

The *MAGIC* of Drawing the  
**Riches Out of the Universe**  
~GRATTITUDE~



By  
David Allen

David Allen – The Magic Of Drawing The Riches Out Of The Universe

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This book exists..... to show my gratitude for what was given to me. It is my sincere desire that all that read this book prosper beyond their wildest dreams....

Manifesting the life of your dreams may just be a Thank You away.

This book is a compilation from some amazing books. I believe many people searching, seeking, knocking may miss one of the biggest causes in the Universe of drawing abundance into their lives out of the ethers.... Even when reading book after book after book it will still elude them. Why? Because we can only grasp what we already have in our own consciousness. If you don't already possess this belief you will look right over it as just some more words from others. Amazing.

Gratitude and acknowledgement to God as the source of all our good is the MAIN INGREDIENT..... miss this and miss out on what the LOA is truly about.

Charles Fillmore may have said it best in his masterpiece "Prosperity".

"When you work in harmony with this universal law, every needed thing is abundantly supplied.

All that the Father has is yours, but you alone are responsible for the relationship of the Father's good to your life.

Through conscious recognition of your oneness with the Father and His abundance you draw the living substance into visible supply.

The law of supply is a divine law. This means that it is a law of mind and must work through mind. God will not go to the grocery and bring food to your table. But when you continue to think about God as your real supply, everything in your mind begins to awaken and to contact the divine substance, and as you mold it in your consciousness, ideas begin to come which will connect you with the visible manifestation. You first get the ideas in consciousness direct from their divine source, and then you begin to demonstrate in the outer. It is an exact law and it is scientific and unfailing."

David Allen

I dedicate this book to my wife, my daughter. Without them this book would not have been possible. My sincerest gratitude to them for their patience and understanding..... and tolerance.

## **PREFACE**

The following are excerpts from various well known Metaphysical, Christian Science, New Thought, Law of Attraction authors that have understood Gratitude and the POWER it gives us.

Reading about Gratitude, trying to grasp it logically, may give you some insight into it.

But it is not in knowing about Gratitude that will bring you all your desires.

It is in the APPLICATION of the principles, in each person's life that they can and will bear fruit in their individual lives while those that are skeptics, doubters and non-believers will bear the fruit of their own beliefs and not those of the believers and doers.

Having read mountains of books focusing my attention on those that understood there IS power in living in Gratitude to Source DAILY, I realized that very few understand it to be a power. They may know it makes you feel good. They may know it is the right thing to do. They may have many reasons why they do it..... but they haven't discovered it to be a power within their own lives to draw from the universe all that they desire.

Gratitude is not just a word, it is a door that only you can open to invite riches into your life.... Without it you are more than likely going to have to use other means to bring your desires to you.

“Be ye doers of the word”

David Allen

Gratitude is riches. Complaint is poverty.

**Doris Day**

Thank God in advance for those things you wish to create because,  
in essence, they have already been created in thought.

***Enoch Tan***



# Gratitude

Gratitude will open doors you didn't know existed. Gratitude will release you from the prison you didn't realize you were in. Gratitude is a gift to those that know what it is and how to use it. Gratitude will transform your life. Gratitude is more than just saying thank you.

Acknowledging the source of your good and giving constant thanks is your assurance you will continue to receive more....in abundance, from that source.

## **It's MAGIC....**

It's a Mystery to those that only think of it from an intellectual standpoint alone but it is the KEY to those that APPLY it in their lives.

If you aren't giving thanks to the creator of the Universe for all that comes to you on a daily basis then what you know about Gratitude is only a fraction of what you should or could know?

Gratitude raises your vibration. The higher your vibration the better your life gets, the easier it gets, the more magical it becomes.

Gratitude will erase all the error in your life when persisted in day in and day out. Like introducing light into a dark room....

Gratitude is the alchemy of life..... mix it with your daily thoughts and watch your life turn to Gold.

The Universe will let you work just as hard as you believe you have to, to attain all your desires..... or you can learn to apply the Law of Gratitude to your life and be amazed at the seeming effortless manor in which everything is drawn to you.

Gratitude is your Key.... Will you use it to unlock the door or will you just put it on the shelf and look for other ways to get through that door?

This book will reveal one of the mysteries of ages..... to those that are seeking.... and ready.

**David Allen**

## An Attitude of Gratitude

It is important to be grateful for whatever you have, no matter how little it may be. And, of course, you should never allow yourself to make comparisons, since if you persist in evaluating your own personal or monetary worth against another's, you are doomed to eternal discontent. There will always be some that have more, or seem to have more, but what has that to do with you? When you have an attitude of gratitude, you are living with the positive affirmation that there is no real lack in your life. And once you freely acknowledge this, you will begin to activate the seed of abundance that must inevitably produce even more.

While this is a wonderful thing to know, it should never become your underlying motive for gratitude or giving. You should never think in terms of how much you will NEED to give, as if it were a price to be paid for something you desire in return. Gratitude and giving are ends in themselves. They enable us to grow in both mental and spiritual ways, opening our minds to the abundance of the universe, to its infinite wisdom, substance and power. It is only when we let go of our limited thinking that we can expand into a larger life where prosperity thoughts and prosperity actions will help to insure our prosperity.

- Dr. Robert Anthony

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## The Power of Gratitude

Only those who know that they already have can have more. Those who don't know that they have . . . think they have to "get" in order to have more. Their lives reflect their thinking through poverty, lack, scarcity, limitation, suffering and power struggles.

It's imperative that we understand that there is nothing to get.

All we have to do is to BE.

BEING is creative. Getting comes from fear.

Always acknowledge what you have already. Always start from where you are. Appreciate what you have right now, no matter how little it

seems in comparison to what others have. Instead of complaining about what you have, because it's not enough, always appreciate what you have now. There's the old saying, "I felt bad because I didn't have a pair of shoes until I met a man who didn't have any feet."

This is one of the most powerful secrets to adding riches to your life.

Develop an "attitude of gratitude" toward whatever you have now and watch how it will begin to grow and increase.

- Dr. Robert Anthony

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Unlike gratitude or positive thinking, appreciation consists in actively looking for something of value in whatever you encounter. Like attracts like, and as you actively seek to value whatever is in your life right here, right now, you will in turn attract more things to value.

Our very being becomes a vibratory match to that which you value, that which you appreciate, which is itself inevitably drawn to you energetically.

Since all things exist first as energy before they can become matter, you are deliberately creating what you want in your life through the power and positive energy of appreciation.

The benefits are numerous. Science has repeatedly shown that the simple act of appreciating smoothes your heart rhythms so that your heart—and thus all the other systems it regulates—can function at their best. Thinking and feeling appreciation also supports greater blood flow to your brain, which makes it possible for your brain to function at its fullest capacity. You'll enjoy not only greater physical well-being, but also the possibility of increased health longevity Centenarians have been shown to have one trait in common: appreciation of the stuff of everyday life.

- Dr. Noelle C. Nelson

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Jesus proclaimed a law of faith that acts on your belief. And now comes the more subtle and interesting part of this story which, perhaps, you have not analyzed. At the expense of repetition let us look into this a little more carefully, because it is of such importance. It is this little word as that you are to consider the meaning of. Not only is there a law which does something for you (this is easy enough to accept) but in doing so it is limited to your belief, This is the important thing to remember.

It is only common sense to recognize that what this law does for you it must, of necessity, do through you. The gift of Life is not complete until it is accepted. If you can believe only in a little good, then the law will be compelled to operate on that little good. Not that the law of itself knows anything about big and little any more than the law of gravitation would know that a mountain is heavier than a marble—it automatically holds everything in place. If you remove a large pile of gravel it will hold this bulk in place. If you dip up but a few thimblefuls it will hold this smaller amount in place with equal impartiality.

Now, shift this whole proposition over into the mental plane, realizing that the mental reproduces the physical, but at a higher level.

The law is always a mirror reflecting your mental attitudes. Therefore, if you say, “I can have a little good,” it will produce this small amount of good for you, but if you say, “All the good there is mine,” with equal certainty it will produce a larger good. If you believe that wherever you go you will meet with love and friendship, with appreciation and gratitude, then this will become the law of your life.

- Ernest Holmes

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The sixth requirement is that we develop the feeling of gratitude for all that we receive. We should know that our very existence is a gift from the whole universe. How much is necessary for human beings to receive and sustain their existence! We owe so much to nature and to other people. Grateful thoughts such as these must become second nature for those engaged in esoteric training. If we do not give ourselves fully to such thoughts, we shall never develop the all-embracing love we need to attain higher knowledge. Only if I love something can it reveal itself to me. And every revelation should fill me with thankfulness, for I am made richer by it.

- Dr. Rudolph Steiner

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Blaming others is our way of avoiding taking responsibility for our lives. As long as we do that, we will never be the master of our lives.

To counter this unhealthy tendency, we should instead cultivate a sense of gratitude towards all that we receive.

One of the ways I do this is by repeating the following poem like a mantra as often as I can remember:

Thank you for the abundance,  
Thank you for the wealth;  
Thank you for all the happiness,  
Protection and Good Health.

Repeat this mantra consistently every night before you sleep and you'll soon experience the pleasant changes in your life.

- Dr. Tim Ong

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Many people are waiting for prosperity. It cannot come in the future. When you honor, acknowledge, and fully accept your present reality where you are, who you are, what you are doing right now - when you fully accept what you have got, you are grateful for what you have got, grateful for what is, grateful for Being.

Gratitude for the present moment and the fullness of life now is true prosperity. It cannot come in the future.

Then, in time, that prosperity manifests for you in various ways.

If you are dissatisfied with what you have got, or even frustrated or angry about your present lack, that may motivate you to become rich, but even if you do make millions, you will continue to experience the inner condition of lack, and deep down you will continue to feel unfulfilled. You may have many exciting experiences that money can buy, but they will come and go and always leave you with an empty

feeling and the need for further physical or psychological gratification. You won't abide in Being and so feel the fullness of life now that alone is true prosperity.

- Eckhart Tolle

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All of us meet with occasional blows from fate, in the form of insults, or ingratitude, or trickery from an unexpected source. But if we get nothing else but those disappointing experiences from life, we may rest assured the fault lies somewhere in ourselves. We are not sending out the right kind of mental stuff, or we would get better returns.

If we chance to love a loveless individual, to give to one bankrupt in gratitude, to toil for the unappreciative, it is but a temporary deprivation for us. The love, the gratitude and the recompense will all come to us in time from some source, or many sources. It cannot fail.

- Ella Wheeler Wilcox

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The Children of Israel had an experience similar to the early colonists in America.

Having escaped from tyranny, they were beset with all kinds of problems in the wilderness of the new land. Even as the man without a job has more freedom but also some new problems, so the Israelites no longer had to toil without pay making bricks without straw. They were free, but now they had to fend for themselves.

One would think that the Israelites would have rejoiced with gratitude over their new-found freedom.

