

"THE MISSING LINK," ON PAGE FOUR, IS STARTLING IN ITS THOUGHT. IT FILLS THE GAP SCIENCE HAS LONG SOUGHT TO FILL.

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

# NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one, And both are NOW.—WHITTIER.

'Twas only striking from the calendar Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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SAN JOSE, CAL., OCTOBER, 1901.

HENRY HARRISON BROWN  
Editor and Proprietor.  
Office, 124 Santa Clara Street,  
San Jose, Cal.

## Amid the Big Trees.

To R. M.

Omnipotence within these forms doth tower!  
This titanic wood, like telemones  
Uphold heaven's deepest, bluest arches.  
These

Ever-living columns of Almighty Power!  
Eons speak in them! O, we cannot dream  
When they were not. Firm-set, broad-  
breasted, strong,

They child-like cling for nourishment, though  
stars

Bend listening to their wondrous wind-born  
song.

O, type of Truth Eternal and of Power!  
I recognize we're kin in soul this hour.

Love is with me! These giant Dryads, types  
Of thee. Types of thy love, for thou and  
Love

Art one! No firmer do they reign above  
The solid earth, than Trust in thee. All  
heights

They measure, rising o'er earth's forests wide;  
But measure not the heights of Love Divine!  
I sense their majesty with thee beside

And all the universe is filled with wine!  
These matchless children of our mother, Earth,  
Have given to our Souls this hour, new birth!

They are! And they could tell of people rare  
That loved and wrought e'er Adam came, or  
man

Had found himself God-conquered. In the  
van

Of time were they! And could they tell—Ah!  
there

They stop! If! If they could! O, Mighty  
Trees!

This inward birth makes me in Life thy  
kin—  
Thy kin in Power! But Love and Truth! Mine  
these!

In love I clasp this hand! Love's goal I win!  
Thou'rt ignorant of Love. Thy birth has been  
thy ban!  
Immortal I! Thou canst not say—I AM!  
—HENRY HARRISON BROWN.

Big Trees, Santa Cruz Mountains, Aug. 27, 1901.

Nothing hurts the Big Tree. It lives on  
through indefinite thousands of years.  
*John Muir in Allantic Monthly.*

The serf of his own past is not a man.  
—Lowell.

## Affirmations.

"He that doeth the will of my Father, the  
same is my mother and sister and brother."—  
*Jesus.*

"The idea that we call our own will make its  
own audience. It will grow by a taste of  
itself."—*Wall Whitman.*

## Power to do.

Life is Power.

I am Life. I am Power.

Life and Power are infinite.

I have all this infinite Power to do with.  
Whatever I desire to do, that I have  
power to do.

I desire to do anything that Truth and  
Love inspire me to do, and that I will  
love to do.

Duties are mine, and I have the Power  
to do them, and do them well.

No matter what it is that I feel to do,  
that I will love to do, and the Power is  
mine to do it.

There is nothing that I wish to do, that  
I am not supplied with Power for doing,  
and that power I use wisely.

Power includes Health, Strength, and  
Wisdom. I have the strength and the  
knowledge to enable me to do every duty  
well, to do all I desire and to enjoy this  
doing.

Power includes Intelligence and I have  
all the necessary intelligence for the  
unfolding wisely of my every faculty of  
body and mind.

Power includes Ideas, and every Idea is  
to me a dynamo of Power for its own  
expression.

Power includes Thought, and I have  
thought to use in expressing every idea  
that is mine.

Power includes Language, the tool of  
thought, and I have Language to clothe  
all my thoughts in appropriate words  
to carry conviction of Truth to others.

Power includes Ability, to use my hands  
to express the ideas I have of Mechanics  
and Beauty, and this makes me both  
artist and artizan, at will.

Power includes Philanthropy and I am  
full of brotherly desire to help my fellow  
men. Power enables me to do for oth-  
ers that which I think I should do to,  
and for, them.

Power includes Love. Love is the high-

est manifestation of Power. Love is the  
controlling Power, over all other forms  
of Power. I am Love:

Through Love as Power I control my  
own manifestations of Life, and through  
Love I control my conduct towards my  
fellow men.

Through Love I fulfill the Law of my  
Being, and come into a Realization of  
my Power as an individualized manifes-  
tation of the ONE, who is Love.

All is Love. All is Power. Love and  
Power are mine. I am Love and Power.  
These are inexhaustable. I have all I  
want. This Love is my shepherd and I  
do not want, for whatever I desire to do  
that I do through the Power of the One  
who is Love.

