



The
ROSIKRUCIAN
DIGEST

JANUARY
1932
25c PER COPY

Suggestions

ROSICRUCIAN EMBLEMS

Members desiring Rosicrucian emblems may obtain them from Headquarters. They are made of gold, beautifully inlaid with enamel, neat in size, and consist of the triangle surmounted by the Egyptian cross. Men's style emblem with screw back, \$2.00. Women's style, with patent safety catch pin, \$2.25

HOME SANCTUM SUPPLIES

Rosicrucian Candlesticks: Beautifully designed to represent Egyptian columns like those in Egypt and in the Supreme Temple at San Jose, finished in dark red mahogany, mounted on double triangle base. Each will hold regular size candle. Price \$2.50 per pair; postage prepaid.

Sanctum Cross: Design of this cross is like the famous Egyptian Crux Ansata (the looped cross), mounted on double triangle and finished to match the candlesticks, with red stone in the center of the cross. A very beautiful and symbolical ornament. Price \$2.50; postage prepaid.

Student's Membership Apron: For those members who wish to wear the typical Rosicrucian triangle lodge apron while performing ceremonies at home, this symbolical device made in the ancient manner and easily tied around the body and containing the Cross and Rose within the triangle, will be found very appropriate. Price \$1.50 each; postage prepaid.

Rosicrucian Incense: A very delicate perfumed incense, carrying with it the odor and vibrations of the Oriental flowers. Made especially for us in condensed form, so that a very small amount is necessary at one burning. Far superior to any high priced incense on the market. Price \$1.00 for a box consisting of twelve large cubes sufficient for many months' use, postage prepaid by us.

Complete Sanctum Set: Includes two candlesticks, the cross, box of incense, and the ritualistic apron, all described above. Special price if complete set is ordered at one time, \$6.50; postage prepaid.

ROSICRUCIAN STATIONERY

Boxes of twenty-four sheets of beautiful blue stationery, broadcloth linen finish, with envelopes to match, club size. Each sheet bears a symbolic Rosicrucian emblem. This is fine stationery to use in writing to a friend or acquaintance to show your affiliation with the Order. Price per box \$1.25; postage prepaid.

AUTO EMBLEMS

Made especially for your automobile, but can be used anywhere. Made of metal, finished in gold and red in duco enamel. Emblem is identical with the smaller emblem worn on lapels. Easily attached to radiator. Five and one-quarter inches high. Price \$1.50; postage prepaid.

ATTRACTIVE SEALS

Beautifully printed and embossed gum seals about the size of a twenty-five cent piece in red and gold to be used in sealing envelopes or on stationery. Contains the emblem and name of the Order. Price 50c per hundred, postpaid.

The Rosicrucian Digest



Covers the World

The Official, International Rosicrucian Magazine of the
World-Wide Rosicrucian Order

VOL IX.

JANUARY, 1932

No. 12

Contents



<i>The Thought of the Month</i>	By The Imperator
<i>The Arch Enemy of Mankind</i>	By Dr. Arthur B. Bell, F.R.C.
<i>Getting in Harmony with the Cosmic</i>	By Bro. J. J. Brown
<i>Man's Eternal Quest</i>	By Bro. William H. McKegg
<i>The Coming of Super-man and Super-woman</i>	By H. Spencer Lewis, F.R.C.
<i>Self-Healing</i>	By Frater Frank H. Cooper
<i>"Electricity" As Essence of the Soul</i>	By Sro. Frances Vejtasa
<i>The Spirit of Service</i>	By Elrod Ward, F.R.C.
<i>First Knights Templar Edifice</i>	Illustration
<i>A Street in a Mystic City</i>	Illustration
<i>Rosicrucian Creed</i>	
<i>Cathedral Notes</i>	

Subscription to the *Rosicrucian Digest*. Three Dollars per year. Single copies, twenty-five cents each.

Entered as Second Class Matter at the Post Office at San Jose, California, under Act of August 24th, 1912.

Changes of address must reach us by the tenth of the month preceding date of issue.

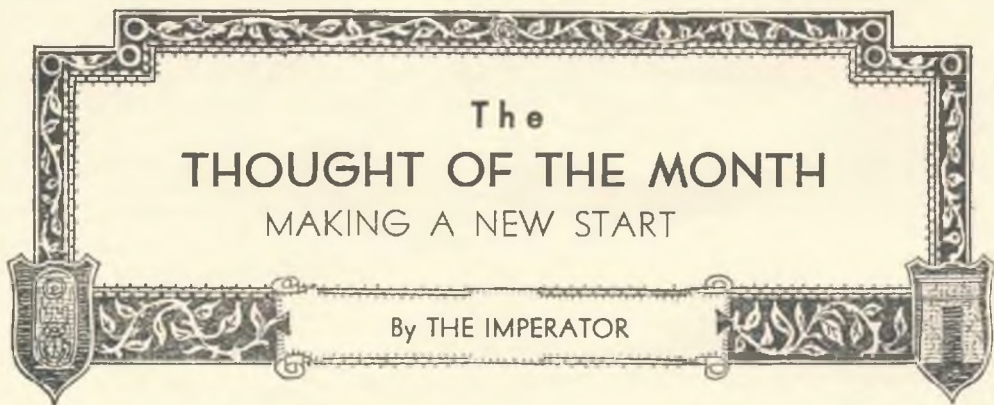
PUBLISHED MONTHLY BY THE SUPREME COUNCIL OF

AMORC—THE ROSICRUCIAN ORDER

ROSICRUCIAN PARK

SAN JOSE, CALIFORNIA





The
THOUGHT OF THE MONTH
 MAKING A NEW START

By THE EMPEROR



AM not going to speak this month about the customary habit of starting the year by turning over a new leaf. I think that it would be well for most of our members to take the book and throw it away instead of turning over a new leaf and start with an entirely new book or new record of life. A new leaf ought to be turned every day and every day of our life should afford us opportunity of improving ourselves and improving conditions around us.

As you sit reading this little talk of mine I visualize each one of you in your own home surroundings with an atmosphere around you like the setting of a stage for a play. I do not care what size or shape the room may be or how it is furnished. No matter what it may look like the only difference between your room and any room that can be set on the stage is a matter of footlights. But you have instead of footlights a supreme light coming from above and from all directions that should illuminate you more than footlights, spotlights and sidelights of the most illuminated stage in the world.

And just as the stage setting can be changed while the curtain is down and almost any kind of a room or environment created hurriedly between acts, so you are master of your present environment and can change the condi-

tions around you and make them what you will. You are the master not only of the ship and its course but you are the master of everyone concerned with the equipment and appearance of that ship.

Certainly, the beginning of the year is a good time to make a new beginning in any direction. Mankind is always prone to seek some excuse for doing anything of a personal nature or that is out of the ordinary. Now you have one of the best excuses in the world for changing some of your habits, some of your customs, and some of your personal characteristics. It is the beginning of a new calendar year. Make a new start along certain lines and see how far you can carry these changes. You will find that the effort is exciting and the results fascinating and profitable.

One of the best things that you can put on your calendar for the coming year is the promise to yourself that you will do one kind thing every day. Now that does not mean running out to the street corner and standing and waiting for some crippled person or blind person to come by so that you can help him across the street nor does it mean buying a loaf of bread and taking it to some poor family. It means keeping your eyes and ears open throughout the course of each day, and when there is an opportunity to compliment someone or congratulate or praise someone for something he has done or is about to do, then do so with a smile and with a tone of conviction in your voice.

*The
 Rosicrucian
 Digest
 January
 1932*

Make it your business to give someone a little uplift, a little boost, a little joy each day, no matter how you do it. Five cents given to a street urchin or telling your newsboy who sells you the paper to keep the change, will bring a smile and a little joy. Talking kindly to someone around you to whom you generally express a grouch will probably shock the heavens and convince them that the world is becoming better. Let loose the real self within you and throw yourself in harmony with all the rest of the universe by spreading some constructive thoughts, some helping thoughts, among those whom you contact occasionally or otherwise between each sunrise.

And make up your mind that this year is to be the biggest promotion year you have ever had. AMORC is planning to make 1932 the greatest year in its history so far as propaganda is concerned. During the past few months we have started many innovations and many improvements, and we have spent more sums of money in trying to help others and in advancing the idea of Rosicrucianism than we ever spent during so-called prosperous

years. We have realized that because of the depression and general economic conditions more is expected of those who can give and we have added to our facilities for spreading Light, Life, and Love. You should start some propaganda for yourself just as though you were going to build up a new and different reputation among all your friends and acquaintances, or just as though you had moved recently into a new town and have to make yourself known in the most favorable light.

Try to impress everyone with the fact that you are more happy, more optimistic, more hopeful, than you have ever been. Then in the silence and in the privacy of your own life make up your mind that you are going to have your hopes and optimism realized. Go out and fight for your happiness as the Irishman, who said he would have peace even if he had to fight for it. The hour is at hand when the new generation is going to exert itself and show what it wants. You should join them in every locality and make next year the most helpful year in your life and the lives of others.



DEATHLESS

By Ella Wheeler Wilcox

There lies in the centre of each man's heart
A longing and love for the good and pure;
And if but an atom, or larger part,
I tell you this shall endure—endure—
After the body has gone to decay—
Yea, after the world has passed away.

The longer I live and the more I see
Of the struggle of souls toward the heights above,
The stronger this truth comes home to me:
That the Universe rests on the shoulder of love;
A love so limitless, deep, and broad,
That men have renamed it and called it—God.

And nothing that ever was born or evolved,
Nothing created by light or force,
But deep in its system there lies dissolved
A shining drop from the Great Love Source;
A shining drop that shall live for aye—
Though kingdoms may perish and stars decay.





The Arch Enemy of Mankind



By DR. ARTHUR B. BELL, F.R.C.



HERE is one quality of thought to which most of us hold tenaciously as though it represented something of great value and purpose. So strongly entrenched does this habit of thought become, that it assumes the role of dictator in our lives, presenting itself in every emergency whether great or small to dominate and mis-direct us into channels which are wholly contrary to those which would best serve the true object of our desires. Rarely indeed do we stop to consider the real nature of this quality nor the results which invariably mature and flow forth from its pernicious activity. The thought in mind is FEAR and its boon companions, worry, doubt, distrust and uncertainty. It would seem that a careful analysis of this attribute would not be amiss, so let us place this interloper on trial and see what the evidence reveals. If it is a false friend we should not only be fully apprised, but learn how best to deal with it that we may relieve and protect ourselves from its unwarranted dominion.

First, we may properly inquire as to whether in entering into FEAR we are ever aided in attaining or accomplishing the fundamental or underlying purpose which represents the goal we wish to reach. Can we think of a single instance where the result or results have been contributed to by dealing with this thought? Has it added anything to our state of mind which would afford a feeling of peace, security or confi-

dence? When the thing we feared might occur, actually makes its appearance, is it ever that which is needed or required? Does it help us to think and act clearly and resolutely with a firm consciousness of a determination and confidence that we shall succeed? It will not be difficult for you to agree that the answer to each of these questions is negative.

We well know that thought contains a creative essence and that the creations thus brought into existence must of necessity agree in nature and character with the thoughts from which they are formed or from which they proceed. In other words, the fruits of fear will be similar in every respect to the stock and root from which they spring for it cannot be otherwise without transcending the law of creation itself.

We know, too, that we dwell within two states or conditions which are known to all, GOOD and EVIL. Or, putting it in another way, they dwell within us and we know from experience that this is exactly correct for we perceive that both qualities are in constant operation within our own environment as well as any and everywhere else we may look and that apparently one is set in opposition to the other. Whichever quality predominates in expression, will uniformly and unvaryingly bring into manifestation the kind of results which agree with it and not otherwise.

Our familiarity with the effects or products of those thoughts which are destructive, unhappy and undesirable is or should be quite sufficient to enable

Seven hundred forty

us to readily identify and classify them and thus protect us against their entry into our lives and affairs. Perhaps not enough time and consideration is given to this matter and if such is the case we will do well to ponder over it until the fact become apparent, for we shall not understand the occasion for the coming of our many troublesome problems nor the means of changing them into more favorable aspects until a clear apprehension is gained.

We believe that God is UNCHANGING LOVE AND GOODNESS. Mind you, in both of these qualities He is UNCHANGING, without shadow of turning. If this is true, then those unhappy conditions or effects which develop in our lives and environment are not the outcome of these two paramount qualities but must emanate from some other source which we must attribute to evil or that which is not good. Fear is precisely such a quality for it does not by any means relate itself or agree in nature or character with the changeless LOVE and GOODNESS of God, being exactly contrary in every particular, having nothing in common with them either in the present, the future or the past.

