

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

# NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,  
And both are NOW.—WHITTIER.

'Twas only striking from the calendar  
Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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## All's Well.

BY DAVID A. WASSON.

[When this poem was written, the terms "Christian," "Divine" or "Mental Science" were not invented. Neither was any such thing as "Practical Metaphysics" known. Yet it contains all that these schools teach. One only needs to memorize these affirmations and make them a part of his mental structure, just as his breakfast becomes a part of his physical manifestation. Doing this, he attains Health, Prosperity and Happiness. It is copied here that it may be thus memorized and used.]

Sweet-voiced Hope, thy fine discourse,  
Foretold not half life's good to me;  
Thy painter, Fancy, hath not force  
To show how sweet it is to be!

Thy witching dream  
And pictured scheme  
To match the fact still want the power;  
Thy promise brave  
From birth to grave  
Lips bloom may beggar in an hour

Ask and receive—'tis sweetly said;  
Yet what to plead for know I not;  
For wish is worsted, Hope o'ersped,  
And aye to thanks returns my thought.

If I would pray,  
I've naught to say  
But this, that God may be God still,  
For Him to live  
Is still to give,

And sweeter than my wish His will.

O wealth of life beyond all bound!  
Eternity each moment given!  
What plummet may the Present sound?  
Who promises a future heaven?

Or glad, or grieved,  
Oppressed, relieved,  
In blackest night, or brightest day,  
Still pours the flood  
Of golden good,  
And more than heartfull fills me aye.

My wealth is common; I possess  
No petty province but the whole;  
What's mine alone is mine far less  
Than treasures shared by every soul.

Talk not of store,  
Millions or more—  
Of values which the purse may hold—  
But this divine!  
I own the mine

Whose grains outweigh a planet's gold.

I have a stake in every star,  
In every beam that fills the day;  
All hearts of men my coffers are,

My ores arterial tides convey;  
The fields, the skies,  
The sweet replies  
Of thought to thought are my gold-dust—  
The oaks, the brooks,  
And speaking looks  
Of lover's faith and friendship's trust.

Life's youngest tides joy-brimming flow  
For him who lives above all years,  
Who all-immortal makes the Now,  
And is not ta'en in times arrears,  
His life's a hymn  
The seraphim  
Might hark to hear or help to sing,  
And to his soul  
The boundless whole  
Its bounty all doth daily bring.

"All mine is thine," the sky-soul saith;  
"The wealth I am, must thou become  
Richer and richer, breath by breath—  
Immortal again; immortal room!"  
And since all his  
Mine also is,  
Life's gifts outruns my fancies far,  
And drowns the dream  
In larger stream,  
As morning drinks the morning-star.

## Affirmations.

[The reader is, in all these affirmations, to regard himself as a pupil taking his Lesson in TRUTH. "I" in them has no reference to the writer, but to the EGO, the real man of the reader. Each Soul is an independent Ego but is at the same time in indivisible part of the Divine ONE. When in any affirmation "I" is used it means the Ego of the one who affirms. These affirmations are to be repeated by whoever desires to become Master of Fate. When they are repeated, other and weaker thoughts cannot come into the mind. Thus by a conscious choice of thought one becomes the conscious Master of Life.]

One.  
Unit.  
Unity.  
UNI-verse.  
UNI-formity.  
All is one.  
All is God.  
God is ONE.  
All is Energy.  
All is Motion.

All motion is ONE.  
Variety in manifestation. Unity of Substance.

I am an indivisible part of ONE.  
I am a manifestation of ONE in ONE.

That ONE is best named GOD.  
God and I are ONE, and God and I cannot be separated.

God is one substance and is omnipresent.

I am ever present in God and God is ever present in me.

God is Energy, Life, Truth, Love, unmanifest.

I am Energy, Life, Truth and Love, manifest.

As God is perfect in all these, so am I perfect in all.

I now manifest imperfectly, but I will manifest more Perfection each day.

I am as an Ego, a manifestation of God, and as an Ego I am perfect.

All my manifestations are only an imperfect manifestation of the Possible in me.

I will, that I manifest that Possible in Health and Happiness and Success.

Because I desire and will, I DO manifest these.

I do by Thought control my manifestations, and I decree health, joy, peace, success and whatever else I wish.

Therefore this is my affirmation for the manifested Life:—

I am health! I am Joy! I am Peace! I am prosperity!

This I affirm, and will continue to affirm, until I in my personality do manifest and come into a realization that I am A Child of God and ONE with Him.

"Can every disease be cured?" we are often asked. Why not? Spirit is omnipotent. It depends on our faith. All things are possible to Spirit in manifestation, for it possesses all things in itself. Let there be no limitations on our thought and then there will be none on our work.