Heaven is not reached by a single bound;  
We build the ladder by which we rise  
From the lowly earth to the vaulted skies,  
And we climb to its summit round by  
round. —*J. G. Holland.*

In our spiritual natures we are like  
automatic valves. As long as we open  
ourselves to lower motives and indul-  
gences we close ourselves to the higher  
by that very impulse. When we close  
the lower, we open the higher. The  
choice is always ours.

—*Newcomb, "All's Right with the World."*

Science was Faith once; Faith were Science  
now,  
Would she but lay her bow and arrows by,  
And arm her with the weapons of the time.  
Nothing that keeps thought, is safe from  
thought.

For there's no virgin-fort but self-respect,  
And Truth defensive hath lost its hold on God.  
—*Lowell.*

God's sun shines over us, the day is ours.  
Shake off the shadows of the night. Look at  
dead yesterdays only to see their final mean-  
ing as they lie still in the pitiless white lake of  
the irrevocable. Then turn to today, and  
make every sin and every agony an education;  
take the past up into the spirit and offer the  
one attonement—Consecrated living now.  
—*Prof. E. H. Greggs, (the New Humanism.)*

He who would be a great soul in the future  
must be a great soul now. —*Emerson.*

GO WAKE THE SEEDS OF GOOD ASLEEP THROUGHOUT THE WORLD.—*BROWNING.*

## NOW

## Primary Lesson No. 17.

## Exercises in Will.

Now that we have had theory for some-time, let us apply it. These few exercises can be changed and multiplied at will. Do not make the mistake that most teachers do, that it is the system that benefits. It is the Thought that goes with the system. It is the Will that is put into the practice of the system.

Think Health; think Self-mastery; think Self-sufficiency; think of the Infinite Power that you are. As you exercise think of yourself as Spirit (or as Mind, or as Power, for these are all one,) and think that by this action you are letting the Power flow into expression. Are materializing Thought into muscle; building out of Thought your body to your ideal. Hold this ideal before you, and as surely as bud unfolds into rose, so will this ideal bloom into body and environment. Remember that you are only materializing Will. The amount of Will, of Thought, will determine the amount of benefit and the line of benefit.

Practice these, and any other exercise, and watch yourself, and when you find yourself in any slouchy, or lazy, or unconscious position, or movement, say, if alone, *I will*, and you will unconsciously take an attitude of power. If you are with others, think *I will*, and you will, assume the attitude of Power. You will grow into a *habit* of dignity and self-possession. Courage, manliness, faith, confidence, will all become mental conditions, and these once won will LET the Soul have its way through you; then health, happiness and prosperity, Wisdom, Truth and Love will BE you, and you will BE them.

Throw your will into your body. Throw each thought into your body by a positive mental condition.

Here is the secret. Positive thought, decision of thought shows in the positive controlled conduct. Then by reaction, cultivate a positive mental condition, become positive in conduct. Here are a few exercises that are not in themselves of any value, except as *they induce thought* that is positive. The exercises are of no benefit unless they are accompanied by the right thought.

Use the words—*I will*.

Stand firmly on your feet, heels together, erect in body. Clench the hands and draw up the elbows as high as possible. Inhale a full breath. Then with the words, "*I will*," send your arms out towards the feet. Repeat this with the arms thrown out verticle, and then upward. Take any calsthenic movement, but use *I will* with each movement. No matter how simple the movement, the

simpler the better. What we wish is to induce *the habit of a positive expression in voice, gesture and attitude*, and thus induce positive mental attitude, so that every movement will be, and will show, self-control. Put *will* into each movement of the body.

Learn to use your feet. Plant them firmly upon the floor. Press down with them with the words *I will*, as you think of possession, of place, of power to be. Now walk, putting down each foot firmly, with the thought, *I will Be all, and I will have all, I desire*. Speaking positively, *I will*.

Now throw the shoulders back with *I will*, and add the thought, *I will win respect, or I will have wisdom or whatever I wish*. Breath deep and strong with the Thought, *I will Master*, saying, *I will*.

## Where are Our Boys?

Few are found reading progressive literature, or in our meetings. It is to the young that this new thought appeals. NOW is for them, for it will make life to them free of the entanglements that have come to us. I find that the present system of education is fossilizing and not stimulating to the young. They must unlearn so much in order to get Truth. Let us DO by our Affirmations all we may to bring the suggestion to the young that they are to look within for Truth and not to books or teachers; are to look within for happiness, and not to the excitements of the external life. That they have also to look within for Prosperity. For to think success is the law of Success. All is within. Schools, books, teachers, parents, everything, are to be used only as inspirers to awaken the ALL within, into expression. Be thyself! Express thyself! Rely upon Self! These be our suggestions at all times, and especially to the young.

