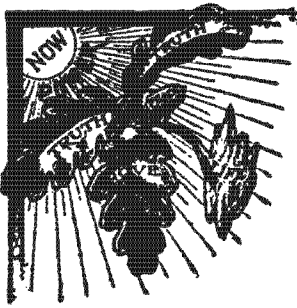


From all Life's Grapes I press sweet wine.—

Henry Harrison Brown



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A JOURNAL OF AFFIRMATION

Back no. 9 v. 5

VOL. V.

JANUARY—FEBRUARY, 1905

NO. 10

Mine Own. * * *

"Our Father?" I His below'd son?
Then I'm His heir and all is mine!
His child? My Father? We're one?
Then all is mine from sand to sun,
And all the stars that nightly shine,
And fruitful tree and clinging vine,
And all the brooks that circling run,
Are mine—All, all are mine!

"Our Father, may thy kingdom come!"
"Our Father?" Mine? My kingdom then!
His Power is mine since we're one!
By that one Power all things are done!
His Power is with the beast in den
And His the Power of armed men
In Him my every victory's won,
And all is mine—is mine!

"Our Father! May thy will be done!"
"Our Father?" Mine? His will my will?
Then as the years unfolding run
I only have my race begun!
His is my growing thought and skill!
My every act his plans fulfill.
Thus in one strand all Life is spun,
Since all is mine—is mine!

"On earth as 'tis in heaven!" the cry.
"On earth?" In matter? Everywhere?
His kingdom then on earth am I!
My Father's store is my Supply,
And all His life with him I share!
My kingdom is His constant care;
Love broods o'er me with faithful eye,
Since all is mine—is mine.

My life, my will, is one with thine!
Thy kingdom, Father, is my all!
The prayer for peace that once was mine
When dim the stars of faith did shine,
When trembling trust oft made me fall,
Is now no more! I've now no call,
For I am fruit of Love the vine,—
And all is mine—is mine.

—HENRY HARRISON BROWN.

* * *

The little needle always knows the North,
The little bird remembereth his note,
And this wise Seer within me never errs.
I never taught it what it teaches me;
I only follow when I act aright.—Emerson.

Christian Science and Suggestion.

Christian Science is not Suggestion and has nothing to do with it.—Correspondent of *San Francisco Examiner*.

The cures made by Christian Science are really by Suggestive Therapeutics.—Dr. H. A. Parkyn, in *Suggestion*.

Like effects spring from like causes.—*Natural Philosophy*.

Things which are equal to the same thing are equal to each other.—*Geometry*.

Such a statement as this from the *Examiner* is strange because Suggestion is an ever-present factor. No matter what the conduct or profession, Suggestion is its origin. That Suggestion is *all*, should not be said, for no one knows all the factors that make up the sum total of the manifestation of human life; but this can be said: *Everything in way of human experience has Suggestion for its conscious factor.*

Be it health or disease, be it joy or sorrow, be it pleasure or pain, be it success or failure, Suggestion is the conscious and human side. From the effect of Suggestion, no one can get away and at the same time retain his or her conscious manhood or womanhood. The consciousness which the insane and idiotic possess is subject to Suggestion.

What is a Suggestion? *It is anything and everything that, through a sensation, awakens a thought in the mind.* What is the Law of Sug-

A man is rich in proportion to the things he can afford to let alone.—

Thoreau

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gestion? *I am that which I think I am.*

Christian Science from first to last consists in causing the patient to think health that he may be health. "Error" is "false belief." Change the "belief," root out the "error," think health in its place, and the human side of the work is done and the sub-conscious (the Soul, or God) begins its work. In this statement, Christian Science is one with all other methods of healing from the Indian Medicine Man to the latest fad. The healer must first change the thought of the patient by some form of Suggestion. This Suggestion may be a word, a look, a bread pill, an Affirmation given by a magnetic healer or a practitioner of Suggestion, or it may be given silently, by telepathy, as the Christian and Mental Scientists do. The sign of the Christian Science healer, the mention of the name in print or by word, is a Suggestion and prepares the way for the silent word. Reformed Christian Science, in common with all other forms of human conduct, depends upon Suggestion. And because it is a method of using Suggestion, it is successful. No intelligent person will deny the success of the practitioners of either of these, neither will any one versed in the science of Mind deny that they are based upon true principles. The only point between these methods and those of other forms of Mental Healing is the limitations imposed by the Christian Scientists and their claim that they alone have the correct principle, and in their exclusiveness and refusal to acknowledge the good and true in

other systems.

That they heal a large proportion of their patients is true. With them as with practitioners in all methods of healing, the negative reports are not made. A failure to cure proves nothing for or against the principle involved. A cure demonstrates that the Life principle has been called, by that method, into expression. Christian Science cures. It cures many cases where doctors fail. It will continue to cure. As its practitioners become better versed in the Principle, it will cure more. But others who are not of this cult also cure. Mrs. Helen Wilmans, T. J. Shelton, S. A. Weltmer, Dr. Parkyn, Dr. Pitzer, Henry Harrison Brown and his associates, and ten thousand others, cure, and cure as large proportion of their patients as do Christian Scientists. And their patients remain cured equally long. Christian Scientists cure some upon whom other mental healers have failed. But others cure where Christian Science fails. This is often my case.

Effects follow cause. Cures by mental Power, no matter by what means, are cures from *one* Cause. Cures have but one source and that source is that from which birth comes. To call it God, Mind, Divine Wisdom, Life, Energy, does not explain. Cure and birth come from that Unknowable One whom men name by so many names, but from whom all Life springs. To call upon God in faith has no more efficacy than to call upon Life, or Power, or Mind, in the same faith and sincerity. This mental attitude of faith and sincerity is all that is

**The dependence of liberty shall be lovers;
The continuance of equality shall be comrades.←**

Walt Whitman

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required. "Believe and be saved," said Jesus. The belief is necessary. Emerson says: "A believing Love!" that is all.