A very comprehensive interpretation of FEAR may be expressed in a very few words, LACK OF FAITH IN GOD, for where fear is, you will find no faith. Both cannot occupy the same ground at once. One will be subdued as the other comes into prominence according to the choice we may make of that which we shall entertain in the mind. Please take special notice too that there is surely and certainly something within us by or through which we are able to accept or reject any thought which may enter and present itself for consideration. If you will meditate well upon this point it will disclose some wonderful things to you and show you how it is that through the exercise of choice, which is our inalienable privilege, we may either accept, entertain or dismiss each and every thought which seeks entrance into the consciousness. The reason why we do not exercise this privilege more discreetly, is because we are not fully

Seven hundred forty-one

assured or convinced that some thoughts work to our disadvantage and that others bring about conditions which are profitable, useful, desirable and advantageous.

But why is this so? Do we not have experiences each day and hour whereby this may be properly proven? We would think it folly to entertain a thought like this: "I will not arise this morning and go about my daily affairs but will remain in bed and all will be well." We would unhesitatingly reject such a thought, knowing that to act upon it, would without question bring about serious and unhappy consequences. No, we do not permit such a thought to gain our attention to a point where we decide against our better judgment to accept and follow it. But, if we did decide to be governed by this thought, knowing that it might jeopardize our position or business affairs, surely, we would not be surprised if unfavorable reactions occurred. And, who would be to blame? No matter what the consequences might be, could we lay the cause or blame upon another?

Fear has the same creative potentialities as the foregoing idea yet we are quite willing to give it a nice comfortable birth in our consciousness and permit it to inject itself into many of the decisions which come before us and actually lead us away from the high goal, the one we really seek.

Some will say that it is hard not to deal with fear and that it seems impossible to lay it aside. That is quite true for it has become firmly established and is a dominating power or influence, having become the host, occupying the seat of honor with the reins of government in its hands. This is so only because we have not fully and completely recognized its falsity, tyranny and unjust rule. Instead of being a firm friend, it is an arch enemy which seeks only our destruction and downfall. Surely, such a master, for such it is, should by no means be permitted to rule, direct or guide us. It cannot be any part of UNCHANGING GOOD, for this quality does not and cannot act in such a manner for it can bring to us nothing unlike itself.



If we cannot displace fear and discontinue giving place to it, why should we not also say, "Each time I see a flame, I must put my hand in it although I know beforehand that I will be burned. Because I cannot resist this temptation, my hand is burned all the time and I cannot stop it." When we allow fear to dominate, we are being burned again and again but because we do not instantly feel the effect, we are lulled into carelessness and lack of consideration of one of the most destructive and undesirable conditions with which man has to deal.

Let us understand this subject a little more fully. To begin with, we have seen that fear represents first of all, an absence of faith, truly, faith in God. It subscribes to the idea of independence and separateness from our Creator. It disowns Him as our Father who did create us to serve Him and do His will. It suggests that we may obtain possessions, prestige, power, honors and distinction for self alone and that even if we do fear that these expectations may not be fully realized that just the same we are entitled to them. It also means that we are not fully aware that God is within His creation, within each and every manifested form and that these forms represent His humanity even as He created it, in which He lives and moves and has His being both outwardly and inwardly, wherein He sees, hears and knows all.

In contrast to this, we persistently continue to think that self is somehow apart from its Creator and is a capable, dependable and worthy governor of self, all other selfs and of the whole world. Every day and hour of life constantly refutes such an impossible theory. Do we not see that this is but vanity, the very same idea or conception which was responsible for the fall from Grace of the universal man, Adam? Is it not a pity that we should go on and on holding to this deplorable and unfortunate idea and suffering interminably from the following after false gods? Let us once and for all be convinced that we are not free souls but servants of the Holy, Loving, Tender and Merciful God who created us as His own Son in His own image

and likeness, wherein He is our own true self, even unto this day. If we can but realize this great truth, we shall enter into great humility and willing, profitable service, for only therein may peace, happiness, beneficence and love be found. Our serving of false masters will cease when we understand from experience how we are unhappily dealt with.

If our eyes could but perceive the working of destructive thoughts and if we could instantly feel their effect as when the hand is placed in a flame, certainly we would not be long in disposing them and dealing only with those which are designed to be helpful and lead us into all happiness and useful states of consciousness and being. While this discourse deals primarily with fear, the very same conditions apply to all thoughts and qualities of thought which do not correspond with the UNCHANGING attributes of God.

Fear has a decided tendency to inhabit all constructive activity both mental and physical, preventing us from doing both that of which we are capable and that which is right, for we have departed from serving he who gives us the very life we express and who in His endless love eternally desires that we return unto Him from the far country into which we have strayed. God has never departed from us for it is unthinkable that He should forsake His own, but we have attempted to depart from Him and His UNCHANGING LOVE and only return to Him when we fully discover in pain and distress that we have been falsely led and are beyond all earthly, material help. It is then and then only through bitter travail that most of us are ready to turn our whole will, heart, and mind to Him and resign ourselves to His merciful care.

God loves each one of us and has done so from eternity and this shall go on eternally without shadow of turning for God is UNCHANGING LOVE. Let us look within and see where and how we fail and not go on blindly groping in the dark by-ways following after the symbols of falsity, misfortune and despair. Look no longer without

for causes but seek within yourself and begin today to make the corrections which lead directly to the cherished goal. When we seek without, we shall find nothing but effects which flow forth from the inward cause. Mistake them no longer for causes but know them for what they are. Let us not foolishly protest that fear or any other destructive thought is but, perhaps, just a mental indiscretion, innocent of itself

and without power to affect us in any manner. Examine closely and carefully and discern for yourselves the subtle working of these thieves and robbers and close and bolt your mental door against them. Receive unto yourselves the Eternal Host that you may be wholly directed and guided by the UNCHANGING LOVE AND GOODNESS of God.



Getting In Harmony With The Cosmic

YOU CAN BRING BIG CHANGES INTO
YOUR LIFE QUICKLY AND EASILY

By BROTHER J. J. BROWN



WE are taught in the Holy Scriptures that we should first set our own house in order, and I never realized the importance of this until I took it upon myself to examine my own way of living, the conduct of my home life, and found that my house was out of order.

It is certainly true that if we expect any benefit from the Cosmic and believe that there are any blessings held in life for us and which we may anticipate as a result of our pleading and desires, we must first of all get into harmony with the Cosmic. I have found in speaking of this matter with many that there are certain things which every man and woman, young and old, can do to bring about the first stages of Cosmic attunement.

First of all, there is the important element of the understanding of Cosmic law. Cast out of your consciousness the belief in fatalities and the ideas that you may have that any power outside of yourself or outside of the God

consciousness within you is responsible for any of the conditions in your home life, business life, or around you. It is too easy to believe in fate and too easy to assume that each of us is not responsible but that someone else or something else external to ourselves is responsible for our wants and our weaknesses. If we understand, first of all, that each successive day is the result of today's activities and that we are reaping precisely what we sow, or are reaping a reflection of the light we have cast around us, and that God and all of nature is beneficent and willing to give us the very best that they have, we will reach a higher place on our journey toward complete happiness and abundant living.

We cannot have quarrelling in the home or dissension, disagreement, and incompatibility, and still have Cosmic attunement so far as our family and its affairs are concerned. There must be peace and love in the home and among the dwellers therein from the break of dawn in the morning to the ultimate closing of the day. There must be toleration and sympathetic understanding of each other's requirements. There



must be kindness and gentleness. There must be displayed a sincere appreciation of what each is doing for the other and what each has done in the way of sacrificing for the other. There must be respect for age and for sex. There must be a friendliness and a wholesome tenderness made manifest in our conversations, our actions, and even our thinking. There must be a perfect blend of give and take in all of our family relationships. We must see that the home and family, as a unit, represents an ideal and there must be an ideal to be represented. There should be an expression of appreciation on the lips of each one, each day, for life itself and for the food and the shelter provided. There should be an attempt to share some of the household blessings with those who may come in contact with the home as friend or stranger.

The life of each member of the family must be adjusted to harmonize with the ideal of the family life. The inmates of the home must be purged of their sins or evils as the home itself is cleansed daily and weekly and made neat and clean. Each day must see each member more joyful, more contented with life.

This same goodness of heart and spirit must be carried outside of the home into the highways and by-ways so that it becomes contagious and affects those who come in contact with

the members of the household so that there will be no lost opportunity to bring peace and harmony into the lives of others.

In the business world those who are dealing with others should see that the Cosmic ideals are established as the fundamentals of the business. Accompanying every degree of progressiveness, wide-awakeness, and modern systems in business there should be a universal sense of peace and harmony and a complete separation from all limitations of character or distinction of class. Honest service, honest merchandise, and honest prices with a willingness to give more than is paid for and to do it cheerfully must become the key-note of the one who is employed daily in any occupation or profession.

In the social world all petty, personal elements should be eliminated and only the utmost of peace and kindness should be made manifest. Toleration of the others' view-points and of the others' problems should be cultivated. Adverse criticism or unkind comments should be avoided. Constructive statements only should be made. Class distinctions should be broken down through a sense of universal kinship.

In this way one will set his own house in order in anticipation of still greater blessings coming from the Cosmic and still greater knowledge inspired by the God consciousness within.



WATCH FOR IMPORTANT CHANGES

Each February begins a new year of this magazine. Last February we changed the cover and it has been highly complimented throughout the year. For the last few months artist have been at work making new paintings, not only for the next cover of this magazine but for our new propaganda book that will take the place of "The Light of Egypt." Many new pictures and many new additional features of illustration and design will be used in our literature and this magazine will become more beautiful in its new dress and illustrations and with additional pages for the purpose of giving more reading matter from month to month. Watch for these many important and costly changes in the improvement of our literature.

*The
Rosicrucian
Digest
January
1932*

Seven hundred forty-four

Rosicrucian Creed



1. I KNOW there is but one living, true and Infinite God, creating and sustaining all things, visible and invisible; whose Essence is diffused throughout the universe, and whose Mind and Consciousness constitutes the Soul of Man.
2. I KNOW that the unity of God's creation manifests in three expressions: in the Macrocosm as Light, Life, and Love; in Microcosm, as Soul, ego, and body; in the material sciences and arts, as thesis, synthesis, and antithesis. All of these are symbolized by the Triangle.
3. I KNOW that the Divine Wisdom of God, as made manifest by the laws of nature, justify our faith in the Omnipotence, Omnipresence, Goodness, and Love of the God of our existence.
4. I KNOW that when God breathes into the body of Man the Breath of Life, Man becomes a Living Soul, a segment inseparable of the Soul of God, resident within the mortal body, for various purposes, through successive human incarnations. Hence, in all that is real and vital, all Mankind is a Brotherhood under the Fatherhood of God.
5. I KNOW that the flesh alone may err, and mortal mind may sin; and for each error or sin, flesh and mortal mind must compensate; for Man is born in Soul-Goodness, but in mortal ignorance, and from the ignorance alone must Man be redeemed and saved.
6. I KNOW that the visible Fraternity of the Rosicrucians is an inspired school for the Illumination of the mortal mind and the joy of the Soul. Its authority is found in the joyous response of the Soul of Man and in the Inspiration and Direction received from the Masters, visible and invisible.
7. I KNOW that the High Initiates of the Fraternity are representatives of the Invisible Masters of The Great White Brotherhood, and are the Servants of God.

Salutem Punctis Trianguli!

(The Rosicrucians have no blind faiths or unproved beliefs. Through the knowledge of laws and their ability to demonstrate them the Rosicrucians know certain fundamental principles which constitute their creed. The foregoing statement of such principles was unanimously adopted at an International Convention of Rosicrucians held at the AMORC Temple, Rosicrucian Park, San Jose, California, during the week of July 23rd to 30th, 1930.)

Attractive placards in 2 colors and gold contains the above creed, size 10x14, may be had for framing for 35c postpaid, address Rosicrucian Supply Bureau, San Jose California.

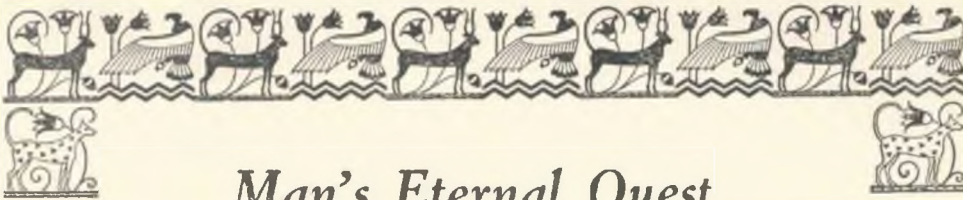


FIRST KNIGHTS TEMPLAR EDIFICE

Built in Gaul by the forefathers of Lord Raymond VI, of Taulouse, who were supporters of the early Rosicrucian activities. Raymond's body was kept here 600 years because of refusal to permit its burial in any church cemetery.

