

THE WORLD'S NEW THOUGHT JOURNAL.

10 cts.

November

\$1.00
A YEAR

NOW

THOUGHT IS POWER

A Journal of Affirmation

HENRY HARRISON BROWN,
Editor.

Nerve us with incessant affirmatives. Don't bark against the
bad, but chant the beauties of the good. — *EMERSON.*



SOUL CULTURE

ART OF LIVING

PSYCHOMETRY

INSPIRATION

SPIRITUAL HEALING

MENTAL SCIENCE

SUGGESTION

PUBLISHED BY
"NOW" FOLK

NEW THOUGHT CENTER OF PACIFIC COAST
1487 MARKET ST., SAN FRANCISCO, CALIF.

-- CONTENTS --

Self-Confidence.....	175	Editorial Notes.....	188
Returning.....	178	Federation Notes.....	190
Self-Suggestion.....	179	Address.....	191
Sensing Physical Conditions.....	181	Aphorisms from the Convention.....	194
Thought Transference.....	183	Notes of the Editor's Travels.....	195
A Wife's Telepathic Message.....	183	Absent Treatments Legal.....	198
New Thought Convention, Notes.....	184	FORMS: The Legend of the Signet King, 175; Change, 177.	

"NOW" FOLK PUBLICATIONS:

NOW, a Journal of Affirmation *

Monthly; \$1 a year. Henry Harrison Brown, editor. Devoted to the education of Man in the use of his Spiritual Faculties, the unfoldment of Psychic Power, and the development of Self-Control. It is a Monthly Messenger with Spiritual Food.

New Thought Primer *

Origin, History and Principles of the Movement, by Henry Harrison Brown; 64 pp. (Paper covers.) Typographically beautiful, on excellent book paper. Price 25c. This book was written in answer to the ever-recurring questions, What is the New Thought? Where did it come from? For what does it stand?

How to Control Fate Through Suggestion

By Henry Harrison Brown; 62 pp., 3d edition, paper, 25c. In Part I, it deals with the Science and Philosophy of Life; in Part II, with the Place and Power of Suggestion.

1250 Workers in the Herald newspapers say: "It is worth fifty dollars to anyone who will read this philosophy."

I ask, Will you give "Your" body to the ignorant and to the poor? They have the breath of life in them. I will bring them to the power of my science.

Not Hypnotism but Suggestion

By Henry Harrison Brown. 60 pp., 3d edition, paper 25c. In this book the important laws of suggestion is further evolved, and the phenomena of Hypnotism explained.

What follows, which is written in a remarkably colloquial but still full of the true and the best

referred to it as a very valuable little book, recommending it as a text-book on Suggestion.

Man's Greatest Discovery *

By Henry Harrison Brown; 60 pp., 3d edition; paper 25c. Six Soul Culture Lessons on THOUGHT AS POWER, Thought Transference and Telepathy. A thought-provoking book.

Dr. Alex. J. Melvos-Tyndal, who is without a doubt the greatest demonstrator of thought-reading, says: "I would like to commend it to every person who can read. It is simple, concise, convincing. No one, perhaps, knows better than I that what you state is the greatest, as you say, man's greatest discovery. There is no doubt that thought is being capable of accomplishing what we will."

Dollars Want Me! *

The New Road to Opulence, by Henry Harrison Brown; 24 pp., 10c. It explains just what mental attitude to hold that will draw the Dollars. It will enable you to rise above the drudgery of enforced labor. A powerful booklet.

A Boston Herald writes: "Wages in Trade, London, Eng., writes: 'This new book has given me strength and power over my soul's daily matter.'"

Self-Healing Through Suggestion *

Mr. Brown's latest book. The title tells you exactly what the book is. Plain, beautiful, helpful, artistic, powerful. These adjectives partly describe it. 60 pp., 25c. silver or stamps.

Correspondence Lessons *

COURSE IN SUGGESTION,
COURSE IN ART OF LYING,
COURSE IN PSYCHOMETRY.
Each course complete.

"NOW" FOLK

SAN FRANCISCO, CAL.

1425 Market Street

The Mind and the Brain,

By PROF. ELMER GATES of the
Smithsonian Institute.

This book presents in easy style the author's investigations in the art of psychurgy or *mind building*. Tells how to use the mind systematically in *original thinking*. Tells of Prof. Gates' wonderful scientific discoveries regarding the effect of the mind and emotions upon the physical body. Price, 25 cents. Address

WILLIAM E. TOWNE, Dept. 22. Holyoke, Mass.

"The Soul in Silhouette."

A beautiful volume of 77 empowering Poems, portraying the hopes, ideals and attainments of the Human Soul. Vitrally inspiring to thinkers, dreamers and lovers. Replete with New Thought teachings—respecting Love, Religion, Mental Healing, Mysticism, Success, Sex, Womanhood.

From a single class of the author's in New York City, OVER 100 ADVANCE ORDERS were taken. The book is bound in silk, stamp of white and gold. Attractive type, hand-made paper, photograph frontispiece. Price, \$1.00 postpaid. NOW's a good word. Edward Earl Purinton, Hill Park, Morgantown, W. Va.

MRS. S. E. SHOAF

Teacher of Scientific Palmistry

Readings Daily—Written Delineations from Prints—and Appointments.

Tel. Howard 746. Rm. 44, 305 Larkin, San Francisco

A NEW THOUGHT ALPHABET

With Definitions, Statements, and Affirmations

by HARRIET C. HULICK, B.S., B.D.

Only 25c. 1540 Mississippi Ave., St. Louis, Mo.

"The Hastings"

CLOTHING,
FURNISHINGS,
HATS

For Men, Boys, and Children

The Hastings Clothing Co.

MONTGOMERY COR. SUTTER

How to Train CHILDREN and PARENTS

Is a new booklet by
ELIZABETH TOWNE

Like no other book on the subject. New ideas and methods developed from her own experience. What she did with the Sequestration Cure and suggestion during sleep.

Practical, easy to apply, original, inspiring.

Ella Wheeler Wilcox says of it:

"IT IS GREAT. SEND ME FOUR COPIES. I wish every mother and father in America were obliged to get a copy or go to jail for ten days! I will speak of it in my column. It will help to bring the millennium."

PRICE 25 CENTS, postpaid
THE VANGUARD, Box N, GREEN BAY, WIS.

Food Studies

—BY—

GRACE M. BROWN

One Hundred Pages

One Hundred Receipts

One Hundred Suggestions

About food. VEGETARIAN, ORIENTAL,
VITALIZING and APPEISING food.

Price 25 Cents.

Address, GRACE M. BROWN,
Box 445. DENVER, COLO.

Don't Drug Yourself to Death!

Don't fill your stomach full of Nauseating Medicines. Send for my Non-Medicine Proposition. It cured others. It will positively cure you. It will give you Vim, Vigor, Health, Happiness and Joy.

Dr. D. A. Jackson, 2658 Market St., San Francisco

"Love is Power."

To harmonize your feeling of illness or worry with mine of health and prosperity, will create new conditions for you. Write me NOW with statement of your case, giving me such a fee as you are able to afford, in uniting your condition with the UNIVERSAL FORCE OF LOVE, through the absent treatment given by me. DO NOT DELAY. Address,

Frank M. Wilson, 250 Niagara St., Buffalo, N.Y.

Some PUSH Books:

The Socialist Primer.....	5c
Higher Lessons in Socialization.....	25c
Pictures of the Co-operative Common-wealth.....	5c
The Cost of Competition.....	5c
All About Heaven.....	5c
Hell, and the Way Out.....	5c
A Study of the Soul.....	5c
The Social Thought, 40 pp. monthly, per year.....	25c

PUSH PRINTING HOUSE,
RICH HILL, MO.

Free Booklets

ON
New Thought

PRICIPLES,



Explaining how I CURE PEOPLE here in my office of all kinds of diseases and correct bad habits, all by SUGGESTION and without medicines; and when they cannot come, how I cure them at their homes by telepathy and absent treatment. All sick people and those suffering from habits of any kind, no matter how hopeless the case may seem, should read these booklets. Our methods frequently cure after all others have failed.

Address GEO. C. PITZER, M.D.,
Maplewood Station, St. Louis, Mo.

IMPORTANT TO MINERS.

ORES READ AND ANALYZED; advice given as to value and the working of mines; the obstacles to success, and the direction of veins, pointed out by

PSYCHOMETRIC POWER

BY

MRS. MAUDE A. MILLER.

Mrs. MILLER was considered by Dr. J. R. Buchanan, the discoverer and developer of the science of Psychometry, the star pupil of his class, and by her powers she assisted him in the preparation of his latest books. He declared to his friends that she was the best psychometrist he had ever employed.

Her ability to psychometrize ores and to give accurate directions as to their value, which she has so often demonstrated privately, she now desires to place at the service of NOW readers, some of whom may need her advice.

It will be profitable for those who are contemplating any mining work or investment, to consult her before doing so.

Terms: \$5 with each letter. For value of ore, send small specimen. If ore is not obtainable, send consecutively numbered questions relative to subject upon which information is desired.

MRS. MAUDE A. MILLER,

600 SOUTH NINTH ST.,

SAN JOSE, CAL.

Clara E. Jewett✻

**PURCHASING
AGENT**✻

305 Larkin Street, Room 49.
Phone South 319.

Special Agent for

MINING STOCKS,
INDUSTRIAL STOCKS,
AUTOMOBILE STOCK,
NEWSPAPER STOCK,
SPIRITUAL LITERATURE and
NEW THOUGHT BOOKS.

Send Stamp for Circular.

Correspondence Solicited.
All Communications Confidential.

C. Mayo-Steers✻

**Trance Medium
And
Psychometrist.**

305 Larkin Street, Room 49,
Phone South 319.

Office Hours: 1 p. m. to 5 p. m.
Evenings by Appointment.

READINGS, \$1.00✻

PSYCHOMETRIC READINGS.
PSYCHIC DELINEATIONS.
DIAGNOSIS OF DISEASES.

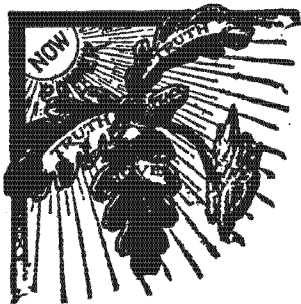
ADVICE BY LETTER, \$1.00.

P. O. Orders. Stamps accepted.

Correspondence Solicited.
All Communications Confidential.

From all Life's Grapes I press sweet wine.—

Henry Harrison Brown



NOW

A JOURNAL OF AFFIRMATION

VOL. V.

NOVEMBER, 1904

NO. 8

The Legend of the Signet Ring.

This tale is told of an Eastern king,
Who a legend sought for his signet ring.

His courtly wise men failed to find
Aught to please the royal mind;

So he sought a hermit old,
Who dwelt on Mount Circassia bold,

And asked of him a legend rare,
Such as only a king might wear!

The hoary hermit with his hand
Smoothed at his feet the silver sand,

Glanced at the king a moment, then
Wrote with his finger as with a pen.

The king returned; on onyx band
Had 'graved those four words from the sand.

One night from out the desert gloom
A robber sought the monarch's room.

The royal couch in stealth he found
And would have made a fatal wound;

But, glancing at his monarch's hand,
He read the legend from the sand.

His hand was stayed. Away he stole,
Praying Allah to guard his soul!

Burning before his 'wildered eyes,
He saw the words: *The dead shall rise.*

Across the river, deep and dark
Where Charon plies his mystic bark,

Is built a strong and mighty arch,
In view of all on their onward march.

Its corner stones are Truth and Love,
But on the keystone rich above

Is graven by the Heavenly King
The legend of the signet ring.

And whoso doubts, where'er he be,
The hope of Immortality,

Sees Faith, before his startled eyes,
Write there the words: *The dead shall rise.*

1880.

HENRY HARRISON BROWN.

Self-Confidence. * *

When called upon to diagnose the cause of any human ailment, I am always sure that it lies in lack of self-assertion, in non-use of the powers the individual possesses. No matter what the trouble, it arises from the "buried talent." Dying possibilities lie at the bottom of all Human suffering. One cause points to one cure.

The Human Soul, by Divine inheritance, is possessor of sufficient power in every direction to care at all times for its body and its environment. Whenever it does not so care, unhappiness, illness, poverty and failure result, not because the person cannot but because he does not care for himself. He does not express himself. Lacks self-assertion.

Each one is personally responsible for himself in every way. That he has not been so taught and so held, is the cause of all the evils in society. Till he is so taught, the desired redemption of the world will not come. Mental conditions determine not only each person's place in life but also his bodily conditions. The remedy, the universal panacea for all life's ills, is Self-Assertion—trust in Self. Each Soul is a center of POWER. That power, as

A man is rich in proportion to the things he can afford to let alone.—

Thoreau

176

individual power and to produce desired results, must be Self directed. If not so directed, it will manifest only as directed by outside influences. This individual want is a sign, not of lack of possession, but lack of use,—of expression. Power is within. If not let out, it has for us no value. Soul is motor power for the external life.

That Thought has directive power over the body is scientifically demonstrated by Professor Anderson in his muscle-bed which changes its center of gravity whenever the thought of its occupant changes attention from one part of the body to another. That emotions, which are subject to thought, affect the body, is demonstrated by the chemical analysis by Professor Gates of the perspirations taken from persons acting under forty different mental states. Prof. Gates has thus found that the most self-destructive emotions are those that arise in loss of self-confidence and self-respect; while the most helpful of all emotions he finds to be those that center in self-confidence and give rise to self-assertive conduct.

Herbert Spencer long ago said: "Life-giving acts are pleasurable." Thus is the claim of Idealism demonstrated:—**MIND CONTROLS BODY.**

The first necessity of health, be it of body, mind, social conditions, or estate, is Self-confidence. It is the one essential mental state for strength of character. There is no nobility, no success, without it. The "coming man" is self-reliant, self-sufficient, self-assertive, self-controlled. He will be fearless as God

is fearless. Self-control is impossible where fear is. Where there is belief in evil, fear must be. Man will assert that which he believes. Believing in evil, he will assert it in fear. Believing in Good, he will assert it in Faith. Therefore, the Affirmation with which to nerve one's self at all times is:—**ALL IS GOOD.**

In a fearlessness born of this faith in the All-Good, he is a free man. He who knows fear is a slave. Only in freedom can there be a normal expression of life. Fear represses; repression is disease. Unpleasant emotions repress the flow of life. Self-reliance and self-assertion give free expression. Expression is health and happiness. Therefore, the healthful, successful and happy man of the future will allow himself to entertain only pleasant thoughts, and feel only pleasant emotions. Under this thought of Self-sufficiency, he will assert himself fearlessly. *The world is ready and waiting for the self-assertive man; for the man who has confidence in himself.*

There is but one way to develop this self-confidence. *Live as you feel is best. Do as you desire. That is: Think and live from the Ideal.* Affirm the Ideal and act it fearlessly. Banish fear by doing *the thing you are afraid to do.* This is the only way. Do it now! Few persons are aware how they are controlled by fear until they begin to do as they wish, then they find that they are limited on every hand. "God will not reveal himself to cowards," says Emerson. Fear paralyzes; therefore, the only reme-

**The dependence of liberty shall be lovers;
The continuance of equality shall be comrades.—**

Walt Whitman

177

dy for Human ills is the abolition of Fear. This results from Affirmations of Eternal Goodness, of Courage and Self-sufficiency.

