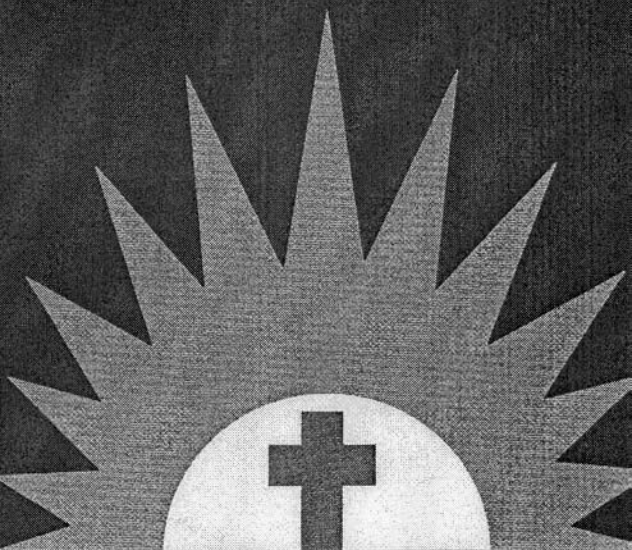




# Today & Tomorrow

*A. K. Mozumdar*



# **TODAY AND TOMORROW**

**(Physio-metaphysics)**

**An experimental textbook**

**of**

**The New Messianic World Message**

**by**

**A. K. MOZUMDAR**

# TODAY AND TOMORROW

BY  
A. K. MOZUMDAR

*Author of*

THE LIFE AND WAY SERIES  
THE CONQUERING MAN  
THE MYSTERY OF THE KINGDOM  
THE TRIUMPHANT SPIRIT  
THE COMMANDING LIFE  
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ETC.

P U B L I S H E D   P R I V A T E L Y

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*This book is lovingly dedicated to all the students, teachers and practitioners of The New Messianic World Message for their daily study, meditation, practice and field work. It is written in the form of memorandums.*

## THINGS TO BE REMEMBERED

*Always watch your mind and see what you make it accept or reject. Your present and future depend upon it. Your physical body cannot manifest any condition without your conscious and subconscious anticipation, susceptibility and acceptance.*

\* \* \*

*Hold the mental picture that the Ever-active, Super-conscious God within you is working for your betterment day and night, and you will not lack health, happiness, peace and power. Do not be afraid; your God has provided a solution for your every problem. Look for it.*

\* \* \*

*When you step out of your own Life—the Power that animates your mind and body, you are confronted with a whimsical imaginary God that forever eludes you. But when you turn to your own Life with Its conscious and Super-conscious aspects, that is, human and Divine, you find your God within yourself closer than anything else. Only through your believing mind can your Super-conscious God work directly in you. Always identify yourself with your indestructible Life and your fear of physical danger and fatality will disappear. You will find a great mental up-*

lift and freedom in the thought that your body may be affected by a negative condition, but you as the Power back of your mind and body, are never affected.

\* \* \*

That which you do not want to happen, reject with all your heart and with all your might. That which you want to happen, welcome with all your heart and with all your might. You are the conscious aspect of the Super-conscious God Who dwells within you. It is the will of God that you enjoy all the good things of life with those whom God has ordained for you.

\* \* \*

In the world of All-pervading, Indestructible, Positive Substance, you are entitled to make light of all negative conditions. They are temporary and unreal. They too shall pass away. If you do not nurse it, that which you create through your false belief, dies of its own accord. In the meantime, dare and do all the good that you can for yourself and your fellowmen. God will solve all your problems in His own way. Have no fear.

A. K. M.

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"Prove all things; hold fast to that which is good."—Thessalonians 5:21.

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## WE RISE AGAIN

Today we do not look back over our dead past. Yesteryears have gone forever beyond all recall. We live now in today's dreams and realization, and tomorrow's happy, active anticipation.

We are all creatures of habit. What we nurse, believe and constantly vision grows in us and becomes a dominating factor in our life. If we nurse health, happiness and loving kindness, they become our bosom companions. On the other hand, if we nurse disease, discomfort, morbid thoughts of the struggles and strifes of yesterday with various excuses, they become our cruel and exacting masters. They all cut habit tracks through our mind and impel us to act through their appropriate channels.

When we constantly dwell upon our past, we gradually form the habit of looking backward, and thus we lose the perspective of the road that lies before us. Our hope,



faith and trust always march ahead of us. They ever beckon us toward the world that is continually unfolding before our vision. The longer we linger in a place the more involved we become, and the harder becomes our journey. We are living in an ever moving world. We must move forward, or else we will be the victims of stagnation.

Some people complain they cannot break the shackles of their past and that they are too weak to make any such attempt. It is not true; it is merely their excuse to remain where they are. They are afraid to let go of their past traditions and past beliefs. They are afraid to cut adrift into the unknown. Ignorance and superstition on one hand and mental lethargy on the other are keeping them where they are, and yet they complain of their negative conditions as being unchangeable. They willingly harbor beliefs which do not require very much effort to maintain. Some people even simulate some negative conditions to defend their mental lethargy. For instance, once a healthy looking man

was suffering from an unknown malady, which no physician was able to diagnose. One evening a Hindu ascetic who was passing by stopped over at his house. At the very sight of him, the sick man began to groan and moan to get his sympathy. When he did not succeed, he asked point blank, "Master, what is ailing me? No one seems to know. Can you tell me what is the matter with me?" Without so much as a glance at him, the ascetic replied, "Yes, laziness, sheer laziness." The man was shocked and indignant at such a blunt statement. He put up a stiff argument to prove that he was really sick. The ascetic stood his prattle as long as he could. Then he sharply rebuked, "There could not be anything wrong with a man with your appetite. Now go and leave me alone." This violent jolt completely upset him. But strange as it may seem, from that moment on he began to get well. The point I was going to make was that many of our diseases are caused by our mental laziness, due to an unhealthy state of mind. And we find various excuses to support our mental lethargy.