(Photograph by The Emperor, Copyright, 1917, by Supreme Grand Lodge, AMORC.)

Note: Presented to our Readers and Friends with the compliments of the Rosicrucian Digest.



Man's Eternal Quest

By WILLIAM H. MCKEGG



HAT which the soul seeks is resolution into being above form"

So said Emerson, the profoundest of modern philosophers, therein touching the key-note of all philosophy.

The great events of mankind, the mistakes, the goodness, the badness, come pitifully from the same cause—man's blind aspiration to a higher existence; an eternal quest for "being above form". Disasters, caused by perverted goodness, seem the chief obstacles in his path upward—yet, they are of man's own making. So long as the material self is clung to with tenacious stubbornness, so will man have to suffer what his own free choice offers him.

"Being above form"—the secret of the ancients; an achievement we all desire; an existence that gives the adept a feeling greater than he could ever experience by the deepest of all worldly happiness!

A young motion picture actor, an acquaintance of mine, said he could be very absorbed in occult philosophy but would be too afraid of its casting him into a purely mental, instead of a physical, state of living. He is a very high-minded, intelligent young man. Whatever he does he puts into it every ounce of his ability.

"I know," he further remarked, "that were I to indulge in any esoteric study I'd drop everything else and live in a mental world of my own making. You see, I'm afraid more of myself than the subject.

As it was inopportune to point out the flaws in his contention at that moment, I decided to let the matter drop for the time. Nevertheless, I thought a great deal over what he had said.

For what, after all, is man's present existence if not a purely mental one? It is, of course, our fond belief that all our thoughts, all our delights in the ephemeral pleasures of life, come only from our physical body, from nowhere else. Then, surely, a corpse ought to continue to feel long after the vital principle has left it!

Enlightened minds, while in earthly form, learn one great lesson. They discover that by attuning the inner mind with the Cosmic, physical existence—during this present incarnation—can be made a miraculous dream. Our very thoughts come from our Inner Self—a part of God. Therefore, how can any of us claim individuality, and fondly believe that we, as human beings, stand out in contrast against the vast majesty of the universe?

Our very thoughts are given us. As to the origin of his beautiful, mystical poems, William Blake said: "And though I call them mine, I know they are not mine, being of the same opinion with Milton when he says that the Muse visits his slumbers and awakens and governs his song when morn purples the east."

Inspiration is bestowed on all who seek for it.

Charlotte Bronte was a simple Yorkshire woman, who knew nothing of the world beyond the tiny village where she lived with her two sisters. Her novel, "Jane Eyre," astonished the literary world of London with its force



and rugged power. It was commonly believed to be the work of a man. Later, when Miss Bronte's real identity became known, and other literary men and women got to know her and discovered what an unassuming, unsophisticated, simple little lady she was, they were eager to learn how she could describe so vividly certain events with which she most certainly had had no personal contact.

She declared that when she came to something in her writings, of which she was entirely ignorant, she kept that one subject uppermost in mind as she went to sleep at night. In the morning, she knew all about it—as if a curtain had been raised on a stage, revealing her characters and their acts as she desired to write them.

Julia Ward Howe is said to have composed her historic "Battle Hymn of the Republic" while she beheld a vast vision in a dream during the Civil War. On waking, one morning, she found the completed poem on her table at her bedside, written in her own handwriting.

It is a well known fact that artistic people are more receptive to Cosmic inspiration than, let us say, the average business man. It is very natural. The only way the soul may be reached is through the senses. An artist is sensitive to impressions. His mind, like a wireless, responds to each thought wave. Such minds are generally used by the Cosmic Powers as mediums for the enlightenment of mankind.

Throughout the ages, artists have striven to reach one goal—to reveal the divine in man by depicting that "Being above form" from which all spring and to which all seek return. The early artists painted mystic pictures. Without knowing why, they painted halos and waves of brilliant light around the form of Christ and His Mother and His disciples. Surely it was not a physical thought, though it was made manifest through a material medium—namely, a canvas and colors.

The wisest of Greek philosophers were Rosicrucians. They went to Egypt to study the Rosicrucian mysteries. Their knowledge guided their own countrymen. It was the great revelation

they expounded of the divine in man that causted the ancients to create in marble the splendors of this truth! Inspired sculptors have carved god-like forms, telling mankind that in higher worlds there were men and women far excelling us in bodily perfection and beauty of form.

Writers of any worth have always striven to raise their fellow men with their soul-inspiring thoughts.

Victor Hugo did more good in France with his monumental novel "Les Miserables," than Bonaparte had done with all his military forces. Likewise, Eugene Sue caused many needed reforms with the appearance of his "The Wandering Jew" and "The Mysteries of Paris."

In the same century, Charles Dickens wrought many improvements in England in schools and prisons, as did Charles Reade; while William Thackeray pulled down social shams. At the latter part of the nineteenth century, Marie Corelli and Henry Rider-Haggard appeared. Not one of Miss Corelli's romances were thoughtlessly written. Each carried an inspiring message to the reader. In most of her books, especially those relating to Rosicrucian philosophy, there is a mystic quality that spread her fame over the world. Rider-Haggard's famous romances—"She"; "Ayesha"; "Wisdom's Daughter" and "The World's Desire"—gave the reader much enlightenment on the mysteries of Life and Death; the Real and Unreal.

All the world's greatest artists have been mystics, profound students of the occult. Yet that did not prevent them from getting the joy and happiness out of their physical incarnation in this world. In fact, once a Cosmic contact has been made, existence on this plane becomes in every respect better and more wonderful!

Every worthy teacher, in his own particular field, essays to raise men to loftier thinking; to help him reach that mystic state we are all seeking—a "being above form." Our writers, artists, musicians, sculptors and poets are our real teachers—for the receptive mind gains divine inspiration. It has already been stated that these minds are more

sensitive to Cosmic inspiration than the ordinary person; but that does not imply that the unartistic person can not develop his Inner Self to just such a degree of receptivity as any adept.

The stronger spiritual contact we make with higher forces, the more creative we become in our physical existence; talents we never suspected lay hidden in our mind are uncovered for the benefit of ourself and others!

I remember a European banker who had spent all his life, until he was sixty-three, in the banking world. He retired. In order to fill in his days, he began to study occult teachings of great masters. Very soon he had a compelling urge to paint. He took lessons in art. At sixty-five he became the creator of landscape paintings that drew attention from the highest art critics! He declared he felt as if he had entered a new existence, and had never been so happy. It might also be recalled that William de Morgan was seventy; ill in bed, after retiring from the pottery works he owned. To brighten his days he started to write and finished by producing an outstanding literary novel!

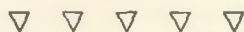
We all desire to create beautiful things. Yet, after all, we simply say the one Great Truth—that the physical is merely a prison for the spiritual! By

developing our Inner Self we learn many wonderful things about ourselves. At the revelation of the full soul within us, genius is attained. Then, verily, "the true artist has the planet for his pedestal!"

Perhaps the words of Eugene Housaye best describe the mind that has attained creative power through spiritual contact with the Cosmos: "L'artiste est un dieu tombe qui se souvient d'un temps ou il creait un monde." (An artist is a fallen god who recalls the time when he created a world.)

That is the secret of all mankind. We are ever conscious of our lost glory, our lost God—head. We have striven through the ages, and still strive, to regain our lost splendor! Yet it is not difficult.

There is only one way to regain the things we have lost through our own fault—that is, to awaken the dormant powers within us. Once we have aroused the Inner Self we can easily become quickly perceptive to inspiration, no matter in what walk of life we are, and, what is more, create inspiration in others; then we learn that our lost Splendor is not so hard to win back; that our goal lies *within* us—and with our own aspirations we can, while in actual daily life, reach the divinity of all wonders—"a being above form"!



WILL YOU HELP OUR DISTRIBUTION

We are anxious to have as many copies of the "Rosicrucian Digest" as possible come into the hands of serious minded persons throughout the world. We wish those who are students and thinkers, who are searching for the profound laws and principles of life to better their own lives, as well as to assist humanity in its steady progress upward, to read this magazine.

So that the new, attractive, I might say beautiful February issue of the "Rosicrucian Digest" with all of its new features may come into many hands, we are offering *two* copies of that issue for 40c. Your assistance will be appreciated. If you will send in 40c (not in postage stamps) to the address below, two copies will be sent to you to give to your friends or acquaintances.

If you would like to give a *six months' subscription* to a friend or acquaintance for a New Years' gift, send in only \$1.00 to the address below, and the magazine will be sent for six months to whomever you suggest. This is an unusual, attractive offer. Take advantage of this special offer at this time.

Address your communications to ROSICRUCIAN SUPPLY BUREAU, ROSICRUCIAN PARK, SAN JOSE, CALIFORNIA.





The Coming of Super-man and Super-woman

THEY ARE IN THEIR YOUTH NOW, BUT
WILL SOON REACH MATURITY

By H. SPENCER LEWIS, F.R.C.



WHILE most of the world is looking forward to the dawn of a new cycle when peace will reign throughout the world and business and economic conditions will start upon a new basis, the mystic and the philosopher who have been watching the trend of times and conditions and who know the periods of human evolution are looking forward to the dawn of the day when the coming super-man and super-woman will pass across the indefinite line from childhood to adulthood.

This day of a new dawn is close at hand and already the young super-man and super-woman in many parts of the world are expressing their new power and unique understanding and molding conditions preparatory to their united usurping of the dominating positions of life. The super-man and super-woman of the near future will be those who have within their grasp the reins of leadership and who will control not only their own destinies but the destinies of millions of men and women. There will be no tyrannical autocracy connected with this world-wide domination, and there will be no unreasonable and fanatic display of superiority or an exaggerated ego, but rather a mighty and powerful though sympathetic and peaceful direction and control of the world activities.

The super-men and super-women of each cycle and each age have been the result of human evolution and of the progress of civilization. In each cycle of the world's history these super-beings have been qualified to meet the conditions which they were to find and to rule the world as it required ruling. In each cycle, therefore, the super-men and super-women attained a different degree of mastership and exerted a different form of power and leadership, compatible with the nature of existing conditions and supreme in the elements required to assist in the evolution that was taking place. In the earlier cycles of human progress the super-qualities of these Cosmically selected men and women relate to the purely intellectual abilities of the objective faculties of man. The super-man and super-woman of those periods were those who could see better, hear better or sense better the objective impressions registered upon their consciousness and interpret them in terms of universal adaptability. It was these beings who sensed the future needs of evolving man based upon a careful observation and understanding of his present deficiencies and requirements. They lifted eyes neither high nor low but projected their vision on a level with their present growth, yet they saw distantly in the line of their progress even though they saw neither above nor below. Then came the cycle of super-beings who turned their vision inwardly rather than outwardly and who saw the weaknesses

of the inner self and the need for cultural improvement. Then followed the development of man's egoism, resulting in self aggrandizement and the desire to surround himself with every cultural luxury and comfort.

The next cycle brought the desire for conquest as a natural result of man's desire to make his personal name and fame paramount above everything else. However, in this phase of evolution new lands were discovered, new cities built, new empires established, and this was in accordance with the Cosmic scheme though man knew it not.

We have just finished a cycle where man's vision has been turned toward intellectual attainment and materialistic scientific knowledge in order that he might take from others that which they possessed but held lightly and thereby monopolized and controlled solely through objective intellectual power, the things that belonged to humanity at large. The inevitable result of such a cycle was that of self destruction inasmuch as the power of greed that entered into the plans of those who were leaders in this last cycle did destroy itself and destroyed those who were instruments of its activities. Yet the Cosmic saw that in all of the greedy things that man accomplished during the past cycle there should be a residue of results benefiting everyone when properly directed and controlled by the new period of super-beings to follow.

And now we are on the threshold of this new cycle when these new super-beings are about ready to come into their own, and reconstruct the toppling, rocky, quivering structures and creations of the hordes of greed of the past cycle.

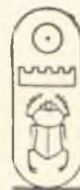
The Cosmic has seen that during the past one hundred years or more the foundation should be laid for the great transfer of human control and human direction. Men and women in all lands and in all sections of every State and nation have been gradually prepared and carefully inspired during the past fifty or more years for the new role and new position they will occupy, or which their children will occupy, within the

next few years. The unlimited power of wealth and of control of business and economic conditions will be taken from the hands of the greedy and the selfish and transferred to the hands of the altruistic and the sympathetic.

The new cycle of beings now reaching maturity have had their vision turned from the narrow, personal view-point, to the broad, universal horizon of international humanity. Their education and training has been along the lines of Cosmic comprehension and philosophical understanding. Their hearts have been inspired with the sympathetic appreciation of the needs of all men and with a desire to see mercy and justice made manifest in every walk of life. These qualities will make them the super-men and super-women of the new cycle. The bigotry of religions, the tyranny of nationalism, the selfishness of economic standards have been supplanted by a broader view-point and a newer and better attunement with human existence.

