

Read "MAN'S GREATEST DISCOVERY," on page 4. It is the most important paper written in the last one hundred years.

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

# NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,  
And both are NOW.—WHITTIER.

'Twas only striking from the calendar  
Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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HENRY HARRISON BROWN  
Editor and Proprietor.  
Office, 33 South Second Street,  
San Jose, Cal.

## Opportunity.

This I beheld, or dreamed it in a dream :—  
There spread a cloud of dust along a plain ;  
And underneath the cloud, or in it, raged  
A furious battle, and men yelled, and swords  
Shocked upon swords and shields. A prince's  
banner  
Wavered, then staggered backward, hemmed  
by foes.  
A craven hung along the battle's edge,  
And thought, " Had I a sword of keener steel—  
That blue blade that the king's son bears—but  
this  
Blunt thing !"—he snapt and flung it from his  
hand,  
And lowering, crept away, and left the field.  
Then came the king's son, wounded, sore be-  
stead,  
And weaponless, and saw the broken sword,  
Hilt-buried in the dry and trodden sand,  
And ran and snatched it, and with battle-shout  
Lifted afresh, he hewed his enemy down,  
And saved a great cause that heroic day.

—From the poems of E. R. Sill.

Great are the symbols of Being, but at which  
is symbolized is greater !  
Vast the create and beheld, but vaster the in-  
ward creator !  
Under the joy that is felt lie the infinite issues  
of feeling !  
Crowning the glory revealed, is the glory that  
crowns the revealing !—Richard Realf.

Good and bad are but names readily transfera-  
ble to this or that ; the only right is what is  
after my constitution ; the only wrong what is  
against it. —Emerson.

## "Man's Greatest Discovery."

The editorial this month is, in the opinion of the editor, the most important paper, from its record of the possibilities that lie in this greatest of all discoveries, that has been written for a thousand years. By this publication it is thrown into the Psychic and the Thought Vibrations of the Race and this same thought will from this find expression rapidly in other journals and on other platforms than his, until it becomes common property, then it will be no longer "a weed," but a plant man knows the use of in moulding life to his ideal. Its careful perusal is solicited.

## Affirmations.

### Opportunity.

The present is enough for common souls.

—Lowell.

Art and Power will go on as they have done—  
will make day out of night, time out of space,  
and space out of time. There does not seem  
any limit to these informations of the same  
Spirit, that made the elements first, and now  
through man works them.

—Emerson.

I am Spirit—(Mind.)

Spirit is all that is.

In Spirit lies all the possibilities of  
eternity.

All these possibilities lie in me.

All things are manifestation of Spirit.

The Power that manifests is the Absolu-  
lute—(or God.)

Things are a manifestation of Power,  
they are not Power.

The highest manifestation of Power is  
Thought.

Things are manifestations of Thought,  
but they are not Thought.

Things do not think, they exist in  
Thought.

I am a manifestation of Power, a mani-  
festation of Thought.

But I Think ! I say "I AM !" and  
therefore am not merely an Existence in  
Thought, *I am Thought*. I am there-  
fore as creative as Thought is.

I create things myself. I create my  
body. I create my surroundings.

Things are created by the Absolute. I  
am a Thinking manifestation of the  
Absolute and create myself. God  
Thinks and things are ! God thinks IN  
me, and I AM ! I make things !

Thought in me creates all that I am, in  
body, mind and estate.

Thought in me uses all things—all that  
is not me—to build myself into Indi-  
vidual Expression.

Unconscious expression is in all that  
cannot say, "I AM !"

Conscious Expression—"I AM" is Indi-  
viduality.

Life is for this Expression.

Thought in me recognizes Time and  
Space that there may be in them, oppor-  
tunities for Expression.

All things are opportunities for Ex-  
pression. Through things I unfold.  
They enable me to Express my SELF ;

to press out from the subjective into the  
objective manifestation of my life.

Every thing is an opportunity for me to  
be more in self-conscious manifestation  
of my life.

Those things that I have avoided, and  
called obstacles, are opportunities. They  
are all good.

Opportunities do not give Power, they  
unveil Power in me.

I am Power, but without Opportunity  
this Power is latent ; is unexpressed.

I welcome every Opportunity, no matter  
what, for it enables me to unfold.

No opportunity shall be wasted. I will  
use every thing that offers itself to me,  
and rejoice in the overcoming, because  
it reveals to me, my Power.