From this confidence in Self will arise that satisfaction which allows neither, excuses, explanations nor apologies. Begin *now* to act from from your Self, from your own desires. Keep your own counsel. Tell not your business. Explain not your conduct. If people do not understand you, so much the worse for them. Make no apologies:—What is good enough for you is good enough for any one. Make no excuses:—That you did a thing is your business. There is but one thing more weakening to character than the habit of making these concessions to others and that one thing is self-pity, feeling that you are the most abused person in the world. This last condition is moral suicide. Proper self-respect will keep you from all these.

Therefore, the place to begin growth in Self-assertion is here, the time is now, and the way is, do the thing that you fear to do.

From the mental attitude you thus cultivate will come health of body, business acumen and happiness. The Affirmation, I AM SELF-GOVERNED, is for you to use while cultivating this mental state.

* * *

It is a fruitful kind of study, that of men who do in very deed understand and feel at all moments that they are in contact with God, that the right and the wrong of their little life has extended itself into Eternity and Infinitude. Very clearly do I perceive that this is the highest condition of man. . . . It is at the bottom of my religion, too; I seem to understand that it will, in the essence of it, have to be all men's.—*Carlyle's Letters.*

RANCH PHILOSOPHY.

Change. * *

In the old, old town o' Jalaam Hill,
The men they toiled together,
An' life moved on in a peaceful way,
For all were birds o' a feather;
An' each man thought as his brother thought,
An' trod in his brother's path;
An' each man leaned on the good old book
As an old man leans on a staff.

In the old, old town o' Jalaam Hill,
They traveled the same old way;
In winter time they drew their wood,
An' in summer made sweet hay;
An' the men toiled hard from day to night,
An' the women from year to year,— [time,
While the young men hoped for a change some-
But the old held change in fear.

In the old, old town o' Jalaam Hill
Was born a child one day;
His heart was filled with the love o' men,
An' he trod the Lord Christ's way; [depth,
An' he drew deep thought from his Soul's deep
An' he freed his fellow-man
From his sheep-like life and his narrow way,
Unto action's glorious span.

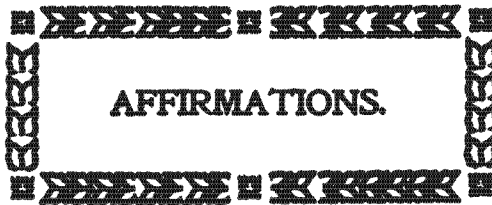
In the old, old town o' Jalaam Hill,
Each treads his own blest way,
An' each man toils from morn to night
An' laughs the live-long day;
An' the women croon as they rock their babes,
An' in joy they laugh an' weep,
That Man at last has issued from
The men who walked as sheep.

In the old, old town o' Jalaam Hill,
Each man his own thought thinks,
An' each man holds his brother's hand,
From his brother's tankard drinks;
An' each man leans on his own right arm,
An' trusts in his own life's book—
While out o' his brothers eyes and face,
He sees God calmly look.

—SAM EXTON FOULDS.

* *

CONCORD, N. H., October 5.—The legality of the practice of Christian Science in New Hampshire has been upheld by the Supreme Court of the state in a decision handed down in the suit of Mrs. Jennie Speed, of this city, to recover damages for alleged injuries as the result of treatment by Irving W. Tomlinson, a Christian Science practitioner. Mrs. Speed claimed that Tomlinson had failed to cure her and that her cure was greatly delayed by the time spent in taking his treatment. The case was decided in favor of the defendant in the lower court and was appealed. The Supreme Court now affirms the decision and dismisses the bill.—*Chicago American.*



AFFIRMATIONS.

An Affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in himself that mental state which is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.

Returning. * *

My word shall not return unto me void.—*Isaiah.*

I have sent forth my Thought. It has gone on its mission.

I have sent it as one sends a messenger. It will not fail me.

I have let it go and know that as the lightning knows its way so will Thought find its way to its mark.

My Thought has left me. I have forgotten what it was. But it has gone forth and it will return unto me freighted with results.

I sent it forth in faith. It will return to me with harvest.

My Thought, like all the forces in Infinite Energy, will complete the circuit and return to me again.

It will not change on its way, nor tarry, but will find conditions, or make them, to materialize itself.

I shall know mine own when it comes to me for it is the return of my thought.

I sent forth once a thought of hate, and it brought back hate to me.

I cried, "Hello!" once and the echo came back, "Hello." So with my Thought; it was hateful and returned to plague me.

I sent forth a thought of fear, and it came back with a fear that hurt me. I sent forth a thought of kindness, and it returned through the kind deed of a friend.

I sent forth a thought of Love, and it returned laden with messages that blessed me.

I sent forth a thought of Truth, and it returned with wisdom that saved me sorrow.

I sent forth a thought of Immortality, and it returned with healing that opened my senses to the fact that I am now immortal.

I have learned what Thought-vessels to send out upon the great main of Life. I freight them all with Love. No matter what port they win, they always return to me laden with Love.

I no more send out thoughts of ill, or hate, or anger, for I do not like the return.

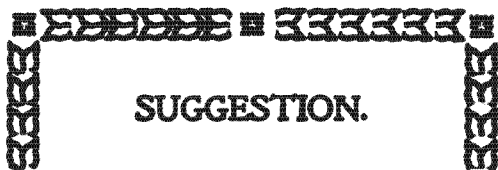
By Thought I build my universe. As I wish to live happily in that universe, I build only with Truth.

I am blessed by the thoughts that return to me. Not a thought has returned to me void. It has accomplished its mission. I welcome it for I know no returning wave can bring me aught but joy, because I send forth only joy.

All thoughts of Goodness, Beauty and Truth are the messages I send, and they return, brought to the ark of my personal life by the dove of Peace.

I send forth thoughts of health, and health returns.

Peace broods in my heart for she has built her nest of the thoughts she found and returned to me. I am Peace because I think peace.



THE LAW OF SUGGESTION is technically stated thus: I am that which I think I am.—In Bible language it is: As a man thinketh in his heart so is he.—In metaphysical statement it is: A person is governed by his conviction of Truth.

Lesson 8.

Self-Suggestion. * *

The real benefit of an understanding of the Law of Suggestion lies in its application to the daily life of the individual. Intelligent or ignorant, each individual obeys this Law. Consciously or unconsciously, each person controls his life through obedience to this Law. No matter what the event or its results, they have been determined by the individual's use of this Law to bring it about and to regulate its effects upon himself.

This is but saying that no event occurs in life unless it is preceded by some thought-conditions. Physical effects are thoughts materialized. Thought precedes conduct, and each thought concerning one's self is a Self-suggestion or, what is the same thing, an Affirmation. "I can" or "I cannot" precedes every effort, and this Affirmation decides every individual action. Decision is Self-suggestion. This fact shows the importance of this study. *I am that which I think*, is a true affirmation of myself. I am controlled by my convictions of truth. The saint and sinner, the priest and the criminal, each acts from his convictions. That which is truth to us controls our life. When our convictions change,

our life changes. These convictions are Self-suggestions. They are Affirmations.

Instinctively from childhood we have obeyed Suggestion and, not understanding the Law, have harmed as often as benefitted ourselves. The great amount of suffering of all kinds testifies to the potency of Self-suggestion. The many New Thought movements are all attempts to bring mankind to an understanding of the Law, so that by using it to desire, one may become Master of Fate.

I am that which I think I am. When this becomes a conviction, the person begins to control his thoughts. True, it is an old established fact that we must change our thoughts to change our life. No better illustration of the Law of Self-suggestion can be found than the admonition of Paul: "Whatsoever things are true, whatsoever things are honorable, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, *think on these things.*" It is thinking that makes the man. Humanity has known this from early times but only recently have we learned why it is, that "As a man thinketh *in his heart*, so is he." "In his heart" means conviction. That which he really thinks, is true. Thus thought is creative, and the world is that which we make it. Each person is to us that which we think him or her to be. Day and night, land and sea, are to us that which we think. According to our thoughts, do we use each person and thing. Experience, which is

The Arena of the new standpoint of Science is that of the pupil's own mind.—

Elmer Gates

180

experiment, causes us to change our opinions and convictions. Hotspur's is a common experience:—

Hang ye! Trust ye?
With every moment do you change a mind
And call him noble who was now your hate!
Him vile that was your garland.

While we think one noble, we treat him from that thought; when we think one vile, we so treat him. He is still, to himself, unchanged; we are changed in thought toward him. We act each time toward our own creation. Our mental attitude determines our conduct. Shakspeare causes Coriolanus to reply to the people who banished him: "I banish you!" We are to take this attitude toward every unpleasant condition: "I banish you." Then, instead of being vanquished, we become the victor by merely a change of thought, by a Self-suggestion.

I wish you to become convinced that circumstances change very little, but that human thought is constantly changing. Sun and sky, land and water, summer and winter, change little; but the mental attitude of individuals differ, and that of each individual constantly changes. When we feel happy, the sky is beautiful; but when we are "blue", the sky is black. Whittier, speaking in grief for the dead, says:—

There seems a dimness on the day,
Her smile no longer cheers;
A dimness on the stars of night,
Like eyes that shine through tears.

The external universe is therefore that which we make it through Self-suggestion. The morning too bad to go to school is just right for the schoolboy to fish. The wood that is so difficult to bring into the house is light compared with the load the lad carries at play. The labor on

the farm is easy in comparison with the base- and foot-ball games. What makes the difference? The Mental Attitude. The Self-suggestion, "I love the game!" "I love to fish!" "I don't want to work!" "I don't love to study!" changes conditions in the person, and circumstances are changed. Mark Twain, like all observers, realized this when he caused Bob Sawyer to sell the privilege of whitewashing the fence.

Every day you may see evidences of this power of Self-suggestion to make people happy or unhappy, and and through these mental conditions causing health or illness.

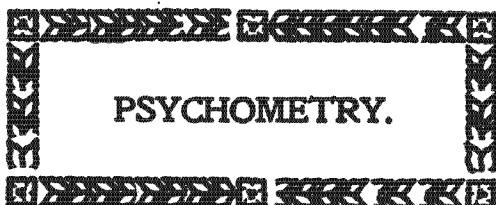
These Lessons have for their purpose the development in you, through intelligent study, of the power to decide what thought you shall hold, and the perseverance necessary to concentrate upon it. When you have learned the Art of Self-suggestion, you have learned to control your life. *I am that which I think I am.* Now what shall I think? Joy! Health! Supply! Success! When shall I think it? Constantly. Never let the opposite enter your mind. Think it through Will until you think it from habit. When you have formed the mental habit of looking on the bright side, there is none other. When you have formed the habit of thinking health, there is no illness. Chronic diseases are but mental habits. Change the thought and create a new mental habit, then you are healed.

(See my book entitled "Self-healing through Suggestion" for a more extended treatment of this Principle.)

The power of the Higher Life is the power of the Higher Thought.—

Francis Ellingwood Abbot

181



PSYCHOMETRY is the Science and the Art of recognising and interpreting sensations not recognisable by the five senses.

Lesson 8.

Sensing Physical Conditions.

That the human body possesses something akin to radio-activity that will heal, is a well attested fact.—Henry Harrison Brown, in "New Thought Primer."

The psychometer is only more conscious of this influence in consequence of the peculiar sensitive organism. For Psychometry may be defined to be the sympathetic state, and the interior sensations belong to it. All may be affected in as great a degree. * * * There is a law here but imperfectly understood, and not generally recognized, but which can be turned to good account.—Rev. W. F. Evans, in "Mental Cure." (1879.)

Familiarity with Vibration has taught you that the octaves from which you may recognize sensations are extensive. They include those from the physical, intellectual, psychical (Soul) and spiritual realms of manifestation. You may, in coming into psychometric rapport with a person, sense his bodily conditions (mental conditions which have materialized in his body), you may sense his thought, you may sense his soul unfoldment, or you may pass entirely beyond his individuality and sense him purely as Spirit.

When you sense his bodily conditions, you will sense any physical conditions he is in, and thus be able to tell him his aches better than he can himself. They are reflections in you of prevailing mental states in him. At one of Mr. Foulds' telepathic seances, he requested them to imagine a pain in some part of

the body of some person present. They selected a gentleman's knee for the location of the pain. He entered the room and went to a lady and touched her and remained there, declaring that was the place. The lady was a sufferer from a constant pain in the portion of the body he touched, though but few present knew of her trouble. The thought of the real pain was stronger than the thought of the sham pain, and he felt the real. This illustrates not only how the psychometer takes conditions, but how they are spread through a family or a community by mental contact.

Most likely you will first realize your sensitiveness on this plane and in the protective power this knowledge gives, you will find immediate reward for your attention to these lessons.

Practice until you convince yourself that the human body does transmit rays, and that you can and do feel them. They are possibly the n -ray of the scientist. Once this fact becomes familiar, you will as instinctively protect yourself from unpleasant rays as you now protect yourself from any danger in walking along the street.

By understanding and developing your psychometric powers, you are learning the art of self-protection by learning not to recognize any unpleasant sensations. When not recognized they are, as far as you are concerned, non-existent. Because you can sense the pains of another, you are led to the recognition of the fact that you can feel sympathetically with another any mental condition. Thus you learn that you are

submerged all the time in a sea of vibrations, consisting of the feelings and thoughts of all humanity, and that you are, at all times, more or less subject to them. Only by understanding your power to select or ignore, can you protect yourself from those that work upon you unpleasantly. This selective power lies first in your faith in the All-Good, and then in living in that thought of Goodness. No thought of an unpleasant nature can touch one who lives in the faith of the All-Good.

Therefore your protection lies, first of all, in the knowledge of Unity and in affirming that Unit to be Good and all Its works good. In this faith, you are to be fearless in your conduct and in your investigation.

The next step lies in the knowledge that you, by selective power, can choose the pleasant. The Law of Suggestion has control here:—*I am that which I think I am.* Think protection, and you are protected. Think selection, and you select. Think individuality, and you radiate positively and protect yourself. In the fact of sensing the pains of another, lies the explanation of magnetic healing. You radiate forces that silently impregnate the atmosphere of others. They can be centered upon another by thought and by touch. When centered by touch you cure by what is called "Magnetic Healing." When centered by thought, it is "Mental Healing." When you teach, it is cure by Suggestion. All these are but the different methods of centering your Soul-forces upon another and awak-

ening by this inspiration that other's soul forces into activity. Psychometry covers the whole range of spiritual manifestation.

