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THOUGHT IS POWER

A Journal of Affirmation

HENRY HARRISON BROWN,

Editor



Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.



SOUL CULTURE

ART OF LIVING

PSYCHOMETRY

INSPIRATION

SPIRITUAL HEALING

MENTAL SCIENCE

SUGGESTION

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HENRY HARRISON BROWN, Glenwood, California.
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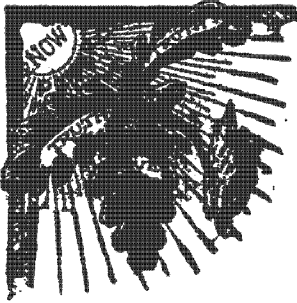
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From all Life's grapes I press sweet wine.

—Henry Harrison Brown

N O W

A JOURNAL OF AFFIRMATION

VOL. IX.

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No. 1

Is My Ideal Friend A Dream?

Has earth yielded a friend, or is't a dream?
 A vision of my Thought born in Desire?
 A mingled form of earth and a spirit-fire?
 I cannot tell, today so real they seem
 The hour, the place, the hand-clasp and the gleam
 From eyes so deep that sweetly conquered mine,
 And drenched my soul with Love's most precious wine
 And brought into my sky its radiant beam!

I cannot tell! I either sleep or wake!
 In stillness all I scarcely dare to breathe
 Or greet the blessing sweet! I hesitate,
 Fearing the wondrous web of Peace I weave
 About the Coming Friend, should I but move
 Would break and show a stolen dream of Love.

But if I wake and it should really be
 No dream, no vision rare, and I indeed
 Had found the Ideal One, that all my creed
 Of friendship has forseen in prophecy;—
 Then O my Soul! prepare thy bridegroom
 fee,
 And learn thy matin song and pipe thine
 own
 And heavenly voices shame! For sun
 ne'er shone
 Upon a day like this, or nobler deed!

If Thou art mine! If dreams come true! If
 Soul
 At last has found in Thee its echoing
 Voice,
 If heaven in that One has condensed its
 whole;—
 Then I beyond the Redeemed from hell
 rejoice!
 For liberty has crowned another one,
 And Self I abandon to love alone.

—HENRY HARRISON BROWN.

Nov. 10, 1911.



Are you able to pick and choose and create
 a wholesome, moral environment for yourself?
 Or are you weak enough to be made or un-
 made by the environment into which you hap-
 pen to fall?—*William De Witt Hyde, Presi-
 dent of Bowdoin College.*

A Startling Hypothesis

Self-kindled every atom glows.—*Emerson.*
 What *matter* is in and of itself is quite hope-
 less of answer.
Ether:—Any discussion of ether leads out
 upon the high ground to incredulity. If ether
 is not visible to the eye of sense it is visible
 to the eye of the mind which is much less
 liable to err.
Energy:—Just as there is no such thing as
 emptiness, so there is no such thing as rest.
 The very particles that constitute our solid
 earth are in a state of perpetual unremitting
 quiver. This motion is continually changing
 from one velocity to another.
Molecule:—The smallest particle of substance
 that can exist in a free state.
Atom:—The smallest particle of an element
 that exists in a molecule.
 We have reduced the universe to three terms:
Matter, Energy, Ether, and we ought now
 to consider whether this triune conception
 may not be capable of a deeper synthesis. We
 have all, I imagine, a deep-seated conviction
 of the essential "oneness" of the universe, and
 to justify it, we must assume either the three
 things are after all but forms or phases of an
 underlying and unknowable reality, or that
 separate and distinct as they appear, they are
 in themselves one, and in some mysterious
 way beyond the grasp of human reason.—
*Prof. Robert Duncan, F. C. S. (Formerly of
 the Kansas State University, now of the Pitts-
 burg, Penn., University in "The New Knowl-
 edge.")*
 It is through the medium of our senses that
 we derive our knowledge of the phenomena of
 external nature.
Matter:—*That which occupies space.*
Energy:—A condition of matter in virtue of
 which any definite portion of which may be
 made to effect changes in other definite por-
 tions. The minutest fraction of energy can-
 not be put out of existence.
Molecule:—The smallest quantity of sub-
 stance that can exhibit the properties by which
 the substance can be identified.
Atom:—The subdivisions of molecules. An
 atom cannot have a free and separate exist-
 ence.—*Geo. F. Barker, Prof. University of
 Penn. in "Physics."*
Atom:—A vortex ring of ether in ether.—
Prof. Dolbear in "Matter, Ether and Motion."
 Here we have given us the best the

**Whene'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas

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physicists can give in way of definition and hypothesis (guess) in regard to the universe.

Briefly that we may not forget let us catalogue:—

Universe—all space is full. "No emptiness anywhere!" It is filled with atoms. Atoms do not touch but "lie as close to each other as possible." "Invisible something fills all space between atoms." Atoms are of and thus are in this invisible ether. Prof. Dolbear says that no theory has found so general acceptance as the vortex ring theory of atoms—Each atom revolves on its center. But there are also other movements of atoms and molecules besides this rotary motion. A motion that passes onward in straight lines, the vibratory. Then there is the union of these two, the spiral. The physicists say atoms "move along" in the vibratory and in the spiral motion. Thus primary units move from place to place in the present theories of the universe.