All men have equal opportunities. I  
have as much as any one. It is the use  
I make of them. Time and Space I  
make into Opportunity. All men have  
equal Time and Space. All have equal  
Power. I will hereafter never com-  
plain, but will use opportunity.

I welcome all that comes, as Oppor-  
tunity.

I am happy amid all that comes to me.  
I am cheerful under all that comes to  
me.

I am healthful in all that comes to me.  
I am prosperous through all that comes  
to me.

Every opportunity I draw through my  
needs. It teaches me the needed lesson.  
I have no fear, no shrinking, no doubt,  
for all Opportunity is mine.

I am fearless, strong, brave, trustful,  
truthful, loyal and loving, and in this  
Spirit welcome and improve all the Op-  
portunities of Life and become through  
this Expression, daily more conscious  
that ALL POWER dwells in me.

Opportunity daily reveals to me that  
God and I are ONE.

Some day the soft Ideal that we wooed  
Confronts us fiercely, foe-beset, pursued,  
And cries reproachfully : "Was it then my  
praise

And not myself was loved ? Prove now thy  
truth ;

I claim the promise of thy youth ;  
Give me thy life, or cower in empty phrase,  
The victims of thy genius, not its mate.

—Lowell.

GO WAKE THE SEEDS OF GOOD ASLEEP THROUGHOUT THE WORLD.—BROWNING.

## NOW

**Primary Lesson No. 16.****Using the Will.**

Should the engineer when his engine was ready for the road, steam all up, not only open the safety valve, but punch small holes in the boiler, he would be considered an unfit person to run the machine. What such an engineer would be, most persons are.

They have by nature the most perfect machine. Nature's masterpiece is the human body. It is filled with energy. In a vast majority of cases that energy is fritted away; worse than not used, for it is used to tear down the machine. To learn how to run an engine requires time, but do you ever think that you ought to learn how to run the machine in which you live, move and have your being?

All that is necessary is that you do not direct the energy which in this case is Life, into manifestations that destroy. So direct Life that it is constantly building. For your body is not a machine but an organism. Organisms grow. Machines are made. You grow your body. You grow it into any manifestation you desire. Can cultivate it as all other organisms are. Take lessons from the florist, and stockmen. Realize as you look upon the growing organisms that they are pliable, susceptible, and amenable to change by cultivation, and then decide what your body shall be, and change it, right thinking, to suit. Here comes the legitimate use of the Will. Will the body into conditions by holding by the Will the Picture you have made.

Then prevent the uncontrolled expenditure of energy. Self-control is the mastery of conditions. To be self-controlled is to have the Will a ready servant. It is to have a will that will hold chosen thoughts until they are realized in the environment.

Therefore guard all bodily movements and see that the Will directs them. If you will notice yourself and the people with whom you mingle, you will see a restlessness and uneasiness, called nervousness. This causes a variety of motives. These movements are thoughtless and purposeless. There is a fumbling of watch fobs, or gloves, drumming with fingers, wiggling feet, twirling of hands, motions of head, constant movement of body, frequent change of posture and place, and hundreds of others. They are all made by uncontrolled will. For we make no motion that is not willed. In these the will runs riot, without any judgment or decision on part of the individual. No choice is exercised. When this condition reaches a climax it becomes St. Vitus Dance, or similar disease, or insanity. No person

will ever become insane who exercises control over the body. The beginning of insanity, which is complete loss of self-control, lies in these thoughtless, unwilled, and unconscious movements. Therefore allow yourself to do nothing aimlessly. Make no movement that is not conscientiously willed. Put your thought and will upon every action. DO and fear not. There can be no waste of Life, for Life is Infinite. It is Life running riot that is to be avoided. Control every movement. Be positive in every action.

**Attention**

is called to the following statement by President Wheeler, of University of California. He made it in his article on "Alexander the Great," in *Century Magazine*. Editors of New Thought papers need to arise from limitations that tie them to past, or to book or person, and live in Truth alone. There is a great need of conservatism in telling what *one* thing, book, person, movement, civilization or religion has done, for these are all factors that cannot, in their influence, be separated. Christianity, bible, Jesus and Paul did a great work, but they were only an evolution from previous conditions, and are valuable only as they made conditions for later evolution. To tie the present to them, or to claim for them authority beyond the mere fact that they were an earlier expression of Universal Truth, is not only to vilify history, but to weaken the individual by a limitation, but also to injure the movement of New Thought by attaching to it the old allegiance of Authority, that has ever been a fetter to Soul unfoldment. The Jew had his place in the Race-evolution, but it was not to civilize the world. Other nations did that. He was ever, as he is now, a conservative. Greece gave us all that Pres. Wheeler says: Science, Art and Free Government. This is its glory. Rome gave us the Common Law. Each nation of the past has contributed its share to this century that shall see man emancipated from disease and death through the ripening of the Soul in Recognition of its own Omnipotence. Brothers of the New Thought, live, think and act in the *now*. Let the past rest in its glory of bequeathing to us *Power to see* and to *Be* more than it was. But here is President Wheeler's Thought:

'Man as a base line for measuring the universe, man as a source of governing power, arose in Greece; it was Greece that shaped the line of beauty from which came the arts of form; the law of speculative truth, from which by ordered observation came the sciences; the law of liberty, from which came the democratic state.'

**A Thought for Capital and Labor.**

The New Century opens with a spirit of Unrest. Dissatisfaction with old conditions is everywhere present. This Unrest is horn in the demands of problems the new century brings for solution. Having solved the problem of Production, those of Distribution and Use now press upon us. They can only be solved by Ethical Laws. The Former were solved by the Law of Necessity. Business Success, with its symbol of the Dollar, was the spirit of the one; Manhood with its siboeth of Brotherhood, is the spirit of the other.

The ideals of the nation are changing. The Ideals of today become the Reals of tomorrow.

The growing ideal is that of the Public-weal. It demands that the results of past Thought and Labor be used for the Common Good. This is evidenced in the endowment of schools, libraries, museums, galleries, parks and other public means of culture and enjoyment. In this recognition is Peace.

Even desperate cases of disease will recover if let alone! This has been said many a time and yet there is no physician or surgeon who has got it quite through his head. Keep drugs out of your patient. Keep your knife out of him, and it is wonderful how nature will step in and heal him. Hands off! Don't do any mischief! Don't do anything that you can't undo unless absolutely forced to do it.

This will save many lives, and many people, from being maimed for life. Never do a surgical operation until you have given the natural powers of the body a chance. Always expect nature to make the cure. You stand by and see that nature has a fair chance. Take away hindrances: remove bad habits; introduce good habits and diet. Leave your surgical case at home. Keep your medicine case closed up tight. Let natural law have a chance. Do not jump on your patient and smash the little life left him, out of him. This is what Dr. Gould, in *American Medicine*, means when he says: "Success in desperate cases by conservative treatment is the lesson often repeated but never sufficiently learned by any physician or surgeon. The infinite ingenuity behind the healing processes, the never-renouncing, ever-renewed struggle towards normality is an ever-renewed source of wonder."

—*Medical Talk in August issue.*

THE EDITOR OF NOW WILL GIVE PRIVATE consultations, for advice upon health, matters of business, etc., through his Psychometric Powers. He will find the mental causes of diseases, failure and unhappiness, and give advice for the cure. Terms, \$1 per sitting. Parlors at 1423 Market street, San Francisco. Hours 9 A. M. to 1 P. M. Others by appointment.

From *Unity*.

**NOW.**

By SARAH ELIZABETH GRISWOLD.

Bury the Past!  
Close the door carefully!  
Let thy feet stand in the light of To-day!  
Nor scan the future,  
God marks the pathway!  
Be thou content in His presence to stay.

"What is the work to be?"  
What He desires for thee!  
If it be waiting, then patiently wait!  
After the waiting time  
Cometh the harvest!  
Keep thy lamp burning, early and late!

"And thy providing?"  
God will take care of that,  
If thou but trust in His provident love!  
Thou art that Substance,  
Out of which worlds are made!  
Let thy Faith coin for thee what thou wouldst  
have.

"Only a little?"  
Ah, thou mistaken one!  
Hath not thy Father riches untold?  
All thou requirest!  
Abundance o'er flowing!  
Ask of Him largely; He will not withhold.

"The habit of saving!"  
Ah, yes, we remember,  
If we but open the grave of the Past!  
But was it not folly?  
Did it not limit us  
To "only a little," and that not the best?  
Then do not look backward!  
Close the door carefully!  
Let the dark memories bury their dead!  
God is enough for thee!  
God is enough for me!  
Take hold of the Present and be not afraid!

**Self-Limitation.**

"Impossible is the adjective of fools."  
—Napoleon.

