

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,
And both are NOW.—WHITTIER.

'Twas only striking from the calendar
Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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HENRY HARRISON BROWN
Editor and Proprietor
Office, Sleeper Hall, 2nd St.
San Jose, Cal.

Expression.

O, Soul, thou art Love and Love Divine
But not until that force is spent,
Is that love mine.
Expressed, seems lost upon the air.
Not so. The mission whereto sent
Has been the answer to my prayer,
And of possession is my sign.

Within thee, Soul, 'tis Force, as dull
As flame is in the blackest coal,
Tis latent fire.
Express it Soul, full deep and strong.
Of God's Love thou art then the whole,
And my life becomes a song
When thus expressed thou feed'st Desire.

Thy Love O, Soul, useless has been.
When another Soul to thee responds,
Thou art God then.
Love exists not till outward pressed.
Come! break O, Soul, these staying bonds!
Now not alone myself thou'st blest,
But hast O, Soul, of Gods made men.

Henry Harrison Brown.

Freedom in Truth.

It always has been as true as it is to-day that knowledge of Truth makes free; yet when we look out upon the world we do not see that humanity is finding much rest simply because this is true. God is love throughout eternity, yet humanity to-day does not seem to be resting very peacefully in this Truth. On the other hand, we find that the unprecedented unrest of mankind is because of the ignorance and failure to *practice* in the consciousness that Truth which is vital in the soul.

All suffering, whether from sickness, sorrow or poverty, is because of erroneous mental conceptions, which have according to the laws, been outpictured in corresponding externals. Conversely, all mitigation of all and every kind of suffering will be resultant upon our acquaintance with Truth and in our use of our thought force for the formation of correct mental images.
—Fanny M. Harley, in *Universal Truth*.

Affirmations.

God is Love.
God is manifest in me as Love.
I am Love and Love is infinite.
Love is Law.
Love is my Law. I am Law.
What Love prompts I do.
All my thoughts and acts are prompted by Love.
Love feeds, clothes and shelters me.
Love will ever care for me.
Love thus casts out Fear.
In Love I am Fearless.
In Love I speak and act without limit.

Limitations are born of fear and I am Love and fear nothing.
Love is pure and is free. Love is Liberty.
The more Love the more Liberty.
I live above limitations and am free through Love.

What I am, all are, and I live by recognition of the liberty of all.

Only thus do I free myself and live above limitations of Fear.

In Love I never judge. All are like me, good and are Love.

When thus I cease to think of myself as good, then I cease to think of others as bad.

When I forget to think of myself as virtuous, then I forget to think of others as vicious.

When I cease to think of myself as honest, then I cease to think of others as dishonest.

When I cease to think myself as worthy of heaven, then do I cease to think of others as worthy of hell.

I therefore let Love do its perfect work through me without question or judgment. In Faith I have ceased to think of the distinctions of good and evil.

Love gives me all the companionship I want.

I am never alone.

Everybody loves me because I love everybody.

I have constantly my friends to love and to be loved.

In the ONE FRIEND I find all friends.

God is loved by me in the concrete, and He loves me there.

I love God in men and women.

I love God in youth and maidens.

I love God in little children.

God loves me in the pets about me and in the birds and flowers.

And I love him in them all and in all things.

I love God and He loves me in all the experiences of life, no matter what they are. Love is in and through All. I love all the conditions I am in.

I find Love everywhere because I carry it everywhere.

I will have nothing but Love and Love's expression in my life.

The fruits of Love are Peace, Joy, Patience, Faith, Self-confidence, Health, Prosperity, Wisdom and Companionship.

/ I have no need

Of friend to talk or book to read;
A dear Companion here abides,
Close to my throbbing heart he hides;
The holy silence is His voice;
I lie and listen and rejoice.

—J. T. Trowbridge.