Realizing the truth of the above statements, you may now test yourself. Sit by or take hold of the hand of your friend, and see what physical sensation you feel. Then tell him where he has a pain. The fact is, he thinks pain there and to him it is there, but to you it is a thought in his mind. It is not the time to educate him; you are now educating yourself. Learn to attend to your business. An important rule for you is: *Mind your business.* When it is time to attend to your business, concentrate upon that. Later it will be your business to educate others and to heal.

After a little practice you will sense immediately the feelings of those whom you will.

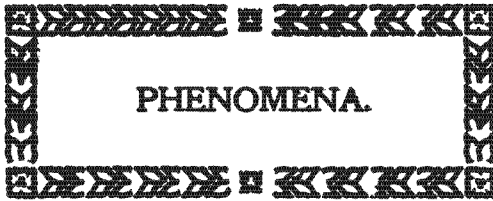
In this practice you are also learning a most important lesson; i. e., to relax at will and to feel at will what you choose. Until you relax, that is, lay aside all your own feelings and thoughts and become a mental blank, you cannot sense another. This power to relax gained, you can use it to wipe clean the mental slate, at will, of any worry, fear, or pain, and suggest to yourself any sensation you wish, by following directions in my little book on "Self-Healing through Suggestion."

To learn to recognize and interpret sensations not recognized by the five senses, is to gain control of the sense life and to make yourself, as far as you have this control, Master of Fate.

The Soul is pilot gray on the sea of Lore,
Where barks of Touch are sent from every shore.←

J. W. Powell

183



PHENOMENA.

Thought Transference. * *

Such demonstrations of telepathic power, as given at "NOW" Office by Sam Exton Foulds, are a source of wonder to the investigator along psychic lines. His examples of telepathic and psychometric impression are unparalleled in the history of psychic research. This is one of the experiments given Sunday evening, November 27, 1904.

The committee conducted the psychic to a room in another part of the building where his eyes were securely fastened with adhesive plaster and then covered by two heavy bandages. A member of the committee stayed in the room with him.

The committee then selected an ornament hanging on the wall for him to describe. The audience looked at the ornament to get its design and color firmly fixed in their minds.

The psychic was then conducted into the room and placed before a blackboard. With great rapidity and no hesitation, he drew a good sketch of the ornament upsidedown.

The ornament was a plaque on which three cats rested, with a boat painted in the center, and threaded around by a blue ribbon.

After drawing the ornament the psychic described it thus. "I see something blue, also something black. I get an impression of water.

Such experiments prove the Unity of Mind and the transference of thought. How true are Emerson's words: "There is one mind common to all individual men." Thought is Power.

* * *

A Wife's Telepathic Message.

About four years ago, while living in Baltimore, my husband was required

to make a business trip to New York. I did not hear from him for a week, which was rather out of the ordinary, as he is a careful correspondent. One evening I found myself sitting alone, hour after hour, with only a dull consciousness of being in an unusual frame of mind. At 11 o'clock I arose to retire and stepped across the threshold into the next room. As I did so, I involuntarily lifted my foot for it seemed to me as though I had stepped upon a vibrating wire, and at the same moment the whole room became filled with the sound of my husband's voice. It was inarticulate and unusual in quality, but instantly recognizable, and I was reminded of the one only time I had conversed with him over the telephone.

I fled up stairs in terror, wringing my hands and sobbing, "Oh, something has happened to him, something has happened to him!"

In the morning a boy called with a note from my husband's employer stating that he was about to leave for New York, as my husband was ill in a hospital. Had I any word to send? By degrees I learned that he had been attacked with appendicitis at the St. George hotel and taken to St. Vincent's hospital in an ambulance. —*Aloysia, of Cranford, N. J., in Progressive Thinker.*

* * *

Gladstone not long before his death addressed these words to the secretary of the Society for Psychical Research: "You are engaged in the most important work in the world—by far the most important. I am a member of that society, and I do not simply believe in telepathy, I know that it exists. I think that I am not wrong in saying that this opinion is also held by such eminent men as Prof. James, Sir William Crooks, Sir Oliver Lodge, Dr. A. R. Wallace and many other men equally distinguished in scientific research. It seems to me that the S. P. R. has scientifically demonstrated beyond doubt the existence of telepathy."

New Thought Convention.
NOTES.

The Convention of the New Thought Federation in St. Louis, October 25 to 28, was the largest and most representative gathering of New Thought people ever held. Delegates were present from a majority of the states and from Cuba, Canada, and Mexico. Owing to other attractions, the local attendance was comparatively small. It was also a gathering of influential, active, faithful Truth-lovers and Truth workers.

The business sessions were held Wednesday and Friday mornings and two on Friday afternoon. It is to be remembered that previous conventions and labor had been but preliminary. All previous work culminated in the organization of a New Thought Federation. Next September the first convention of the *real* Federation will be held, but out of courtesy to previous meetings it will probably be called "The Fifth Annual Convention." Mrs. Gestefeld, vice president of the preliminary organization, presided gracefully and very satisfactorily during the whole session.

Committees on Constitution and Resolutions were appointed and the Constitution prepared by the old Board, after some important changes, was adopted.

Article III. in the proposed constitution having the nature of a declaration of Principles, was declared out of place in a Constitution. It was stricken out and ordered printed as a leaflet, entitled "The Significance of the New Thought." It is to be found elsewhere in this number of NOW.

Among the resolutions adopted, these four are of universal importance:—

Resolved, That we hereby affirm the inherent right of each individual to employ for himself, without let or hindrance, such healer or therapeutic agent as he may desire and prefer.

Resolved, That the New Thought Federation, believing in the Brotherhood of Man, and therefore in universal love and service, most heartily endorses the work of the Universal Peace Alliance; that the President of the United States be encouraged in promoting the effectiveness of the Hague Tribunal for the establishment of peace among all Nations; and we confidently look for the fulfillment of the prophecy, "They shall beat their swords into plow shares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more."

Resolved, That we declare our approval of the aspirations and efforts of the workers of the world toward freedom and justice; that we earnestly encourage and second the forward movement of sincere and earnest men and women in the ranks of social reformers designated to bring in industrial equity, peace and lasting welfare; that we earnestly invite the attention of employed and employer, of reformers and legislators, individuals and organizations, to the help offered by the New Thought teaching toward the solution of social and economic problems.

Resolved, that we extend hearty greetings and good-will to the Industrial Council of Women, now in session in this city. The New Thought hails with joy the coming of woman into a realization of a larger life, not in competition, but in loving co-operation with brothers. We welcome and are one with the organized womanhood of the world in the aim and endeavor to bring in the sacredness of motherhood, and to lay broad and deep the foundation of that ideal home in which men and women, dwelling in mutual love and perfect trust, shall bless the world.

The officers of the Federation for the year ending September 30, 1905, are: President, Henry Harrison Brown, of San Francisco, Calif.; Vice President, Dr. D. L. Sullivan, of Rosedale, Kan.; Secretary, Rev. John D. Perrin, 4606 W. Morgan St., St. Louis, Mo.; Asst. Secretary, Charles Edgar Prather, of *Unity*, Kansas City, Mo.; Treasurer, Dr. J. W. Winkley, editor of *Practical Ideals*, Boston, Mass.; Auditor, Carl Gleaser, Kansas City, Mo. Board of Directors: Charles Filmore, editor of *Unity*, Kansas City, Mo.; Mrs. M. E. Cramer, of Divine Science College, and editor of *Harmony*, San Francisco, Calif.; Paul Tyner, of New York City; Vivia Holt Leeman, of Home of Truth, Holton, Kan.; Prof. S. A. Weltmer, proprietor of the Weltmer Institute, Nevada, Mo.; Mrs. Della Whitney Norton, Divine Science teacher, Minn-

neapolis; A. P. Barton, editor of *Life*, Kansas City. The Advisory Committee is to be appointed and Mr. Prather was instructed to select them. On this Committee, the various sections of United States will be represented and by as many schools of New Thought as is possible.

The election of the officers was a difficult matter. It was the feeling of the Convention that we should have an active working Board, composed of those known as representative men and women. Mr. Brown was approached on Thursday noon with the suggestion that he allow his name to be offered as President. He most positively declined. During the rest of the day representative men and women presented urgent reasons why he should, for the good of the movement and the success of the Federation, allow his name to be used. Finally, upon the promise that the various factions would unite in a common support of him and the Federation, he consented. At the business session, twenty-five other candidates were proposed but none of them would run, and so Mr. Brown was the unanimous selection of the Convention.

The other officers were the spontaneous selection of the Convention in open meeting. Others nominated declined, and if the central section has more representatives than any other portion, it is because no one from those portions would allow himself to be elected. A member of the official Board was desired from Washington, D. C., and another from New York City. As it is, there is a crystallization most beautiful of workers about a central city. Truth knew what it wanted. Not a member of the present Board desired or expected the place and yet, had a committee canvassed the situation and made selections, no better, more capable, or more active Board could have been selected. Mr. Perrin, the secretary, upon whom the most of the work will devolve, was chairman of the St. Louis local committee and the success of the

Convention is due to his untiring efforts. The present Board consists of one from Boston, one from New York, one from Minneapolis, one each from St. Louis and Nevada, Mo., five from Kansas City, two from Kansas towns and two from San Francisco. The Board is also truly representative as to the various schools.

One remarkable feature of the convention and of the members of the Board, no limitations in Truth were recognized. The utmost harmony of Spirit prevailed. The only differences manifested were concerning the *best* way to bring about one common desired result; i. e., unity of action with utmost diversity of opinion. The constitution as adopted is satisfactory to all.

By action of the Board, St. Louis is made headquarters. There will be quarterly meetings of the Board at which all questions and work will be discussed. It is proposed that there be active propaganda and missionary work during the year. At the January meeting the Board will decide the place of next meeting. The following cities have invited the Convention: Buffalo, N. Y., Niagara Falls, Milwaukee, Nevada, Mo., and Kansas City. The Board will still receive invitations and suggestions and, ignoring local considerations, will select that city which it is believed will be best for the Federation and of greatest national benefit. All communications relating to this matter should be addressed to the Secretary, 4606 W. Morgan St., St. Louis, stating what will be done in matter of meeting expenses, etc.

The following well known authors and teachers addressed the Convention:—

Rev. R. Heber Newton, New York, upon "The Significance of the New Thought Movement."

Rev. J. D. Perrin, St. Louis, "What Makes New Thought New."

Eugene Del Mar, New York, "Society and the Individual."

M. Woodbury Sawyer, Boston, "God and Man and their Inter-relations."

Miss Anita Trueman, New York, "The Coming Race."

**To a good man nothing is evil, neither when living
nor when dead.—**

Socrates

186

- Rev. H. H. Schroeder, St. Louis, "A New Life, the Result of the New Thought."
Harriet H. Rix, Alameda, Calif., "The Divine Gift."
Myrtle Filmore, Kansas City, "New Thought Children."
Miss Eva Augusta Vesceilius, New Jersey, "Healing through Musical Vibrations."
Henry Harrison Brown, San Francisco, "The Call of the Twentieth Century."
Dr. D. L. Sullivan, Rosedale, Kan., "I Am. It Is. I Can and I Will."
Miss Emma Gray, Washington, D. C., "Discern the Voice of the Spirit."
Joseph Stewart, Washington, D. C., [Editor of *Realization*], "The Subliminal and the Personal Selves."
Prof. S. A. Weltmer, Nevada, Mo., "Suggestion and the Teacher."
Mrs. Fannie B. James, Denver, "The Principles of Universal Life."
Mrs. C. Josephine Barton, Kansas City, "The Aegis of True Liberty."
Charles Edgar Prather, Kansas City, "Your Twelve Apostles."
Judge H. H. Benson, Kansas City, "Joyousness."
Charles Filmore [Editor of *Unity*], Kansas City, "Unity of Religion and Therapeutics in the New Thought."
Rev. Helen Van Anderson, New York, "Opportunities of Parenthood."
Henry Frank, New York, "The New Thought and Recent Discoveries in Science."
Margaretta G. Bothwell, New York, "Children's Rights."
Mrs. Georgia I. S. Andrews, New York, "Hereditry."
A. P. Barton [Editor of *Life*], Kansas City, "Social Significance of the New Thought."
Caroline S. Wolfe, Chicago, "Relations of Parent and Child."
Paul Tyner, New York, "Individual and Institution."
W. J. Colville, England, "The New Thought and Universal Peace."
Mrs. Ursula N. Gestefeld, Chicago, "Curing and Healing."

LeRoy Moore led the audience in much congregational singing and he may well be called "The Sankey of the New Thought." Many fine solos were rendered by local musicians. Mr. Robert Owen, of St. Louis, presided ably at the piano as accompanist. All the addresses were stenographically reported. They will make a volume of 250 pages the size of NOW. A copy will be mailed upon publication to

each member of the Federation. All extra copies will be sold at \$1 each.

There were two tables for literature in the hall, one where free matter was distributed and one where the leading journals and New Thought books were sold. Mrs. T. B. H. Brown had charge of the latter and gave universal satisfaction. This method of distributing free matter relieved the rooms of unnecessary noise and clatter and proved very satisfactory. There was a noticeable absence of the money-grabbing spirit so common at conventions. No one was urged to buy.

Many workers, unable to be present, sent pleasant greetings. Among them were: Harry Gaze, Henry Wood, and Evelyn Arthur and Agnes Chester See.

A Healing Meeting was held Friday afternoon.

Thursday p. m. was devoted to an informal reception. Refreshments were served by the local committee. The delegates devoted the afternoon to becoming acquainted. It was a season of much social enjoyment.

Miss Anita Trueman, of New York, in behalf of the G. A. R. and Ladies' Relief Corps of St. Louis, presented to the Federation, in an able address, the "Peace Flag." It is an American flag of fine silk with a white silk border on its four sides, and a white silk pennon with the words, "Peace to all nations." It was the flag of the Convention during its last two sessions.

The Purposes of the Federation are succinctly stated thus in Article II. of the Constitution:—

The purposes of the Federation are: To promote the better and wider knowledge and appreciation of the unity of all life, and to assist in the manifestation of this unity by means of co-operation; to stimulate faith in, and study of, the higher nature of man in its relation and application to health, happiness and character; to secure to the individual his rightful liberty in his choice of therapeutic methods; to foster the New Thought movement in general; to publish such literature as may be found advisable; and

The True Incentive to a useful and happy labor must be pleasure in the work itself.←

William Morris

187

to take an active part in matters appertaining to education along the lines proposed. In accomplishing these purposes, the Federation in nowise shall interfere with, infringe upon, or be responsible for the teachings and interpretations of affiliating individuals or organizations.