However, to anyone who has dealt with a cross-section of human nature, it should come as no great surprise that the Israelites had only been out of slavery a month and a half when they began to find fault with Moses and what seemed to them a situation even worse than before. "When we were in Egypt we were slaves, yes, but we knew where tomorrow's dinner was coming from. We did not have to look around for

food and shelter. We sat around the fleshpots and we did eat bread to the full. Here we are in the wilderness and there is no one to give us food."

The experiences of the Children of Israel are figurative of what happens to everyone who is really on the spiritual path.

The Children of Israel symbolize anyone who really believes in God and the power of prayer. A mere academic belief in God is of little use.

Millions of people say they believe in God, but they do not believe God is particularly interested in them. If you take this attitude then you are not an Israelite in the Bible sense and you can expect no miracles.

But if you say, "I believe in the power of God . . . I believe He is interested in me and that I can contact that Power to comfort me, heal me, enlighten me, purify me . . . I believe God is working through me to solve this seemingly insoluble problem" -then your mind is in tune with the Infinite.

You are beginning to do some tall-minded thinking. That means the time has come for you to remember the power of the miracle. It means the time has come for a great thing to come into your life.

Jesus said we could move mountains and so we can. He did not mean material mountains. That would only be a conjuring trick. He meant mountains of difficulty and trouble, mountains of fear and frustration and doubt. He said we could do it if we had sufficient faith in God.

There is no limit on the side Of God, but we put a limit on our faith and understanding. That is why some people can demonstrate over some things and others cannot. In practice, the only limit on demonstration is, "How well is your mind tuned into God? How tall are you thinking?"

The only difference between Moses and his followers was in the quality of their thinking. Moses thought tall. He got higher in consciousness.

His followers groveled down at the level of the problem, and on that basis they would never have been saved. It was only through their higher spiritual selves, symbolized in the story by Moses, that they could get themselves out of difficulty. So long as we wrestle with the problem, we get nowhere. We are trapped in a circular cage and the only way out is through the top.

Every grief or difficulty means the time has come to go a step higher. A problem is not a barrier. It is a challenge. It is important to take the attitude that your spiritual promotion has presented itself in the guise of a problem or difficulty, and you are to take another step forward. And this calls for effort. If you want to go higher, you must climb the steps.

- Emmet Fox

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When Simeon took the infant Jesus in his arms, he blessed God. Rather unusual. How often do we bless God? Usually we are too busy asking God's blessings on us to think of blessing Him. Yet blessing God is a powerful form of affirmative prayer, for it means sending thoughts of love and gratitude to the Giver of every good gift.

- Emmet Fox

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But it is a poor law that does not work both ways, and so it is equally true that for every good deed that you do, for every kind word that you speak, you will in the same way, at some time or other, get back an equivalent. People often complain of ingratitude on the part of those whom they have conferred favors, and too often with truth; but this complaint shows a false attitude of mind which it is important to correct.

When you feel hurt because someone has been ungrateful for your kindness, it shows that you have been looking for gratitude, and this is a great mistake. The true reason for helping another is that it is our duty to help others insofar as we can do so wisely; or because it is an expression of love. Of course, love will not look for a quid pro quo, and to have done one's duty should be its own reward, remembering, if we wish, that in some other way the deed will surely be recognized. The very fact that one is looking for gratitude means that he is putting the other person under a sense of obligation, and that person will probably get this subconsciously and resent it strongly, as such a thing is highly repugnant to human nature. Do your good deed, and then pass on, neither expecting nor wishing for personal recognition.

Is it not a beautiful and encouraging thought that all the prayers you have ever said in your life, and all the good deeds and kind words for



which you have ever been responsible are still with you, and that nothing can ever take them away?

Indeed, our prayers and our words and acts of kindness to others are the only things that we do keep, for all the rest must disappear. Errors of thought, word, and deed are worked out and satisfied under the Law, but the good goes on forever, unchanged and undimmed by time.

- Emmet Fox

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Students of Scientific Christianity who understand the power of thought, will realize that it is here, in the realm of thought, that the Law finds its true application; and they will see that the one thing that matters, in the last resort, is to keep their thoughts right about other people—even as about themselves.

The right thought about God, and the right thought about fellowman, and the right thought about one's self; that is the Law and the Prophets. Knowing that Dominion is located in the Secret Place, it is on the Secret Place that they will focus their attention in observing the commandment—judge not.

- Emmet Fox

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Feel the joy of having what you want, feel it right now and you will begin to pull it to you and you to it.

The whole process of mental, spiritual and material wealth may be summed up in one word, gratitude.

For you to have something, you must be in a mental and emotional state of having it.

- Enoch Tan

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Gratitude Attracts More of What you Desire

Gratitude does not need explanation, you know how to be grateful. But did you know that gratitude brings you more of what you appreciate? Gratitude speeds along the manifestation of your desires. Gratitude attracts what we desire. The universal law of attraction says that we will attract into our life the things we think about and focus on. When you are consciously aware of your blessings, and are grateful for them, you are focusing more clearly on what you do want in your life and are attracting more of those things into your life. Gratitude is a very powerful emotional energy that you must project in the course of manifesting your desires.

When you find things that you appreciate and you use them as your point of focus, your world has to get better in every area of your life.

Every time you flood your mind with appreciation or gratitude you attract more of what you desire.

Look around you right now. What can you be grateful for? Get into the authentic feeling of true gratitude. Find something, anything, to be grateful for right now. When you are grateful, you're in a high energy vibration that will attract more things to be grateful for and more good things will come to you magically, drawn in by your feelings of gratitude. The emotion of joy attracts conditions of joy.

Gratitude sends out the message that you already have what you desire. You must always at all times think in terms of already having the object of your desire in your physical reality. Along with those thoughts should be the feeling of the most intense gratitude for what you have already received from the universe. Gratitude makes the object of your desires a real, tangible aspect of your own reality, and the more real it is to you the sooner it will manifest into your personal experiential reality.

Gratitude conveyed with genuine sincerity brings you more into harmony with the universe, and with it you become an even more natural creator of your desires. Those people who are completely aligned with the Universe, The Source, God are natural creators who live what seems to others like a charmed, magical life, instantly manifesting anything at all into their own reality. Such people are true Magicians, wizards and creators, and nothing is impossible to them.

Never take anything at all for granted. Always feel deeply grateful for everything that happens in your reality, regardless of whether you

consciously attracted it or whether you perceive it to be positive or negative. In the grand scheme of things everything that manifests into your physical reality is directly for the benefit of your own personal evolution, and you should be most grateful for it whether you consciously brought it into your own reality or not.

Watch how you respond to the little that you receive. Do you feel dissatisfied thinking that it's nothing?

When you think of something as nothing, it becomes nothing and you attract more of nothing in your life. But when you rejoice and give thanks as if the little were a big deal, it starts to become a big deal.

When you give thanks for something, you bless it.

It becomes better in quality and quantity until it builds up as a flood of abundance flowing into your life. Give thanks for everything.

Being deeply grateful also helps to ensure that you never convey the energy of dissatisfaction, which is a very negative energy, and therefore from a physical perspective a very destructive emotion.

Dissatisfaction, ungratefulness or unhappiness will send the wrong energy into the universe, which will in turn react with reciprocating those negative emotions with more of the same.

So whatever you feel dissatisfied, ungrateful or unhappy about will appear into your physical reality even stronger than ever, creating a vortex of negative energy with corresponding negative effects.

Negative emotion is only meant to compel you to take correct action to change the situation. It will only become worse if you only feel those emotions but do nothing about it or worse, take the wrong actions to make the situation worse off than before.

Conversely, those things that you feel extremely satisfied, grateful and happy about will create a much higher, positive vibration, attracting more of the same into your life. The universe always naturally moves in the direction of expansion and evolution, and never of contraction or destruction, so positive emotions are always much more powerful than negative emotions even though they are both energy with corresponding effects. There is a difference between saying "I wish I had more" and "I

wish to have more.” The former comes from a state of unhappiness but the latter comes from a state of happiness, while desiring more.

What you give thanks for multiplies. Bless the little and the little becomes a lot. What you appreciate, appreciates in value. What are you are happy about flourishes. When you feel good, you would do things that would produce positive results. The more good emotions you feel, the more positive actions you will make and therefore create more happiness in your reality.

If you choose to use prayer to help create the things you most desire in your life, then you must pray in the right way. A prayer that begs, pleads, wants, or wishes for things, will produce the experience of you begging, pleading, wanting, or wishing for those things. Never beg or want for anything. This request is a statement of lack which produces the experience of you wanting the thing you desire, not having it. The most powerful prayer is a prayer of gratitude. Thank God in advance for those things you wish to create because, in essence, they have already been created in thought.

The biggest key to creation is thankfulness in advance. To be grateful before, and for, the creation. It is the sure sign of mastery. All masters know in advance that the deed has been done. To feel sincerely grateful is to be in tune with the universe and with the truth that everything you truly desire is already provided. An attitude of gratitude is the key to ultimate success. Why? Because the more grateful you feel for what you have, the more the universe wants you to have. An attitude of gratitude opens the floodgate for more to come into your life.

Giving thanks is the same as giving anything else. Do not give for the sake of getting. When you do so, you will be giving with the vibration of lack instead of abundance. Do not give thanks in order to get something. Be thankful because you are thankful. Be thankful because you know you already have what you desire. What you want is already created in the nonphysical plane and therefore it cannot fail to come through. It is the same as giving. You do not give in order to get. You give because you love. But give knowing that you will receive more from other sources in order to give more. Be thankful knowing that you will get more of what you are thankful for.

The most important and powerful emotion of all which is also the emotion behind all creation is love, unconditional love. The more emotion

you can infuse your conscious creation with, the more successful you will be in manifesting it and sooner. Not only that, but if you can maintain these high states of emotion, you will find your life will be “magically” and “miraculously” transformed. The natural state of the universe is a constant flow of “Well-Being”. As humans, aspects of the divine, we can either allow the flow of Well-Being, or deny and block it. Negative emotions are contractive and will block Well-Being. Positive emotions, in particular unconditional love will open us up to the flow of abundance of the universe. When you are in a state of gratitude, you are in a state of receiving God’s love.

The key is to be grateful BEFORE you have manifested your desire because from that space your gratitude prayers bring in the energy which will soon materialize into your dreams and desires.

The secret to getting what you want is to totally appreciate this moment. When you are grateful for this moment, then whatever is next for you will emerge out of this moment.

You’ll be inspired to take action of some sort that will lead you up.

But the only way to get to the next level is to live in this moment with gratitude.

Be and feel grateful for everything. You will amaze yourself as you miraculously manifest more and more of what you desire in your life.

Bless every experience. See the silver lining in everything. Blessing every event, even the so called bad ones sends positive energy into the universe to recreate the negative experience into a positive one. Why? Because by blessing a negative event, you are putting positive thoughts about the event into the universe and positive thought energy creates positive outcomes.

When you bless something, it’s effect on you becomes good instead of evil. That is why it is good to bless your enemies.

When you focus on the good, it creates positive emotions in you which attract positive conditions in your life. Always believe that whatever is happening is actually a good thing, especially in the bigger scheme of things. Rejoice continuously. Be grateful in advance for that which you

choose to create, and bless everything, and your life will truly be a blessing for you and for others.