At Noon

Each day let each reader of NOW send forth the affirmation of PEACE. Peace first, for self; Peace for the nation; Peace for all humanity. As the clock, or bell, or whistle, or sun, announces the meridian hour, let the thought of Peace in some form go forth. This will soon become a habit, and as noon approaches the sense of Peace will steal over you. That sense will each day extend its reign until ultimately each moment will be one of inward Peace. These vibrations flowing from so many souls will do much to mold the world-thought into that of "Peace on earth: Good will to men."

If you intend to do a mean thing, wait till to-morrow; if you intend to do a noble thing do it now.—*San Jose News*.

WEAK AFFIRMATIONS WEAKEN US AND THOSE WHO HEAR US.—FANNIE B. JAMES.

NOW.

Primary Lesson No. 6.

AUTO-SUGGESTION.

Suggestion is the cause of thought. The effect is that we each give ourselves suggestions. This self-given suggestion is called Auto-suggestion. It is not Suggestion, in reality, the power that rules the world. But Cause and Effect are the two sides of life and of each fact of life. They are as Emerson says of them, "Chancellors of God." So that when one is spoken of it must necessarily include the other. The saying, now so common, that "Suggestion rules the world," if taken literally is not true. For only those Suggestions that are received into the mind and thus become Auto-suggestions, rule the world.

It is what a man thinks that rules him; that he becomes. It is not what he senses. He may see and not think, he may feel and not think; and he will surely in greater or less degree think different from every other man.

"As a man thinketh in his heart so is he." As he thinks in sincerity; as he pays attention. And this attention is instantaneous.

The difference between Suggestion and Auto-suggestion is seen in the fact of two persons arriving at the same R. R. station at the same time. It is dark or cloudy. Without conscious thought one says, as he passes up street, "This is south." He awakens in the morning with the sun rising, to him, in the south. He may try in vain for months to change this impression and fail. The other person gives himself the suggestion that he is going west and the sun will rise, to him, in the west.

This is a good illustration of Auto-suggestion and its power. We are constantly making our world and our life by these silent and unnoticed thoughts. We fear, and fear gives the Suggestion of pain, and pain we have. We fear of malaria, and we suggest to ourselves that we shall take it, and we do. We eat and suggest that it will hurt, and it does. We meet a person and we suggest to ourselves that we shall not like him, and we do not. We think the party in power is to blame for all financial trouble, and it is. We think "the outs" are "bad people" and they are. We think we cannot get along without meat, or that we cannot eat meat, and we cannot. We think we must smoke, or have beer or coffee, or that these hurt us. And what we suggest of them is to us true. We make it so.

Roosevelt in a recent political speech says of his meeting and his estimate of men that he at length came to see that it was not the men that made the difference, "But was" he says, "in my own point of view."

Thus is it ever. It is not the circumstance but the mental attitude toward it, that makes the difference in men. That mental attitude is an Auto-suggestion.

In all mental healing either of body or of conditions, the cure is an Auto-suggestion. The healer is to be wise enough to give the right suggestion so that the effect, the Auto-suggestion, will be that which will produce the condition desired. The future teacher, lawgiver, priest and healer, will so understand his part as Suggester, that he will produce the right Auto-suggestion and whatever is the desired condition, it will follow as naturally as water flows down hill when the obstruction is removed.

Besides, understanding this power, man will suggest to himself what he wishes to be, and by this power of Auto-suggestion will be, that which he desires.

Now, by this power in his ignorance, he builds his body and his estate into conditions that give him pain. He does this by affirmation. This affirmation is to him an Auto-suggestion. He affirms pain. He has pain. He affirms failure and he has it. When he learns and obeys this power within himself, of making externals to his will by affirmation, (which is only conscious Auto-suggestion), he will make life's manifestations that which pleases him and thus by Affirmation become the Master of Fate.

An Unexpected Ally.

Fitzsimmons, the pugilist, has been giving some lessons in regard to the manner of living that have many grains of good sense in them. The best of all is the remark: "I would as soon learn to crochet as to smoke a cigarette. If a man criticised me for so doing I could punch him or give him some kind of an answer. But if he caught me smoking a cigarette, I'd have to confess that I had done wrong."