All slavery is self-imposed. No matter whether it be that of enslavement to king, priest, book, heredity or opinion. There is no slavery to him who will not be slave. "Slave mother, slave child," was the law of man. Slave think, slave live, is the law of God. No matter what the condition, he is slave that thinks so, he that recognizes a master. Under all conditions he is free who thinks freedom, who alone recognizes himself as master. He who would break the yoke of bondage to external conditions by force, will only find himself enslaved by the new conditions. He who breaks the slavery of mind, does so by thought and in peace. Such are free forever. Such live in the "Liberty of the Sons of God," a god among gods, or what is the same—a free man. He alone is free whom the Truth makes free. Such an

one knows his powers and knowing dares maintain, by the silent force of his own will. Freedom is his as naturally as is the air, or life.

All slavery lies in recognizing limitations—lies in thought. Limitations in thought result in limitations of conduct. He who thinks within limitations will live within limitations, will limit Liberty. When he has won his ideal liberty he will enslave all others to his idea if possible. This is the attitude of the religionist today. Free from the authority of the civil law, he holds himself subject to the law of sect and would impose his sectarian rules upon all others. The average reformer, freed himself from the habit of wine or meat, or any habit he considers harmful, or evil, would impose upon others restrictions in their indulgence, and is thus himself under a worse habit of intolerance than he would break. A conspicuous example is the Prohibitionist. He will sacrifice the liberty of the individual to his narrow, and by no means universal, or demonstrated opinion. Would enslave others to law, because he himself has found liberty from habit. Which is the worse? Which is slave? Both are, but the prohibitionist is also an oppressor. "Better England free, than England sober," said an English Bishop. So says each freeman. If Liberty must be sacrificed to any system, morality, religion, metaphysics, economics, or government, better by far the condition that obtains under Liberty. Only seeming better, or worse, will exist under slavery.

The error lies in want of trust in the Human Soul. All progress has come under the domination of this faith in the Soul. All progress is the child of Liberty. There is no authority for any forward step. Progress is born in the Perception of the Soul. That Perception has been affirmed and lived, despite the imposed limitations of society, state and church. Like Truth, at all times it wins. Once accepted, its votaries fall back upon the same cry of "Impossible," when any new step is proposed. Now the remedy is *Unlimited faith in the Human Soul. Faith in nothing else.* There should be this affirmation constantly before the individual: *I can do any thing I desire. Desire implies the power of manifestation.* Nothing is too good to be true. Nothing is impossible.

You need have no fear of "evil spirits" if your own spirit is illumed with the Light of Love. You may fearlessly enter the domain of all the "evil spirits," incarnate or discarnate. Their darkness cannot dim your Light, but your Love-Light will lead them out of the wilderness of evil into the great Light of Wisdom's ways.

—Lucy A. Mallory.

**Psychometric Readings.**

Have you noticed my advertisement for Psychometric Readings? Have you seen in "Words of Gold" how well satisfied my patrons are? Then why not send your \$1 for a Reading? You cannot do better than to learn from the Soul-side what your possibilities are, and in what direction to look for health, happiness and success.

Be sure and read the editorial upon "Thought is Power." It is the most important article written in the twentieth century thus far, if not the most important for many centuries. Study, understand and *practice*, and you have at your command ALL from which things come.

It is the Soul Principle that creates life, not the arrangement or conjunction of matter. The Soul Principle—call it God, Life, or what you please—will enter matter and therefore *must come out* . . . The creative Principle simply finds a new embodiment according to the eternal law of progress. Nature is something more than blind laws or forces. It is the great symbolic language of God.—*Medical Brief.*

**Freedom.**

I care not who were vicious back of me,  
No shadow of their sins on me is shed.  
My will is greater than heredity;  
I am no worm to feed upon the dead.

My face, my form, my gestures and my voice,  
May be reflections from a race that was;  
But this I know, and knowing it, rejoice:  
I am myself a part of the great cause.

I am a spirit! Spirit would suffice,  
If rightly used, to set a chained world free.  
Am I not stronger than a mortal vice  
That crawls the length of some ancestral  
tree? —Ella Wheeler Wilcox.

I admonish thee, whoever thou art, that desirest to dive into the innermost part of nature, if that which thou seekest thou findest not within thee *thou wilt never find it without thee*. . . . The universal orb of the world contains not so great mysteries and excellences as a little man, *forced by God to His own image.* He who desires the primacy among the students of nature, will nowhere find a greater or a better field than Himself. . . . Man know thyself! In thee is hid the treasure of treasures. —*From the Arabic.*

Be ye to Mercy and Love as true,  
As Mercy and Love have been to you.  
—Richard Realf.

*Mind* for September is a splendid number and appeals with force to all who are interested in New Thought discussions. \$2 per year. Fifth avenue, N. Y.