The lines of demarcation between creeds and sects, between nations and governments, have been obliterated or softened or interpreted in other expressions. Various and many schools and systems of thought have been spreading their doctrines and their teachings and propounding the higher code of ethics until young and old now living have seen a new light on the horizon indicating the possible dawn of a better day. The Rosicrucians have been instrumental in the world-wide spread of this newer view-point and wait for the moment to hail the coming of the new day and new cycle.

The men and women who are now preparing themselves through the proper study and the proper attunement will be the super-men and super-women ruling and dominating the world's affairs in the very near future. Already the sky is golden in the reflected colors of the rising sun and the bright light of the horizon is emphasizing the deepness of the shadows and of the darker places. As we view the world today we are impressed perhaps more strongly by the shadows than by the light on the horizon, but he who



has reached the readiness and a proper degree of worthiness to hail the new day knows that as the day comes and the sun rises, the shadows will soften and light will reach even the deepest recesses of human problems. Old traditions and old conditions will be broken and changed. Old high-ways will be abandoned in favor of newer ones. The by-ways will be filled with passers-by and the great parade of progressive super-men and super-women will begin on its onward march to victory through the power of their new knowledge and better understanding and higher personal development and their training.

Make sure that you are one of these by freeing yourself from the shackles of superstition, doubt, intolerance, bias, and prejudice. Shake off the beliefs and disbeliefs of the past and open your mind like a new book of unwritten pages to receive the Cosmic knowledge that is offered to you freely. Turn your back upon the path you have been treading and face right about and start toward the new dawn. Prepare your children for their place in the new sunlight of the new day by directing their thinking and their observing and understanding and their comprehending along new lines that are fundamentally sound and universally true. Let the heritage of your better understanding become the foundation upon which your children will build

their lives and thereby be ready to fill their individual missions in life under the new regime. Victory awaits the new and rising generation and none is too old at the present time to share in the inevitable changes that will take place this coming year and the year thereafter and each succeeding year throughout the new cycle.

The handwriting has appeared on the wall and those who have been mercenary, selfish, greedy, monopolistic, tyrannical and wholly soulless are "trembling in the depths of the abyss and are fearful of the demons," as the ancient Rosicrucians stated. They see the passing from their control the necessities and economic requirements of life. They see the retroactive effect of their indifference to public appeal and universal requests. But it is too late for them to stem the tide of the great changes taking place and which will continue to modify the man-made laws of this earth until the natural and spiritual laws of the Cosmic are once more re-established and made universally active.

It will be a glorious day when the sun begins to rise high in the firmament and the super-men and super-women stand erect in all of their Cosmic glory but with human humbleness of spirit and proclaim the goodness of God and the universal happiness of all beings.



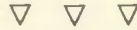
POST-CARD VIEWS OF ROSICRUCIAN PARK AND BUILDINGS

Let us again call your attention to the fact that we have had prepared some very attractive post-card views of the beautiful Shrine on the grounds of the Rosicrucian Park; the new Francis Bacon Memorial Auditorium, which was dedicated at the last Convention; the interior of the beautiful Supreme Lodge Room, where all of the special ceremonies which are mentioned in your lectures are performed; sectional view of Rosicrucian Park; and a view of the Administration Building. These post-cards are exact photographic reproductions. Members, I am sure, will be proud of these photographs, *proud of the institution behind their membership*. Secure one or two of these view post-cards and send them to your friends or keep some for yourself. They are very artistic in nature and may be secured at the economical price of 5c each, postpaid. Thirty cents will bring an assortment of six. Send remittance and order to ROSICRUCIAN SUPPLY BUREAU, SAN JOSE, CALIFORNIA. (No order can be filled for less than four post-cards.)



Self-Healing

By FRATER FRANK H. COOPER



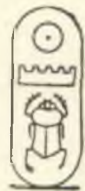
ALL of the Great Masters of the ancient times advocated some features of the Golden Rule, and especially that which is expressed in the brief words: "Do unto others as you would have them do unto you." This injunction is not sufficient to enable us to do what we would like to have others do for us, for we must be trained and instructed in the most efficient ways of rendering service that is of a practical nature. This has been the aim and ambition of the Rosicrucians. There are thousands of proverbs which come to us from antiquity which constitute a real inspiring creed or code of life, but most of the principles in such a creed are difficult for us to put into practice because we do not have the knowledge and the ability to carry them out. This is what the Rosicrucian Brotherhood is attempting to do and it is being successful in this work in all lands today just as it has been in the past centuries throughout the entire world.

Of all the Great Teachers that came to man, none was more illuminated, more divine, and more truly prepared to be the Savior of mankind than Jesus, and yet after a very careful analysis of His doctrines, we find that aside from the purely religious or spiritual ones, there was only one of His principles that was absolutely new to the human race, and which nineteen hundred years of experimentation and test has not disproved or made obsolete. I refer to the principle that we could cleanse ourselves inwardly as well as outwardly

Seven hundred fifty-one

and cast out devils and become clean and wholesome, free from disease and pain.

If we look back over the preceding centuries, as pictured to us in the Old Testament of the Holy Bible, we will see that nations of peoples like unto individual family groups were wiped away and taken across the great gap of human existence through pestilence, disease, famine, and other material conditions of flesh, which enslaved men and women. We will see that one of the greatest weaknesses of the human race was its constant and continued submission to the effects of disease of the body and mind. Brutal physical strength had been developed to a high degree and in tracing the achievements of mankind back to the remotest periods, we find there were times when the human mind and the human muscle could cope with enormous pieces of stone in the erection of monuments that still stand as testaments to the mental and physical prowess of human development. Rivers were crossed, mountains were climbed, and civilization developed out of the cradle of barbarism into the magnificence of Greek and Roman architecture. Yet, in all of man's great achievement, he remained enslaved by the tyranny of disease. He could neither escape the clutches of the insidiousness that wiped millions from the face of the earth nor could he overpower his enemy and stand free from any contagion. The cause of these physical conditions of the flesh and disorders of the mind were deeply seated within man and not exclusively in his environment. When Jesus came among men He found on all sides of Him those who were possessed of devils or



in a frantic mental and physical state as a result of a belief in obsessions, a belief in the practice of Black Magic, in incantation, necromancy, and the Black Arts generally. He found man unhealthy and unwholesome to such an extent in his thinking and in his inner spiritual self that the outer body was susceptible to every contaminating influence and every form of attack upon the physical strength of the human body, that ill health was far more prevalent than perfect health.

Many of us are apt to think of Jesus coming to man as a Great Light revealing salvation in only one sense. It is true, unquestionably, that the greatest saving grace in the world is that which saves the spiritual part of man from eternal damnation and it is undoubtedly true that the real part of man, the spiritual or psychic part, needs far more redemption and regeneration from the physical self. But we must also remember that the great messages of Jesus did reveal to the world for the first time the true principles of health and the maintenance of health, and the curing of disease.

It was Jesus who first pointed out to all thinking beings the potency of their thoughts, the power of their spiritual and mental attitudes, and the great power that resides in faith and hope. But we cannot say that Jesus was an advocate of healing by faith or that He promoted the idea that if one had faith in the coming of health, that health would come rather than disease. Certainly, Jesus on many occasions pointed out to us that faith without works was of no value at all. Faith based upon hope and belief may inspire us and encourage us, and even urge us to greater deeds in order that we may accomplish the things that originally inspired our hopes. In this manner, faith is a valuable asset, but it takes more than mere faith, more than mere confidence in some divine principle to keep us free from disease and wholesome in our physical and spiritual bodies.

Jesus pointed out very clearly that if the Divine Power around us was to be drawn into our bodies to cleanse them and heal them, it must be through a concentration of that power like drawing to some central part of ourselves a great beam of light and focalizing it

upon that which is in darkness. He taught us how to pray as one of the principal methods for attuning ourselves with the Divine healing powers of the universe, and at the same time He revealed that through such prayers we placed ourselves in a position of fellowship and companionship with God. Certainly, this was a great revelation to those who could understand His words, and who could associate His doctrines with the marvelous demonstrations He made. If we separate the demonstrations which Jesus made from His doctrines and examine either of them separately, we miss the real power and the real intent of His mission on earth. There are those who think that since He was able to demonstrate the healing principles that He taught, that His demonstrations and manifestations of a healing power were unique and independent of His spiritual doctrines. They looked upon Him as others have looked upon Mesmer or some person who has a reputation for being a magnetic healer or divine healer. But Jesus did not intend that we should look upon Him as a person possessing some unique power that none of us possessed, and that this power resident within us like an accumulated energy in a great storage battery could be used only by those who had it for the benefit of the others. He tried to show each and everyone of us how this same healing, creative power of God was resident within us and could be quickened and awakened through our attunement with God and through our spiritual worthiness.

In other words, Jesus taught and demonstrated the art of self-healing rather than the art of healing at the hands of another person. How easily he might have built for Himself a great reputation as God's divinely and exclusively appointed agent of healing! But He constantly reminded not only His disciples, who were His special students, but everyone who could listen to His message that even greater things could they do. He took no personal credit for what He did and made it perfectly clear to everyone that the Kingdom of Heaven with all of its health, and beauty, and strength, and power, happiness, and prosperity was

Seven hundred fifty-two

within each of us, and that we, ourselves, could be the master healers and cure ourselves of all disease. Viewing the matter from this point of view, we see at once that His demonstrations were not for the purpose merely of relieving suffering, but to prove to us that the reliance that man had placed upon material things and upon material means was false. But after nineteen hundred years of unsuccessful contradiction of the principles that Jesus taught, millions of men and women are still placing their reliance in material methods and in material things for the curing of disease.

It is true, however, that gradually the world is becoming conscious of the fact that the mind of man with its divine origin and its omnipotent power is capable of far greater mastership over the physical body than even Jesus demonstrated in His brief time among men. We find that this is becoming so well considered by millions that the reliance upon material methods is becoming gradually abandoned in certain countries. This change in the thinking of men and women and in the abandonment of the old and false systems constitutes a grave concern for the blind leaders of the blind, and those who would have us continue to walk in darkness. On all hands, we hear and see evidence of organized attacks upon any faith we may have in the curative powers of our own spiritual selves. But man is gradually learning that there are conditions about his own body and even in his own environment which are affected by his thoughts and by his attitude toward them. Slowly, he is learning that a man is, after all, what he thinks he is, and that as we think, we are not only in a social sense and in a business way, but in a physical, mental, and spiritual sense. The real part of man is not of the flesh and bones, but of the spirit and power of this great spiritual self within us, the dominating mind of man which has no limitations, no restrictions, and no incapacities which cannot be developed or quickened, or awakened into instant activity.

Here lies the salvation of man as a race and as an individual. In a spiritual sense, the Kingdom of Heaven, the

Seven hundred fifty-three

glory of God, the consciousness of the Father of all of us, the Divinity of our very existence lies within us, and constitutes the real part of our being. This inner self knows no failure, knows no obstacles, knows no limitations in its power to conceive and to bring into realization that which it conceives.

Although the teachings of Jesus in regard to healing are recorded briefly in the Bible, there has come down to us through the ages and through the practices and instructions of His Disciples and followers a very definite outline of what is to be done by man to purge himself not only of sin but of disease. These principles have been tested and tried for many centuries and they have been evolved into a very complete system of definite instructions.

We find, first of all, that not only is man's mind capable of having direct control over the weak and negative elements of all matter which has no mind of its own and is always a subject of mind control, but the mind of man is capable of creating new conditions, either good or bad, in accordance with the harmony of its thoughts. If the mind of man is influenced or charged with thoughts of evil, hatred, anger, envy, or jealousy, it immediately becomes inharmonious as an organized power within man and is out of harmony with the constructive, beneficent forces of the universe.

The art of psycho-analysis and the higher principles of psychology reveal very distinctly that every disease and every illness and organic abnormality within the human body has its primary cause in the mental attitude or in the product of the mind's thoughts. Before the flesh can take on any condition, either good or bad, it must be contaminated by the power of the mind. Flesh in itself is an unreal, negative matter that is powerless to create anything of its own or to have dominion over itself. It constantly reflects and manifests that which is within the body or that which is within the real self. Every chronic condition, every annoying ailment, every new complication, or peculiar physical disorder is the result of some mental qualities held in the mind sufficiently long to produce these outer re-



sults. All the medicine in the world, all the systems of therapeutics united cannot remove or change a physical condition of the body so long as the primary cause is maintained and continues to create the undesired conditions.

Before any system of healing can be properly applied to the physical part of man, the mental cause and the origin of the condition within the mind of the body *must be removed and obliterated*. Sometimes it is difficult to trace to their origin many of the complications from which we suffer. On the other hand, it is often a simple matter to trace a very serious condition to a very recent condition of mind.