To call upon this Life-giving Power under one name or formula has no more efficacy than under any other. Mrs. Eddy's name is not one the universal man can use, neither are her formulas the only ones. Each man may make his own. The moment one, through faith, becomes receptive to the inspiration of Life, it flows to him and he is healed. If a spoonful of water or "Science and Health" will do this, bless either of them, but remember that there are also a million other methods that have been efficacious since man lived in the cave and used incantations.

When, therefore, we see healing done by methods identical in Principle, and differing only in methods of Affirmation, or of conveying the Suggestion, we are, by every scientific deduction, compelled to say:—*"Things which are equal to the same thing are equal to each other"* and *"Like effects spring from like causes."* Ignorance of the power of Thought; the idea that Thought-power can be limited, and that one can be prevented from thinking his own thought, and that any thought but his own can affect him, are the most potent factors causing present ill conditions, and it is surprising how great this ignorance is among people otherwise intelligent.

To say "Hypnotism" to many people, and to many New Thought people, is like flaunting a red flag to a bull. But it does not matter; all these, in common with Christian

Science, use Suggestion, for that is all Hypnotism is. The difficulty is, these parties have discovered a method of using Suggestion and think they have discovered a new Principle,—the same Principle that Mesmer and all others since his time have used consciously; i. e., the Law of Suggestion. Mesmer did not understand, neither did many who followed him; comparatively few understand today. But this I will say, sure of its truthfulness:—No intelligent person can learn, under any good teacher, the Science and the Practice of Suggestion and not realize the identity of the Principle used by the Christian Scientists, the Reformed Christian Scientists, the Mental Scientists, the Divine Scientists, the Magnetic Healers, the Onthologists, etc., etc., etc. All breathe the one air, all live the one Life, all obey the one Law. That Law is ever active and is only more clearly understood now than it was in the time of Solomon when it was stated thus: "As a man thinketh in his heart, so is he." Let the reader of "Science and Health" think in his heart there is no matter, that he has no body, that he has no disease, and that mental condition will be reflected in the body which he really has, though he denied, and he is cured, because he has been brought to think health. But the thousands cured by Prof. Weltmer, by Mrs. Wilmans, by Col. Sabin, and Mr. Shelton, were also cured because they were brought to think so.

Does it make any difference whether the thought is sent orally or telepathically, as far as cure is con-

Let's not burden our remembrance
With a heaviness that's gone.—

Shakespeare

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cerned? No! But it does make all the difference in the understanding of the patient. One acts automatically because he *feels*, and the other acts intelligently because he *thinks*. The patient under suggestive treatment is taught the thought under which he is cured. The one cured by silent treatment does not know, for the sub-conscious acts in his cure as it acted when he was an unconscious infant, and there is no more conscious individuality developed in the one case than in the other. But the moment the Scientist begins to proselyte his patient, he is using Suggestion as definitely, but not so intelligently, as it is used by the oral healer.

But there is a fact that underlies these diverse schools which, when understood, will unite them. *Suggestion alone does not cure.* Suggestion is the instrument of cure and there are no cures without it. The cannon did not tear down the walls at Port Arthur, but no downfall without it. The destructive power was the powder behind the projectile that tore down the walls. The cannon confined the powder and directed it. In like manner, Suggestion gives direction to the *only* and the *one* healing power, (let us name it by any of these names,) God, Divine Love, Life, Energy. But Divine Power would have been diffused in radiations without direction had not Suggestion directed it to the patient. Suggestion intelligently applied is like the artillery and the intelligent artilleryman; but these without the powder and projectile would be useless. These various schools are like the

ancient knights who fought over the shield. One saw the gold and one the silver side. The shield was both. The two sides made the shield. Suggestion is one side of the fact of healing, but the unseen, silent forces of the Infinite Spirit are the other side. When students see both sides, there will be unity where is now diversity. O brothers and sisters, Humanity needs Truth! We have it! Why not in Unity heal? Why not all find shelter in *one* fold under the *one* Power and the *one* Law:—The Divine Power and the Law under which it works in Human Life,—*I am that which I think I am!*

* * *

RANCH PHILOSOPHY.

A Good World. ♣ ♣

It aint a bad world after all,
With its brooks, an' birds, an' bees,
An' skies o' blue, an' every hue,
An' friendly noddin' trees.

It aint a bad world after all,
With its mothers, an' babes, an' friends,
An' pleasant miles—sunshin'y smiles,
An' rest when the day's work ends.

It aint a bad world after all,
With its hope o' heaven blest,
An' evergreen hills o' faith that fills
Each troubled human breast.

It aint a bad world after all,
With its men, an' women, an' brothers,
An' claspin' hands in many lands,
All graspin' star-led lovers.

—SAM EXTON FOULDS.

* * *

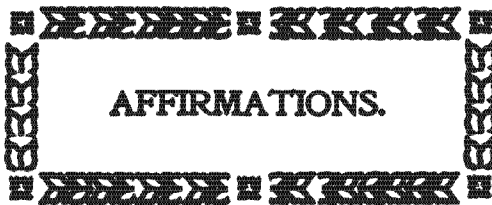
When will men live comrades and lovers,
All rancor and hate under ban?
Then the highest and holiest title
Will be, you're known as a man.

—Mayor Sam Jones.

* * *

I am kind of a mirror; the mirror is holden to men.
What the Eternal says, I, stammering, say again.

—Hafiz.



An Affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in himself that mental state which is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.

Prudence. ✨ ✨

I am Spirit with an objective expression.

Objective expression is necessary to the unfolding of my possibilities.

