

April 22nd
I shall pass through this world but once. Any good thing, therefore, that I can do, or
any kindness that I can show to any human being, let me do it now. Let me not defer
it or neglect it, for I shall not pass this way again.
April 23rd
There is no happiness in having and getting, but only in giving . . . half the world is on the wrong scent in the pursuit of happiness.

April 24th
No form of vice, not worldliness, not greed of gold, not drunkenness itself, does more to un-Christianize society than evil temper.

April 25th
How many prodigals are kept out of the Kingdom of God by the unlovely character of those who profess to be inside!

April 26th
A want of patience, a want of kindness, a want of generosity, a want of courtesy, a want of unselfishness, are all instantaneously symbolized in one flash of Temper.

April 27th
Souls are made sweet not by taking the acid fluids out, but by putting something in--a great Love, a new Spirit--the Spirit of Christ.

April 28th
Christ, the Spirit of Christ, interpenetrating ours, sweetens, purifies, transforms all. This only can eradicate what is wrong, work a chemical change, renovate and regenerate, and rehabilitate the inner man. Will-power does not change men. Time does not change men. Christ does.

April 29th
Guilelessness is the grace for suspicious people. And the possession of it is the great secret of personal influence. You will find, if you think for a moment, that the people who influence you are people who believe in you. In an atmosphere of suspicion men shrivel up; but in that atmosphere they expand, and find encouragement and
educative fellowship.

April 30th
Do not quarrel . . . with your lot in life. Do not complain of its never-ceasing cares, its petty environment, the vexations you have to stand, the small and sordid souls you have to live and work with.
May 1st
The moment the new life is begun there comes a genuine anxiety to break with the old. For the former environment has now become embarrassing. It refuses its dismissal from consciousness. It competes doggedly with the new Environment for a share of the correspondences. And in a hundred ways the former traditions, the memories and passions of the past, the fixed associations and habits of the earlier life, now complicate the new relation. The complex and bewildered soul, in fact, finds itself in correspondence with two environments, each with urgent but yet incompatible claims. It is a dual soul living in a double world, a world whose inhabitants are deadly enemies, and engaged in perpetual civil war.

May 2nd
How can the New Life deliver itself from the still-persistent past? A ready solution of the difficulty would be TO DIE. . . . If we cannot die altogether, . . . the most we can do is to die as much as we can. . . . To die to any environment is to withdraw correspondence with it, to cut ourselves off, so far as possible, from all communication with it. So that the solution of the problem will simply be this, for the spiritual life to reverse continuously the processes of the natural life.

May 3rd
The spiritual man having passed from Death unto Life, the natural man must next proceed to pass from Life unto Death. Having opened the new set of correspondences, he must deliberately close up the old. Regeneration in short must be accompanied by Degeneration.

May 4th
The peculiar feature of Death by Suicide is that it is not only self-inflicted but sudden. And there are many sins which must either be dealt with suddenly or not at all.

May 5th
If the Christian is to "live unto God," he must "die unto sin." If he does not kill sin, sin will inevitably kill him. Recognizing this, he must set himself to reduce the number of his correspondences-- retaining and developing those which lead to a fuller life, unconditionally withdrawing those which in any way tend in an opposite
direction. This stoppage of correspondences is a voluntary act, a crucifixion of the flesh, a suicide.

May 6th
Do not resent temptation; do not be perplexed because it seems to thicken round you more and more, and ceases neither for effort nor for agony nor prayer. That is your practice. That is the practice which God appoints you; and it is having its work in making you patient, and humble, and generous, and unselfish, and kind, and courteous.

May 7th
It is a peculiarity of the sinful state, that as a general rule men are linked to evil mainly by a single correspondence. Few men break the whole law. Our natures, fortunately, are not large enough to make us guilty of all, and the restraints of circumstances are usually such as to leave a loophole in the life of each individual for only a single habitual sin. But it is very easy to see how this reduction of our intercourse with evil to a single correspondence blinds us to our true position.

May 8th
One little weakness, we are apt to fancy, all men must be allowed, and we even claim a certain indulgence for that apparent necessity of nature which we call our besetting sin. Yet to break with the lower environment at all, to many, is to break at this single point.

May 9th
There may be only one avenue between the new life and the old, it may be but a small and SUBTERRANEAN PASSAGE, but this is sufficient to keep the old life in. So long as that remains the victim is not "dead unto sin," and therefore he cannot "live unto God."

May 10th
Do not grudge the hand that is molding the still too shapeless image within you. It is growing more beautiful, though you see it not, and every touch of temptation may add to its perfection. Therefore keep in the midst of life. Do not isolate yourself. Be
among men, and among things, and among troubles, and difficulties, and obstacles.

May 11th
Contemplate the love of Christ, and you will love. Stand before that mirror, reflect Christ's character, and you will be changed into the same image from tenderness to tenderness. There is no other way. You cannot love to order. You can only look at the lovely object, and fall in love with it, and grow into likeness to it.

May 12th
In the natural world it only requires a single vital correspondence of the body to be out of order to ensure Death. It is not necessary to have consumption, diabetes, and an aneurism to bring the body to the grave, if it have heart disease. He who is fatally diseased in one organ necessarily pays the penalty with his life, though all the others be in perfect health. And such, likewise, are the mysterious unity and correlation of functions in the spiritual organism that the disease of one member may involve the ruin of the whole.

May 13th
To break altogether, and at every point, with the old environment, is a simple impossibility. So long as the regenerate man is kept in this world he must find the old environment at many points a severe temptation.

May 14th
Power over very many of the commonest temptations is only to be won by degrees, and however anxious one might be to apply the summary method to every case, he soon finds it impossible in practice.

May 15th
The ill-tempered person . . . can make very little of his environment. However he may attempt to circumscribe it in certain directions, there will always remain a wide and ever-changing area to stimulate his irascibility. His environment, in short, is an inconstant quantity, and his most elaborate calculations and precautions must often and suddenly fail him.
May 16th
What the ill-tempered person has to deal with, . . . mainly, is the correspondence, the temper itself. And that, he well knows, involves a long and humiliating discipline. The case is not at all a surgical but a medical one, and the knife is here of no more use than in a fever. A specific irritant has poisoned his veins. And the acrid humors that are breaking out all over the surface of his life are only to be subdued by a gradual sweetening of the inward spirit.

May 17th
The man whose blood is pure has nothing to fear. So he whose spirit is purified and sweetened becomes proof against these germs of sin. "Anger, wrath, malice and railing" in such a soil can find no root.

May 18th
The Mortification of a member . . . is based on the Law of Degeneration. The useless member here is not cut off, but simply relieved as much as possible of all exercise. This encourages the gradual decay of the parts, and as it is more and more neglected it ceases to be a channel for life at all. So an organism "mortifies" its members.

May 19th
Man's spiritual life consists in the number and fullness of his correspondences with God. In order to develop these he may be constrained to insulate them, to enclose them from the other correspondences, to shut himself in with them. In many ways the limitation of the natural life is the necessary condition of the full enjoyment of the spiritual life.

May 20th
No man is called to a life of self-denial for its own sake. It is in order to a compensation which, though sometimes difficult to see, is always real and always proportionate. No truth, perhaps, in practical religion is more lost sight of. We cherish somehow a lingering rebellion against the doctrine of self-denial--as if our nature, or our circumstances, or our conscience, dealt with us severely in loading us with the daily cross. But is it not plain after all that the life of self-denial is the more abundant life--more abundant just in proportion to the ampler crucifixion of the narrower life? Is it not a clear case of exchange--an exchange, however, where the
advantage is entirely on our side? We give up a correspondence in which there is a little life to enjoy a correspondence in which there is an abundant life. What though we sacrifice a hundred such correspondences? We make but the more room for the great one that is left.

May 21\textsuperscript{st}
Do not spoil your life at the outset with unworthy and impoverishing correspondences; and if it is growing truly rich and abundant, be very jealous of ever diluting its high eternal quality with anything of earth.

May 22\textsuperscript{nd}
To concentrate upon a few great correspondences, to oppose to the death the perpetual petty larceny of our life by trifles--these are the conditions for the highest and happiest life. . . . The penalty of evading self-denial also is just that we get the lesser instead of the larger good. The punishment of sin is inseparably bound up with itself.

May 23\textsuperscript{rd}
Each man has only a certain amount of life, of time, of attention--a definite measurable quantity. If he gives any of it to this life solely it is wasted. Therefore Christ says, Hate life, limit life, lest you steal your love for it from something that deserves it more.

May 24\textsuperscript{th}
To refuse to deny one's self is just to be left with the self undented. When the balance of life is struck, the self will be found still there. The discipline of life was meant to destroy this self, but that discipline having been evaded--and we all to some extent have opportunities, and too often exercise them, of taking the narrow path by the shortest cuts--its purpose is baulked. But the soul is the loser. In seeking to gain its life it has really lost it.

May 25\textsuperscript{th}
Suppose we deliberately made up our minds as to what things we were henceforth to allow to become our life? Suppose we selected a given area of our environment
and determined once for all that our correspondences should go to that alone, fencing in this area all round with a morally impassable wall? True, to others, we should seem to live a poorer life; they would see that our environment was circumscribed, and call us narrow because it was narrow. But, well-chosen, this limited life would be really the fullest life; it would be rich in the highest and worthiest, and poor in the smallest and basest, correspondences.

May 26th
The well-defined spiritual life is not only the highest life, but it is also the most easily lived. The whole cross is more easily carried than the half. It is the man who tries to make the best of both worlds who makes nothing of either. And he who seeks to serve two masters misses the benediction of both.

May 27th
You will find, as you look back upon your life, that the moments that stand out, the moments when you have really lived, are the moments when you have done things in a spirit of love. As memory scans the past, above and beyond all the transitory pleasures of life, there leap forward those supreme hours when you have been enabled to do unnoticed kindnesses to those round about you, things too trifling to speak about, but which you feel have entered into your eternal life.