Upon the above theories present science and philosophy are based. But, keep in mind, not one of these guesses at truth have been proven, except possibly, the vibratory. As long as they explain phenomena to the intellect, they are good, but as soon as they come in contact with a new condition of Substance they fail. And that new condition has come in the discovery of Radio-activity. Here science comes upon facts that cast all previous theories into the museum of relics. Prof. Soddy of Glasgow University says in Harper's Magazine, Dec. 1909, "In radio-activity we have crossed the boundary and for the first time have passed the atom—a very great step and one which has hitherto been attempted in vain—by so doing we have left behind the old sciences as if they no longer existed. Heat, light, gravitation, thermodynamics, chemistry, and possibly even electricity, play no part in, and have no meaning in, the new world that has opened up inside the atom.—Science has now to begin all over again, right at the alphabet."

All that we have had in the past are only the best explanations the explainer could give of the phenomena he felt. Not even the most delicate of instruments have proven his explanations Truth. Today we are leaving them behind, even as the explanations of the 16th century were left behind in the 19th. Even the very existence of objectionable phenomena is "assumed" by the most advanced physicists. Thus does science and philosophy rest where Soul Culture begins, i. e. upon the sensations of the Personal Self. These sensations are awakened in *some* way by *Something* outside the Personal Self. This *Something* both Science and philosophy are trying to find. Soul Culture "assumes" to be the Universal One, the Omnipresent, the Ever knowable, but ever The One that is becoming known. It is that Reality from which the Personal Self is evolved as Self-Consciousness. Yes! I admit this is but a logical assumption, seen "by the eye of the mind, which is so much more reliable than the eyes of flesh."

These sensations of the Personal Self are interpreted in terms of objective reality. Thus all it is possible for any one to know is his own sensations and his interpretation of them. His thoughts in words of Edward Carpenter are his "dying feelings."

Any one explanation, any one assumption, is good, till a better is offered. Investigation has thus climbed from rung to rung in the ladder of knowledge till at last we have as a race reached radio-activity, and there all begins anew. There is nothing left to the physical investigator; for science has analysed all into motion, and finds it all probably One, in Eternal Substance.

Physics has lead to Metaphysics and is able to go no farther. From the realm of so-called matter we are to jump into space with—*Something*. To Metaphysicians there is no matter: ALL IS MIND.

"The persistency of Force" when rightly interpreted compels one to assume this

**In the mud and scum of things,
There alway, alway something sings.**

—Emerson

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position. Nature is uniform. Nature never varies in her operations. Once we obtain a glimpse of any method, we may be assured it is a universal method. A Principle is Universal in its operation. We thus recognize universality of the principles of mathematics. But every other manifestation of Nature is equally persistent. Undulatory waves always move in equal space in equal time. The undulations of Ether give us the idea of time and space. Give us rythm and measure. But time and space are thus only mental conceptions. Do not exist outside the human recognition of them, but they are the fundamental conceptions, upon which all reasoning on phenomena are based, because they are the fundamental manifestations of all Nature; are ever present; no phenomena can be without them.

Each wave in the great Infinite Space-Ocean is like a child's marble, sphericle. The sphere is the first letter in nature's alphabet. Motion rolls onward. "Roll on ye stars! Exult in youthful prime," wrote the father of Charles Darwin in his beautiful sonnet. They rolled then and continue to roll. Every discovery of nature is but a discovery of a Roll new to human consciousness. It has rolled on since "the beginning", of the universe. What then of the earth? It rolls! But rolling it is still steadfast. "Thou sure and firm-set earth," said Shakespeare, but it is "firmest" in a manner of which he never dreamed. It is firm set in space among the stars, and no star or earth ever moved from its relative position among its companions. The discovery announced by Dr. Meckelson, that *the earth carries the ether* with it, though not yet admitted by the majority of scientists, will yet be universally accepted, but it will be then so modified as to affirm—*Ether is eternally still*. Earth or star never moved in ether, and ether never moved. The Universe is still. "Be still and know that I am God!" and "God dwells in stillness!" are veritable facts. If we are to regard ether original substance—

or whatever may be so regarded, it must be still. The Universe is solid. Never a vacuum in it. Solid; more so than hardest steel. Atoms packed "as close to each other as possible". Because of this, there can never an atom be changed in its relative position. *We have a world which is a wave of motion in a fixed and solid universe.*

Earth is not fixed as to its atoms. It is fixed only as a wave moving along an infinite succession of atoms. The wave in the Pacific Ocean is not fixed as particles of water, but is fixed as a wave of motion rolling along through the particles of water. The Wave never changes a particle of water in its relation to its neighbors. The water remains fixed, but the wave moves onward. The wave standing at the China coast rolls among the particles of water till it strikes the California coast. Then the motion having no other water particles to take up the motion gives itself in friction to rock and beach. But aside from the water rolling up the beach the particles of water remain in the same relative position.

No water moves. No physical earth moves. A water-wave moves in water. And an earth-wave moves in ether.

Make in your thought the undulatory theory universal and it will be seen that if it is a true theory then not a particle of Original Substance changes its relative position, nor has from all eternity. And if the undulatory theory is false then *all* the present deductions of science are also false. Either Universal Motion is undulatory, moving among particles of Original Substance, or we have as yet discovered no Truth of the Universe. But being Truth it follows that ALL phenomena can be explained only in accordance with it.