SAMPLES ARE SENT TO ALL WHO APPLY.

WEAK AFFIRMATIONS WEAKEN US AND THOSE WHO HEAR US.—FANNIE B. JAMES.

**Morning Affirmations.**

FROM MRS. M. A. REED, TEACHER OF THE  
SCIENCE OF BEING.

I gird myself with right thought.  
I gird myself with right speech.  
I gird myself with right action.

O, Holy Father, Love and Truth,  
Thou hast cut from me all that hast  
ever impeded my spiritual unfoldment.

Thou has taken from me all thought  
that could injure me.

Thou hast given desire and passion  
sway and they are all from Thee and  
are all wise and all good. I am free  
from all fears and all doubts. Thou  
hast purged me clean from all disease  
and all selfishness. I am every whit  
whole, in body, mind and Soul. Spirit  
has its free and full expression in  
me. I am one with Thee, and in me  
Truth has perfect manifestation.

As these are uttered bring the hands with  
each affirmation from the back of the body  
around to the front as though putting a girdle  
about you.

**Primary Lesson No. 2.**

MATTER, MOTION, SPIRIT—ONE.

One chief reason for the non-belief in the public  
mind in the phenomena called Spiritual, is that it  
is, in the ordinary thought, connected with the  
supernatural. The ordinary thinker does not be-  
lieve in anything but cause and effect. And extra-  
ordinary or unusual phenomena has been considered  
if not miraculous at least supernatural.

The recent position of scientific philosophy pre-  
pares the way for the ascription of all kinds of  
phenomena to the one cause. Science is now assert-  
ing that there is only one manifestation of that One  
Thing to which is to be ascribed all phenomena,  
namely, God. His only manifestation is Motion.  
It is only as Motion we know anything. Motion  
we know as vibration. All vibrations pass through  
equal space in equal time, and they differ in the  
length of the waves. For instance, electric waves  
have been measured that were 186,000 miles long,  
while that vibration which makes the red light is  
only  $\frac{1}{1000000}$  of an inch long. The magnetic wave  
and that of gravity are too short to measure.

Different wave lengths produce on the human  
system different sensations. Thus each of the five  
senses are produced by waves of different lengths.  
Since science has decided that all we are, and all we  
in any way sense, is motion, we are obliged to say  
then Thought is a form of motion. But can we  
prove this? Yes. Thought Transference is a fact.  
Telepathy is becoming a common term and a com-  
mon explanation of uncommon phenomena. Tele-  
pathy is easily cultivated and easily reproduced.  
When Thought, as one form of force, is demon-  
strated to a person, then has been destroyed the old  
idea of duality and division of "the world of mat-  
ter" from "the world of mind." There is hence-  
forth but one world, that of motion—the world of  
mind. Thought, thus by considering it as motion,  
is the connecting link between the seen and the un-  
seen manifestations of life.

The "mind-reader" (so called) though he does  
not read the mind of the operator, does act under  
the influence of the thought the operator sends to  
him, and by finding the hidden thing and demon-  
strating that thought is force. But "Thought  
Transference" proper is where the subject receives  
and feels and puts into words the thought sent. At  
times the subject gets the language or the picture  
sent. Mental healing in all its phases, though  
called "Christian" or other "Science," is only the  
result of thought transference. Once this power  
of thought to make itself felt is recognized, there is  
a basis for the reality of much of the phenomena of  
Modern Spiritualism. It can be referred to the one  
only manifestation of Nature—motion; and much  
of it to thought power. Patient investigation will  
in the end show what is logically true, that there  
are forms of force above Thought that are of more  
numerous vibrations to the inch of space. Among  
these are all the emotions, the greatest of which is  
Love. These emotions can, like thought, be trans-  
ferred. People can be made to sense that another is  
loving or hating them, though they are far away  
and silent. And above these we affirm there are  
other forms of this infinite force, among which is  
that we call Spirit. Thought being once proven to  
be force becomes the connecting link in the scale of  
vibrations that leads from the crudest rock up to  
the highest love, from another to spirit.

**1800 vs. 1900.**

Dr. Sydney H. Carney, Jr., of  
New York, read recently a paper be-  
fore the New York Historical Society,  
upon "The New York Medical Profes-  
sion in 1800," in which he gives the  
remedies then in use. Here are some  
of the methods and remedies of 100  
years ago: For toothache—Crush a  
lady bug between thumb and forefinger  
and rub it upon the tooth. For bite of  
mad dog—An ounce of jawbone of  
the dog. Verdigrise from copper  
and especially from the pennies of  
George I and George II—Tadpoles  
were used to such an extent that  
people in Vermont got rich by gather-  
ing them. One of New York's most  
famous physicians spent much of his  
time studying the medicinal qualities  
of the tadpole.