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SEPTEMBER, 1901.

**NOW.**

HENRY HARRISON BROWN,

EDITOR.


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manifest as spirit here and now.


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month, in San Francisco. Letters will  
reach him two days sooner when sent  
there.


 EXCHANGES \* \* \* \*

will please change address from San  
Jose, Cal., to my San Francisco address,  
1423 Market street, and oblige.

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ART OF LIVING," at 1423 Market  
Street, San Francisco, by the editor:

### Man's Greatest Discovery. Thought as a Form of Energy.

(An Explanation and a Prophecy).

Last month I called attention to an  
experiment and requested that it be  
tried and that any explanation or refer-  
ence to it in literature, if found, be for-  
warded to me. No such notice has  
come. Whether it is from lack of atten-  
tion on the part of my readers, or  
whether their experience is like my  
own, that they find no notice of it, I am  
not sure. I take it to be the latter.

That experiment I briefly notice here  
for the benefit of those who did not read  
the August NOW:

Five persons were concerned in it. One sat  
on a stool. Two stood at the side of the per-  
son at the knees. Two behind the shoulders.  
All breathed in unison. All raised their hands  
together, palms pressing together, all except  
index finger closed. As our hands came up  
the fourth time the fingers were placed under  
arms and knees and the person was lifted  
without any sense of weight. This was also  
done with a person lying down, with table.  
I have lifted a heavy stone thus, with a friend.  
I am sure that a few persons by practice in  
breathing and moving in unison can in this  
way practically annihilate, in any given case,  
the law of gravity.

I called attention to this experiment  
because *I am sure that it means more for  
the welfare and development of the race  
than Franklin's discovery with his kite of  
the identity of lightning with the elec-  
tricity in the Lyden jar. More than the  
discovery of the North pole will have.*  
More than the invention of the spinning  
jenny, the invention of the steam engine  
or the electric motor; than the discovery  
of ether, or the marvels of modern surg-  
ery. This is a tremendous claim. But  
from years of study of the meaning of  
certain allied mental and psychical phe-  
nomena, I am free to make the claim,  
and to prophecy that FROM THIS  
EXPERIMENT WILL COME THE  
GREATEST SCIENTIFIC APPLI-  
CATION OF POWER THE WORLD  
HAS EVER KNOWN. It may be that  
in it we have a key to a lost art; that of  
the Egyptians in transporting their huge  
stones, and the silent building of Solo-  
man's Temple. I can no more tell what  
it has for the future than Watts, when  
he toyed with steam and found it Force,  
could foresee the engine of today; or the  
chemist who first found that there was  
explosive power in nitre, charcoal and  
sulphur, could foresee the use of it in  
modern battleship; or he who first found  
power in electricity could have foreseen  
the present wireless telegraphy. POW-  
ER is what man is after. Found, it is to  
be applied. The first is Discovery; the  
next is Invention. These two make  
human progress.

The discoverer of power is the world's  
benefactor. To apply this is Progress.  
Every new discovery of power marks an  
epoch in human history. Fire, wind,  
water, steel, steam, caloric, electricity,  
have each marked great epochs of civil-  
ization. And of all the past's the great-  
est was the discovery of fire. Through  
this man has been enabled to conquer  
the world of external vibrations, known  
as the world of matter. Imagine a  
world where fire should be unknown.  
Suppose that the secret was lost today  
beyond recovery. What death and des-  
olation would follow. Fire was the  
beginning of human development. From  
it all our science, art and religion have  
sprung. Fire was Power. Up to that  
time savage man had only known the  
power of his own brawn. Club and  
stone were the instruments through  
which power within made itself mani-  
fest. Ages have passed. Power has  
been developed; power has been con-  
trolled; power has been discovered;  
power has been harnessed. Through  
the mastery of, and application of Power,  
man has conquered all the Without.  
He has used external Power. Is there  
other Power? What is the Power that has  
thus found, developed and harnessed this  
external Power? Where does it dwell?  
It is the Power IN man. It is the  
Power of Ideas. This is recognized,  
Ideas rule the world. But that they  
are any kin to these external forces has  
scarcely been conceived, much less  
believed, until the last century. And  
the greatest gift that the nineteenth cen-  
tury gave the twentieth, was the demon-  
stration that *Thought is a Form of Energy.*  
Today it is known, among thinkers and  
investigators, that Thought is Power.  
It is THE Power that controls all other  
Power.