May 28th
No man can become a saint in his sleep; and to fulfill the condition required demands a certain amount of prayer and meditation and time, just as improvement in any direction, bodily or mental, requires preparation and care. Address yourselves to that one thing; at any cost have this transcendent character exchanged for yours.

May 29th
He who has taken his stand, who has drawn a boundary line, sharp and deep, about his religious life, who has marked off all beyond as for ever forbidden ground to him, finds the yoke easy and the burden light. For this forbidden environment comes to be as if it were not. His faculties falling out of correspondence, slowly lose their sensibilities. And the balm of Death numbing his lower nature releases him for the scarce disturbed communion of a higher life. So even here to die is gain.
May 30th

Remain side by side with Him who loved us, and gave Himself for us, and you too will become a permanent magnet, a permanently attractive force; and like Him you will draw all men unto you, like Him you will be drawn unto all men. That is the inevitable effect of Love. Any man who fulfils that cause must have that effect produced in him.

May 31st

Try to give up the idea that religion comes to us by chance, or by mystery, or by caprice. It comes to us by natural law, or by supernatural law, for all law is Divine.
June 1st
We love others, we love everybody, we love our enemies, because He first loved us. . . . And that is how the love of God melts down the unlovely heart in man, and begets in him the new creature, who is patient and humble and gentle and unselfish.

June 2nd
The belief in Science as an aid to faith is not yet ripe enough to warrant men in searching there for witnesses to the highest Christian truths. The inspiration of Nature, it is thought, extends to the humbler doctrines alone. And yet the reverent inquirer who guides his steps in the right direction may find even now, in the still dim twilight of the scientific world, much that will illuminate and intensify his sublimest faith.

June 3rd
Life becomes fuller and fuller, richer and richer, more and more sensitive and responsive to an ever-widening Environment as we rise in the chain of being.

June 4th
Before we reach an Eternal Life we must pass beyond that point at which all ordinary correspondences inevitably cease. We must find an organism so high and complex, that at some point in its development it shall have added a correspondence which organic death is powerless to arrest.

June 5th
Uninterrupted correspondence with a perfect Environment is Eternal Life, according to Science. "This is Life Eternal," said Christ, "that they may know Thee, the only true God, and Jesus Christ whom Thou hast sent." Life Eternal is to know God. To know God is to "correspond" with God. To correspond with God is to correspond with a Perfect Environment. And the organism which attains to this, in the nature of things, must live forever. Here is "eternal existence and eternal knowledge."

June 6th
To find a new Environment again and cultivate relation with it is to find a new Life. To live is to correspond, and to correspond is to live. So much is true in Science. But
it is also true in Religion. And it is of great importance to observe that to Religion also the conception of Life is a correspondence. No truth of Christianity has been more ignorantly or willfully travestied than the doctrine of Immortality. The popular idea, in spite of a hundred protests, is that Eternal Life is to live forever. . . . We are told that Life Eternal is not to live. This is Life Eternal--TO KNOW.

June 7th
From time to time the taunt is thrown at Religion, not unseldom from lips which Science ought to have taught more caution, that the Future Life of Christianity is simply a prolonged existence, an eternal monotony, a blind and indefinite continuance of being. The Bible never could commit itself to any such empty platitude; nor could Christianity ever offer to the world a hope so colorless. Not that Eternal Life has nothing to do with everlastingness. That is part of the conception. And it is this aspect of the question that first arrests us in the field of Science.

June 8th
Science speaks to us indeed of much more than numbers of years. It defines degrees of Life. It explains a widening Environment. It unfolds the relation between a widening Environment and increasing complexity in organisms. And if it has no absolute contribution to the content of Religion, its analogies are not limited to a point. It yields to Immortality, and this is the most that Science can do in any case, the broad framework for a doctrine.

June 9th
To correspond with the God of Science, the Eternal Unknowable, would be everlasting existence; to correspond with "the true God and Jesus Christ," is Eternal Life. The quality of the Eternal Life alone makes the heaven; mere everlastingness might be no boon. Even the brief span of the temporal life is too long for those who spend its years in sorrow.

June 10th
To Christianity, "he that hath the Son of God hath Life, and he that hath not the Son hath not Life." This, as we take it, defines the correspondence which is to bridge the grave. This is the clue to the nature of the Life that lies at the back of the spiritual
organism. And this is the true solution of the mystery of Eternal Life.

June 11\textsuperscript{th}

The relation between the spiritual man and his Environment is, in theological language, a filial relation. With the new Spirit, the filial correspondence, he knows the Father—and this is Life Eternal.

June 12\textsuperscript{th}

It takes the Divine to know the Divine—but in no more mysterious sense than it takes the human to understand the human. The analogy, indeed, for the whole field here has been finely expressed already by Paul: "What man," he asks, "knoweth the things of a man, save the spirit of man which is in him? Even so the things of God knoweth no man, but the Spirit of God. Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God."—I. Cor. ii. 11, 12.

June 13\textsuperscript{th}

To go outside what we call Nature is not to go outside Environment. Nature, the natural Environment, is only a part of Environment. There is another large part, which, though some profess to have no correspondence with it, is not on that account unreal, or even unnatural. The mental and moral world is unknown to the plant. But it is real.

June 14\textsuperscript{th}

Things are natural or supernatural simply according to where one stands. Man is supernatural to the mineral; God is supernatural to the man. When a mineral is seized upon by the living plant and elevated to the organic kingdom, no trespass against Nature is committed. It merely enters a larger Environment, which before was supernatural to it, but which now is entirely natural. When the heart of a man, again, is seized upon by the quickening Spirit of God, no further violence is done to natural law. It is another case of the inorganic, so to speak, passing into the organic.
June 15th
Correspondence in any case is the gift of Environment. The natural Environment gives men their natural faculties; the spiritual affords them their spiritual faculties. It is natural for the spiritual Environment to supply the spiritual faculties; it would be quite unnatural for the natural Environment to do it. The natural law of Bio-genesis forbids it; the moral fact that the finite cannot comprehend the Infinite is against it; the spiritual principle that flesh and blood, cannot inherit the Kingdom of God renders it absurd.

June 16th
Organisms are not added to by accretion, as in the case of minerals, but by growth. And the spiritual faculties are organized in the spiritual protoplasm of the soul, just as other faculties are organized in the protoplasm of the body. Natural Law, Eternal Life, p. 233.

June 17th
It ought to be placed in the forefront of all Christian teaching that Christ's mission on earth was to give men Life. "I am come," He said, "that ye might have Life, and that ye might have it more abundantly." And that He meant literal Life, literal spiritual and Eternal Life, is clear from the whole course of His teaching and acting.

June 18th
The effort to detect the living Spirit must be at least as idle as the attempt to subject protoplasm to microscopic examination in the hope of discovering Life. We are warned, also, not to expect too much. "Thou canst not tell whence it cometh or whither it goeth."

June 19th
Many men would be religious if they knew where to begin; many would be more religious if they were sure where it would end. It is not indifference that keeps some men from God, but ignorance. "Good Master, what must I do to inherit Eternal Life?" is still the deepest question of the age.
June 20th

The voice of God and the voice of Nature. I cannot be wrong if I listen to them. Sometimes, when uncertain of a voice from its very loudness, we catch the missing syllable in the echo. In God and Nature we have Voice and Echo. When I hear both, I am assured. My sense of hearing does not betray me twice. I recognize the Voice in the Echo, the Echo makes me certain of the Voice; I listen and I know.

June 21st

The soul is a living organism. And for any question as to the soul's Life we must appeal to Life-science. And what does the Life-science teach? That if I am to inherit Eternal Life, I must cultivate a correspondence with the Eternal.

June 22nd

All knowledge lies in Environment. When I want to know about minerals I go to minerals. When I want to know about flowers I go to flowers. And they tell me. In their own way they speak to me, each in its own way, and each for itself—not the mineral for the flower, which is impossible, nor the flower for the mineral, which is also impossible. So if I want to know about Man, I go to his part of the Environment. And he tells me about himself, not as the plant or the mineral, for he is neither, but in his own way. And if I want to know about God, I go to His part of the Environment. And He tells me about Himself, not as a Man, for He is not Man, but in His own way.

June 23rd

Just as naturally as the flower and the mineral and the Man, each in their own way, tell me about themselves, He tells me about Himself. He very strangely condescends indeed in making things plain to me, actually assuming for a time the Form of a Man that I at my poor level may better see Him. This is my opportunity to know Him. This incarnation is God making Himself accessible to human thought—God opening to Man the possibility of correspondence through Jesus Christ.

June 24th

Having opened correspondence with the Eternal Environment, the subsequent stages are in the line of all other normal development. We have but to continue, to deepen, to extend, and to enrich the correspondence that has been begun. And we
shall soon find to our surprise that this is accompanied by another and parallel process. The action is not all upon our side. The Environment also will be found to correspond.

June 25th
Let us look for the influence of Environment on the spiritual nature of him who has opened correspondence with God. Reaching out his eager and quickened faculties to the spiritual world around him, shall he not become spiritual? In vital contact with Holiness, shall he not become holy? Breathing now an atmosphere of ineffable Purity, shall he miss becoming pure? Walking with God from day to day, shall he fail to be taught of God?

June 26th
Growth in grace is sometimes described as a strange, mystical, and unintelligible process. It is mystical, but neither strange nor unintelligible. It proceeds according to Natural Law, and the leading factor in sanctification is Influence of Environment.

June 27th
Will the evolutionist who admits the regeneration of the frog under the modifying influence of a continued correspondence with a new environment, care to question the possibility of the soul acquiring such a faculty as that of Prayer, the marvellous breathing-function of the new creature, when in contact with the atmosphere of a besetting God? Is the change from the earthly to the heavenly more mysterious than the change from the aquatic to the terrestrial mode of life? Is Evolution to stop with the organic? If it be objected that it has taken ages to perfect the function in the batrachian, the reply is, that it will take ages to perfect the function in the Christian.