This was the medicine of our grand-  
parents. We have now Mind for  
Drugs; Thought for Tadpoles; Spirit  
for Jawbones; Health for Disease, and  
Life for Death. "The world do move."

**Psychometric Meetings.**

Every Monday, at 8 P. M., there  
will be at NOW office a short lecture  
by the Editor, upon Psychometry, fol-  
lowed by public readings. Admission  
10 cents.

**"I Am Spirit."**

I have already in MSS. three of  
a contemplated course of twelve pam-  
phlets on the SOUL-CULTURE  
Philosophy. The first is, "I AM  
SPIRIT". I wish to publish this one  
in June or July. If there are among  
the readers of NOW enough to sub-  
scribe for copies to cover the cost of  
publication, I will publish it. All who  
will pay 25 cents per copy for one or  
more copies will please notify me. I  
wish also to reprint in book form a series  
of essays entitled,

"LIVING AS A FINE ART,"  
which ran through a year's number of  
*The New Man*. The book will cost 50  
cents. When the cost is subscribed it  
will be printed. There is no book that  
makes Living more practical from the  
NEW THOUGHT point of view than  
this. I urge my readers to think they  
cannot afford to miss this opportunity.  
Send names at once; the money when  
book is ready.

**Eleanor Kirk's Idea**

For March contains the conclusion of a  
fine article on "Vibrations," by E. N. Tread-  
well, in which the editor of NOW is thus men-  
tioned: "Take Henry Harrison Brown, psychic  
and orator, of San Francisco, a great example  
of inspiration from beyond. I am satisfied  
that Walt Whitman, the noble, true democrat,  
is with Brown." Dear Brother Treadwell, I  
would be indeed happy to know that I was in  
such company, and readily believe that all  
who think and feel as Whitman thought and  
felt must live in the realm with him. I try to  
be fit for such companionship by being true to  
myself, as he and all great Souls are. So let us  
enjoy the thought that here is "a communion  
of saints," and try to realize that compani-  
onship in the Silence of Spirit where we are all  
one in Love and Truth. Thanks bountifully  
for the Thought that prompted the expression.  
NOW is an endeavor to actualize many of the  
thoughts of the great poet and philosopher,  
Whitman.

**Divine Love Is My SUPPLY.**

June NOW will have an article  
upon SUPPLY that will be worth its  
weight in gold to every reader and save  
them time, trouble and expense during  
the year if its affirmations are digested.  
Be sure and subscribe in time. All  
subscriptions begin with No. 1, as long  
as back numbers hold out.

REMEMBER THAT "NOW" IS SENT TO  
ALL WHO ORDER IT AND THEY CAN PAY  
ANY TIME DURING THE YEAR.

**All is Good.**

Mrs. Florence S. Kellogg, of Fay, has been an invalid for years and for many months has been suffering the most severe agony of pain. Yet amid it all she keeps the serenity and peace of the saint. From that bed she sends to NOW the following letter and poem. That she continues to AFFIRM and REALIZES that not only ALL IS GOOD, but that ALL IS HEALTH is the thought that all the readers of the poem send her. You are ONE with the Omnipresence Life and that LIFE makes you Whole through FAITH.

"Yesterday lying here on 'my bed of roses' reading NOW, I fell into a half sleep and the enclosed bit of verse came to me. The 'Good man' and the children say, 'send it to NOW.' The paper is soul-feeding and so like you that I seem to hear your voice and feel your hand clasp as I read. We rejoice that you have dared to do that which you have so long dreamed of doing."

**My Affirmation.**

By all I know of Truth,  
By all my dreams of youth,  
By all I think of God,  
Of Life in man or clod,  
I affirm,—ALL IS GOOD.

By all I once did fear,  
By love enfolding here,  
By all that is to be  
In all eternity,  
I affirm,—ALL IS GOOD.

By all that come to me,  
Whate'er my life may be;  
By all of dark or light,  
By all I know of right,  
I affirm,—ALL IS GOOD.

By all the bliss of heaven,  
By all that Life has given  
By the Omnipresent Love,  
Thrilling, around, beneath, above,  
I affirm,—ALL IS GOOD.

All is Good, for All is God.  
The quickening Life in man or clod  
Is ONE, and ONE will ever be,  
That ONE, beyond all dream can see,  
So I affirm,—ALL IS GOOD.

All is Good! O, heart of mine  
Joy alone is ever thine!  
God works in you His perfect will,  
Then in Him, O SOUL, be still,  
While you affirm,—ALL IS GOOD.