And, after the cause has been removed by purging and cleansing the mind of any evil thoughts or of any inharmonious attitude, we still have the creative, constructive healing power of the mind, which can be applied directly to the rebuilding of new tissues, the creating of new blood, the healing of wounds, the elimination of pains, and the regeneration of the body generally. Each and everyone of us has within our bodies, within our beings, this mighty power for self-healing. Everyone of the modern as well as the ancient systems of drugless healing, mental healing, magnetic healing, and other forms of divine or spiritual healing are based upon this law of the power of mind. As I have said, this is the great message which Jesus revealed to mankind. It is truly the message of physical salvation and a counterpart of the great message of spiritual salvation.

The Rosicrucians have long been familiar with the secret teachings of Jesus and of the Great Masters who followed Him as His Disciples, Apostles, and Adepts, and who, in the centuries gone by, have perfected and extended the great work of healing. This organization of Rosicrucians offers you this knowledge along with an astounding amount of knowledge pertaining to all of the laws of the universe, and all of the spiritual and natural laws which affect our beings and our welfare in every phase of life. The Rosicrucians teach that from sunrise to sunset and from sunset to sunrise, we must guard our thoughts and guard our attitude toward others. The holding of

a single thought of enmity toward any other living individual is a continuous source of poison and contamination to our physical bodies. We may not be actively envious or outwardly hateful toward another, but may simply hold an inharmonious, unkind, critical, complaining attitude toward someone and this becomes an insidious and dangerous source of trouble for our own welfare. We may in a moment of forgetfulness utter a critical judgment against another or permit an emotion of anger to express itself and in that moment less harm is done to the other individual than is done to our own body and our own being, and like an electric current that is released by the touch of a button and is disseminated instantly throughout an entire building, so a single thought of hatred or jealousy releases within our bodies a flow of poisonous influence that will seep into every cell of the blood, into every cell of the bone and tissue, and cause disruption and corruption. The harmonious relationship of the cells in their constructive and re-creative processes is disturbed by such a mental shock. Cells are instantly broken down, the vibratory rate of others is made inharmonious, closely associated groups of active cells are suddenly shattered in their relationship, and dispersed in their contacts, and become destructive cells, bringing disease and serious illness.

When the conscience of man bothers him he has done some unfair or dishonest thing and in the secrecy and privacy of his own meditations he feels the guiltiness of his act, he can be sure that the poison and destructive power of this attitude within his being is bringing about a physical condition from which he may suffer and which no diagnosis of a material nature will reveal, and no drug or remedy of a material nature will cure. As soon as anyone of us is out of harmony with the loving, peaceful, tolerant, constructive laws of the universe, we are possessed of the devil and filled with the spirit of evil and these spirits and devils must be purged from our bodies before the Kingdom of Heaven with all of its health and glorious power can reside in us in perfect fullness.

Seven hundred fifty-four

Therefore, if you suffer from any illness, let the first step in your processes of self-healing be the ultimate and perfect step. Go into the silence and in sincere meditation analyze your mind and your mental attitude and purge it of every dross or evil thought that may have entered it. Transmute the dross into the purest gold of perfect love. This is the real ancient art of transmutation. It is the spiritual regeneration and means salvation for you. As you purge your mind of all ungodly, un-

holy, and unwholesome thoughts, you will be bathed in the glorious power of perfect health and perfect peace. Daily prayers, daily meditations, and daily purgings will bring you the goal of your desires in all directions. This is the real message of the Rosicrucians and is but one of hundreds of messages which it offers to you in exchange for your co-operation in spreading the gospel of physical, material salvation, as well as spiritual salvation.



“Electricity” As Essence of the Soul

By FRANCES VEJTASA



SCIENCE to be the Discoverer of God? Out of the dim ages, scarred by the brands of heresy, atheism, and “hell-fire,” its promoters march. Is their sustenance due to intellect merely curious for truth or to a nameless urge unappeased in its search for self? And may not the discovery of self end for the earth-worn seeker his journey in the revelation of “home” or God—or into whatever the term may evolve?

And so laboriously and painstakingly the army presses onward, hoping in the source of the beginning to find the nature and purpose of the end. While the world of passive worshippers remains entranced by gridiron achievements, front page space of stock markets, and the bubbles of teapot domes, those who have been classed as Godless strain always for the embrace which marks all completion.

Through exacting calculations man has worked from the known to the unknown, from the material to the immaterial, from the visible to the invisible,

until now he stands face to face with the Law of Duality, which has for centuries constituted an essential in the architecture of philosophy—good and evil, rest and motion, energy and matter, or Life—the union of two extremes resulting in creation. At the point where energy and matter unite for manifest creation, science has arrived and discovered philosophy, the more intellectual sister of religion, already waiting.

The zoologist in tracing down the relentless law of evolution (also a metaphysical truth) discovered by gazing through a microscope the minutest part of himself and all other animal life—the cell. Having comprehended that protoplasm, the essential substance of which he was composed, was divided into cells, he then sought, and is still seeking, to solve the mystery of the organization of the cell to which he has attributed a nucleus and other structures.

The botanist, investigating the vegetable kingdom, also arrived at the cell, and found it to be a subdivision of the same “essential substance” of the animal world—protoplasm, a semi-fluid



albuminous matter, consisting mainly of the four well-known elements: oxygen, carbon, hydrogen, and nitrogen. At this point the zoologist and botanist met and found there already waiting the philosopher, or mental scientist, with his theory that "all is life" and that the smallest cells of ourselves possess intelligence.

That a cell is capable of hearing may sound far-fetched, and yet does not the modern invention by which the deaf may hear through their fingers and hands imbue this idea with significance? The Alexander Graham Bell school in Chicago is putting into practice among its deaf children an electrical device which magnifies the vibrations of the voice and transmits them to the intelligence of its subject through the sensitiveness of the skin of the hand.

With the study of the cell, the scientist has not finished and has recently equipped himself with a new tool, the ultra-violet ray microscope, by which the cell can be examined without damage to the cell's life. Whatever the hidden truth may be, the fact has already been established that a single cell is capable of existing alone as is demonstrated by single-celled plants and animals. The similarity of the simplest animals and the simplest plants has often proved a difficulty in the separation of each for its proper kingdom. And this has been the cause of the generally accepted view that plants and animals originated together but have developed along different lines. The difference in size depends not on the volume of the cell but upon the number of cells—the more highly organized the animal the greater the number of cells, until in man the gray matter of the brain alone is said to be composed of over nine billion cells.

Having comprehended the complexity of numerous cells, one must remember that the single celled organism is capable of maintaining this mysterious thing called Life, and through its duality of energy and matter changes the food it obtains from the air, earth, and otherwise, into the essential protoplasm which nourishes its cells. And when cell-life through its combined powers has become mighty and spe-

cialized, such as is found in the sugar-beet, even the ruling intelligence of all material kingdom—man—comes to its storehouse to feed.

May it be said then that the cell is a combination of energy and matter and that the union of invisible cell power, not leaving out intelligence, is a material manifestation of the highest degree of energy plus matter, or Life!

In this specialization in protoplasm man's consciousness has suddenly been startled at the realization that he unknown to himself has come into possession of a very complex and incomprehensible network of finely attuned and vibrating flesh wires, which he has named the nervous system and likened its manifestations to that invisible force which has revolutionized his industrial, commercial, and home life—electricity.

Somewhere between the creative cell of the nerve and its flowing force a reconciliation must be made. Einstein by tracing different classes of phenomena to a common beginning has linked gravitation with electricity and magnetism, and the world at large has sleepily accepted the late reports of medicine and psychology that there flows through the nerves of man an energy, which they have called "Electrical Nerve Energy" because it possesses the qualifications of electricity—flowing and vibrating.

There is something suggestive relating to this knowledge and a recent musical invention of a Russian scientist,—an instrument producing music when a person makes motions with his hands before it, the pitch and volume being controlled and regulated by the position of the hands.

In the laboratory the chemist has proved to his analytical mind the immortality of matter. He has burned a candle and by carefully catching all the gases which arose through the flame found by weighing them that in this seeming destruction of matter there was in reality no loss nor gain. The weight of the invisible gases was the same as of that which had been the visible and very material object—the candle. The candle therefore had not been consumed but merely changed form,—thus verifying the philosophical

truth "There is no death," and also demonstrating the law of evolution, which constitutes the play of atoms in separating and uniting again to create other forms.

The scientist has also found that by controlling the combination of atoms as elements he might himself, in a sense, become a creator of things. He has proved that some of the recognized elements which constitute his protoplasm are found in abundance in air, water, acids, and other matter. By having acids react with metals he has liberated gases and also formed new compounds, and by, for instance, combining oxygen, the element which forms more than half of his baffling protoplasm, with some metal like iron the result is the common and generally unimpressive creation called rust.

Through the magic of play of atoms the chemist has turned coal into gasoline, paraffin, alcohol, fats; and cornstalks and cobs into rayon, wallboard, paper, sugar. Even at this moment scientists are reported to be coaxing rubber out of the "yellow of a golden-rod."

In the findings of the chemist as compared with the zoologist and botanist there exists one important difference and that is that the so-called non-living matter brought into the chemist's laboratory does not contain protoplasm, although there are present its constituent elements but not in combinations such as would result in the creation of protoplasm.

However, in this field is familiar that form of energy which we know so well by the name of electricity. Non-living matter has been divided into molecules

and subdivided into atoms. In the atom are found the electro-positive protons and a number of negatively charged smaller bodies called electrons, which because of their opposite charge are in constant attraction with their center, the proton. Here, therefore, we again find the law of the meeting of two extremes, which in this case has resulted in the creation of the atom.

A body containing more than its normal number of electrons is said to be negatively charged, while one from which some of its normal number of electrons have been removed is said to be positively charged. It has been proved that solutions of acids, bases, and salts in water are all conductors of electricity, but while science is certain of the positive and negative charge within the atom, it is still searching for the source of this power, or the Dynamo in motion.

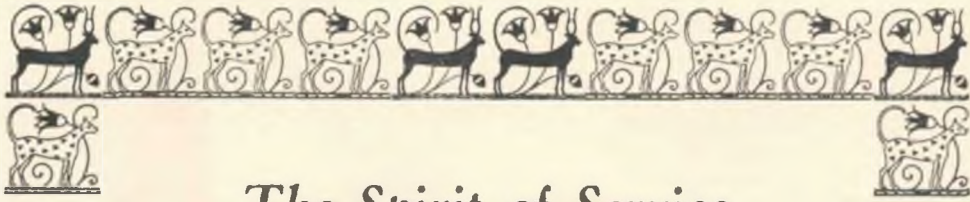
Energy, then, no matter what its phase, or name, or source, is in duality with matter. Sometimes, as if impatient at the feebleness and delay of man, it manifests in brutal force, casting disaster on land and waters; sometimes as if in remorse it humbles itself to the servitude of messenger; speeding breathlessly through space and matter; and sometimes in compassion it comes as a gentle wave of music, leaving a caress on the soul of a beloved one.

And all this, while man, as if a separate entity, searches about for "himself." He may be found seeking in ancient cities, long swallowed by the earth; in the desolation of polar ice-fields; in the mind of an African gorilla; and in the star-glimmered cathedral dome where like a silent priest he watches through the night for a sign of some far-off cry.

LOCAL BOOK DEALERS WILL SECURE ROSICRUCIAN BOOKS FOR YOU

The interesting volumes of the Rosicrucian Library, such as are advertised in this magazine and elsewhere by the Rosicrucian Supply Bureau, may be obtained through your local book dealer—one of the established dealers of your community. See the dealer and tell him what book or books of the Rosicrucian Library you are interested in seeing before purchasing. Have him write us and we will arrange to send the books to the dealer, so you may see them locally before purchasing. The dealer should write to us directly, and we will arrange with him. Of course, you may ALWAYS SECURE THE BOOKS DIRECTLY from the Rosicrucian Supply Bureau, San Jose, California.





The Spirit of Service

By ELROD WARD, F.R.C.

MASTER, FRANCIS BACON LODGE



DURING the years of our progress through life each one of us makes a few observations.

It becomes quite natural for us to "take stock," and in making this analysis, we generally extend our observations beyond the limits of our own consciousness, and make at least some observations of those we are constantly associated with, for the reason that we constantly make comparison between others and ourselves. Such observations and such comparisons are good for us and are conducive to our further development, provided we make them in the proper spirit.

If we observe faults in others for the purpose of assisting those others as well as for the purpose of making a proper comparison between them and ourselves so that we may improve ourselves, then we have not wasted our time but have made some advancement. No other reason is justifiable.