But this is not the thought NOW readers need, save as they can show it to the boys to whom Fitz is a hero.

This he says also and it shows how common sense is becoming common. And it is the Philosophy of NOW.

"You don't have to get old early if you don't want to. It's just living right. It's not time but foolishness that makes men old. I keep young because I live the way we were intended to live." That's so. We were intended to live forever, and will, when we think so. Think so and you will live so. And Fitz and all others will learn that it is not diet, exercise nor habits, but THINKING that make people old. Destroy the thought of disease and death and there will be neither. And it can be done. It is done.

[For NOW.]

I Am the Reflection of the Now.

BY ELEFTA STOWELL SWEEZY, MENTAL SCIENTIST, TOPEKA, KANSAS.

That which I have thought in the Nows past, that I am. That which I hold Now in thought I will be in the Now to come.

In time past I have looked for things "to come." Behold, "Now is the accepted time." We live *Now* and not in any past. It is *Now* we think and not in any future. Therefore, I will think life; I will think health; I will think plenty; I will think peace and joy; and I will think them NOW. By this regenerating of my thought, I daily bring to me that which I most desire; And what I most desire is with me *now*. The realization is a garner full of ripe fruit. The fruit of my thinking. The fruit of life, health, peace, plenty, prosperity and love. For I think these Now, and Now I realize the fruit of my thought.

This thought sent forth in love will regenerate the world and it will *Now* be full of precious reapings, not only for myself but for all, since there is for all only the Eternal Now.

We regard man as a mental or spiritual being, and his mental attitudes as of paramount importance, as our environments are largely the result of our habit of thought. It is our duty to guard well our thoughts, for "as a man thinketh, so is he."—From "Resolutions" of the California State Convention of Spiritualists, San Jose, Sept. 8, 1900.

I could not live without the love of my friends,
The poet *Krats*.

To love one another is the best way of aiding
God.

Victor Hugo.

The Incarnation.

"There is no necessity for us to separate
God as Substance from God as tender Father."

Mrs. H. Emilie Cady.

O, Life Divine! Thou gavest all! Then why
This hungry heart of mine? Thou Heart,
doth hear!

I bear my load! I hope! I long! I fear!
I seek but find not! And I still must cry
For one in whom my love to trust. I try
To find content O, God in Thee alone!

I cannot hug Force to my heart. A stone
It is when lonely, I so long for cheer!

Nay! Nay! The Absolute must have a form.

I want my God incarnate in a human heart!
The God I love is human, stalwart, warm,

And dear because he is concrete, a part
Of Love Divine. And when He thus shalt come
My life His kingdom is, my heart His home.

Henry Harrison Brown.

"A new commandment give I unto you,
That ye love one another."

The Poet-Prophet, Walt Whitman, gives the
picture of the true Democracy and tells of the
only politics that will usher it in, the Demons-
tration of Love, the practical application of
The New Commandment. Love is the uni-
versal panacea. Its coming is foreshadowed
in the many schools of Mental Science all
based upon the affirmation of Unity—Brother-
hood.

" 'Tis coming up the steep of time,
This old world is growing brighter."
and papers like NOW are springing up all
over the States helping on that time when

"Fraternity, Love's other name,"
shall
'Light up with joy the poor man's heart,
And Love's own world with smiles more
sunny."

Poet, prophet and all Truth speakers are
NOW living in the realization of the heaven
he realized, or he could not have so affirmed
the "I."]

States!
Were you looking to be held togeth-
er by lawyers?

By an agreement on paper? Or by
arms?

Away!
I arrive bringing these, beyond all
the forces of courts and arms,

These! to hold you together as firmly
as the earth itself is held together,

There shall be from me a new friend-
ship. It shall be called after my
name,

It shall circulate through The States,
indifferent of place,

It shall twist and intertwist them
through and around each other.