I accept the Undulatory theory; the vortex ring theory; and upon these I propose to erect a philosophy of Mind; carrying the deductions of scientists forward into the realm of the One Mind. I hold that the One that is The-all-in-all

(Continued on page 9)

**Obstruction is but virtue's foil.
The stream impeded has a song.**

—Ingersoll

* **AFFIRMATIONS** *

"Time shall be no more."
The glorious fact that I unfold!
The glorious fact that I am an Unfolding Soul!
The glorious fact that this Unfoldment goes on forever!
I measure my unfoldment by the roll of sun and the change of seasons.
I measure my Unfoldment by the things and conditions I have left on my way.
I measure my Unfoldment by the friends I have outgrown, and by the desires satisfied.
All these are landmarks on my onward path.
I count these landmarks and say "Days, months, and years! They are merely mental conditions in my unfoldment!"
Time is my consciousness of immortality.
All I call time, is but the records in consciousness of the stages of Unfoldment.
This unfoldment I know as Experience. Experience is the pressing out of Soul into consciousness.
I press forward from the Unconscious into the Consciousness state of Soul every moment.
All possible Power, Wisdom and Love lie in the unconscious waiting for Expression in Consciousness.
Eternity is the only measure Soul knows. Its record is the Conscious man.
I am Eternity! I am Wisdom!
As Wisdom I measure Unfoldment in Truth.
As Love I measure Unfoldment in Happiness!
As Truth I measure Unfoldment in knowledge!
As a Personal Identity I measure Unfoldment in Time.
Years belong not to Wisdom but to the Personal Self. Wisdom is of Eternity. I live in Wisdom! I am not of time but of Eternity.

"Day unto day uttereth speech"! That speech is the inner voice of Wisdom.
"Night unto night showeth knowledge", That knowledge is the inner Voice of Truth.
Day by day, and night by night, I unfold in consciousness of myself as Truth and Love.
This is consciousness of Immortality here and now.
In this conscious mortality I find Peace. Peace is my recognition of myself as Unfolding Soul in Eternal Life. Live the Eternal Life Here and Now!
"My Peace I give unto you," saith the spirit of Truth.
I affirm:—I AM PEACE.
In Thought of Peace I rest in Love of Truth.
Wisdom is my Redeemer from all unrest.
I rest in "The Peace that passeth understanding," for it is the Peace of Unfolding Soul.
I am Unfolding Soul.



Now Success

Depends upon the interest of its friends. It is the *one purely* New Thought Journal in the United States. Every other mixes theology, or some especial method, or system, with the Universal Perception of Truth. NOW stands for nothing but the Universal. It has no system, inculcates no especial way of expression and advocates no fad! Its ONE platform is—I AM DIVINE AND LIMITLESS. Believing most thoroughly in individual liberty and in the ability of each to apply Truth to his own life expression, its editor is content to teach as a scientist, the principles of Mind, and let each one apply these principles as he applies the principles of chemistry or geology. Consequently NOW appeals to a limited constituency, for out of every thousand there are but few ready for this freedom. Therefore it is *up to YOU, NOW* Subscriber and NOW Lover to recommend it and to work for its extension. Its editor has

Truth for Authority, No Authority for Truth.

—*Lucretia Mott.*

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given time, and means, for these two volumes, that NOW might win friends enough to see that its subscription list was sufficient not only to meet bills, but to leave a margin as a salary, and to enable him to realize that freedom where he could give it more time and enlarge it. At the beginning of this new volume for 1912 he gives his friends opportunity to assist the Spread of Truth in Love, by putting not only a few dollars, but some effort into their Magazine. Each new subscriber may send with his renewal the name of a friend and \$1.50 and the magazine will be sent to him and the friend for the year 1912. If each will do this it will double our circulation. As many names of new subscribers as one chooses to pay for may be added on these terms. With a good circulation I can claim a place among the advertising journals and the income therefrom will give me financial freedom to print my many manuscripts in book form also.

The question is now in the hands of my friends? Shall NOW have its place of power in the magazine world or shall it still remain comparatively unknown as to its worth save to a few selected friends?

During the coming year it will have some of the most profound editorials that have ever appeared in any journal. Read carefully the present one? MIND is all. Therefore from MIND alone hereafter all science and all philosophy will be written, and the eulogy will die a natural death, finding its resurrection in this New Thought upwelling of Truth.

The editor will have also short articles upon varying phases of Thought; a poem in each number, a series of lessons upon fundamental principles, entitled will run through the year worth many times the subscription price. Mr. Foulds, Ass't. Editor, will contribute occasional articles and poems in dialect and otherwise. His poems in NOW have been quoted in the metropolitan press. I shall make every effort to keep

not only up to date, but ahead of the times in original and selected articles. I propose that in no way shall NOW be inferior to any literary magazine. What it may lack in size, is made up in worth. Please send in not only new subscriptions but your renewals early, for the P. O. Dept. allows me to send only three numbers without payment is made. Remember: Letters sent direct to office of publication or to my San Francisco office will reach NOW. NOW HAS PROVED ITSELF A SUCCESS FROM ITS FIRST NUMBER. IT IS STILL SUCCESS. GET IN TOUCH WITH IT AND YOU SHALL FEEL ITS VIBRATIONS AND BE SUCCESS.

HENRY HARRISON BROWN.