The sense-life is the primary manifestation of Life, and I will wisely use it for my unfoldment.

The world of sense is the world of shows. It exists for the education of Spirit. I will carefully use these symbols that I may grow in spiritual perception.

The objective world is the world of symbols, calling to the Reality within, the Soul, to become manifest in expression.

I love this objective life as the school of Spirit.

I love my sense impressions as the awakers of latent power within me.

I love the taste of food and drink for it calls Life into physical expression and makes me know and care for myself as body.

I love the odor of flowers for it enables me to distinguish sensations and educates me as Soul to recognize the world about me.

I love the sounds and myriad voices about me for they call into deeper expression my slumbering faculties of recognition. I am happy in the music of nature.

I love the wonderful visions sight

opens to me. I find my universe of perception and thought widened each day by the wondrous play of Light about me.

I love this sense of touch. From head to foot my body thrills as an instrument of joy. I enter into the vast pleasure realm through Sensation, caused by the vibrations of nature upon this marvelous body of mine.

I care for all that feeds, supplies, and heightens these physical senses, for through them I become one with that which is not myself.

I enjoy this wondrous play of Life through this body of mine and in its flush of health in vein and nerve I find happiness.

I enjoy the wondrous reproductive powers within me through which the race takes hold on eternity and through which my body is daily renewed. As creative centers, I care for them and elevate them in my thought of Good.

I am careful of this body and keep it clean and pure. I put into it only that which, in love, I believe will be for the highest expression of that which I am.

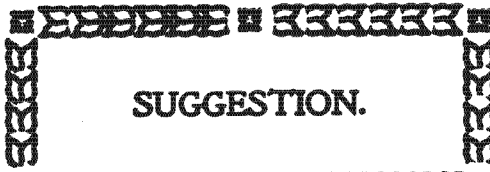
I love my body and clothe it in useful and beautiful garments that I may express in and through it the Beauty I am; one with the Supreme Beauty.

I love this earth and bring my body into contact with it by seeking grove and field and shore, lying on its breast, drawing as babe health and happiness.

I am prudent in the use of every bodily function and in the opportunities and supplies of the world about me.

Prudent expenditure of my forces, prudent expression of my emotions, keep myself at all times consciously in health and happiness.

The One Spirit, the One Life and the One Love is manifest through me and in that One I find order, system, care, economy and peace. In equal prudence, I am at all times restful, peaceful, supplied and content.



SUGGESTION.

THE LAW OF SUGGESTION is technically stated thus: I am that which I think I am.—In Bible language it is: As a man thinketh in his heart so is he.—In metaphysical statement it is: A person is governed by his conviction of Truth.

Lesson 10.

Simple Practice and "Personal Magnetism."

Fear has its abode in ignorance. Since this Law of Suggestion is everpresent and ever active, those who are ignorant of its existence, and yet compelled unconsciously to obey it, are the ones who fear and warn those who begin to study and apply it consciously and intelligently. While it is the basic principle upon which the clergy and physicians, teachers and editors, Mental, Christian, Divine and Magnetic healers depend for all objective expression, we have from them opposition. That opposition is as intelligent as that which has met every new discovery. Fear is its origin and Fear is the *one* Suggestion from which all so-called evil flows.

Each of these professions and each branch of them has some method of using this Law which constitutes their class, or party, or school. Did they understand the Law, there would be Unity of Thought and action under the ONE Principle of Life. To bring this about through knowledge is to be one of your purposes. The first step in the Science is to become convinced that the Law really exists. This you can do only by experiment. You may

read astronomy and accept the statements, but not till you have looked at the stars do you really "in your heart" know. One view of the satellites of Jupiter did more for me in way of knowledge than all my book reading. Conviction can come only with practice. Familiar with the Law by conscious exercise, you will soon naturally think in line of desire, and so suggest, and control your Fate.

An excellent practice for your own conversion is to test it upon your friends in your conversation. Suggest some physical condition like, "You are tired!" when they have no idea of so being. "It is warm!" or "It is chilly!" when they have not noticed it. Many try suggesting illness and so create it. I wish you to forget that any unpleasant condition ever existed, therefore suggest only relief, health and happiness to those who think otherwise, and see how you can bring joy and pleasant physical conditions by changing their thoughts.

The sense of smell and taste are easily controlled. Try your friends at convenient seasons by suggesting that some unpleasant odor is about. The majority will notice it, though they had not before. Keep silent after they think they smell, and let it die away. Do not be too free to tell what you do or are going to do. You will learn your power to bring pleasant conditions by Suggestion. Suggest that some food is too sweet or too sour. Make any statement about some thing in which all are interested and see how large a portion will act under it. In this way you will become convinced

The power of the Higher Life Is the power of the Higher Thought.←

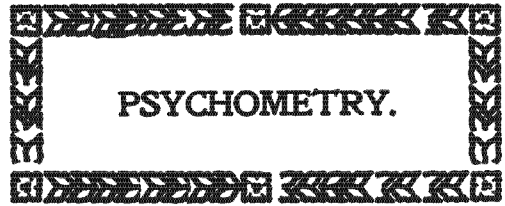
Francis Ellingwood Abbot

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that *we live in our thoughts, and what we think we are.*

Experimenting with children, some professor reports that opening various bottles of water before his class and asking them to tell what odor he had set free, the majority smelled some odor. Try it in your social gatherings. You will find that Suggestions act in line with one's experience and so each one will be apt to smell his favorite odor.

