

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,
And both are NOW.—WHITTIER.

'Twas only striking from the calendar
Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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HENRY HARRISON BROWN
Editor and Proprietor
Office, 33 S. Second Street.
San Jose, Cal.

Christmas.

Sometime within my heart the Christ shall dwell,

Sometime there'll be his manger bed, his throne,

Sometime, I know his power of love will come,

And out of suffering, I'll say "ALL'S well!"
I cannot from the present ills foretell

The greater good to come, Therefore I'll say,—

"Whatever is, is best!" and look away
Beyond all cloud, to sun in azure dome.

So I this Christmas morn, when Love Supreme
Reigns in thoughts of men, my love-gift bring.

'Mid the rejoicing I will also sing,

Catching within my heart some morning beam.

I'll rise all thoughts that work me harm above

And recognize the Christ within,—'tis Love.

1898.

I knew sometime within my breast the Christ
Would have its birth, and there its manger bed.

I knew that sometime I'd by It be led
To meet thee, Truth, at Spirit's true-love tryst.

I knew that when this Self to passion dy'd st,
The Christ I'd find. Till then Gethsemane!
Each Christmas prophesies a Cavalry,
Through Pilate's court to Joseph's rocky shed.

Lo! now the Christ is born. My Spirit soars
To newer life when'er its power I feel.

Exiled, I dwell afar in desert lone,

Where ignorance, a Pilate's court, upon me pours,

Its sentence vile. But now, the cross brings weal,

Because it sends my Soul to Love,—its home.

1900.

—Henry Harrison Brown.

Mental Science is broader than any one of the curative systems—it is as broad as all of them combined— as broad as the curative action of the mind over the body. It is worth while to consider psychic therapeutics.

—A. C. Halphide, Professor of Theory and Practice, Hahnemann Medical College, Chicago, in SUGGESTION, for November.

Affirmations.

Peace.

"Peace on earth! Good-will to men."
—The Angel's Song.

"I hear the voice of Christ say, 'Peace.'
—Longfellow.

The universe is ONE. Only ONE fills the universe.

The ONE is ever present at all times, in all parts of Its Universe.

The ONE is in me, and I am in IT.

The ONE is ever manifesting in me, and I am an ever conscious manifestation of IT.

The ONE is calm and peaceful. Therefore I am ever calm and peaceful.

I am a self-conscious manifestation of the ONE.

My Selfhood is manifested in Desire, Choice and Will.

The Divine purpose in me is the unfolding of the unconscious into Self-consciousness. The energy that manifests in me, is an undivided and indivisible part of the one universal Energy, and I am a necessary manifestation of it in Self-Consciousness.

Desire in me is the Will of the ONE.

When my Choice and Will are in harmony with Desire, then I am one with the Divine Purpose and all is Peace.

When I am at unrest I know that I am not, in Choice and Will, One with the Divine.

I know the Will of the ONE, by the joy that follows Divine thought and deed.

I know that I am not in Harmony with the Will of the ONE, when I am not at Peace. Harmony is the at-onement. And harmony is Peace.

I am at peace when I think of myself as a perfect-manifestation of the ONE.

I therefore think of myself, at all times, as one with Infinite Love.

I think of myself, at all times, as doing the will of the ONE.

I am at all times a manifestation of Divine Love, and Love is Peace.

"Love worketh no evil," therefore I am, in love, protected and at Peace.

From this knowledge I come to affirm that:

I am the incarnation of Divine Wisdom and Love, and ever at peace within.

I am Peace, and ever manifest good-will to all.

I am Peace, and at rest from all "seeming evil" for "the everlasting arms" are about me, and in them I rest.

I am at Peace in the ONE in whom is Life Everlasting.

I am Life Everlasting, and eternal Peace is mine.

O peace and rest!
Upon the breast
Of God Himself, I seem to lean;
No break, no bar
Of sun or star;
Just God and I with naught between.

—John White Chadwick.

God is Love! Love is God!