Some people become ill because they are mentally too lazy to remain well. Some people when ill remain sick because they are too lazy to get well. Then there are those who become sick by brooding over their past mistakes and the haunting fear of future retributions. One astounding fact is, it doesn't require much effort to indulge in such mental dissipation. Once a man remarked, "I sincerely pray to the Lord. Why cannot I receive His help?" I replied, If you ask the Lord, you will hear Him say, "YOU HAVE FALLEN INTO A RUT — YOU HAVE GOTTEN INTO A STATIC STATE. THEREFORE YOU THINK OF ME AS A STATIC GOD. YOU FAIL TO SEE ME AS AN EVER-ACTIVE, CREATIVE PRINCIPLE. SINCE THE VERY BEGINNING OF YOUR HUMAN EXISTENCE, I HAVE NEVER CEASED TO ACT. I AM FOREVER ACTING TO IMPROVE YOUR LOT. I AM ACTING WITHIN AND WITHOUT YOU ACCORDING TO YOUR BELIEFS AND MENTAL PICTURES. VISION ME THUS AND FIND ME IN YOUR ACTIONS, AND YOU

WILL NEVER FEEL FORLORN AND FORSAKEN. EVERY MOMENT, EVERY HOUR AND DAY, I AM IMPROVING YOUR BODY AND MIND. ACCEPT ME AS SUCH AND YOUR ILLUSION OF STAGNATION WILL DISAPPEAR. YOU WILL FEEL MY ANIMATION THROUGH YOUR BODY AND MIND RENEWING AND REVITALIZING THEM. THEREFORE, LET GO OF THE PHANTOMS OF THE DEAD PAST. BELIEVE ME AS AN EVER-ACTIVE GOD OF TODAY AND TOMORROW, FOREVER MOVING YOU FORWARD."

We are always worshipping a passive God instead of an Ever-active, Dynamic Principle. We are holding on to the belief that our heartaches, disappointments, sorrow and misery are some kind of retribution which cannot be avoided. As long as we are chained down to such a belief, we cannot hope to find release. When an adverse condition strikes us, we become beset with worry and fear. Yet freedom and release are so near that it requires but a slight change of view to attain them. But

our past will not let us assert ourselves and consequently we cannot move forward. Thus we have learned to accept stagnation and death as inevitable.

Some people are always afraid of losing something. They do not know that nothing is lost in God's Illumined Presence. That which man loses here, he can find again in God. Yet many wayfarers follow devious paths to avoid the Universal Law and Order. Driven by insatiable greed and selfishness, they become lost in the wilderness of their own mental confusions and misconceptions. Sooner or later, the Pathfinder brings them all back to the right path. Thus every child of God finds his way somewhere in this vast cosmos on his homeward journey. As there is but one God, so there is but one safe road that leads all men Godward. It is the road of renunciation of human personality through self-surrender; it is the road where man drops his burden of cares and worries and feels free to move forward.

Do you not drop your burden when it becomes too heavy for you to carry? Why

then can you not drop your mental burden? You say it is difficult, I agree with you. But when you say, who else will carry my burden if I do not do it myself, here I disagree with you. Something that has carried you this far out of the Womb of Eternity, will also carry your burden. Simply ask It to do it for you, believe, and It will do it for you. This Something is intimately bound up with your mind and body—It is your very Life. When you are conscious of It and depend upon It, you let go of the shadow and hold onto the Substance. Then you realize why a Son of God once said, "COME UNTO ME ALL YE THAT LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST \* \* \* FOR MY YOKE IS EASY AND MY BURDEN IS LIGHT." Whatever means and methods we adopt to inherit the Kingdom of God, become our lord and master. If we depend upon a certain food, drink or ritual for spirituality, sooner or later it controls our thought habit. Gradually it becomes our burden and task master by creating an obsession. If we believe in God,

Who has manifested us, and let Him lead us to that sublime spiritual height to which we all aspire, we will have no burden to bear. This realization made Jesus the Christ the greatest of all Masters and Teachers who came to lead humanity Godward. He inferred that all gifts of God should be used in moderation with a thankful spirit according to one's normal needs and no more.

## THE GODS OF YOUR IMAGINATION, AND THE TRUE GOD

It has been asked, have not human beings created their Gods in their own mental images throughout all the ages? If this is true, how could the Gods of their own creation ever help them? Is it not also true that the various peoples have been fighting over the Gods which they have created? I grant you it is true. Yet something tremendous has come of it. Through this making of Gods, men have risen gradually to a higher level of consciousness. And the True God has always worked through their believing minds. There is a True God hidden behind these make-believe or imaginary Gods. This God has been revealing Himself through the human mind according to its receptivity. The purer the mind, the clearer have been God's revelations. The urge to create a God has always come to man from the



True God. You may call this urge man's primordial instinct.

But true to human psychology, man has made his God difficult of attainment. Furthermore, he has endowed Him with all of his human sentimentality, passions and caprices. Even through all those various concepts, an Inner Voice has always spoken to him and directed him out of the wilderness of his confusion. Then came the scientific age. Man challenged this Inner Voice and called it mental delusion. He relied entirely on his reason. What did he find? A godless universe, a product of chemical hodgepodge. Can you imagine the self-conscious reasoning, thinking, determining man having come from unconscious, lifeless, chemical effervescence? The New Messianic World Message has come not only to meet such a challenge, but also to reveal to humanity the True God Who is an Undeniable Truth. The New Message asks, with what do you reason? Without a Power to reason, could you reason? Then this Power to reason

must be the Fundamental Self-existing Principle.

Now let us state clearly and concisely what we mean to convey. No reason can ever disprove the Power to reason. Even to disprove this Power you will need a Power to disprove. No argument can dismiss the existence of the Power to argue. Even to argue that the combination of things has evolved this Power, is to admit the prior existence of this Power. Then it naturally follows, the Power that enables a man to think that he is a human being, is his True God, beyond all making and imagining. This Fundamental Power has not only manifested man's mind and body out of Itself according to Its inherent pattern, but also has animated them to function and serve as human vehicles. Therefore, we maintain that this Power back of man, and everything in manifestation is the Self-existing, Fundamental Principle.

The New Messianic Message states that you need not search after God any more and adopt tedious methods and practices

to contact and realize Him. The moment you turn your mind to the Power back of your mind and body, you contact your God. You usually limit this Power as your little, personal self. And yet, when you accept It in a universal significance, It becomes All-inclusive All. As human beings, we are the human manifestations of this Power. Therefore, it gives us the prerogative to personify It, because we are Its personified manifestations. When we converse with It in a personal significance, we simply converse with our All-inclusive Self. In our speculative field, we expect our human aspect to fade away the moment we realize the Allness of our Super-Life. Although such a speculation is superb, it is beyond the ken of ordinary comprehension. At the present stage of our existence we are not concerned about our final absorption with the Ultimate Reality. What we are interested in is a natural expression of our present human existence by the help of the Fundamental Principle, here and now. This brings Jesus's teachings very close to us. As the

great Master discarded all speculative philosophies and emphasized the Divine expression of human existence, so we are trying to do likewise. We maintain that the Fundamental Universal Power could not manifest us as human beings only for the purpose of making us lose our conscious identities. Therefore our New Messianic Message proclaims that our human existence here has a definite purpose and that purpose once existed in the Inherent Pattern of the Creative Principle. That purpose is intimately bound up with our today's living and tomorrow's hopes and aspirations. There is no need of our hurrying and worrying to escape the reality of our human existence. There is no need of rushing to lose our identities in the Mighty Ocean of Consciousness. If we wished, we could not do so, because we have not come here of our own accord. We have no control over our human existence. So let us not anesthetize our mind. That which we deny will deny us. The desire to commit suicide is cowardice to escape responsibilities.