The following was adopted by the Federation as a statement for the public of the Significance of the New Thought:—

That One Life is immanent in the universe, and is both centre and circumference of all things, visible and invisible; that every soul is divine, and that, in the realization of this truth, each individual may express and manifest his highest ideals through right thinking and right living. These statements are tentative and imply no limitations or boundaries.

Much of the success of the Convention was due to the effective work of the local committee, and when it is taken into consideration that the World's Fair was the dominant thought of the city and every person was devoting himself to the necessities that brought, the great work done by the local committee will be fully appreciated.

Mrs. M. E. Cramer was on the program for an address but was prevented by circumstances from being present at that session, to the disappointment of her friends.

Many inquiries were made for J. Stitt Wilson and much disappointment expressed at his absence.

Mrs. H. H. Rix, of Alameda, was one of the most genial and pleasing of speakers and it is the wish of the Executive Board that she be on the Advisory Board of the Federation.

T. G. Northrup, whose efforts made the Chicago Convention of a year ago a success, was warmly welcomed by his friends and could easily have been chosen President would he have consented. It is now hoped he will accept the vacant position on the Executive Board.

Among the old friends who greeted me was Mrs. Dillingham Stores ("Dilley")

of Hartford, Conn. As she returns to her home, the inspiration of the Federation goes with her and I expect a good "center" in Hartford as the result. We worked together twenty-five and thirty years ago and it was good to grasp the hand of one who had also "marched on" with me.

Paul Tyner is a power in himself and was a most efficient worker in committee and personally among the members.

C. W. Burrows, M. D., of Detroit, was another friend of twenty years ago who had kept step with progressive thought and who promised to conduct a center in his city.

The Convention owes much to Charles Edgar Prather, business manager of *Unity*. He combines with his New Thought demonstrations fine business talent and executive ability. He was chairman of the Committee on Resolutions and the fine Constitution adopted owes much of its clearness and liberty to his revision.

Jesse M. Barbee, "a young man fresh from the cotton fields of Oklahoma," as he called himself, was a concentrated dynamo of enthusiasm and stirred up the slumbering embers in the lukewarm. He stopped in St. Louis to start a center for healing and distribution of literature. All success to you, Brother Jesse.

John H. Rippe, of Kansas City, teaches Divine Science in German and English. He was a good worker at Convention. He took my lessons in Kansas City and works kindly with all the centers in that city.

Too much crowded with work to make notes at the time, I ask pardon of all whom I would like to publicly recognize, for I have made history so fast since the Convention that I cannot recall its details save as a distant memory. It is stamped on my memory and is a fitting prelude to the glories of the Fair and the fairy dream of my last evening on the lagoon.

When'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.←

Edith M. Thomas

188

OFFICE OF NOW
1437 Market street, San Francisco, California

NOVEMBER, 1904

NOW,

HENRY HARRISON BROWN,
EDITOR.

A monthly Journal of Positive Affirmations.

Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is: — Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.

SUBSCRIPTION RATES.....\$1.00 per year
Single Copies, 10 cents.

ADVERTISING RATES.....\$2.00 per inch

Send money in bills, P. O. Money Orders payable to "Now" Folk, San Francisco, Express Orders, in silver or bank drafts. Postage stamps (1c and 2c only), for parts of the dollar when more convenient for sender.

Foreign subscribers, outside of Canada and Mexico, must add 25c to the ordinary subscription price to cover postage. Do not send foreign P. O. stamps.

Entered Jan. 8, 1903, at San Francisco, Cal. as 2d class matter, under Act of Congress of March 3, 1879

My visit to the Convention was made most enjoyable by the warm welcome of so many of our NOW subscribers and readers of our books. Such words of appreciation and warm hand clasps, and the realization they brought of good done, is the most satisfactory return possible for my work. Now I know that when next Convention meets there will be a mighty army of NOW friends to welcome me, for the impetus there given Truth and my personal efforts will bring them.

Many subscribers were obtained for NOW at the Convention and many under its inspiration have sent their subscriptions direct to the office. Orders for our books also have been largely increased thereby.

As I pass in time from the Convention, the magnitude of the Federation grows upon me. It took me days to come into the vibration of California's giant redwoods. So the magnitude of the Federation grows upon me. I cannot conceive that history has record of anything so momentous. Truth is the only Power. "Ideas rule the world" and here for the first time in the world's history representative men and women gather, understanding the power of ideas and trusting in them alone to redeem the world. "Sowers of the Word" met to sow, to send forth sowers of ideas, knowing the Power of Thought. It is not a blind faith, not an enthusiasm, not a religious awakening, but a calm, scientific faith in ideas as steadfast as the scientist's faith in Law and the mechanic's faith in Power. The Federation holds in its hands the destinies of mankind and is moulding the fate of men and nations by its Affirmations of Truth. These affirmations are Ideas. Accepted, they become Ideals and, through Auto-suggestion, control destinies. Could my readers realize for one moment the Power of an Idea, they would not hesitate to join the Federation that the Idea of Unity might possess them, and thus become *one* with all who hold that idea and also be a co-worker in thought with us. Had a full conception of the magnitude of the Federation dawned upon me while there, I would have passed the cup of service from me and another would have to be its President. Now that it is done, I will not look back, but will, with the courage of my convictions and the

**Obstruction is but Virtue's foil.
The Stream Impeded has a song.—**

Ingersoll

189

co-operation of such an army of co-workers, make our organization felt as a Power for Truth. I expect every NOW reader to join the Federation, and "NOW" Folk have already offered inducements for every member to become a NOW subscriber.

One thing that impressed me very strongly at the Convention was the good taste in the dress of the ladies. None of them dressed for show. None by their dress attracted attention. Not a lady speaker detracted from the beauty of her thought and the expression of her face by distracting attention to her costume. Earnestness, sincerity, sweetness, needed no train, no jewels, or furbelows. Tastefully, so tastefully that you forgot the costume. So appropriately, were all the ladies dressed who welcomed me that I no more now think of their costumes than I do of the plumage of the bird whose song charmed me. I was not so proud of anything as of the good sense the New Thought ladies displayed.

It was a rare pleasure to meet so many of the public workers as I did in St. Louis. One remarkable fact was the ease and simplicity of manner. The stiffness, primness, dignity, aloofness, coldness and consciousness of self, so conspicuous in ordinary gatherings, was missing and it was like the gathering of old friends in the old home.

The youthfulness of many of the workers with whom I have associated the thought of years surprised me. "Except ye become a little child," had been accepted as the

key to the kingdom. I would like to tell you my impressions of each of them, but have not space or language. I fell in love with them all and found, as we came together, that each of us held the same truth and did not differ in opinion. It was a difference only in the language symbols used for the same thing. "Unity" was the watchword of each one and that unity *now*.

While I have no authority to speak or in any way bias the action of the Official Board in their decision as to place of next meeting, I do wish to call attention of the Federation to the fact that it takes us of the Pacific Coast three and one-half days and heavy railroad fare to reach Kansas City, while we must add still more if we go farther east and take more time. Time is an important factor with delegates. I am sure all Western members will be glad if that city, or one relatively situated, shall be chosen. Send in your suggestions.

It was the intention of "NOW" Folk to publish in pamphlet form the editor's address at St. Louis upon "The Call of the Twentieth Century," but as the Federation is to print all the addresses in its report, we shall not do so. All NOW readers can receive that address and all the others by joining the Federation. Fee, \$1.00.

NOW is *not* the official organ of the Federation, but it is my organ and through it I will do all I can for the Federation. All notices, appointments and Federation matter will be given in its pages.

Hold your Thought, your Mind, your Will in Principle and you will succeed.—

Eva C. Hulinz

190

Federation Notes. ❦ ❦

[New Thought journals, and all others in sympathy with Federation, are requested to copy these items.]

A quarterly meeting of the Official Board of the New Thought Federation will meet in January in Kansas City. All who have any matter they wish the Board to consider should send the same to the Secretary, Rev. J. D. Perrin, 4606 W. Morgan St., St. Louis. At this meeting, the Board will determine where the next Convention will be held. Invitations from different localities are solicited. Give definite details as to what the local committee will do as to hall, expenses, etc.

Vacancies will be filled, an Advisory Board determined upon, arrangements made for publishing the Report of the last Convention, propaganda and missionary work. Suggestions solicited.

The President of the Federation, Henry Harrison Brown, of San Francisco, editor of NOW, will make a tour through California during the winter and start east in the Spring on a tour to include the year, during which he will try and visit most of the states. New Thought centers are requested to confer with each other and with him as to Union Meetings in their community.

Note well that by terms of membership in the New Thought Federation each one possesses full liberty. The Purposes, as stated in previous article, are:—

The purposes of the Federation are: To promote the better and wider knowledge and appreciation of the Unity of all Life, and to assist in the manifestation of this unity by means of co-operation; to stimulate faith in, and study of, the higher nature of man in its relation and application to health, happiness and character; to secure to the individual his rightful liberty in the choice of therapeutic methods; to foster the New Thought movement in general; to publish such literature as may be found advisable; and to take an active part in matters appertaining to education along the lines proposed. In accomplishing these purposes, the Federation in nowise shall interfere with, infringe upon, or be responsible for the teachings and interpretations of affiliating individuals or organizations.

The conditions of membership are thus stated in Article VII.:—

Any person in sympathy with the purposes of the Federation may become a member thereof on payment of annual dues of one dollar.

Every person emancipated from old limitations are invited to find comradeship, home and work with us.

The Convention closed by singing the two following stanzas from No. 2, of "Truth in Song," and the President requested that they be made the Federation Hymn during the year, that they be sung at all meetings, and that the thought of "Universal Peace" be held at every noon hour. Words and music will be sent to all who send a two-cent stamp to the Stockham Publishing Co., Chicago, Ill.:—

God is Love! That Love surrounds me,
In that Love I safely dwell;
'Tis above, within, around me,
Love is mine and all is well.
God is Love, sweet Love!
God is Love, sweet Love!
That Love is mine—mine,
And all is well.

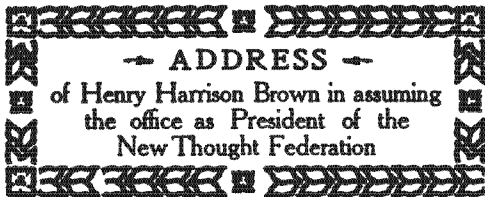
God is Peace! That Peace surrounds me,
In that Peace I safely dwell;
'Tis above, within, around me,
Peace is mine and all is well.
God is Peace, sweet Peace!
God is Peace, sweet Peace!
That Peace is mine—mine,
And all is well.

FEDERATION—Notice the word. It means a union of separate bodies. The NEW THOUGHT FEDERATION is *not* an attempt to organize, define, or limit New Thought. It is a union of workers for more active work. No individual in Federation forfeits, or is limited in, the liberty of speech or work along individual lines, but each in Universal Love has broadened his work under the thought of the Unity of Truth, thus making a compact army of propaganda for the enlightenment of a common humanity. The word "FEDERATION" was chosen because of this meaning and the old thought that went with the word "organization" is ignored, outgrown and outlived.

I, grateful, take the good I find;
The best of now and here.←

Whittier

191



[From notes of the official stenographer.]

Chairman Mrs. Gestefeld: In the absence of the retiring president of the tentative and experimental Federation, and in the presence of the newly elected president of the permanent Federation, it becomes my duty, after having presented this newly elected president to you, to turn over to him the conduct of this meeting. Before doing so, however, let me say a word to you.

When the members of this Federation elected a man to fill the chief office, and men and women to fill the other offices here today, there was a sacred obligation resting with yourselves to give those officers, one and all, your cordial and loyal support and sympathy. Having elected them, trust them; trust them with all your hearts; give them the benefit of your brains if they desire it; do everything in your power to sustain them in the offices in which you have placed them; feel that it becomes a point of glory to do everything that you can do to make their administration of the affairs of this Federation a great success.

In now present to you the newly elected president, Henry Harrison Brown.

President Henry Harrison Brown addressed the Convention as follows: To the retiring officers, to my Brothers and Sisters, I cannot say I thank you, for the burden is too big. I will wait a year and, when I shall have unfolded to the stature of the President of the Federation, then I will thank you for the opportunity of growth. Now I accept with all the humility of a child this most responsible position, and all I can say to you is—

"God is Love, that Love surrounds me,
In that Love I safely dwell."

And in that love I bless you, and in that love we will trust the welfare of

this Federation. I wish to say to those of you to whom I spoke when I was nominated: I hold you responsible for everything that is done by me, or under my advice, the coming year. I asked you to consecrate yourselves to Truth, and in the silence to give your vote, and if the Spirit of Truth through you said: "You are the one, the Moses to lead us!" I would accept.

You have spoken. *Vox populi, vox dei.* It is the voice of God calling the young Samuel; and he answers, "Here am I." Now I ask each one of you who are members of this Federation of the New Thought to give me each day the treatment that you know I need, as you would need it if you were in my place; and I ask this of each one of you, who elected me to this position and have compelled me to take it. I expect you to consecrate yourselves to the work. Understand, I am vicariously doing that which you would not do. You refused this position when it was offered you and I have a right to expect the conscious, cordial support of every one. I would not stand in this place if you had not placed me here. I have no more doubt that you will sustain me than I have that God has spoken through you. God in the Spirit of Truth will be with us, and you will sustain me in making this Federation the greatest power for good our country has ever known.

We know the power of thought. From this time on, each one of us will think "Peace to the world, good-will to men." We will consecrate ourselves to that peace and to the success of all good institutions. You will do it. You cannot help doing it, for you have spoken.

The soul in you knows and rejoices for the success of this meeting. There has been nothing but harmony. There has been no discord, for you all know that when we have differed in opinion, our hearts has been full of love. There has not been an ill-feeling in this convention. We have sunk our personality, and for Principle we have spoken, for Principle we have voted;

**All outward wisdom yields to that within,
Whereto no Creed nor Canon holds the key.—**

Bayard Taylor

192

and, now that the question is settled, we are one, heart and hand, for the upbuilding of the Kingdom of Good in the world.

The little waves on the surface of the Pacific are nothing to the still calm below; and the little waves on the surface of this convention during our election are nothing to the deep, still calm of the soul. When I have been obliged to differ with you, I have loved you most. Not that I love any one less, but because I love Principle more, I was compelled to differ. The difference was not in my heart, but was merely a difference in the perception and application of Truth.

I also know that you will give every officer of this association the most cordial support—I would not say *will* give it, you have *already* given it by your love of Truth. You cannot help giving it any more than you can help giving love to your child. It is mine; it is yours.

And now another thought: I wish you to understand that you have caused a great transformation in the past few hours. I was a member of the Federation and had my individual opinions and spoke them. Now you have transformed me into the voice of the Federation, and on this platform and in any work I do for the Federation, Henry Harrison Brown is *non est*. I, as a personality here, do not exist. I have no individual opinions to impress upon the Board of Directors. I simply stand as your representative, carrying out the principles you have announced in your constitution, in your resolutions, and your votes.