All is Love! All is Peace!  
Strife and wrong for aye have ceased,  
Light of Truth drives away,  
All that marred my life to-day,  
For I affirm,—ALL IS GOOD.

Soul of mine rejoice and sing,  
Like the lark on homeward wing!  
Love now leads you o'er the way,  
And your Heaven begins to-day,  
Because I affirm,—ALL IS GOOD.

*Florence S. Kellogg.*

FAY, KAN., April 23, 1900.

**Therapeutic Fasting.**

[In response to my request that he give the readers of NOW some of the results of his long fast, Milton Rathbun of New York city, writes this letter to you, my reader. He fasted 35 days and attended to his business. He is an wholesale "Hay, Grain and Feed" merchant, being known among his contemporaries as "The King of the Hay Market." It is worth the careful attention of all people.]

It is conceded by physicians and laymen in general, that we consume too much food. That we are constantly overtaxing the digestive organs and that this is the cause of nearly all disease. It is a physiological fact that the brain is the seat of all the energies. That it never loses weight, either in sickness or starvation, because it has the power to absorb the body as pre-digested food. When those who are usually well come to understand this, continued health is assumed. When applied to the really sick how much more rapidly will they be restored to a normal condition by absolute brain rest? By indigestion or over-digestion, the condition termed sickness is prolonged. The time is coming when feeding the sick against nature, will be held in the same estimation in which we hold the lancet of 100 years ago.

Fasting in sickness is nature's plan of conserving the creative energy. It is the same whether the disease is acute or chronic, local or general. I was not sick when I began my fast. I was convinced that by fasting I could improve my health. I realized that I was carrying superfluous tissue. It took 35 days to reach the stage of keen hunger; to slough off that extra adipose matter, which was both useless and detrimental. It was simply a refining process. As it continued my brain became freer, my eye brighter; my complexion clearer, my step more elastic, and the whole nervous system seemed to carol a song of joy. I found my mind more impressional. I could go through the duties of the day with the added tension of the importunities of reporters and the visits of the curious, with greater ease.

It devolved upon me to see that the brain had rest in sleep, and this I carefully attended to. My diary shows that the average sleep per night was  $7\frac{3}{4}$  hours and when not asleep or at work I held myself in a relaxed, receptive condition. The majority of medical men are animated text-books

and the profession is generally ignorant in regard to therapeutic fasting and are not anxious about learning. There are exceptions. A few regulars since my former fast a year ago have put their patients upon fasts ranging from 2 to 5 days with gratifying results. As the benefits of this course of treatment become generally known, physicians can relegate the drug case to the closest shelf, for they will only need to give good, simple, wholesome advice.

Yours for the TRUTH,  
MILTON RATHBUN.

**"Phrenology"**

Is like Palmistry and Astrology a means of reading character from the external means. It is, as I know from a large experience with its literature and from examinations, of value in helping the person so advised in determining his or her career and in the avoidance of evil and the selection of the good. But by the advice to "Cultivate" or to "Restrain" it admits that there is something behind the head that can change it and make it suit. This is the position of Mental Science. The difference is belief in the degree to which that Cultivation can be carried. Till they find some better way, it is well for parents to consult the Phrenologist or Palmist that they may intelligently direct the growing of the young mind.

The spoken word vibrates through the nervous system and as the rain makes a channel down the hillside so the word spoken makes a channel in that system till it has, if repeated, builded itself into the organism. Thus only the ideal should be spoken, then it will be builded into manifestation.

**Free Meetings**

Are held at The Soul Culture Institute every Sunday evening at 7:30, and every Thursday at 8 o'clock. To these meetings the public are welcome. Each Sunday there will be an address by Henry Harrison Brown. Remember:—Sunday and Thursday evenings at 521 Turk street.

Sympathetic Friend—"Your health appears to have improved greatly of late."

Convalescent—"Y-e-s, I've been off among strangers who didn't eternally talk to me about it."  
—*New York Weekly.*

FINALITIES ARE AN IMPERTINENCE IN A GROWING AGE.—*J. W. CHADWICK.*

OFFICE OF NOW,  
521 TURK STREET SAN FRANCISCO, CAL.

MAY, 1900.

## NOW.

HENRY HARRISON BROWN, EDITOR.

SUBSCRIPTION RATES - - - 50 CTS. PER YEAR  
5 cts. per number, post paid.

A monthly Journal of Positive Affirmations.  
Devoted to the Science and Art of Soul Culture.  
It is the utterance only of the editor. All thought not  
credited to others is his.  
Its basic Affirmation is:—Man is Spirit and can mani-  
fest as spirit here and now.