We can neither escape nor negate our human existence. The Mighty Ocean of Consciousness, on which we speculate, is all about us. In fact, it is the Consciousness which is acting as human beings. It is our Animating Power. In this sense, we are related to all that is in manifestation. Everything in manifestation is animated, and it possesses a certain degree of consciousness. The more we live harmoniously with all, the more we fulfill the will of That Consciousness. Jesus said, "THE FATHER WORKETH HITHERTO AND I WORK \* \* \* I OF MYSELF CAN DO NOTHING." Why not let the Father help us to do our allotted tasks? The New Messianic Message is not a new religion or Truth, but it is the new revealment of the True God which all nations and peoples can accept. No one can exist without his Life—the Animating Power. Therefore, let us all stand on this common platform. This God is not made. He is the Self-existing Principle in us beyond all assumption and imagination. This revelation also makes our approach to God easier and sim-

pler. The moment we turn our mind to our Life in the universal significance, we contact Him. He is the greatest Light because He is the Life back of our sun. He is the Living, Moving and Knowing God because we live, move and know. The Principle out of which we have come as human beings cannot be less than ourselves. We are the same kind and quality as our Fundamental Source. When we realize that we move because He is moving us, and we live because He is living in us, we find the supreme rest and peace that passeth all understanding. WE NO LONGER WORSHIP A GOD OF OUR IMAGINATION, BUT WE WORSHIP OUR VERY POWER TO IMAGINE GOD.

The Power that animates your mind to think, gives you also all of your grand and constructive ideas through your receptive state of mind. Or else how could you have progressed this far as a human being with your dimly lighted mind? Even today, where do you get your new ideas without any precedent? You get them from the Power back of your mind—your

Ever-active God. To that Fundamental Principle, all beings and things are eternal. But you receive a thing through your time-conscious mind according to your receptivity and therefore you think it is new. The more you depend upon the Power back of your mind and body, the more cosmic ideas flow through your mind. When you drive your limited human mind to create or discover a new thing, you may find yourself up against a stone wall. When, through sheer exhaustion you give up trying, you may suddenly receive a new inspiration. This inspiration comes from the Power back of your mind. The less you resist with your conscious volition, the greater becomes your mental capacity to receive cosmic things.

If you are looking for something great or new, do not try to tear your mind to pieces. Rest your mind and believe it is on its way and that it will reach you when you are ready, and it will come. It may reach you directly or through various mediums. Even through a child's spontaneous remark, or through a conversation with a

friend, or while reading a book, a new idea or inspiration may flash through your mind. The birds, flowers, bees, the sunrise, the sunset, the moonlit night, the storm-swept sky, the roaring thunder, the falling snow, the gentle breeze of spring, or the onrushing bubbling brook, may give you an inspiring message from your God. So do not drive yourself to distraction to get something. What you get in a hard laborious way, you may be unable to enjoy because you may become too exhausted by trying. The easiest way to get all good and happy things of God is to let your Indwelling God bring them to you, or let Him give you the inspiration as to how to get them. What you believe and vision is coming to you, comes. So comes your inspiration. Never undertake to do anything which disturbs your mind. You will do your best creative work when your mind is at peace and in tune with God—the Animating Power. You are never tired, no matter how long you work, so long as you are conscious that you are receiving support from God. **THE HUMAN ASPECT**



OF THE DIVINE HAS THE PREROGATIVE TO CHOOSE BETWEEN THE RIGHT AND THE WRONG PATHS, BECAUSE IT WAS SO IN THE INHERENT CREATIVE PLAN. IF IT WERE NOT SO, MAN COULD NOT DO IT. THE FUNDAMENTAL PRINCIPLE DOES NOT INTERFERE WITH MAN'S CHOICE OF ACTION, BUT PROVIDES REACTION TO BRING A MAN BACK TO THE RIGHT PATH.

**Note:—**Since you are letting something or some desire of this world control you, why not let God—the Super-conscious Principle in you, control you? If you become a medium of God, you will not only be led by your Super-conscious Father to the right things and places but you will also be able to achieve a great deal more than you are doing now, without any personal worries or responsibilities attached to it. When God leads you, you will always know it by your inner peace. No matter in what plight you may find yourself, do not worry. Always remember God is leading you. Maintain your inner peace and calmly look for the next move.

## YOU AND YOUR MIND

Your mind is your most important instrument. Without it you would not know that you are a human being. Without it you would not be conscious of the existence of anything. You mentally enjoy and mentally suffer. You mentally conceive an idea and mentally realize it. Your ideas of good and bad become a reality to you only through your mental acceptance. With your mind you have the prerogative to reject anything that you do not want, or to accept anything that you desire. If you are unconscious, you will not realize the existence of a thing near at hand. And yet, without the Animating Power back of it, your mind cannot function. When you vision this Power controlling your thoughts and emotions, your mind automatically accepts that mandate. That is the supreme way of controlling the mind.

At early dawn upon awakening, look at

your mind and decide what you expect it to accept. Then let the Animating Power command it to accept it. The best procedure is to fill your mind with the Lighted Presence of God and ask this Presence to regulate your mind according to your desire. If you want your God to help you to ease your pains and aches, ask Him to do it, and He will do it. Only realistically and actively vision He has begun the work. After that, withdraw your mind or do something else. You must not interfere with God's work by anxiety and worry, but you should co-operate with Him. Detach yourself completely, knowing that the work is progressing. If you want your God to help you do a certain thing during your wakeful hours, at early dawn let Him repeatedly say, "I WILL HELP YOU. BELIEVE ME AND REST YOUR MIND." Realize this Truth actively, that is, feel it, and it will be so. During your activities, if you become conscious that God is helping you, you will obtain phenomenal results. Do you want to be kind, happy and loving? Then ask your God to help you fill your

mind with those qualities. And realistically vision and actively feel that He is fulfilling your desire. That which you believe and vision you are receiving, you receive. All the positive qualities of which you are conscious, are the holy attributes of God. You can also mentally absorb them from His Lighted Presence in you—in your mind and body, and feel charged with those qualities. All positive qualities are Spiritual Substance. They have a medicinal effect on you.

