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# A Journal of Affirmation

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.

#### CONTENTS

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AFFIRMATIONS.
REAL CHRISTIANS.
TACT TRAINING CARD.
RADIANT LIGHT OF LIFE.
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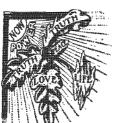
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From all Life's grapes I press sweet -Henry Harrison Brown.

# NOW

#### A Journal of Affirmation

VOL. XIV.

**APRIL**, 1917

No. 4

#### THE HOME OF THE SPRINGS.

Oft to the hills I lift mine eyes! The home of silent might are they. Prophets of Life! They stand sublime Now, as in Creation's day. The home of cloud, of springs, of storm, in them is all earth's verdure born.

licanty and fruitage fill the vale; I stand amid the orchards rare; Prosperity gladden Labor's hand; Perfume of orange is in the air; Bounteous Nature here is kind. Blessings float on every wind.

Rimming this cup-like Providence Stand ice-clad mounts. Then glacier side Reflects the sun in diamond glints; There frigid Beauty rules in pride. Those cloud-capped domes eternal stand, Sentinels of Power on either hand.

Here is bloom and fruit and life! There is gloom and chill and death! Here breezes bring the glow of health! There endless morn is in their breath! Here flower and bird and life of Man! There all life is under ban!

But neath those placid fields of ice, Lie springs that make the valleys glow. The richness of this verdant vale Arises in those homes of snow. Within you mountain's frozen womb, Lay, long ago, this fruit and bloom.

Long years those ice fields thus have been The source of all in Nature's worth. And ages yet to come shall find That Plenty has in cold its birth.

Reneath this seeming evil, good! So is all pain, when understood. HENRY HARRISON BROWN.

THE NEEDLESS SOLAR SYSTEM. The comet, he is coming, Emerson, And when the dread thing crashes Over the System, snuffing out the sun, The planets will be ashes!

"The thing will scatter ruin wild and wide, Unless perchance we've missed him!" Well, I can get along," the sage replied, "Without the Solar System."

-Edwin Markham in March Nautilus.

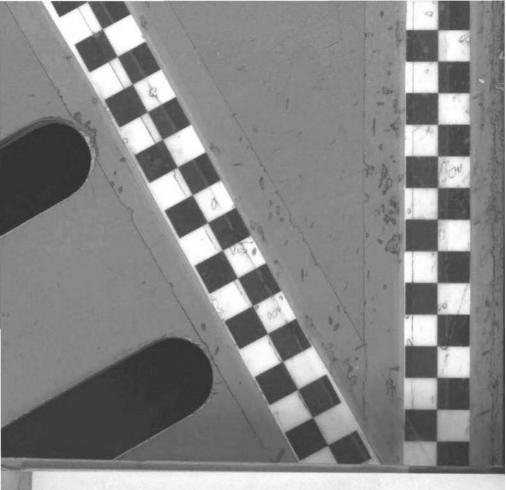
#### "HOW DO YOU FEEL?"

I never realized the significance of this inquiry so constantly made, as I did a few days ago when two ladies who met on a street car asked it of each other. Certainly, I have it propounded to me very often, but its real scientific significance never struck me.

"Feel!" Why, yes! that is all there is to health or sickness. In fact, all there is to consciousness. All we are conscious of is either primarily Feeling, or Thought, its transformation.

What is not first felt, does not enter consciousness. The five senses are the avenues from the environment to the soul. The effect upon soul, through the vibrations of the external world is to set up a counter activity which we call "sensation." In common with plants and animals we sense. That is, "We feel!" This "feeling" is awakened possibly in the other kingdoms, perhaps in the mineral. Some think so. I have no evidence. But in animal, and, to some degree, in plants, this vibration causes individual activity. Feeling, then action, is the animal law.

In the genus homo, however, there is created an intellectual activity termed "thinking." The more developed the individual, the more positive and controlling the Thought. The nearer the has individual animal the thought; the more he acts under impulse. In the animal and animal man, feeling-emotion-the motion started by the vibrations of environment, control. There is contortion and moans of pain; shouts and dance of excitement; loud laughter, and cries of joy. "A loud



Henceforth I seek not good fortune:
I am good fortune.

-Walt Whitman.

#### FOUNDATION.

No thing in nature is destroyed, none added; What is, was ever, and for aye shall be: Such is the Law of Force Conserved, and on it

I build the structure, Immortality,

There is no death in nature, only changing; The cloud, when not a cloud, is, then, the sea;

Back to the minter, nature, for re-minting, Goes all the coinage, even Thee and Me.