Outside of the Federation, in my own private work, in my magazine, I shall be an individual and give my individual expressions, but they shall never be forced upon the Federation, and in the name of the Federation I will never use one thought which I do not believe you will all assent to. Do you understand that I, in coming before you, am the incarnation of the Federation and Henry Harrison Brown is *non est*? Please understand that, my friends. I

am in the habit of telling the truth. I am in the habit of doing the work earnestly that Principle gives me to do. I have my own individual work; I have my own positive sentiments, but I accepted this position as your representative and, as your representative, I have no right to encourage a single movement that I think will not strengthen you still more. Will you understand, will you believe me, and will you support me in that thought? I want you to say something. I want you to speak. Will you sustain me as your representative and believe that in everything I do, I am working not for Henry Harrison Brown individually, but I am working as the representative of truth for this Federation? [Many voices answered, "We will."] Then believe me, I may make mistakes, they will be of the head—never of motive. I will do everything to strengthen the New Thought lines, and I want you to help me every day by opening up the ways.

I want to say to you that the greatest sacrifice I make is to give up some of the things I am now doing. I dare not think of the future; I live in the Now. I will not let future possibilities come into my mind, but the greatest sacrifice I make is, I must give up some of my own work to make this Federation a success. I never yet was a figure-head. I never sought this position and did nothing to get it, but in giving it to me you have given me the opportunity to work and work I shall. I would like to give one-half of the coming year to this Federation, going into every city and center of population and bring New Thought people up to the idea of unity of effort in the spirit of love. If you will back me and enable me to carry on my work in San Francisco while I am away, I will give you one-half of my time and go into the various centers with that object in view.

I ask each one of you to go into the silence each day and hold over me, the officers and the Federation the ideal of supply in wisdom, in truth and in ma.

**We are the Arbiters of destiny!
Lords of Life! We either make or mar.—**

T. B. Aldrich

193

terial means to further this work. I can draw Supply for Henry Harrison. I cannot draw for the Federation, or for you. You must demand and ex- a Supply for the Federation and its members; and I ask you to use and treat the Federation and its officers as you treat your patients.

Brothers and Sisters, and all who believe in the power of thought, will you thus take us to your heart as you take the patients, and treat us for success in the lines indicated? Will I get an answer; we want a full heart. [Many voices, "We will."] I want to know on what I must depend the coming year; and when you make this the promise, it sinks into the subconscious and you will do it. The right way will open.

Until I am obliged to return to San Francisco some time in December, I am at your service. Understand me, I cannot make the work; you must open it up in your various cities and I will do my best to meet the people in every line of New Thought work, for we are all one. We will together work for the redemption of the world. Understand that we have here the power (pointing to the Peace flag recently presented to the Federation). This flag stands for "Peace on earth, good will to men." It is our flag.

I will not take any more time from the speakers. I wish I could take you each by the hand and tell you how much I love you. "My heart is in the coffin there with Cæsar, and I must pause until it comes back to me." That coffin contains the Ideal I had when I left San Francisco. It is dead. I have the most harmonious and beautiful home and the dearest and best co-workers. I had hoped there would be my resting place. You have called me from them, but in your hearts I will find another home, another resting place, and wherever I shall be, you and I and God will make a home. This Federation shall be my child. I will nurse it tenderly in love and truth. I believe most sincerely that every one that has ever had a desire to see this Federation succeed, that has ever loved it, will come and join hands with us and march shoulder to shoulder with us to the success that is ours.

All is Good! Do you believe it? Then hold it, and from this moment hold the thought that this Convention, through its whole session, has been the manifestation of the greatest power of the New Thought ever had. We have met in a

city of tumult, where all vibrations are disturbed, and that we can think and act for ourselves so harmoniously, proves that we are men meet for this reform work. "Son, give me thy heart," said our elder brother. This is all I ask of you. Give me your hearts. I do not ask unity of opinion. Your opinion is your own. I want your heart, for that belongs to love, and God is love. We now place ourselves heart to heart; there is no power that can separate us. God has blessed us. (Applause).

A moment's silence in this thought of Love and Unity.

* * *

Editorial Notes. * * *

December 15.—Home again. Delightful as has been my trip, the home returning is the best of all. "NOW" Home parlors were filled with friends to welcome me, to grasp my hand, to look into my eyes and hear my voice, and *feel* that I was indeed with them in body, for in Spirit I had never been away. As I settle myself to my desk, it seems as if I had never been away, but the faces of friends met during my eight weeks trip come before me and I hear their welcome again. I know that I have only broadened my home- and friend-life by this journey and am still in the midst of you all—one among you in thought, though in my Home on the Pacific Coast.

I wish individual workers and centers to understand that, during our tour, one of our main purposes is to strengthen every center and multiply resules of all individual work. Each center and worker who welcomes us and joins the Federation will have the benefit of our assistance and advertising. We go out with this banner:—**THE UNITY OF TRUTH.** We invite correspondence during the winter from California, and the rest of the year from all other portions of the United States.

Prof. Braun, of Omaha, editor of *Self-Culture*, writes me that he has already formed a colony of New Thought German people and they are considering a location. Success to the movement.

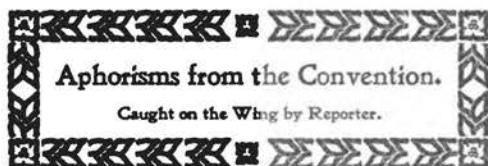
* * *

Matter is only the weapon and vehicle of the mind.—*Prof. Lodge.*

**In the pure soul, whether it sing or pray,
The Christ is born anew from day to day.** ←

Elizabeth Stuart Phelps

194



To do the works, live the life Jesus did.—*M. W. Sawyer.*

You are like sunshine in the winter for like sunshine you come to make us better.—*Welcoming Address.*

The New Thought is the revival of the only philosophy that has satisfied the Souls of men.—*R. Heber Newton.*

Fear is earth's only devil.—*A. P. Barton.*

Be yourself, and not a crazy-quilt of patches of authority.—*A. P. Barton.*

The sublime purpose of Creation is the development of the Human Soul till it expresses the angel, arch-angel, God.—*G. I. S. Andrews.*

The Federation is for the benefit of those federated. The Spirit of Truth bodies itself in the Federation.—*Caroline Esterbrook.*

Truth in every creed broadens and opens into New Thought. We extract the good in each system and make it personal in the development of self.—*Rev. J. D. Perrin.*

Disease is inharmony. The system calls for equilibrium. Give it Truth and harmonize it.—*Filmore.*

The greatest of all privileges is that of parenthood.—*Helen Van Anderson.*

There cannot be a religion for heaven and a science for earth that are contradictory; Nature is one.—*Henry Frank.*

Our first recognition of the child should be that it is a divine being and our immortal companion.—*Anita Trueman.*

All suffering is the result of deception. It is a lie from the beginning.—*Miss H. H. Rix.*

We are yet in the kindergarten of the New Thought.—*Myrtle Filmore.*

Where is the greatest? Who is he? The Spirit of Truth.—*Emma Gray.*

Every Affirmation brings forth your own acknowledgment.—*Dr. D. L. Sullivan.*

Directions given the subliminal Self are given back to the personal Self.—*Joseph Stewart.*

The dominant thought is ever impressing itself upon the subliminal Self.—*Joseph Stewart.*

Objective life and thought moulds character by impressing habit upon the subliminal Self. The subliminal Self needs the direction and guidance of the personal Self. The personal Self needs the inspiration of the subliminal Self—the Divine Man.—*Joseph Stewart.*

I cannot teach what I do not know. When you know what I know, you can do what I do.—*Prof. S. A. Weltmer.*

The new-born soul must learn the longing of human life before it can give its message.—*Rev. H. H. Schroeder.*

The Celt and the Gaul may not think alike, but they may love what we love.—*W. J. Colville.*

The teacher makes us teachers. The healer gains health as he heals. There is no depletion to Life, Love and Truth.—*W. J. Colville.*

The editor, as President of the New Thought Federation, was invited to respond to the toast, "Federation," at the banquet given at the Palmer House, Chicago, by the Federation of that city. He was in Kansas City at that date—November 21—and sent the following telegram:—

Lightning is not swift enough, nor iron rails strong enough, to bring the love of the New Federation to that which gave it birth, so I send it by the more potent messenger—Thought. In the real world of Joy, Unity and Fraternity, we meet with you tonight.

Mrs E. S. Craig, of Waco, Texas, was a most efficient worker on the floor of the convention. I was very glad to meet this old friend. She is a fine healer and teacher. She has attended the other Conventions and pronounces this the best and most influential of them all.

**Within One's self must be the source of strength, the
basis of consolation.—**

Marcus Aurelius

195

NOTES OF THE EDITOR'S
* TRAVELS *

I had a week at the World's Fair and yet did not enter some of buildings. It was stupendous, beautiful, magnificent and, in its grandeur, overwhelming. The buildings were more uniform and perfect in design than those at the Chicago Fair, combining to make one complete whole. The St. Louis Plaza and Cascade and Federal Hall did not impress me as did the Court of Honor at Chicago. They were more ornate and extensive, gaining in power what was lost in beauty. But above all the magnificence of the objective scene, there was ever present to me the Power of the Human Soul to thus express itself. Richard Realf's line was ever in my mind as I went from marvel to marvel:—

Vast the create and beheld but vaster the inward creator.

Never has an half hour so etched itself into memory as the half hour one evening when in a steam launch I sailed the two and one-half miles around the lagoon amid the beautiful architecture all illuminated with electricity. I lived with John in his vision of the Holy City. The dreams of the poets and the imagination of artists seemed for the time materialized and I, translated. It was worth the whole trip to thus have a fortaste of that time I so often see clairvoyantly.

My sojourn in St. Louis was made very pleasant by Mrs. Mimminger of the Albany Hotel where I made my headquarters. Everything was done to make my stay pleasant. Several NOW subscribers also stopped there. One evening at her request I talked my philosophy to the guests that cared to remain during the evening and listen. It was like a NOW annex for two weeks.

I passed a week with Professor Weltmer in his home at Nevada, Mo. It

is, in its liberty and love, a miniature "NOW" Home. The Professor has three sons, joining heartily in his work, beautiful young men, such as make the world richer for being in it. His Institute was well filled with patients. I found myself in full sympathy with his methods of treatment, while there is perfect accord in our Philosophy. Invitations were sent out and on Sunday I was greeted with a fine audience, and an evening Reception was given me as President of the Federation. I was also asked to give two afternoon lessons to his patients and students. His books and letters, which were opened for my inspection, showed an immense amount of business, and letters from his patients were enthusiastic in recognition of benefit. At his trial, government inspectors examined his correspondence and reported that 95 per cent. of his patients reported great benefit. What regular M. D. can show better results.

The Weltmer magazine has been discontinued and NOW will be sent to its subscribers to the end of their subscriptions.

I passed twelve days in Kansas City, days full of labor and love. The first Sunday was devoted to a Union Federation meeting, in which representatives from all the New Thought centers took part. Mr. Filmore, Dr. Sullivan, Mr. Geesler, Judge Benson, Mr. Prather, being on the regular program. Floyd B. Wilson, author of "Paths to Power," was detained in the city by an accident to his train and also talked ten minutes. LeRoy Moore lead the singing with his usual enthusiasm. I gave an half hour address. It was a season of Power and every one felt the meaning of Unity of effort in the word "Federation." Many members were there gained. In the afternoon, I addressed Mr. Moore's center on the Kansas side of the river. In the evening opened the meetings in the new hall Judge Benson has engaged for his meetings. The next Sunday, at Mr. Filmore's request, took half the morning service with him and had

**There is an inmost center in us all,
Where Truth abides in fullness.—**

Browning

196

a crowded house in Judge Benson's hall. During the week had evening lessons at Unity parlors and a morning class in Mrs. Wagner's rooms. Addressed the Unity Workers Wednesday afternoon.

My stay was made delightful by the warm welcome given me by the workers in every line. They are what they profess to be—Truth-lovers—and not lovers of their own form of expression to the exclusion of all others.

I would like to tell how dearly I became attached to all Unity people, Dr. Sullivan, Judge Benson, Mr. Moore, and the members of my classes, but space will not permit. But if Kansas City is a specimen of the welcome that is to be mine all over the United States from the *united* centers, greeting the President of the Federation, then earth has no position more full of gladness. And why not? Harmony and Unity are one and this is a *present* heaven. Kansas City has let much of celestial light into its gates.

I passed one night with Dr. Sullivan in his country home at Rosedale, beautifully situated in an oak grove on a twenty-acre ranch. He has all the inspiration Nature can give as he carries on an extensive practice in absent treatments.

Dr. Carson, healer and editor of *Health Reporter*, I found to be a genial, whole-souled gentleman. He gave me a warm greeting and promised his encouragement in the work of the Federation. His institution shows prosperity, and I enjoyed a fine drive with him behind a span of spanking blacks down Troost avenue, passing the really beautiful new temple the Christian Scientists are completing. Differing in method only, I found the Doctor one with me in spirit and felt at once a tie of comradeship with him.

I was pleasantly entertained one evening by Mr. and Mrs. Barton, of *Life*. Like their journal, they are strongly individualized and live and speak in the courage of their convictions. They see the benefit of our Federation and will work with us, because they have

unity of spirit.

My morning class formed, as I left them, a New Thought "NOW" Centre, and will continue to meet for self-expression and study of my books. They are only the first of a large number to be formed during the year.

I was pleasantly entertained while there in the home of a pupil and patient of ten years ago, and rejoiced to see the development of character, power, health and happiness Truth had brought to the home.

Two pleasant incidents of my first Sunday was the warm grasp of the hand of a noble woman who said: "I want to take hold of the hand that wrote that letter." It appeared that two years ago she wrote to me when in trouble and sorrow and received the Affirmations she needed. Another came up with a little diary in which she had pasted the Affirmations from NOW upon "Forgetting," and said: "They held me during my sorrow over my husband's death." There is nothing that encourages me more to continue my work than words like these. Many came to me at the Convention with thanks for the Affirmations in NOW. I knew when I began, five years ago, the power in them, but I *feel* it now and realize that my *Journal of Affirmation* has and fills its place—one none other can fill. To all Kansas City friends I can only say: Do in the everpresent Now as you did while I was with you, and there will be nothing in way of happiness you can ask.