Art is the beautiful way of doing things. All Art is the expression of sublime emotions; and there seems a strong necessity in every soul to impart the joy and inspiration it feels. Art is for the artist first, just as the work is for the worker—it is all a matter of self-development.

—*Elbert Hubbard*.

My soul is girt with secrecies,  
Like petals of a rose.

—*Anna Hempstead Branch*.

ARE YOU DOING ALL YOU CAN  
FOR THIS PAPER? ARE YOU  
DOING YOUR DUTY TO FRIENDS  
AND TRUTH AND HUMANITY BY  
CALLING ATTENTION TO IT?  
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ISSUE, OR 3 MONTHS FOR 10  
CENTS.

## No Evil.

So much is said now upon the dangers of Suggestion, and the power of "evil" thoughts and "Malicious magnetism," that readers of NOW are requested to note carefully the following extract and the comments. There is no statement today resting upon a more false premise than that every evil thought will work evil upon some one else; that each person is subject to the evil thoughts of other persons, or those thoughts in the vast reservoir of the air. It is as false as the doctrine of devil in the church, of evil spirits in Spiritualism. It is contrary to nature's first law—the law of self preservation. Thoughts of evil fall from the spiritual armor of him who will not think them, as water from the back of a duck. Evil thoughts work with the certainty of gravity pain to him who thinks them. Evil thoughts attract to the thinker like vibrations, but safe is he who refuses to think any thing but Good. The conscience can never be violated by any one save its owner. Even when in the most complete state of sleep either self induced or by Suggestion, the thought not in harmony with the character of subject, that is not his own mental habit, will be rejected.

*Suggestion*. "There is no getting around the fact that the strongest suggestion wins every time; nor is it less true that auto or self-suggestion is far stronger than the most powerful that may be wielded by any hypnotist or suggester, let them be ever so strong willed and powerful."

—*April Occult Review of Reviews*.

This is a valuable statement and should be held in the mind until it is distinctly impressed. No harmful influence will ever be able to affect you if you ignore all inharmonies and dwell in the harmonies; the affirmations of good and truth. If any inharmony presents itself to your mind hold its opposite in thought; if any inharmonious feeling reaches you think of the opposite feeling.

—*Occult Review*.

The Spirit of the Plague entered the gate.

One waiting asked, "How many wilt thou slay?"

"A thousand," spake the Spirit, "is my quest."

The Plague made end. The Spirit left the gate.

The Watcher cried, "Ten thousand didst thou slay!"

"Nay one!" the Spirit said. "Fear killed the rest!"

—*R. R. Bowker*.

For an impenetrable shield, stand inside yourself.

—*Thoreau*.

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## To a Friend.

With Emerson's Essays.

Would'st drink from fount than Hellicon more  
pure;—

Would'st rise to heights more than Olympus  
grand;—

Would'st feel thy cheek by more than Eden  
fanned;—

And know thyself in Thoughts estate secure;—

Would'st know a love that shall all time en-  
dure;

Or come en rapport with the rarest store

And learn thyself, as touched by fairy's wand?

Of wisdom found within earth's winnowed  
lore,

Read then this book, from him who spake as  
none

Have spoken since mankind began to name

This western world, which he made known  
to fame;

And made us feel the promised sage had come!  
His words are mine to you. I place above

All other's his. And they can speak my love.

HENRY HARRISON BROWN.

NOW Office.

Dec. 1900.

## Glory! Hallelujah!

This is what NOW said when Helen Wilms was arrested for her absent treatment mail business. The matter of the right of a person to be healed, as well as the right of a person to pay his money for whatever he chooses, is to be settled. *Liberty must be written larger.* Liberty must be, in Ingersol phrase for every "Man, Woman and Child," to do as they wish with their own, as long as they wrong no one else in so doing. Then the FACT of mental healing, that *Thought is Power* must be established and formulated into Statute law. We all Affirm that she is successful in this as in all else she has undertaken. We help with thought, word and means as Truth inspires us. See how bravely, wisely, and in perfect harmony with her principles she meets the crisis. This is from *Freedom* of September 11th.