Never till down in our deepest soul we do know that God is Love, shall we begin to know health and happiness.

Let me put it the other way round and see if it will mean more to you: Love is God! However and wherever you see Love manifesting, there you see God.

Love is God. Wisdom is God. All Good is God.

As yet the highest God-Ideal ever conceived by the mind of man is that of impersonal Being; viz., Universal Intelligence, Infinite Spirit, Omnipresent Life, Omnipotent Love. Ah! dear Heart—God is Love and Love is God. Say it over and over to yourself until you feel it. God is the All-Good. Can you imagine All-Good that is not Love? God is Love; and God-Love never faileth. There is no perplexity nor problem in our daily life, no sickness of body nor sorrow of soul, that cannot be overcome by the full realization of Omnipotent Love. "Mind."

"God is not dead; nor doth he sleep!
The Wrong shall fail,
The Right prevail,
With Peace on earth—good-will to men.

—Longfellow.

WEAK AFFIRMATIONS WEAKEN US AND THOSE WHO HEAR US.—FANNIE B. JAMES.

NOW.

Primary Lesson No. 8.

"In the Silence."

"The soul contains in itself the event that shall befall it."—Goethe.

This phrase is so much in use by Mental Healers that it must be understood in its technical sense before we go any farther.

As used by many it is misleading. We hear it said: "We go into the silence." There is no "going." We are there all the time. The Real man—the Soul—is ever in Silence. All sound, all turmoil is in the conscious manifestation of Mind; it never touches the Sub-conscious—the Soul. That is the Real Man, and it is never disturbed by anything in the external life. It is only the Self-conscious man that has trouble, pain and worryment. Hence the command, "Take no thought," etc., was well spoken by one who acted from the Soul side. Thus Silence is the natural condition of Spirit. It is only in silence that Power lies. The Psalmist saw this and spoke of God as dwelling in silence. All power is Silence. It is only when it is expended that there is, to the conscious man any noise. Steam is unseen and silent until it is converted into motive power, or into vapor. Electricity is silent until it is changed into some other form of force, then we may hear an explosion. Gravity, magnetism, heat, light do their work in silence. Thought is silent.

"In Silence Mighty things are wrought
Silently builded thought by thought,
Truth's temple reaches sky."

The Power in Silence and the Power of Silence is the most important thing the coming century has to teach us. Says Professor William Crooks:—"It has been computed that in a single cubic foot of ether which fills all space, there are locked up 10,000 cubic foot-tons of energy which have hitherto escaped notice. To unlock this boundless store and subdue it to the service of man is the task which awaits the electrician of the future. The latest researches give well founded hopes that this vast store house of power is not hopelessly inaccessible." (Pop. Sci. Mo. '92.)

Thus sees the Physicist. But to the metaphysician these Foot-tons may be multiplied *ad infinitum* and not exhaust this Power; for it is the old conception of God brought into more intelligible terms. It is not the physical scientist, but the Soul-Culturist, (the

metaphysician,) that is to reveal and harness this to human will.

Prentice Mulford saw this and writes: "The source of all strength of muscle is in your mind. Your amount of physical strength depends upon your capacity to call force to act on whatever part of your body you choose. Forever, Spirit, Thought, means for us the same."

Thus man possesses ALL, in the possibility of finding in Silence how to use that Power that is ALL, and of which he is only a manifestation. Well says Rev. John Chadwick, "Where such wealth of perfect things, how dare we ask for more."

And Carlyle sensed the same when he wrote in a letter to Emerson: "Silence is the great thing I worship at present; almost sole tenant of my Pantheon! Let a man know rightly to hold his peace. I love to repeat to myself, 'Silence is of Eternity!'"

To become able at any and at all times to Listen to the Silence is to have gained the secret of the Sphinx. And it is the builders of that image and not any less modern person or persons we are to name as "Founders" of Mental Science or any other of the so-called new theories or methods of metaphysics. Here Silence is deified and made *vocal*. All who have learned the secret of listening will have the key of Life. Will "lift the veil of Isis." Here it is recommended that the student memorize and think upon till he understands the poem "Unity" in the April number. All who do not have it can have the poem in another form for a 2c stamp.