- Enoch Tan

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The Greek word for grace is charis which is to give thanks. Grace is gratitude. Gratitude is the channel of receiving God's grace. Gladness, contentment, joy, happiness and gratitude are the same. Notice that the people who keep winning a lot are those that feel gleeful about and rejoice a lot over their victories. People who rejoice and express their gladness about things the most often seem to be the most grace filled ones in life.

What you give thanks for multiplies.

God is the joy giver, to give thanks is to express joy back to God for the joy he has given to you.

The same energy that you give is the same energy that you'll attract.

Express joy to God and in return, you gain more joy.

Seeing people express joy and appreciation about what you've given to them is all the thanks in the world you need from them, and it attracts more of those things from you. Being joyful, contented and happy attracts things that give you such emotions in your life. The key is to rejoice, to express your joy and gladness about something whenever you have the opportunity to do so and to express it immensely.

Feel the joy of having what you want, feel it right now and you will begin to pull it to you and you to it. The whole process of mental, spiritual and material wealth may be summed up in one word, gratitude.

For you to have something, you must be in a mental and emotional state of having it.

- Enoch Tan

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The reason we can make our requests known with thanksgiving is because we know from the beginning that we are to receive and therefore we cannot help being thankful. This grateful attitude to the Spirit puts us in very close touch with power and adds much to the reality of the thing that we are dealing with. Without it we can do but little. So let us cultivate all the gratitude that we can. In gratitude we will send our thoughts out into the world, and as it comes back it will come laden with the fruits of the Spirit.

- Ernest Holmes

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THE illustrations given in the last chapter will have conveyed to the reader the fact that the first step toward getting rich is to convey the idea of your wants to the Formless Substance.

This is true, and you will see that in order to do so it becomes necessary to relate yourself to the Formless Intelligence in a harmonious way.

To secure this harmonious relation is a matter of such primary and vital importance that I shall give some space to its discussion here, and give you instructions which, if you will follow them, will be certain to bring you into perfect unity of mind with God.

The whole process of mental adjustment and attunement can be summed up in one word: Gratitude.

First, you believe that there is one intelligent substance, from which all things proceed.

Second, you believe that this substance gives you everything you desire.

And third, you relate yourself to it by a feeling of deep and profound gratitude.

Many people who order their lives rightly in all other ways are kept in poverty by their lack of gratitude.

Having received one gift from God, they cut the wires which connect them with him by failing to make acknowledgment.

It is easy to understand that the nearer we live to the source of wealth, the more wealth we shall receive, and it is easy also to understand that the soul that is always grateful lives in closer touch with God than the one which never looks to him in thankful acknowledgment.

The more gratefully we fix our minds on the supreme when good things come to us, the more good things we will receive, and the more rapidly they will come.

And the reason simply is that the mental attitude of gratitude draws the mind into closer touch with the source from which the blessings come.

If it is a new thought to you that gratitude brings your whole mind into closer harmony with the creative energies of the universe, consider it well, and you will see that it is true.

The good things you have already have come to you along the line of obedience to certain laws. Gratitude will lead your mind out along the ways by which things come, and it will keep you in close harmony with creative thought and prevent you from falling into competitive thought.

Gratitude alone can keep you looking toward the all, and prevent you from falling into the error of thinking of the supply as limited — and to do that would be fatal to your hopes.

There is a law of gratitude, and it is absolutely necessary that you should observe the law if you are to get the results you seek.

The law of gratitude is the natural principle that action and reaction are always equal and in opposite directions.

The grateful outreaching of your mind in thankful praise to the supreme intelligence is a liberation or expenditure of force. It cannot fail to reach that to which it addressed, and the reaction is an instantaneous movement toward you.

“Draw nigh unto God, and he will draw nigh unto you.” That is a statement of psychological truth.



And if your gratitude is strong and constant, the reaction in formless substance will be strong and continuous; the movement of the things you want will be always toward you.

Notice the grateful attitude that Jesus took, how he always seems to be saying, “I thank thee, Father, that thou hearest me.”

You cannot exercise much power without gratitude, for it is gratitude that keeps you connected with power. But the value of gratitude does not consist solely in getting you more blessings in the future. Without gratitude you cannot long keep from dissatisfied thought regarding things as they are.

The moment you permit your mind to dwell with dissatisfaction upon things as they are, you begin to lose ground.

You fix attention upon the common, the ordinary, the poor, the squalid, and the mean — and your mind takes the form of these things. Then you will transmit these forms or mental images to the formless. And the common, the poor, the squalid, and the mean will come to you.

To permit your mind to dwell upon the inferior is to become inferior and to surround yourself with inferior things.

On the other hand, to fix your attention on the best is to surround yourself with the best, and to become the best. The creative power within us makes us into the image of that to which we give our attention.

We are of thinking substance, too, and thinking substance always takes the form of that which it thinks about.

The grateful mind is constantly fixed upon the best. Therefore it tends to become the best. It takes the form or character of the best, and will receive the best.

Also, faith is born of gratitude. The grateful mind continually expects good things, and expecta-wave of grateful thanksgiving increases faith.

The person who has no feeling of gratitude cannot long retain a living faith, and without a living faith you cannot get rich by the creative method, as we shall see in the following chapters.

It is necessary, then, to cultivate the habit of being grateful for every good thing that comes to you and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude.

Do not waste a lot of time thinking or talking about the shortcomings or wrong actions of those in power. Their organization of the world has created your opportunity; all you get really comes to you because of them. Do not rage against corrupt politicians. If it were not for politicians we should fall into anarchy and your opportunity would be greatly lessened. God has worked a long time and very patiently to bring us up to where we are in industry and government, and he is going right on with his work. There is not the least doubt that he will do away with plutocrats, trust magnates, captains of industry, and politicians as soon as they can be spared, but in the meantime, they are all very necessary. Remember that they are all helping to arrange the lines of transmission along which your riches will come to you, and be grateful. This will bring you into harmonious relations with the good in everything, and the good in everything will move toward you

- Wallace Wattles

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### The Art of Gratitude

Learning to be grateful for everything you have right now, and I mean everything, is the secret key to turning you into a super magnet to your desires. Learn to be grateful for all the good things and all the bad things. By just being grateful for the simple things in your life . . like the air you breathe and the water you drink . . changes your entire vibration and the environment around you. Be grateful for the bad things in your life. They are trying to teach you a lesson on what you need to change to help you feel good, to feel joyous in each moment. Just try it! Be grateful for your misfortune and you will see just how fast it will change to a more positive experience. Meditate on gratitude every day. It is a very powerful way to experience the art of allowing.

- From The Book Great Wealth Pandemic

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I believe in praising God as a means of mental upliftment. Gratitude praises God for the blessings that have been received and faith praises for the blessings about to be received, and thus are the debilitating effects of discouragement and all other depressing states overcome.

- Walter De Voe

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Another element of abundance, possibly the most important element, is a sense of gratitude.

Without gratitude for what you receive, you will end up blocking yourself once again from the natural flow of abundance.

There is energy in the universe, one that shows us the give and take of that natural flow. Your mind and heart need to be in harmony with that energy to truly enjoy abundance in your life.

Gratitude is necessary to keep your mind aligned with the thought that the supply of abundance is unlimited. It's very easy to slip into the mindset of scarcity or lack, rather than abundance; so endeavor to prevent it from happening. The moment you feel yourself slipping back into the abundance mindset, say thank you out loud, for all that you've received and all that you are yet to receive.

It's a good idea too, to sit down and write out all the blessings you are grateful for in your life. When you are feeling down, it is an especially good time to remind yourself of all you have, instead of constantly thinking of all you feel you don't have. Many people write in "gratitude journals" and record daily all that they are grateful for in their lives.

"Gratitude unlocks the fullness of life. It turns what we have into enough and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow,"

- Unknown

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"If the only prayer you said in your whole life was, "thank you," that would suffice."

- Meister Eckhart

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Gratitude is the mighty wind that sweeps us humbly into the arms of our creator. For it's by our honest prayers of thanks that we come into harmony with the source of life. A resonant power that can be found in an instant through the joy of our simple song of thanks.

For when we're thankful we infuse our presence with a harmonic frequency that draws good tidings into every aspect of our lives. We can then acknowledge our blessings and have a moment to bring our attention in alignment with pure intention and then whole new worlds open up before us. Gratitude is the art of an awakened heart.

When we live in a frequency that resonates with the power of gratitude all the good things that we focus upon multiply.

- Ian Paul Marshall

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Know In Your Heart That Heaven Is Here

Gratitude is the secret means that opens our lives to and brings us in contact with our source. That source contains within it everything within our universe. Once we tap into that power we then become radiant co-creators of creation. It's from our good intentions that we can create the world of which we want to live in. And the speediest way to the source of that power is through the art and attitude of gratitude.

Upon waking see the miracle of life before you in all its splendor and all its glory and begin to give thanks. Know in your heart that heaven is here and through a slight of your hand and a glance of your eye you have so revealed the illustrious beauty of its kingdom unto yourself. With the playfulness of the wind have your thankful and gracious heart send forth a message to the world. A message of love with the words of thanks. Start small. Start now. Start here in this moment. Breathe in deeply and give thanks for the blessing of life, your life and the magic that is within it.

- Ian Paul Marshall

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Be Thankful For Your Life And The Countless Blessings That Are Within It

Giving thanks automatically shifts your energetic frequency into a positive. That positivity charges the divine matrix that surrounds you and attunes you with the opportunity to create more. To have more. To be more.

That expansive state not only lifts you up but it also raises the frequency of all the world. That new burst of energy begins to release your creative genius and when you tap into that aspect of yourself anything is possible. So be thankful for your life and the countless blessings that are within it. For once you can find the splendor of each moment then truly you have found heaven on earth.

- Ian Paul Marshall

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We are often asked, Isn't love a better word than appreciation? Isn't love more descriptive of the Non- Physical Energy? And we say that love and appreciation are really the same vibration. Some use the word gratitude, or a feeling of thankfulness, but all of these words are descriptive of Well-Being. A desire to appreciate is a very good first step, and then as you find more things that you would like to say "Thank you" about, it quickly gains momentum. And as you want to feel appreciation, you attract something to appreciate. And as you appreciate it, then you attract something else to appreciate, until, in time, you are experiencing a Rampage of Appreciation.

- Abraham-Hicks

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With any requests, always offer your thanks. This affirms that you have already received that which is requested before it has arrived, which in itself opens the channels of receptivity and accelerates its realization. Gratitude is a powerful generating energy.

- Aine Belton

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The next time money enters your life, from any source whatsoever, instead of barely noticing what has happened and mentally beginning to spend it, use a few moments of time to give thanks to the universe for bringing this money into your life. Every time you receive a paycheck, every time someone gives you money for any reason, every time you find money, or get a great deal, or save money in some way, stop and appreciate the fact that money is flowing into your life. Doing this every time money comes to you will attract more and more money into your life.

- Alan Tutt

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### Develop An Attitude of Gratitude

The second habit you need to develop to become a relationship expert is the habit of appreciation. One of the most powerful ways of thinking you can develop is an “attitude of gratitude.” The more appreciative and thankful you are of the good things in your life, the more that they will increase and expand.