*Thought as Power!* THOUGHT IS  
POWER! This is the greatest discov-  
ery—that of fire comes next. This is  
destined to make as great an advance  
in human progress as fire made in the  
ages past. Thought will be consciously  
used as Power. Its possibilities are  
unlimited. No imagination can picture  
what Man and his world will be after a  
century, ten centuries, of the conscious  
use of Thought. Thought is as tame-  
able as lightning, as easily controlled  
as steam, and as unerring as gravity.  
Let me quote from one of the *great*  
books of the last century. Prof. E. L.  
Youmans' work upon "The Conservation  
and Correlation of Force," published in  
1864 (*Italics are mine*).  
In speaking of the law of Conservation  
of Force Professor Youmans says:

"Thus the law characterized by Faraday as  
the highest in physical science which our  
faculties enable us to perceive, has a far more  
extended sway; it might well be proclaimed

THOUGH HE SLAY ME YET WILL I TRUST IN HIM.—PSALMIST.

the highest law of all sciences; the most far-reaching principle that adventurous reason has discovered in the Universe. Its stupendous reach spans all orders of existence. Not only does it govern the movements of the heavenly bodies, but it presides over the genesis of constellations; not only does it control those radiant floods of power that fill eternal spaces, bathing, illumining, and vivifying our planet, but it rules the actions and relations of men and regulates the march of terrestrial affairs. Nor is its domain limited to physical phenomena; it prevails equally in the world of mind, controlling all the faculties and processes of Thought and feeling. Star and nerve tissue are parts of the same system—stella and nervous forces are correlated. Nay, more—sensation awakens thought and kindles emotion, so this wondrous dynamic chain binds into living Unity the realms of matter and mind through limitless amplitudes of space."

Thus early did a far-reaching scientist see the fact that has since been demonstrated that the realm of Life, or Force, is one. Telepathy has verified this statement, and by it we have the link that connects the hitherto divided parts of life, called matter and mind, into one, and makes of Nature, a Unity. No fact in all the history of human life is more potent than this. Telepathy is the missing link in science. Mind and Matter are by it wed, never to be divorced, and henceforth we shall deal with Mind as we have with matter, and with thought, as we have with electricity. We shall learn its power, its laws and will harness it to Human Will and Desire. Thought as Force means the Redemption of the world from all the old conditions. Almighty Power lies in it, and unlike all other power it cannot be monopolized.

It is open alike to all men Its only limit is human ignorance.

As the Without has been made to serve Man's will through knowledge, so now will the Within become subject to him, the mighty realm of Mind become the theater of human activity, and all its power be consciously used to bless.

All this lies in that simple experiment. What is the Power that lifts the person? It is that that lifts your feet and hands; that is subject to your will in all your conduct—THOUGHT. It is the first demonstration that we have had that Thought is not only Force to move through space without visible conductors, but that Thought is also Force to lift ponderable bodies. We fill up with Thought by unison in breathing and movement. The same thought fills the five persons as five lamps are filled from one dynamo. *Thought fills us.* We use it as we will and it lifts the man. This simple statement is more eloquent than all rhetoric can be. I cannot think of the greatness of the fact without tears. It means more than all other facts to the race. Thought is a force

that can be made to affect ponderable matter. "Chalk marks don't draw cars!" said a railroad man. Chalk marks will draw cars, when thought is put into them to do so. This is the Prophecy. Thought will in the future become subject to conscious control and we shall intelligently do all that is now credited to the Hindoos as doing. Life is subject to will. Thought is a manifestation of Infinite Life. Thought is Infinite. We know it to be Power. One with all other Power. Its source is limitless. It will flow through us in any required amount and we can direct it to any desired end. This is demonstrated by telepathy; by bodily renovation and the building of it to will. Thought will be used to control all the lesser forms of force, to direct fire, water, wind, wave, light, electricity and gravity. The fire will cease at command. "The wind and wave obey Him." Plant and animal life will come at his thought—to him willing servants. Dream! illusion! rhapsody!—All this may be called. It is still the calm reasoning from present scientific knowledge. I let it stand for future generations to verify. But the time is on for us to begin this dominion over Nature. Beginning with our own body we progress until the largest of our environments is subject to our will. Begin now to control SELF-manifestations by controlling Thought, and recognize that Thought does the work. As you have used in the past other Power now use this. *Never begin to do a thing until you are ready.* And you are not ready until, like the engine on the track, you are filled with Power. The hasty, the worried, the fearful, the irritable, the impatient, the doubtful, the fault-finding, are all like the engine that have punctures in the boilers, or have no fires. They are not ready. Get ready by first filling up with Thought. As in the experiment, *breathe and think.* Consider what to do. Think of it and breathe slowly, with this concentrated thought. All calm, patient, concentrated persons do this. All happy, healthful and successful persons do this. It is the secret of their success. Before they move to do, they let the Thought fill them—possess them. The Suggestion and the Affirmation must have time and opportunity to fill the machine, the organism, with its Power. This done, *this Power, this Thought, does the work! Think and breathe before you act!* *This is the law of Power!*