In Arkansas recently a negro who had by rubbing and a few herbs cured many persons after they had been given up by the M. D., was arrested at the instance of the "Profession." After the witnesses had testified the Judge said: "If this man has done all the good these witnesses say he has and has not killed any one, we had better let him go;" the case was dismissed. One M. D. said he would spend his last cent "to imprison the nigger for he should not go around curing patients he had given up." But he failed to cure himself and has "Given up the ghost," and the Natural Healer lives.

A drug M. D. advertised in a country paper in this way and told more truth than he intended. "Don't go to faith healers to be killed Call on me!"

Supply—

By ANNA MCGOWAN, Author of "Wrinkles," "Supply," &c., Los Angeles, Cal.

Supply and demand rule the world. If you would have supply you must make the demand, and make it according to the law that governs supply. It is a sort of "Nickel in the slot" machine. Drop your nickel, and you get results. Keep your nickel in your pocket and you get nothing. I know many people who are seeking Truth, who are persistently demanding supply and are not getting satisfactory results. They are keeping their nickel in their pockets until the desired results appear. They are making a grand mistake. They must drop in the nickel and turn it free to set the machine going else their demand is a failure. "The nickel in the slot" machine was invented to save the expense of keeping a collector. The law of supply and demand works on the same principle. It does not keep a collector. But results do not follow unless the demand be made according to the same law. Therefore be wise. Don't look for results until you "Drop your nickel in the slot."

Experience

Teaches me that we are spirit as much now as we shall ever be. Dropping the covering—the body—does not make us Spirit. Trust no future however pleasant it may be. Let the dead past bury its dead live in the present. You are all you ever will be, NOW. Affirming pleasant or unpleasant experiences can and does bring only good.

The past is only a memory, the future but a dream. In Spirit we live the memory and realize the dream and all the time we have is NOW.

I join your head and heart in calling this glorious Truth—Soul Culture.

From the culture of Soul comes all growth. Let no thought hinder its unfoldment, here, right here and now.

MRS. ELIZABETH CRAIG,
Teacher of Mental Science, Waco, Tex.

The body being made by the soul, from the soul, and for the soul, partakes of the soul's perfection, the soul's in-structibility, the soul's life and intelligence. It is soul-stuff given form and motion.—Paul Tyner, in "Mind."

The Way. (*Original.*)

Oh Life! like fluttering thing,
 In Limitation's snare!
 Too sad to thrill and sing;
 Sever the goaler's thong! With Light be free!
 Reach Heaven on blithesome wing!
 With joyance fill the air,
 And know that thou art God eternally.

Reach heaven within! 'Tis there
 Thy kingdom is! Rule thou
 Thyself! The way is fair—
 The magic of "*I Will*" thus to overcome
 Must be thy constant care!
 Write "*Peace*" above thy brow!
 Along thy ever brightening journey home.
 —*S. M. Temple.*

FRUITLAND, CAL.

Return.

BY E. EDWIN ELWELL.

Out of the cave of self,
 Into the heart of God;
 Back to the path of love
 That only man has trod.

Out of the unyielding self
 Born of strife and greed;
 Into the field of peace
 Past all mortal need.

Out of a ragged self,
 Back into the soul's true life,
 Back to the heart of God,
 Away from earthly strife.
 —*Exchange.*

Not all Suggestion.