A Crisis Approaching

To every thoughtful person it is becoming evident that the human race is approaching the parting of the ways for its future destiny. Either (speaking generally) the old division of labor, founded in nature, must continue: that by which the majority of women not only bear but also bring up the new generation within the home; that men—directly in marriage, or indirectly through the state provision for motherhood—should work for woman's support during the years they are performing this service to society; and that women, during their mental and bodily development, should aim, in the choice of their work, and in their habits of life, at preserving their fitness for possible mothers:—Or, on the other hand, woman must be brought up for relentless competition with man in all departments of production—thus necessarily losing more power and desire to provide the race with new materials—and the state must undertake the breeding, as well as the rearing of children, in order to liberate her from the cares, which, at present, hinder her freedom of movement. . . . Nor could any improvement in the care of children and domestic arrangements prevent what remains above these things (if the home is to be more than a place for eating and sleeping) from taking up time and thought, powers and feelings. If therefore the old divisions of labor are to be retained under which the race has hitherto progressed, then woman must be won back to the home.—*Helen Key in "Love and Marriage."*

**All outward wisdom yields to that within,
Whereto no creed nor canon holds the key.**

—Bayard Taylor

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A Southern Flight

WHEELING, VA., NOV. 1, '10.

My Lessons here were the first New Thought meetings ever held in this city. The lady who arranged for them was a pupil of Mrs. Helen Williams, and wherever I find one of her pupils I find a staunch Lover of Truth; one not carried away by every metaphysical fad, or influenced by every occult breeze that passes over the field of investigation. Her pupils are firmly grounded in fundamentals, and are to be depended upon, because they have learned to depend upon themselves. I find great need in New Thought circles for fundamental instruction. Too many teachers seek to lift their students into the clouds of mystery, students not firmly balanced intellectually loose self-control, sitting in cloudland find themselves lost to earth.

"We must build the ladder by which we rise
From the lowly earth to the vaulted skies,
And must climb to its summit round by
round."

And the ladder must rest upon the earth, and upon Twentieth-century common sense, reinforced by its scientific spirit, then it is the sure road to spiritual development. It is my evident forte to teach the practical application of Idealism—for New Thought is the Ideal Philosophy applied here and now. I find such teaching is needed in this the most practical and the sanest century of the historic period. I say this, despite the unrest and apparent breaking up of society, business and in knowledge of diseased condition of the race. *Mind is coming to its own!* And it comes not by looking backward and taking its ideas from Judea, Greece, India or farther East, but by finding **HERE**, in this most wondrous land; and **NOW**, in the grandest of centuries; finding it in **ITSELF—I AM!** I had a fine class of thinkers called together by the lady by invitation. I was gratified by the warm reception accorded to my ideas. Wheeling will feel the impetus, and other meetings will follow, for the field here is rich in opportunity.

Nov. 10—16—Youngstown, Ohio.

Here Mrs. Flora F. Whiteside has been teaching in her parlors for a long time. She has been a loving student of NOW and NOW publications.

Early in my tour she invited me to Youngstown if I found it convenient. It was easy to reach on the route. I gave my "Fundamental Course" of 6 lessons. They were open to the public. The interest grew until the last. I was urged to return when a larger hall and a large attendance would be mine. Mrs. Whiteside, and all her family gave great encouragement, and to them is due the success of the class. After they learned me, others did yeoman work calling in their friends. Truth is so beautiful and so attractive, it needs but to be seen to be loved. These seed growing meetings are necessary and will bring forth harvests in abundance. There is prepared ground here. Many here and in every city who now come like Nicodemus, and dare not risk their social prestige by any open recognition, will gain courage and side with us.

But to side with Truth is noble
When we share her wretched crust;
E'er her cause bring fame and profit
And 'tis prosperous to be just.

Not till there is this renunciation and acceptance can Truth work its health, in us. "God will not make himself known to cowards!" Would all who today know Truth as we teach it acknowledge it, there would be a mighty revolution in Church, Business and Society. I am forced to this conclusion by the facts placed in my hands as I pass through the various cities. But the seed in its swelling WILL burst all these barriers of conventionality, reserve and fear. The old citadel of error will fall. Is falling as fast as is best. These little meetings in so many cities are honeycombing the walls and many a breach has been made by the silent missiles of truth.

Very much encouragement was given me here, for many with social and business power stood by the class.

The deeper I drink of the cup of life the sweeter it grows.

—Julia Ward Howe

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Nov. 18-DEC. 5.—ATLANTA, GA.

The Psychological Society, through its President, Mrs. D. E. Ashby, invited me here for an afternoon Course of 6 Lessons and one Sunday meeting. At close of Sunday lecture an announcement was made of the afternoon Lessons, the request was made by several present, for the Lessons in the evening. I announced that if a fund was secured to cover expenses I would the succeeding week give as my "Course in Self-Mastery" an evening Course. That fund was easily raised and the Course made free to the public. I had a fine cultivated and most appreciative audience. Never felt more satisfied in all my tour with my work and my reception.

Atlanta has been blessed with many fine workers and the Psychological Society has a large membership, from among the better classes of (so-called) society and had well prepared the way for this course of mine. Whoever shall come here as instructor will happily find the place prepared for him. Fine ground work has been done in creating a public sentiment that awaits the teacher is an inspiration. To face the audience that met me on my first appearance is to FEEL the call from on the Most High *within* for its best and it came.