The range of fleshly senses is quite meager,
The mind alone can roam infinity;
But, for its earthly burden, be contented
To reach the basic truth deductively.

Yet some affirm that when the flesh has

forming nations where each is taugh to take advantage of opportunities her and to do his best now.

I see nations in one large affiliation of states where each is responsible along to the Highest Ideal possible to their composite expression. Never yet an upheaval in the material earth that has not helped in its evolution toward a condition for the bringing forth of plant, and mal and man. Never an upheaval in the race that has not helped the unfolding Soul.

Then why fear? Why be pessimistic Why doubt the marching on of Trut

# Whene'er I meet my sailing peers, "ALL'S WELL" I to their hail reply.

-Edith M. Thomas.

God is! Only through experience does IT become conscious of Itself as the only fact; as the supreme expression of the Universe.

To him who sees the Law; to him who sees Unfolding Soul, there is no disturbance within, for he knows that All is good! That it is his duty to stand still and see the salvation of Good, He is at all times ready to express, from his plane of consciousness, Truth as he sees it: to be at all times wholly Truth and Love. Ready to be Man, with word of faith, and courage, and goodness to all men as all men are equally Goodness. Others may be ready with cannon and submarine: he is equally ready with word and act. He will work in this plane of appearances with his unfoldment, while in spirit he "Sits at home with Christ!"

Evil as war is to those who look upon it in the light of physical suffering, still to those who climb the heights of Prinple, and look into the future, it is seen to be the development of all manly attributes. In it is seen the development of those mental and physical qualities of courage, fortitude, adherence to principle, and willingness to suffer for sake of a right that will insure in their descendants a race where psychic and spiritual powers will more than compensate for lack of those physical qualities which may result because of the war's selection of the physically fit,

Man's fitness is not in his animal body. It lies in those human traits which enable him to overcome resistance. Until these are developed through devotion to a high ideal, there needs must come that physical suffering which develops it in future generations, even as the demand the soul made upon our Revolutionary fathers, started then that stream which burst forth magnificently from lake to gulf and from east to west ocean in '61 to '65 and later in '98 and which also materialized in the pio-

neers that carried Liberty over the Rockies and made this Pacific Coast great and mighty. This stream of Power, materialized through the pioneers' suffering, has resulted in the greatest achievement of man in uniting the two oceans and with wizard wand has not only called forth from ruins this wonderful city, but has also caused the most wonderful "Dream City" to rise from "Thoughts into interior sphere" to bless the world with its beauty.

All these results are not from loins of men who feared war, but from men who were ready, "with life and sacred honor," to serve the Principles for which our Union stands.

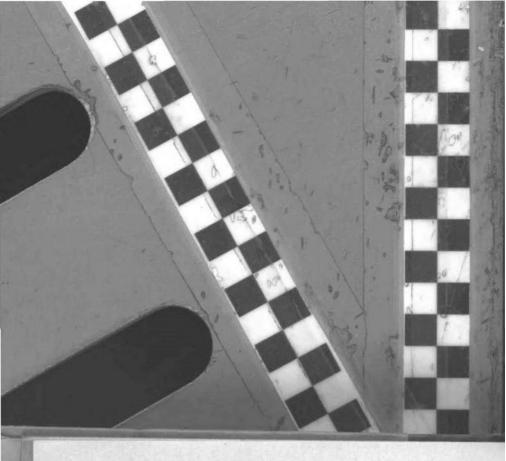
Eliminate all that America has gained psychologically from wars, and we would have a nation of nobodies and boobies. Wars are necessary until the spiritual nature of man needs them no more. We shall know when that time is by their automatically ceasing. The time will never come by artificial means. It will come with that growth of soul that sluffs off the war spirit, the spirit of competition between individuals and nations, by pushing into expression the spirit of Brotherhood and Unity.

"Peace on earth among men of GOOD-WILL!"

Meanwhile we will cultivate the faith thus expressed by Lowell:

Right forever on the scaffold,
Wrong forever on the throne.
Yet that scaffold sways the future
And behind the dread unknown,
Standeth God within the shadow
Keeping watch above his own.

(When I wrote this I had a Vision and knew then as well as now that the United States would come into the war as the Power to bring Victory and to have an important voice in establishing Peace—making a great step toward Universal Peace. It is her mission. This I also saw in Vision in 1880. Again I saw the same when I prepared my address for the San Francisco Congress. That address seemed apparently to fall with little weight upon the Congress. But it fell into the mental atmosphere of the world and it did and is still doing its work as one influ-



Trust thyself! Every heart Vibrates to that iron string.