June 28th
We have indeed spoken of the spiritual correspondence as already perfect--but it is perfect only as the bud is perfect. "It doth not yet appear what it shall be," any more than it appeared a million years ago what the evolving batrachian would be.
June 29th

In a sense, all that belongs to Time belongs also to Eternity; but these lower correspondences are in their nature unfitted for an Eternal Life. Even if they were perfect in their relation to their Environment, they would still not be Eternal. . . . An Eternal Life demands an Eternal Environment.

June 30th

The final preparation . . . for the inheriting of Eternal Life must consist in the abandonment of the non-eternal elements. These must be unloosed and dissociated from the higher elements, And this is effected by a closing catastrophe--Death.
July
July 1st
"Perfect correspondence," according to Mr. Herbert Spencer, would be "perfect Life." To abolish Death, therefore, all that would be necessary would be to abolish Imperfection. But it is the claim of Christianity that it can abolish Death. And it is significant to notice that it does so by meeting this very demand of Science--it abolishes Imperfection.

July 2nd
The part of the organism which begins to get out of correspondence with the Organic Environment is the only part which is in vital correspondence with it. Though a fatal disadvantage to the natural man to be thrown out of correspondence with this Environment, it is of inestimable importance to the spiritual man. For so long as it is maintained the way is barred for a further Evolution. And hence the condition necessary for the further Evolution is that the spiritual be released from the natural. That is to say, the condition of the further Evolution is Death.

July 3rd
The sifting of the correspondences is done by Nature. This is its last and greatest contribution to mankind. Over the mouth of the grave the perfect and the imperfect submit to their final separation. Each goes to its own--earth to earth, ashes to ashes, dust to dust, Spirit to Spirit. "The dust shall return to the earth as it was; and the Spirit shall return unto God who gave it."

July 4th
Few things are less understood than the conditions of the spiritual life. The distressing incompetence of which most of us are conscious in trying to work out our spiritual experience is due perhaps less to the diseased will which we commonly blame for it than to imperfect knowledge of the right conditions. It does not occur to us how natural the spiritual is. We still strive for some strange transcendent thing; we seek to promote life by methods as unnatural as they prove unsuccessful; and only the utter incomprehensibility of the whole region prevents us seeing fully--what we already half-suspect--how completely we are missing the road.
July 5th
Living in the spiritual world . . . is just as simple as living in the natural world; and it is the same kind of simplicity. It is the same kind of simplicity for it is the same kind of world--there are not two kinds of worlds. The conditions of life in the one are the conditions of life in the other. And till these conditions are sensibly grasped, as the conditions of all life, it is impossible that the personal effort after the highest life should be other than a blind struggle carried on in fruitless sorrow and humiliation.

July 6th
Heredity and Environment are the master-influences of the organic world. These have made all of us what we are. These forces are still ceaselessly playing upon all our lives. And he who truly understands these influences; he who has decided how much to allow to each; he who can regulate new forces as they arise, or adjust them to the old, so directing them as at one moment to make them cooperate, at another to counteract one another, understands the rationale of personal development.

July 7th
To seize continuously the opportunity of more and more perfect adjustment to better and higher conditions, to balance some inward evil with some purer influence acting from without, in a word to make our Environment at the same time that it is making us--these are the secrets of a well-ordered and successful life.

July 8th
In the spiritual world . . . the subtle influences which form and transform the soul are Heredity and Environment. And here especially, where all is invisible, where much that we feel to be real is yet so ill defined, it becomes of vital practical moment to clarify the atmosphere as far as possible with conceptions borrowed from the natural life.

July 9th
What Heredity has to do for us is determined outside ourselves. No man can select his own parents. But every man to some extent can choose his own Environment. His relation to it, however largely determined by Heredity in the first instance, is always open to alteration. And so great is his control over Environment and so radical its influence over him, that he can so direct it as either to undo, modify,
perpetuate, or intensify the earlier hereditary influences within certain limits.

July 10th
One might show how the moral man is acted upon and changed continuously by the influences, secret and open, of his surroundings, by the tone of society, by the company he keeps, by his occupation, by the books he reads, by Nature, by all, in short, that constitutes the habitual atmosphere of his thoughts and the little world of his daily choice. Or one might go deeper still and prove how the spiritual life also is modified from outside sources--its health or disease, its growth or decay, all its changes for better or for worse being determined by the varying and successive circumstances in which the religious habits are cultivated.

July 11th
In the spiritual world . . . he will be wise who courts acquaintance with the most ordinary and transparent facts of Nature; and in laying the foundations for a religious life he will make no unworthy beginning who carries with him an impressive sense of so obvious a truth as that without Environment there can be no life.

July 12th
There is in the spiritual organism a principle of life; but that is not self-existent. It requires a second factor, a something in which to live and move and have its being, an Environment. Without this it cannot live or move or have any being. Without Environment the soul is as the carbon without the oxygen, as the fish without the water, as the animal frame without the extrinsic conditions of vitality.

July 13th
What is the Spiritual Environment? It is God. Without this, therefore, there is no life, no thought, no energy, nothing--"without Me ye can do nothing."

July 14th
The cardinal error in the religious life is to attempt to live without an Environment. Spiritual experience occupies itself, not too much, but too exclusively, with one factor--the soul. We delight in dissecting this much-tortured faculty, from time to
time, in search of a certain something which we call our faith—forgetting that faith is but an attitude, an empty hand for grasping an environing Presence.

July 15th
When we feel the need of a power by which to overcome the world, how often do we not seek to generate it within ourselves by some forced process, some fresh girding of the will, some strained activity which only leaves the soul in further exhaustion?

July 16th
To examine ourselves is good; but useless unless we also examine Environment. To bewail our weakness is right, but not remedial. The cause must be investigated as well as the result. And yet, because we never see the other half of the problem, our failures even fail to instruct us. After each new collapse we begin our life anew, but on the old conditions; and the attempt ends as usual in the repetition—in the circumstances the inevitable repetition—of the old disaster.

July 17th
After seasons of much discouragement, with the sore sense upon us of our abject feebleness, we do confer with ourselves, insisting for the thousandth time, "My soul, wait thou only upon God." But, the lesson is soon forgotten. The strength supplied we speedily credit to our own achievement; and even the temporary success is mistaken for a symptom of improved inward vitality. Once more we become self-existent. Once more we go on living without an Environment. And once more, after days of wasting without repairing, of spending without replenishing, we begin to perish with hunger, only returning to God again, as a last resort, when we have reached starvation point.

July 18th
Why this unscientific attempt to sustain life for weeks at a time without an Environment? It is because we have never truly seen the necessity for an Environment. We have not been working with a principle. We are told to "wait only upon God," but we do not know why. It has never been as clear to us that without God the soul will die as that without food the body will perish. In short, we have never comprehended the doctrine of the Persistence of Force. Instead of being
content to transform energy we have tried to create it.

July 19th
Whatever energy the soul expends must first be "taken into it from without." We are not Creators, but creatures; God is our refuge AND STRENGTH. Communion with God, therefore, is a scientific necessity; and nothing will more help the defeated spirit which is struggling in the wreck of its religious life than a common-sense hold of this biological principle that without Environment he can do nothing.

July 20th
Who has not come to the conclusion that he is but a part, a fraction of some larger whole? Who does not miss, at every turn of his life, an absent God? That man is but a part, he knows, for there is room in him for more. That God is the other part, he feels, because at times He satisfies his need. Who does not tremble often under that sicklier symptom of his incompleteness, his want of spiritual energy, his helplessness with sin? But now he understands both—the void in his life, the powerlessness of his will. He understands that, like all other energy, Spiritual power is contained in Environment. He finds here at last the true root of all human frailty, emptiness, nothingness, sin. This is why "without Me ye can do nothing." Powerlessness is the normal state, not only of this, but of every organism apart from its Environment.

July 21st
Friendship is the nearest thing we know to what religion is. God is love. And to make religion akin to Friendship is simply to give it the highest expression conceivable by man.

July 22nd
The entire dependence of the soul upon God is not an exceptional mystery, nor is man's helplessness an arbitrary and unprecedented phenomenon. It is the law of all Nature. The spiritual man is not taxed beyond the natural. He is not purposely handicapped by singular limitations or unusual incapacities. God has not designedly made the religious life as hard as possible. The arrangements for the spiritual life are the same as for the natural life. When, in their hours of unbelief, men challenge their Creator for placing the obstacle of human frailty in the way of
their highest development, their protest is against the order of Nature.

July 23rd
The organism must either depend on his environment, or be self-sufficient. But who will not rather approve the arrangement by which man in his creatural life may have unbroken access to an Infinite Power? What soul will seek to remain self-luminous when it knows that "The Lord God is a Sun?" Who will not willingly exchange his shallow vessel for Christ's well of living water.

July 24th
The New Testament is nowhere more impressive than where it insists on the fact of man's dependence. In its view the first step in religion is for man to feel his helplessness. Christ's first beatitude is to the poor in spirit. The condition of entrance into the spiritual kingdom is to possess the child-spirit--that state of mind combining at once the profoundest helplessness with the most artless feeling of dependence.

July 25th
Fruit-bearing without Christ is not an improbability, but an impossibility. As well expect the natural fruit to flourish without air and heat, without soil and sunshine. How thoroughly also Paul grasped this truth is apparent from a hundred pregnant passages in which he echoes his Master's teaching. To him life was hid with Christ in God. And that he embraced this, not as a theory but as an experimental truth, we gather from his constant confession, "When I am weak, then am I strong."

July 26th
One result of the due apprehension of our personal helplessness will be that we shall no longer waste our time over the impossible task of manufacturing energy for ourselves. Our science will bring to an abrupt end the long series of severe experiments in which we have indulged in the hope of finding a perpetual motion. And having decided upon this once for all, our first step in seeking a more satisfactory state of things must be to find a new source of energy. Following Nature, only one course is open to us. We must refer to Environment. The natural life owes all to Environment, so must the spiritual. Now the Environment of the spiritual life is God. As Nature, therefore, forms the complement of the natural life. God is the complement of the spiritual.
July 27th
Do not think that nothing is happening because you do not see yourself grow, or hear the whirr of the machinery. All great things grow noiselessly. You can see a mushroom grow, but never a child. Mr. Darwin tells us that Evolution proceeds by "numerous, successive, and slight modifications."