No thinker, whether materialist or student of the finer things of life, will deny the fact, that when one begins the study of the Mystical and Occult, one will experience an awakening of some kind and to some extent. That is always the result of such studies. That is what the studies are for. Nature has so designed and constructed our inner selves that when these studies are once begun, once started in earnest, once taken up with the determination to solve the riddle of mind, soul, self, ego,

God, the resulting awakening along these same lines, is as inevitable, as sure, as certain, as the programs of time; and as complete as the interest, attention, devotion and humility of the student who studies them.

Any given person may plod along for many years, wondering, guessing, believing and doubting, always unsettled in mind, having no well conceived ideas about those things for which he would fight, if necessary; and so long as that attitude of mind is allowed to have possession of the individual, he will continue to plod and guess and wonder and doubt. As long as there is no final determination to solve these riddles, as long as the individual remains in a passive attitude of mind towards the higher and finer things of life, just so long will he remain in complete ignorance of them. But when he determines to wrest from the secret archives of nature, her most valued secrets, her most useful laws and principles, her Arcane rules of action, then and then only, will she place within his hand the keys to the kingdom of these hidden things of power and light. The lazy mind finds no place in the workshop of Nature.

When once the studies are begun with a determination "stimulated by every delay," Laws are understood, Principles are learned, the consciousness is awakened and the soul has made one more step toward the goal which we are all seeking.

What is this awakening and how does it affect us? What change has it wrought in us? The observation spoken

of reveals the fact that students of the higher and finer things of life may be divided into two general divisions, viz: those in whom there is a desire to serve, and those in whom there is the desire to direct. Both divisions are with us. Fortunately, and it is a law, the first class is greatly in the majority. Thank God for that law. Since the second class is so far in the minority, let us dispose of it first. It was stated just now, that there is a class or a division of students of the Mystical things of life in whom there is a desire to direct things. They love to run things. They seem to believe that they have been lead to and through these teachings for the purpose of directing the affairs of the Cosmic on the earth plane. We see them everywhere. They are in business and in business organizations. They are in Politics and political organizations. They are in religion and religious organizations. They are in the arts and sciences and in all organizations where artists and scientists are found. They are there to direct, to run things. They are there to look after the affairs of God in the doings of man. They come in at the eleventh hour—no, they get there at eleven forty-five, and shout a few orders which cause disorders, give a few commands, upset (if possible) the minds of the tireless workers, bluster and filibuster, and depart with as little dignity as that with which they enter, leaving behind them in their wake, the elements of destruction, grief, sorrow, shame, pessimism and gloom.

They offer no constructive measures; they support none. They seldom offer a suggestion of a constructive nature. Being always in the minority, they constantly cry "persecution," and complain that affairs are being run by the "clique." We have known them in private life, and we have known them in public life. At home, they are domineering and generally without compassion. In public life they represent the discordant element. They have very naturally missed the beautiful and inspiring teachings to be found in our Order, because such teachings beget humility and these people are never

humble. These characteristics are evidenced by their exaggerated egotism and their bigoted reaction to others. They love to boast of the great following that they have but always fail to demonstrate that following. They are constantly boasting of the great love and respect others have for them and when the evidence of that love and respect is withheld from them, again they cry "persecution." Their fondest hopes are that some day they will hold some important position for the purpose of being able to show the world how great they are, and that through this position they may become famous. They are soon gone and forgotten, and their retirement to oblivion in the prime of their contact with life, they can never charge to their own stupidity, and destructive methods of living and thinking. Their deeds are not written in the records of men and time; and I fear that their names are not written on the Greater Scroll.

We remember them by the pangs of grief they have caused us and forget them as quickly as possible.

But how different is that larger and more numerous division of kindly and loving souls in whose awakening consciousness and humble hearts burn the love of service. They have, indeed, become awakened.

They are greatly in the majority. They are the humble and tireless workers in the vineyard of the Masters. They are the ones who have determined to solve the obscure riddle of Life, Mind, Soul, God, etc. They have a faith, nay a confidence, in the inevitable result of their determination. Their interest has been aroused. Their attention is thorough, their intentions are sincere, their object pure. Their purpose is noble. Their devotion is complete and their humility is as sacred and divine as purity itself. They think. They have well conceived ideas about many things, and while these ideas and principles which they hold dear, may be exalted, purified, refined, evolved, yet these things never can be erased from their consciousness, because they are based upon a revelation of truth to them. They have determined to wrest from the Cosmic Storehouse of Wis-



dom, those Arcane Laws and Principles and find the answers to them, and mind you, this determination is so interwoven with that spirit of true humility, that spirit of gratitude as well as that spirit of eternal service to God and man, as well as to the higher self, that this imposing attitude constitutes the very keys to the Kingdom of Life, Light and Love. The workshop of Nature becomes the Sanctum of the Mystic.

The members of this division constitute the proverbial "Salt of the earth," spoken of by the Master, Jesus. And they never lose their savor, because the Cosmic vibrations of an eternal service has penetrated both mind and heart. I said they are greatly in the majority—(may their number increase!) It is a law. They love to serve, because they have realized. REALIZED, I say, that the universe of time, space and consciousness was constructed by a mind infinitely greater than their own impotent, objective mind and that this same universe still belongs to that same Divine Mind. Furthermore, those who have become truly awakened to the Spirit of true Service, have found the existence in the scheme of things, of Law, Principle, a rule of action which they have no power to annul, but with which they may cooperate to their everlasting happiness, welfare, and to the great glory of that same Infinite Mind.

They KNOW that they have been lead to and through these studies for the purpose of becoming enlightened and purified, humble and tireless, not in directing the affairs of the Cosmic, but to assist, help, co-operate with, the Cosmic in the way and in the capacity directed by the same Cosmic. We see these also, everywhere. They also, are in the various avenues of business, politics, religion, arts and sciences. They are on hand at the appointed hour, they are there when others arrive, and they come in without ostentation, hesitation, or embarrassment. They soothe the troubled minds, relieve suffering, relieve embarrassment, adjust all misunderstandings, heal the sick, spread cheer and happiness, enlighten the

ignorant, dispel superstition and leave with as little ceremony and as much dignity as possible, leaving behind them the seeds of construction, joy, happiness, culture, refinement and optimism. They build up with constructive suggestions, and support all others of like nature. Being always on the side of truth, they are never heard to complain. We have known these also, in private life and we have known them in public life. At home, they are loved and respected because of their great human understanding and compassion, and in public life their very presence commands respect and admiration. They have found and REALIZED the beautiful and inspiring teachings of our Order and they love to meditate upon them, because such meditation tends toward perfection and power. These things teach humility and these people are always humble, but never subservient to low principle. All of these mental reactions of a true Mystic are evidenced in kindness of disposition, loveliness of character, power of personality and love of the Spirit of Service.

They always have a large and loving as well as loyal following and are the last ones to admit of the fact or converse on the subject in any way.

They know that evidences of love and respect will not be withheld from them if it is proper that such love and respect should be in evidence.

They never, and not one of the true Mystics has ever been known to, seek public approbation. They never dream of holding public office for the purpose of showing the world their greatness, for they know that the greatest of us all are the ones who have become the greatest servants of all. They never have any desire to become famous.

Should the plans of the Cosmic involve them in such a manner that they become well known to many peoples and races of man; should the changing elements in the affairs of civilization draw them into popularity, they enter upon such duties and take part in such affairs in a quiet and dignified, humble and grateful manner, expressing at least to the Cosmic Mind, their own unworthiness of any exalted station and



A STREET IN A MYSTIC CITY

Known as "the oldest street in France," located in ancient Gaul, once the center of Rosicrucian activities. Here was the office of the Archivist of the Brotherhood in the 14th century.

(Photograph by The Emperor.)

Note: Presented to our Friends and Readers with the compliments of the Rosicrucian Digest

Select Any One of These **FREE** . . .



Unto Thee I Grant

An ancient manuscript received from the Lama of Tibet. A revelation of ancient truths.

A Thousand Years of Yesterdays

A fascinating and instructive story of reincarnation, revealing many fundamental truths and principles.

Mystics At Prayer

A compilation of the various prayers of renowned mystics, revealing their key to Infinite power.

SPECIAL SUBSCRIPTION OFFER



ANY ONE of the above books will be given **ABSOLUTELY FREE**, with a six months' subscription to this magazine, the "Rosicrucian Digest." To our friends who are not members of the Rosicrucian Brotherhood, here is an opportunity to receive this magazine for six months and at the same time select, free of cost, an interesting book. Any one of these books alone is worth the price of the subscription to the magazine.

Just send in your complete name and address with \$1.50, the price of a six months' subscription, to the address below. Name the book you want and it will be sent with your first copy of the magazine, without cost.

Here indeed is an unusual opportunity of 2 in 1.—a six months' subscription to the magazine, and a free, interesting, instructive book, for the cost of just the subscription, or \$1.50. To be entitled to this offer you must address letter and order to the special department number given below. If original order is not addressed as below the free book **CANNOT** be granted later. Make out your check or money order to **AMORC FUNDS**, and send it to:

Department 8

ROSICRUCIAN BROTHERHOOD
(AMORC)

San Jose, California, U. S. A.

(Be sure and name the book above that you want free.)

desiring absolutely no personal glory of any degree or nature, insisting that all glory belongs to Him whom we are here to serve, and all praise likewise belongs to God and the Masters.

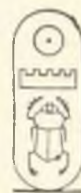
Should they ever be called upon to take part in public affairs, and they frequently are, should they ever be placed in a position where public burdens are placed upon their shoulders, and such is often the case, they no more shirk the responsibility or shun the obligation than they object to a life of true service; and during their tenure of office, their deeds are constantly characterized by simple acts of honesty of the most dignified nature, justice of the highest type and an understanding of the matter in hand which at times seems uncanny. They believe, before the altar of their own conscience, that their success in any field, however far fetched, is due, not to their own personal intelligence and understanding, but to their harmonious and willing co-operation with the Cosmic and its laws as well as the continuous help they receive from the Cosmic.

All Mystics know that the Cosmic Mind and the Cosmic Masters are highly cognizant of the attitudes and efforts and intentions of all men in whatever walks of life. All Mystics know that the most noble thoughts which the human minds are capable of registering are those of a strictly impersonal and unselfish nature. And all Mystics know that the most worthy and worth while acts any of us may engage in, are those of a truly unselfish nature; those wherein the greatest service is offered and rendered.

All these things being true and beyond dispute what is the duty of the average man? In speaking of the average man, I mean the great body of men and women in the common walks of life, assisting and helping in the business, social and professional walks and activities of our everyday life. What are our general duties in our relations to each other? If service to God is at all worthy, then we can render that service to Him only by rendering a service to man. What must be the nature of that service to man

which would be approved of by, and acceptable to God? Take your own business or profession in life—you who read this—and the requirements of a true Rosicrucian Service would demand of you that you execute the duties of that position just as well when you knew that no human eye was looking at you, and would never see the result of your work, as you would if you knew that every interested mind in the world was looking at you and observing carefully all of what you are doing and the results of it. In other words, do your work as well all of the time as if you knew that the God of the Universe was standing by and checking up on what you are doing and how you are doing it. All Mystics know that this is the case, and that when the truth of this great fact dawns upon a student of the Laws of Mysticism, he is instantly and at once lifted out of the second division described earlier in this article, and placed in the first division with all the others of that innumerable host of tireless workers in the Vineyard of the Masters. At once, he leaves the small minority of those who desire to rule or ruin, and is placed in that great division of those who desire to serve. All Mystics know that as soon as that state of mind is reached in the evolution of the soul, all the hosts of heaven, all the Cosmic Masters, all the Cosmic and powerful energies and forces of the universe contrive to advance that soul onwards, who is now on the path to attunement with the Divine Mind. More briefly speaking, as soon as the student on the path turns his attention to the higher and finer things, all the higher and finer things of life turn their attention towards the student.

Each one will experience a renewing of the mind just as Paul has so well stated in the scriptures. As soon as a student becomes inspired to co-operate with God, just then God begins to co-operate with the student. As soon as the student begins to serve God, just then God begins to serve the student. And all Mystics know that God is truly the greatest servant man can ever know. This is one of the most mystical of all of the laws of life. The very



nature of God's laws reveal the all important fact that God's inclination, God's desire, if we might use the word, is to serve His children. We have found from observation and experience, in our private studies as a student in this Order, in our official connection with the Order as well as in our private and business life, that as soon as the student once determines to know the truth about life and applies himself to the studies as given to him in the graded lectures of the Order, and does so with the spirit of service and humility; then all of the power and all of the intelligence and all of the wisdom of all of the countless workers and Masters in our Order and out of it, contrive and conspire to make a constant and continual success of his life and of everything that he does. And further, that all of this great influence mentioned and suggested above will contrive and conspire to assist him in his efforts to make that compensation to nature which his karmic relationship demands, and all this will be done in perfect harmony with Cosmic Law.