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age stamps (1c. and 2c. only), for parts of the dollar,  
when easier for sender.

### Unity Amid Diversity.

Substance is ONE. Out of that ONE are all *things* individualized. Truth is ONE. Out of that ONE come all expressions of Truth. Intelligence is ONE. Out of that ONE come all the manifestations of intelligence. Life is ONE. From that ONE proceed all the phenomena of life. The CAUSE is ONE, the *effects* are many. The Power is ONE the manifestations are infinite. There is a UNI-verse but never a Di-verse. There is a UNI-versal CAUSE, but never a multiplied CAUSE. There is ONE LAW, but never many laws.

"One God, one law, one element," says, wisely, Tennyson. There are multiplied ways in which the ONE manifests but amid all this diversity of manifestation, and this seeming antagonism, there is a unity also of expression. The ocean is one, but what a diversity of wave and of shore. Water is one, but what a diversity from mist to Niagara. Motion is one, but what diversity from rock to thought. Thought is one, but what diversity from the thought of pain to that of health. Love is one, but what diversity from love of bee to love of wife, from love of gold, to love of babe.

So is Intelligence one, but what diversity of manifestation from that of sensitive plant to that of woman. Truth is one, but what diversity from the manifestation of it in babe and savant. Life is ONE, but what diversity from its manifestation in jelly-fish to Darwin; from polyg to Jesus.

It is the same LIFE in all manifestations. The ONE God "Who is all in all." It is the same Life that in this city and in the Darkest Africa. Life

is God. It is the same God then that is in saloon or parlor, in brothel or home. The same Life-God in saint and sinner, in man and woman, in good and evil. For God is everywhere. God is only the word GOOD with one O gone. In NOW, God and GOD are identical.

We must be in action logical and therefore we must see God (Good) in all and everywhere. God is the UNITY side of life. Seeing this side we shall be able to love that side and in this way, and in this way only, can we love all men, love our enemies, and bless them that persecute us. In this way it becomes easy, it is the natural way of living, when we see God in all. It is the province of NOW to help all to thus see and live. To cultivate that spirit that shall look beyond manifestation to the ONE who manifests, beyond the phenomena to "The Power behind phenomena." That Power we call GOOD. Calling it GOOD makes it good to us, and it works good in us and through us. For it is only the human division that makes the distinctions of good and evil. When we will see no evil, there will be none; and when all is God (Good) in our affirmations there is no place for evil.

But while I am thus to recognize UNITY, I am never to forget that it is in Diversity I am able to say, "I am." The "I" exists only in diversity. I am because I am NOT something else. "I" exists only because it can contrast itself with something that is not itself. "I" knows itself only by comparison. It is this comparison of "I" with the "Not I," that makes the distinctions of Good and Evil. All in the "Not I" not up to the standard of the "I" is called evil, or bad or wrong. But were all the "Not I," brought to the standard of the "I" then would diversity disappear and "I" would be lost in UNITY. It is therefore the ability to make this distinction that constitutes the individuality of the "I." To destroy this distinction would be the annihilation of all things, would be relegating them back into the infinite ONE. I am then, to emphasize my individuality and in all affirmations to remember that I AM I; and that GOD is GOD and that, WE TWO MAKE THE ALL-ONE, who is UNITY, while I AM DIVERSITY or INDIVIDUALITY. I am to love UNITY, as I am to love DIVERSITY for without

both neither can be; for without ME to know God, He cannot exist, for by my recognition I create Him out of UNITY, HE being the other part, with ME, of the Infinite ALL. Thus God and "I" make the sum total of Existence. He is substance and "I" am manifestation; He is Cause and "I" am effect; the two cannot be separated. One cannot be without the other. They are the two sides of one fact—Existence.

When I affirm, "I AM," I affirm it of each thing, for each thing is like myself a manifestation of UNITY. The LIFE in me in the LIFE in all *things*. The LIFE in rock and fish is the same as that which affirms "I AM." Thus does the New Thought lead us to affirm all human LIFE to be ONE. THE ALL GOOD is in each person. To affirm "I AM," is to affirm this of each person, and to affirm "I AM GOOD," is to affirm it of each child of earth. This affirmation is to make each, "One with the Father," and to blend all into one universal family. Then shall we see good in all, for we shall look beyond the "I," the individual manifestation of Good, to the universal Good behind the "I," and we shall love that in others as we love it in ourselves. Thus will the divine purpose, the

"One divine far off event  
Toward which the whole creation moves."  
be realized in us. That event is NOW to manifestation the perfection of the WORD in the flesh. That word to us is spelled—LOVE. "God made manifest in the flesh."