While at Wheeling Mr. Roberts, Engineer and Asst Supt. of the Lorain Coal and Dock Co., situated on the Ohio side of the river, invited me to visit the Lansing Mine. Was two hours under ground. A wonderful system of highways and chambers with electric lines of rails of over twenty miles, over which the cars loaded and empty are drawn. Here over four hundred men work. Though I walked and rode several miles I saw but few, as each man or at least two men, have a "chamber" by themselves. Each man is paid for the coal delivered in his cars at the chute.

My purpose in this note is not to describe the natural but to get the psychological conditions. I pass to the thought side. How many years, and through how many mines has this

mine evolved. The whole race, since the first man used coal; first wrought in iron or in wood; used stone to drive, or rock to split, has been evolving the Divine idea of Mining. And we are not at the end. It will take all eternity and the whole race during eternity to give complete expression of that Idea.

All the while as the miner's lamp on my cap shed its light about me I was thanking past humanity for its Truth as expressed in the caverns, tools and machines about me. I realized how, despite human short comings, the selfishness and ignorance, Soul had marched steadily along through the ages. "The Battle Hymn of the Republic" is the hymn of the ages. Whether we are conscious or not, Truth goes marching on. Before I was aware I was humming when Mr. Roberts returned after leaving me alone for some time that he might attend to some matters:

In the beauty of the lilies Christ was
born across the sea

With a glory in his bosom that trans-
figures you and me.

As he died to make men happy let us
die to make men free,

While God is marching on.

And these miners, like all before them;
You and I, as all the race before us,
living and dying to make men—the
Race—free. Not a link can be missed
from the eternal chain. Not a man,
black or white; not a saint or sinner;
not a poet or priest; not a prophet or
criminal can be left out. Each, and all,
are unconscious benefactors; all ex-
pressing some necessary side of the
One Soul.

In the darkness around me; with miles
between me and sunlight; with a thou-
sand feet of rock and earth above me,
I communed with the One, and learned
again Its message of Eternal Good ex-
pressing itself through the Human, and
only through the Human can God flow.
Mr. Roberts told me that the bulk of
the coal was sold on contract at prices
ranging from 90 cents to \$1.10 a ton.

I thank whatever gods may be For my unconquerable Soul.

—W. C. Henley

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Remember it is the bituminous or "soft" coal. If the company realized a net profit of five cents a ton they were doing well. It was the desire to keep the men employed, that they now keep a mine open. Each reader can by inquiry learn the cost of a ton in his locality and by deducting at most \$1.00, can see what transportation and middle men's profit take from the consumer. Here lies one great cause of the increase of cost of living; a question which is now causing so much discussion.

A recent article by Frank B. Carpenter contains these figures: The sum paid for transportation is about one-third as much as all the value of the farm products. Equals a tax of \$1.25 on acre over the whole U. S. A tax of \$30 a year upon every man, woman and child in the U. S. A tax of \$12.50 a month for every family of five. Each family pays for transportation each year \$150, while the average income for that family a year is not more than \$450. Here we have a little light. And there are water ways ready for that transportation costing only 1-4 the R. R. rates. The Government spending millions upon battle ships and leaving its waterways unused, while its people suffer. But the Divine Idea of Brotherhood is evolving and the people—"WE THE PEOPLE" who are the Government will soon take up the problem and solve it, in justice. Equity is Nature's Ideal and it is coming. Pres. Taft sees it. NOW has several times stated, that we were now entering the Era of equity; of distribution, when USE; and not Possession, would be the dominant idea. Here is what the President said on his recent tour:—

There is only one course open to us gentlemen and I say that with all the sincerity I can command. Either we are going to have individualism and a freedom from these combinations that suppress competition, that control prices and that establish a monopoly, or else we are going on to the point where the people will demand that the power which these few men are going to retain in their hands shall not be further exercised by them, but that it shall be transferred to the govern-

ment and then we will have state socialism. The main point is that the law has got to be enforced, and this stifling of competition, this establishing of monopolies, this arrangement to control prices must cease, or we must deliver over to the gentlemen who have it in their hands to run the entire business of the country, or, and then, the final step, turn it over to the government to fix prices and to fix compensation for every one and we will have a Socialistic republic.

A prophecy in line with the evolution of the "Christ Ideal" and it will come through the labors, and the vicarious suffering of today, even as the blessings of today have come through the labors and sufferings of the past. Every mine disaster makes the lives of the living safer and the Race-life longer and happier.

"Ideals rule the world"; says Emerson. We are "in the swim" when we trust them. Thus I found God as Principle and Man, ITS expression, under the Ohio hills, and in the faces begrimed with coal, looking pleasantly at me in the glare of the little miner's lamps, which glimmered about me like fireflies on a summer's night.

The cities through which I have passed have all been distinctly American. Were I placed while asleep in any one from Pacific to Atlantic shore and awakening ignored climate and smokey grime of atmosphere. I would not be able to detect any difference in architecture, people, dress, stores, and manufactories. In Atlanta would I find the larger proportion of Negroes, and the menial work done by them. Otherwise it is One Civilization all along the route, and I grow more fond of and love my country with a deeper and more intelligent love than ever. Psychologically I am at home in every city.

I find mine own in every land;

It come to me on every wave;

It passes current hand to hand;

'Tis brought by coward and by brave.

And his always come to him everywhere, who lives in Universal Love. There is my Home. This Love materializes in all places but this ALL includes my Redwood Home, where centers my personal love which the ALL includes.