There is a thing to be accomplished, and I have put off the accomplishment of it until the spirit of growth in the Mental Science System of Healing and Regeneration became too big for farther suppression and burst forth in a certain form of compulsion. . . . The thing I refer to as being the object to be accomplished is to bring Mental Science before the law-makers in such a way as to secure for it government recognition and protection, the same recognition that other systems of healing have already secured. . . . As to backing down in any particular where our work is concerned why we simply don't intend to do it. . . . We do not belong to the tribe of Don'ts and Can'ts. Good. It takes a woman to win this battle. Glory in Helen's Victory.

Move upward working out the beast,  
And let the ape and tiger die.

—Tennyson.

## An Historical and Scientific Fact.

Dr. Carl Lumpoltz, the traveler and explorer, who has been spending the last five years in the hitherto unknown regions of Northwestern Mexico, in the interest of the American Museum of Natural History of New York, and who is the first white man who has lived among the cave-dwellers in these parts, says of the descendants of the ancient cave-dwellers:

They are monogamists and lead on the whole a very happy existence. Among many of the tribes he found a higher degree of morality than in civilized countries. They are highly intelligent and are, the lecturer said, a race far superior to their kinsmen in the United States and South America. Theft and disease are both unknown among them. The land is held in common. Their principal food consists of Indian corn and beans. They attain a great age. Both men and women of 100 years and over are often met with in the pine regions.

Attention is called to these facts in the interest of Truth. The New Thought can only flourish when it is honest and free and receptive to Truth. It is well to remember Emerson's words:

It were ignorance not to see that each nation and period has done its full part to make up the results of existing civility.

All virtues are human and belong to the common stock. They are not productions of any system of religion or civilization, but religions and civilizations are the result of these. Do not put effects for causes. It is not scientific to assign to any one age, people, or creed, all virtue. Well says Longfellow:

Who believe that in all ages,  
Every human heart is human,  
That in every savage bosoms,  
There are longings, yearnings, strivings,  
For the good they comprehend not;  
That the feeble hands and helpless,  
Groping blindly in the darkness,  
Touch God's right hand in that darkness  
And are lifted up and strengthened.

When you think of President McKinley affirm the ALL-GOOD and repeat this from William Winter:

That grim and relentless upheaval  
That blesses the world through a curse.  
Still bringing the Good out of evil:  
The garland of peace on the hearse!

Many amateur hypnotists cure a large number of people annually by Suggestion, that could not be cured by other means. \* \* \* The Physician who is ignorant of Hypnotism has no more right to express an opinion upon it than has a negro in the wilds of Africa.

—Thomas F. Adkin, Dean of N. Y. Institute of Physicians and Surgeons, (in *Practical Phychology* for Oct. 1901.)

"A man should not feel old at 50."

"He wouldn't if his friends were not so determined that he ought to.

—Daily paper.

## "Man's Greatest Discovery,"

Has attracted much attention and I have to thank most cordially my correspondents. Let us all help to unravel this most wonderful web of thinking until we understand *how to think* ourselves. Many tell of the same or similar experiments. What we want is, to get at the Law and understand the Power. It is marvelous how blind scientists have been. While the experiment has been widely known it has been by them ignored. Yet it means more than any experiment that any scientist ever performed in his laboratory. More for the welfare of the race. Lucius Goss of Fair Haven, Mo., tells of performing it in his class of "Mesmerism" in '73, and refers to a work by Prof. C. H. Townsend, A. M., a second edition of which was printed in London in 1855, where this experiment is described. The Professor refers to it as being familiar to him in his college days. His explanation is that, "Human bodies grow lighter when filled with "Mesmerism". But "Mesmerism" as then believed to be "a fluid" is now disproved. It is Thought. So that his explanation is not far, under present knowledge, from correct. Mr. Goss gives some further experiments that I will refer to later.

That Theosophy has paid attention to this fact is well known. A kind correspondent calls my attention to Madam Blavatsky's book. All interested can look it up. The Hindoos call the power "Spiritual Will." Metaphysics is not physics. It is the purpose of NOW to make them one. I have no doubt but that Franz Hartman gives as good an explanation as any from the occult or metaphysical plane. If any reader finds his thought will report. Let us KNOW this power. Then we will learn to use. Some correspondence disagree. To all such I can only reply in words of Prof. Tesla in *Century Magazine*, June, 1900.

"The scientific man does not demand immediate recognition. He does not expect that his advanced ideas will be taken up readily. He works like the planter, for the future. His duty is to lay the foundation for those who are to come, and point the way."

There are times when a man needs neither friendship, love, hope, comfort, sympathy, assistance, nor anything else, only just to be let alone.