### This is the Last NOW

To be distributed FREE at meetings. Of each of the preceding issues I have distributed, either through agents or the secretaries of meetings, thousand of copies. This is the 3d number and if after this call one does not care to subscribe then that one is not ready for Truth as NOW affirms it. I then wait the development of time when the desire is awakened. To all who have received free copies I now extend the invitation to subscribe. Send your names, and if cash is not at hand send it during the year. No one can read NOW a year and not pay for it, and also feel to send a copy to a friend. Preserve this number for the edition is limited and back numbers can only be supplied for a little while.

## 16 to 1.

This is the ratio of postage the Government makes between NOW and the old established papers. When the first number of NOW went to press I expected that I would be allowed 2d-class rates (1 cent per lb.) on all samples I wished to send through the mail. But between the consultation I had with the Postmaster here and the issue of the paper a new ruling, and a very arbitrary one for all new papers, had been made. It is this: "The regular subscription list must be one-half the whole number issued." Thus, I have to either stop NOW or pay 1 cent for every single package I mail. As 16 copies of NOW in wrappers weighs 1 lb. it costs me 16 cents per lb., where the papers with a large subscription list may send thousands of copies at 1 cent. I must take my SUBSCRIBERS INTO PARTNERSHIP and ask them to distribute the extra copies sent them and endeavor to obtain subscriptions. I send to each all the copies that 1 cent will carry. The postage for a year taken from the 50 cent subscription will leave me only 38 cents. Thus, you, who like NOW well enough to subscribe already, must each be a COMMITTEE OF ONE to help to get a circulation so that I may print a good edition and have 2d-class rates. There is but one way to attain this, that is to send out samples and to depend upon you to help Humanity in preserving NOW to them as a regular publication. For every five subscriptions one will be sent free. In this way each person who reads NOW may make a present of a year's subscription to a friend, or to some one who thinks he or she cannot afford it. Who will send the largest list?

ANOTHER WAY of extending the circulation of NOW is to send on postal or in letter a list of those whom it is thought will subscribe. From such lists already many subscriptions have come. NOW is not a beggar. It is a FRIEND, A COMPANION, A PRIEST, A DOCTOR, and SAVIOR. No one can afford to be without it, and will not when they know its place, purpose and value. Now John, Will, Mary and Annie see how many NOWS you can dispose of in the next four weeks. If you do well I will have 1 cent per lb. in June.

## "Clothed With the Sun"

Is the title of Lois Waisbrooker's new paper. It is published at 1501½ Market street, this city, at 30 cents per year. It shows that Lois has lost none of her reformatory spirit, none of her power as the years roll by. May it be well patronized both for itself and as a recognition on the part of her friends of the important work she has done for the emancipation of both sexes from old conditions. She has run up against the Post Office Department as NOW has and wisely says:

"Our Post Office Department does not foster small industries. With forty or fifty subscribers one can only send out a hundred copies—may not issue more, even if willing to pay postage on the extras, but if one has 5,000 subscribers they may issue 10,000 copies. "To him that hath shall be given," is clearly the policy of this department of government."

"If you want all and everything that you desire, be utterly indifferent. Leave every thing to the I AM of you to work out. If you care for money, then you will be filled with restlessness and anxiety, for fear you will not get it, or if you do get it, that you may lose it, and so it will be a constant source of unhappiness to you. I have sought for something higher; therefore, all of the lower flows to me naturally. Instead of making money the center, I AM the center. Therefore, I AM both center and circumference. Can you get anything broader, or deeper, or higher? "Seek ye first the Kingdom of God, and these things shall be added unto you." This is a scientific statement. Seek ye the Kingdom of your own God and be sure you make your God as big as God. Money is not as big as God. Therefore, you ought not to make money your God. In seeking to find the Kingdom of your own God be sure and find the WHOLE. There is neither Health, Happiness nor Prosperity in fractions."

The above is from *Christian*, for April. Shelton never says anything but GOOD things, but he never said anything better than this. All Jesus' sayings are scientific, but the preachers make them theological and thus of non-effect. I think Jesus the greatest of all scientists. And to know, as He knew, is to have the eternal Life—with money—here and NOW.

Classes in all departments commence at the Institute, May 1st, and continue for three months. Pupils taken into the classes at any time and back lessons made up.

PSYCHOMETRIC READING FOR ADVICE AT "NOW" OFFICE EVERY DAY, FROM 1 TO 4 P. M. TERMS \$1.00.