Begin each day by appreciating the fact that you are alive, that you have family and friends, that you have health and well-being. Give thanks for the fact that you have a job, opportunities for the future, and a great country to live in. Instead of complaining and criticizing, as most people do, you should focus on what makes you happy, and express your gratitude on every occasion.

The two words that most express an attitude of gratitude are the words “Thank you.” Develop the habit of saying thank you to everyone for anything that they do for which any thanks at all are warranted. Wave and thank people for letting you cut into line in traffic. Thank your spouse for making breakfast and thank your kids for doing their homework. Thank your boss whenever he says or does anything friendly or helpful, and thank your staff for their work. Thank people in restaurants and on telephone calls. Make it a habit to generate a force field of thankful energy that goes before you wherever you go.

Every time you thank a person for anything that they have done or said, or for any quality they have demonstrated, their self-esteem goes up. Every time you say thank you, and raise the self-esteem of another, your self-esteem goes up as well.

- Brian Tracy

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### Gratitude Prospers

The “attitude of gratitude” keeps prosperity coming to you from every direction.

Recently, while lecturing in the Palm Beach, Florida area, the truth of this was brought to my attention. A minister there told me that the wealthiest people in his congregation seemed to be the most appreciative for any spiritual service rendered them. He stated that often when a person of average means is hospitalized and requests a ministerial call, their opening remark to the minister is, “Where have you been? Why did it take you so long to get here?”

Yet he finds on visits to millionaires who are hospitalized, they invariably are disarmingly grateful that he had taken time to drop by to see them. He observed that his millionaire friends regularly wrote notes of thanks for any kindness received. He felt that their mental attitude of gratitude and thanksgiving was a convincing clue to their great wealth.

Never criticize or condemn anything or anyone if you wish to become debt-free and to remain debt-free. As stated in the chapter on your special powers for prosperity, the scientists now believe that everything is endowed with an innate intelligence that knows what you say, think, and feel about it. If you speak of things, people, and conditions in a positive, prosperous way, you gain their subconscious cooperation.

Whereas, if you criticize your world, you repel its blessings and attract only negative, limited conditions into your life.

A merchant found that his merchandise was not selling, though in the past he had been quite successful. He tried holding special sales, making special offers, and other methods to sell his merchandise. Many of his

accounts were overdue, on which he seemed unable to collect. He was floundering deeper into personal indebtedness.

Finally, he realized that he had become quite critical of himself, his business, customers, family, neighbors, community and the world in general. It was then that he asked a friend, who knew of the power of prosperous thinking, to help him get his own thinking straightened out. The friend suggested that he begin using this statement to change his thinking:

There is no criticism or condemnation in me, for me, or against me. Divine love, wisdom and order now reveal perfect guidance and produce perfect results in me and in my world.

With the circulation of these ideas in his thinking, this merchant developed a friendlier feeling toward his customers. Along with mailing out monthly statements of current accounts, he decided to send along notes of good wishes to those who had long owed him money.

The results were amazing! People with long over-due accounts began paying up! One lady sent him a check on an account she had been owing him for ten years.

The technique of getting debts paid—both those you owe and those owed to you— is first an inner work in the realm of mental attitudes.

Others are so repelled by your critical, unforgiving, condemnatory thoughts that they shrink from wanting to pay you what is owed. As you change your thinking about them, they subconsciously feel it and respond in a more positive way.

- Catherine Ponder

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Thanksgiving

Thanksgiving will keep the heart fresh. True thanksgiving may be likened to rain falling upon ready soil, refreshing it and increasing its productiveness.



All things have their cause. Every cause is mental. Whoever comes in daily contact with a higher order of thinking cannot help but take on some of it. Ideas are catching. No man can live where true ideas of wholeness are being without becoming infected with them.

Words which express thanks, gratitude, and praise release energy of mind and soul. Their use is usually followed by effects so pronounced that they are quickly identified with the words that provoke them.

Let your words of praise and thanksgiving be of Spirit. The increase will be even greater than when they are addressed to man. The resources of Spirit are beyond our highest flight of imagination. You can praise a weak body into strength, a fearful heart into peace and trust, shattered nerves into poise and power.

It is an easy matter to give thanks for what we have already received. It is not so easy to give thanks for what we hope to receive. Giving thanks in advance brings to pass a present expectation. Pray believing that you have received, and you shall receive.

Praising and giving thanks liberate the finer essence of soul and body when we center our attention upon Spirit. Spirit is the dynamic force that releases the pent-up energies within man. The energies have been imprisoned in the cells and when released are again restored to action in the body by the chemistry of creative Mind. The perfection of this restoration is in proportion to the understanding and industry of the individual.

Every thought we loose in our mind carries with it a certain substance, life, and intelligence. Whenever praise is bestowed it is carried to every part of the body and through a large area of our soul aura, and our whole consciousness and everything about us is tinctured with praise.

Praise and thanksgiving divinely directed tap the mighty reservoirs of infinite Mind.

- Charles Fillmore

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WE INCREASE our vitality by blessing and giving thanks in spirit. To bring about this increase efficiently we must understand the anatomy of the soul and mind centers in the body.

It has been found by experience that a person increases his blessings by being grateful for what he has. Gratitude even on the mental plane is a great magnet, and when gratitude is expressed from the spiritual standpoint it is powerfully augmented. The custom of saying grace at the table has its origin in man's attempt to use this power of increase.

A woman who had been left with a large family and no visible means of support related in an experience meeting how wonderfully this law had worked in providing food for her children. In her extremity she had asked the advice of one who understood the law, and she had been told to thank God silently for abundant supply on her table, regardless of appearances. She and her children began doing this, and in a short time the increase of food was so great at times that it astonished them.

Her grocer's bill was met promptly, and in most marvelous ways the family was supplied with food. Never after that time did they lack.

- Charles Fillmore

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Gratitude and thanksgiving are both necessary in demonstrating prosperity through divine law. Be grateful to God and thankful to the friends whom He uses to supply you.

All metaphysicians have found by experience that being thankful for what they have increases the inflow.

- Charles Fillmore

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To live constantly in the spirit of gratitude is not only to remove worry, but the cause of worry. To be grateful for the good that is now coming into life is to open the way for the coming of greater good.

This is the law; and he who is daily receiving the greater good, has no cause for' worry; he will even forget that worry ever had a place in his mind.

To constantly impress the subconscious with mental sunshine, is to establish the tendency to live on the bright side, the sunny side; and to live on the bright side is to increase your own brightness; your mind will become more brilliant, your thinking will have more lucidity and clearness, your nature will have more sweetness, your personality will be in more perfect harmony with everything, your life will be better, your work will be better—everything will be better; therefore, by living on the bright side, all things will steadily become better and brighter for you.

- Christian D. Larson

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And Jesus lifted up his eyes, and said, Father, I thank thee that thou hearest me. And I know that thou hearest me always.—John 11:41.

This beautiful statement was given before the answer to the prayer was received, and is therefore an illustration of the very highest form of supreme faith.

To thank God after you have received what you asked for is simple; any heart can, at such a time, be full of sublime gratitude; but to thank God before you have received what you intend to ask for, and feel the fullness of that gratitude thrill every fiber in your entire being—that is spirituality indeed.

Likewise, to be able to say that you know that God hears you always; only the mind that is in the spirit can make such a statement, and pray in this manner; but that alone is real prayer.

To precede any prayer with doubt is to close the door between yourself and the spirit; there must be no uncertainty in our communion with God; we do not believe that God is God so long as we are uncertain as to whether our prayers will be heard or no, and we cannot enter into the presence of God until we believe that He verily is God.

When we know that the power of God, the wisdom of God, the love of God—all is limitless, we can feel no doubt whatever, as to whether or not, our prayers will be answered.

Divine power can do anything, but divine love cannot refuse anything.

When we know God as He is, we know that He nearest us always, and we feel it a privilege to thank Him every moment for this great truth. And when we thank Him in this manner before we begin our prayer, we not only enter into the very love of His spirit, but we also enter into that faith that makes all things possible. The faith that knows that God nearest us always is so close to God that it is animated with the very power of God; and therefore when we are in such a faith nothing can be impossible; we may then ask for what we will and it will be done unto us.

The more perfectly we realize that God hears us always the higher we ascend in the scale of true spirituality, because this supreme faith lifts the soul higher and higher until we are received at the very throne of the Most High. And to be in His presence is to receive whatever we may have asked or prayed for. God is everywhere, and we may enter into His presence anywhere. The Most High is enthroned in every soul, and pure spiritual faith is the "gates ajar" to His beautiful kingdom.

- Christian D. Larson

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When we are actually living in the spirit, and can fully appreciate all that is good and beautiful in real life, we become so filled with gratitude and joy that neither thoughts nor words can express what we feel. It is then that we wish as never before "that the mind could fathom and the tongue could utter the thoughts that arise in me." Our cup is running over; we have everything that can fill the fullness of life with the richness of life, and our joy is great indeed. Words fail us, but that something within that is far more eloquent than words gives utterance to what we wish to say. And as we listen, this language divine becomes heavenly music, repeating again and again that tender refrain, "God's beautiful gift to me."

To always live in the realization of that sublime state of being where our cup is running over, is to become conscious more and more of the great truth that real life has everything that man can wish for, and infinitely more. And as we grow in the conscious realization of this truth, the power of this truth will manifest itself in our external world. Then we shall find increase everywhere; wherever we may go in the physical world, in the mental world or in the spiritual world, God will prepare His table before us, and we shall enjoy the richest feast that His infinite goodness can possibly provide.

In every domain of existence His bountiful hand will be our supply, and our cup will always be running over. What we feel and realize in the world of the spirit that we shall gain in the world of things. Thus our joy becomes complete; all that we need is always at hand, all that we desire for a greater existence shall be speedily supplied, and wherever our place in life may be, God will appear and prepare His table before us. He will be our supply always and everywhere; and existence will be rich indeed.

- Christian D. Larson

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By law of cause and effect, your gratitude attracts that which you are grateful for. And you should be grateful even before you receive it because, by law, you know you will receive it. In fact, you have it even before you ask. Gratitude speeds that reception because it is a statement of belief . . you are already enthusiastically and genuinely grateful, in a state of gratitude, because of what you will receive, or more accurately, have received and are about to experience.

So, gratitude is the first step to receiving and experiencing. It is an affirmation that you know you will have it. Imagine getting grateful and excited about a future event . . do you have any idea how much faith that portrays and how much that takes you to your goals at rapid speed? It is magical! Gratitude creates and grows your faith, in addition to being the right thing to do.

Gratitude does not need much explanation . . you already know how to be grateful. Inside of you, you know how magical it is. All you now need to recognize is that every moment, person, and thing was brought to you by your own choices, thoughts, actions, and states of being. You did it. The world just creates itself around you so that you may experience yourself and recreate yourself. So be grateful for every moment, thing and person . . this is the best way to find yourself. Remember, what you resist persists. Gratitude negates resistance.

Once you are grateful, you can look at everything clearly and see yourself.