July 28th
We fail to praise the ceaseless ministry of the great inanimate world around us only because its kindness is unobtrusive. Nature is always noiseless. All her greatest gifts are given in secret. And we forget how truly every good and perfect gift comes from without, and from above, because no pause in her changeless beneficence teaches us the sad lessons of deprivation.

July 29th
It is not a strange thing for the soul to find its life in God. This is its native air. God as the Environment of the soul has been from the remotest age the doctrine of all the deepest thinkers in religion. How profoundly Hebrew poetry is saturated with this high thought will appear when we try to conceive of it with this left out.

July 30th
The alternatives of the intellectual life are Christianity or Agnosticism. The Agnostic is right when he trumpets his incompleteness. He who is not complete in Him must be for ever incomplete.

July 31st
The problems of the heart and conscience are infinitely more perplexing than those of the intellect. Has love no future? Has right no triumph? Is the unfinished self to remain unfinished? The alternatives are two, Christianity or Pessimism. But when we ascend the further height of the religious nature, the crisis comes. There, without Environment, the darkness is unutterable. So maddening now becomes the mystery that men are compelled to construct an Environment for themselves. No Environment here is unthinkable. An altar of some sort men must have-- God, or Nature, or Law. But the anguish of Atheism is only a negative proof of man's incompleteness.
August 1st
A photograph prints from the negative only while exposed to the sun. While the artist is looking to see how it is getting on he simply stops the getting on. Whatever of wise supervision the soul may need, it is certain it can never be over-exposed, or that, being exposed, anything else in the world can improve the result or quicken it.

August 2nd
What a very strange thing, is it not, for man to pray? It is the symbol at once of his littleness and of his greatness. Here the sense of imperfection, controlled and silenced in the narrower reaches of his being, becomes audible. Now he must utter himself. The sense of need is so real, and the sense of Environment, that he calls out to it, addressing it articulately, and imploring it to satisfy his need. Surely there is nothing more touching in Nature than this? Man could never so expose himself, so break through all constraint, except from a dire necessity.

August 3rd
What is Truth? The natural Environment answers, "Increase of Knowledge increaseth Sorrow," and "much study is a Weariness." Christ replies, "Learn of Me, and ye shall find Rest." Contrast the world's word "Weariness" with Christ's word "Rest." No other teacher since the world began has ever associated "learn" with "Rest." Learn of me, says the philosopher, and you shall find Restlessness. Learn of Me, says Christ, and ye shall find Rest.

August 4th
Men will have to give up the experiment of attempting to live in half an Environment. Half an Environment will give but half a Life. . . . He whose correspondences are with this world alone has only a thousandth part, a fraction, the mere rim and shade of an Environment, and only the fraction of a Life. How long will it take Science to believe its own creed, that the material universe we see around us is only a fragment of the universe we do not see?

August 5th
The Life of the senses, high and low, may perfect itself in Nature. Even the Life of thought may find a large complement in surrounding things. But the higher thought, and the conscience, and the religious Life, can only perfect themselves in
August 6th
To make the influence of Environment stop with the natural world is to doom the spiritual nature to death. For the soul, like the body, can never perfect itself in isolation. The law for both is to be complete in the appropriate Environment.

August 7th
Take into your new sphere of labor, where you also mean to lay down your life, that simple charm, Love, and your life-work must succeed. You can take nothing greater, you need take nothing less. It is not worth while going if you take anything less.

August 8th
Politeness has been defined as love in trifles. Courtesy is said to be love in little things. And the one secret of politeness is to love. Love CANNOT behave itself unseemly. You can put the most untutored persons into the highest society, and if they have a reservoir of Love in their heart, they will not behave themselves unseemly. They simply cannot do it.

August 9th
I believe that Christ's yoke is easy. Christ's "yoke" is just His way of taking life. And I believe it is an easier way than any other. I believe it is a happier way than any other. The most obvious lesson in Christ's teaching is that there is no happiness in having and getting anything, but only in giving.

August 10th
Half the world is on the wrong scent in the pursuit of happiness. They think it consists in having and getting, and in being served by others. It consists in giving, and in serving others. He that would be great among you, said Christ, let him serve. He that would be happy, let him remember that there is but one way—it is more blessed, it is more happy, to give than to receive.
August 11\textsuperscript{th}
"Love is not easily provoked." . . . We are inclined to look upon bad temper as a very harmless weakness. We speak of it as a mere infirmity of nature, a family failing, a matter of temperament, not a thing to take into very serious account in estimating a man's character. And yet here, right in the heart of this analysis of love, it finds a place; and the Bible again and again returns to condemn it as one of the most destructive elements in human nature.

August 12\textsuperscript{th}
The peculiarity of ill-temper is that it is the vice of the virtuous. It is often the one blot on an otherwise noble character. You know men who are all but perfect, and women who would be entirely perfect, but for an easily ruffled, quick-tempered, or "touchy" disposition. This compatibility of ill-temper with high moral character is one of the strangest and saddest problems of ethics.

August 13\textsuperscript{th}
What makes a man a good artist, a good sculptor, a good musician? Practice. . . . What makes a man a good man? Practice. Nothing else. There is nothing capricious about religion. We do not get the soul in different ways, under different laws, from those in which we get the body and the mind.

August 14\textsuperscript{th}
Love is not a thing of enthusiastic emotion. It is a rich, strong, manly, vigorous expression of the whole round Christian character--the Christ-like nature in its fullest development. And the constituents of this great character are only to be built up by ceaseless practice.

August 15\textsuperscript{th}
We know but little now about the conditions of the life that is to come. But what is certain is that Love must last. God, the Eternal God, is Love. Covet, therefore, that everlasting gift.
August 16th
To love abundantly is to live abundantly, and to love forever is to live forever. Hence, eternal life is inextricably bound up with love. . . . Love must be eternal. It is what God is.

August 17th
When a man becomes a Christian the natural process is this: The Living Christ enters into his soul. Development begins. The quickening Life seizes upon the soul, assimilates surrounding elements, and begins to fashion it. According to the great Law of Conformity to Type this fashioning takes a specific form. It is that of the Artist who fashions. And all through Life this wonderful, mystical, glorious, yet perfectly definite, process, goes on "until Christ be formed" in it.

August 18th
The Christian Life is not a vague effort after righteousness--an ill-defined, pointless struggle for an ill-defined, pointless end. Religion is no disheveled mass of aspiration, prayer, and faith. There is no more mystery in Religion as to its processes than in Biology.

August 19th
There is much mystery in Biology. "We know all but nothing of Life" yet, nothing of development. There is the same mystery in the spiritual Life. But the great lines are the same, as decided, as luminous; and the laws of natural and spiritual are the same, as unerring, as simple. Will everything else in the natural world unfold its order, and yield to Science more and more a vision of harmony, and Religion, which should complement and perfect all, remain a chaos?

August 20th
When one attempts to sanctify himself by effort, he is trying to make his boat go by pushing against the mast. He is like a drowning man trying to lift himself out of the water by pulling at the hair of his own head. Christ held up this method almost to ridicule when He said: "Which of you by taking thought can add a cubit to his stature?" The one redeeming feature of the self-sufficient method is this--that those who try it find out almost at once that it will not gain the goal.
August 21st

The Image of Christ that is forming within us—that is life's one charge. Let every project stand aside for that. "Till Christ be formed," no man's work is finished, no religion crowned, no life has fulfilled its end.

August 22nd

Our companionship with Him, like all true companionship, is a spiritual communion. All friendship, all love, human and Divine, is purely spiritual. It was after He was risen that He influenced even the disciples most.

August 23rd

Make Christ your most constant companion. Be more under His influence than under any other influence. Ten minutes spent in His society every day, ay, two minutes if it be face to face, and heart to heart, will make the whole day different. Every character has an inward spring, let Christ be it. Every action has a key-note, let Christ set it.

August 24th

Under the right conditions it is as natural for character to become beautiful as for a flower; and if on God's earth there is not some machinery for effecting it, the supreme gift to the world has been forgotten. This is simply what man was made for. With Browning: "I say that Man was made to grow, not stop."

August 25th

How can modern men today make Christ, the absent Christ, their most constant companion still? The answer is that Friendship is a spiritual thing. It is independent of Matter, or Space, or Time. That which I love in my friend is not that which I see. What influences me in my friend is not his body but his spirit.

August 26th

Love should be the supreme thing—because it is going to last; because in the nature of things it is an Eternal Life. It is a thing that we are living now, not that we get when we die; that we shall have a poor chance of getting when we die unless we are
living now.

August 27th
When will it be seen that the characteristic of the Christian Religion is its Life, that a true theology must begin with a Biology? Theology is the Science of God. Why will men treat God as inorganic?

August 28th
We should be forsaking the lines of nature were we to imagine for a moment that the new creature was to be formed out of nothing. Nothing can be made out of nothing. Matter is uncreatable and indestructible; Nature and man can only form and transform. Hence when a new animal is made, no new clay is made. Life merely enters into already existing matter, assimilates more of the same sort and rebuilds it. The spiritual Artist works in the same way. He must have a peculiar kind of protoplasm, a basis of life, and that must be already existing.

August 29th
However active the intellectual or moral life may be, from the point of view of this other Life it is dead. That which is flesh is flesh. It wants, that is to say, the kind of Life which constitutes the difference between the Christian and the not-a-Christian, It has not yet been "born of the Spirit."