This is the conquering force in man that will give him dominion over all things. Its scientific demonstration is in the simple experiment given above. I challenge the world upon this. Try it. Learn that through Concentration, Thought will, through the individual, accomplish any Desire. This Emerson said long ago, but we have just learned it: "From within or from behind, a Light shines through man upon things. The man is nothing but the Light is All."

Sit alone; in your arrangements for residence see you have a chamber for yourself, though you sell your coat and wear a blanket.

—Emerson.

Mrs. Margaret B. Peake, occult teacher and author of that fine occult romance, "Zenia, The Vestal," will have a practical paper in the New Thought line in October NOW. All will wish to read it, so subscribe, that you may not only read, but keep for re-reading and for reference.

"You sent me the August number and I like it very much. One cannot help feeling better after reading it. It is inspiring and encouraging. Send me, please, the February number that I may see about the class."

—A. R., Brooklyn, N. Y.

The wife of an M. D. writes from Ill.—"I am a constant reader of NOW and watch eagerly for its coming every month. I read each number several times. While reading to a friend from the August number to-day, he said, 'Why, there is sufficient in those few thoughts, or even in one of them, for a whole day's reflection. Why read it all and lay it aside? We need it every day.' I seem only to have begun to live since I have found the New Thought. It makes it worth while."

An Osteopathic M. D. in Ill. writes—"I address you as a friend, for I feel in my heart that you are in the great Infinity of spiritual life whose lightest ripples reach remotest souls that bathe in its depths. I have felt these wavelets of uplifting strength as I have occasionally read your NOW. I enclose \$1.50, for which kindly send me NOW for one year and a Psychometric Reading. I see that you advertise these both for \$1. I do not rightly feel that I can take advantage of this, and if you wish you can apply the 50 cents where it will do the most good."

An author of some occult works writes: "I congratulate you on the steady ascent of NOW. May it retain its earnest spirit of genuineness and simplicity and keep all personality from its columns." Good! NOW has no personal axe to grind. It has a purpose. To that purpose it will be true. Its purpose is to make *Life a Fine Art.* To make Truth-telling popular and TRUTH-LIVING practical. The personality of the editor belongs to himself, so does his private life. Truth as it can be expressed through him belongs to the world. I have in NOW, no personal matters to air, no grievances to parade, nor private matters to discuss. All belongs to Truth and Love.

Henry Harrison Brown can be engaged for Sunday lectures, or for classes and weekday lectures within a reasonable distance of San Francisco, on New Thought topics, and at reasonable terms.

I CANNOT DRIFT BEYOND HIS LOVE AND CARE.—WHITTIER.

**The NOW Class.**

This class was organized in January. It has now many members. We have united for mutual assistance. All who wish can join. Send for the February NOW for directions, (5 cents.) It is for Success in Business, for Health, Spiritual unfoldment, or any human Want. Cost: A subscription to NOW, and 50 cents for the first month. After that a monthly letter, and any freewill offering. Pupils join any time, and leave any time. We learn to help ourselves by helping others. We can learn, or help, ourselves in no other way. Join and be helped and receive help.

**NOW CLASS**

Is doing well. Many feel so much improved that they do not report longer. "In union is strength." For Unfoldment let us ever remain ONE in the CLASS-thought, and while helping others help ourselves. For growth only comes of doing.

"We may reach what we pursue,  
But still we'll keep pursuing.  
We'll do the best we can do,  
For soul-growth comes of doing."

Let us have monthly reports from each member.