Compact they shall be, showing new
signs.

Affection shall solve every one of the
problems of freedom;

Those who love each other shall be in-
vincible;

They shall finally make America com-
pletely victorious, in my name.

It shall be customary in all directions,
in the houses and in the streets to
see manly affection.

These shall be masters of the world
under a new power,

They shall laugh to scorn the attacks
of all the remainder of the world.

The most dauntless and rude shall
touch face to face lightly;

The dependence of Liberty shall be
lovers;

The continuance of Equality shall be
comrades.

These shall tie and band stronger than
hoops of iron.

I, estatic, O, partners! O, lands! hence-
forth with the love of lovers I tie
you.

I will make the continent indissoluble;
I will make the most splendid race the
sun ever yet shone upon;

I will make divine magnetic lands.

I will plant companionship thick as
trees along all the rivers of America,
and along all the shores of the great
lakes, and all over the prairies;

I will make inseperable cities with their
arms about each others necks.

"Freedom,"

Helen Wilmans dynamo of power,
has this good word for NOW: "NOW
is the name of a monthly paper, edited
by Henry Harrison Brown, of San
Jose, Cal. Price, 50 cents a year. The
reader need not be told that the paper
is worth supporting; the name tells
this. If the editor sticks to its name
and brings the life forces into the pres-
ent he is bound to succeed. But how
the thought spreads." "Sticks?" well
Helen, there is only one tense to the
philosophy of NOW. It is present
tense, indicative mood. It is—I AM!
All else IS. NOW is trying to re-
move from the vocabulary of the people
the words, "Was" and "Will be." NOW
is a success as all effort in the now is.
But I am proud of my company. The
Truth is spreading and opening to me
the love of humanity every day. I be-
gan to read *Freedom* seven years ago
and the *Chicago Express* long before.
To Helen Wilmans I owe much of the
Spirit of Freedom that possesses me
to-day. To Shelton's *Christian* I owe

the DARE in me. So here is NOW,
the child of these two godparents. Can
it fail? I think the godchild has im-
proved upon the parents. It should.

Emerson,

In one of his earliest essays "Com-
pensation," states the whole position
of the Soul Culturist and the Mental
Scientist when he says: "The Uni-
verse is represented in every one of its
particles. Everything in nature con-
tains all the powers of nature. Every-
thing is made of one hidden stuff.
The world globes itself in a drop of
dew. The true doctrine of Omnipres-
ence is, that God reappears with all
His parts in every moss and cobweb.
The value of the Universe contrives to
throw itself into every point. Thus
the Universe is alive. That Soul which
within us is a sentiment, outside us is
a law." And in "Oversoul," he makes
the statement stronger: "Within man
is the Soul of the whole; the wise si-
lence; the universal beauty; to which
every part and parcel is equally relat-
ed; the eternal ONE.—Ineffable is the
union of man and God in every act of
the soul. The simplest person who in
his integrity worships God becomes
God."

This is the whole of the NEW
THOUGHT. All we do, is to prac-
tice the lesson the Great Seer taught.
We LIVE, God, in the soul and be-
lieve that each expression of the Soul
IS God doing His will through us.

There is in the flesh something that
is superior to the flesh, something that
can in finer moments abolish matter and
pain. And it is to this we must cling.
—*Lowell.*

The last time I was ill I lost all con-
sciousness of the flesh. I was dispers-
ed through space in some inconceivable
fashion and mixed with the Milky Way.
Yet the very fact that I had conscious-
ness all the while of the Milky Way as
something to be mingled with, proves
that I was there as much as an individ-
ual as ever.—*Lowell.* (Quoted by Hale,
Lowell, etc., p. 282.)

NOW is published on the 15th of
each month.

ALL YEARLY SUBSCRIPTIONS TO
NOW MUST BEGIN WITH THE FIRST
NUMBER.