**Note:—KEY TO MEDITATION.** Upon awakening, or at any time before meditation, have a talk with your mind as to what it should accept or what it should not. In a similar manner you should talk to the sub-mind of your body-cells and organs, and let it agree with you. Since all your conditions and experiences become real to you through your mental acceptance, it is essential that you prepare your mind for meditation. In your meditation vision the Super-conscious Lighted and Living Presence in your mind and body with Its radiation in all directions. At once hold a conversation with It regarding the things that you want or what you want It to do. It will make your realization of God vital and real. Therefore we suggest that you always link your meditation with communion. You should remember that you are living here as a self-conscious mental being. Your so-called physical life is also mental in its actions and reactions. That is the

reason, without your mental recognition, your physical actions have no meaning to you.

**SUPER-MEDITATION FOR ADVANCED STUDENTS.** Since without the Power back of your mind and body, they cannot function, identify yourself with this Power—the Lighted Presence in you, and you will have dominion over your mental and physical actions and reactions. This Power in you in Its Divine and human aspects is ever free. As the sun is never affected by the conditions of this earth, so your Spirit—the Animating Power, back of your mind and body is never affected by your mental and physical conditions. But when you identify yourself with your mind and body through your race belief, you accept all of your mental and physical negative conditions as yours. In fact, you create them through that belief by thinking and acting accordingly. Your mind and body through which you function on this plane are your vehicles. When you identify yourself with the Animating Power back of you, no negative suggestions or so-called black magic ever can touch you. Such a meditation is also helpful when you let your Super-conscious Power remedy and readjust your mental and physical negative conditions.

**THE ABSOLUTE MEDITATION.** Here we vision and realize that the entire space is the Super-conscious Lighted Presence. And It is saying to us: "I AM THE ABSOLUTE AND ALL. ALL MANIFESTATIONS ARE MY SELF-MANIFESTATIONS." Such meditation may appeal to those who have retired from all activities of the world or to those who want to feel the freedom for their just actions by attributing the whole drama of life as belonging to One Universal Spirit. There is no denying that such meditation has tremendous power to make a man dar-

ing and free. He says to the Universal Spirit, "All that I am, and all that I have is yours, Lord."

Upon retiring, make up your mind what you want your God to do for you during your sleep. Do you want Him to renew your body-cells in any organ or afflicted part? Then ask Him to do it. Believe and vision He is bringing new cells through the old cells. If your mind is negative and lacks vitality, then let God repeatedly speak to you, "I AM VITALIZING YOU. BE VITAL BY ABSORBING MY RADIANT PRESENCE." And then feel that your mind is becoming charged with the Vitality. When you translate feeling, it becomes a reality to you. Your entire emotional life is regulated by feelings. So do not fail to vocalize the quality that you want to feel. We have already stated, if you nurse a positive quality, it grows in you. The same thing is true of a negative condition. Do not invent excuses to nurse a negative condition. If you do, it will simply prolong your misery. As long as you vision that a positive quality is growing in

your mind and body, it will grow. If you lack faith, then vision that God is giving you that faith. No one else can do it for you. If you continue to vision, believe and assert, in time all of your positive beliefs and assertions will become true. In the meantime, no matter what happens or comes, always know you are gradually arriving at your predestined goal and that your Indwelling God is working out your salvation. Nothing happens suddenly. God always works through your law of cause and effect for your redemption. The moment you make self-surrender to your Life Ever-lasting, you at once become free from the bondage of worry and fear.

**Note:—**Since human existence here is a continuous play of mind, some people like to carry the word mind all the way through. They claim they find their work easier by letting their Super-conscious Mind dominate their conscious and subconscious minds.

Remember that no negative condition is greater than your God. Since you realize a condition with your mind, nothing can be greater than that which animates and sustains your mind. If ever there arises a con-

flict between a negative condition and a positive resolve of your mind, stand firmly by God and ask Him with all the might of your soul to drive it away. Vision that the negative condition is leaving your mind before the Lighted Presence of God. Remember, suggestive value of a negative condition is very powerful to your believing mind. So do not let a negative condition or disease fasten on your mind making it an incurable reality. In this ever moving progressive world, today's wise conclusions will be discarded tomorrow like many other superstitious beliefs.



## THE MYSTERIES OF THE DEAD PAST AND THE LIVING PRESENT

All mysteries have their fascination. Man rushes into them as the moth rushes into the flame. But all mysteries are not dangerous, the Divine Mysteries for instance. When you know God, they are revealed to you without your seeking. Only that which decoys you into dim dark recesses of the past may be dangerous.

When you become a captive of the past mysteries, you lose your present opportunities to go forward. In the hollow tombs of yesterday you simply find the skeletons of the dead past. They execute for you the dance of death.

In your human life, that which you accept to be inevitable, becomes inevitable to you. If you believe your past deeds are haunting you and that they are ready to pounce upon you at any moment, perhaps you will go through with that experience. We

do not deny the law of causation. We simply explain its purpose. Its purpose is to rehabilitate you in your rightful place as a son or daughter of God. The moment you accept the Ever-present God and become converted, nothing of your past ever can touch you. Therefore St. Paul said, "There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death."

But you will never be free if you constantly dwell upon your past. The only way you can ever be free is by surrendering yourself to the Ever-active Principle in you. But when you uphold a negative philosophy to justify your weakness, or a wretched condition, you defeat the purpose of the Universal Law of adjustment. Remember that your morbid curiosity to study the mysteries of your bygone past will not improve your lot. You are likely to be caught in the labyrinth of the nightmares of your prehistoric forebears. Black

magic or voodoo worship is not worth studying. As darkness disappears before light, so your ignorance disappears before Truth. That Truth is God.

That which you believe and vision becomes real to you. Are you visioning the happy things and good things of God, or the darkness of negative conditions of the world? What you want to believe and do believe is your own affair. No one is trying to stop you. It may be illuminating to you, if you occasionally look at yourself in the mirror and study the reflection. You have the prerogative to change your mental picture. If you do not know how to change it, then ask your Indwelling God to change it for you. You simply believe and vision that the change is taking place according to your desire, and the new mental picture. In a few days you will notice a change. Everything will depend upon how strong your faith is in the Power of God to bring about a change in you. Pray to God to give you that faith. Remember, that which you feel, becomes real to you. Therefore, actively ask your God to change

you and see that change is taking place in the presence of the Ever-active God. Do not accept God's action passively. In practice, imagine that God—the Animating Power back of your mind and body, is saying to you in a thunderous voice, "I AM CHANGING YOU, OR I AM HEALING YOU. VISION IT NOW." Your answer in equal vehemence, "Yes, Lord, I am visioning that you are changing me." If it is necessary, you may even vocalize it until you begin to feel the change taking place. This suggestion is made for those whose mind is passive.