When God created the Universe and started it on its way through the interminable process of evolution, he ordained and set into operation certain laws by which His universe was to be governed, and those laws which have continued to operate, must and will operate until the plan He conceived has been fully carried out. These laws operate in silence and with a regularity and universality which astonish us. The law of service is one of the most potent of them all—a study of the universal scheme discloses the fact that all of these laws constantly operate in a harmonious relationship to each other. Now since the plan includes the ultimate success and happiness of the individual, as well as the universal law of service, then our only deduction is that in order to reach this delightful state, it is necessary to constantly hold in mind the attitude of the greatest and most unselfish service to all.

Now let us see if we can reach a satisfactory conclusion as to what constitutes unselfish service in our every day life. In the general application of

the law it means to help every form of life whenever and wherever that help is needed. It means to help the helpless. It means to relieve suffering; it means to feed the hungry; it means to heal the sick; it means to spread cheer and optimism; it means to be optimistic. It means to be tolerant, kind, pleasant and smiling. The special application of the law must be made by each one of us, upon our own analysis.

We saw a beautiful and inspiring example once in a crowded street car during the five o'clock rush when many people, from many walks of life were on their way home. Men and women of all ages, were pushing and crowding each other in their efforts to secure a pleasant seat. A colored man in middle life, whose clothing was nearly covered over with lime and cement in which he had been working, boarded the car and made an effort to work his way through to the forward end of the car. While working his way through the crowd of tired and irritable men and women, we were greatly surprised to see a stylishly dressed young woman take him gently by the sleeve of his dirty coat, and with a smile, she asked this poor tired colored man to take the seat she had been occupying. This was an act of kindness of the purest sort. This was her way of rendering a service.

Now, this simple act of kindness was done through a desire to make the homeward journey of this poor, tired, hard working man more endurable. Every one knows that for many a day, there went through the mind of that man many thoughts of deepest gratitude and the most sincere respect for that one little act of kindness. His evening at home was more pleasant, happier.

All Rosicrucians know of that beautiful exemplification of the law of unselfish service related in one of the old American Rosae Crucis magazines some years ago. In that case a man paid a visit to one of our local lodges, and asked for the privilege of sweeping and cleaning the temple and lodge rooms. The privilege was granted to him, and in a surprisingly short time, he reported

Seven hundred sixty-two

that he was through with the duties assigned him. He remained on the premises for a while during the evening, and it was later learned that he was a high degree student in the Order, and at home in his business life he was the president of one of the banks in his home city. That man delighted in giving a service to those who needed help of some kind.

We might repeat examples of this kind until our repetition would become monotonous. Enough has been said to show what is meant by rendering a service to each other.

Now the key-note of such service is sounded only when such service is rendered without reservation of any kind and without any hope or thought of any reward of any nature. There is where the unselfishness of the donor comes in. Do the kindly act, and be on your way. Other ones and other conditions await the touch of such a hand.

It might be well to say to those who are just beginning to feel the urge of a larger life, a greater service, that the privileges of service will become more and more constant as the practice is followed and the ability will become more and more pronounced as we give our best efforts to this sort of work.

Those who have heretofore found time dragging on their hands, those who have found life to be a monotonous succession of uninteresting events and those who have become unhappy by reason of a restlessness within themselves, will each and all find, through adopting such a life of service, that satisfaction, that peace of mind, that happiness for which the mind of man is ever searching. If the unemployed of America could and would adopt the plan of giving an unselfish service to every one who could be found who is in need of something of a serviceable nature, and if the idle rich could and would join with these unemployed in such a service, I say to you that within thirty days or less, this deplorable condition of crime, poverty, sickness, ignorance and dissatisfaction would be nearly eliminated from our civilization, provided each one would do his or her best work in his or her own sphere and capacity.

Seven hundred sixty-three

A change from the present attitude of mind on the part of the general public is the only change which would be necessary and this change of mind, this change of attitude toward each other would be the easiest thing in the world to adopt if we could only understand the general plan of God as observed in a sincere study of His laws.

The Rosicrucian Order is in the midst of the world today for the sole purpose of rendering that type of unselfish service to all men and women which will be most conducive to happiness, success, health and a general prosperity. This noble Order is here with its high ideals of civilization, with its matchless ethics of nobility of purpose; all for the greatest good of the greatest number. This great school with its unusual teachings and characteristic methods of disseminating them, is your servant; is here for no other purpose than to serve and assist, help and prosper, those who are ready to look beyond the ordinary sensualities of life; and into that realm of cultured thought, into that field of scientific experimentation, where each and every result proves to the ever expanding consciousness the power and divinity of the human mind. This august fraternity with its great repository of the most profound wisdom has undertaken the Herculean task of doing its part in dispelling the darkness of superstition and ignorance by laying before the sincere student a long and most delightful course of graded lectures. That task is being handled with the most consummate skill by a world wide organization which has on its records of membership the greatest aristocrats of learning the world has ever known. The records of these aristocrats of power and culture, who have become the illumined arbiters of the destinies of men and nations, show conclusively, that these men and women have been the greatest servants who have ever graced the earth with their presence.

Their names have been preserved to us by the unselfish deeds they performed and the lives they lived.

To him who is wandering through the wilderness of doubt, uncertainty,



scepticism and superstition, to the one who seems to be lost in the great confusion resulting from a multiplicity of philosophical and psychological organizations, to the one who thinks he is suffering from a confusion of conflicting complexes and to the ones who are tired of roaming through volumes and courses purporting to teach the ancient wisdom with a modern application for a stipulated sum of money and to that great army of serious and worthy men and women who are ready to add to their already highly developed intellectual natures, that most complete study of true mysticism, a thorough understanding of which, gives them a polish, a finish, a refinement which sat-

isfies their very souls, may we offer the teachings of the Rosicrucian Brotherhood, AMORC.

And may all of those who feel that insatiable urge and longing for understanding and power, peace and contentment, travel the path of the true seeker which leads to the outer portals of the shrine of the Masters—The Ancient and Mystical Order Rosae Crucis—where he will find one of our noble Guardians of the Threshold, who will examine him, and if found worthy, will conduct him, in the Spirit of the Service of the Masters, to the Holy Shrine within, where, in due time, he will experience that most exalted state we call a Peace Profound.



Cathedral Notes

The "Cathedral of the Soul" is a Cosmic meeting place for all minds of the most advanced and highly developed spiritual members and workers of the Rosicrucian Fraternity. It is a focal point of Cosmic radiations and thought waves from which radiates vibrations of health, peace, happiness, and inner awakening. Various periods of the day are set aside when many thousands of minds are attuned with the Cathedral of the Soul, and others attuning with the Cathedral at this time will receive the benefit of the vibrations. Those who are not members of the organization may share in this unusual benefit as well as those who are members. The book called "Liber 777" describes the periods for various contacts with the Cathedral. Copies will be sent to persons who are not members by addressing their request for this book to librarian S. P. C., care of AMORC Temple, San Jose, California, enclosing three cents in postage stamps. (PLEASE STATE WHETHER MEMBER OR NOT—THIS IS IMPORTANT).



HE special contacts on the part of thousands of members and many hundreds of strangers during the past two months, and especially during the holiday season, has been very wonderful and inspiring. More and more the Cathedral of the Soul is appealing to men and women everywhere and much good is being derived from the regular contacts as outlined in the special book described above.

There will be no special Cathedral contacts during the next sixty days unless a few are announced in the next issue of this magazine.

Do not forget to call the attention of your friends or acquaintances who are ill to the fact that they may share in the benefits of the Cathedral period as freely as any of our members. Do not hesitate to take your own personal problems into the Cathedral and be inspired with the proper answers and solutions.

It is by persistently trying to reach the Cathedral or at least get in contact with

its vibrations and inspirations that success in this regard is achieved. But whether you sense your contact with the Cathedral or not, keep all Cathedral periods, and your attempt to attune yourself raises you higher and higher throughout the whole of each successive period and you will find yourself in better physical, mental, and spiritual condition after each attempt.

Make the Cathedral your spiritual home for periods of meditation and contemplation.

SPECIAL SESSIONS

Hereafter there will be special sessions of the Cathedral every Tuesday evening. Grand Master Dean has arranged to call together the members of the various grades of study, including the most advanced workers, for a special spiritual meeting in the Supreme Lodge every Tuesday evening at 7:30. At precisely 8:00 o'clock each Tuesday evening these members and special workers will begin a series of contacts with our members generally throughout the entire organization and with the Cathedral. All of our members are invited to participate in these contacts by sitting in a relaxed and quiet receptive attitude wherever they may be for fifteen minutes beginning at 8:00, Pacific Standard Time, each Tuesday evening.

By looking at the time schedule in your Cathedral of the Soul pamphlet known as "Liber 777" you will be able to figure the time for your part of the country. Those living in the eastern sec-

tion of North America will find that 8:00, Pacific Time, is equivalent to 11:00 in the evening. Those living in central states will find that it is 10:00 o'clock. Those living in the mountain or western states will find that it is 9:00 o'clock, those in Europe along the western frontier of the continent will find that it is noon time of Tuesday, while those in Holland and parts of Germany, and Italy will find that it is 11:00 o'clock in the morning of Tuesday. Those in the Western World, Australia, New Zealand, China, Japan, and other countries will be able to determine the time by making an inquiry locally as to the difference in time between their country and the Pacific coast of America or by consulting the time table in book "777."

Those who are anxious to have the highest spiritual contacts possible or who are anxious to have healing vibrations and strength to meet trials and tribulations will find these Tuesday evening periods very helpful.

No doubt those who try to reach this high spiritual assembly in the temple on Tuesday evening from 8:00 to 8:15 or any time during the session from 7:30 to 9:00 o'clock, will hear the beautiful music and sense the psychic conditions existing in the beautiful Supreme Lodge located here at Rosicrucian Park.

Grand Master Dean will be glad to receive brief letters from those who make the contact, telling him their impressions and some of these letters will be read to the members assembled here each Tuesday evening.

THE ROSICRUCIAN ORIENTAL AND EGYPTIAN MUSEUM

Over a period of years, we have been collecting unusual relics, and have established here at the Grand Lodge, an Oriental and Egyptian Museum. Most of the relics on display in the Museum have not only general historical importance but particular historical value to Rosicrucians. Many of the relics were the property of famous Rosicrucians. This Museum is open every day to both members and the public. There are no admission charges.

We ask for co-operation in making it now. If you have any unusual relics that you would care to donate or loan to the Museum, please communicate directly with the name and address below. We are particularly anxious to have Oriental and Egyptian pieces, and especially those pieces that are interesting and have an authentic history. Your contribution may be either a small piece or a large one. Everyone is welcome to enjoy this attractive feature of Rosicrucian Park.

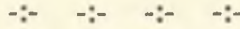
Address your communications to DIRECTOR MUSEUM, ROSICRUCIAN PARK, SAN JOSE, CALIFORNIA.



Mystics at Prayer

With Their Key to Infinite Power!

Surprising, Inspiring, Instructive



The first complete compilation of the famous prayers of the renowned mystics and adepts of all the ages.

By MANY CIHLAR, F. R. C.,
Austrian Philosopher and Mystic

The book "Mystics at Prayer" explains in simple language the reason of prayer, how to pray, and the Cosmic laws involved. You come to learn the real efficacy of prayer and its full beauty dawns upon you. Whatever your religious beliefs, this book makes your prayers the application not of words, but of helpful, divine principles. You will learn the infinite power of prayer. Prayer is man's rightful heritage. It is the direct means of man's communion with the infinite force of divinity.

"Mystics at Prayer" is well bound, embossed in gold, printed on \$1
art paper in two colors, with deckled edge and tipped pages,
sent anywhere, postpaid.....

Send Remittance and Order direct to
ROSICRUCIAN SUPPLY BUREAU

ROSICRUCIAN PARK

SAN JOSE, CALIFORNIA

PRIVATE INSTRUCTIONS AT HOME

The Rosicrucians Offer You Their Personal Service

Interesting Free Book Explains

Those who are interested in studying the complete instructions contained in the entire Rosicrucian system and who cannot find it convenient to attend a lodge or study group of the organization in their own district, or who live where there is no established branch of the organization, may have the benefit of these instructions and all of the personal service of the organization in the privacy of their own homes.

After many years of development of a special system for home study and after the organization of many departments of special personal help, thousands of men and women in every walk of life in all parts of the world, are finding peace and happiness, fulfillment of their desires and powers, through the special private help offered by the organization to every sincere seeker. If you would like to know more about this personal service and its benefits and the wonderful instruction that is offered to those who are seeking for it, write a letter addressed to: "Librarian S. P. C., care of AMORC Temple, San Jose, California," and an interesting free book and other literature will be gladly sent to you by mail.