-Emerson.

ence among many millions-one little star in the galaxy of worlds. But its prophetic power is still upon me; therefore, I quote some passages here.\*

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But the address lives and does its work silently. As much as the Spirit allowed me to tell I then told. I quote a few extracts from that address, entitled "New Thought Means a Triumphant Democracy!")

The wisdom of the Fathers is now made manifest in this great body who echo across the century: "The soul of man can be trusted to the end!" I wish you to see where you, where this Congress, stands, in the march toward Freedom. I wish you to feel with me the great debt we owe and the great responsibility that rests upon each inheritor of the spirit of '76 and the institutions born of it. As children of power that represents the spirit of the Now and who hold a constructive Idea for the world. We know the power of Thought; the power of Truth; the constructive power of the Ideal.

Upon us has fallen the mantle of the prophets and we must fulfill that which they have foreseen and bring in a Uni versal Brotherhood.

#### "WHO DREAMS SHALL LIVE"

Who dreams shall live! And if we do no

Then we shall build no Temple into Time. You dust cloud, whirling slow against the

Was yesterday's cathedral stirred to gold By heedless footsteps of a passing world.

-Julia Ward Howe.

"Holy man of God," is becoming a thing of the past. Ministers today are more tolerated than accepted.

The thinking world is demanding the Mental Goods, that will stand reasoning from cause to effect. Reason is the

substance of things.

New Thought has a wonderful opportunity to give to these seekers after the truth food for contemplation. Are we going to avail ourselves of this opportunity? If so, we must become at once one big magnet of universal truth; without leaders or founders, must be one in fellowship; must come together; not posing to know it all, or desiring to be a little pope in our own sphere, but through all, learn to know all.

I do not think New Thought will ever accomplish anything while we hold to the name of "church" and our leaders call themselves "ministers" or "pastors." The world has had too much churchianity. When the pure white light of the soul is in evidence, one doesn't have to talk about it. The world demands doers, rather than talkers.

If the New Thought vision is the emancipation of the world, let us get out into the world and talk in the world's language. New Thought, to my mind, has a great mission to perform among the many thousands of non-church goes, those who never enter a church, but who love the truth.

The old established ritual does not belong to a new age. Even a New Thought ritual is at best a poor imitation. Let us do away with form and ceremony. "Come, let us worship together." Let us "travel the open road" with Walt Whitman, Emerson, and a host of other New Thought radical thinkers who blazed the trail for us. Tis true these radicals do a little damning here and there, but dynamite is good to blast away impediment. Love is sometimes more effective if it has a punch in it.

True education is a series of shocks.

The things that shock us the most, ofttimes, experience teaches us to reverence.

New Thought is growing thought. Things that grow burst through their limitations and cause explosions by the way. Let our thoughts be our prayerbooks; our deeds, our ministry. Talk less of love, but live it.

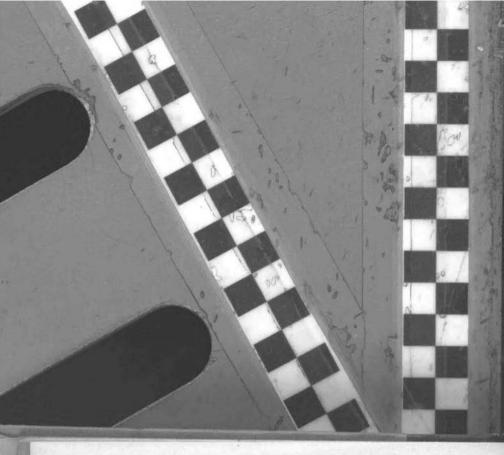
Demonstrate health; give lessons in prosperity without talking prosperity. As soon as we begin to live more and talk less, the other fellow will want what we have; we will will no longer have to advertise our goods. Then, as a movement, our mission will have been fulfilled. At that time we,too,will no longer have to be labeled.

HAROLD F. PALMER, Vice-President I. N. T. A. for Southern Caifornia and Nevada.

#### POWER OF JOY.

It is supposed to be Gladstone who said that men and women are more hungry for joy than they are for bread and butter. Whether or not Gladstone gave utterance to this truth, it still remains a veritable fact that there is no quality that has such a drawing power for good in actual realization as the power of joy. This quality released into into ful! expression throughout the being, as a daily habit, affects circumstances surrounding one much as sunshine affects the plant life of the earth. Do you ever stop to think that the sun penetrates the apparently barren earth at seed time and permeates the soil and seed with its warmth and encourages it into growth. The sun evidently does not think it must wait until the plants have their blossoms and fruitage before it is willing to shine. Quite the contrary-it is because it is quite willing to shine upon that which is apparently barren, that it brings forth the

blossoms, and then the fruit, the great



# I will not dream in vain despair The steps of progress wait for me.

- Whittier.