A few such experiments will give you an understanding of the power one person can exercise over another. In these you have exercised it *all*. All possible power that one can exercise upon another is that of Suggestion. You have in these experiments done all that any teacher can give you. All you have to do now is to extend your knowledge and develop the Art of Suggestion. No matter who teaches "Personal Magnetism" or "The Art of Controlling Others," pose he as Indian adept, or Mental Scientist, or some occult teacher, he can teach you no more than *how* to suggest. The many advertisements proclaiming otherwise, I wish to tell you I consider fake and fraud. Avoid them or you will repeat the proverb the little boy did when he dropped his penny into the contribution:—"The fool and his money are soon parted." There is nothing mysterious in nature. The "occult" is merely that which is hidden through ignorance. The needed insight is given to human power and human conduct by the understanding of this Law: *I am that which I think I am.* He who can change my thought will change my life and my conduct. This is the limit of "Personal Magnetism."



PSYCHOMETRY is the Science and the Art of recognizing and interpreting sensations not recognizable by the five senses.

Lesson 10.

Experimenting. * * *

The one peculiarity of Psychometry is that its conclusions often seem pure assertion, without rhyme or reason, as far as the sensitive knows. —Charles Dawbarn, in *Banner of Light*.

To one who has studied Vibration, each square inch of space is like every other square inch, because each individuality in the universe radiates itself as does the sun or candle. Those vibrations of varying degrees of speed fill the medium in which they radiate. Therefore, thought from each individual person radiates throughout all the thought realm, Soul throughout all the soul realm and Spirit throughout all the spirit realm. Be these realms one or be they separated, the fact remains that the vibrations of each personality and individuality radiate to the extent of the medium in which they exist. For this reason, each person is present at all times in every portion of the universe. Human omnipresence is demonstrated by Psychometry.

All that is needed is that one should become conversant with his sensations and know from whence they come—interpret them. He may then know whatsoever he may desire.

Our sensations so blend that we do not analyze them and live in the sum total of them. Unless they

To the receptive soul the River of Life pauseth not,
nor is diminished.←

George Eliot

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are positively felt through the senses, or our attention is called to them, we let the most important of our sensations pass by unnoticed.

But the artists, poets, psychics, notice them and thus extend the range of their perceptions, which is in reality extending their universe.

Attention to, which is cultivation of, sensations will soon enable one to sense the vibrations from any desired person. This requires the faculty of shutting out sense-perception, and noticing instead those sensations which come to the Soul through the entire nervous system, those which are in general unnoticed.

To attain this, practice by going into that "Silence" where the voice of man never comes, "the closet" Jesus recommends, whose door is "Concentration" and whose key is "Desire." When once there, the desired sensations will be felt.

I cannot better tell you how to do this than by narrating the method of my class work in a recent experiment.

I had previously torn up a letter from a correspondent, unknown to me personally save by name. Age, description, history, all unknown. Bits of this letter were placed in envelopes and given to each member of the class, telling them nothing, not even the sex of the writer, with the request that they, at such time as is convenient, "go into the Silence" and write what they *felt* concerning the writer; to write what came into their minds no matter how strange it might seem to them. At the next lesson reports were read, several describing person and

others describing the character. Mr. Foulds, however, gave so fine a Reading that I sent it to the lady with the request that she tell me if it was true. As a specimen of what can be done through a cultivation of this faculty, I give below the Reading which the lady writes me is "Excellent:" The only error is in death of husband. There has been, however, a death of father, mother, brother, three children and a much loved sister (in an awful manner.) To one versed in these matters, this mistake is easily accounted for. The son is a letter carrier, and she is much interested in these persons and in the G. A. R. The name of the Spirit teacher is, as indicated in the Reading, "Nathaniel." The lady writes: "Mr. Foulds' Reading is excellent and true in every particular save in the death of my husband." Remember this cannot be telepathy because not one person of the class, even myself, knew these facts, and only I knew the name of the person and that she is an author.

With this I get a woman of from 45 to 60. She lives in quite a large city, 30,000 to 40,000 inhabitants. It seems on a R. R., runs by the side of the town, and I think it is one of the lines that come from Chicago. I get Rock Island. I think this person has passed through a great deal of trouble. It seems that the death of a husband has caused her much trouble and worry, but a certain philosophy that is really one given her from the Spirit by writing has helped to comfort her very much. Now her hopes all center in a son, a young man of maybe 19 to 24. I believe this woman to be a spiritualist of a high order and a good writing medium. Her guide, it seems to me, is called "Nathaniel" and writes through her. Poetry and art appeal to this person, and I believe she has written books and also for the magazines. I think she is deeply interested in the G. A. R. and in some people who wear grey uniforms and carry something on their backs—may be letter carriers. This person has a wonderful love-nature and is greatly loved by all who know her.

Hold your Thought, your Mind, your Will in Principle and you will succeed.←

Eva C. Huline

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Federation Notes. ❄ ❄

The New Convention of the New Thought Federation will be held at Nevada, Mo., September 26, 27, 28 and 29, 1905.

(Journals in sympathy with the movement are requested to copy the above notice.)

I am pleased with the selection of city for next Convention. The Meeting is for the mutual benefit of the members and a central city is most just to all. Nevada is easy of access either from Kansas City or St. Louis and once there a welcome is assured and we shall not only all become acquainted but also inspired for our greater work. As workers, we do not need to be lectured to, so much as we need to come into pleasant relations and consult with each other. This central location gives an opportunity for a large attendance. I will have more to say each month till Convention, when I shall meet you all.

Forget it not; i. e., the request made through the Secretary of the New Thought Federation that each center make a contribution at its first meeting in March and that each individual also be invited to contribute on the first of March to the treasury of the Federation. Let us be generous and the Federation will have enough to work with. If you pass that season, make the contribution at the first subsequent meeting or at any convenient time. The Federation needs these funds to carry out its plans.

Our "New Thought Primer" was written in September, 1903. On page 42 I made the following prophecy which is fulfilled in the Federation:—

New Thought will never organize. Its genius is Freedom. There will come unity of action. Under it all, will come a Realization of Truth, and societies of expression will naturally crystallize, not to think alike, but to work together for the good of all.