—J. L. Jones.

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OCTOBER, 1901.

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
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
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there.

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### The Missing Link. Telepathy.

(Article two on "Man's Greatest Discovery.")

The Power that manifests throughout the Uni-  
verse distinguished as material, is the same  
Power which in ourselves wells up under the  
form of Consciousness.

—*Hebert Spencer in "Principal of Sociology."*

Its stupendous span reaches all orders of exist-  
ence. . . . It rules the actions and relations  
of men.

*Prof. E. L. Yeoumans on the "Law of Conser-  
vation and Correlation of Energy."*

Thought and feeling themselves, which can  
neither be weighed nor measured, do not ad-  
mit of being resolved into modes of motion.

—*John Fiske in "Through Nature to God."*

The immortality of our thoughts and actions is  
a corollary of the doctrine of the conservation  
of energy.

—*Peter C. Austin, Ph. D., (of the Brooklyn  
Polytechnic Institute.)*

Mind and matter appear to us as an irreducible  
quality.

—*Editorial Review in Popular Science Monthly.*

That mind and nature must at last be the  
same, that physical laws and mental laws must  
be identical, is essentially involved in what has  
been said as to the relations between matter,  
force and movement.

—*Buchner, in "Force and Matter."*

That one body can act upon another at a dis-  
tance through a vacuum without the mediation  
of anything else, by and through which their  
activity and force may be conveyed, is to me  
so great an absurdity that I believe no man  
who has a capacity for thinking can ever fall  
into.

—*Newton (in Principia.)*

The gulf which separates \* \* the organic from  
the inorganic bodies, is not closed up, and  
none of our hypotheses help us to bridge the  
gulf.

—*Prof. Chon, of Breslau, at a meeting of Ger-  
man physicians.*

These extracts not only show that there  
is to science and philosophy a "missing  
link," but they demonstrate that the  
scientists recognize it and the necessity  
of supplying it. There is not uniform-  
ity among them. The principle of  
Unity compels Spencer and some others  
to affirm, with Yeoumans, the unity of  
the Law. Fiske recognizes the Law, but  
illogically denies that thought and feel-  
ing come under it.

But among those who see the necessity  
and the logical fact of unity and the  
universality of the Law, it is at best only  
a matter of opinion. No proof do they  
have, except that which should be the  
most convincing—Perception. This  
"Gulf" is non-existent. It only marks  
the ignorance of Science. In this re-  
gard investigators are today where scien-  
tists were one hundred years ago in re-  
gard to special creation. They lack facts  
upon which to rest the *feeling* of truth.  
For all truth begins in feeling.  
"Thoughts," says Edward Carpenter,

"are dying feelings." All truth is self-  
evident. Men are obliged to reason  
themselves into errors. Truth is per-  
ceived by the Soul—is felt—is self-evi-  
dent. All men *feel* Unity. They *feel*  
that Law is universal. Because they  
do not have the necessary facts, they  
reason from what they do have and  
build up fine but erroneous theories.  
So builded the man who demonstrated,  
by reason, that steamships could not  
cross the ocean, and the reverend who,  
in my boyhood's hearing, reasoned, that  
chloroform could not be possible be-  
cause God intended man to suffer pain.  
In biology the "missing links," are the  
dividing line man has made between the  
species. Were all the facts in evidence  
there would be no species. There would  
be one unbroken line of development.  
So, when all the facts that are at man's  
disposal, shall be allowed to testify,  
there will be no break in Life, no break  
in Law. There will be one unbroken  
line from protoplasm to Love. One  
chain from God to rock and from rock  
back to God.  
Lizzie Doten has placed this most beau-  
tifully:

"God of the granite and the rose,  
Soul of the sparrow and the bee!  
The mighty tide of Being flows,  
Through all its channels, Lord from thee!  
It springs to life in grass and flowers,  
Through every grade of Being runs,  
Till from creation's radiant towers,  
Its glory flames in stars and suns.  
"God of the granite and the rose,  
Soul of the sparrow and the bee!  
The mighty tide of Being flows,  
Through all its channels back to thee!  
Thus round and round the current runs,  
A mighty sea without a shore,  
Till men and angels, stars and suns,  
Unite to praise thee ever more!"

Is this truth or is it mere poetry. Is it  
feeling or is it reason? I cannot con-  
ceive of a person who will not *feel* that  
it is Truth. Can you not reason it so?  
Spencer and Buchner, and others, have  
so reasoned. But can you *prove* it? Can  
it be proven? What will this proof  
mean? What will the discovery of this  
link mean to the race? Where, in all  
human achievements, will it rank when  
found?