FINALITIES ARE AN IMPERTINENCE IN A GROWING AGE.—*J. W. CHADWICK.*

NOW.

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HENRY HARRISON BROWN, EDITOR.

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Devoted to the Science and Art of Soul Culture.
It is the utterance only of the editor. All thought not
credited to others is his.
Its basic Affirmation is:—Man is Spirit and can mani-
fest as spirit here and now.

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Notice

That the office of NOW and my
address have been changed from San
Francisco to San Jose, Cal.

Foreign subscribers, outside Canada
and Mexico, must add 15 cents to the
ordinary subscription price to cover
postage. Do not send foreign P. O.
stamps.

Notice.

The edition of July NOW is ex-
hausted and we have only a limited
supply of March and June.

For 25 Cents

NOW from September to Febru-
ary inclusive will be sent to any address.

A Thought From the Silence.

Coming one day from the Silence
with my class as I had asked for a
word of wisdom, I brought this. Every
day since then, and it was five years
ago, I have seen the deep philosophy
contained in it. Here is the Word for
all "who have ears to hear:"

This is the only and the unpardonable sin
To look without, when one should look within.

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From Matter to Spirit.

As much as I have admired Helen
Wilmans, I have ever felt that there
was a fundamental defect in her phil-
osophy but nevertheless I still felt that
no one honest and brave as she is
would long wander without striking
solid foundation, and I shouted "Hur-
rah" when I read her editorial in *Free-
dom* for August 1st. It is too long for
NOW, but all can have it by sending
5 cents to *Freedom*, Sea Breeze, Fla.
The transition from matter to Spirit is
fundamental and now Helen Wilmans
will set Mental Science where it has
never been, but where it belongs, in
the front rank of all the redeeming
forces, Spirit is all. Never mind if
she prefers to call it MIND, it is that
SOMETHING that is *not* matter which
we call Spirit. *Spirit is all*, is the key-
note of true philosophy. Now I ex-
pect to see Wilman's College take a
stride such as never before in the his-
tory of metaphysics. Glory to Good
is the highest, Peace in bodily mani-
festation as there ever is in Spirit.
Here is an extract from this article of
a woman who dares to say she has
changed her mind, and has grown.

"We are transposed from matter—which to
our comprehension seems a dead thing—
to mind; a thing that changes with each new
impression. Mind comes in contact with all
things, and is modified by everything it
touches. By dwelling on the fact that what
we have heretofore called matter is mind or
intelligence, the idea of immovability gradu-
ally slips away from it, and we begin to see
ourselves as ever changing beings, yet always
retaining the same individuality through all
changes. Nothing does more to locate the
"I," on the basis of the will than this thought
and to think from the basis of the will, soon
leads us to act from this basis, and to thus
manifest a complete conquest over every form
of disease, deformity, old age and death."

When Helen will see that will and
love are not identical as she makes
them and will say "Think and act from
the basis of love," there will be little
more to add to her philosophy. In
another extract in this issue will be
found this sentence. "When the will,
which is the love, says"—if "will" and
"love" are synonymous why not use
"love" instead? But Love is the
Spiritual side of life; will is the intel-
lectual side. And Helen sees this
when she says: "This annihilates the
word duty and gives us the natural
inclination or love in its place."
"Glory" again, I cry. This is where I
have been for a long time. "Duty" is

a word to be outgrown. It is a word
for slaves. I AM king. I AM a god
in embryo. I AM Master of Fate.
Why tell me I *ought* to do? I do as
the God in me directs and he directs by
Love. Desire is His mandate and in
love I obey.