result for which plant life aspires. There was an English poetess Jean Ingleow, who reminded us of this in one of her poems — "It is a comely fashion to be glad," but many of us who observe the bitterness of the world know that joy is more than a comely fashion—it is one of the most valuable assets we can have in the business world, since, by radiating joy from within outward in a natural, free, spontaneous manner, we make opportunities blossom into the results we want. It is an asset that can be secured with very little effort, with just a little intelli-

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gence. One of the great men in San Francisco uses the following formulated training

- (i) Felicity
- (j) Ecstacy (Language Language)
- (k) Rapture
- (1) Bliss have between gentlement and
- (m) Gayety and add add add and and
- (n) Kindly humor
- 10. To visualize myself as typefying "Joy."
  - (a) Having my face animated and smiling, and yet peaceful.
  - (b) Having my eyes enraptured with happiness.
  - (c) Having my voice cheerful and full of felicity.(d) Having my carriage firm,

erect, expressing evultation.

(e) Having my step quick and ex-

#### In the mud and scum of things, There alway, alway something sings

--- Emerson.

### THE FIRST STEP IN DEMONSTRATION. Lesson No. 5.

New Thought students are very apt to miss the most important and needful lesson that is to be taught, and because of this find demonstration a hard road to travel. This is because the mind of the student has not been properly prepared in the philosophy. We are all prone to skip the simple and important parts of the philosophy, and desire at the outset of our experience to delve in the deeper mysteries of being. are no short cuts to demonstration. Betore demonstration can be acconsplished, the mind has to be prepared in a certain manner. This is something that must be accomplished by the student personally.

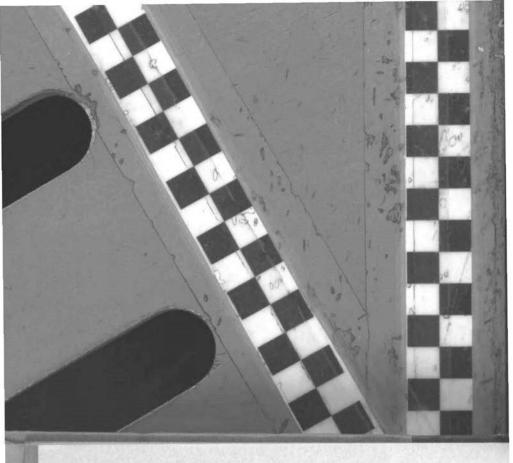
The previous lessons have dealt with the conscious and subconscious mind, and the importance of ideal affirmation has been held before the mind of the reader in a very positive manner. The lessons have been simple, practical and true. I am sure that every one who has read them has been able to comprehend the method advanced. know that few would be able to demonstrate from the lessons so far given. The reason so many fall by the wayside in demonstration is because of discontent. They are not willing to meet the issues of life where they now stand. While we realize and know the power of the individual will, we must at the same time recognize, as Emerson says, that "there is a Will higher than our own!" To demonstrate I must start at that point where I now find myself. I am now where I find myself to be because it is where I belong. I could not be anywhere else. A Will that is above iny own has seen fit to put me where I am. When this is seen to be a truth in life, then content comes to the perceiver. This perception is the forerunner of demonstration. The discontented individual may not advance because

he is continually living his life as it now is, all his forces are expended in bawailing his fate.

Under the affirmation that I gave in a former lesson, I AM AN UNFOLD-ING SOUL, this condition of bewailment passes away and an era of hope and advancement is established in the individual's life. There are no punishments or rewards in life. Everything is the result of law. Every thing is a Result. We cannot pick figs from thorns nor grapes from thistles. put a potato in the ground and the conditions are right I will most likely harvest a cluster of ten or more potatoes; it would be foolish for me to expect a crop of peaches. The result would be potatoes. The wages of sin are death. This is the result of sin. It is not pun-Man has found this to be a ishment. true maxim. It will ever be so. My life as it is today, is a result of the working of the higher Will that is above my will. Therefore, for me to live in constant antagonism to this result is the veriest foolishness. I must agree with mine adversary and agree with him while on the way, if I am to do anything to change my conditions. Emerson says, "Accept the place that found for Divine Providence has thee!" In other words, accept your life as you now find it with satisfaction under the affirmation of unfoldment. Everything in your life in this thought will be seen as a result, you will not again think of reward or punishment, but you will go out into the battle of life and consciously strive for results under the law.

The law always works to the advantage of the individual. The right thought in the mind accompanied by intelligent action that is exercised in faith, is sure to give results. Just as sure as the potatoes in the ground will give itself back to the planter many times over.