It will mean first of all, the abolishing  
of all Death from human thought. It  
will mean the demonstration of Life for-  
ever. It will demonstrate all the hopes  
of the race to be facts. It will demon-  
strate to be realities, all the desires of  
the race for continued communication  
with loved ones who have not died, but  
who have changed environment. It will  
mean the demonstration of infinite fac-  
ulties in Man, and an infinite Life in  
which to develop them. It will demon-

strate that Man is not yet born. That birth is before him. That all these eons he has been gestating in this womb of flesh, awaiting birth. Now he will soon be born and will not need undertaker, grave or sorrow. That all this past life of man has been filled with premature births; men born out of time, before time. They have, like five months babes, had to be nurtured in the nurseries of the Spirit till they were able to walk alone. Earth has been a charnel house when it should have been a paradise. Ignorance, which is only undevelopment, is cause. A necessary cause in the evolution of Man. Now he is no longer "coming," he is here; here in the recognition of himself as ONE with the Power, that is ALL.

He was the slave of Law, till he learned to be its servant. Now he is becoming its Master. Becoming Law! Becoming *Conscious Law!* And no longer slave, or servant, he is King over himself. Says Emerson, foreseeing beyond all other seers, this MAN exclaimed: "CONSCIOUS LAW IS KING OF KINGS."

One fact accepted, we have the missing link. This means a complete revolution in obedience to the Law of Evolution. It means a revolution that will change all civilization as much as it was changed by astronomy, magnetic needle, printing press, discovery of coal, application of steam, and the application of electricity all put together, for it will locate ALL POWER *within* the Man. He can do anything, since he is Conscious Law, and his creative power is Thought. All he has to learn is to learn how to use Thought intelligently, as he has learned to use steam, and he will have dominion over all things."

This fact — this "missing link," is TELEPATHY — THOUGHT TRANSFERENCE.

Telepathy is defined by Prof. Crooks as "the transmission of a thought or an emotion from one person to another without visible means of contact."

This is common phenomena. It has been ignored, denied, feared, considered canny and mysterious, and all because its cause was not known. When once Thought is put into the category of Vibration, and considered one of the modes of Infinite Energy, then all is clear. Telepathy places it there. This discovery is Man's Greatest. Things, events, persons, are to be measured by results. Great things require the perspective of centuries. The Law of Conservation and Correlation of Forces which Prof. Yeomans tells us was in 1864 characterized "as the greatest discovery of that half the century," had been over half a century finding recognition. Even now is not fully accepted. Its greatness is not appreciated by even scientists themselves. Every day its far-reaching power is being revealed.

So is it, with this simple fact—this every day fact—this fact of telepathy that has coined the saying: "The devil is always near when you are talking about him." It is so simple, so common that it is considered valueless; but, "the stone the builders rejected has become the head of the corner." All the phenomena of the various religions of the world, of the mystics, and psychics, of ancient and modern Spiritualism, all the strange and mysterious in life, is made clear when it is seen that *Thought is power, and the Universe is one, and Life is one.* Mind acts upon mind, therefore there is no separation. All we have to do is to learn to talk in Thought and not in oral speech; to listen to thoughts and not with the external ear to the slower vibrations called sound. Then, all the intelligences that ever lived, are with us and we with them. As all fishes in the sea, or all birds in the air, are in one common vibratory medium, and can at will converse, so are we in the ALL.

But greater than this—*Thought is all the power, for all is Mind.* No longer does matter exist. All is mind. All is Vibration. All man's power is Mind. It is directed by Conscious Thought, and it can be directed to do anything. It can literally "move mountains." Telepathy demonstrating that Thought is Force does not stop at the mere transmitting of vibrations between mind and mind, but "since all things are only materialized mind—(reduced Vibrations when compared with Thought)—it follows that things *feel* thought-waves, and that we can learn to control things by thought. The Hindoo does this;—we can. Here then is the wisdom, the insight, and the greatness of Professor Dolbear, who makes this remarkable statement, perfectly in harmony with NOW'S position:

"No one may assume for an instant that the possibilities of other phenomena are limited to such interactions as have heretofore found expression in treatises on physics. Indeed there is evidence which cannot be ignored with safety, that physical phenomena sometimes takes place when all ordinary antecedents are absent, when bodies move without touch, electric or magnetic agencies, movements which are orderly and more or less subject to volition.