August 30th
The protoplasm in man has a something in addition to its instincts or its habits. It has a capacity for God. In this capacity for God lies its receptivity; it is the very protoplasm that was necessary. The chamber is not only ready to receive the new Life, but the Guest is expected, and, till He comes, is missed. Till then the soul longs and yearns, wastes and pines, waving its tentacles piteously in the empty air, feeling after God if so be that it may find Him. This is not peculiar to the protoplasm of the Christian's soul. In every land and in every age there have been altars to the Known or Unknown God.

August 31st
It is now agreed as a mere question of anthropology that the universal language of the human soul has always been "I perish with hunger." This is what fits it for Christ. There is a grandeur in this cry from the depths which makes its very unhappiness sublime.
September 1\textsuperscript{st}
In reflecting the character of Christ, it is no real obstacle that we may never have been in visible contact with Himself. Many men know Dante better than their own fathers. He influences them more. As a spiritual presence he is more near to them, as a spiritual force more real. Is there any reason why a greater than . . . Dante should not also instruct, inspire, and mould the characters of men?

September 2\textsuperscript{nd}
Mark this distinction. . . . Imitation is mechanical, reflection organic. The one is occasional, the other habitual. In the one case, man comes to God and imitates Him; in the other, God comes to man and imprints Himself upon him. It is quite true that there is an imitation of Christ which amounts to reflection. But Paul's term includes all that the other holds, and is open to no mistake. "Whom having not seen, I love."

September 3\textsuperscript{rd}
In paraphrase: We all reflecting as a mirror the character of Christ are transformed into the same Image from character to character--from a poor character to a better one, from a better one to one a little better still, from that to one still more complete, until by slow degrees the Perfect Image is attained. Here the solution of the problem of sanctification is compressed into a sentence: Reflect the character of Christ and you will become like Christ.

September 4\textsuperscript{th}
Not more certain is it that it is something outside the thermometer that produces a change in the thermometer, than it is something outside the soul of man that produces a moral change upon him. That he must be susceptible to that change, that he must be a party to it, goes without saying; but that neither his aptitude nor his will can produce it is equally certain.

September 5\textsuperscript{th}
Just as in an organism we have these three things-- formative matter, formed matter, and the forming principle or life; so in the soul we have the old nature, the renewed nature, and the transforming Life.
September 6th
Is it hopeless to point out that one of the most recognizable characteristics of life is its unrecognizableness, and that the very token of its spiritual nature lies in its being beyond the grossness of our eyes?

September 7th
According to the doctrine of Bio-genesis, life can only come from life. It was Christ's additional claim that His function in the world, was to give men Life. "I am come that ye might have Life, and that ye might have it more abundantly." This could, not refer to the natural life, for men had that already. He that hath the Son hath another Life. "Know ye not your own selves how that Jesus Christ is in you."

September 8th
The recognition of the Ideal is the first step in the direction of Conformity. But let it be clearly observed that it is but a step. There is no vital connection between merely seeing the Ideal and being conformed to it. Thousands admire Christ who never become Christians.

September 9th
For centuries men have striven to find out ways and means to conform themselves to the Christ Life. Impressive motives have been pictured, the proper circumstances arranged, the direction of effort defined, and men have toiled, struggled, and agonized to conform themselves to the Image of the Son. Can the protoplasm CONFORM ITSELF to its type? Can the embryo FASHION ITSELF? Is Conformity to Type produced by the matter OR BY THE LIFE, by the protoplasm or by the Type? Is organization the cause of life or the effect of it? It is the effect of it. Conformity to Type, therefore, is secured by the type. Christ makes the Christian.

September 10th
O preposterous and vain man, thou who coudest not make a fingernail of thy body, thinkest thou to fashion this wonderful, mysterious, subtle soul of thine after the ineffable Image? Wilt thou ever permit thyself TO BE conformed to the Image of the Son? Wilt thou, who canst not add a cubit to thy stature, submit TO BE raised by the Type-Life within thee to the perfect stature of Christ.
September 11th
Men will still experiment "by works of righteousness which they have done" to earn the Ideal life. The doctrine of Human Inability, as the Church calls it, has always been objectionable to men who do not know themselves.

September 12th
Let man choose Life; let him daily nourish his soul; let him forever starve the old life; let him abide continuously as a living branch in the Vine, and the True-Vine Life will flow into his soul, assimilating, renewing, conforming to Type, till Christ, pledged by His own law, be formed in him.

September 13th
The work begun by Nature is finished by the Supernatural --as we are wont to call the higher natural. And as the veil is lifted by Christianity it strikes men dumb with wonder. For the goal of Evolution is Jesus Christ.

September 14th
The Christian life is the only life that will ever be completed. Apart from Christ the life of man is a broken pillar, the race of men an unfinished pyramid. One by one in sight of Eternity all human Ideals fall short, one by one before the open grave all human hopes dissolve.

September 15th
I do not think we ourselves are aware how much our religious life is made up of phrases; how much of what we call Christian experience is only a dialect of the Churches, a mere religious phraseology with almost nothing behind it in what we really feel and know.

September 16th
The ceaseless chagrin of a self-centered life can be removed at once by learning Meekness and Lowliness of heart. He who learns them is forever proof against it. He lives henceforth a charmed life.
September 17th
Great trials come at lengthened intervals, and we rise to breast them; but it is the petty friction of our everyday life with one another, the jar of business or of work, the discord of the domestic circle, the collapse of our ambition, the crossing of our will or the taking down of our conceit, which makes inward peace impossible.

September 18th
There are people who go about the world looking out for slights, and they are necessarily miserable, for they find them at every turn—especially the imaginary ones. One has the same pity for such men as for the very poor. They are the morally illiterate. They have had no real education, for they have never learned how to live.

September 19th
Christ never said much in mere words about the Christian graces. He lived them, He was them. Yet we do not merely copy Him. We learn His art by living with Him.

September 20th
Christ's invitation to the weary and heavy-laden is a call to begin life over again upon a new principle—upon His own principle. "Watch My way of doing things," He says. "Follow Me. Take life as I take it. Be meek and lowly, and you will find Rest."

September 21st
If a man could make himself humble to order, it might simplify matters, but we do not find that this happens. Hence we must all go through the mill. Hence death, death to the lower self, is the nearest gate and the quickest road to life.

September 22nd
Whatever rest is provided by Christianity for the children of God, it is certainly never contemplated that it should supersede personal effort. And any rest which ministers to indifference is immoral and unreal—it makes parasites and not men.
September 23rd
Just because God worketh in him, as the evidence and triumph of it, the true child of God works out his own salvation--works it out having really received it--not as a light thing, a superfluous labor, but with fear and trembling as a reasonable and indispensable service.

September 24th
Christianity, as Christ taught, is the truest philosophy of life ever spoken. But let us be quite sure when we speak of Christianity, that we mean Christ's Christianity.

September 25th
So far from ministering to growth, parasitism ministers to decay. So far from ministering to holiness, that is to wholeness, parasitism ministers to exactly the opposite. One by one the spiritual faculties droop and die, one by one from lack of exercise the muscles of the soul grow weak and flaccid, one by one the moral activities cease. So from him that hath not, is taken away that which he hath, and after a few years of parasitism there is nothing left to save.

September 26th
The natural life, not less than the eternal, is the gift of God. But life in either case is the beginning of growth and not the end of grace. To pause where we should begin, to retrograde where we should advance, to seek a mechanical security that we may cover inertia and find a wholesale salvation in which there is no personal sanctification--this is Parasitism.

September 27th
Could we investigate the spirit as a living organism, or study the soul of the backslider on principles of comparative anatomy, we should have a revelation of the organic effects of sin, even of the mere sin of carelessness as to growth and work, which must revolutionize our ideas of practical religion. There is no room for the doubt even that what goes on in the body does not with equal certainty take place in the spirit under the corresponding conditions.
September 28th

It is the beautiful work of Christianity everywhere to adjust the burden of life to those who bear it, and them to it. It has a perfectly miraculous gift of healing. Without doing any violence to human nature it sets it right with life, harmonizing it with all surrounding things, and restoring those who are jaded with the fatigue and dust of the world to a new grace of living.

September 29th

The penalty of backsliding is not something unreal and vague, some unknown quantity which may be measured out to us disproportionately, or which, perchance, since God is good, we may altogether evade. The consequences are already marked within the structure of the soul. So to speak, they are physiological. The thing effected by our indifference or by our indulgence is not the book of final judgment, but the present fabric of the soul.

September 30th

The punishment of degeneration is simply degeneration-- the loss of functions, the decay of organs, the atrophy of the spiritual nature. It is well known that the recovery of the backslider is one of the hardest problems in spiritual work. To reinvigorate an old organ seems more difficult and hopeless than to develop a new one; and the backslider's terrible lot is to have to retrace with enfeebled feet each step of the way along which he strayed; to make up inch by inch the leeway he has lost, carrying with him a dead-weight of acquired reluctance, and scarce knowing whether to be stimulated or discouraged by the oppressive memory of the previous fall.
October 1st
He who abandons the personal search for truth, under whatever pretext, abandons truth. The very word truth, by becoming the limited possession of a guild, ceases to have any meaning; and faith, which can only be founded on truth, gives way to credulity, resting on mere opinion.

October 2nd
It is more necessary for us to be active than to be orthodox. To be orthodox is what we wish to be, but we can only truly reach it by being honest, by being original, by seeing with our own eyes, by believing with our own heart.

October 3rd
Better a little faith dearly won, better launched alone on the infinite bewilderment of Truth, than perish on the splendid plenty of the richest creeds. Such Doubt is no self-willed presumption. Nor, truly exercised, will it prove itself, as much doubt does, the synonym for sorrow.

October 4th
Christianity removes the attraction of the earth; and this is one way in which it diminishes men's burden. It makes them citizens of another world.

October 5th
Then the Christian experiences are our own making? In the same sense in which grapes are our own making, and no more. All fruits GROW--whether they grow in the soil or in the soul; whether they are the fruits of the wild grape or of the True Vine. No man can MAKE things grow. He can GET THEM TO GROW by arranging all the circumstances and fulfilling all the conditions. But the growing is done by God.