Accept the place in which you find



I thank whatever gods may be For my unconquerable Soul. -W.C. Henley.

vourself and know that it is the place where you belong. Build a definite ideal in the mind of that which you desire to demonstrate, and live under the thought of its realization at all times, and if the time is ripe in your unfoldment for you to realize that condition or thing it will come to you as a Result under the law.

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A friend of mine desired to demonstrate a Pierce-Arrow automobile, he made the demonstration, but when the auto came it proved to be a Ford. He was not ready for the larger car. The result under the law in this case was a Ford. A great many demonstrations will in your life in the same manner seem to be but partially fulfilled, but as time passons was find that and

#### THE MENTAL LAW OF NON-RESIST-ANCE.

If an Angel of Light should suddenly appear at our door with a blessing in his hands for us, I wonder how many of us would willfully and knowingly shut the door in his face? Not one, I venture to say. Yet we are constantly closing our mental doors upon unknown blessings because of the habit of mental resistance. Application and to restor

Resistance in principle is everywhere one and the same, but the forms assumed by it are legion.

(Note: Let it be understood that I am not discussing so-called physical resist ance, but, rather am I here writing of

# To the receptive soul the River of Life Pauseth not nor is diminished.

-George Eliot.

order that its positive side may be the more readily seen.

Here is a "new" boy on the playground of the public school. We all know that a "new" boy is likely to meet with rough usage from most of the other boys. His playfellows want to find out what kind of "stuff" he is made of. He is likely to be teased, fought with, and knocked about generally, but if he is game, he will regularly adopt the attitude of self-confidence, and will give as good as he gets and, sometimes, will give a little better. He will assume and assert an attitude expressed by these words: "Let 'em come on if they want to, they'll find me right on hand and ready to do business!" The other boys soon recognize his strong qualities, and from that moment his troubles vanish. While we must admit that the boy's attitude towards his fellow-playmates looks very much like resistance, it is not the mental resistance of which I am writing. Although the boy refuses to be the underdog in his rough-and-tumble scraps, he does not resist the experience. To all practical purposes he accepts the experience as good, for he puts up no whine, and does not try to avoid it. He makes no effort to put it out of his life, but, rather, moves forward to meet it with a calm confidence in his own power to overcome it, while out of it he wrests the good it holds for him

Do you get the idea intended to be conveyed? It is mental non-resistance to an experience and a condition, as an experience. The boy is mentally non-resistant towards a condition which is not altogether pleasant. In his mind he lets it come to him, having full confidence in his ability to mount upward and over-top that experience or condition.

But here is another "new" boy on the playground. He shrinks from the contests, and resists the condition, assum-

ing an attitude like this: "I don't want to fight—it hurts! I don't like these fellows. If they hit me, I shall tell the teacher. I shant stay here! I'm going to run away!"

This looks like non-resistance, doesn't it? Well, so it may be, a certain brand; but really it is very strong mental resistance, and this boy has it in for himself later on. He does not accept the situation as good; he does not want to give out that which the situation demands. His mind is full of repugnance and resistance toward this condition. He does not master the condition, and sometime it is most likely to come to him again, and that too in a more aggravated form—for nothing can keep his good from him.

One boy co-operates with the Universal Principle of All-Good, evolves strength and wins place; the other refuses to work with this principle, gives fear and repugnance a stronger hold upon his mind, and gains a reputation for cowardice.

From the foregoing simple illustration I am sure you understand my idea. viz: that Mental Non-Resistance means the accepting of all experiences and conditions as good, and letting them come and go without seeking to hinder them—in your mind!

Another illustration: I have, we will say, an ideal that I am seeking to realize. Let us suppose that "present conditions" are very far from actualizing this ideal. Do you think I shall the more quickly bring my ideal into outward manifestation by bewailing and berating the present, its people, or its circumstances; by disliking them and expressing this dislike in words and actions: by bickering, quarreling, criticismg, and by comparing the "unpleasant" present with the anticipated "pleasant" of the ideal conditions? Or would such a course have the contrary effect? You know it would have the effect of keep-



I am not fighting my fight:

-Archie L. Black

ing what I desire out of my life the longer.

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Such a procedure as just outlined means mental resistance par excellence. Don't you see how I would be depriving myself of peace, tranquility and power; those very qualities that mental nonresistance to experiences and conditions bestows, and under which the Soul can best know and use its vast powers!

If I recognize "poverty" as a permanent principle of being, and turn to it as a reality, an enemy, resisting it with all the might and main of my mentality, I surely am shutting my door in the very face of prespecitive for it is a fact

the joy of true success.