- David Cameron Gikandi

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All things work together for Good to them that love Good, because the Love of Good unites itself with the stream of Good, and not because Good steps out of its way to show its gratitude. All failure is due to taking sides with the finite that is within us. All success is due to taking sides with the Infinite that is within us.

Working with the Law, we make God our Silent Partner. We become consciously identified with the Source of all Power and can affirm: “All good gravitates in my direction, for I am One with God. I love It, I work with It, I attract It. It is now working through me to will and to do of Its own good pleasure; for this is its intention, and my intention is to bring all my thoughts into harmony with it, so that whatsoever I think or do shall be done to the glory of God, the all-Good.”

- W. John Murray

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One great aid—perhaps the greatest aid—in applying your faith you will find in the exercise of gratitude.

Whenever you think of yourself, or of your advancing condition, give thanks to the Great Intelligent Substance for the perfect health you are enjoying.

Remember that there is a continual inflow of life from the Supreme, which is received by all created things according to their forms, and by every person according to his faith. Health from God is continually being urged upon you, and when you think of this, lift up your mind reverently, and give thanks that you have been led to the Truth and into perfect health of mind and body.

Be, all the time, in a grateful frame of mind, and let gratitude be evident in your speech. Gratitude will help you to own and control your own field of thought.

Gratitude has a twofold effect: it strengthens your own faith, and it brings you into close and harmonious relations with the Supreme.

You believe that there is one Intelligent Substance from which all life and all power come, you believe that you receive your own life from this

substance, and you relate yourself closely to It by feeling continuous gratitude.

It is easy to see that the more closely you relate yourself to the Source of Life the more readily you may receive life from it. And it is easy also to see that your relation to It is a matter of mental attitude.

We cannot come into physical relationship with God, for God is mind-stuff and we also are mind-stuff. Our relation with God must therefore be a mind relation.

It is plain, then, that the person who feels deep and hearty gratitude will live in closer touch with God than the person who never looks up to God in thankfulness.

The ungrateful or unthankful mind really denies that it receives at all, and so cuts its connection with the Supreme.

The grateful mind is always looking toward the Supreme, is always open to receive from it, and it will receive continually.

The Principle of Health in a human being receives its vital power from the Principle of Life in the universe, and a person relates himself to the Principle of Life by faith in health, and by gratitude for the health he receives.

A person may cultivate both faith and gratitude by the proper use of his will.

- Wallace Wattles

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To have a shadow it is necessary to have light shining on us, and the way to keep this light shining is by keeping a heart full of gratitude, full of the oil of joy of right living.

There are no gray days in a grateful heart; the sun is always shining there.

- Walter C. Lanyon

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Our task is the realization of the Christ of our own consciousness. We acknowledge with joy and deep love the measure of the Christ attained not only by Jesus, but by many spiritual seers and prophets of all ages. Our hearts are filled with gratitude for the measure of the Christ manifested by so many men and women of today. We now look forward to the realization of the Christ of our own consciousness.

"The kingdom of God is in you and he who searches for it outside himself shall never find it, for apart from God no one can either seek nor find God, for he who seeks God, in truth already has Him."

- Joel Goldsmith

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There was a man in our recent class on the Book of Job who wrote me saying that he was leaving the nine harmonious, stable conditions of his life to fill up the one that was lost or missing. He said that he went to work on a quality in which he was sadly lacking, namely, thankfulness.

This young man said he rarely praised anybody and that he was not thankful for all his blessings. He was amazed when he began to consider all the wonderful things that happened to him and the many blessings he enjoyed.

The stranger in his midst was eye trouble. The mood of gratitude and the thankful heart causes us to tune in with the creative forces of the universe and what we send out comes back to us multiplied by the law of action and reaction. This young man quieted the wheels of his mind and began to imagine he was talking to the King of Kings, the Lord of Lords within himself. He had no mental picture of God, of course. In his mind's eye he sensed that the Divine Presence was there, the very Life of him. He began to say, over and over again, "Thank you Father, Thank you Father."

He kept repeating this softly, quietly, gently, and lovingly. He was in a sleepy, drowsy, state each night as he meditated in the manner outlined.

He would go to sleep in the mental mood of thankfulness.



He had a perfect healing of his eyes. In biblical language he fell down on his face at his feet. The word face means the Truth and Presence of God; feet mean understanding. To fall down is to humble yourself and set aside the intellect, knowing that Infinite Wisdom and Power are within and can do all things. He understood that vision is spiritual, eternal, and indestructible, and that all he had to do was to enter into the mood of thankfulness for the gift already received.

The grateful heart is the mind which believes and rejoices in the joy of the answered prayer. You have oftentimes thanked the man behind the counter for the coat, wrap, or suit which you paid for, but did not receive. You know that he will send it to you and you trust him implicitly. God's promises never fail and you can also give thanks for the gifts which have already been given you. Rise to the point of acceptance and go forth with a grateful heart for the gift already received.

- Joseph Murphy

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I shall illustrate how Mr. Broke applied this technique with excellent results. He said, "Bills are piling up, I am out of work, I have three children and no money. What shall I do?" Regularly every night and morning, for a period of about three weeks, he repeated the words, —Thank you, Father, for my wealth, in a relaxed, peaceful manner until the feeling or mood of thankfulness dominated his mind.

He imagined he was addressing the infinite power and intelligence within him knowing, of course, that he could not see the creative intelligence or infinite mind. He was seeing with the inner eye of spiritual perception, realizing that his thought-image of wealth was the first cause, relative to the money, position, and food he needed. His thought feeling was the substance of wealth untrammelled by antecedent conditions of any kind.

By repeating, "Thank you, Father," over and over again, his mind and heart were lifted up to the point of acceptance, and when fear, thoughts of lack, poverty, and distress came into his mind, he would say, "Thank you, Father," as often as necessary.

He knew that as he kept up the thankful attitude he would recondition his mind to the idea of wealth, which is what happened.

- Joseph Murphy

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'Gratitude' makes you focus on the things that are working in your life, which causes you to attract MORE of the 'good' stuff. Your "ungratefulness" makes you focus on the things you are ungrateful about, the things that are not working in your life -- which means your entire focus is on what is NOT working in your life, the "bad" stuff, which causes you to attract more of the same undesirable results.

- Unknown

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The persons who are thankful and grateful are FOCUSING their minds on what is good in their lives, on what is working alright. The universal Law of Attraction keeps bringing them more of what they FOCUS on: the 'good' stuff in their lives. And the Subconscious Law of Multiplication and Expansions takes care of multiplying and expanding those good results in all areas of their lives.

Now, it should be perfectly clear why "The ungrateful never prospers". As these ungrateful individuals FOCUS mainly on what is wrong in their lives, they put into operation the universal Law of attraction, which keeps bringing them what they FOCUS on: the 'bad' stuff in their lives. And the Subconscious Law of Multiplication and Expansion makes those troubles, not only worse, but it makes those troubles expand into all the areas of their lives as well.

BEING THANKFUL AND GRATEFUL makes a person a MONEY MAGNET as well as a magnet to many wonderful things and events being attracted into his life.

- Unknown

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To make sure you improve the quality of your life, fill your mind with the possibilities of good. Read uplifting books that help you recognize your true potential. Identify what your negative beliefs about life are, and find a way to improve those concepts. Whenever you recognize that your

thoughts are drifting back into a negative feedback loop, understand that it's simply old programming, and change them to something favorable. Keep a gratitude journal daily to remind you of the good in your world.

It's far too easy to sink into a quicksand of negativity. If you aren't vigilant, you can be pulled down into the mire and your awareness will become polluted. This tendency must be combated with every thought of every day. The good news is that as soon as you begin to lift your vision from the rocks at your feet to the bright horizon, you'll notice your life improving and it will be lasting.

- Linda-Ann Stewart

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How does that relate to manifesting your desires? Well, it has everything to do with manifesting your desires. Why does our life seem like a struggle? Why don't we get the money we want? Why don't we get the relationship that we have always desired? Why is our life filled with a long list of never ending problems?

All these are because of our habitual way of observing the world.

We have been conditioned that what we are seeing is reality, and we continue to live this way and continue to observe the same things happen in our lives.

Let me tell you, your reality is not reality. Only you choose and observe it to be your reality. As soon as you realize your own observation is the cause of everything, then you can literally decide to create another reality.

You can decide to observe another reality into your world, only when you choose to.

How do you do it? First, don't let your outer world delude you, this is not necessarily the reality. Secondly, observe exactly what you want in your mind, observe it with certainty and clarity, and then let it go, knowing that you have already created your desires at the quantum level.

You simply let the universe arrange for it to come to you. When the opportunities come, don't forget to take action and express your gratitude. Everything begins with your change of the way you look at your world.

Remember "Change the way you look at things, and the things you look at will change."

- Song Chengxiang

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### Be Grateful For Everything

Do you know what the most powerful emotional state that people can have is? Yes, that is gratitude. When you are in the state of gratitude, you are in line with the source energy of the universe. You get to see things clearly. Any obstacles become an opportunity for you.

People feel depressed, or unhappy, most of the time because they focus too much attention onto the problems they have, and forget that they have many wonderful things happening in their lives.

Be grateful for the love you receive from your family, your friends, your colleagues. Thank them in some way. Treat them a meal, buy them a gift, just give them a word of greeting, or just give them a prayer in your heart.

Be grateful to yourself, to your body. Say thanks to your feet for supporting you for such a long time, say thanks to your eyes for letting you see the beauty of this world, say thanks to your ears for giving you the beautiful sounds of the universe. Say thank you to every part of your body.

Thank the universe for all the blessings it gives you, and all the blessings you are receiving.

Be grateful for everything you have now, and you shall receive much more.

- Song Chengxiang

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Know with absolute and unwavering certainty that what you are affirming is already yours. "If you can believe, all things are possible to him who believes." So believe that it's already done by simply saying "Thank you" or assuming an attitude of gratitude after affirming what you want. I once heard a wonderful quotation from an anonymous author that says it profoundly:

"We can start with who we are and what we have today, apply gratitude, then let it work its magic.

Say thank you, until you mean it. If you say it long enough, you will believe it. Today will shine the transforming light of gratitude on all the circumstances of my life."

- Jeff Staniforth

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A proof of this established consciousness is given you in the words, "Thank You, Father" ["I thank Thee, O Father, Lord of heaven and earth", "Father, I thank thee that thou hast heard me"]. When you come into the joy of thanksgiving so that you actually feel grateful for having received that which is not yet apparent to the senses, you have definitely become one in consciousness with the thing for which you gave thanks.

God (your awareness) is not mocked. You are ever receiving that which you are aware of being and no man gives thanks for something which he has not received. "Thank You, Father" is not, as it is used by many today, a sort of magical formula.

You need never utter aloud the words, "Thank You, Father". In applying this principle, as you rise in consciousness to the point where you are really grateful and happy for having received the thing desired, you automatically rejoice and give thanks inwardly. You have already accepted the gift which was but a desire before you rose in consciousness, and your faith is now the substance that shall clothe your desire.