October 6th
Men may not know how fruits grow, but they do know that they cannot grow in five minutes. Some lives have not even a stalk on which fruits could hang, even if they did grow in five minutes. Some have never planted one sound seed of Joy in all their lives; and others who may have planted a germ or two have lived so little in
sunshine that they never could come to maturity.

October 7th
There is no mystery about Happiness whatever. Put in the right ingredients and it must come out. He that abideth in Him will bring forth much fruit; and bringing forth much fruit is Happiness. The infallible receipt for Happiness, then, is to do good; and the infallible receipt for doing good is to abide in Christ.

October 8th
Spend the time you have spent in sighing for fruits in fulfilling the conditions of their growth. The fruits will come, must come. . . . About every other method of living the Christian life there is an uncertainty. About every other method of acquiring the Christian experiences there is a "perhaps." But in so far as this method is the way of nature, it cannot fail.

October 9th
The distinctions drawn between men are commonly based on the outward appearance of goodness or badness, on the ground of moral beauty or moral deformity--is this classification scientific? Or is there a deeper distinction between the Christian and the not-a-Christian as fundamental as that between the organic and the inorganic?

October 10th
What is the essential difference between the Christian and the not-a-Christian, between the spiritual beauty and the moral beauty? It is the distinction between the Organic and the Inorganic. Moral beauty is the product of the natural man, spiritual beauty of the spiritual man.

October 11th
The first Law of biology is: That which is Mineral is Mineral; that which is Flesh is Flesh; that which is Spirit is Spirit. The mineral remains in the inorganic world until it is seized upon by a something called Life outside the inorganic world; the natural man remains the natural man, until a Spiritual Life from without the natural life
seizes upon him, regenerates him, changes him into a spiritual man.

October 12th
Suppose now it be granted for a moment that the character of the not-a-Christian is as beautiful as that of the Christian. This is simply to say that the crystal is as beautiful as the organism. One is quite entitled to hold this; but what he is not entitled to hold is that both in the same sense are living. "He that hath the Son hath Life, and he that hath not the Son of God hath not Life."

October 13th
Man is a moral animal, and can, and ought to, arrive at great natural beauty of character. But this is simply to obey the law of his nature—the law of his flesh; and no progress along that line can project him into the spiritual sphere.

October 14th
If any one choose to claim that the mineral beauty, the fleshly beauty, the natural moral beauty, is all he covets, he is entitled to his claim. To be good and true, pure and benevolent in the moral sphere, are high and, so far, legitimate objects in life. If he deliberately stop here, he is at liberty to do so. But what he is not entitled to do is to call himself a Christian, or to claim to discharge the functions peculiar to the Christian life.

October 15th
In dealing with a man of fine moral character, we are dealing with the highest achievement of the organic kingdom. But in dealing with a spiritual man we are dealing with THE LOWEST FORM OF LIFE IN THE SPIRITUAL WORLD. To contrast the two, therefore, and marvel that the one is apparently so little better than the other, is unscientific and unjust.

October 16th
The spiritual man is a mere unformed embryo, hidden as yet in his earthly chrysalis-case, while the natural man has the breeding and evolution of ages represented in his character. But what are the possibilities of this spiritual organism? What is yet to emerge from this chrysalis-case? The natural character finds its limits within the
October 17th
The best test for Life is just LIVING. And living consists, as we have formerly seen, in corresponding with Environment. Those therefore who find within themselves, and regularly exercise, the faculties for corresponding with the Divine Environment, may be said to live the Spiritual Life.

October 18th
That the Spiritual Life, even in the embryonic organism, ought already to betray itself to others, is certainly what one would expect. Every organism has its own reaction upon Nature, and the reaction of the spiritual organism upon the community must be looked for. In the absence of any such reaction, in the absence of any token that it lived for a higher purpose, or that its real interests were those of the Kingdom to which it professed to belong, we should be entitled to question its being in that Kingdom.

October 19th
Man's place in Nature, or his position among the Kingdoms, is to be decided by the characteristic functions habitually discharged by him. Now, when the habits of certain individuals are closely observed, when the total effect of their life and work, with regard to the community, is gauged, . . . there ought to be no difficulty in deciding whether they are living for the Organic or for the Spiritual; in plainer language, for the world or for God.

October 20th
No matter what may be the moral uprightness of man's life, the honorableness of his career, or the orthodoxy of his creed, if he exercises the function of loving the world, that defines his world--he belongs to the Organic Kingdom. He cannot in that case belong to the higher Kingdom. "If any man love the world, the love of the Father is not in him." After all, it is by the general bent of a man's life, by his heart-impulses and secret desires, his spontaneous actions and abiding motives, that his generation is declared.
October 21st
The imperious claim of a Kingdom upon its members is not peculiar to Christianity. It is the law in all departments of Nature that every organism must live for its Kingdom. And in defining living FOR the higher Kingdom as the condition of living in it, Christ enunciates a principle which all Nature has prepared us to expect.

October 22nd
Christianity marks the advent of what is simply a new Kingdom. Its distinctions from the Kingdom below it are fundamental. It demands from its members activities and responses of an altogether novel order. It is, in the conception of its Founder, a Kingdom for which all its adherents must henceforth exclusively live and work, and which opens its gates alone upon those who, having counted the cost, are prepared to follow it if need be to the death. The surrender Christ demanded was absolute. Every aspirant for membership must seek FIRST the Kingdom of God.

October 23rd
Until even religious men see the uniqueness of Christ's society, until they acknowledge to the full extent its claim to be nothing less than a new Kingdom, they will continue the hopeless attempt to live for two Kingdoms at once. And hence the value of a more explicit Classification. For probably the most of the difficulties of trying to live the Christian life arise from attempting to half-live it.

October 24th
Two Kingdoms, at the present time, are known to Science-- the Inorganic and the Organic. The spiritual life does not belong to the Inorganic Kingdom, because it lives. It does not belong to the Organic Kingdom, because it is endowed with a kind of Life infinitely removed from either the vegetable or animal. Where, then, shall it be classed? We are left without an alternative. There being no Kingdom known to Science which can contain it, we must construct one. Or, rather, we must include in the programme of Science a Kingdom already constructed, but the place of which in Science has not yet been recognized. That Kingdom is the KINGDOM OF GOD.
October 25th
The goal of the organisms of the Spiritual World is nothing less than this—to be "holy as He is holy, and pure as He is pure." And by the Law of Conformity to Type, their final perfection is secured. The inward nature must develop out according to its Type, until the consummation of oneness with God is reached.

October 26th
Christianity defines the highest conceivable future for mankind. It satisfies the Law of Continuity. It guarantees the necessary conditions for carrying on the organism successfully, from stage to stage. It provides against the tendency to Degeneration. And finally, instead of limiting the yearning hope of final perfection to the organisms of a future age—an age so remote that the hope for thousands of years must still be hopeless—instead of inflicting this cruelty on intelligences mature enough to know perfection and earnest enough to wish it, Christianity puts the prize within immediate reach of man.

October 27th
No worse fate can befall a man in this world than to live and grow old alone, unloving and unloved. To be lost is to live in an unregenerate condition, loveless and unloved; and to be saved is to love; he that dwelleth in love dwelleth already in God. For God is Love.

October 28th
"Love suffereth long, and is kind; love envieth not; love vaunteth not itself." Get these ingredients into your life. Then everything that you do is eternal. It is worth doing. It is worth giving time to.

October 29th
The final test of religion at that great Day is not religiousness, but Love; not what I have done, not what I have believed, not what I have achieved, but how I have discharged the common charities of life.
October 30th

The words which all of us shall one Day hear sound not of theology but of life, not of churches and saints, but of the hungry and the poor, not of creeds and doctrines, but of shelter and clothing, not of Bibles and prayer-books, but of cups of cold water in the name of Christ.

October 31st

The world moves. And each day, each hour, demands a further motion and readjustment for the soul. A telescope in an observatory follows a star by clockwork, but the clockwork of the soul is called the Will. Hence, while the soul in passivity reflects the Image of the Lord, the Will in intense activity holds the mirror in position lest the drifting motion of the world bear it beyond the line of vision. To "follow Christ" is largely to keep the soul in such position as will allow for the motion of the earth. And this calculated counteracting of the movements of a world, this holding of the mirror exactly opposite to the Mirrored, this steadying of the faculties unerringly, through cloud and earthquake; fire and sword, is the stupendous cooperating labor of the Will.
November 1\textsuperscript{st}
All around us Christians are wearing themselves out in trying to be better. The amount of spiritual longing in the world—in the hearts of unnumbered thousands of men and women in whom we should never suspect it; among the wise and thoughtful; among the young and gay, who seldom assuage and never betray their thirst—this is one of the most wonderful and touching facts of life. It is not more heat that is needed, but more light; not more force, but a wiser direction to be given to very real energies already there.

November 2\textsuperscript{nd}
Men sigh for the wings of a dove, that they may fly away and be at Rest. But flying away will not help us. "The Kingdom of God is WITHIN YOU." We aspire to the top to look for Rest; it lies at the bottom. Water rests only when it gets to the lowest place. So do men. Hence, be lowly.

November 3\textsuperscript{rd}
The kingdom of God is righteousness, peace, joy. Righteousness, of course, is just doing what is right. Any boy who does what is right has the kingdom of God within him. Any boy who, instead of being quarrelsome, lives at peace with the other boys, has the kingdom of God within him. Any boy whose heart is filled with joy because he does what is right, has the kingdom of God within him. The kingdom of God is not going to religious meetings, and hearing strange religious experiences: the kingdom of God is doing what is right—living at peace with all men, being filled with joy in the Holy Ghost.

November 4\textsuperscript{th}
The man who has no opinion of himself at all can never be hurt if others do not acknowledge him. Hence, be meek. He who is without expectation cannot fret if nothing comes to him. It is self-evident that these things are so. The lowly man and the meek man are really above all other men, above all other things.