If you wish a quick result, you should learn to co-operate with God, that is, when you imagine God commanding a negative condition to depart, you should also command it to depart. Similarly you should command with God for a positive condition to come and it will come. But you must realistically vision a condition either departing or coming. It will vitalize your mind.

## PHENOMENA AND TRAINING OF MIND

We judge a person by his behavior, thoughts and actions. It is needless to say our judgment may often be wrong. It is true we see a man's action and not his thoughts. Sometimes even an action may be deceptive. A person may act contrary to his finer nature to cover his feelings. Sometimes the conflict between two dissimilar and inharmonious natures may make a man act adversely. We also know how a frustration or a discouragement or a mistreatment in early life may throw a nature completely out of balance. We are not speaking here of abnormalities developed by some physical injuries, nor are we speaking about pathological imbecilities, but we are referring to pure and simple psychological cases. Our observations and studies have revealed to us that there is no such thing as an absolutely bad person.

Most of man's badness is superficial; underneath, his fundamental nature is sound. It is easier to build a man up from his fundamental goodness than to correct his his badness.

A behavior pattern is not inherited; it is acquired. An impression at first affects our conscious mind before it becomes a subconscious habit. Take for instance a poor memory. What is it? It is an impression a man accepts with his conscious mind that he cannot remember a certain thing. Later it becomes his subconscious belief. This belief can easily be remedied by mental means. First personify your mind—that is, treat your mind as a personified entity. Then talk and reason with it. Tell it that if it so desires, it can remember everything. As by wanting to forget, it has developed a poor memory on a certain subject, so by wanting to remember it can develop a wonderful memory. Then let your mind say, "I will have a good memory." Also imagine God—the Ever-active Principle in you, is helping your mind.

By treating your mind as a distinct con-

scious entity, you can do more with it than by old time affirmations. The metaphysicians of the past made their work harder by including themselves with their minds. Take for instance the developing of a good memory. They would affirm, "I have a good memory, or I am spirit, or I am a perfect child of God—I cannot have a poor memory." Thus they would become so involved with their mind that they would unwittingly attribute all their mental defects or negative beliefs to their Ever-free Spirit, or to their idea of a perfect child of God. They overlooked the fact that most of our mental behaviors are acquired habits, and that those habits have nothing to do with our Fundamental Being.

By making your conscious mind a personified friend, you can do a great deal more with it. Its subconscious nature may occasionally rebel. Even that you can control by subordinating it to your Super-conscious God, that is, by asking the Lighted, Animating Presence in your mind and body to subdue it. Let me give you a concrete illustration. For instance, you have

agreed with your conscious mind that you will not bear ill will toward anyone. Everything may seem to be quiet and peaceful. All at once somebody does something to you to raise the devil in you. Your forefathers' blood cries out for revenge. Even your conscious mind is unable to cope with this subconscious upheaval. Just for the moment your reasoning fails. That tremendous earthquake produced by the untrained and untrammelled subconscious shakes your conscious mind out of its wits. Your conscious mind is swayed and convulsed with your subterranean subconscious. To meet such an eventuality you should prepare your Super-conscious to take care of your subconscious at early dawn or upon awakening. Gradually, your Super-conscious will get perfect control over your subconscious. If you find your conscious mind helpless and at the mercy of your relentless subconscious, then you should invoke the Power of the Super-conscious to take care of it. At such a time, you should speak to your conscious mind to the effect, "My mind, you are unable



to function without the Super-conscious Power. Obey Its command." You will notice at once a peace will settle upon it.

**Note:**—Students of Truth will obtain better results while treating their mind and body by mentally standing aloof as an ever-free Spirit.

Pains and aches are the subconscious functions of body-cells. Before you turn over your cell-subconscious to the Lighted Presence of the Super-conscious, have a friendly chat with your personified mind and ask it to co-operate with the Super-conscious. Then let it say that it will. Remember, the more graphic your realization as to your conscious mind being a distinct entity, the greater will be its efficiency and co-operation to deal with many surface problems. For instance, you are unhappy because without giving credit to the New Messianic Message, someone is using many of its wonderful discoveries and giving the impression that those discoveries are his own. Now talk to your conscious mind and tell it not to worry about it. The Super-conscious will adjust all conditions. You will soon find mental peace. A disturbed

state of mind does not belong to your Fundamental Being; it is a negative mental state. What of it, if someone broad-mindedly helps himself to your good thoughts or practical ideas? In the first place, in the field of Truth it has been an accepted practice. In the second place, everybody must live somehow and at the same time preserve his dignity and name. As long as he lives by doing good, thank the Lord and you will receive your reward manifold. Do you not see, the more open-minded and unselfish you are the more God's inspirations flow through your mind? Also God's abundance follows you. Do not complain; do not be envious, only be thankful for the blessed privilege of serving in the Lord's vineyard. Let everybody have his full share of reward. I mention this because some enthusiastic students may be tempted to raise that question. Let us all forget the past and look forward in the Illumined Presence of God. Christ said, "LET NOT YOUR HEART BE TROUBLED, NEITHER LET IT BE AFRAID."

If ever your conscious mind tells you

through the subconscious prompting that you are self-conscious, or you are weak, or you cannot express yourself clearly with the freedom of consciousness, you can readily remedy this defect by having a friendly chat with your mind. Tell it, "In God—the Animating Power back of you, there is no defect. Therefore God wants you to accept the opposite." Let your mind agree to that. Then you realistically vision that your mind is receiving the desired quality from God. In a few days' practice your subconscious will adjust itself with the realization of your conscious mind.

**Note:—**No matter in what plight you may find yourself, let the Lighted Presence in you strengthen your mind. Before and in action, always feel the support of your Super-conscious God—the Animating Power back of your mind. As electricity driving a machine is never affected by the performance of the machine, so the Animating Power that animates your mind is never affected by the thoughts of your mind.

We have already stated that you experience and feel all conditions with your mind, and that which you accept with your mind becomes real to you. You should bear in

mind, here we are not presenting a speculative philosophy, but down right practical methods for your demonstrations. In a few days you can prove our assertions.

Many spiritual and metaphysical teachers make a great mistake in laying special stress upon an intellectual discourse. After awhile, their work becomes laborious and a hard grind. They uselessly wear themselves out. So we request all our teachers to give practical talks which people can understand, take home and practice. When your followers' demonstrations become vital and practical, you need not worry about their support. If you speak simply about what you believe and what everyone can understand and prove, you will gather tremendous force back of you. Do not employ artificial means to hold your people. If you do, you will not only tire yourself out, but also those who sincerely follow you. Let God's message flow through your consciousness to the hearts of your audience. Do not take any credit upon yourself for your meritorious actions. Let God the Living Power in you have the credit.