- Neville Goddard

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In a polite society we say "thank you" after we receive a gift. While that is nice, it is not exactly the way the Universe works. Many falter in the manifestation process because they believe that they do not already have what they want. After all, if you cannot see it or touch it, it is not there, right? Wrong!

Anything and everything that you could possibly want or desire is all around you. It is in the form of energy waiting to be shaped and brought into the physical world by the creative process of the mind.

Thoughts are things and all things are made of energy—Physics 101. Nothing exists in the world that was not first thought about. A chair, a house, a plane, a computer, etc. are merely thoughts that have become manifest. I would go so far as to say that you and all the infinite manifestations of life exist because of the first thought—the prime mover—the creative consciousness behind all of existence.

When we say that we do not have something, we close the cosmic door.

We are telling the Universe "I do not have" and the Universe grants your desire and thus you do not have.

It is said, "seek, and you shall find, knock and the door shall be opened."

Unfortunately most people think this merely means that if you seek spiritual salvation, you will find it.

However, these words are a basic Law of the Universe. In essence the law says that if you seek something, you will find it. It also says that what you have found is what you have sought. If you knock, a door will be opened, or the doors that have opened are the ones upon which you have knocked.

This puts life squarely upon your shoulders. What you have gotten is what you have sought. "But," you say, "I did not seek disease, poverty, financial lack, poverty, loneliness or general misery." You either consciously did or you unconsciously accepted these conditions because someone convinced you that is all you will ever get out of life.

Someone gives you a canvas and some paints and you say, "What good is this? There is no picture on the canvass. It is blank." You are told to draw a picture and you balk because you are convinced that you are not an artist. As a result, other people use the paints to draw what they want. Now you are stuck with a picture that someone else painted that you do not like.

Now you sit, displeased with the picture but unwilling to change it because you are convinced that only others can paint. What does this have to do with gratitude? Because you do not feel that you can paint, you do not feel any level of thankfulness for the pictures others have drawn for you. You really wanted a picture of a beautiful house in the country but someone draws a rundown apartment. Why should you be thankful, the picture is not what you want?

The fact of the matter is that you do have whatever you want. The canvas is all things. It merely awaits your brush strokes to make it real. When you say that you have nothing to be thankful for, you are saying that the canvas can never have the picture you desire. You close the door without even trying to open it. You see the canvas as blank, but it can be whatever you desire it to be.

Giving thanks means that you have already received something. When you give thanks to the Universe for all that you could possibly desire, you are saying that you have received all that you could possibly desire. You give form and then substance to the energy that exists everywhere and by law, these things must manifest.

If you say that the picture on the canvas is a new house, it cannot be a rundown apartment. The painting can only be what is put on it.

It is only hard to give thanks for what you think you do not have because that is your conditioning. You can't paint? Not true! The world you have, you have painted.

When you begin to accept the fact that you are the artist of your own life, you will begin to realize that all of those blank canvasses await your secret desires to be drawn by your creative mind.

Give thanks for all that you desire. They already exist in potential. It is up to you to make them real. Tell the Universe what you want and tell

the Universe you are thankful that it has given you an unlimited supply of paint. Do not close the door of life by saying no thank you.

- Philip F. Harris

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The greatest thief of human happiness and abundance is ungratefulness.

Any lack in our lives - whether in money, health, or relationships - is simply the evidence of a lack of gratitude.

If you focus on lack you are not being grateful, and that will bring more lack into your life.

Yet the simple state of radiating gratitude summons everything to you.

No matter who you are or where you are, you can change your life with gratitude, but you must feel it with your whole heart and radiate it from every cell.

Gratitude is not a mental exercise, and in fact, if you simply use your mind for gratitude it will have little or no power.

True gratitude comes from your heart! You must think gratitude through your heart, speak gratitude through your heart, and feel it intensely in your heart.

Then practice gratitude relentlessly.

As you practice gratitude you will attract more thoughts and feelings of gratitude. In a short time your entire being will be saturated with it, and you will experience a happiness that is beyond what you can imagine.

This is what is ahead for you when you choose gratitude as your way of life.

And if you can really live in this highest state of gratitude, you will never have to ask for anything.



Everything you want will be given to you before you even ask, because gratitude is the magnetic substance that opens every single door in the Universe.

- Rhonda Byrne

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### Two Words Which Will Change Your Life!

There are two words that, when spoken, have the most unfathomable power to completely change your life. Two words which, when they pass your lips, will be the cause of bringing absolute joy and happiness to you. Two words that will create miracles in your life. Two words that will wipe out negativity.

Two words that will bring you abundance in all things.

Two words which, when uttered and sincerely felt, will summon all the forces and vibrations in the Universe to move all things for you.

The only thing standing between you, happiness, and the life of your dreams, are two words...

THANK YOU

Gratitude is one of the easiest and most powerful ways to transform your life.

If you become truly grateful, you will magnetize absolute joy to you everywhere you go, and in everything you do. In fact, without gratitude, nothing can ever change.

Your life will change to the degree that you use gratitude and begin to feel grateful.

If you are just a little bit grateful, your life will change a little bit. If you are very grateful, your whole life will change. If you live gratitude every single day, you will become one of the greatest human beings on the planet, and the light of your life will uplift our world.

The greatest human beings who have ever lived showed us the way with gratitude, and by their example became shining lights in our history. Einstein said "thank you" hundreds of times every single day! Ancient wisdom dating back thousands of years gave us the truth about gratitude. Every single religion speaks of giving thanks. All the sages and saviors of the world demonstrated the use of gratitude in all their teachings.

Of the thousands of letters we receive from people whose lives have become miracles after experiencing The Secret, every single one of them has made gratitude their way of life. It is impossible to be negative when you are giving thanks. It is impossible to criticize or blame when you are feeling grateful. It is impossible to feel sad when you are in gratitude. Most people are sporadically grateful, however, to change your life with gratitude, a new way of learning how to be truly grateful is what will bring unlimited happiness into your life.

So how do you live in gratitude? Begin your day by feeling grateful. Be grateful for the bed you just slept in, the roof over your head, the carpet or floor under your feet, the running water, the soap, your shower, your toothbrush, your clothes, your shoes, the car that you drive, your job, your friends, your refrigerator that keeps your food cold. Be grateful for the weather, the sun, the sky, the birds, the trees, the grass, the rain, and the flowers. Be grateful for the stores that make it so easy to buy the things you need, the restaurants, the utilities and services and electrical appliances that make your life effortless. Be grateful for magazines and the books that you read. Be grateful for the chair that you sit on, and the pavement that you walk on. Be grateful for your favorite music that sweeps you away, and for movies that make you feel good.

Be grateful for your phone that connects you with people, for your computer, for the electricity that lights up your life. Be grateful for air travel that flies you everywhere. Be grateful for the roads and traffic lights that keep the traffic in order. Be grateful to those who built our bridges. Be grateful for your pet, for your child, for your loved ones, for your eyes that enable you to read this. Be grateful for your imagination. Be grateful that you can think! Be grateful that you can speak. Be grateful that you can laugh and smile. Be grateful that you can breathe! Be grateful that you are alive! Be grateful that you are You!

Be grateful that there are two words that can change your life!

Thank you! Thank you! Thank you!

The more that you practice gratitude the more deeply you will feel it in your heart, and the depth of the feeling is the key. The more deeply and sincerely you feel it, the more you will bring absolute bliss and happiness on every single subject. Watch what happens in your life when you practice gratitude every single day and in every single moment and in every opportunity that you can. Remember, if you are criticizing, you are not being grateful. If you are blaming, you are not being grateful. If you are complaining, you are not being grateful. If you are feeling tension, you are not being grateful. If you are rushing, you are not being grateful. If you are in a bad mood, you are not being grateful.

To understand the power and the magic of gratitude, you have to experience it for yourself. So why not begin by deciding to find 100 things a day to be grateful for? As you practice gratitude every day, it won't take long before gratitude is your natural state of being, and when it happens you will have unlocked one of the greatest Secrets to Life.

There is just one other thing that I want you to know about Gratitude.....

When you are giving thanks, you FEEL GOOD!

- Rhonda Byrne

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## The Key of Gratitude

I know of thousands of people in the worst imaginable situations who have changed their lives completely through gratitude. I know of miracles that have taken place in health where there seemed to be no hope: failed kidneys regenerate, diseased hearts heal, eyesight is restored, tumors disappear, and bones grow and rebuild themselves. I know of broken relationships that have transformed into magnificent ones through gratitude: failed marriages completely restored, estranged family members reunited, parents transforming relationships with children and teenagers, and teachers transforming students.

I have seen people who were in total poverty become wealthy through gratitude: people turned around failing businesses, and people who had struggled with money all their lives created abundance. Someone even went from living on the streets to having a job and a home in a week. I know of people who were in depression who catapulted into joyful and

fulfilling lives through gratitude. People who have suffered from anxiety and every kind of mental illness have restored themselves to perfect mental health through gratitude.

Every single savior of the world used gratitude, because they all knew that gratitude was one of the highest expressions of love.

They knew that when they were grateful, they were living in exact accordance with the law.

Why do you think Jesus said thank you before he performed every miracle?

Every time you feel grateful you are giving love, and whatever you give, you receive. Whether you're giving thanks to a person or feeling grateful for a car, a vacation, a sunset, a gift, a new house, or an exciting event, you are giving love for those things, and you will receive back more joy, more health, more money, more amazing experiences, more incredible relationships, more opportunities.

Try it now. Think of something or someone you're grateful for. You could choose the person you love more than anyone else in the world. Focus on that person and think about all the things you love and are grateful for about that person. Then, in your mind or out loud, tell that person all those things you love and are grateful for about them, as though they were there with you. Tell them all the reasons you love them. You can recall particular instances or moments by saying, "Remember the time when ... " As you're doing it, feel the gratitude begin to fill your heart and body.

The love you gave in that simple exercise must and will return to you in the relationship, and in your whole life. That is how easy it is to give love through gratitude.

Albert Einstein was one of the greatest scientists who ever lived. His discoveries completely changed the way we see the universe. And when asked about his monumental achievements, Einstein spoke only of giving thanks to others. One of the most brilliant minds that has ever lived thanked others for what they had given to him - a hundred times a day! That means at least a hundred times a day, Einstein gave love. Is it any wonder that life revealed so many of its mysteries to Albert Einstein?

## Gratitude, the Great Multiplier

When you're grateful for the things you have, no matter how small they may be, you will receive more of those things. If you're grateful for the money you have, however little, you will receive more money. If you're grateful for a relationship, even if it's not perfect, the relationship will get better. If you're grateful for the job that you have, even if it's not your dream job, you will receive better opportunities in your work. Because gratitude is the great multiplier of life!

- Rhonda Byrne

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Thanks be to God. We speak of enlarging our faith, but the only way in which we can do this is by enlarging our mental equivalents, by increasing our demands and by adding the quality of gratitude. When we believe that God wants through us the thing we want, we are ready to give thanks in advance.

- Robert Russell

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## SECRET GRATITUDE

Many of the great teachers and master, from the past and those living today, tell us the immense power of gratitude. They know that remarkable things are achieved by people who consciously use gratitude every day. Gratitude is one of the greatest secrets of success.