Poise

One of the most essential qualifications of a successful stenographer and typist is Poise—Self-Control. He must also possess Confidence and Resourcefulness. Knowledge of his ability will give him confidence in himself, and believing in his capacity to fill any kind of a stenographic position will make him resourceful and promote his success more than anything else. It is hesitation that causes indecision and brings on Fear; and Fear inevitably results in failure. Fear is nothing more nor less than a doubtful condition in the mind that something will surely happen at the wrong time to prevent you doing your best, and by thinking this, it becomes a reality.

This may be illustrated, for example, in the case of a stenographer applying for a position to a prospective employer. He speculates on how fast will be the dictation, whether he will be able to transcribe his notes quickly and correctly; if he will have any trouble with the typewriter, and a hundred and one minor things which should all have been thought of and corrected before he applied for a position, thereby avoiding this confused state of mind at such an inopportune time. The fear of not being able to "make good" destroys his power of concentration, and once Fear enters your mind you become powerless and are doomed to Failure.

Now, how may the ideal mental condition—Poise—be obtained and the existence of Fear dispelled? By practicing Concentration at all times, no matter what you are doing nor where you are doing it. By training yourself in the early stages of your career as a stenographer along these lines, paying strict attention to your own work and doing your best at all times, you will develop Self-Control and acquire Poise.

A stenographer thoroughly concentrated on his work gives one the impression of being perfectly oblivious to all his surroundings and entirely devoid of nerves. This stenographer has learned how to

do his work and get the best results from his labors—by attending to his own business—and will unquestionably meet with great success. He has poised himself so that his mental and physical forces work in perfect harmony and co-ordination. This is the accomplishment which all ambitious and aspiring stenographers should strive to attain, and it can only be obtained by constant and continued practice. Once obtained—Success is certain.—*H. O. Blaisdell, World's Champion Typist, 1910-1911.*

(Continued from page 3)

works by one method, so simple that a child may understand its operation.

What are these "masses" known as suns, stars, birds, animals, and Man? Merely wave-motions in space. As a wave in ocean, so are all individualities in the Universal ether. A wave called earth, or Man, moves onward in the same manner that a wave called sound, or light, moves onward. I, as a physical body, am only a movement along fixed Substance. I take not an atom onward with me, but as a wave "pass through all the primordial elements, leaving behind me these elements in the same position in which they were before I passed. Never a "particle" has moved through space. Never a "corpuscle" possessed speed. Physicists measure the speed of particles, atoms, corpuscles. But never one possesses speed. Motion passes through them leaving them in the eternal relation they have always and always will, bear to the rest of the universe. IF there are corpuscles of so-called matter never one has changed its relative position with its companions through all past eternity. And theory that is based upon any thing except pure Mind-in-Motion offers more objections than it meets and realises more questions than it answers, and must be false.

An illustration from primary physics. Place a row of marbles from 1 to 1,000,000 upon a ground surface. Snap

**I am not fighting my fight:
I am singing my song.**

—*Archie L. Black.*

10

the first one. The motion will pass from marble to marble without changing its position until it reaches the last, and this one, having no companion to which to impart the motion it will roll and give up its motion to the surface upon which it rolls in friction. Were the marbles infinite in number and continuous, the motion would roll on forever. This in the explanation of every motion in the universe. It is never destroyed, but may be transformed to other forms by raising or lowering its pitch, which is lessening its speed and the length of its waves.

In a universe where there "is no emptiness" the motions will roll on forever, because there is no stopping place in a universe solid with primary units of Energy. Religiously we may say—a Universe filled with God. Philosophically we will say—a universe of Mind. Another illustration—You all remember the "Fifteen puzzle". With each block in place not one of the locks could move. But take out one and every block of the fourteen left can be moved to occupy any place. With a universe full of atoms lying "as near to each other as possible". No one atom can be moved from its position in the solid of which it forms a part. But allow a vacuum of a single atom, and every other atom may in time occupy any space in the universe. But such a vacuum is unthinkable. NO Vacuum, no emptiness. So there is but one conclusion—No atom ever changed its place with another and never can.

In this view I confidently prophecy that in the full acceptance and understanding of the undulatory theory, there will not be left in fifty years any more of the present theories of the material universe, than there is left now of Special Creation. The position NOW has taken for the past eleven years, will be that of all philosophy. There will be little left of what is now called science. The Universe will then be studied as MIND. And that study will be labelled neither physics nor metaphysics, but some word

will be coined that means a union of the two. NOW uses the term SOUL CULTURE. For it assumes that Mind (or SOUL (is all; that all the individual man has to do is to learn of himself as Soul. (Mind).

It is assumed at the beginning of this discussion that all we know is what we have learned through sensations, coming to us by way of the senses, and our thought upon them aided by and the few avenues of intuition that have been opened to us through this sense development. The evolution of the race lies in the intensifying of the sensations and in lifting the emotions up to higher ranges of vibration. Learning what this evolution is, and what relation as individuals we bear to it, we can accept the announcement made in September editorial that "Gravity is but Man's recognition of Omnipresent Power and is the One form of that Power from which all the Modes of Motion are expressions". This present article is but an extension of that thought which will be still further involved during the year. I think they will mark an era in the intellectual world. The Truth they faintly express will find minds better fitted to express it in terms of science and philosophy. Thought-seed once sown in the thought-atmosphere of the race never dies. It evolves and multiplies through human Ideals as illustrated in December editorial. As Aviation waited from early Greek mythology for its realization in the present century, these seed-thoughts, falling upon the prepared soil of the present unrest, will soon, through scientific brains, find clearer expression. The citadel of old thought is so dead and undermined that in theology, and philosophy, it has no room for, nor vitality to give, the New. The Principles of the Conservation of Energy, and of Evolution have so penetrated the human mind that all theories that preceded these, and their effects will soon pass away, Radium has sent science and philosophy back to the position of early alchemy, which is that all

Minute a man stops looking for trouble, happiness looks for him.