## "Harmony."

A monthly magazine, devoted to Divine Science. \$1.00 per year, single copies 10 cents. C. L. and M. E. Cramer, editors and publishers, 3360 17th street, San Francisco, Cal. This is the organ of the Divine Scientists. From the magazine and from very pleasant intercourse with the people who thus name themselves, I find that all the difference between them and NOW lies in the textbook used and the method of teaching. I have met with the greatest cordiality from them, and find no reason to differ from them in conclusions or results. They use the Bible, and NOW uses Experience, Modern Philosophy, the Physical Sciences, the Prophet Emerson and the poets as textbooks. But Truth is ONE. I am glad that every channel that man can possibly find for expression is Truth's also. In *Harmony* for April these words are used and are too good for my dearly beloved readers not to enjoy. Speaking of the first issue of NOW, the editor says: "There are many strong affirmations and well expressed ideas that it does one good to read. The following extract, 'God and I are in partnership; God is the Silent Partner,' etc., serves to show the liberality of the editor. Mr. Brown is a man who is thoroughly in earnest, and in every way qualified to succeed as editor and publisher. *Harmony* bespeaks success for NOW."

## "Self"

Is the title of a new monthly paper by Mrs. C. E. C. Norris, 1229 Broadway, Oakland, Cal. \$1.00 per year. Each number contains one of Mrs. N.'s lessons on Letter and Color Vibrations, and the twelve numbers will be worth many times the cost of the paper. Having taken the course, I can speak positively of their value.

## "Supply,

Mental Science already proven a success;"—This is the title of a very valuable book by Anna McGowan, Price \$1.50. Obtained of the author at Los Angeles or from this office. The question of Poverty is treated from the point of view of the Universal Abundance and enough for all, and the way mapped out for all to obtain what they desire by right thinking. It is a fit companion for Mr. Wilman's "Conquest of Poverty."

What Does my Character Fit Me for in Life?

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What Shall I Do to be Healthful?

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Any one of these Questions answered for \$1.00 by writing the editor of NOW.

Laurel crowns cleave to deserts,  
And power to him who power exerts.

Emerson.

HOLD FAST TO THE PRESENT; IT REPRESENTS THE WHOLE OF ETERNITY.—GOETHE.

## NOW.

[It is the purpose of NOW to demonstrate that man is unconsciously the master of his fate and that when he becomes conscious of powers within his possession, he will be the CONSCIOUS MASTER OF FATE. In carrying out this purpose of instruction it will invite experts in various lines of investigation and of knowledge to give what, in their thought, is the power of man to mold life to his will. Only those who are masters in their work will be called upon to write. In this issue two papers are given, either of which is worth more than the year's subscription. One from the only man who has, during a long fast, continued his business. This shows one power man possesses. This is the other. It is here and is from one who knows, that by knowledge, man may control the fate the hand predicts for him.]

**Palmistry.**

BY MADAM NEERGAARD.

(President of the St. Germain College of Palmistry, San Francisco.)

"There is a tide in the affairs of men which taken at the flood leads on to fortune. Omitted, all the voyage of their life is bound in shallows and in miseries."

One of the strong points in favor of Palmistry is that it will enable us to scientifically and unmistakably determine when that "Tide" or crisis in our life has arrived, and how best to meet and develop opportunities.

The immortal Shakespeare could have as truly affirmed, "Take the place and attitude which belongs to you and all men acquiesce."

The successful men of every age have been those who have found early their vocation, thereby saving useless experimenting, which unfits the mind for concentrated effort.

"One science only will our genius fit,  
So vast is art, so narrow human wit."

The world is full of unhappy, wretched mortals, drifting from one line to another, finding disappointment in all, simply because they have not found their true place in the mosaic setting of the universe.

"Know thyself" is a command constantly disregarded; hence the tangled skeins of life. We are told in the Good Book: "In the HANDS of all men He putteth a mark that every man may know his own work." (Job xxxviii, 7.)

Palmistry rightly understood and scientifically practiced would be of incalculable value to children just starting out upon life's journey, to enable their parents to aid them in developing their talents. It will help parents to avoid that pernicious system that attempts to put a square peg into a round

hole, or in other words, the attempt to force upon a child a career for which it is not fitted, which in the nature of things must prove unsuccessful.

Decide early upon your course and then blend all energies in that direction. Usually one's own intuition will guide if just confidence is placed in it "What your hand thinks great, is great; the soul's emphasis is always right."

Some persons are possessed of so many talents that the choice in life becomes difficult. Here is where Chiromancy aids in determining which line will bring the best results, the most lasting prosperity and the greatest happiness.

The system which enables the scientific Palmist to read past conditions and difficulties, indicates as plainly the present conditions and what the future has in store.