The FEDERATION is *not* an organization in the usual sense of the word. It is voluntary union for work without creed, formula, or rule, but in

Love of Truth and Faith in the Soul, it trusts in Human Endeavor. Do your neighbors need the Light you have? Why not so *live* it that they may see your good works and seek it for themselves? "A city set on a hill cannot be hid." The Federation is that city. Your Light there will draw others to Truth.

In accordance with the request of the Board of Directors of the Federation, will each reader of NOW each day take Thought in Silence for the Success of the Federation? It will not only help the Universal work, but also stimulate in you the Love of Truth that makes you free from all limitations of sense. Become thus one with all New Thought people by uniting in daily thought with them. In this thought of Unity, I can do no better than to quote a stanza from a favorite hymn by John White Chadwick:—

One in love of all things fair,
One with the joy that breaketh into song,
One with the grief that trembles into prayer;
One in the power that makes thy children free
To follow Truth, and so be one with thee!

I am glad to realize by letters that NOW readers are joining the Federation. I would have not only all NOW readers, but the readers of all our New Thought journals join. Your thought, your influence, your efforts and your dollars will help the Federation to do the work it wishes to do. With this help it will carry out the prophecies of success made for it. In the hearts of many, it is now SUCCESS.

Notice the offer of New Thought journals to new members as given by the secretary on page 235.

* * *

A New Thought Metaphysical Library and Free Reading Room has been opened by Mrs. King in Room 201 Grant building, corner Market and 7th streets. It is a most convenient location. Here all New Thought journals will be found on table and here subscriptions will be taken. New Thought books loaned and sold. "NOW" Publications will always be on sale.

**Obstruction is but Virtue's foil.
The Stream Impeded has a song.←**

Ingersoll

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OFFICE OF NOW
105 Steiner street, San Francisco, California.

JANUARY—FEBRUARY, 1905

NOW,

HENRY HARRISON BROWN,
Editor.

A monthly Journal of Positive Affirmations.

Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is:—**Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

SUBSCRIPTION RATES.....\$1.00 per year
Single Copies, 10 cents.

ADVERTISING RATES.....\$2.00 per inch

Send money in bills, P. O. Money Orders payable to "Now" Folk, San Francisco, Express Orders, in silver or bank drafts. Postage stamps (1c and 2c only), for parts of the dollar when more convenient for sender.

Foreign subscribers, outside of Canada and Mexico, must add 25c to the ordinary subscription price to cover postage. Do not send foreign P. O. stamps.

Entered Jan. 6, 1903, at San Francisco, Cal., as 2d class matter, under Act of Congress of March 3, 1879

CONVENTION, SEPTEMBER 26, 27, 28
AND 29, AT NEVADA, MO.

105 STEINER STREET.

N. B.—NOW has removed to the above address. It is opposite Herman St. Haight street cars run within two blocks and Fillmore cars just one block. Our office and Home is now under one roof, making it more convenient and enabling us later to make our lecture tour. We were never so pleasantly situated. Our rooms overlook Duboce Park. They are sunny, quiet, and full of inspiration. Having done good work in more noisy and in much less convenient quarters, we are sure of still better work here.

☞ Exchanges will please note the change of address and change their papers to 105 Steiner street.

In order to bring our magazine up with the almanac—it is always up-to-date in Thought—we call this the January

and February number, but it is No. 10 of the volume. Each subscriber will receive 12 numbers for a years subscription. We are delayed from unavoidable reasons. 12 numbers make a volume at \$1 per volume. Do not get anxious, for NOW is always on time.

Changes in the plans of our business, rendered necessary by the election of Mr. Brown to the Presidency of the New Thought Federation, delay our proposed tour. Before we start, all our business matters must be so arranged that our assistants can carry it on. Due notice will be given through NOW and other journals of date of starting and our proposed route. Several places have already announced their desire for Mr. Brown's Courses. We are still open for proposals.

Henry Harrison Brown has just closed at "NOW" Parlors his course of 13 Lessons in Suggestion, and also a course of 13 Lessons in "The Laws of Spiritual Unfoldment." This latter course is the most advanced he ever gave. It is the seventh course in his series of Spiritual Instruction. The other six are:—

12 Lessons in Suggestion.

12 Lessons in the Use of Thought for Success.

12 Lessons in Thought as Power, including several lessons on Telepathy.

12 Lessons in the Art of Living.

12 Lessons in Psychometry.

12 Lessons in the Outlines of New Thought.

During his tour, he will take up personal work in connection with Federation work and can be engaged for any of these courses. He can also be engaged for one or more independent lectures. For terms and dates, address Henry Harrison Brown, 105 Steiner street, San Francisco, Cal.

At 3:00 p. m., Sunday, February 12, a Union New Thought meeting was held in Memorial Hall, Odd Fellows building. It was called by the President of the New Thought Federation

**Whene'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.—**

Edith M. Thomas

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in the interest of a unity of action among the various centers in the city. It was well attended. Representatives from various centers gave short addresses. Others who were kept from coming gave excuses. Mrs. Anna Rix Militz from Home of Truth was present and said her last words before embarking for the Orient. From the interest manifested it was thought best to hold another meeting on March 5. Mr. Sam Exton Foulds will serve as chairman and it is hoped that some definite arrangements can be made for a regular monthly meeting. That such a meeting is needed is evidenced by the fact that most of the representatives of different centers were not acquainted with each other. A social center is desired that we may not only know each other personally, but learn of each other's work. Points of UNITY are to be emphasized. We shall all find that we are much nearer one in expression than we thought. We are one in spirit. Remember date. Sunday, March 5, at 3 p. m., Odd Fellows building, corner Market and 7th Sts.