It is the law that the greater the resistance we offer in our mental attitude towards those things we do not want, the faster they come and the tighter they cling to us.

By going about with a habitual form of mental resistance, one builds a hard wall of environment, which will have to be scaled or destroyed before one's own may be reached. By maintaining such an attitude, this wall is kept in good repair, and grows stronger and stronger, but let one become mentally non-resistant and that wall will begin

#### Minute a man stops looking for Trouble, happiness looks for him.

-Irving Backelor.

#### A LETTER FROM A MEMBER OF THE COSMIC FELLOWSHIP.

Those who follow directions and persevere are all reporting benefits. the tendency of the average person is to slacken as soon as gain is felt, or to give up too soon because they do not at once realize cure. Patience, Practice, Perseverance are the "P's" that grow blossoms and give the perfume of health. Here are extracts from a letter from Canada. The author had but three weeks' membership.

I am glad to report some improvement, through the co-operative help of the Fellowship. I have been looking after the stock this winter alone, under trying conditions. Have water to haul from a distance, our well having frozen. Have had cold and stormy weather to face day after day. And being alone has had a depressing effect upon me. Since your letter of February 14 I have felt more joyful an buoyant. I have recovered hope and vigor. Am more like the happy and aspiring fellow I was. I believe if I am faithful and persevering with the Fellowship it will be the fulfillment of the innermost desire of my life which is, I think, "To express in words what I know of God and to tell of Him to others."

desire Health, Happiness and Prosperity. I desire happiness that I may make others happy.

I desire Prosperity and success in honest en-

I desire perfect health that I thus may be of service. Last week I was suffering from severe pain

due to exposure. On Sunday evening I made an especial effort to realize the healing power of the Spirit for self and others. Monday morning I awoke with a song and a whistle. Pain all gone. All suffering stopped. I was grateful. Some of the old church Psalms came into my mind of joy, praise and thank-

Do not all our members rejoice that YOU have helped this lonely fellow? Well, how many are you helping? Join with US, all my readers, and give a few minutes each day to GOOD.

True friendship is a plant of slow growth, and must undergo and withstand the shocks of adversity, before it is entitled to the appellation -George Woshington.

#### ANACHRONISMS!

I did prophesy the bone dry, not because I believe in prohibition, but because I saw the tendency and trend of institutionalism. The institution is going to take charge of the individual, in body and mind and business. It is not exactly bone dry, for there is one exception that is an anachronism—"sacra-mental purposes." That is an anachronism! Do you know what it means?

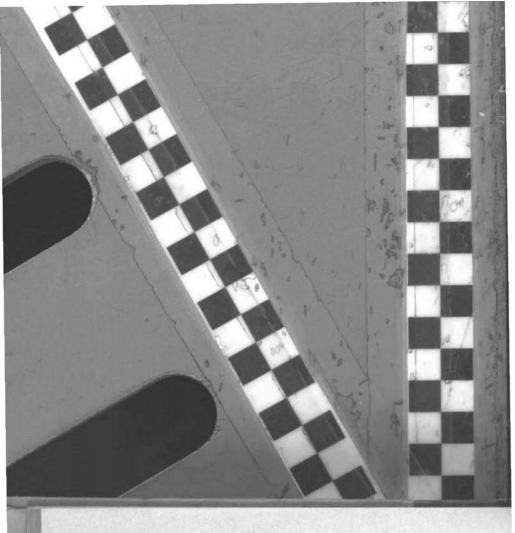
Slavery was an anachronism after the Declaration of Independence. But we kept that thing until it was wiped out by war. And "for sacramental purposes," as an exception against booze, is another anachronism. I should think the preechers and church memhers would be ashamed of it. Use grape inice!

A creed and a formulation of faith and the standardization of books for the International Alliance of New Thought is another anachronism. It has no place, but we are liable to commit the old sin and go on in our transgressions against the truth of Being .- Shelton, in Scientific Christian.

It is good to see a few New Thought people who also realize that they really are men and women and have duties here and now. Over-legislation, meddling by statute law with the private concerns of individuals under the name of "morality" or "public good" is in reality a greater menace to Liberty than German submarines. One is open and physical and can easily be defeated. But this subtle undermining of the Principle of Personal Liberty is the entering wedge that ends, if not stopped, in a The Human In-Prussian Autocracy. dividual CAN be trusted. All so-called evil comes from repressing the natural and upward tendency of the individual soul. Lizzie Doten says:-

O ye! who dare not trust the soul To guide you in the way to heaven, Remember that the lifeless whole Is quickened by the hidden leaven. And they who, fearless and free, The rugged paths of life ascend, With one united voice agree:-"It can be trusted to the end!"