But there is still more in this change
of base in "the founder of Mental
Science." Helen has been one of the
foremost advocates of "Physical im-
mortality." Now Immortality of mat-
ter or of the physical body is neither
logical nor desirable. But immortality
of MIND is both. And as a Mind-
being or a spiritual being I am im-
mortal, Why not know it NOW? Mind
is not limited. Mind knows
neither time nor space. Why am I
limited by the eye and ear and feet of
body? Simply because I will be.
"The coming man," who is the man
here and now, sees without eyes, hears
without ears, travels without convey-
ance, sends messages without wires, and
learns without books. He lives spirit
here and now. His seeing is called
clairvoyance, his hearing clairaudi-
ence or telepathy, and his traveling the
same. His method of learning is from
the sub-conscious. It comes by
inspiration from the God-fount within.
This Mind-man can never die. He
need not throw off the coarse mantle
he calls body, by the process of disease
and death. He can raise its scale of
vibrations till they are too fine for
any but the clairvoyant to see and the
telepathic to hear but he will be here
still a Mind-man. This is the future
for all, but it is NOW, for all who will.
The way to this is to affirm—I AM
SPIRIT! then to *live as spirit*, and the
realization of Spirit will follow and
"death will be swallowed up in victory."
It is the province of Soul-culture to
this bring about; to teach man to live
as Spirit here and now. Those who
talk of physical immortality are dimly
seeing a scientific reality. Mind-man
is immortal and changes only as he
changes manifestation with each new
impression or each new inspiration.
The day Paul saw is here with *each
person who realizes that they are now
Master of Destiny.*

The Editor of NOW

Will attend weddings or funerals,
or arrange for a course of lectures with-
in reasonable distances of the city.
Classes can also be arranged for.

REWARDS AND PUNISHMENTS ARE THE REACTIONS OF OUR OWN ACTIONS.—THE VENDANTA.

Words of Gold.

A lady in Los Angeles writes: "NOW is a help to anyone. I find in the last issue you speak of 'God and I' in partnership and quote Edward Everett Hale as using the same expression. In 'Idols Dethroned,' Flora Parris Howard uses the same. So you see she was before either of you. Flora had the courage to say it. I copied it then for my scrap book and have clung to it ever since. Success to NOW. May it long carry Good news to weary hearts. I want to thank you for writing 'Peace.' How much good that little poem has done me." Glad Flora said it. She is capable of saying anything good. "Simple to thy cross I cling" is the hymn. Simply to my partner it is NOW. Flora's statement is elsewhere in this NOW.

Mrs. Mary — an old Kansas friend now in San Francisco, writes under date of Sept. 19: "Received NOW to day. It could not be any other day. It is filled as usual with good things. Saw — and — not long since. We all miss you and wish you were here. That seems to be the characteristic of most people to let something slip from them and then to regret it." Well, I did not "slip" and you do not "regret" for we are ONE, and that ONE is HERE and it is NOW. So we can without eyes see, without ears hear and without feet meet. In Spirit we still have the meetings we had in San Francisco when we were learning to *know* the *here* and the *now* before NOW was born and you encouraged me to start it. All is well with us all evermore.

Mrs. L. B. S. of Minnesota writes: "I have bought considerable literature on the New Thought but NOW is the first that seems a part of me. I keep it constantly on the reading table. In fact I have some of the numbers near me most of the time. It seems strange that I have lived fifty years without these thoughts and now I feel as if the children must take them up at once. Some way your paper 'goes to the spot.' Please send a copy to the friend whose address is below, and copies of the numbers mentioned to me as I have sent mine away and must complete my file. Enclosed find stamps, etc." "It goes to the spot," because you are ready for the builder and he is never the iconoclast who comes with denials. Affirmations are the blocks,

tools, and the ALL of the future workman and artist. NOW affirms, and for this the world is ready. "Thou shalt not" died with Jesus. "Thou shalt," will die with the 19th century, and I AM comes in as the Savior, in the 20th.

Frank from Grove City, Penn., writes: "I cannot tell you how much I have improved since I last wrote. I know you will sense it. Stamina is mine now. I do things that six months ago I would have run from. I am improving along all lines and demonstrating over all things except the one trouble mentioned above. And I will over that as soon as I learn from you the true way to do it. Above all things I am learning to trust myself. Were there any believers in the New Thought here for company I would do better, but NOW is my companion and with it I am never alone. It is a better companion that I could find anywhere else." Well, Frank, be patient and affirm that you *have* and *are* and you will soon write me that you are well over this last difficulty. Every night I treat you with all my friends who write me for help into Self-mastery and I know that all are unfolding like the rose in the June of your own Pennsylvania.