**The Healer's Province**

Is that of teacher, or inspirer. No one can heal another any more than he can think, or live, for another. But each person can give encouragement, instruction and inspiration to many, that are less unfolded than himself. This is a glorious privilege. Since wrong thinking causes all our ills, we have only to learn how to think rightly, and to hold to the right thought, to be healed. And since thought is Power, and Telepathy is a fact, the silent work we can do in this line, when we are wise enough, is beyond all compute. But the healer can never take the place of Self-effort. Both, as in teaching the child to walk, or to cypher, are needed until the patient is able to walk, and solve the problems of life alone. But at no time are we so wise that we cannot be aided by our friends. No time that another's perception of Truth, and his wealth of Love will not cheer and bless. The best name that Jesus went by is that of the "One who went about doing good." This is the healer's mission. It must be done for Love of doing, to be of lasting and of real benefit. But the patient that sponges assistance will never arrive at individuality. To feel that you make an adequate recompense—"measure for measure"—is the Divine law of cure. Nothing for nothing—is nature's way. Therefore it is right that some consideration be in the mind of the patient for

all assistance. Without it he will ever be a leaner, ever being cured—never well. In this, many will find the key to continued returns of old conditions. They were never cured. Never cured, as all must be—from within. They were helped from without. One is cure. The other is only relief.

"What shall I do for these continued blue spells?" writes a member of the class. Forget self and do for Truth and Love and the sun will shine. Despondency, "the blues," ever rise in selfishness. Think of others in Love, and hold the Affirmation, "All is Good." Then only happiness will be in the mind.

"I can earn the dollar but cannot keep any for the 'rainy day,'" writes a member. Why plan for rainy days? They will never come if you do not invite them.

"What have you to say of the strikes?" writes a friend. I have nothing more to do with them than any healer has with the diseases of the body. Strikes is a disease in the body politic. I see only Justice and hold to, "All is good," and thus cure strike: in myself, that is curing them in all. I radiate Justice, in Truth and Love. When each person, or even a majority, will do this there will be no strikes. Until then, there will. Doses of Love taken each morning by Capital and Labor will cure. I recommend it as the only remedy.

How much is due to your instrumentality and presence here for two days only God and the angels know, I only know that the benefit is great. \* \* \* I returned home last Monday and the bright face of NOW was the first to greet me. Only those who have passed through the storms can appreciate the strength it conveys. The August number is just grand for those who are receptive to the power it imparts. One of the grandest thoughts I have met with to expel all undesirable and unbidden conditions I found on page 3. It is this quotation:

How many a glorious record  
Had the angels of me kept,  
Had I done instead of doubted,  
Had I warred instead of wept.

Students of the occult will find many things to war with where tears only express faintness and failure.—M. B. \* \* \* True. "Faint heart never won fair lady," nor won success in any line. Courage! Fear paralyzes and to fear belong tears. Away with both. Smiles and courage win.

"Your Affirmations are very stimulating," writes a Denver attorney.

**Bitter Medicine.**

The first condition of mental healing is that the patient should be willing to take his medicine. With this assured, and a healer capable of intuitional diagnosis, there is no disease that is incurable. It has been abundantly demonstrated that all disease results from faults of disposition. It follows that all healing is correction of character. It has been wisely said that character is formulated will. To correct will is to change disposition. The result is always harmony and health. Before the patient can be readily healed, he must be told the cause of his disease. He may be temporarily relieved by silent treatment. No cure can be established without teaching; for otherwise the cause has not been reached. . . . All our artificial sentiments must be swept away. Our self-esteem must often be ruthlessly destroyed. Our bandages must be removed, our sores examined. *We must face ourselves*, come into the open and no longer seek concealment or evasion. Will we meet the test? If not no cure is possible.

—From Newcombs "All's Right with the World."

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It is hard to fail, but it is worse never to try.

—Vice-President Roosevelt.

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These old gods hate,  
 Dwellers in dreamland,  
 Drinking delusion  
 Out of the empty  
 Skull of the past.—Lowell.

Any doctor that would lend a hand in making a law that prevents people from having any doctor that they may wish in times of sickness, is the worst sort of a charlatan that can possibly be imagined. —Medical Talk.

The babe's unconscious tenderness,  
 The mother's yearning heart,  
 The lover's rapture or distress,  
 Manhood's ambition, science, art,  
 Affinities of matter and  
 The bond of worlds below, above,  
 One lasting Unity command;  
 All loves are one, and all is love.

—Florence Griswold.

No cloud of death can long obscure,  
 Nor touch with any doubt or fear,  
 The Love that keeps the old Faith pure,  
 Contented whether there or here.

—Geo. William Curtis.

Reverence for authority stultifies a man. It paralyses his intellectual conscience; atrophies his mental faculties; in a word, it emanculates him. It keeps him a child in leading strings; a helpless puppet. Reverence authority—but the authority of man—but the authority of Truth. —Medical Brief.

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—Emerson.

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