It is easy to show that all cures effected by the various systems of Mental Medicine must find their explanation in this law of Suggestion. A law must be universal in its application and the law of Suggestion seems broad enough to cover and explain all the cures resulting from the various psychologic systems.
 —*Prof. Halphide in "Suggestion."*

Hello, Professor? Be careful lest you make the mistake of putting effect for cause. The hose will carry water and no water flows without a channel. But hose and channel are of no value save as viaducts of Power. Suggestion aids digestion, but it is not food. Suggestion is an ever present factor, and where there is sense and reason it must be active in all phenomena of life. But as the hose may carry water, or wine, or air, so Suggestion depends upon the power that goes with it. To limit Life's expression to mere Suggestion, is to attempt to put Infinity into a pen, and to fetter Life with a girdle. There is healing by mere Suggestion and it is the most ready way of relief to those who are on the material plane as patient or healer. But there is also a

manifestation of Life, (perhaps it is a form of Thought reduced in potency,) that for want of more knowledge is called "Human Magnetism," this cures. But behind all these lies the Soul realm, from which comes the strongest force Man knows, Spirit. This cures, and the best "mental" healers are not mental, but Spiritual. But as no one can understand dreaming until he dreams, or clairvoyance, till he so sees, or reading by Vibration till he can psychometrize, even so these persons who have awakened from trance of drug-medication to a realization of Mind, cannot understand that there is any power of higher potency that which they have found so efficacious Hypnotism is one of the greatest and most beneficial of discoveries, but it is not ALL; though it helps wonderfully the knowledge to All. Add Psychometry—Spirit Perception—and then, it seems from present attainment, we then have come very near to the Key to ALL.

[*For NOW.*]

Affirmation of Healing.

BY JANE W. YARNAL.

Author of "Practical Healing for Mind and Body," 2450 Mich. Ave., Chicago.

I am a child of power and dominion.
 I have knowledge of Truth.
 I am one with my source.
 I listen to the voice of the Spirit within me, and I wait its blessing.
 I catch the vibrations of Peace and Freedom from every harmonious soul, I meet.
 I know only the good is true.
 I am free, wise and immortal now and nothing but GOOD can come to me.

Worry.

When you brood over your troubles losses, or failures, these little cells take on that state of mind and in due time reflect it upon your body. When your mind dwells upon disease and you talk about it, you are filling those millions of cells with images of disease and they will reflect back into your consciousness, and you will come to look upon disease as a necessary evil instead of a passing delusion. If you say "I am weak," or "I am tired," these little cells throughout your body fly like magic apart and a great lassitude takes possession of you. But if you say "I am strong and vigorous with the strength and vigor of the Spirit," they rush to the centre of tension and array themselves like bands of living steel throughout your whole organism.
 —*Leo Virgo in "Unity."*

Sample Copies

Of NOW will gladly be sent to all names my subscribers will furnish of parties they think may sometime feel interested in the New Thought and thus become a patron of some of its journals. I send out no more on promiscuous lists. Such encourage a free forage on the press. Copies of current issues are 5c each. Samples will be sent free to all who apply for them. All who pay for a copy, or who send for one, will examine it and get some good from it. One upon whom it is forced will cast it aside. NOW has the whole English speaking world for its possible constituency. There are enough persons already waiting for it, to give it a good support. Each subscriber can bring into conscious relation those Spirit has joined, by sending NOW the names of thinkers along this or parallel lines. BE sowers of the word as well as readers.

To recognize our oneness with God is to give no anxious thought to external conditions, not to care—to be careless. It is to bring the Love Principle to bear upon everything that we like and upon everything we do not like. We love everybody and everything, we are working with God, for God is Love. Loving everybody and everything we are working with Omnipotent Love and not against it. Then Love is our comrade, our "backer." Think what it means to us to know that we are working in harmony with the Supreme Force of the Universe.—"*Mind.*"

E. H. C. had a Psychometric reading and writes of it from Utah: "You have given me more satisfaction than any Phrenologist ever did and they had personal contact and appearance to guide them."

Whenever we really need anything you know it surely comes to us and just at the time it will do us the most good—as surely as water finds its level or air hurries to find a vacuum.—*Esther Harlan in "Mind."*

And O, such beauty I have found,
 Such beauty, beauty everywhere—
 The beauty creeping on the ground,
 The beauty singing in the air.
 The love in all, the good in all,
 The God in all, in all that is;
 But I stumble to my fall
 To try and tell a tithes of all of this.
 —*Joaquin Miller.*

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HENRY HARRISON BROWN, EDITOR.