November 5\textsuperscript{th}
Keep religion in its place, and it will take you straight through life, and straight to your Father in heaven when life is over. But if you do not put it in its place, you may just as well have nothing to do with it. Religion out of its place in a human life is the
most miserable thing in the world. There is nothing that requires so much to be kept in its place as religion, and its place is what? second? third? "First." Boys, carry that home with you today--FIRST the kingdom of God. Make it so that it will be natural to you to think about that the very first thing.

November 6th
The change we have been striving after is not to be produced by any more striving after. It is to be wrought upon us by the molding of hands beyond our own. As the branch ascends, and the bud bursts, and the fruit reddens under the cooperation of influences from the outside air, so man rises to the higher stature under invisible pressures from without.

November 7th
Every man's character remains as it is, or continues in the direction in which it is going, until it is compelled by IMPRESSED FORCES to change that state. Our failure has been the failure to put ourselves in the way of the impressed forces. There is a clay, and there is a Potter; we have tried to get the clay to mould the clay.

November 8th
Character is a unity, and all the virtues must advance together to make the perfect man. This method of sanctification, nevertheless, is in the true direction. It is only in the details of execution that it fails.

November 9th
We all reflecting as a mirror the character of Christ are transformed into the same Image from character to character--from a poor character to a better one, from a better one to one a little better still, from that to one still more complete, until by slow degrees the Perfect Image is attained. Here the solution of the problem of sanctification is compressed into a sentence: Reflect the character of Christ, and you will become like Christ.

November 10th
There are some men and some women in whose company we are always at our best. While with them we cannot think mean thoughts or speak ungenerous words. Their
mere presence is elevation, purification, sanctity. All the best stops in our nature are
drawn out by their intercourse, and we find a music in our souls that was never
there before.

November 11\textsuperscript{th}
Take such a sentence as this: African explorers are subject to fevers which cause
restlessness and delirium. Note the expression, "cause restlessness." RESTLESSNESS
HAS A CAUSE. Clearly, then, any one who wished to get rid of restlessness would
proceed at once to deal with the cause.

November 12\textsuperscript{th}
What Christian experience wants is THREAD, a vertebral column, method. It is
impossible to believe that there is no remedy for its unevenness and dishevelment,
or that the remedy is a secret. The idea, also, that some few men, by happy chance or
happier temperament, have been given the secret--as if there were some sort of
knack or trick of it--is wholly incredible. Religion must ripen fruit for
every temperament; and the way even into its highest heights must be by a gateway
through which the peoples of the world may pass.

November 13\textsuperscript{th}
Nothing that happens in the world happens by chance. God is a God of order.
Everything is arranged upon definite principles, and never at random. The world,
even the religious world, is governed by law. Character is governed by law.
Happiness is governed by law. The Christian experiences are governed by law.

November 14\textsuperscript{th}
We ARE CHANGED, as the Old Version has it--we do not change ourselves. No
man can change himself. Throughout the New Testament you will find that
wherever these moral and spiritual transformations are described the verbs are in
the passive. Presently it will be pointed out that there is a rationale in this; but
meantime do not toss these words aside as if this passivity denied all human effort
or ignored intelligible law. What is implied for the soul here is no more than
is everywhere claimed for the body.
November 15th

Rain and snow do drop from the air, but not without a long previous history. They are the mature effects of former causes. Equally so are Rest, and Peace, and Joy. They, too, have each a previous history. Storms and winds and calms are not accidents, but are brought about by antecedent circumstances. Rest and Peace are but calms in man's inward nature, and arise through causes as definite and as inevitable.

November 16th

Few men know how to live. We grow up at random, carrying into mature life the merely animal methods and motives which we had as little children. And it does not occur to us that all this must be changed; that much of it must be reversed; that life is the finest of the Fine Arts; that it has to be learned with life-long patience, and that the years of our pilgrimage are all too short to master it triumphantly.

November 17th

Christ's life outwardly was one of the most troubled lives that was ever lived: Tempest and tumult, tumult and tempest, the waves breaking over it all the time till the worn body was laid in the grave. But the inner life was a sea of glass. The great calm was always there. At any moment you might have gone to Him and found Rest.

November 18th

The creation of a new heart, the renewing of a right spirit is an omnipotent work of God. Leave it to the Creator. "He which hath begun a good work in you will perfect it unto that day."

November 19th

To become like Christ is the only thing in the world worth caring for, the thing before which every ambition of man is folly, and all lower achievement vain. Those only who make this quest the supreme desire and passion of their lives can even begin to hope to reach it.
November 20th
A religion of effortless adoration may be a religion for an angel but never for a man. Not in the contemplative, but in the active, lies true hope; not in rapture, but in reality, lies true life; not in the realm of ideals, but among tangible things, is man's sanctification wrought.

November 21st
Nothing ever for a moment broke the serenity of Christ's life on earth. Misfortune could not reach Him; He had no fortune. Food, raiment, money--fountain-heads of half the world's weariness--He simply did not care for; they played no part in His life; He "took no thought" for them. It was impossible to affect Him by lowering His reputation; He had already made Himself of no reputation. He was dumb before insult. When He was reviled, He reviled not again. In fact, there was nothing that the world could do to Him that could ruffle the surface of His spirit.

November 22nd
Life is the cradle of eternity. As the man is to the animal in the slowness of his evolution, so is the spiritual man to the natural man. Foundations which have to bear the weight of an eternal life must be surely laid. Character is to wear forever; who will wonder or grudge that it cannot be developed in a day?

November 23rd
To await the growing of a soul is an almost Divine act of faith. How pardonable, surely, the impatience of deformity with itself, of a consciously despicable character standing before Christ, wondering, yearning, hungering to be like that? Yet must one trust the process fearlessly, and without misgiving. "The Lord the Spirit" will do His part. The tempting expedient is, in haste for abrupt or visible progress, to try some method less spiritual, or to defeat the end by watching for effects instead of keeping the eye on the Cause.

November 24th
The Image of Christ that is forming within us--that is life's one charge. Let every project stand aside for that. "Till Christ be formed," no man's work is finished, no religion crowned, no life has fulfilled its end. Is the infinite task begun? When, how, are we to be different? Time cannot change men. Death cannot change men. Christ
November 25th

Christ saw that men took life painfully. To some it was a weariness, to others a failure, to many a tragedy, to all a struggle and a pain. How to carry this burden of life had been the whole world's problem. It is still the whole world's problem. And here is Christ's solution. "Carry it as I do. Take life as I take it. Look at it from My point of view. Interpret it upon My principles. Take My yoke and learn of Me, and you will find it easy. For My yoke is easy, works easily, sits right upon the shoulders, and THEREFORE My burden is light."

November 26th

There is a disease called "touchiness"--a disease which, in spite of its innocent name, is one of the gravest sources of restlessness in the world. Touchiness, when it becomes chronic, is a morbid condition of the inward disposition. It is self-love inflamed to the acute point. . . The cure is to shift the yoke to some other place; to let men and things touch us through some new and perhaps as yet unused part of our nature; to become meek and lowly in heart while the old nature is becoming numb from want of use.

November 27th

Christ's yoke is simply His secret for the alleviation of human life, His prescription for the best and happiest method of living. Men harness themselves to the work and stress of the world in clumsy and unnatural ways. The harness they put on is antiquated. A rough, ill-fitted collar at the best, they make its strain and friction past enduring, by placing it where the neck is most sensitive; and by mere continuous irritation this sensitiveness increases until the whole nature is quick and sore.

November 28th

No one can get Joy by merely asking for it. It is one of the ripest fruits of the Christian life, and, like all fruits, must be grown.
November 29th

Christ is the source of Joy to men in the sense in which He is the source of Rest. His people share His life, and therefore share its consequences, and one of these is Joy. His method of living is one that in the nature of things produces Joy. When He spoke of His Joy remaining with us He meant in part that the causes which produced it should continue to act. His followers, that is to say, by repeating His life would experience its accompaniments. His Joy, His kind of Joy, would remain with them.

November 30th

Think of it, the past is not only focused there, in a man's soul, it IS there. How could it be reflected from there if it were not there? All things that he has ever seen, known, felt, believed of the surrounding world are now within him, have become part of him, in part are him—he has been changed into their image. He may deny it, he may resent it, but they are there. They do not adhere to him, they are transfused through him. He cannot alter or rub them out. They are not in his memory, they are in HIM. His soul is as they have filled it, made it, left it.
December 1st
Temper is significant, not in what it is alone but in what it reveals. . . . It is a test for love, a symptom, a revelation of an unloving nature at bottom. It is the intermittent fever which bespeaks intermittent disease within; the occasional bubble escaping to the surface which betrays some rottenness underneath; a sample of the most hidden products of the soul dropped involuntarily when off one's guard; IN A WORD, the lightning form of a hundred hideous and un-Christian sins.

December 2nd
You will find, as you look back upon your life, that the moments that stand out, the moments when you have really lived, are the moments when you have done things in a spirit of love. As memory scans the past, above and beyond all the transitory pleasures of life there leap forward those supreme hours when you have been enabled to do unnoticed kindnesses to those round about you, things too trifling to speak about, but which you feel have entered into your eternal life.

December 3rd
If events change men, much more persons. No man can meet another on the street without making some mark upon him. We say we exchange words when we meet; what we exchange is souls. And when intercourse is very close and very frequent, so complete is this exchange that recognizable bits of the one soul begin to show in the other's nature, and the second is conscious of a similar and growing debt to the first.

December 4th
In the natural world we absorb heat, breathe air, draw on Environment all but automatically for meat and drink, for the nourishment of the senses, for mental stimulus, for all that, penetrating us from without, can prolong, enrich, and elevate life. But in the spiritual world we have all this to learn. We are new creatures, and even the bare living has to be acquired.