I passed thirteen days in Topeka, stopping in the home where in 1893 I began my present line of work, and lectured in the hall where in 1894 I held my first class in "Soul Culture." I had been growing for twenty-four years toward that work. Then I formulated it and made of it a course of instruction. I measured my unfoldment during ten years and marvelled at the wisdom of the Power that had directed my steps. "He leadeth me" took on a deep, practical meaning. From this time, without a

The hour is not wasted that brings with it tranquillity of mind and an uplifting of the heart.—

Bradford Torrey

197

shadow of doubt, I trust my "Silent Partner" to lead me, for in every place I find green pastures and still waters. Had fine audiences at my four Sunday lectures and greeted many old friends. Some of them have taken Truth as a reality and rejoiced me by their mastery of conditions, by their victories over self. Many, however, met me with the same old cry of "I can't!" "I can't master!" "I can't stop pain!" and most disagreeable of all, "I can't afford it!" thus nursing their poverty and petting their ills. Power lies with the individual. After seven years absence from this, my former home, I see demonstrated the Truth of the Principle of Affirmation. "I can!" and "I can't!" divide the successful and the failure. As I came into old conditions I realized the Truth more clearly than ever. I am—what? That which I affirm. The perspective of a few years is evidence of the truth of this.

I had a small class, as I did not care for or prepare for a long stay. I left an interested class who will follow me every month in NOW.

While in Topeka I met my old friends, Mr. and Mrs. Sprague, missionaries of the National Spiritualists Association. They are doing yeoman work in that cause, successfully organizing scattered workers into societies and leaving a trail of brightness in the many states they visit. Yes, we shall live after death of the body. Our friends live as spirits. This is a first and important chapter and spiritualistic phenomena demonstrate an important fact. Good speed to its teachers, but when to this fact is added these other two,—*I am Spirit now; I have all possibilities and may express them now*,—we have the world's redeemer.

I also enjoyed a visit while in Topeka with Mr. and Mrs. Bledso, old friends. Mr. B. is the efficient President of the Kansas Spiritualist Association and Mrs. B. is resident speaker for the Topeka Occult Society.

The New Thought forces in Topeka are badly scattered, there being not a "center" of any name where once there

were several. Miss Vivian Leeman, of Holton, took up the work where I left it and an effort a few ladies have recently made will, under her ministrations, no doubt be successful in maintaining weekly meetings. Miss Patrick, through whose efforts I had a class, will no doubt also open a center for teaching. But little missionary work is needed to form such centers in every town. The Federation desires this. All who are willing to work, or to contribute means, should at once address the Secretary. Let each reader of NOW do a little, and some line of co-operative work will crystallize about him or her.

While in Topeka I was entertained by my old friends, Mr. and Mrs. Studer. Eleven years ago there were six boys in the home, ranging from nine to twenty-five years of age, and I became one with them. We seven had glorious times together. In their parlors I first began to talk "NOW" Philosophy and to demonstrate the power of Truth over environment. Ten years have passed and the boys are scattered—noble men, filling most beautifully their places in life, exemplifying the power of Truth in the upbuilding of character. In the old "home circle" I took a new and strong grapple on Principle and go out again "rejoicing every day" because Truth dawned upon me so brightly in the last decade of the last century.

Mrs. E. S. Sweezy, who was a great inspiration to me during my Topeka life, being one of its prominent healers and teachers, has for several years been out of the field. She attended my class and announced that she would begin her public work again in January, and join heartily in Federation work. She is a power and will be felt over a larger territory than her city.

I had a rest and growth while away and returned to "NOW" Folk with a deeper consecration and with a clearer consciousness that my own

Comes to me in every land,
It floats to me on every wave;
It passes current hand to hand,
'Tis brought by coward and by brave.

Whatever we have dared to think That dare we also say.—

William Lloyd Garrison

198

ABSENT TREATMENTS LEGAL.

No System of Healing has been so Tested or so Vindicated.—A most Important Decision by Supreme Court of U. S.

The following decision rendered by Justice Peckham of the United States Supreme Court, Nov. 17, 1902, defines the rights of the individual and guarantees his personal liberty. Under this decision, no man or set of men can say that any person shall, or shall not, have the medical treatment chosen by him or her. Under this decision, the United States Post Office Department cannot detain or mark "Fraudulent" mail sent for absent treatments. So that the party advertising *can do what he promises*, he has, under this decision, the legal right to use the national mails.

Since this decision was rendered, twenty-one state courts have placed themselves in harmony with it. The occasion was that Prof. S. A. Weltmer, of Nevada, Mo., brought suit against the Post Office Department for retaining his mail "fraudulent" because he advertised "absent healing." At a great expense of time, money, and loss of business, he obtained this decision. From the decision of Justice Peckham, this paragraph is taken:—

There can be no doubt that the influence of the mind upon the physical condition of the body is very powerful, and that a hopeful mental state goes far in many cases, not only to alleviate, but even to aid largely in the cure of an illness from which the body may suffer. * * * Just to what extent the mental conditions affect the body, no one can accurately say. One may believe it of far greater efficacy than another, but surely it cannot be said that it is a fraud for one person to contend that the mind has an effect upon the body and its physical condition greater than even a vast majority of intelligent people might be willing to admit or believe. Because the complainant might or did claim to be able to affect cures by reason of working upon and affecting the mental powers of the individual, and directing them towards the accomplishment of a cure of the disease under which he might be suffering, who can say that it is a fraud or a false pretense or promise within the meaning of these statutes? How can any one lay down the limit and say beyond that there is fraud and false pretense? The claim of the ability to cure may be vastly greater than most

men would be ready to admit. * * * We, therefore, have undisputed and admitted facts, which show upon what basis the treatment by complainant rests, and what is the nature and character of their business. From these admitted facts it is obvious that complainants, in conducting their business, so far as the record shows, do not violate the laws of Congress.

In our view of the statutes the complainants had the legal right, under the general acts of Congress relating to the mails, to have their letters delivered at the postoffice as directed. They had violated no law which Congress had passed. * * * They allege, and it is not difficult to see that the allegation is true, that, if such action be persisted in, these complainants will be entirely cut off from all mail facilities, and their business will necessarily be greatly injured if not wholly destroyed, such business being, so far as the laws of Congress are concerned, legitimate and lawful.

The *Chicago Commercial Chronicle* gives expression to what must be the universal sense of justice when it says:—

This decision of the United States Supreme Court is a vindication of the right of men to teach that which they believe to be demonstrably true even if it should differ from the accepted theories which are self-styled as "regular" and which have a reprehensible tendency to entrench themselves behind legal breastworks from which they are always ready to fire on anyone who in any way interferes with that which they would like to make their exclusive legal prerogatives. The people have rights which extend to the taking of drugs in regulation doses, and may go to the extreme of refusing to be drugged in any doses, large or small, if they so elect. The ruling of the court secures them in this right, and therefore is of the greatest importance to them. Prof. Weltmer is to be congratulated on the fight he has made and won.

* * *

The prime object of athletics is improvement of the general health, but to obtain good health, muscle building is not a necessity. There is no evidence to show that athletics and muscle building improve the constitution; in fact, to obtain health one must not be in a perfectly trained condition, owing to the effects of severe training on the nervous system. It is necessary to keep in mind that hypertrophied muscle (a muscle abnormally increased) always has a tendency to degenerate. This is essentially true of heart muscle. Athletics are beneficial when properly and judiciously applied, and are very injurious when indulged in indiscriminately. —*Medical Record, New York.*

4 months for 10 cents

THE NAUTILUS

Is a unique monthly magazine, standard size, (now in its seventh year,) devoted to the realization of *health, happiness and success* through spiritual, mental and physical development.

THE NAUTILUS gives practical help in the everyday problems of life. It is distinctly a magazine of optimism. It will cheer and strengthen you to read it. It is not filled up with quoted articles or long and dreary essays. It is crisp, fresh, original, and inspiring each month. Thousands of its readers testify to the wonderful uplift and help they have received from reading THE NAUTILUS.

Ella Wheeler Wilcox is a regular contributor to THE NAUTILUS. She writes one of her grand New Thought poems for each issue.

William E. Towne writes regularly for THE NAUTILUS. His "Individualisms" and "Briefs" are an important and highly prized feature of every number.

Elizabeth Towne is editor and publisher, and now writes exclusively for her own magazine.

New and helpful features are being planned for the magazine during the coming year. THE NAUTILUS is already styled by many people as the foremost publication of its kind in the world.

Don't miss this feast of good things for 1905. Send 50c now and the magazine will be sent you until the end of 1905. This will give you 14 months for only 50c, providing your subscription is received this month; or, send 10c for a 4 months trial subscription. Surely you cannot afford to let these liberal offers pass.

Address all orders for The Nautilus to the editor and publisher,

ELIZABETH TOWNE, Dept. N, Holyoke, Mass.

Hill Pays the Postage.

For One Dime I will send you Ten Picture Post Cards of California Views. Stamps of any country in the world accepted.

HARRY HILL, THE MAIL ORDER MAN
120 Sutter St., San Francisco, Calif.

What to Name the Baby.

Over 2,000 Up-to-Date names of Boys and Girls to select from.

10 Cents, Postpaid.

PACIFIC SOUVENIR CARD CO.,
120 Sutter Street, San Francisco, Calif.

How Women Can Make Money at Home.

A book of useful hints, helps, and ideas. Its an energy maker, a brain brightener. Full of money getting ideas. 10c postpaid.

PACIFIC BOOK CO.,
120 Sutter St., San Francisco, Calif.

Correct English -

- - - How to Use It.

A Monthly Magazine for the Careful Speaker and the Careful Writer.

JOSEPHINE TURCK BAKER, Editor.

.....
\$1.00 a Year. 10 cents a Copy.
.....

Partial Contents for This Month:

Suggestions for the Speaker. What to Say and What Not to Say.

Suggestions for the Writer.

Errors and Models in English from Noted Authors.

Compound Words: How to Write them.

Shall and Will; How to Use Them.

Punctuation; Pronunciation.

Correct English in the Home.

And many other pertinent subjects.

Ask your newsdealer or write for sample copy.

CORRECT ENGLISH,
Box 8000, EVANSTON, ILL.

Have You All The VOLUMES OF NOW?

If not send for them while they last.

Vol. 1..... Price.....\$10. All sold.
Vol. 2..... Price.....\$5. All sold.
Vol. 3..... Price.....\$2. while they last.
Vol. 4..... Price.....\$2. while they last.

"NOW" Publishing Co.,
1437 Market St. San Francisco, Cal.

The Co-Operator

50 Cents a Year. 5 Cents a Copy.

A monthly magazine published by the Co-operative Brotherhood. Advocates the education of the people in the principles of intelligent co-operation and the loyal organization of labor for the purposes of self-protection and mutual help.

Sample copies free. Send subscriptions to

The Co - Operative Brotherhood,
BURLEY, WASH.

DO YOU POSSESS

The Two Books which have been recently reviewed by the editor of NOW. They may be ordered from "NOW" Folk,

SAN FRANCISCO, CAL.

BLACK and BLUE, by Eleanor Kirk.

Price, paper, 25c. This book is invaluable to those who desire to DEMONSTRATE the New Philosophy. If you are not familiar with Eleanor Kirk's writings you have missed a good deal.

PLAIN INSTRUCTIONS IN HYPNOTISM,
A. E. Carpenter.

Price 75c, cloth; pocket size, pp. 108. The author of this book is one of the best operators on the public platform. He certainly gives "plain" instructions. He recognizes the importance of Suggestion, and claims that its power for good is limitless.

"These Are My Jewels,"

By Stanley Waterloo. Price \$1.

If there be a child or young person in the world whom you care for, make him or her a present of "These Are my Jewels." This clever story will attract, and the thoughts implanted will help throughout the rest of a life.

LIBERAL BOOK CONCERN,
Headquarters for Metaphysical, Occult and Liberal Literature,
87 Washington St., Room 419, Chicago, Ill.
SEND FOR A CATALOGUE

Do You Desire to Develop Your Psychic Faculties?

Would You Like to be Able to Demonstrate the Following:

Auto - Suggestion, Telepathy, Psychometry, Clairvoyance?

THEN WRITE to one who has SUCCESSFULLY developed these. Tell me what you desire the most and I will advise you. Enclose POSTAGE. Address SAMUEL FOULDS, 421 Oak St., San Francisco, Cal.

✻ Ingersoll Beacon ✻

A Spicy Little Monthly, 50c a year, 5c a copy. Devoted to Science, Free Thought and the Gospel of Reason and Good Cheer, in contrast with the "foolish forms and cringing faiths" of theology.

Organ of the Ingersoll Memorial Association of Chicago. Edited by William H. Maple.

The Neatest Rationalistic Magazine Ever Issued.

The BEACON is a friend to all liberal publications and organizations. One and two-cent postage stamps taken. Subscribe now. Each number is worth the price for a year.

Ingersoll Beacon Co., 164 La Salle St., Chicago.

BOSTON IDEAS

27 Beach St.,

Condensed news on all world topics. Special Dramatic and Social correspondence, Masonic news, folk lore, woman's interests, etc.

OUR LITERARY DEPARTMENT

is devoted to notice of the most important books and magazines of the day. The Psychic value of publications specially considered.

TO AMATEUR WRITERS.

We will edit and publish in BOSTON IDEAS, free of charge, articles from such writers as are animated by distinct individual thought. We thus afford you a field for definite development of conscious literary vigor. Enclose stamps for possible return of manuscript to

BOSTON IDEAS,

27 Beach street, Boston.

A STUFFED CLUB

A Magazine devoted to clubbing all kinds of superstitions, especially medical. Teaches people to live without the preacher and keep well in spite of the doctor.

Send for sample.

A STUFFED CLUB,

Denver, Colo.

THE ALTRUIST

IS A MONTHLY PAPER, partly in phonetic spelling, and devoted to Equal Rights, United Labor, Common Property, and Community Homes. It is issued by the Altruist Community of St. Louis, whose members hold all their property in common, live and work together in a permanent home for their mutual enjoyment, assistance, and support, and both men and women have equal rights and decide on all its business affairs by their majority vote. It offers a home and employment for life to all acceptable persons who may wish to join it.

10 cents a year, sample copy free.

Address A. LONGLEY, Editor,
2711 Franklin Ave., ST. LOUIS, MO.

San Francisco Rochdale Co-operative Grocery.

24th and Hampshire Stts., - Phone Mission 244

Do you trade with our co-operative grocery? If not, why not? Our prices will suit you.

ORDERS SOLICITED.

Goods delivered at any place in the city. Out-of-town orders attended to.

THE NEW THOUGHT IN MUSIC.

Correspondence Course.

Address, H. A. SEYMOUR,

211 E. 15th Street,
New York

Do you read "NOW"? If not, send ONE DOLLAR for a years subscription. DO IT NOW.

ELEANOR KIRK'S
Influence of the Zodiac upon
Human Life. Price \$1.00.

Is teaching hundreds how to make money by character reading.

Greatest Parlor Entertainer in the world.

Sample Personal Reading. 25c.

Send *month* and *day* of month. This examination will show you whether you want the book with the whole twelve signs.

Send *Ten Cents* for a copy of *Eleanor Kirk's Idea*, a monthly journal. It tells you how to *be well, get well and keep well*; how to be *good looking and keep good looking*, and the *best way to abolish poverty*. Address,

ELEANOR KIRK,
 59 West 89th St., New York City

FULFILLMENT * * *

A Monthly Journal of Advanced Thought

This periodical represents the way to the fulfillment of man's highest longings, whether for health, happiness or success.