MY COUNTRY! 'TIS OF THEE, LAND OF THE NOBLE FREE, OF THEE, I SING!



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#### Obstruction is but virtue's foil, The stream impeded has a song.

-Ingersoll.

OFFICE OF NOW, 589 Haight Street, San Francisco, Calif.

Vol. XIV.

MAY, 1917.

No. 5

#### NOW

HENRY HARRISON BROWN, Editor SAM EXTON FOULDS, Asst. Editor

A Monthly Journal of Positive Affirmations. Devoted to the Science and Art of Soul Cul-

ture.

It is the utterance of the Editor only. All thought not credited to others is his.

# IMPORTANT TO NEW THOUGHT PEOPLE.

A friend has invited me to join him in a camping out auto tour during three months commencing in June. We shall go north as far as Vancouver, B. C. then east into Idaho and Montana; then south on our way home. We shall visit all points of interest, including various National Parks. We shall have no time schedule, Shall take all the time we wish, for detours from ordinary lines of travel, and in accounting

#### Call this God: then call this Soul: And both the only facts for me.

-Browning.

#### TO THE FRIENDS OF THE INTERNA-TIONAL NEW THOUGHT ALLIANCE.

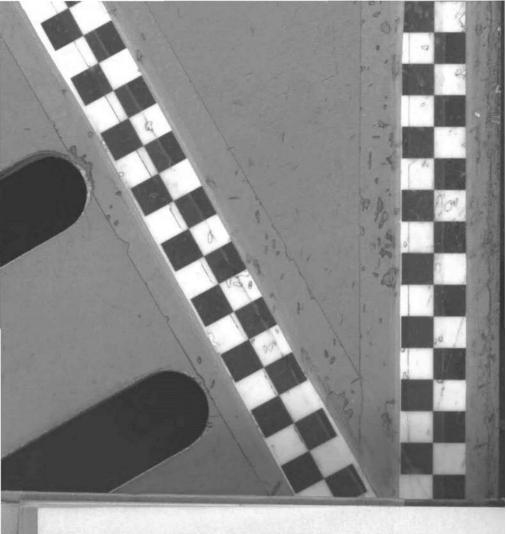
William Walker Atkinson, editor of The Advanced Thought, is striking some heavy blows for FREEDOM in the expression and work of the Alliance. Some especially good advice is given in his magazine for April. Like the tendency of all organizations, there is here an tendency to autocracy. Had I had the vote it would have been in opposition to incorporation. This makes it an organization. I wish for an OR-GANISM. One is a living body, the other a fossilized-a dead one. I wish the Alliance to grow. An organized body cannot get beyond the plane on which it is organized. So unless there is greatest wisdom exercised the Alliance will be where all sects are-a conservative and established sect. I've no sympathy with the tendency. It rests with the St. Louis Congress to say whether the Alliance commits hari-karı or takes a new life. Subtle tendencies and powers are at work tending to subvert the original purpose. Let the Alliance keep Mr. Edgarton at its head until it is able to walk alone. But crush out any attempt to define its principles. The STATEMENT put forth at San Francisco is all that is needed but see that all accredited agents shall stand and teach from that STATEMENT.
NO LIMITATIONS UPON THE MIND AND POSSIBILITIES MAN. This STATEMENT distinguishes NEW THOUGHT from every other movement ever started. its distinctive place. From all other movements it has taken Truth, and added to them its ONE distinguishing Perception. It is the only body of peofle that have dared to express, and act in the Perception of the Divinity of Mind. It removes all limitations from the individual and leaves him alone, in his infinite possibilities, subject to his own thought, guided by his own wisdom

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or ignorance of himself. For this reason it is NOT Theosophy. It is NOT Spiritualism. It is NOT Unitarianism. It is NOT Christian Science. It is NOT Numerology. It is NOT Astrology. It is NOT Phrenology. It is NOT any philosophy that limits Mind. From all these and in all these are Universal Principles with which we agree. OUR place is to TEACH the Divinity of the Human and its Infinite possibilities, and Man's power through creative thought to be his own destiny. We ignore all limitations. We teach the overcoming of even heredity by affirming our heredity from God HERE and NOW. While in his magazine Advanced Thought Mr. Atkinson can admit teachings along all other lines; and other magazines may do the same; still as a body of New Thoughtists we must teach FREEDOM from every limitation. NOW has from the beginning so stood for this. Note that on its editorial page every month has appeared this: "Man is spirit here nad now with all the possibilities of divinity within hm and he can CONSCIOUSLY manifest those possibilities HERE NOW. Beyond this there is no higher statement.