(Those who are Rosicrucian students are now receiving these instructions)

The
Rosicrucian
Digest
January
1932

Seven hundred sixty-six

THE PURPOSES OF THE ROSICRUCIAN ORDER

The Rosicrucian Order, having existed in all civilized lands for many centuries, is a non-sectarian, fraternal body of men and women devoted to the investigation, study, and practical application of natural and spiritual laws. The purpose of the organization is to enable all to live in harmony with the creative, constructive, Cosmic forces for the attainment of health, happiness, and Peace.

The Order is internationally known as AMORC (an abbreviation), and the AMORC in America, and all other lands, constitutes the only form of Rosicrucian activities united in one body having representation in the international Rosicrucian congresses. The AMORC does not sell its teachings, but gives them freely to all affiliated members, together with many other benefits.

Inquirers seeking to know the history, purposes, and practical benefits of Rosicrucian association, are invited to send for the free book, "The Light of Egypt." Address, Librarian, S. P. C., care of

A M O R C T E M P L E

ROSICRUCIAN PARK

SAN JOSE, CALIFORNIA U. S. A.

(CABLE ADDRESS: "AMORCO" RADIO STATION 6KZ)

Directory of the North American Jurisdiction

(Including the United States, Dominion of Canada, Alaska, Mexico, Guatemala, Honduras, Nicaragua, Costa Rica, Republic of Panama, the West Indies, Lower California, and all land under the protection of the United States of America.)

H. SPENCER LEWIS, F. R. C., Ph. D.....	Imperator for North America
RALPH M. LEWIS, F. R. C.....	Supreme Secretary for North America
CHARLES DANA DEAN, F. R. C.....	Grand Master
A. LEON BATCHELOR, F. R. C.....	Director of Correspondence
DR. ARTHUR B. BELL, F. R. C.....	Director of the Welfare Department
HARRY L. SHIBLEY, F. R. C.....	Director of Editorial Department

The following principal branches are District Headquarteres of AMORC

New York City:

AFRAMERICAN Chapter of AMORC,
125 West 130th St., L. Baynard Whitney,
F.R.C., Master.

Boston, Mass.:

Mass. Lodge, Mrs. Marie Clemens, S.R.C.,
Master, Lodge Building, 739 Boylston Street.

Pittsburgh, Pa.:

Penn. First Lodge, Dr. Charles D. Green,
K.R.C., Master, 610 Arch St., N. S., Pitts-
burgh, c-o AMORC.

Hartford, Conn.:

Isis Lodge, AMORC, Mr. W. B. Andross,
Master, Box 54, South Windsor, Conn.

Tampa, Florida:

Florida Lodge, Mrs. Frances Crescenzi, Sec-
retary, 3420 10th St.

San Francisco, Calif.:

Francis Bacon Lodge, Mr. Elrod Ward,
K.R.C., Master, AMORC Temple, 1655 Polk
Street.

Los Angeles, Calif.:

Hermes Lodge, Nos. 41, 42, 43, 44, 45, and
46, AMORC TEMPLE, 316½ West Pico
Street, Dr. J. C. Guidero, Master. Inquiry
Office and Secretary, Suite 813, New Or-
pheum Theatre Building.

San Jose, Calif.:

Egypt Lodge No. 7, Mr. A. Leon Batchelor,
K. R. C., Master, Rosicrucian Park.

Chicago, Ill.:

Chicago Chapter No. 9., O. D. O'Delius,
Master. Offices and Reading room (open
daily and evenings), Auditorium Hotel (Club
Room No. 4) 430 South Michigan Ave.
(Telephone Harrison 5000).

Philadelphia, Penna.:

Delta Lodge No. 1, AMORC. Stanley K.
Taylor, K.R.C., Secretary 5215 Ridge Ave.

(Directory Continued on Next Page)



Portland, Oregon:

Portland Chapter, Clara G. Anderson, S.R.C.,
Master, 424 Clay Street.

Seattle, Wash.:

AMORC Chapter, Mary A. Huey, Master,
301 Haight Bldg., Second Ave and Pine
St., Telephone Main 9941.

Washington, D. C. :

Official Representatives: R. N. Trezise,
3418 17th St. N. W.: Virgil McComas,
4707 Connecticut Avenue, N. W.

San Antonio, Texas

Texas Lodge, Mrs. C. Wanblom, S. R. C.,
Master, 1133 So. Laredo St.

OTHER AMERICAN BRANCHES

Chartered Branches and Groups of AMORC will be found in most large cities and towns of North America. Address of local representatives given on request.

PRINCIPAL CANADIAN BRANCHES

Vancouver, B. C.:

Canadian Grand Lodge, Dr. J. B. Clark,
K. R. C., Grand Master, AMORC Temple,
560 Granville Street.

Montreal, Quebec:

AMORC, English Division, Albert E. Poad,
K. R. C., Master Apt. No. 4, 1431 Mackay
Street.

Montreal, Quebec:

Société d'étude d'AMORC (French Section).
E. G. Clossey, K. R. C., Master, 3839 Berri
Street.

Verdun, Quebec:

Mr. R. A. Williamson, Master 3809 Well-
ington Street.

Winnipeg, Man.:

A. G. Gaillard, P. O. Box 681.

Lashburn, Sask.:

Mr. V. William Potten, Master, P. O. Box
104.

New Westminster, B. C.:

Mr. A. H. P. Mathew, Master, 1313 7th Ave.

Victoria, B. C.:

Secretary, AMORC, Box 14.

Edmonton, Alta.:

Mr. James Clements, K. R. C., Master 9533
Jasper Avenue, E.

SPANISH-AMERICAN SECTION

This jurisdiction includes all the Spanish-speaking Countries of the New World. Its Supreme Council and Head Office are located at San Juan, Puerto Rico, having local Representatives in all the principal cities of these stated Countries.

Hon. Manuel Rodriguez Serra, F. R. C., Supreme Grand Master, P. O. Box 702, San Juan, Puerto Rico.

Armando Font de la Jara, F. R. C., Secretary General, P. O. Box 36, San Juan, Puerto Rico.

The name and address of other Officers and Branch Secretaries cannot be given general publicity, but may be obtained for any information or special purposes, through the Head Office at San Juan, Puerto Rico.

ALL CORRESPONDENCE SHOULD BE ADDRESSED TO THE SECRETARY GENERAL

A FEW OF THE FOREIGN JURISDICTIONS

India:

The Supreme Council, AMORC, Calcutta,
India.

Scandinavian Countries:

The AMORC Grand Lodge of Denmark,
Carli Anderson, S. R. C., Grand Secretary,
Manogade 13th Strand, Copenhagen, Den-
mark.

France:

Dr. H. Gruter, F. R. C., Grand Master, Nice.
Mlle. Jeanne Guesdon, S. R. C., Corres-
ponding Secretary for the Grand Lodge
(AMORC) of France, 56 Rue Gambetta,
Villeneuve Saint Georges, (Seine & Oise).

Austria:

Mr. Many Cihlar, K. R. C. Grossekreter der
AMORC. Laxenburgerstr, 75/9, Vienna, X.

China and Russia:

The United Grand Lodge of China and Rus-
sia, 8/18 Kvakazasaya St., Harbin, Man-
churia.

Australia:

The Grand Council of Australia, Mr. S.
Kowron, F.R.C., Grand Master "Sandhurst,"
52 Fletcher St., Bondi, Sydney, N.S.W.

England:

The AMORC Grand Lodge of Great Britain,
Mr. Raymund Andrea, K.R.C., Grand Master
41 Berkely Road, Bishopton, Bristol, England.

Dutch East Indies:

W. J. Visser, Grand Master, Bodjong 135,
Semarang, Java.

Egypt:

The Grand Orient of AMORC, House of the
Temple, Mr. A. Ramayvelim, F.R.C., Grand
Secretary, 7, Rue Talkha, Heliopolis.

Africa:

The Grand Lodge of the Gold Coast,
AMORC. Mr. Stephen H. Addo, Grand
Master, P. O. Box 424, Accra, Gold Coast,
West Africa.

Costa Rica:

William T. Lindo, F. R. C., Grand Master,
P. O. Box 521, Limon, Republic of Costa
Rica, C. A.

*The addresses of other foreign Grand Lodges
and secretaries will be furnished on application.*

Seven hundred sixty-eight

"Lemuria – the Lost Continent of the Pacific"

The Submerged Land of Mystics!



Beneath the rolling, restless seas lie the mysteries of forgotten civilizations. Swept by the tides, half buried in the sands, worn away by terrific pressure are the remnants of a culture little known to our age today. Where the mighty Pacific now rolls in a majestic sweep of thousands of miles, there was once a vast continent. This land was known as Lemuria, and its people as Lemurians.



Science has gradually pieced together the evidences of this lost race, and in this book you will find the most astounding, enthralling chapters you have ever read. How these people came to be swept from the face of the earth, except for survivors who have living descendants today, is explained.



The Magic Dwellers of Mt. Shasta



Fanned by the cool breezes of the Pacific and crowned by a cap of snow is California's mystery mountain, Mt. Shasta. It is not unlike other towering peaks of splendor on the famed Pacific coast except that it is shrouded with tales of weird happenings. It is said that a strange people live in seclusion somewhere on the mountain; that they practice unusual rites. It is said that they seem possessed of great wealth, for they have much gold; and, too, it is said that they exclude themselves from others. These people are the living descendants of the Lemurians.



Do you know how they came there, when their forbears perished centuries ago with the submersion of the continent of Lemuria? Would you like to know the truths which they concealed from a merely curious world?



Latest Mystical Book Sensation



Can You Interpret These Strange Carvings?

Every indication is that this book will live up to its anticipated reputation of being the *mystical book sensation* of the year. This book contains truths which are much stranger than fiction. It is profusely illustrated with maps, charts, and symbols. It is a book you can never forget because of its intriguing mystery; its instruction, and its unusual subject matter. The book is well-printed, well-bound and is *economically priced* at \$2.50 postpaid. Send your order and remittance direct to the address below or ask *your local book dealer* to get it for you.



What Ancient Story Do These Reveal?

ROSICRUCIAN SUPPLY BUREAU

(AMORC)

San Jose, California, U. S. A.



Rosicrucian Library

The following books are recommended because of the special knowledge they contain, not to be found in our teachings and not available elsewhere.

Volume I. Rosicrucian Questions and Answers and Complete History of the Order.

The story of the Rosicrucian ideals, traditions, activities, and accomplishments is told interestingly in this book, and the scores of questions form a small encyclopaedia of knowledge. Over 300 pages, printed on fine book paper, bound in green silk, and stamped in gold. Price \$2.50 per copy, postpaid.

Volume II. Rosicrucian Principles for the Home and Business.

A very practical book dealing with the solution of health, financial, and business problems in the home and office. Well printed and bound in red silk, stamped with gold. Price \$2.25 per copy, postpaid.

Volume III. The Mystical Life of Jesus.

A rare account of the Cosmic preparation, birth, secret studies, mission, crucifixion, and later life of the Great Master, from the records of the Essene and Rosicrucian Brotherhoods. A book that is demanded in foreign lands as the most talked about revelation of Jesus ever made. Over 300 pages, beautifully illustrated, bound in purple silk, stamped in gold. Price \$2.90 per copy, postpaid.

Volume V. "Unto Thee I Grant . . ."

A strange book prepared from a secret manuscript found in the monastery of Tibet. It is filled with the most sublime teachings of the ancient Masters of the Far East. The book has had many editions. Well printed with leatherette cover. Price \$1.50 per copy, postpaid.

Volume VI. A Thousand Years of Yesterdays.

A beautiful story of reincarnation and mystic lessons. This unusual book has been translated and sold in many languages and is universally endorsed. Well printed with flexible cover. Price 85 cents per copy, postpaid.

Volume VII. Self Mastery and Fate, With the Cycles of Life.

A new and astounding system of determining your fortunate and unfortunate hours, weeks, months, and years throughout your life. No mathematics required. Better than any system of numerology or astrology. Bound in silk, stamped with gold. Price \$2.50 per copy, postpaid.

Volume VIII. The Rosicrucian Manual.

Most complete outline of the rules, regulations, and operation of lodges and student work of the Order, with many interesting articles, biographies, explanations, and complete Dictionary of Rosicrucian terms and words. Very completely illustrated. A necessity to every student who wishes to progress rapidly, and a guide to all seekers. Well printed and bound in silk, stamped with gold. Price \$2.30 per copy postpaid.

Volume XI. Mansions of the Soul, The Cosmic Conception.

The complete doctrines of reincarnation explained. This book makes reincarnation easily understood. Well illustrated, bound in silk, stamped in gold, extra large. Price \$2.50 per copy, postpaid.

Send all orders for books, with remittances, direct to AMORC SUPPLY BUREAU, Rosicrucian Park, San Jose, Calif.