"I have learned to live in the NOW and to let by-gones be by-gones. This enables me to concentrate and to enjoy. I am more every day because I can thus concentrate. I will not take any anxious thought for the morrow and I find that it comes always well for me." So writes my friend P. C. C., who for many years has grown with me into the light till we both have found Mental Science to be our Savior.

Lotta writes: "NOW came to help me as usual and I never felt so well master of all conditions as at the present time." There was a time when friends said, "No hope!" But "what wonders God hath wrought." Thoughts have cured. Lotta, we "will tell to sinners round what a savior we have found" and NOW shall bear our message to all "who will come and be saved," as you have been from pain, sorrow and the grave. We have in us the Power of eternal life. We possess!

"NOW grows better every month. Really I don't see how it can improve any on the August number. Its affirmations are the best of all."—Mrs. A. B. S., of San Francisco.

A Missouri subscriber writes: "I find so much help in the Affirmations and so much good advice. But the name is the most suggestive for NOW is the only time. And when I read it backward it is WON and it has won and will continue to win. The editorial on 'Realization' is worth more than the year's subscription."

Mrs. Francis Howland writes NOW from the Faithist colony at Shalam, (P. O. Dona Idea, New Mex.) that they need money and workers. She and her husband are taking care of 25 little waifs and she seeks homes for two or three and all the assistance needed to maintain Shalam. Francis writes this in a private letter but NOW is interested in this movement and gives the Thought to the world that IT must be maintained, and that it IS now supported by the World-Spirit, that cannot afford to let any attempt to actualize Truth perish. All will send it as they can afford, means, help, and the Love and Thought that is Success.

From a firm of Iowa, M.Ds., comes this letter: "Kindly send us a sample copy of NOW. We have become acquainted with you through your series of 'Soul Culture essays' in the *New Man*, and desire a better acquaintance. There are few things we have read that proved the soul food that your essays have." This is good. When a person remembers my words two years, I know I have spoken the Word of Life for him. I have no published works save in the papers and magazines. When the time comes for them I have a mass of MSS., to print. But the dollars do not yet come. They will at the right time. I wish to reprint in book form the Soul Culture essays. I requested in the May NOW all who would subscribe for copies of the book at 50 cents to write me. Thus far the number has not warranted the venture. When 500 copies are subscribed for I will print. NOW will build me a constituency that will warrant the publication of my books at the right time—The Father's time."

A gentleman in Kansas who deals in and publishes New Thought Literature writes: "I have great faith in your paper. I am in this business not for the money there is in it, but to spread advanced thought. The affirmations in your paper will do it. I wish you abundance of success."

Psychometry,

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Hypnotism

Is now the fad of the advertiser. Mail Courses without number are offered, and there are cheap books galore. Well, let the thought spread, but when one can learn music and elocution by mail, then he may next try Hypnotism. Philosophy is not practice, and without the latter there is no power. No discovery of human power ever contained so much possible blessing as that first known as Mesmerism, later as Psychology, then Hypnotism, and then developed into a practical system of cure, called Suggestive Therapeutics. It means the inhibition of pain, the cure of disease, the correction of habits, the development of latent faculties, the education of psychic forces, and the evolution of all the Good in man. It will soon be a necessity in the education of teacher, parent, preacher, reformer, and executive in asylum, prison and hospital. But it is as much more than the cheap advertiser offers as Spanish in the college is above that of "Spanish without a teacher." But no matter how little one knows of Hypnotism, that little is worth a million times more than it cost and it can only be used to bless. Therefore get what you can. If you cannot drink deeply of this spring, drink as you can, for here shallow draughts do not intoxicate the brain, but that little creates a demand for more. It is the opened door to *mind*.