One's entire life, whether good or ill, is to the skilled reader like the pages of an open book. It was Balzac who said, in his "Comedie Humaine": "We acquire the faculty of imposing silence upon our own lips; upon our own brows, and upon our own foreheads; the hand alone dares not dissemble. No feature is more expressive than the hand."

Indeed, the hand depicts the entire life with mathematical certainty. Then why should one doubt that he can know what is before him, and also know how to meet it? Only the ignorant refuse to listen and learn. Such go blindly on, blaming Fate for their failures, when a bit of forethought and wise direction would have helped them safely over difficult places by pointing out the pitfalls.

It is said of Napoleon that he never went into battle without consulting the leading Chiromant of his court.

Does it not reflect credit upon the science when we find among its devotees such brilliant minds as Aristotle, Pliny, Paricelsus, Cadmus, Albertus, Magnus, the Emperor Augustus, Napoleon and Abraham Lincoln?

SAN FRANCISCO, May 2, 1900.

We're curus critters. NOW aint just the minute  
That ever fits us when we're in it;  
Long es 'twas futur, 'twould be perfect bliss;  
Soon ez it's past, thet time's wuth ten o' this:  
An' yet there aint a man that need to be told  
Thet NOW's the only bird that lays eggs o' gold.  
Lowell, in "Bigelow Papers."

SANTA CLARA CO., CAL., March 17, 1900.  
What a true, true delineation you gave of my  
husband. MRS. MARY B.

TODAY OF ALL DAYS IS THE ONE TO BE ADMIRER.—THOREAU.

**B. Fay Mills.**

The power of thought to possess and carry forward a mind is well illustrated in the case of B. Fay Mills, formerly an evangelist and now Unitarian. He is giving sermons in his Oakland church and in Metropolitan Hall, this city, that carry me back to Boston in the palmy days of "The Free Religious Society," when Abbott, Frothingham, Potter, Higginson and others found the Unitarian Church too narrow for them. Now, that church has not only outstripped them, but has caught the pride of the orthodox salvationists, and made him its chief apostle on this Coast. Who will ever despair of Truth when it sees its power to take and carry a generation, as this people have been carried? "Truth IS mighty and will prevail."

I have listened to him several times and thought, had he taken lessons of Helen Wilmans, Henry Harrison Brown, and read Shelton's *Christian*, he could not have done better on his themes. He is doing a grand work in liberalizing and in preparing the mass for the demonstration of the Truth. He teaches just what is found in all the Metaphysical Schools of Thought. For "Christian," "Mental" and "Divine" Science are only the Free Religion of Mills made practical.

Here is a live thought from a late sermon of his on "Dead Gods:"

"We can see the promise of larger and worthier thoughts of God; a God who is universal, beneficent and just, and who, although we may not know all about him, may yet reveal himself to our best desire and search. I do not know all about Emerson or Whitman, but I know them. I do not know all about my child, or that 'nearer one yet,' but I know them. And you need not wait till next Sunday to become acquainted with a real God. The genuine God will not need a priest to meditate for him or a preacher to introduce him. If you ever find him you will discover him in your own soul."

**"Idols Dethroned."**

2d Edition, revised. Price 50cts. It was good enough in 1st edition. There is no better stimulant than this little book. I have recommended it to many who have found in it the Mental Medicine they needed. I would that all could not only read but digest. The spirit of the author may be seen in the affirmations in April and June NOW. It may be ordered from this office.

Cards in this column 50c. per month, one-half inch, three months \$1.00. All the advertisers have permission to refer to the editor.

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This Department of the Institute is under the instruction of Prof. H. A. Streight, one of the finest of artists in his line. He will give careful individual oversight to each pupil, and open up to him or her the principles of ART as few, if any, teachers can. While he was teaching in Iowa a few years ago the State Register at Des Moines said of him, in an unsolicited notice. "The citizens of this city should make an effort to keep the Professor in the city. He possesses a rare talent, which is an indication of inspiration, in the power of imparting the knowledge of his art."

Miss Crosscup, at that time a teacher in the High School at Winterset, Iowa, who had passed four summers at the Chicago Art Institute, told the Professor that she obtained from him in one course of lessons greater knowledge of Art in its highest phases than she gained in her previous four years' work. Testimonials of the best critics as to the Professor's talent can be seen on calling at the Institute.

Pupils will be received at any time. Terms, \$5.00 per lesson. Address or call at Soul Culture Institute, 521 Turk street, San Francisco.

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LINDEN, MONTANA.

How you could read me so well from simply an autograph, is to me a mystery. ROYAL S.

OAKLAND, CAL.

Have been gaining every day since you put your hands on me and said: "Be well." J. M.

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Both the readings were accurate, and I can say they have saved me from a mistake that would have been a sad one. FRANK.

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