Now is the time for fulfillment which must be realized when man understands his birthright and knows the law of its attainment.

\$1.00 per year. Foreign, \$1.25. Three months for 15 cents.

To every new *yearly* subscriber, or for renewal, will be given "Words Suggesting How to Heal," a 62-page booklet, by Fannie B. James. Address,

FULFILLMENT PUBLISHING CO.,
 730 Seventeenth Ave., Denver, Colo.

How We Master

Our Fate. *

Fourth Edition.

By URSULA N. GESTEFELD.

A series of articles, descriptive and explanatory of human experience, and what we can do to make it satisfactory. A *vade mecum* for all.

Some of the Subjects Considered:

Living by Insight or by Ousight.—Where the Senses Belong.—The Origin of Evil.—Destiny and Fate.—How to Care for the Body.—The Law of Liberty.

It is full, complete, and it is our conviction that no greater book has ever been written. Judged from any standpoint the book is an artistic piece of work; judged merely by the fair intellect, it is a superb exposition of truth.—Boston Ideas.

Price, 75 Cents, Postpaid.

THE GESTEFELD PUBLISHING CO.,
 194 DEARBORN ST., CHICAGO, ILL.

Things never yet created things.—
Kipling.

The E. Marsh-Stiles Pub. Co.,
 LONDON,

announce the publication
 on November 1st of . . .

THE HUMAN AURA

and

The Significance of Color

—BY—

W. J. COLVILLE,

Author of "The Elementary Text Book of Mental Therapeutics," "Fate," "Master," "Destiny Fulfilled," "Onesimus Templeton," etc., etc.

Price 25c Postpaid.

American orders should be sent direct to our agent, MR. FREDK. COLE, 1773 Broadway, New York.

**California Safe Deposit
 and Trust Company**

Receives Savings Deposits of
 Ten Dollars and Upward

IT PAYS INTEREST TWICE A YEAR

RATE—3 per cent, on Ordinary Accounts.
 3 6-10 per cent, on Term Accounts.

FREE OF TAXES.

Capital and Surplus.....\$1,401,160.90
 Total Assets.....\$6,943,782.83

OFFICES:

Cor. California and Montgomery Sts.,
 SAN FRANCISCO.

The Suggestive New Thought

Is a "Monthly Magazine that will revolutionize existing ignorance regarding Food, Economics and slavery in any form. It appeals to every enlightened home, and promises to attack any system that deprives a home of Art, Science, Literature, and Health. We ask the co-operation of all who work for the uplifting of humanity.

Price, \$1 per year, 10 cents per copy.
 Sample copy, 10c.

Special Offer to Introduce.

Trial Subscription for 3 months, 25c.

This offer includes the 74-page booklet, "The New Force," which sells for 25c.

This makes 50c worth for 25c
 Humanity's Redemption, 3c.

Address SUGGESTIVE NEW THOUGHT PUB. CO.
 489 Colonial Arcade, CLEVELAND, O.

THROUGH PSYCHIC POWER

Three questions answered for 50c.

Address MRS. S. D. BISHOP,
 LA HABRA, CAL.



Evelyn Arthur See and
Agnes Chester See's Publication

This strictly high-class journal in exposition of the Spiritual Life is commencing now

A Series of Twelve Lessons
Being a Primer Study into the
The Way of The Delivered Life

Subscriptions received now may embrace the full study, back numbers being furnished when requested. The Study commences in July, 1904.

Nautilus, Wm. and Elizabeth Towne's journal, says: "Mr. and Mrs. See, editors of THE HIGHER THOUGHT, are logical as well as inspired—a rare combination."

The Purpose of THE HIGHER THOUGHT is an exposition of the Way of Deliverance into Truth from the sense of bondage to existence.

One page is also devoted to the benefit of the Children.

\$1.00 a Year; 3 mos. 20c. Foreign, \$1.15.
Address,

THE HIGHER THOUGHT,
459 La Salle Ave., CHICAGO

SUGGESTION

Is a practical home magazine devoted to suggestive therapeutics, hypnotism, psychic research, and the application of the principles of the new psychology for health, success and happiness.

A postal brings a copy: \$1 per year.

HERBERT A. PARKYN, M. D., C. M.
EDITOR.

Suggestion Publishing Co.,
4052 Drexel Boulevard,
CHICAGO, ILL.

Stop Dying! Vitalize! Commence to Live!

My method is the LIFE method. It costs you nothing if you are not restored to Health. I will take your case, no matter what or how serious your case, for \$5; if I fail to restore you to Perfect Health—you to be the sole judge—I will promptly return every cent of it to you. Confidence in my ability to heal is my reason for making this offer. Write me about your case. Address Editor "Occult Truth Seeker," Lawrence, Kan.

H. B. WARD, Dentist
Phone Page 78. 3 HAIGHT STREET.

W. C. SHEPARD, Attorney-at-Law,
Emma Spreckles Bldg., San Francisco.

THE ALLIANCE

OF THE ROCKIES.
50 Cents Per Year.

"WHAT THE PEOPLE SOCIALLY NEED, THE PEOPLE MUST SOCIALLY OWN." The oldest worker for the Co-operative Commonwealth in the West. Published at the seat of the Great Class War in Colorado.

Send Your Subscription.
R. A. Southworth, Editor and Publisher.

Address,
THE ALLIANCE,
420 Charles Building, DENVER, COLO.

THE PROBLEM SOLVED.

How to Attain a Realization of the Ideal.

If you would be successful—would lead a useful, happy life; if you desire to develop the higher powers within yourself, send your name and address to

H. C. WRIGHT,
115 Main Street, Corry' Pa.

Please Mention "NOW"

YOU WANT ME!

I am THE LIGHT OF TRUTH, a large Sixteen Page Weekly, and You may read me every week for a year for FIFTY CENTS.

I am an advocate of the Spirit-Man, the real man who lives forever. I have an Editor who writes great Editorials on the facts and philosophy of Spiritualism. I AM FRESH, NEW AND CLEAN every week, and if you will send to my home in Chicago, 40 Ellsworth Building, I will present you with a sample copy of myself. But you may have me every week in the year for 50 Cents. I AM A GIFT!

LUCIFER,
Son of the Morning—A fortnightly Journal of Radical Thought—Devoted mainly to the Emancipation of Womanhood and Motherhood from Sex Slavery and to the Right of the Child to Be Born Well. Send 25 cents in stamps to 500 Fulton Street, Chicago, for a three month's trial, and get a Catalogue of books and pamphlets in the line of Sex Reform.

Have You Seen

Mr. Brown's new book, SELF-HEALING THROUGH SUGGESTION? Send for it. 25c.

Address,
NOW FOLK, 1437 Market St.
SAN FRANCISCO, CAL.

JOIN the **Intellectual Correspondence Society.** Ideal — Educational — Profitable. Send stamped envelope for full particulars. M. DAWSON, 221 W. 23d st., NEW YORK.

J. LOUIS SCHOEN

MUSICIAN—Piano, Organ, and String—TEACHER
STUDIO 3107 TWENTY-SIXTH ST.

ALVIN J. PURNELL, Tenor,
VOICE CULTURE.

117 S 2d St., San Jose. 909 Polk St., San Francisco

ETHYL SMITH, Scientific Palmist,
1258 Haight street, San Francisco

SPIRITUAL HEALING

I will send Life Vibrations making for Health, Wisdom and Prosperity, to all who write me. It is a glorious privilege to help, and I make absolutely no charge, looking to the Spirit to recompense me.

Please send 12c in stamps to cover correspondence. E. M. DAWSON, JR.,
Box 67 WASHINGTON, D. C.

Card Index Systems

OF EVERY VARIETY.

Letter File Systems, all kinds,
Office Desk Chairs : : : : :

Yawman & Erbe Mfg. Co.,
635-639 Mission street, San Francisco

UNITY.✽

Devoted to
Practical Christianity.

A 64-page monthly magazine.
\$1.00 a year. Sample copy free.

Wee Wisdom✽

The only metaphysical journal
published for children.

16 pages, monthly, 50c a year.

1315 McGee St., KANSAS CITY, MO.

Great Waves of Silence

surround the home of

SOUNDVIEW

THE ONLY MAGAZINE IN THE WORLD that is pencilled, printed, proof-read, pasted and posted in the country by a plowman who subsists on peanuts, pumpkins, pears, prunes, potatoes, parsnips, and other pernicious products.

Health is largely a matter of condition, both inner and outer. The environments play a large part in the health of the individual, and no diseased mind is worthy of a following. The Evergreens on "Soundview Heights," having healthful, invigorating, inspiring surroundings, put forth stuff (and a little nonsense) that is thoroughly sound and distinctly helpful. To preach is one thing, but to live the life you recommend to others is of the greatest importance.

SOUNDVIEW scribblers write of the SIMPLE LIFE and live the life of a SIMPLETON.

If you want to join our Society, we'll give you a sample whiff from the Wildwood for six months for 25 cents. Send it NOW and get the first number issued from the Backwoods (No. 1, Vol. III.). No free samples. \$1 yearly. On sale at news stands.

SOCIETY OF EVERGREENS,
OLALLA WASH., U. S. A.

SPIRITUAL HEALING with HELPFUL SUGGESTIONS.

If this appeals to you, write a letter to me, stating your case, and also WHAT condition in life you most desire, to make you *happy* and *healthful*, and I WILL ADVISE YOU.

Be sure to enclose a RED stamp.

Address: LEONA B. CHAPPELL,
Spiritual Healer,
421 Oak St., San Francisco, Cal.

Magnetic . Influence . Developed!

LACK OF SELF-CONFIDENCE
LACK OF CONCENTRATION and
POOR MEMORY, CURED
by means of

Courses, Culture Guides and Monthly Journal, HUMAN CULTURE,

Systematized, Written and Edited by
V. G. LUNDQUIST, Sc. D., and Mrs. L. A. VAUGHT

We are authorities in the Science and Art of Self-Development. Do not take our word for it. Send 10c for sample copy of HUMAN CULTURE, and free circulars. Do you want to know yourself and you Talent, to improve your condition and be a *positive success*? Write us TO-DAY.

HUMAN SCIENCE PUBLISHING CO.,
130 Dearborn St., CHICAGO

Millbrae - California Milk Co.

ABSOLUTELY
PURE ✽✽ Milk and Cream

Without preservatives or adulteration.

CITY DEPOT: Folsom and 21st St.,
Phone Mission 359. San Francisco, Cal.

IF YOU READ NOW, doubtless you are out of the theological rut; but you may have a friend who is not. If so, send twenty-five cents for a copy of **The Inconsistencies of the Church** and place it in his hands, and it will do the business. Address the author and publisher, **F. M. LEONARD, Santa Rosa, Cal.**

Send today for a Free Sample Copy of

The Adept

Published by Fredrick White, Markville, Minn.

The Adept is a Free Thought Magazine, devoted to Astrology, Monism, Evolutionism, etc. You can have a sample copy for the asking. Address

THE ADEPT,
Markville, Minn.

To learn about the
Famous Single Tax Colony at Fairhope, Ala.,
read the

FAIRHOPE COURIER

Semi-monthly, 8 pages, frequently illustrated; year 50 cents, half year 25 cents, quarter year 15 cents, sample copy 5 cents.

Address, COURIER,
FAIRHOPE, ALA.



THE BOSTON PRESS WRITER

A Monthly journal for young writers, to instruct and help them to develop an original style in literature, and preserve their individuality in thought and expression. Founded by

American Press Writers Ass'n

East Aurora, N. Y.
DEAR ALBERT: Send me your little "Thought Provoker" for one year—stamps enclosed.
ELBERT HUBBARD,
Editor "Philistine."

Glen Stuart, Scotland.
Dear Sir: It will give me great pleasure to be allowed to place my name on list of A. P. W. A. Any organization that endeavors to link human thoughts should be welcome. Let all thoughts be such as shall make mankind kind and just.
Lady FLORENCE DIXIE.

25c A YEAR. 3c A COPY.
ALBERT P. LEWIS, Editor.
Randlett Place, Rockbury, BOSTON, Mass.



MENTAL TREATMENTS With Dietetic Advice.

THERE is nothing incongruous in this. The two go together. Ill health can only be cured by removing the cause. The cause is wrong thinking and wrong habits, followed from childhood.

Let me set you right. I have made diet and hygiene a study for years, and can promise a cure in almost every case. I shall be glad to have you write me your trouble, sending self-addressed stamped envelope. I will give you a careful answer with terms for treatment. Address,

A. W Rideout,
7 St. Paul Street, Boston Mass

Washington News-Letter

Exponent of Christology.

Oliver C. Sabin, Editor.

Every number replete with Lessons, Lectures, and Editorials on Metaphysical Healing, especially the

Methods Taught by Jesus
and his disciples.

Subscription Rates: \$1 a Year; Foreign, \$1.25

NEWS-LETTER PUBLISHING CO.,
1329 M St. N. W., WASHINGTON, D. C., U. S. A.

NEW THOUGHT SEARCHLIGHT

The Journal of

Optimism, Health and Happiness

If you are anxious to succeed in life, or gain some coveted ideal, you will need the loving and inspiring teachings found in its clean pages. It is plain and practical and leaves no doubt in the mind of the SEEKER. Hundreds have testified to its helpfulness, in placing them where they could progress materially and spiritually.

Splendid books given with each subscription. \$1.00 per year; foreign, \$1.25.

A. VIRGINIA SHEPPARD, Editor.
907-909 Irwin Ave. Allegheny, Pa.

THE PROGRESS

Publishes more
GOOD POETRY

than any periodical in the world

LITERARY,
MUSICAL and
OTHER FEATURES.

See its
WRITERS' LEAGUE DEPARTMENT

Weekly, \$1 per Year. Sample Copy Free
MINNEAPOLIS, MINN.

In addressing Advertisers, please mention NOW
Advertisers are pleased to have you do so.

Can God Sin ?

No more can you. For you are God. Your brain may err—misled by mortal thought. Your body may languish—made sickly by human customs. But your soul is forever perfect. And if you would only listen closer, it would tell you how to keep a clear brain—a superb body—and a personality splendidly befitting an heir to omnipotence.

Now INSTINCT is the Voice of the Soul. And sin consists in disobeying it. You can't err—so be sick, unsuccessful, or unhappy, if you live true to Instinct. But do you know what that means? There is only one book in the world that I know, that explains, interprets and exalts the voice of the soul on the PRACTICAL BASIS OF PHYSIOLOGY. That book is called

"RETURN TO NATURE."