It will keep your mind always free, ready and open.

In treating or helping others, vision the positive picture of them. Remember that your mental attitude or picture of others is transmitted to them when they are receptive. Everything in this universe is made up of Substance. Your mental picture is not an exception to the rule; it is also made up of a substance of the quality of your consciousness. Even the healing Substance that you project from the Lighted Presence of God is the Illumined Creative Substance. If you tell your patient that It will light the afflicted part of his body and linger there as long as he visions, that Light will have a medicinal effect upon him. If he believes and relaxes his mind on that thought, he will obtain a phenomenal result. When God's Light flows through your mind, It may light another mind. It is not only stimulating, but creative. With proper understanding and realization, if you vision that the flow of Creative Light is passing through your

mind and body and reaching another person, it will be so. If the person is receptive, he will experience a positive change. Your mind is an active dynamo. Its radioactive energy can be scientifically demonstrated. Another thing you should also remember. When you turn your mind and body over to God to treat their negative conditions, you must not interfere by trying to treat yourself, although you may believe all means and methods are God's means and methods. You should co-operate with God; and after treatment you should either rest your mind or divert it. You must stand by your bargain with God at all costs. It is your part to know that the healing work is progressing and it is God's part to do the work. It is fair enough. As long as you remember that no condition can be greater than your God—the Animating Power back of your mind and body, you will have no difficulty in obtaining results. By all means relax and let go of your mental hold upon your disease. That which you mentally hold will hold you. Vision that there is no disease in

your mind, and the outer manifestation of the disease will gradually disappear. Such will be the chemical reaction in your body.

**Note:—To eliminate the fear of the recurrence of a negative condition, dwell upon the following thought:—If God could stop my pain or ache, or any negative condition for a short while, He can certainly stop it for any length of time or permanently. The result depends upon my mental acceptance of that fact.**

## AMULET OR CHARM, AND THE ILLUMINED FAITH

Everything has a magical effect on you if you believe in it. Your own attributed qualities will react on you. Whatever mental release you find by using a thing is not due to the thing itself, but an idea that you associate with it. In humanity's childhood, when man was groping in the dark, he understood very little of himself and less of his surrounding objects. He was afraid of many things. Anything that was supposed to protect him was magic to him. Thus the good luck charm was originated. Yet this charm worked, and still works because it bears a reassuring message to some people. Such is the power of one's belief.

Whatever man believes becomes a reality to him, and through his believing mind the Fundamental Principle works. It is not a scientific explanation, I grant you. But



this view is based upon the preponderance of evidence. For instance, under stress when man forgets himself, he performs supernatural feats. During a great fire or earthquake it has been seen that man does things which ordinarily he could not do. For instance, he may carry a man twice as heavy as he is to a place of safety without any difficulty. Even on a battle front a puny little man is often seen carrying uphill a machine gun and ammunition twice as heavy as he, or he is carrying a wounded buddy—sheer dead weight, to the rear. It is said that such a feat is due to one's complete self-forgetfulness. It seems that when man forgets himself and his personal limitations, Something greater than himself begins to work through him. This Something must be man's Super-conscious Self—the Infinite Reservoir of Power. When the lid of personal limitations is removed from man's mind, his Super-conscious Power flows according to his carrying capacity.

There are two ways a human being can forget his personal limitations, one is un-

der terrific outside pressure and the other through his faith or belief in something. His belief in something relieves him of his personal worry and fear, releasing his Super-conscious pent-up Energy. In other words, it removes the stopper from his mind for the Cosmic Energy to flow through him. For instance, here is a man who, due to his subconscious inhibitions believes himself to be weak and helpless. His frustration is haunting and tormenting him like a mythical ghost of a haunted house. All at once he finds something to depend on — something whose mystery promises to bring him power and success. He grabs it. He is the right subject for such an idea. He has enough superstitious beliefs collected in his early childhood and youth to prompt him to accept anything which promises everything and asks no questions. It is the magic name of charm or amulet which enchants and captivates his imagination. He accepts such a mystic thing with an unquestioned mind. At once he finds peace and confidence, also a release from worry and fear. He says to

himself, "Ah—now, this charm is going to work for me and nothing can stop me." Then good luck follows him for awhile. Through his blind faith he has opened a faucet of his mind for the Super-conscious Power to flow through and act. The Super-conscious always acts through man's believing mind. But it cannot act forever if man begins to act contrary to Its Nature. Sooner or later, reactions are bound to follow. These negative reactions deal his blind faith a telling blow.

When man acquires powers through his blind faith, he always loses his rational perspective. He becomes egomaniac and vain-glorious. He believes and thinks that he is an extraordinary person. Therefore he can do no wrong. He takes a morbid pleasure in riding rough-shod over the sentiments of other people. That is the beginning of his undoing. Once his faith begins to waver, he cannot rebuild it. He does not know how to recapture the first thrill. In his blind faith he finds no substance to revive his dying hope. Without

a definite knowledge, no one can forever anchor himself to something unknown.

Now you can contrast it with a faith in the Fundamental Principle which is back of you. In the first place, It has brought you here out of Itself. In the second place, It is sustaining you and acting through your various and varying conditions. It has manifested your organic cells to build your body. It therefore knows how to rebuild and reconstruct your body again. It is continually giving you new ideas and inspirations when you are receptive. With so much Power and Potentiality It cannot fail. It can revive everything,—yea, even your dead hope and tottering faith. If only you believe and ask, It will restore your faith. If you believe in It, there is not a thing It cannot do for you. If your mind and body are weak, ask It, and It will make them strong. If you need friends, ask It, and It will bring them to you. If you need means to do some constructive work, make your desire known and you will have the necessary means. Jesus said, "IF THOU CANST BELIEVE, ALL

**THESE THINGS ARE POSSIBLE TO HIM THAT BELIEVETH."** Do not doubt in your heart—do not be over-anxious. Everything that you ask for you will receive, not in your time and in your way, but in God's time and God's way.

**Note:—**What you are today is the sum total of your past beliefs. You believe a thing with your mind. What you make your mind believe it will believe. Then why not make it believe that the Power that is moving this vast complicated universe and animating your mind and body is infinitely greater than all your speculations to discredit It. By believing in the greater things of life, you learn to enjoy greater things. Your every conscious and unconscious effort to expand your vision is God's effort through you. God is your Life with Its conscious and Super-conscious functionings. Come closer to Him.