—Irving Bachelor

11

is one and metals can be transmuted. Now it is Elements that are transmuted. Soon it will be affirmed—ALL IS ONE. "In the Beginning—God!" Leaving that word untranslatable in knowledge, but standing for ALL-that-is-to-be-known, and all-that-will-never-be-known NOW will proclaim—*there is ONE "GOD—One Soul—One Mind, and Soul Culture is ITS prophet!"* Unity. The *All-in-All is God* and:—I AM AN EXPRESSION OF THIS ALL-IN-ALL.

This Unity being Truth, it follows that "the trinity of Science" is error. "One may place all he knows of the Universe of space and time, into just three compartments. These compartments we shall label, *Matter, Energy, Ether*"—(Duncan). I will change this and say—All we know will be comprised in one compartment labelled—*Universal Mind*. Mind manifests to Human Consciousness—to the Self-Conscious—as sensation. Sensation in the reaction of the human individuality to the vibrations from the non-conscious; the Non-Me acting upon these. The various forms in which the Non-Me manifests to produce the varying sensations we term Vibration. Barker's "Physics" defines heat as "A sensation and that which produces a sensation!" Here heat is used for both cause and effect. No wonder students become confused. This definition can have no meaning outside metaphysics—for metaphysics deals with sensations. O Boastful Science! Blind leading the blind, until "the Light that lighteth every man" leads you to Unity of Substance, and variety of manifestation.

Atom being the primary unit, return to it again. Study its relation to vibration and its relation "masses" of matter. We are dealing with a *uni*-verse. That universe is full. "No emptiness anywhere." A vacuum would make it a *di*-verse. Would destroy unity. Any emptiness would unbalance the universe and it would be self-destructive. It would all soon be vacuum. Being full,

it is solid. More solid than adamant. Even water can, under pressure, be forced through a steel globe. The universe is more solid for there can be no pressure upon it, or in it. It is beyond the possibility of any pressure for it is Omnipotent Power pressing in every direction with all its might at all times. Man recognizing this says—"Gravity!"

It is now assumed that there are some eighty original elements. This is saying that Omnipotence is confined to eighty ways of manifestation. I claim IT is limitless, or it is not omnipotent. Man has recognized as yet only eighty ways of ITS manifestation. He has all the infinite number yet to find. Therefore we can affirm he is immortal that he may, by recognizing them all know himself as the universe.

Each element differs from every other by its rate of vibration. These varying forms of motion fill all space. Each line of vibration is a line of spheres of motion—not "vortex rings" but *vortex spheres*. For every center must be sphericle. And it rotates in every possible direction at all times and sends out vibrations in every possible direction. Thus each sphere with its vibrations fills infinite space. It is everywhere. Each unit lies as near every other as possible. Illustration—Fill a vessel with apples each lying as near the other as possible. The vessel is filled with apples. Then fill it with bullets. Then with shot. Then with sand. Then with water. Then with alcohol. Then with sulphuric ether. The vessel is full with each of the varying forms of vibration. Over a single telegraph wire may be sent as many messages as there are possible different pitched transmit with each of the varying forms of vibration never impugne each other, for they each fill the universe and are everywhere. These illustrations are but crude compared, with the vibrations of light, and the magnetism and still higher vi-

(Continued on page 13)

I, grateful, take the good I find;
The best of now and here.

—W hittier

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Vol. IX JANUARY, 1912 No. 1

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Entered as second class matter at Glenwood, California Post Office, June 21, 1910

Read carefully Mr. Brown's editorial this month. Study it, and send for extra copies to send to your scientific friends, marking this article. Mr. Brown would like all the possible criticisms that where he is in error he may revise his position, and where he is Truth he would to awaken the scientific world, and that world will not see NOW unless its friends call attention to it. We will mail marked copies from this office if friends will send names and cash with them.

Mr. Brown passed the month of December in Florida with pleasant friends and work. This month—January—he is engaged to fill Henry Victor Morgan's place with the Metaphysical Alliance, Detroit, Mich., while Mr. Morgan

makes a western tour. Mr. Brown's address for this month being—Care of Metaphysical Alliance, 318 Woodward Ave., Detroit. During February he will fill his third engagement with the Metaphysical Club of Boston. Address—30 Huntington Ave. He will probably pass March in Chicago and other western cities on his homeward route. He is meeting with most excellent success wherever he goes.

Are NOW readers aware that Mr. Brown has written, and has for sale in printed form, three Courses of Mail Lessons? They are most admirably fitted for private and class work. They lay the foundation for successful demonstration in living. The Courses in "Suggestion" and "The Art of Living" consist of 25 Lessons each and the Course in "Psychometry" of twelve Lessons and 24 experiments. With each Lesson goes a private letter with such additional help as the student may need. Send for our Catalogue and then we trust you will send for the Lessons.