Sunday evening, January 29, Mr. Brown delivered an address upon "Thomas Paine; Four Times the Savior of Liberty in the Struggle for Independence." His hall was full and the lecture was received with enthusiasm. February 12th, he gave an address entitled "A Lesson from the Life of Lincoln," showing the power of thought, through the Ideal, to mould the life of a man and determine the civilization of a nation.

We have not been able to fill orders for "Man's Greatest Discovery" for the last few weeks. A new edition is in the hands of the printers and we shall soon fill orders. The sale of this little book has been a pleasing surprise to us, for so advanced are its teachings that we thought but few in a thousand would desire it. Especially gratifying are our large English orders and the reception it has met with from our Hindu correspondents. Its thought

is not only scientific, but is more fascinating than fiction: it appeals to the imagination in its possibilities in such a way that they who read become already strong to demonstrate the theme of the book:—THOUGHT IS POWER!

Leroy Berrier, author, publisher, and "Instructor of Human Culture," Davenport, Iowa, well known for his work on the "The Cultivation of Personal Magnetism," and author of a new book reviewed in this issue, writes of NOW under date of Feb. 16:—

We have had NOW for a year and are much interested in it. If I was never to open it again, but simply held it in my hand and allowed the feelings it arouses to possess me, I am sure I would be benefitted to the extent of many times its subscription price, if such feelings could be measured in dollars and cents.

"NOW" Folk feel that even as a healing power to lie on table, NOW is more valuable than all possible material prescriptions. It comes with healing in its pages. Many are the reports of subscribers healed by holding it, carrying it in their pockets, or sleeping with it. Thought IS power, and it goes with every healthful journal.

The students of the "Delivered Life" invited me to their Annual Convention and Banquet at the Palmer House in Chicago. And since I could not be with them, I sent a letter and will in Thought drink "the Loving Cup of unfermented wine" with them. "NOW" Folk greet all who in any way seek to keep sacred the Thought of Universal Love and to *live* in the Spirit of Truth through such seasons of commemoration.

NOW has received an invitation to attend the exercises on the Eighth Anniversary of the Weltmer School of Healing at Nevada, Mo. Were we near enough, it would be our pleasure to do so. As it is, we are there only in spirit and with thanks to Prof. Weltmer for his noble stand for the personal right of all to be treated for health by any system he or she may elect.

To a good man nothing is evil, neither when living
nor when dead.—

Socrates

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The New Year Song. ♣ ♣

Now with the new endeavors,
Now with the past all told,
Take of its gist of lessons,
Take of its Wisdom gold.
Use for the days before thee,
Use for thine highest good;
Ever to those who question
Can the past be understood.

Life in its radiant beauty.
Life in its bud and bloom,
Surges and blesses round us,
The glad New Year has come.
Live as you travel onward;
Let others to idols bow!
Grasp the New Year's acceptor!
Live in the glorious now.

—ABBIE WALKER GOULD.

Moline, Ill., January 4, 1905.

* * *

Scientific Methods and Telepathy.

By what process can one mind affect another at a distance? Physical science teaches that there is no such thing as "action at a distance." Energy at a distance reaches us either by the translation of matter through space or by the immediate action of some medium. We may talk of brain-waves, but that is only unscientific talk; we know nothing of the kind. We must patiently wait for more light on the mode of transmission of thought through space. May not the uncertainty of our experiments in thought-transference partly arise from the fact that we are not going to work the right way? Ought we not rather to seek for evidence of thought-transference in the region of the sub-conscious life? I believe in the case of both the agent and the percipient the conscious will plays only a secondary part. This is true also in all cases of Suggestion and of the therapeutic effect of Suggestion. It is notably seen in the cures wrought in what is known as Christian Science. So, in telepathy, we need to hand the whole matter to the subliminal activities.—*From an address before the Society for Psychical Research, London, by Prof. W. F. Barrett (Quoted in Literary Digest).*

As long as scientists persist in trying to unravel psychical phenomena by the same methods they have studied physical phenomena, and as long as they only study the phenomena in others, and not in themselves, they will never understand them. Prof. Barrett, in rendering both transmitter and receiver negative, is far from the truth as when he places the explanation in the sub-conscious; he is right only so far as he places the cause of all human phenomena there. I am under my will power all the time, and the

healer, of whatever name, uses his will when he heals as much as when he labors with his hands. It is the question of how to use the will. It takes as much will to sit in a chair as to walk, and as much will to send or to receive a telepathic message as to write or talk. All explanation of the transmission of thought lies in the soul itself, and in the direction given it by the conscious thought, which thought is held by the will. This is concentration. When Prof. Barrett can send and receive, in his own person, telepathic messages, he will understand. Till then, the results of the Psychic Research Societies will lay in their collection of facts, but as far as understanding those facts, they will as deeply muddle the public mind as the theologians have in trying to understand the facts in the life of Jesus. Only the poet can understand the poet, and only the psychic can understand the psychic. Confine yourselves, gentlemen, to facts and to self-development, would you KNOW.

* * *

New Thought Federation.

OFFICE OF THE SECRETARY,
3414 Bell Ave., St. Louis, Mo.,
February 1, 1905.

Friends of the New Thought:

The quarterly meeting of the Board of Directors of the New Thought Federation was held in Kansas City, Mo., January 26, and was well attended. One of the matters of general interest determined at this meeting was that of locating the Annual meeting and Convention of this year. Many points were considered and various cities presented their claims and inducements, but the Board felt that the question should be decided from the standpoint of the best good of the Federation, and its final decision was in harmony with this feeling and thought. The desire was to designate the point that would permit the greatest number from all sections to attend, for a truly successful convention should be representative of the entire country and not

The True Incentive to a useful and happy labor must be pleasure in the work itself.—

William Morris

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confined to any particular locality; hence the most central point proposed was the one selected. Strange to say, also, this most central point presented the strongest claims and offered the most inducements which the Board felt it should not fail to recognize.