## MAN AND HIS PROVIDENCE

God is the greatest Architect in this universe. Look at the vast cosmos; what wonderful architecture this is! Billions of suns and trillions of planets and satellites are all moving in orderly precision. Do not tell me that they are accidental chemical products and that they are moving by their own chemically generated power, yet making no mistakes. And that the orderly intelligence behind them is merely a supposition and that the monkey-like man in this infinite realm of creation is the only intelligent entity. And that his mathematics and calculations can determine everything. Such an idea can only be entertained by a colossal egotist. This microcosmic speck of dust we call our earth is not a very big thing in this incomprehensibly vast, infinite creation. Yet man wants others to believe in the thing which he himself cannot understand—his theory of creation. Unless he recognizes and realizes

the Almighty Power back of him, he will never find himself. If a microbe had tried to count the grains of sand on all the sea-shores, we would have laughed at it. If a man tries to compute the number of heavenly bodies and tell their future, we think he is a wise man.

Yet there is merit in such an adventure. It widens his mental horizon. In the meantime, he discovers many wonderful things about the universe in which he lives. It also gradually leads him farther away from himself, making him conscious of Something greater and infinitely bigger than himself. This Something is more than a mere mathematical God. It is an Intelligent Providence. In Its countless multifarious creations, It has not neglected a single thing. It has provided for normal expression of all living things. As countless creatures are coming, so countless others are disappearing. Are they all falling back on the Omniscient Bosom of the Infinite Life and reappearing again somewhere to demonstrate their immortality?

The answer is not necessary, it is self-evident.

As human beings, what a small part we all are playing in the totality of creation. Nevertheless we cannot say it is an unimportant part. Nothing is unimportant in this universe. Yet, we cannot claim a single thing as our own. We have built, we have created, we have lived and loved throughout all the ages. But all things that we have needed for our creative expressions have been provided for us by Providence. Through the primeval forests, through the caves, through Babylon, Egypt, Greece, Rome, Carthage, India and China, human beings have marched on and they have found everything they have needed on their journey. Even in our today's life, everything that we need and look for, we find. It is not only true of our great ideas and inventive genius, but also of all the inspirations and directions that we may need for our self-expression. What is new to our earthly life must have been eternal to the Self-existing Principle. Our positive and natural desires and aspira-



tions and their fulfillments must also have been in the Providential plan.

“Where and how can we find all the desirable things that have been ordained for us?”, it has been asked. We can find them in the infinite extension of our Life—the Animating Power. Its Lighted Presence as far as we can see, becomes our spiritual empire. In this empire, we can mentally contact our desired objects and enjoy them as our own. Whatever we enjoy and believe as our own, becomes ours. Apart from It, we possess nothing, and a thing has no value of its own. Even our friends and comrade souls exist in the Illumined Presence of God. If we do not mentally contact and recognize them, no matter where they may be, they do not exist to us. Realizing their presence in God whenever we give them a call, they come to the visible sphere of our life. If we have the realization, we may give them a call along with God—the Lighted Presence in us.

The things that we believe and vision coming to us, come. We are never sure

whether or not they are right things for us. Therefore we ask God to bring our pre-ordained desired objects to us so that there can be no mistakes. I have already stated that the things that we vision and enjoy in the Illumined Presence of God are ours. But in the objective plane confusion is likely to occur. We may be deceived by the appearance of things. We may make mistakes in our judgment. But when we trust in God, our desired objects come to us through the path of peace and we recognize them. We refuse to accept anything that creates conflict and uneasiness. People, conditions, things or works in which we naturally find perfect joy and peace are ours.

You should always remember, God is forever trying to help us either directly or through His agencies. These agencies are not far from us, although we mutually may not be conscious of one another's presence. Often on account of our fear, worry and distrust, we fail to contact or to recognize our heavenly appointed agencies. If we trustingly give them a mental call and

believe they are coming, they will come. We may meet them under various circumstances. Such is the mystery of human life as revealed by Jesus the Christ. "IF THOU CANST BELIEVE, ALL THINGS ARE POSSIBLE TO HIM THAT BELIEVETH." We are all living in an animated world. Here, there is not a thing that is not alive. Our mind is constantly contacting living things and beings on its own wave length, just like our radio. If we believe, our mind can draw the kind of persons and things we like to associate with and enjoy. But when we break the law of God by our greed and selfishness, this privilege of free selection is denied us. The Universal Law of justice never fails and never makes a mistake. And yet after all, all good things and happy things are ordained for us in accordance with God's pre-arranged plans. If anything makes us happy, we are entitled to have it. But under no circumstance should we interfere with anyone's happiness or rob him of his freedom. By mutual agreement, whatever we give and take before God be-

comes a covenant. It is holy and binding; it should not be broken. All our business ethics, social and domestic ethics should be based on spiritual covenants. It would remove all corruption and deception due to selfishness and greed. But when we look to God, we find all things that belong to us. We need not deprive anyone of that which belongs to him.

**Note:—**During the period of adjustment, we should vision that all good things of God are flowing to us. It will keep our anxious mind busy and free from worrying.



## THE VOICE OF GOD AND HOW TO MAKE YOUR MIND AND BODY NEW

Since the birth of man on this planet, human beings have spoken many languages and have also forgotten many of them. In their places they have evolved new ones. Whenever a language has become stereotyped, it has met its death. The much despised, ill-mannered vernacular with its virile adoption of new words and a new mode of expression has gradually dethroned the stilted, lifeless language.

The question arises, why all these changes in the human mode of expressions? Because man has sought to express new ideas and experiences as graphically as possible. Anything that has interrupted the free flow of his emotional expressions has been thrown into the discard. They say, all virile nations evolve virile languages. The moment their languages attain classical dignity, they too deteriorate to stuffiness.

The real point that I am trying to make is, how could man evolve new words and new languages without the urge from his Fundamental Nature—I should have said, the Fundamental Principle. Could we imagine that Principle as being inarticulate? The Power that evolves human languages through human minds is certainly aware of what It is doing. It can certainly speak the language with which human beings are familiar. It is capable of expressing positively and forcefully Its Cosmic thoughts to the time-conscious human beings. If human words affect us morally and physically, how much more can the Divine words affect us when we give recognition to them. Even to imagine that God is speaking to us positive words of health, happiness and good cheer is to come in tune with Him. Then we can hear His Voice freely and independently. When our mind sinks into the lower depths of inertia, even the imaginary words from God vitalize us. A negative mind with all our spiritual techniques cannot take a positive impression.

A static thing cannot move another static thing. I will give a concrete illustration of it. Sometime ago I received a severe wound in my leg by falling from a boulder. I tried to heal it myself by spiritual means. For some reason, my self-treatment was not working. My mind was not accepting it. One day I carried out the following conversation with my Indwelling God. I, "Lord, what is the matter with me? I do not seem to get results." The Inner Voice, "THAT WHICH YOU BELIEVE, VISION AND MENTALLY ACCEPT BECOMES A REALITY TO YOU."