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fest as spirit here and now.

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Psychometry,

In 12 parts. A series of articles,
by Henry Harrison Brown, Editor of
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Thinker*, commencing July, 1900. These
are the only attempts yet made to
scientifically explain the phenomena of
Psychometry and are the most valuable
of any publication upon this subject
since Prof. Denton's "Soul of Things."
The magazine is \$1.00 per year and
contains much besides that is valuable.
It can be ordered from this office.

I have long ago found that we belong to our
life, not that it belongs to us, and that we
must be content to play a sort of a dummy
secondary part to our genius.—*Emerson in letter
to a friend.*

"Have just seen a copy of NOW
and want it right now, so find the cash
enclosed." E. G. J. That is a letter
NOW likes,

Necessity or Love—Which?

"Damn braces! bliss relaxes!"

William Blake, Poet and Painter.

It is a well demonstrated fact that
when the conditions of life are too easy
for the individual of any species, when
hunger and cold, and the spur of neces-
sity, are removed, that individual de-
generates. The barnacle is the type
of the degenerate. It now only a
stomach but had once the power of
locomotion, and an independent life

Evolution and degeneracy are the
two sides of individual life. "Sink or
swim; live or die;" is the mandate of
nature to every individual of every
species, high or low, in the scale of un-
foldment. "Either adapt yourself to
conditions, or change conditions, or
die" is her ultimatum. The history of
development has chapters on both
these lines.

Man is, by science, regarded as an
animal. As animal, he is subject to
every Darwinian law, as is the worm
or bird. And until he is regarded as
Spirit, he will get no higher than
animal. He will hunger, suffer and
die as they do. Until he regards him-
self, as more than animal, he will be the
slave of Fate, and the tool of Law.

When he rises in his own thought,
when he is regarded and studied, as
Spirit, then will he become superior
to this law of Survival, and be the
self-determined result of his own
thought, and the Master of Fate. Be
as self-creator, be above all law, save
that of his own Desire.

The proposed reforms of to-day are
all based upon the recognition of en-
vironment. They all propose to make
man better, by changing his external
conditions. This is the slower process
of reaction. All primary force is with-
in man. Life works from within, out-
ward. It acts primarily upon en-
vironment, and thus makes environ-
ment. Environment only reacts and
thus calls into activity latent power
*The direct action of Soul is the line of
evolution.* Man follows, in his develop-
ment, the line of Desire, which is the
line of *The Ideal*. In man, evolution
has changed, from change of organism,
to change in organism. The past
ideal has been, to escape from that en-
vironment which prevents life's ex-
pression. That is, man has been
bound on by Necessity. Has been
forced to evolve, that he may live.

Now there is for him a Higher Ideal.

That is—*To live that he may evolve,
and in evolution find happiness:*

The necessity born of the pressure
of environment has, for the race, passed
away. It has been conquered by
the intellect of man. He has har-
nessed the silent forces of nature
and made them produce for him, all
he needs. Need is no longer the spur.
Without some incentive he will degen-
erate. That incentive comes in this
Higher Ideal. He must now be drawn
by Love. He has been slave; now he
must be master. In LOVE-OF-THE-
IDEAL he must now evolve, or he
will degenerate, and pass away as
nations have before; leaving only a
memory for the intellect of coming
generation, and the vibrations of their
unfoldment as an atmosphere for later
coming soul to inspire.

Until this Love, has been unfolded
in individual, or race, the hounds of
poverty, hunger, failure, cold, famine,
plague, war, and all the cohorts of so-
called evils, will be necessary to keep
the race alive.

To refuse man, as he is, any of these
experiences, is to refuse him life.
Through the fear of suffering, either
mental or physical, to prohibit him ex-
pression on his plane, is to tie the
wheels of progress, is an attempt to
relegate, the race backward, through
degeneracy, to a more primary condi-
tion, than it has now under the present
diseases, called—Legislation, Protec-
tion, Education, and Civilization.