Limitations of book, Bible, previous conditions, stars, evil-spirits, evil thoughts, heredity, material conditions, are only the phantoms of man's ignorance of himself; self-imposed limitations.

The world has never trusted the Individual. Priest, church, king, statute law and the bosses of all kinds, and the Moral Boss worst of all, have been placed between the individual and his divinity. "Be as I say! Be as we say!" has been the order. Emerson said and we echo: "BE THYSELF! Every heart beats in unison with that iron string." It is the only string in which all hearts beat. For this unity NEW THOUGHT should stand. When it



#### I,grateful,take the good I find; The best of now and here.

-Whittier.

I want to register my firm faith based on twenty-five years devoted to the principles and practice of New Thought—I want to register my firm faith and experience that There is no such thing or influence as "black magic" except in the mortal mind of the one who recognizes it;

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That there is no such thing as M. A. M. except in the mortal mind of him who recognises it;

That it is absolutely impossible for one mind to influence another mind by occult means against the other mind's own good, or God; That it is impossible for one mind by occult means to influence another mind's environment except by first changing that other

#### DOLLARS WANT ME.

Henry Harrison Brown, editor and publish of NOW, has published the thirtieth the sand-copy edition of his wonderful lit book, "Dollars Want Me." A chapter for the edition is printed in this edition of T News Letter, under the heading, "Suppl Since 1903, when Mr. Brown printed the ficopies of "Dollars Want Me," the little bo has been read by many thousands of this ing men and women, and has aided womany people along the way to Prosperity a Harmony. It is a wise and comforting the volume, a pleasant and cheery pod companion on a Journey, during weath days or in the study. Requests for this w

#### the good I find; and here,

-Whittier.

(Continued from page 123) t you have? "Don't change hose "in midst of the stream," but a st of rapids.

W wishes you all success. Notes you to be in future the Power mould Public Opinion and to and effort toward the development in a dual man of a sense of his infant of personal responsibility. You in this by casting overboard the self-repe you took on board at the and under the Full Canvas and under the Full Canvas and the self-repersonal report of Victorias.

HENRY HARRISON BROWN ember 5, 1917.

#### MY WAY.

nap it stretches very far,
nap it winds from star to star,
nap through worlds as yet unformed
never-ending journey runs,
nugh worlds that now are whirling wrath
formless mists between the suns,
beyond my widest ken—
thalf not pass this way again.

is I go, and cannot stay never more shall pass this way, to sow the way with deeds seed shall bloom like May-time meak lood my onward path with words hrill the day like singing birds; other travelers following on find a gleam and not a gloom, ind their path in pleasant way, rail of music and of bloom.

Som Walter Fest.

Master's Touch," a series of Healing s, by Henry Harrison Brown. A stod New Testament methods of healing peir application at the present time. The teaches that all mental healing mede based upon the law of Suggestion and es a very clear and illuminating a on of Suggestion and its vast influent human life. This little book will the all fear of hypnotism and obsession and clear understanding of the working I of New Thought healing. It is of most helpful publications that has our the publishers. Price, 30 cents. Not ny, San Francisco, Calif. \_Nautilus, Jan. 1917.

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Its FACT is that stated by Jesus—"The Kingdom of God is within you!"

Its AFFIRMATION is—"I and my Father are one!"

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#### "WHAT SHALL I EAT?"

Did you read the article in September NOW, with above title? In this time of food fads and dietetic experiments, it is a very necessary article. The psychological effect of any conduct, or rule, or law, or limitation, or opinion, is the one and only fact to consider. Under "Applied Psychology," such as our metaphysical movement is teaching, there is hope of escape for the race, from the army of those who, by the false suggestion of the domination of environment, are still further enslaving it. Law of Suggestion should prevent any person from ever saying to another, "Don't!" Should prevent any "barking against the bad" and lead to the cultivation in all teachers and reformers of the habit of "chanting the beauties of the Good! The Creative Power that is behind all environment has made it all for man's use or abuse. He learns to use by experiment. The Thought with which he receives the result of the experiment constitutes the only worthy of consideration.

I would like to have the article widely scattered. If orders are sufficient, I will put it into a tract and I will mail them to any address, singly, for 10c, three for 25c. Will not each reader of NOW order at least five copies and send to those who need instruction upon the FOOD OUESTION?

"What shall I eat?" is the burning question. Can you do better missionary work than to scatter this article? I have done my best for Truth in writing and printing. Will you express a like spirit in spreading it?

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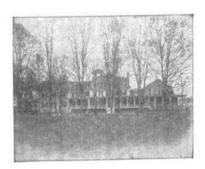
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