The Annual meeting and Convention will be held at Nevada, Mo., on September 26, 27, 28 and 29, 1905. The work of preparation will be taken up at once. Ninety per cent of the people of Nevada are more than friendly to the New Thought movement, and the spirit and letter of their invitation and agreement insures a most hospitable entertainment of all delegates.

Another matter of general interest was that several of the publishers of New Thought magazines offered as a contribution to the movement to give a three months subscription free to all new applicants for membership in the New Thought Federation; this covers all renewals. Each applicant for membership, therefore, will receive for three months from five to ten magazines FREE.

The work of the Federation is a co-operative one and demands are being made upon it for practical purposes which requires an increased supply of a financial nature. In view of this, the Board felt justified in instructing the Secretary to invite all centers, so disposed, to set aside the collection or income of the first regular meeting in March as a contribution to the Federation. Individuals not associated with any center, but who are in sympathy with the purposes of the Federation, are asked to make such voluntary contribution as they feel disposed to.

All should bear in mind that this is a contribution to a *cause*. The Federation is so inclusive and co-operative that it stands for the *movement*, the *cause*, and not for any one individual or set of individuals. All who read this notice will please consider it an invitation to co-operate.

In Life, Love and Truth,
JOHN D. PERRIN, Sec'y.

The New Thought Federation was a failure. It will go into what Grover Cleveland calls "innocuous desuetude." The Bartons, the Filmores and the Brownies can't keep it going.—T. J. Shelton, in *Christian*.

The New Thought Federation has not yet had time to prove itself either a failure or success. It was born at the Convention in St. Louis. It lives. Shall it be Success? It has done a noble work already in finding who are its friends. Some from whom I expected at least good wishes, throw wet blankets. Why? Brother Shelton, do you thus say, "I told you so?" Are the Principles and Purposes of the Federation wrong? Are its methods wrong? If so, why not help us by telling us where we can improve? Are our Principles and purposes right? Then why not help us? I can see no reason why any one who loves Truth and who desires it to more abound should not work with us. Universal Love should unite us all. In this Love, all these individual idiosyncracies should, for a few moments each day, and a few days in the year, be forgotten. I will not bark against anything, even if it is bad, still less will I put obstacles in the way of any whom I recognize as working honestly. Such criticism seems to me to be working in the lesser and personal love. I would rather fail, attempting under the Universal Love to draw all men unto Truth, than to win under the personal love from which "I told you so" must have sprung. "Come up higher," my brother.

* * *

Dr. Alexander J. McIvor-Tyndall, the noted mind-reader and at present the head of the McIvor-Tyndall Institute of Psychic Science in Los Angeles, writes us under date of Feb. 15:—

It seems to me that December NOW is better than ever. I don't know that I have written you since reading "Self-Healing through Suggestion." It is by far the best thing in that line I have ever read. We were much interested in the accounts of Mr. Foulds' work in Thought Transference. It is strange that people miss the truth that it is the Thought, and not the Suggestion, that heals. I wonder what they think there is in Suggestion other than Thought.

In the pure soul, whether it sing or pray,
The Christ is born anew from day to day.—

Elizabeth Stuart Phelps

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A Reception to the President of the New Thought Federation.

On the afternoon of January 27, the "Orilla Sisterhood," a society of ladies who have been organized fifteen years for spiritual development, gave a reception to Henry Harrison Brown, as President of the New Thought Federation, in which their sympathy is enlisted. Their beautiful hall, at corner of Dolores and 20th streets, was filled with representatives of fifteen different Centers in the city, and after a lunch which was served promptly at noon, some of these representatives made short addresses upon their own lines of thought and in recognition of the Unity of Truth. All expressed good-will for the Federation and congratulated both the President and the Federation that they had found each other. The afternoon was passed in speech, song and social converse. It was the first recognition of his position Mr. Brown had had in the city. It was particularly gratifying, coming from this society of ladies, for they have often encouraged him in his work here. They inspired him when his work was new and recognizing his present success, they have demonstrated themselves true to the Principle that made woman last at the cross and first at the resurrection,—the first to welcome the labor, and the first to crown it with palms, after the victory. From no other source could such inspiration come as from this; a good augury of the success both of the Federation and "NOW" Folk.

* * *

Henry Harrison Brown addressed the New Thought Center in Oakland, Sunday, February 19, at 3 p. m., upon "One Life and ONE Law." Audience fine, and they gave him a warm reception. He is open for engagements for a few weeks in the vicinity of San Francisco for classes, and for Sunday and week-day meetings.

Why Criticise the Federation?

NOW'S report of the New Thought Convention is certainly a hummer. It is good reading, in a way, but it must not be taken too seriously. Mr. Brown calls attention to the deep power. Shoot! There wasn't enough power in the Convention to prime a shot gun. Talk about a crowd like that healing the sick and raising the dead. One individual, clothed with authority and power, could have caused more stir in St. Louis in ten minutes than this convention did in its four days session. The Federation was a mighty sick child when in St. Louis, but if any one can bring it out of its infancy, I believe Captain Brown is the man.—*Dr. S. A. West, in Master Christian.*

Dr. West was in the Convention with power. We feel only that power which is in harmony with our own vibrations. But why bark at the Federation? It did all it proposed to do in St. Louis. It ORGANIZED. Now it is ready to work as the world wants it. The field is open for "the individual clothed with power and authority." Why not take the place, doctor? The Federation will welcome and the members of the Federation will share their homes with whoever comes so clothed. NOW is ready to accept any GOOD thing now, not waiting for that which *may* be. The Power that is wasted in criticism would, if used to unite, be wisely spent. But I am not "clothed with power and authority" to even nurse this young child. I will put into it, as I invite all who LOVE truth to do, good-will, love and best efforts for its success. What will be the verdict in a year, I care not. The effort at Unity has already paid each of us. It is a step in the fulfillment of the angels' prophecy: "Good-will among men." Is it not POWER to meet with others in this wish and in this desire?