Under these names the growing
generation are, to a more or less de-
gree, emasculated by the removal of
the necessity under which their fathers
were compelled to unfold. Would be
reformers, if given their way, would
still more prevent soul expression, by
removing all remaining necessity, and
thus give us a race of degenerating
automata. Till this LOVE of the Ideal
is developed, these efforts are far from
wise. Till man loves the Better, so
that it draws him, he must grow through
pain. Under civilization, we should
keep the liberty of the savage, or we
have lost on one hand as much as we
have gained on the other. Well says
Emerson, "Society is in conspiracy
against the liberty of each of its mem-
bers."

Man now creates his environment,
unconsciously and in ignorance. He
will so create, as long as he considers
himself an animal and subject like the

REWARDS AND PUNISHMENTS ARE THE REACTIONS OF OUR OWN ACTIONS.—*THE VENDANTA.*

animals, to law. When he learns that the real man is Spirit, and possesses latent, all power, he will build in the line of the ideal thus born and be his own creator. The present ideal is built through Fear. The Higher through Love. The one makes him slave, the other makes him king. Which shall it be?

There is no neutral place. It is either forward or backward. We have at the close of this century reached an epoch in human history—it is the point of departure in evolution from man as animal to man as Spirit. The race has conquered Necessity, and now must find other worlds to conquer, or die like Alexander. The ultimate victory is Self-Mastery. Having conquered the the Without, he must now conquer the Within. Slave now to conditions: then conditions minister to him. It is no longer a struggle for physical existence, but for spiritual expression. This demands not force, not sacrifice, not pain, not suffering, not labor, but love and Love alone. "Come up higher" cries the Soul. The New Thought comes as one great factor in building the Higher Ideal, and it has come in fulfillment of the prophecy of "The Savior that is to come."

Enough individuals will accept this Ideal to save all the present attainments in the material world, so that there will be no "Lost arts" as heretofore. And a new race will people the earth. Bulwer's "Coming Race" is to be. It will be from the descendants of those who overcome environment and thus become the masters of Fate,—Conscious Creators of their Destiny. They will have fulfilled the greatest prophecy man ever made. "The last enemy to be destroyed is Death." Life is one. It is immortal. Now, Soul leaves these coarser vibrations through disease and sudden change. Then, it will leave through de-materialization and be translated at its own will; not from place to place, but from condition to condition, by the gradual spiritualization of its environment. It will become freed from the limitations of body painlessly and in perfect consciousness. It is only the raising the pitch of its vibrations from the base octave of the flesh to the tenor octave of the Spirit. Then will this mortal put on, at will, immortality. And this corruptible become, in Love incorruptible. And the last victory the Soul has to gain through its incarnation, will be won.

Words of Gold.

Mrs. M. E. of Cal.: "I like to read the Affirmations over and over. They are full of strength. I shall do all I can to get subscribers. I get very lonely at times, but I fight it always, for I know that all there is, is the Infinite Presence. There is no place where It is not, and the thing for me to do is to bring it into expression right here."—Mrs. F. H. writes of a Psychometric reading of her husband: "The reading of Mr. H. was very good. It was splendid in many respects and he will take your advice. For the mental pictures and advice we return thanks."—"You ask us each to send one sub. and thus help to double your list. I have had no time to find the one, so I hand you \$1 for NOW'S benefit," said a lady caller this month. NOW has, on request, been sent to several too poor to pay. This is credited on their account. Next!—H. L. B. writes from Wis.: "Have read and re-read the three numbers of NOW that was sent me and have concluded that I would rather have the next year's copies than the meagre 50¢ that they cost. So here is the money for it the coming year. I think it would be well to send sample copies to the following names"