"The Light of Truth,"

Copies NOW'S Affirmations for September but by an error credits them to the author of the beautiful lines quoted at the close. I do not care, but Mr. Trowbridge may not like to fahter our brain child.

Love and Duty.

I am surely feeling the transposition from human to divine, from dependence to freedom in two ways, internally and externally.

I am now moved to action or stimulated to it by my will—which is my love—whereas I used to act only from a compulsion that I put upon my intelligence. "The thing has to be done" the intellect said to me, "and you simply have got to do it." I was under the reign of force; Do you not see? This was because the intellect took precedence of the will (love). Now this matter is reversed; the will, which is the love, says, "I want to do so or so," and the intelligence then seeks ways and means of executing the will. The reversal is like taking a pyramid that has been propped up so that it stood on its apex, and putting it firmly on its base, where it will not need props. And this annihilates the word "Duty" and gives us the natural inclination or love in its place.—*Helen Wilmans, in Freedom.*

My Own,

Comes to me as fast as I am ready for it, and I calculate to continue running my own machine. The one affirmation that I hold to most strongly and which does me the most good is—"I have no fear!" When I fear of everything, past, present and future is no longer allowed to stand in the path of progress what possibilities there are ours! Fear has been the great fence-builder that has said "Thus far and no farther" "Be not afraid" is the new commandment. It should be engraved, not on stone, but upon the hearts of men. Right in this line is your timely article in August NOW, "I cannot afford it." I, too, believe that we can afford to do right and to have that which belongs to us. I am inclined to think that in a limited way my own experience illustrates that even money will come when it is needed. From a private letter from Roy H. K. of Kansas.

No weapon will hurt the Self of man, no fire will burn it, no wind will dry it up. It is not to be hurt, not to be burned, not to be moistened, not to be dried up. It is imperishable, unchanging, immovable, without beginning.—*Vishnu-Sutras.* (One of the very oldest books known. A Hindoo Bible.)

Embosomed deep in thy dear Love,
Held by thy Law, I stand;
Thy hand in all things I behold,
And all things in Thy hand.

Samuel Longfellow.

How Hot It Is,

Says one when complaining of the weather. What is hot? Yourself. Why get hot? Is the weather your business? If it is, why did you let it be hot? If it is not why complain? What good to complain? Nay, if it is not your business, is it not an evil to find fault? Do you know that all such faultfinding produces diseased conditions in the body? The weather is regulated by Universal Mind and your business is to adjust yourself to it. Be in the right mental condition and as the race has adapted itself to all climates, so will you, as an individual, adapt yourself to all changes of the weather. The farmer, on a hot day at work, thinks little of the heat, but let him lie idle and he will find it almost unbearable. Emerson has the fact in his "Chackadee."

"The heart, if strong w thin
Can arm impregnably the skin.

Forget all about the weather, and think of your work only, and see how soon the word "hot" passes from your mind

Love, whose forgetfulness is beauty's death,
Whose mystic key these cells of Thou and I
Into the infinite freedom openeth,
And makes the body's dark and narrow grate
That wind-flung leaves of heaven's palace-gate.
Lowell.

Evil seems at times to be with us incurable. But the wisdom that is coming teaches us to believe that the fault lies, not in the intrinsic incurability of evil, but in the limitations of the healer. Our methods are defective. We have not yet learned to deal with sin. But we are beginning to learn.

REV. R. HEBER NEWTON.

One word has been the Sesame
Prevailing from eternity.
Love is the word the grey Sphynx hid;
Love built the ancient pyramid.
Lydia Avery Coontz.

This is to certify

That Henry Harrison Brown cured me of rheumatism of months standing by three treatments, after the doctors had failed to help me. This was 18 months ago and I have had no return of it since. MRS. S. M. BEAM, San Diego, Cal., May 14, 1900.

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