"In addition to this, is still other evidence of competent critical observers, that the subject matter of thought is directly transferable from one mind to another. Such facts do not invalidate physical laws nor make it needful to modify present statements concerning energy. If such things be true, *they are of more importance to philosophy than the whole body of physical knowledge we now have, and of vast importance to humanity.* For it gives religion corroborative testimony of the real existence of possibilities for which it has always contended." (Matter, Ether and Matter, 353.) (The italics above are mine.)

"If?" There is no "If" to one who will seek, Not an hour but the psychometrists, clairvoyants, telepathists are not demonstrating this

fact that Thought is Power and that it is transmitted from mind to mind through as Professor Dolbear in the preface of an early edition thinks possible, "through the ether." I demonstrate it daily in my psychometric readings. I receive feelings and read from them the character. At times I receive the thoughts. Here then is the "missing link" that science and philosophy have long needed to wed them into one. It is Telepathy with its demonstration of Thought as Force. It links physics and metaphysics, science and philosophy, science and religion, matter and spirit, into one whole. Each of these is now considering some links in the endless chain of Energy to the exclusion of others. The chain is one as God is ONE. Life is One! Energy is One! We are to study Life as One, to make no dividing lines where Nature has not. "What God hath joined, let no man put asunder."

(Third paper next month.)

### Great Men Endorse the NOW Principle

An interview with President Roosevelt gives him the credit of saying that while he did not plan his conduct for the future, he did throw himself utterly into the duty of the present. This is the secret of his rare unfoldment and of his successful career. And NOW will prophecy that this will continue and that he will be one of the most successful of American statesmen.

Seth Low is reported in a recent interview as saying in reply to the question, "What then?" "The future will take care of itself."

C. P. Huntington in '95 said to Rev. M. V. Donalson: "My rule of life is to do the work each day brings, and let the future life be shaped by the conduct of the present one."

Thus men who are something deal with that which is something. Yesterday and to-morrow are nothings, and they who deal with them are like them—nothings.

Mrs. Margaret B. Peake's article is unavoidably delayed, but will appear in the November number. I am also glad to announce another from her for the January number. They are worth the year's subscription.

"Man's Greatest Discovery," the editorial in September, is attracting much attention. It is now in a leaflet, and will be sent, ten for 5 cents, from this office.

"We may reach what we pursue,  
But still we'll keep pursuing.  
We'll do the best we can do,  
For soul-growth comes of doing."

Force is merely the rate per unit of length at which energy is transferred or transfused.

—Prof. Tail.



## NOW

**The NOW Class.**

This class was organized in January. It has now many members. We have united for mutual assistance. All who wish can join. Send for the February NOW for directions, (5 cents.) It is for success in Business, for Health, Spiritual unfoldment or any human Want. Cost: A subscription to NOW, and 50 cents for the first month. After that a monthly letter and any freewill offering. Pupils join any time, and leave any time. We learn to help ourselves by helping others. We can learn, or help ourselves in no other way. Join and be helped and receive help.

**NOW CLASS**

Is doing well. Many feel so much improved that they do not report longer. "In union is strength." For Unfoldment let us ever remain ONE in the CLASS-thought, and while helping others help ourselves. For growth only comes of doing.

One of my pupils sending for one of the lessons, writes: "Every few weeks I make a new Statement of Being. This is my last. . . . All is Mind and Mind is no particular Substance, therefore Nature is so much manifested Intelligence or recognized Mind. Mind is God (Cause) and there is none beside Him. I am All (subjectively)—objectively, *I am that am*, or just so much of Mind (or God) as I can conscientiously recognize and appropriate, therefore I am a growing center—a possibility—possessing within myself the ability to be *all* by mental evolution. . . . ."

Of course I have innumerable questions I would like to have answered, but I have decided that it is best to do my own thinking until I have completed the course, then I would like explanations upon such points as I may need. I have learned this much by experience—no Truth is real to me until I arrive at the place in consciousness where I can, by thought, evolve it from within my organism. My intelligence may accept the conclusions stated, but the 'Why' and the 'How,' must be satisfactorily answered by my own reason before I really *know*. With all my getting I must get understanding. I may seem to be growing very slowly, but I am surely getting into that Light that is making for me a new world." That contains the key to "Why" so many students do not grow, they do not demonstrate in living the Truth they accept. They do not "by mental evolution" bring it from within. Conclusions that are accepted as true by the intellect, there remain until the Soul shall awaken the objective vision to it, then it ceases to be Truth, and becomes Life. Such perceptions are simply Soul unfoldment and make new worlds, and will so

continue until universe after universe shall be outgrown by each soul. Evolution forever. Conscious, directed evolution is the privilege of every soul. When Man comes, he is only Conscious Evolution.