Mr. L. is, from letter head, and from his word and act a business man, and cannot but be successful from the mental attitude he takes. He sends 30 names and from them there should be subscribers. NOW will bring to each reader that mental condition that means success in all directions.—R. H. F. writes from Boston in criticism of the "jocose intimacy" which characterizes some expressions of NOW. And adds "Perhaps I am barking at the bad rather than chanting the beauties of the good; but it is Balzac who says, 'Tell me only the faults. As for the beauties I know them.'" So that what you say comes from the heart, is all that is necessary. I am doubtless at fault in my efforts to avoid the stiffness and the fetters of conformity, and have shocked the sensibilities of those of my readers who find it necessary to follow rules and bow to authority. But I have found that there is growth only in liberty. And for that reason have in all writing ignored the old formalism and tried to be hearty and meet my readers with a warm grasp of hand and a cordial word.

In shunning Scylla I may have run into Charybdis. In this danger, thanks to all who like R. have hung out "the danger signal." NOW will not strike the rocks. — "I write to thank you for your article on 'Prophetic Clairvoyance' in the January *Suggester and Thinker*" writes a successful worker in this State. As it is too long for NOW we call attention to it that those who wish, may send 10 cents to *Suggester and Thinker*, Columbus, Ohio, and get a copy of a good journal which discusses these psychic problems, now attracting attention of Thinkers.—The editor of *Equity*, Topeka, Kan., an old personal friend writes: "Hope that you may meet with the most abundant success. NOW is our watchword. No past; no future. What ever we do must be done *Now*. Wherever we are, must be *Now*. All the time we have is *Now*, and that is ample."—R. S. K. was candidate for school supt. in his county in Kansas. He is a student of the New Thought and it was hoped that he might carry some of its glad tidings into the schools. Under date of November 10, he writes: "I was elected to remain at home. I made a hard campaign; traveled over 900 miles, mostly on horseback; lost lots of sleep; ate all kinds of food and in all sorts of places, yet the day after election I was in better shape physically than when I began. How's that for Mind? I am not sorry that I made the canvass; I know more than I did at the beginning; have nothing to apologize for, and know nothing can hurt me. If the people don't want me I can surely get along without them. Perhaps Truth needs me more somewhere else. At any rate my faith in the General Order of Things is not shaken. Can I not do my work as much in one place as in another? 'Over and Under' is good. So are the Affirmations on 'Faith'. Shelton calling you 'Kid' pleased me. We are having an old-fashioned gale, but I've an Æolian harp in my window, and it is making music of it for me. So much for knowing how to use things. When will we know enough to draw upon the Infinite Supply for everything? All good things are ours always." That is the way to turn defeat to victory. He that thus wins is greater than he that becomes County Superintendent.—

My soul, it hath no other soul
To which it doth belong.

—Anna Hempstead Branch.

HOLD FAST TO THE PRESENT; IT REPRESENTS THE WHOLE OF ETERNITY.—GOETHE.

NOW.

some persons while it will not to others. It is Nature's way to have variety. My poems may not be poems to the rhetorician, but when they flow from my pen I feel that they come for some one, and after they have simmered awhile in the drawer, if I still feel so, then I give them to NOW. It is good to know they do good. Each will find in NOW each month something that appeals to him or her. That part is for them. And it is worth all NOW costs a year. A mistake is made whenever money or labor or time-value is placed on any glimpse of Truth. It is priceless and eternal. On its force we are carried to unfoldment. For this reason NOW will give that which each needs. "Lo! at His table all are fed."

All who remembered NOW and its editor during the holidays with gifts, have already received the reward that comes of giving, still I must here say: To you all thanks! Love and Truth all the more abound because of this opening of hearts. Among the gifts that came to NOW office was one, I think, unlike any other Christmas gift. It is a paper weight of native, crystalized gypsum, translucent and beautiful, just as it came from the ledge. It was sent by my friend of a now when he was a schoolboy and I a boy of 50, Roy S. Kellogg, of Artesai Ranch, Fay, Kansas.

Human Nature for 1901 will deal more with the psychic, or soul side of life, than hitherto. The soul is physician to the body.