December 5th
The great point in learning to live the spiritual life is to live naturally. As closely as possible we must follow the broad, clear lines of the natural life. And there are three things especially which it is necessary for us to keep continually in view. The first is that the organism contains within itself only one-half of what is essential to life; the
second is that the other half is contained in the Environment; the third, that the condition of receptivity is simple union between the organism and the Environment.

December 6th
To say that the organism contains within itself only one-half of what is essential to life, is to repeat the evangelical confession, so worn and yet so true to universal experience, of the utter helplessness of man.

December 7th
Who has not come to the conclusion that he is but a part, a fraction of some larger whole? Who does not miss at every turn of his life an absent God? That man is but a part, he knows, for there is room in him for more. That God is the other part, he feels, because at times He satisfies his need. Who does not tremble often under that sicklier symptom of his incompleteness, his want of spiritual energy, his helplessness with sin? But now he understands both—the void in his life, the powerlessness of his will. He understands that, like all other energy, spiritual power is contained in Environment. He finds here at last the true root of all human frailty, emptiness, nothingness, sin. This is why "without Me ye can do nothing." Powerless is the normal state not only of this but of every organism—of every organism apart from its Environment.

December 8th
To seize continuously the opportunity of more and more perfect adjustment to better and higher conditions, to balance some inward evil with some purer influence acting from without, in a word to make our Environment at the same time that it is making us—these are the secrets of a well-ordered and successful life.

December 9th
In the spiritual world the subtle influences which form and transform the soul are Heredity and Environment. And here especially, where all is invisible, where much that we feel to be real is yet so ill-defined, it becomes of vital practical moment to clarify the atmosphere as far as possible with conceptions borrowed from the natural life.
These lower correspondences are in their nature unfitted for an Eternal Life. Even if they were perfect in their relation to their Environment, they would still not be Eternal. However opposed, apparently, to the scientific definition of Eternal Life, it is yet true that perfect correspondence with Environment is not Eternal Life. . . . An Eternal Life demands an Eternal Environment.

On what does the Christian argument for Immortality really rest? It stands upon the pedestal on which the theologian rests the whole of historical Christianity--the Resurrection of Jesus Christ.

The soul which has no correspondence with the spiritual environment is spiritually dead. It may be that it never possessed . . . the spiritual ear, or a heart which throbbed in response to the love of God. If so, having never lived, it cannot be said to have died. But not to have these correspondences is to be in the state of Death. To the spiritual world, to the Divine Environment, it is dead--as a stone which has never lived is dead to the environment of the organic world.

The humanity of what is called "sudden conversion" has never been insisted on as it deserves. . . . While growth is a slow and gradual process, the change from Death to Life, alike in the natural and spiritual spheres, is the work of the moment. Whatever the conscious hour of the second birth may be--in the case of an adult it is probably defined by the first real victory over sin--it is certain that on biological principles the real turning-point is literally a moment.

Christ says we must hate life. Now, this does not apply to all life. It is "life in this world" that is to be hated. For life in this world implies conformity to this world. It may not mean pursuing worldly pleasures, or mixing with worldly sets; but a subtler thing than that--a silent deference to worldly opinion; an almost unconscious lowering of religious tone to the level of the worldly-religious world around; a subdued resistance to the soul's delicate promptings to
greater consecration, out of deference to "breadth" or fear of ridicule. These, and such things, are what Christ tells us we must hate. For these things are of the very essence of worldliness. "If any man love the world," even in this sense, "the love of the Father is not in him."

December 15th
To correspond with the God of Science, the Eternal Unknowable, would be everlasting existence; to correspond with "the true God and Jesus Christ," is Eternal Life. The quality of the Eternal Life alone makes the heaven; mere everlastingness might be no boon. Even the brief span of the temporal life is too long for those who spend its years in sorrow.

December 16th
The relation between the spiritual man and his Environment is, in theological language, a filial relation. With the new Spirit, the filial correspondence, he knows the Father—and this is Life Eternal. This is not only the real relation, but the only possible relation: "Neither knoweth any man the Father save the Son, and he to whomsoever the Son will reveal Him." And this on purely natural grounds.

December 17th
Communion with God—can it be demonstrated in terms of Science that this is a correspondence which will never break? We do not appeal to Science for such a testimony. We have asked for its conception of an Eternal Life; and we have received for answer that Eternal Life would consist in a correspondence which should never cease, with an Environment which should never pass away. And yet what would Science demand of a perfect correspondence that is not met by this, THE KNOWING OF GOD? There is no other correspondence which could satisfy one at least of the conditions. Not one could be named which would not bear on the face of it the mark and pledge of its mortality. But this, to know God, stands alone.

December 18th
The misgiving which will creep sometimes over the brightest faith has already received its expression and its rebuke: "Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?" Shall these "changes in the physical state of the environment" which threaten death to the natural man, destroy the spiritual? Shall death, or life, or
angels, or principalities, or powers, arrest or tamper with his eternal correspondences? "Nay, in all these things we are more than conquerors through Him that loved us. For I am persuaded that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord." Rom. viii, 35-39.

December 19th
"We find that man, or the spiritual man, is equipped with two sets of correspondences." One set possesses the quality of everlastingness, the other is temporal. But unless these are separated by some means the temporal will continue to impair and hinder the eternal. The final preparation, therefore, for the inheriting of Eternal Life must consist in the abandonment of the non-eternal elements. These must be unloosed and dissociated from the higher elements. And this is effected by a closing catastrophe--Death.

December 20th
Heredity and Environment are the master-influences of the organic world. These have made all of us what we are. These forces are still ceaselessly playing upon all our lives. And he who truly understands these influences; he who has decided how much to allow to each; he who can regulate new forces as they arise, or adjust them to the old, so directing them as at one moment to make them cooperate, at another to counter act one another, understands the rationale of personal development.

December 21st
It is the Law of Influence that WE BECOME LIKE THOSE WHOM WE HABITUALLY ADMIRE. Through all the range of literature, of history, and biography this law presides. Men are all mosaics of other men. There was a savour of David about Jonathan and a savour of Jonathan about David. Jean Valjean, in the masterpiece of Victor Hugo, is Bishop Bienvenu risen from the dead. Metempsychosis is a fact.

December 22nd
Can we shut our eyes to the fact that the religious opinions of mankind are in a state of flux? And when we regard the uncertainty of current beliefs, the war of creeds, the havoc of inevitable as well as of idle doubt, the reluctant abandonment of
early faith by those who would cherish it longer if they could, is it not plain that the one thing thinking men are waiting for is the introduction of Law among the Phenomena of the Spiritual World? When that comes we shall offer to such men a truly scientific theology. And the Reign of Law will transform the whole Spiritual World as it has already transformed the Natural World.

December 23rd
We have Truth in Nature as it came from God. And it has to be read with the same unbiased mind, the same open eye, the same faith, and the same reverence as all other Revelation. All that is found there, whatever its place in Theology, whatever its orthodoxy or heterodoxy, whatever its narrowsness or its breadth, we are bound to accept as Doctrine from which on the lines of Science there is no escape.

December 24th
In Nature generally, we come upon new Laws as we pass from lower to higher kingdoms, the old still remaining in force, the newer Laws which one would expect to meet in the Spiritual World would so transcend and overwhelm the older as to make the analogy or identity, even if traced, of no practical use. The new Laws would represent operations and energies so different, and so much more elevated, that they would afford the true keys to the Spiritual World.

December 25th
The visible is the ladder up to the invisible; the temporal is but the scaffolding of the eternal. And when the last immaterial souls have climbed through this material to God, the scaffolding shall be taken down, and the earth dissolved with fervent heat-- not because it was base, but because its work is done.

December 26th
The natural man belongs essentially to this present order of things. He is endowed simply with a high quality of the natural animal Life. But it is Life of so poor a quality that it is not Life at all. He that hath not the Son hath not Life; but he that hath the Son hath Life-- a new and distinct and supernatural endowment. He is not of this world. He is of the timeless state, of Eternity. IT DOTH NOT YET APPEAR WHAT HE SHALL BE.
December 27th
The gradualness of growth is a characteristic which strikes the simplest observer. Long before the word Evolution was coined Christ applied it in this very connection--"First the blade, then the ear, then the full corn in the ear." It is well known also to those who study the parables of Nature that there is an ascending scale of slowness as we rise in the scale of Life. Growth is most gradual in the highest forms. Man attains his maturity after a score of years; the monad completes its humble cycle in a day. What wonder if development be tardy in the Creature of Eternity? A Christian's sun has sometimes set, and a critical world has seen as yet no corn in the ear. As yet? "As yet," in this long Life, has not begun. Grant him the years proportionate to his place in the scale of Life. "The time of harvest is NOT YET."

December 28th
Salvation is a definite process. If a man refuse to submit himself to that process, clearly he cannot have the benefits of it. "As many as received Him to them gave He power to become the sons of God." He does not avail himself of this power. It may be mere carelessness or apathy. Nevertheless the neglect is fatal. He cannot escape because he will not.

December 29th
The end of Salvation is perfection, the Christ-like mind, character, and life. Morality is on the way to this perfection; it may go a considerable distance toward it, but it can never reach it. Only Life can do that. . . . Morality can never reach perfection; Life MUST. For the Life must develop out according to its type; and being a germ of the Christ-life, it must unfold into A CHRIST.

December 30th
Perfect life is not merely the possessing of perfect functions, but of perfect functions perfectly adjusted to each other, and all conspiring to a single result, the perfect working of the whole organism. It is not said that the character will develop in all its fullness in this life. That were a time too short for an Evolution so magnificent. In this world only the cornless ear is seen: sometimes only the small yet still prophetic blade.
December 31st

The immortal soul must give itself to something that is immortal. And the only immortal things are these: "Now abideth faith, hope, love, but the greatest of these is love." Some think the time may come when two of these three things will also pass away--faith into sight, hope into fruition. Paul does not say so. We know but little now about the conditions of the life that is to come. But what is certain is that Love must last. God, the Eternal God, is Love. Covet therefore that everlasting gift.
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