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For the day that is past, I thank Thee, O God my Father!

For the night that has come, I thank Thee! As one with Thee and with Nature, I gratefully take the rest Thou hast lovingly ordained!

Whether I sleep or wake, my body and soul are Thine!

Do with them as Thou wilt, for Thy command is my joy! Amen.

—Prayer from Marie Corelli's "Eternal Life."

**I will not dream in vain despair
The steps of progress wait for me.**

—Whittier

13

The Best Friend

I am the best friend I have got; I like to sit
with Me;
I like to sit and tell Myself things confidentially.

I often stop and ask Me if I shouldn't or it
I should,
And find that My advice is always pretty
good.

i never got acquainted with Myself till here
of late,
Just found Myself a bully chum! Since then
it's simply great,
I talk with Me; I walk with Me; I show Me
right from wrong;
And really now, you'd be surprised how well
we get along.

I never try to cheat Myself; I'm honest as
can be;
No matter what may come and go, I'm on the
square with Me.
It's great to have a pal—that is, one that is
all your own;
To be such company for yourself you're never
left alone.

You'll try to shun the masses, and you'll
think the crowd a joke,
If you treat yourself one-half as good as you
treat other folk;
I've made a study of Myself; have compared
Me with quite a lot,
To reach this one conclusion—I'm the best
friend I have got.

—W. S. Meagher.



This is the first number of NOW for
1912. If your subscription is due please
remit.



The Principles of Mental Science as taught
in NOW are capable of developing Success
in every line of human endeavor. The author
of the article on page 9 is the World's Cham-
pion Typist, having in the last contest in
Madison Garden, N. Y. City, after all de-
ductions were made for errors written for
one hour 112 words every minute. He is a
personal friend, and also a student of Mr.
Brown, and a lover of NOW. At Mr.
Brown's request he sends this article, which
tells, to the initiated, that it was his appli-
cation of the "Principle of Concentration"
that enabled him to win, and to keep health
through the intense strain of months of
practice. SELF MASTERY comes alone
through the knowledge and application of
Mental Law. Mr. Blaisdell uses the UNDER-
WOOD.

(Continued from page 11)

brations till we reach the highest we
conceive—human love and thought.
In this supposed vessel, it is impossible
to move any individual unit of any
form of substance into the place of an-
other any more than you could move
a square of the fifteen puzzle when the
box is full. Therefore no THING—no
Unit, save a unit of power moves.

There is never any movement of any
thing along a straight line. The result
of the spectrum does not show as now
supposed that particles of metals or
minerals are burning at the star center.
They show that those minerals are at
all times present, at all places and there
is a center of them under the eye of the
telescope, manifesting in our atmos-
phere. What there is on the star is
not demonstrated. And even if star,
sun, beast and man shall be demonst-
rated to be composed of atoms, or ions,
it will never be proven that a single one
of these units of manifestation ever
changed its relative position, for the
universe is FULL. Only a motion can
pass from unit to unit. The "onward
movement" is a movement only. No
body, or "mass" moves. The world as
a wave in the great Universe is moving
with all its attendant planets, as waves,
and all on it are moving as waves of
motion onward toward no shore, hence
never a break. The world may ripen,
and change its vibrations, but it will
never reach an end, in the endless uni-
verse.

A wave once started be it a thought, an
emotion of love, or a world or human
individualization of the Universal Soul,
once started, passes on from relative
position to position, from atom to atom
to the limit of the medium in which it
moves not one of which atoms has
changed its relative position in the Uni-
versal Whole.

Each wave, be it man or world, is an
individual motion. As body, I am a
wave bearing the same relation to my
fellow human-waves, as an ocean-wave

There is no darkness but ignorance.

—Shakespeare.

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bears to its fellows. As a wave I am distinct, but also as a wave I am a manifestation of the Whole. As the whole ocean is behind each wave, so the Universal Mind is behind each human individuality. "There is One Mind common to each individual man. Each individual is an inlet to the same and to all of the same!" is the profound and comprehensive statement of Emerson. There is One Motion called Mind, and there is not, as we have been holding in old thought, any *things* objective realities in substance. What we have called *things* are but modes of that one Motion. Things are but vibrations passing from atom to atom and leaving the atoms as it found them. It matters not what is the especial *thing* in which the ALL is manifesting to Consciousness through sensation, it is producing this sensation upon ITSELF individualized through vibrations in ITSELF as the Absolute. By this impact of Itself, upon ITSELF, the ONE that is ALL-IN-ALL, is coming to knowledge of ITSELF. This Conscious recognition of ITSELF as sensation, is the Self-Conscious manifestation of the Cosmic Consciousness. It is what Emerson in that wonderful line calls "Conscious Law." The line is:—"And Conscious Law is King of Kings!" As Conscious Law all other forms of manifestation of the One Mind, are subject to the Human Consciousness, when we become conscious of that Real Self which is limitless. All that Absolute Law has done in the past, Conscious Law shall do in the future, and more, for the Universe is subject to the Self-Conscious, when it knows its power. This essay might be boiled down into these four lines of Emerson—

There is no great or small
To the Soul that maketh all;
Where it cometh all *things* are
And it cometh everywhere.

✽

In spiritual things of high import, the soul that is most concerned is always least expectant.—*Marie Corelli.*

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