The most powerful law in the Universe, the law of attraction, gives you whatever you focus on with thought and feeling. Simply put, good thoughts and good feelings multiply and attract more good-feeling events, people, and circumstances. Feeling grateful . . for anything . . is one of the most powerful states to attract more wonderful things into your life. As you feel the feelings of gratitude, right in that very moment you are attracting more things to be grateful for.

You can also use gratitude to create things in your life that do not yet exist. When you are grateful for the things that you want to come into your life (the dream job, absolute health, the perfect relationship, total

abundance), before they actually appear, you are sending out the signal to the Universe that you already have those things. You are giving thanks for it now! And so you must attract things to you. It is law.

It is impossible to bring more into your life if you are feeling ungrateful for what you have. Why?

Because the thoughts and feelings you emit as you feel ungrateful are all negative emotions. Whether it is jealousy, resentment, dissatisfaction, or feelings of “not enough”, those feelings cannot bring you what you want. They can only return to you more of what you do not want. Those negative emotions are blocking your own good coming to you. If you want a new car but you are not grateful for the car you have, that will be the dominant frequency you are sending out, and you cannot attract something better.

On the other hand, if you feel grateful for the car you have now, you are powerfully summoning an even better car to you.

To transform your life, you must find a way of being grateful for what you have now. As you begin to think about all the things in your life you are grateful for, you will be amazed at the never ending list of thoughts that come back to you of more things to be grateful for.

You just have to make a start, and then the law of attraction will receive those grateful thoughts and give you more just like them. You will have locked into the powerful frequency of gratitude, and all good things will be yours!

Each morning before you get out of bed, make it a habit to feel the feelings of gratitude in advance for the great day ahead, as though it is done.

Gratitude is absolutely the way to bring more into your life!

- Unknown

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Getting in touch with the exhaustless riches of the Limitless Substance involves a transformation of old habit-patterns of thinking,

feeling and expectation. When you learn how to feel rich in spirit, you will have access to the fountain which never runs dry.

You do not lie to yourself when you learn to pour out gratitude to the Lord of Life for inner riches. For the miracle of sight which enables you to experience a tree, a sky, a bird on wing—the face of a loved one. For the miracle of sound, bringing awareness of the song of Life as it expresses through music, the human voice—and the symphonies of Mother Nature. For the miracle of touch, the breeze caressing your cheek, the touch of God, through the myriad forms.

These are riches indeed, and as you practice feeling and expressing your growing awareness of these blessings, you start opening up the channels through which fulfillment comes.

We quote from MATTHEW 13:12-13: "For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath.

- Unknown

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It is well to add to this that a contented mind is a great aid to such elevation. Few indeed are those on earth who realize the blessings which they enjoy or should enjoy did they really think of them. But they become accustomed to them, and take them as a matter of course or as a due, giving most of their thoughts to Something More, and ever more again, till all life is full of discontent.

Now, with every prayer, And every day, every soul should earnestly reflect on what he or she has that is good in life and enjoyable in all its fullness, and thank God for it.

Doing this we shall soon note that new and special blessings begin to come, and truly it is marvelous how often they come when we once begin to be grateful for them in prayer.

For the sincerely thankful are ever blessed.

A deep conviction or firm belief in all this will bring a degree of content and happiness over all our life which no pen can depict, since gratitude brings luck.

- Charles Godfrey Leland

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Prayer is a very sophisticated means of communication and in order for it to work properly, like any other modern equipment or device of telecommunication, it has to be installed and adjusted properly, tuned to the proper wavelength in order to avoid static, and we've got to be "plugged in" to the power source.

We should not forget to mention, though, that when you have been given something, be it from another person or from God in answer to your prayers, it is always nice to say "thank you."

Some people forget about this little detail and simply don't show appreciation for what they've been given, and then wonder why they're not receiving more.

Part of the art in life consists in showing our gratitude for the things we receive.

Just as there are laws of physics in our material realm, there are laws of the spirit, that govern the spiritual, which are just as certain, if not more so than the physical.

And one of those laws is that you have to show gratitude

in order to be receiving more from God,

.....otherwise, the magic will eventually stop working.

That's why experienced prayer warriors and children of God first "prime the pump" with praises to God before they start praying and bringing their petitions before Him.

Just as people like to see and hear your gratefulness and appreciation for what they've done for you, so does God. We're made in His image, and are probably like Him in more ways than we realize.



The Bible even says that anything received from God with the giving of thanks is purified and made clean, meaning, if you truly thank God for it from the heart, you have sanctified it, and no matter what anyone else may say about it, it has become pure. "To the pure all things are pure."

Now, the real art of living consists not only in praising and thanking God for the obviously good things, but even for the seemingly bad things, our problems, troubles, sicknesses and sufferings, and even the calamities that befall us. "Prison to Praise" by Merlin Carothers is a powerful book on the secret weapon of praise, which we would like to recommend.

- Dave Mendoza

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## The Prospering Power of Thanksgiving

Prosperity is closely tied to thanksgiving, praise and gratitude.

It is through the truly grateful heart that God's infinite riches flow.

There is no doubt about it, thanksgiving opens the way for ever-increasing prosperity in your life.

The Gratitude Attitude clears the way for the greater prosperity you desire. If it has seemed to be blocked somehow, check up on how grateful you have been and what your attitude toward life is.

If you have been critical and complaining about other people or events in your life, release those lack-producing thoughts and feelings replacing them with gratitude and appreciation.

Try praising instead of grumbling and you will be amazed at how much better you feel and how much easier and prosperous your life is.

One of the best ways to increase your prosperity is to truly be thankful for all the blessings you have received in the past, have now, and for those you expect to receive.

It may seem a little strange to give thanks for what you expect to receive, but believe me, it works wonders to speed it on its way to you.

Instead of complaining that God may seem to take too long, or that you may not be worthy, accept that you are worthy and gratefully claim your richer good as yours now. Image it clearly in your imagination and confidently, thankfully act as though you really believe it. Especially be genuinely thankful in prayer.

The more thankfulness you add to your prayers, the quicker and more easily they are answered.

Another good prosperity practice is to give thanks for challenges. If you have difficulties, do not blame God for them. God did not give them to you. They came because of something in your consciousness.

Bless them until they clear out of your thoughts, and your life. If there are people, things, or situations you need to forgive, do so now. Continue doing so until you have cleared out all anger and resentment from your consciousness permanently. God, in you, is your forgiving power.

Forgiveness frees you to prosper! Give thanks for this.

It is wise to take a few moments, daily, to quietly give thanks for, and bless, everyone and everything around you, for which you are grateful.

Be grateful for everything! This practice is powerful to quicken spiritual substance so that it flows more freely into your life, through your uplifted consciousness.

When you are truly grateful for what you have, then you are ready for more.

Take your purse, wallet, or checkbook in your hands and lovingly bless them and the good they represent. No matter how much or how little seems to be there, give thanks for God's lavish rich supply that is now pouring into your life in the form of financial plenty.

A good daily practice is to bless your wonderful mind and your ability to think clearly and wisely; for being able to make wise decisions quickly and easily.

Give thanks that God has given you an infinite capacity to think yourself into lavish, overflowing prosperity and rich abundance.

With the same thought-power, bless your body. Give thanks for the Life of God present in every cell; that makes you alive and healthy. If you have a healing need, thankfully claim and accept that healing is taking place now.

Give thanks for your growing ability to express love and harmony in all your human relationships; that you are a peacemaker; that you are always guided to say the right thing that which is loving, kind, uplifting and prospering. And give thanks for your growing ability to give genuine praise and appreciation more easily and frequently.

Yes, thanksgiving and gratitude is your prospering power.

Give thanks for everything and everybody. Keep your heart filled with gratitude and it will always be connected with God.

Then your prosperity grows and grows in magnificent ways.

- Rev. John W. Adams

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What can you do right now to turn your life around? Be Grateful.

Gratitude will bring more into our lives immediately.

Be Thankful!

Be thankful for the difficult times. During those times you grow.

Be thankful for your limitations. Because they give you opportunities for improvement.

Be thankful for each new challenge. Because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons...

When you feel cheerful, happy you emit signals of happiness to the Universe.

This way you will get back more and more joy and happiness.

- Unknown

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In every avenue of your experience, gratitude plays a much greater part than you perhaps realize.

Gratitude is not something that concerns the other person.

It is your relationship, your contact, with God. It is your own individual at-one-ment with God.

Actually, you never need to say, "Thank you," outwardly to another person who has been an avenue or channel for good for you. Of course, we do, as a form of courtesy, but unless that outer expression of gratitude is accompanied by the inner realization that God, our consciousness, is the source of that for which we are grateful, we are being grateful to the wrong source, and we have lost the essence of the true sense of gratitude.

The "Thank you, Father," of Jesus was his silent recognition that God is the cause and the effect of any and every amount of loaves and fishes.

- Joel Goldsmith

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Love is one of the ideas that provide a key to the infinite storehouse of abundance.

It opens up generosity in us. It opens up generosity in others when we begin to love and bless them. Will it also open up a spirit of generosity in God? It certainly will and does.

If you consciously love and bless God, you will soon find that things are coming your way. It will surprise you that just thinking about God will draw to you the things you want and expect, and bring many other blessings that you had not even thought about.

Thousands of persons have proved this law to their entire satisfaction, and we have many records that illustrate how people have demonstrated

abundance in the very face of apparent lack, simply by thinking about the love of God and thanking Him for what they have.

This law will demonstrate itself for you or for anyone who applies it faithfully, for "love never faileth."

- Charles Fillmore

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You should expect prosperity when you keep the prosperity law.

Therefore, be thankful for every blessing that you gain and as deeply grateful for every demonstration as for an unexpected treasure dropped into your lap. This will keep your heart fresh; for true thanksgiving may be likened to rain falling upon ready soil, refreshing it and increasing its productiveness.

When Jesus had only a small supply He gave thanks for the little He had. This increased that little into such an abundance that a multitude was satisfied with food and much was left over.

Blessing has not lost its power since the time Jesus used it. Try it and you will prove its efficacy.

The same power of multiplication is in it today.

Praise and thanksgiving impart the quickening spiritual power that produces growth and increase in all things.

- Charles Fillmore

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"Jehovah is my shepherd; I shall not want."

When your mind comes around again to the subject of prosperity, realize most strongly that your prosperity comes from God.

It came with you from God, from your contact with God-Mind in your silence, and your prosperity is right with you wherever you are.

Supply may seem to come through outer channels, but your real success depends on your inner hold on the prosperity realization.

Be thankful for supply that comes through outer channels, but do not limit God's giving to any one channel. Look unto Him and be prospered.

### Some Prosperity Prayers

I am always provided for because I have faith in Thee as my omnipresent abundance.

I have faith in Thee as my almighty resource and I trust Thee to preserve me in my prosperity.

I trust the universal Spirit of prosperity in all my affairs. I come to God because I believe that He is and that He is a rewarder of them that seek after Him.

- Charles Fillmore

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The law of supply is a divine law. This means that it is a law of mind and must work through mind. God will not go to the grocery and bring food to your table.