"I would pay many times your price for a Reading and think it well worth the price. I have all the faults you enumerate, but I now will do my best to correct them. Things seem awfully slow sometimes," writes a Missouri lady. Mrs. Kellogg, P. M. in Kansas writes: "In '67 and '68 my brothers used to lift me from a table by simply touching under it with their forefinger. We all filled our lungs at the same time and I do know that it required almost no effort to lift me. Repeatedly we tried the experiment. We did not understand the secret of it. I have often wondered at the philosophy of it. What wonderful truths are being revealed to us.

The healing power is not mental, but is the Truth and the healing is worked out by the individual will, allowing the mental to give way that the Truth may express itself. The Healing Power is free and the healing in and of itself is free. It is all of the Spirit of Truth and every person has equal access to it, and has equal claim to its beneficence. Our work as administering to the bodily and mental needs of humanity is not in aid of the Truth, but is in aid of the individual that he may allow the Truth to manifest its perfectness in him. Not the Truth, but the time that we give up to this service for you when you come to us for help, is what you pay us for, and certainly no one presumes to expect another to give up time to them in their personal service without a recognition of the obligation that in turn devolves upon themselves. But what we expect and take pay for is our time.

—*The Higher Thought.*

Brother Newman, of *The Philosophical Journal*, San Francisco, knows a good thing when he sees it, as the good things in his paper prove. Here is what he says of NOW.

☛ NOW for September is on our desk, and it proves to be an unusually interesting number. The article entitled "Man's Greatest Discovery," is a valuable one, and is worth many years subscription. We will copy it in its entirety in our next issue.

☛ N. B.—Will the readers of NOW please report any authentic cases of levitation either of persons or things. Thought IS force. Let us have all the demonstrations that any have seen or known of for NOW'S cabinet of facts.

Maud's rake is hanging unused today; In a horseless age, what's the use of hay?

THE TEMPLE OF THE ROSY CROSS, its Powers, Migrations and Transmigrations, by F. B. Dowd, Rogers, Ark. Mo. cloth, gilt top, 324 pp. Salem, Mass.: Eulian Publishing Co. Price, \$2.00. Years ago I carried this book with me as companion and owe much to it in the development of will power. I cannot agree with the author in much of his speculation as to past and future, but despite all differences I find it a strong power to the unfoldment of Selfhood, *now*. What I was and what I will be do not concern me. *Now I AM*, and I only need to know how to use my *self*, to be in manifestation *now*, that which anyone ever has been. In the cultivation of faculties and development of the Will, I know of no book superior to this.

**Food Value of Meat.**

Flesh food not essential to mental and physical vigor. Illustrated by W. R. C. Latson. Paper 25 cents. Cloth 50 cents. Health Culture Co., 481 Fifth avenue, New York.

This is an excellent little work for all who are not yet masters of Self in way of appetite. As men unfold spiritually they will as naturally eschew meat as primitive man took to it. It is a matter of growth. Mental conditions may be produced by reading this that will lead to a desire for food that does not require the taking of life. That it may be studied and this result obtained is to be desired. That the author understands the power of Thought is evidenced by these words from his last section:

The most powerful of all influences affecting the length of life is the thought habit—the mental attitude—of the individual. Proper mental attitude insures the full activity of the physiological functions upon which depend health and longevity. For instance, refinement of taste results in frugal habits of eating. Mental power and calmness lead to ease and repose of movement, and to slow, deep breathing. Full breathing produces the erect carriage and the large chest.

"NOW is a clean, health-giving aid, to those who desire physical or spiritual health. Health is happiness on any plane of life. After reading your articles I think some minds will let go the springs and let the traps work." So writes a dear friend in Kansas.

"The Art of Living" was the subject of a lecture delivered last Sunday evening in the Odd Fellows' Building, San Francisco, Cal., by Henry Harrison Brown, the editor of NOW. There was a good audience present, and all were greatly interested in the lecture given by this eloquent orator. Meetings will be continued in this hall every Sunday evening until further notice. —*Philosophical Journal.*

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—Louise Alcott, in letter home from France.

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Religion is not the cure of love. Perhaps love is religion and religion love—anyway we know they are often fused. —Elbert Hubbard.

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