* * *

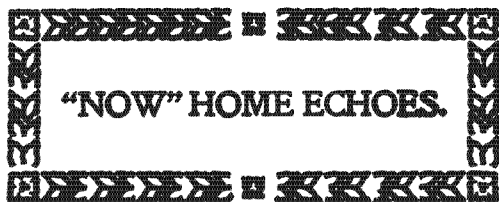
For Love is but the heart's immortal thirst,
To be completely known and all forgiven,
Even as sinful souls that come to heaven.
So take me, Love and understand my worst.
And pardon it, for love, because confessed,
And let me find in thee my love, the best.

—HENRY VAN DYKE.

Within One's self must be the source of strength, the basis of consolation.—

Marcus Aurelius

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If we each spoke the desire of our heart, it would be to find the SELF. We begin the search for the Infinite as soon as we are born. Sooner or later we learn that we can find nothing but that which is within ourselves. Searching the ends of the earth for possessions, what we may find, we soon learn we had always possessed. A Norse legend tells of a man who was pursued by misfortune. His crops were destroyed, his children died, he was attacked by enemies, he became ill. One day, thinking, he saw the troll that did it, he caught him and they wrestled, and when he mastered it and saw its face, it was his own. He had been seeking cause outside of himself instead of within. Each must sometime stand face to face with his own Being.

This great New Thought work begins with the individual. He is the beginning of a race. Would I work for the betterment of the race, I must begin with myself. As I grow wise and strong, I may reach out and help others. I am to let my light shine.

RAYMOND.

It is necessary that we have power to endure. Things come to us as we need. Once in Alaska I had an experience that taxed my endurance. We were capsized and in darkness floated till morning. We then found land, made fire enough to thaw but not to dry our clothing. We had nothing to eat till we got back to camp. But we endured it. The conditions drew out of me that latent power I had. I would never have known I possessed it. So I have learned to welcome these seasons as times of revelation of my power.

JENS.

Not long ago my work shut down and so short was my supply that I could scarcely pay postage on a letter. But all the time I knew that within myself was the source of supply and affirmed, "I have abundance!" and paid out what money I had gladly. I felt more would come in its place. When the opposite thought would sweep over me, I would affirm: "I am ALL that is, and I have all I need!" In this positive attitude I would soon come out victorious. I realize now that it requires time to materialize our thoughts and that we must keep at it till they do.

MRS R.

We should be like a rubber ball in all the circumstances of life. The harder it is hit, the more it bounds. The harder we fall, the higher we should rise.

* * *

WILL.

Monopolies.*

Truth goes marching on. There is never a moment's rest in the Evolution of God into Human Consciousness. As He comes in, ignorance, selfishness, tyranny, greed, disease, and lust for power, goes out. And as in the evolution of Life from monad to man a more complex organism is crystallized when a new unfoldment of the Indwelling God requires it, so in the unfoldment of the Human Soul when a needed man is required, he comes; when needed action by society is needed, it comes. Nothing can stay the Progress of Ideas. This is exemplified in the present activity of individuals and states against the Standard Oil Monopoly. Let Truth alone. Better were it for one to be cast into the sea with a millstone about his neck than for him to seek to win by any method not in harmony with Truth and Love. United they read:—JUSTICE. Let us use this Affirmation:—

Truth shall conquer at the last,
As round and round we run;
And ever the right comes uppermost,
And ever is justice done.

* * *

Everything is proper to be expressed if you only aim high enough.—*Jean Millet.*

To "NOW" Subscribers and Readers—

Owing to unavoidable delays in the removal of our office printing plant and in re-organizing and consolidating our work, this magazine has been delayed. We have made entirely new arrangements for the printing of the magazine and we do not now see that any necessity will hereafter arise for another delay in the issue of the magazine.

"NOW" Folk commenced with no experience in the publishing business and with no realization of the immensity of the work that would open for them. Our success has been too great for our ability and finances and we have because of the many new fields and demands been compelled to enlarge our corps of workers and find more convenient and commodious quarters.

Though there has been a seeming lull, "NOW" Folk were never so active, and were never so conscious of the Unity with the Over-Soul than during the last four months. We were never so able financially and otherwise to carry on our work, and never so determined and trustful as now.

We have our Office and "NOW" Home under one roof, and have thus, not only largely increased our working capacity, but have doubled our local work.

Because we wish the volumes and the Courses of Lessons complete and also in conformity with postal regulations we shall keep the same series of numbers. It will be noticed that since the December number was the 9 this is 10 in Volume V. Though this issue goes to press the first of June it is the January number. Each subscriber will receive 12 numbers.

The magazine for this, and the next two months will be only sixteen pages. But in the New volume we shall return to 32 pages with cover.

We also contemplate additional and important improvements in the next volume. It has been the aim of the publishers to give "NOW" the appearance and size that would make it no unworthy competitor with the leading magazines. We have done this at an expense beyond what its income warranted, but it has proved a profitable investment. It has given the magazine a first place among New Thought and liberal journals and made it an indispensable companion in thousands of homes where it is relied upon for instruction, counsel, and as a health bringer.

We rely upon our readers now to make efforts commensurate with our own, and thus not only increase our circulation but also the sale of our books, thereby enabling us to carry out not only our plans for the magazine, but some other important propositions we have for increasing among the masses the spread of the Truth for which we stand.

Remember this and not only renew your own subscription but send also your friend's for the next volume.