—"Human Nature," for January.

Good Professor.—That is all there is of any school of Mental Science *Soul builds body—including head.* It can make body sick or well; change head or limb. How? By changing thought or feeling. Let us learn how to use these two modes of expression.

Co-operative Effort

Is to be the watchword of the Twentieth Century.

IN UNION IS STRENGTH.

This Union is as necessary in the Thought-world, Health-world, Success-world, Try-world and Growth-world as it is in the Business-world.

We readers of NOW will now unite in Thought, Desire and Effort, that we may bring to each other the Realization of that which we desire.

To this end we establish this month A "NOW" CLASS in Healing, Success, Spiritual Unfoldment and Happiness.

We will meet in Spirit and in Understanding also.

It is a question in ethics whether it is right to save a person from the effects of his or her conduct without at the same time informing him, or her, of the cause, and helping to remove the same, by education. Without this education the same conduct will be repeated with the same disastrous effect.

Is such a course best? Is it right? Healers complain that they have to cure again and again. They will have to do this until they instruct their patients to cure themselves.

Let us then avoid such danger by helping each one to help himself or herself. Let us develop Self-reliance and Self-dependence.

All Power is within. No one can do anything for another. The best we can do is to inspire to activity latent forces, or intensify those already awakened. All growth is from within outward.

Suggestion, Expectancy, Receptivity, are the conditions of growth.

SUGGESTION

May be anything that appeals to the senses, or it may be the silent force of Thought or the more subtle force of Desire and Love.

AUTO-SUGGESTION

Is the Controlling force of all human endeavor. It has its place in the "NOW" Class as AFFIRMATION. We repeat these until they become Auto-Suggestions. By this Suggestion and willingness a condition of Expectancy is awakened that becomes Receptivity. The result will be in each member growth in whatever direction desired. HOW?

By the merging of all our silent forces at a common centre and each drawing from the common stock according to need and ability.

"Central" office will be with the I AM, in Henry Harrison Brown, because he, First—Has developed the power of Silent Treatment and is receptive to all the vibrations that he wishes to receive. Second—Because we so consent for the common good.

As from the central office of the Telephone Co. lines run to each subscriber, so will lines of silent power

run from me, as "Central" to each one whose name is on my book. At each "Hello" I will answer. I will have my hour for Concentration.

TERMS.

50c registration fee from all subscribers. All who wish to join must become subscribers. NOW will be our text-book of Affirmations. This fee will also cover the preparation and mailing,

CIRCULAR OF INSTRUCTION.

Each month each member will report by letter and upon request the name will be carried forward to the class of the next month. Any fee that is from the heart may be sent with such letters. As the Soul unfolds so will the thought of Recompense. "As ye measure, so will it be measured to you," is the law. But the amount is not in the dollar, but in Recognition, and in Effort. The widow's mite outweighed all the greater gifts.

A LETTER

Of personal advice will be sent each month for \$1 sent that month.

PUPILS

May commence at any time, and they will remain enrolled for one calendar month.

WHAT

treatment is desired, state in letter. *One* thing at a time. Is it Health, Success in Business, Relief from Habits, from Anger, Envy, Jealousy, Blues, Lack of Self-Control, Self-Esteem, for the development of Intuition, Inspiration in Writing or Speaking, Clairvoyance, or any other thing? Then so state.

I am convinced from experiments, that by this concentration of effort, we can help each other and ourselves. Many readers of NOW have desired me to treat them. This is my answer. Come now, and let a wave of mighty power go from "Central" to every hamlet in the land.

Send fee in Money Order, Bank Bills or 1-cent stamps. Address NOW Office, San Jose, Calif.

Circular will be ready as soon as possible after the first formation of the class.

Stronger than steel
Is the sword of the Spirit;
Swifter than arrows
The light of the Truth is;
Greater than anger
Is Love, that subdueth.

Longfellow.

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MENA, ARK., May 14, 1900.

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