It reconciles man the animal with man the god, emphasizing the interdependence of soul and body and connecting Divine Healing with Naturic Cure. It tells you just what foods, baths, and Natural remedies will cure all sorts of chronic diseases. From catarrh, dyspepsia, and constipation to diabetes, inflammatory rheumatism, and nervous prostration. But it doesn't stop there. It enables you to BE YOUR OWN PHYSICIAN forever after—at least so Elizabeth Towne says. And to grow consciously free of all the negative and inharmonious conditions that made you sick in the first place. Lucy A. Mallory, editor "World's Advance Thought," declares: "The sick in mind and body cannot afford to be without it. The book costs \$2; cheaper binding, \$1.50. But first you'll want to read the descriptive circular containing synopsis, editorial comments, and so on. Just send a stamp for it.

10 cents puts you in touch with NATUROPATHY—the Science of Human Regeneration. You'll receive various literature that I hope will help you as it has helped thousands of others. Whenever you have an impulse, remember the name of this magazine. Then act on it.

BENEDICT LUST, Naturopath,
124 East 59th, NEW YORK CITY.

A RESISTLESS CHAMPION OF FREE SPEECH.

Do you realize the importance of this vital issue? Do you believe in freedom of expression as the only pathway to social progress? Do you want to read the radical side of the live issues of the day? Do you want to get out of the rut and learn to do your own thinking? If so, send fifty cents to *The Demonstrator*, Home, Wash., for a year's subscription. Paper is published weekly by a voluntary group in the Home Colony and contains all the news concerning that remarkable social experiment.

☞Subscribe today!

HEALTH MAGAZINE

A Monthly Magazine Devoted to the Cause and Cure of Disease. Price \$1.00 per year.

Teaches Hygiene, Diet, MECHANOTHERAPY, Hydrotherapy, and Common Sense Methods of getting and keeping good health. Directs attention to unrecognized gluttony and superstitious faith in the power of drugs to cure. Considers disease as a penalty for disobeying Nature's laws, and advocates Nature as the real healing power.

Edited by Dr. W. P. Burke, M. D., at

Dr. BURKE'S SANITARIUM
BURKE, Sonoma Co., CALIF.

THE GHOURKI BRINGS GOOD LUCK.

What is the GHOURKI? Why, it is a little magazine published in the interest of The Tribe of the Ghourki, an association of folks who think for themselves. You ought to belong to this tribe. It will cost you 25 cents to join, and at the same time you will be entered on the Birch-bark Scroll and get the Ghourki Magazine for 12 months. I accept the money of any country for subscriptions and membership fee. Send the 25 cents today; I'll need it by the time it gets here.

Address,

CHIEF OF THE TRIBE,
Morgantown, W. Va.

THE LIFE

Is an up-to-date, high-class New Thought Monthly Magazine, now in its eleventh year. It has eight distinct departments, and is illustrated.

Edited by A. P. and C. J. Barton. 10 cents a copy. \$1.00 a year, domestic—Foreign, 5s.

3332 Troost Ave.,
KANSAS CITY, MO.

TO ADVERTISERS.

The *Colorado Graphic* has a large circulation all over the country. We have among our readers a large number of stockholders of different mining companies, who have bought mining stock, and who are willing to buy more stock if it is what they want. We also circulate largely among lawyers, business men generally, and directors of mining and other corporations. Our Rates are only 50c an inch. Write us for particulars and references.

The Colorado Graphic,
Denver, Colo.

OAHSPE

A New Bible in the Words of Jehovih AND HIS ANGEL AMBASSADORS.

A HISTNRY OF THE DOMINIONS OF THE HIGHER AND LOWER
HEAVENS ON THE EARTH FOR THE PAST
TWENTY-FOUR THOUSAND YEARS,

Being from the submersion of the continent of Pan in the Pacific Ocean, commonly called the
Flood or Deluge, to the Kosmon Era (the present time). And a brief history of the preceeding
fifty-five thousand years, together with

A SYNOPSIS OF THE COSMOGONY OF THE UNIVERSE; THE CREATION OF PLANETS;
THE CREATION OF MAN; THE UNSEEN WORLDS; THE LABOR AND GLORY
OF GODS AND GODESSES IN THE ETHEREAN HEAVENS.

As in all other bibles it is revealed that this world was created, so in this
bible it is revealed how the Creator created it. As other bibles have proclaimed
heavens for the spirits of the dead, behold this bible revealeth where these
heavens are, and the manner and glory and work that the spirits of the dead
enjoy.

For sale by A. M. HOWLAND, Shalam, Dona Ana P. O., New Mexico, U. S. A.

Price, \$5.00. Postage, 50c.

The Angels' Diary and Celestion Study of Man

—BY—

MRS. EFFIE M. SHIREY

and her brother

CHARLES SAMSON

Published by

Mrs. J. A. Seeds Samson Lender
(their mother)

of Denver, Colorado

A book of signal merit. Therein the Ideal, Practical, Simple and Immediately Vital concerning Perfected Humanity, are joined in a charming style characterized by purity, brevity and clearness. Printed in clear, full type on very fine paper, strongly and exquisitely bound in white cloth and gold.

For Sale, Wholesale and Retail

Price, \$1.50. Usual Commission to dealers

ALSO

LIFE SCIENCE, A Practical Course of Instruction for development of higher thought. Issued in 52 parts. Send 25c for part 1.

MRS. J. A. S. S. LENDER
2201 Lincoln Ave., Denver, Colorado

Studying Books. ❁ ❁

After studying Mr. BROWN'S books and subscribing for his monthly journal (see announcement opposite title page), he recommends the student next to take his correspondence lessons.

These *Correspondence Lessons* include:

The Art of Suggestion;
The Art of Living; and
Psychometry

—62 lessons in all—each bound separately.

These lessons form an Ideal way of studying the *entire field* of a line of thought intensely interesting. It is worth more to you than Rockefeller's millions. Two lessons monthly are enough to master, thus giving time for *growth*.

These are the best correspondence courses ever put out. With each lesson belongs a letter (no extra charge) from the author, explaining all points not understood.

These can be paid for *one at a time*.

WRITE TODAY!

Address "NOW" FOLK,

Correspondence department,
1487 MARKET ST.,
SAN FRANCISCO, CALIF.

To the Friends of "NOW" Folk and
Readers of NOW:—

Here is an opportunity to work for Truth.

We recommend you to become a member of the NATIONAL NEW THOUGHT FEDERATION of which Mr. Brown is president.

The annual membership fee is \$1.

1. This will entitle you to a vote, but *not* by proxy.

2. It will entitle you to all reports, bulletins, etc., issued by the Federation.

3. Last but not least, every membership dollar will help the Federation officers to meet the expenses of the Federation.

This work is highly important and a large list of members is expected from your locality.

HENRY HARRISON BROWN,
President New Thought Federation.

Address, JOHN D. PERRIN, Secretary,
3414 Bell Ave., St. Louis, Mo.

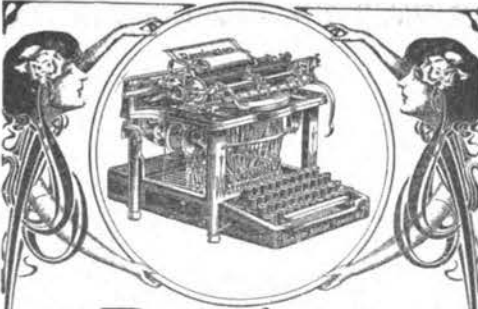
Self-Healing Through Suggestion. ❁

The latest book by HENRY HARRISON BROWN, editor of NOW, and author of "How to Control Fate Through Suggestion," "Not Hypnotism But Suggestion," "Man's Greatest Discovery," "New Thought Primer," and "Dollars Want Me." This little book consists of two parts: In PART FIRST, the Principles of Mental Healing are simply and plainly set forth. Healing is dealt with in the same manner as the professor of Chemistry, or Physics, deals with his subject. It is purely scientific. "Thought Is Power," the Principle upon which all Mental Healing rests, is as carefully explained and its relations to health are set forth as are those of electricity in any elementary work upon that mode of motion.

EVERY QUESTION naturally asked in relation to drugless healing is answered.

Price, 25 cents in silver or stamps.

Address,
"NOW" FOLK PUBLISHERS,
1437 Market St., San Francisco, Cal.



The Remington
Typewriter

represents the result of more study,
more effort, more labor and more
practical experience in typewriter
manufacture than all other makes
of writing machines combined.

It ought to be the best and
IT IS.

REMINGTON TYPEWRITER CO.
327 Broadway, New York.

228 Bush St., San Francisco.

THE COMPANION ❁
INFORMS AND ❁ ❁
ENTERTAINS ❁ ❁ ❁

THE YOUTH'S COMPANION uses entertainment as a means rather than an end, conveying always in its fiction and its articles some convincing truth or some contribution to the useful knowledge of its readers.

The 225 men and women enlisted to write for THE COMPANION represent an infinite variety of talents and callings. Through THE COMPANION they address not only the young and impressionable, but the fathers and mothers of the nation. The entire family claim a share in the good things which fill THE COMPANION'S pages.

Full Illustrated Announcement, describing the principal features of THE COMPANION'S new volume for 1905, will be sent to any address free.

The new subscriber for 1905 will receive all the issues of THE COMPANION for the remaining weeks of 1904 free from the time of subscription, also THE COMPANION "Carnation" Calendar for 1905, lithographed in twelve colors and gold.

The Youth's Companion,

144 Berkeley Street,

BOSTON, MASS.

“NOW” FOLK Announce the

TOUR

Of

Henry Harrison Brown,

Sam Exton Foulds and

Everitt R. Chappell.

To begin about the first of the year.

Purpose ❁ ❁ ❁

To Lecture, Conduct Classes, give Private Lessons, Heal, etc in harmony with “NOW” Philosophy.

Also, Mr. Brown will lecture in the interest of New Thought Federation of which he was recently elected President.

Territory ❁ ❁ ❁

to be visited will be United States, England, Australia, New Zealand. For the most part One Week stops will be made only at cities above 10,000 population. Smaller cities may be considered if good inducements are offered. California cities will be visited during the winter months.

**The above TRIO make a strong combination,—
a Triangle of Power.**

MR. BROWN to present the Philosophy in classes and lectures; to heal give Psychometric Character Readings and Advice. Many advanced students of New Thought principles say that Mr. Brown has no superior in Class Teaching along this line. He is the only teacher at the present time who has conducted regular classes in Psychometry.

MR. FOULDS to present Psychic and Telepathic Demonstrations. In this particular field he has no equal. Every doubtful point in Mental Philosophy is readily understood by the students who take part in Mr. Foulds' wonderful demonstrations. If you have studied much or little it makes no difference for his class demonstrations will illustrate every doubtful question.

MR. CHAPPELL to act as Business Manager. It will be remembered that he is and has been manager of “NOW” Folk for over three years. He has proved himself faithful to principle and ever keen in serving Truth following the voice within his own soul. He will give his whole time to the affairs of NOW, “NOW” Folk and Mr. Brown.

Readers of NOW! Are You Interested?

Write to the address below. Any suggestions will be accepted. Remember the business offices will remain unchanged. Home office,

“NOW” FOLK, 1437 Market St., San Francisco.

NOW'S CLUBBING OFFER

CAREFULLY CONSIDER THE FOLLOWING SPECIAL OFFERS:

NOW, One Year.....\$1.00
LIGHT OF TRUTH..... .50
Total.....\$1.50

Both the above sent to New Subscribers
for.....\$1.10 Renewals.....\$1.25

NOW, One Year.....\$1.00
Health Reporter, One Year 1.00
Total.....\$2.00

Both the above sent to New Subscribers
for.....\$1.25 Renewals.....\$1.40

NOW, One Year.....\$1.00
SUCCESS, One Year..... 1.00
Total.....\$2.00

Both the above sent to New Subscribers
for.....\$1.50 Renewals.....\$1.60

NOW, One Year.....\$1.00
Medical Talk, One Year.... .50
Total.....\$1.50

Both the above sent to New Subscribers
for.....\$1.10 Renewals.....\$1.25

NOW, One Year.....\$1.00
Correct English, One Year... 1.00
Total.....\$2.00

Both the above sent to New Subscribers
for.....\$1.25 Renewals.....\$1.50

NOW, One Year.....\$1.00
Human Culture, One Year 1.00
Total.....\$2.00

Both the above sent to New Subscribers
for.....\$1.35 Renewals.....\$1.50

NOW, One Year.....\$1.00
Our Dumb Animals, One Yr. .50
Total.....\$1.50

Both the above sent for.....\$1.10

The best listed journal and also WEE
WISDOM will greatly please and educate
the CHILDREN. Both should be in
every home. Realizing this we make this
SPECIAL OFFER:

NOW, One Year.....\$1.00
Wee Wisdom, One Year.... .50
Our Dumb Animals, One Yr. .50
Total.....\$2.00

The above three sent to New Subscribers
for.....\$1.25 Renewals.....\$1.50

FOR FURTHER LISTS, SEE FOLLOWING PAGE

Address

"NOW" FOLK

1437 Market St.

SAN FRANCISCO, CAL.

Now's Clubbing Offer

CAREFULLY CONSIDER THE FOLLOWING SPECIAL OFFERS:

NOW, One Year.....\$1.00
 ELEANOR KIRBY'S IDEA, 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.50

NOW, One Year.....\$1.00
 SUGGESTION, One Year... 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.40

NOW, One Year.....\$1.00
 NAUTILUS, One Year.... .50
 Total.....\$1.50

Both the above sent to New Subscribers
 for.....\$1.10 Renewals.....\$1.25

NOW, One Year.....\$1.00
 MIND, One Year..... 2.50
 Total.....\$3.50

Both the above sent to New Subscribers
 for.....\$2.50 Renewals.....\$2.75

NOW, One Year.....\$1.00
 UNITY, One Year..... 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.50

NOW, One Year.....\$1.00
 Weltmer's Mag., One Year 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.40

NOW, One Year.....\$1.00
 HIGHER THOUGHT..... .50
 Total.....\$1.50

Both the above sent to New Subscribers
 for.....\$1.10 Renewals.....\$1.25

NOW, One Year.....\$1.00
 FRED BURRY'S Journal 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.10 Renewals.....\$1.25

NOW, One Year.....\$1.00
 THE LIFE, One Year.... 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.50

NOW, One Year.....\$1.00
 Washington News Letter 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.50

NOW, One Year.....\$1.00
 DOMINION, One Year.... 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.50

NOW, One Year.....\$1.00
 IT, One Year..... 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.40

NOW, One Year.....\$1.00
 PHILISTINE, One Year... 1.00
 Total.....\$2.00

Both the above sent to New Subscribers
 for.....\$1.25 Renewals.....\$1.40

NOW, One Year.....\$1.00
 WEE WISDOM, One Year .50
 Total.....\$1.50

Both the above sent to New Subscribers
 for.....\$1.10 Renewals.....\$1.25

SEE THIS PAGE 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

Address: "NOW" FOLK
 1437 Market Street SAN FRANCISCO, CAL.

Circle 1