But when you continue to think about God as your real supply, everything in your mind begins to awaken and to contact the divine substance, and as you mold it in your consciousness, ideas begin to come which will connect you with the visible manifestation.

You first get the ideas in consciousness direct from their divine source, and then you begin to demonstrate in the outer. It is an exact law and it is scientific and unfailing. "First the blade, then the ear, then the full grain in the ear."

When you work in harmony with this universal law, every needed thing is abundantly supplied. Your part is simply to fulfill the law; that is, to keep your mind filled with mind substance, to store up spiritual substance until the mind is filled with it and it cannot help but manifest in your affairs in obedience to the law.

"Whosoever hath, to him shall be given."

But you are not fulfilling the law when you allow poverty-stricken thoughts to dwell in your mind. They draw other like thoughts, and your consciousness will have no room for the truth that prosperity is for you.

Poverty or prosperity, it all depends on you. All that the Father has is yours, but you alone are responsible for the relationship of the Father's good to your life.

Through conscious recognition of your oneness with the Father and His abundance you draw the living substance into visible supply.

Do not hesitate to think that prosperity is for you. Do not feel unworthy. Banish all thoughts of being a martyr to poverty. No one enjoys poverty, but some people seem to enjoy the sympathy and compassion they can excite because of it. Overcome any leaning in that direction and every belief that you were meant to be poor. No one is ever hopeless until he is resigned to his imagined fate.

Think prosperity, talk prosperity, not in general but in specific terms, not as something for the other fellow but as your very own right. Deny every appearance of failure.

Stand by your guns and affirm supply, support, and success in the very face of question and doubt, then give thanks for plenty in all your affairs, knowing for a certainty that your good is now being fulfilled in Spirit, in mind, and in manifestation.

- Charles Fillmore

A Prosperity Treatment

Twenty-Third Psalm  
(Revised)

The Lord is my banker; my credit is good.

He maketh me to lie down in the consciousness of omnipresent abundance;

He giveth me the key to His strongbox.

He restoreth my faith in His riches;

He guideth me in the paths of prosperity for His name's sake.

Yea, though I walk in the very shadow of debt,

I shall fear no evil, for Thou art with me;

Thy silver and Thy gold, they secure me.

Thou preparest a way for me in the presence of the collector;

Thou fillest my wallet with plenty; my measure runneth over.

Surely goodness and plenty will follow me all the days of my life,

And I shall do business in the name of the Lord forever.

- Charles Fillmore



## \*\*\* Quotes \*\*\*

The grateful heart draws great things to itself. The ungrateful heart draws limitation. . . Eric Butterworth

All things come to those who are grateful.

The Law of Gratitude states that the more we express our gratitude, the more we will attract to ourselves things to be grateful for.

“There is a law of gratitude, and if you are to get the results you seek, it is absolutely necessary that you should observe this law.” – Wallace Wattles

“You cannot exercise much power without gratitude because it is gratitude that keeps you connected with power. The creative power within us makes us into the image of that to which we give our attention. The grateful mind is constantly fixed upon the best, therefore it will receive the best.” – Wallace Wattles

Can you imagine that something so simple as being grateful can multiply everything you love and completely change your life? – Rhonda Byrne

“Gratitude for the abundance you have received is the best insurance that the abundance will continue”. - Prophet Muhammad

"Gratitude is a vaccine, an antitoxin, and an antiseptic" - John Henry Jowett

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. - Melody Beattie

If you concentrate on finding whatever is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul. - Rabbi Harold Kushner

God gave you a gift of 86,400 seconds today. Have you used one to say “thank you?” - William A. Ward

He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has. - Epictetus

Give thanks for a little and you will find a lot. - The Hausa of Nigeria

Gratitude is riches. Complaint is poverty. - Doris Day

You say grace before meals. All right. But I say grace before the concert and the opera, and grace before the play and pantomime, and grace before I open a book, and grace before sketching, painting, swimming, fencing, boxing, walking, playing, dancing and grace before I dip the pen in the ink. - G. K. Chesterton

Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom. - Marcel Proust

Gratitude is a quality similar to electricity: it must be produced and discharged and used up in order to exist at all. - William Faulkner

If you want to turn your life around, try thankfulness. It will change your life mightily. - Gerald Good

You simply will not be the same person two months from now after consciously giving thanks each day for the abundance that exists in your life. And you will have set in motion an ancient spiritual law: the more you have and are grateful for, the more will be given you. - Sarah Ban Breathnach

Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings. - William Arthur Ward

To educate yourself for the feeling of gratitude means to take nothing for granted, but to always seek out and value the kind that will stand behind the action. Nothing that is done for you is a matter of course. Everything originates in a will for the good, which is directed at you. Train yourself never to put off the word or action for the expression of gratitude. - Albert Schweitzer

Saying thank you is more than good manners. It is good spirituality. - Alfred Painter

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. - John F. Kennedy

When we become more fully aware that our success is due in large measure to the loyalty, helpfulness, and encouragement we have received from others, our desire grows to pass on similar gifts. Gratitude spurs us on to prove ourselves worthy of what others have done for us. The spirit of gratitude is a powerful energizer. - Wilferd A. Peterson

Whatever our individual troubles and challenges may be, it's important to pause every now and then to appreciate all that we have, on every level. We need to literally "count our blessings," give thanks for them, allow ourselves to enjoy them, and relish the experience of prosperity we already have. - Shakti Gawain

There is no greater difference between men than between grateful and ungrateful people. - R.H. Blyth

What if you gave someone a gift, and they neglected to thank you for it—would you be likely to give them another? Life is the same way. In order to attract more of the blessings that life has to offer, you must truly appreciate what you already have. - Ralph Marston

There is a calmness to a life lived in gratitude, a quiet joy. - Ralph H. Blum

Gratefulness is the key to a happy life that we hold in our hands, because if we are not grateful, then no matter how much we have we will not be happy — because we will always want to have something else or something more. - Brother David Steindl-Rast

Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace and gratitude. - Denis Waitley

Grace isn't a little prayer you chant before receiving a meal. It's a way to live. - Jacqueline Winspear

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Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life. - Christiane Northrup

Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes of which all men have some. - Charles Dickens

Both abundance and lack exist simultaneously in our lives, as parallel realities. It is always our conscious choice which secret garden we will tend... when we choose not to focus on what is missing from our lives but are grateful for the abundance that's present — love, health, family, friends, work, the joys of nature and personal pursuits that bring us pleasure — the wasteland of illusion falls away and we experience Heaven on earth. - Sarah Ban Breathnach

Whenever we are appreciative, we are filled with a sense of well-being and swept up by the feeling of joy. - M.J. Ryan

Feeling gratitude and not expressing it is like wrapping a present and not giving it. - William Arthur Ward

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“Only a stomach that rarely feels hungry scorns common things.” - Horace

“When eating bamboo sprouts, remember the man who planted them.” - Chinese Proverb

“Blessed are those that can give without remembering and receive without forgetting.” - Author Unknown

“Possession follows the feeling that you do possess the things desired, and that feeling is made stronger if you will express gratitude for the possession.”  
What things so ever ye desire... believe that ye receive them, and ye shall have them. When one is grateful for something he has not yet seen or touched or experienced as the result of his conviction that it already exists, his gratitude will hasten its arrival. – George W. Wilson

“Real life isn’t always going to be perfect or go our way, but the recurring acknowledgement of what is working in our lives can help us not only to survive but surmount our difficulties.” - Sarah Ban Breathnach

“Find the good and praise it.” - Alex Haley

“God gave you a gift of 86,400 seconds today. Have you used one to say “thank you?” - William A. Ward

In ordinary life we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich. - Dietrich Bonhoeffer

# Be Thankful

Be thankful that you don't already have everything you desire,  
If you did, what would there be to look forward to?

Be thankful when you don't know something  
For it gives you the opportunity to learn.

Be thankful for the difficult times.  
During those times you grow.

Be thankful for your limitations  
Because they give you opportunities for improvement.

Be thankful for each new challenge  
Because it will build your strength and character.

Be thankful for your mistakes  
They will teach you valuable lessons.

Be thankful when you're tired and weary  
Because it means you've made a difference.

It is easy to be thankful for the good things.  
A life of rich fulfillment comes to those who are  
also thankful for the setbacks.

GRATITUDE can turn a negative into a positive.  
Find a way to be thankful for your troubles  
and they can become your blessings.

Author Unknown

Speak this prayer religiously every day, with feeling:

I am a rich child of a loving and wealthy Divine Father. Divine Intelligence is now showing me what I need to do to claim that which I desire. Divine Intelligence is even now opening the doors to my immediate blessings in ways beyond my understanding.

Money, love, and opportunities for my immediate and long-term good fortune, are flowing into, around, and through me now. I receive and accept my good.

What I desire also desires me, and is now being irresistibly drawn into my experience. My word must be fulfilled, as this is the law of divine creativity. I have absolute faith that all that is mine by Divine right now comes to me in rich abundance.

As I speak my word and decree a thing, it is done in divine right order and right on time. God is my Source and my true supply. Universal Intelligence is responding to the claim I am making, and is manifesting my desire into form, as I speak. This is certain, I am certain, and my faith is absolute.

It is done, and I say: "Thank you, God, and so it is."

(From the Amazing book by Terry Cole-Whittaker, Three Keys to Fortune)

David Allen – The Magic Of Drawing The Riches Out Of The Universe

This book was compiled from my personal library. Below are the sources of the quotes.

Dr. Robert Anthony – Betting On Yourself  
Dr. Robert Anthony – The Power Of Gratitude  
Dr. Noelle C. Nelson - The Power of Appreciation in Everyday Life  
Ernest Holmes – This Thing Called You  
Dr. Rudolph Steiner – How To Know The Higher Worlds  
Dr. Tim Ong - The Book of Personal Transformation  
Eckhart Tolle – Practicing The Power of Now  
Ella Wheeler Wilcox – The Heart Of New Thought  
Emmet Fox – Diagrams For Living – The Bible Unveiled  
Enoch Tan – Manifestation Keys  
Enoch Tan – Reality Creation Secrets  
Ernest Holmes – Creative Mind and Success  
Wallace Wattle – The Science Of Getting Rich  
The Book Great Wealth Pandemic  
Helen B. True - How to Obtain Our Own (Walter De Voe quote)  
Meister Eckhart Quote  
Ian Paul Marshall - Your Great Awakening Change Your Life Change the World  
Abraham-Hicks - Ask and It is Given  
Aine Belton – Unlock Your Intuition  
Alan Tutt – Keys To Power Prosperity  
Brain Tracy – Million Dollar Habits  
Catherine Ponder – The Dynamic Laws Of Prosperity  
Charles Fillmore – Dynamics For Living  
Charles Fillmore Mysteries Of John  
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Christian D. Larson – The Great Within  
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Walter C. Lanyon  
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Joseph Murphy – How To Use Your Healing Power  
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Philip F. Harris – Jesus Taught It Too  
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Dave Mendoza – The Deeper Meaning Of Everything

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Charles Fillmore - Prosperity