I, "I have been believing and visioning without any results. For some unknown reason, my mind is not accepting the treatment."

The Inner Voice, "YOU ARE PRACTICING TRUTH PASSIVELY AND MECHANICALLY. CONSEQUENTLY YOUR MIND IS NOT RESPONDING ACTIVELY AND DYNAMICALLY. IT IS TOO INDOLENT TO TAKE ANY POSITIVE IMPRESSIONS. FURTHERMORE, AT THIS

VERY MOMENT IT IS SUBCONSCIOUSLY GIVING MORE POWER TO YOUR AFFLICTION THAN TO ME."

I asked, "What shall I do, Lord? Shall I affirm Your Truth?"

The Voice answered, "YOUR SELF-AFFIRMATION OF MY TRUTH WILL NOT ROUSE YOUR PASSIVE MIND TO A VIGOROUS ACTIVE STATE. IT HAS ALREADY ADMITTED DEFEAT."

I, "Is there anything I can do Lord, to rouse my mind?"

The Inner Voice, "YES, BY PERSISTENTLY HEARING MY HEALING STATEMENTS IN THE WOUNDED PART OF YOUR BODY. FIRST, VISUALIZE MY MOST BRILLIANTLY LIGHTED PRESENCE IN YOUR WOUND, REALIZING THAT WITHOUT MY LIVING POWER, NOTHING CAN REMAIN ALIVE. ALSO REASON AND KNOW THAT I WHO HAVE EVOLVED YOUR BODY OUT OF MYSELF, CAN CERTAINLY RECONSTRUCT YOUR BODY AND REMEDY ITS AFFLICTIONS.



THEN LISTEN TO ME AS I AM SPEAKING IN THE AFFLICTED PART OF YOUR BODY, 'I AM HEALING YOU—I AM HEALING YOU.' AT THE SAME TIME, REALISTICALLY VISION THAT I AM GRADUALLY CLOSING UP THE GAP, AND TRANSFORMING THE WOUNDED PART OF THE BODY INTO ITS FORMER STATE."

I asked, "How often shall I practice?"

The Lord answered, "AS OFTEN AS YOU BECOME CONSCIOUS OF NOT BEING HEALED. THE MAIN PURPOSE OF THE PRACTICE IS TO ESTABLISH A DEFINITE CONVICTION IN YOUR MIND THAT THE HEALING WORK IS GOING ON. IF YOU HAVE FAITH, IT IS SUFFICIENT ONLY TO REMEMBER THAT I AM CONTINUALLY DOING THE WORK."

"IT IS ALSO A GOOD PRACTICE TO TALK TO YOUR MIND TO VOID THE IDEA OR THE PICTURE OF A DISEASE. LET YOUR MIND ASSERT THAT IT IS DOING SO. SOMETIMES YOU

MAY SPEAK TO YOUR MIND AUDIBLY; IT WILL HELP." It is needless to say that within a week I was perfectly cured.

Now you are likely to say that my whole conversation with the Lord was imaginary and that there was no truth back of it. Was it? Let us see. In the first place, that which we imagine to be true, in time becomes true to us. In the second place, all the positive statements that we attribute to God are eternal, because there cannot be anything new to the Self-existing Principle. In the third place, the Principle which could manifest the time-conscious human being can certainly function in time thru the human language and sentiments. Where there is no line of demarcation between imagination and Truth, the point of difference can only exist in one's doubting mind. Then again, the Ever-active Fundamental Principle is eternally repeating or rather expressing His Fundamental Truth. Does not the ever-active sun continuously throw off its light? So does the Ever-active Fundamental Principle continuously

express Its Eternal Truth. All the positive qualities and actions are Its very Nature and Attributes. We should also remember, this Principle is intimately bound up with Its time-conscious human manifestation. It is forever acting through Its created expression. I wish this discourse were not so complicated. But it could not be helped. It is sufficient to know that we hear the Voice of God when our mind is sufficiently in tune with Him. The best tuning process is to imagine that He is speaking to us all positive Truths. However, I find in many interesting cases the method of God speaking to a person through his afflicted part is the most effective remedy.

Whether it is your stomach trouble, or heart trouble, you can tune in with God—the Creative Principle, by this simple method. You should also know that the Radiant Presence of God has the Creative Substance. This Substance is the building material of all creations. If you can accept It in that significance, It will act as a most potent medicine in your body to rebuild it. Another thing. By hearing the Voice

of God making all positive statements, we eliminate our personal limitations. One serious fault with our personal affirmations of Truth is that our personal subconscious limitations always try to defeat our efforts. Our race heritage and race experiences are so powerful that we can rarely avoid and overcome their influence. Take, for instance, our body-cells. They are endowed with self-perpetuating power. And for no earthly reason whatever, they suddenly begin to lose their self-reproductive virility. This sudden change can be attributed both to our race-heritage and race-experience. For these reason, it becomes progressively difficult to believe that the Fundamental Principle that has evolved the biological cells out of Itself, can reproduce or renew them. Our experiments show that It can actually renew our body-cells if we can realistically vision and feel the gradual transformation of the cells. This transformation looks like a slow motion picture of a blossoming flower; the new cells blossom out of the old cells. Especially when we pictorially vision and feel

the activating influence of the renewed cells, there remains no doubt in our mind of their regeneration. It helps a great deal when we personify the cells and talk to them. The results depend upon how much we want to believe in the renewing Power of the First Principle. I admit that even our best results and experiences are nullified by the vicious impact of the world which constantly negates our renewing possibility and power. Yet to a certain extent we can hold our own and prove that our theory is demonstrable. It is too bad I have not been able to express this grand thought in a more inspiring language. By the above mentioned methods, we can also renew and reactivate all our vital organs.

**Note:—**In your practice always mentally stand aloof from your body as a conscious aspect of your Self-existing, Super-conscious Life. In your essential nature you are as free as your Super-conscious Father and you are together with Him. Such realization will give you mental freedom to watch the transformation of your body without fear and worry. It is also true that in your own right as an ever-free spirit, whatever condition you vigorously desire and assert, the same takes place in your mind and body. The result depends upon your realization. In the meantime,

use all means and methods God has given you to ease your mind, and then proceed with Truth. The time will come when you will not need anything else but the Absolute Truth.

In the practical application of the rejuvenation of our body-cells we personify them and regard them as conscious little entities, and vision them in the Illumined Presence of God. Then we imagine that God is speaking to them in the following manner, "I AM YOUR LORD GOD THE CREATOR. I COMMAND YOU TO BE RENEWED BY ABSORBING MY LIGHTED CREATIVE SUBSTANCE." Let all the cells shout in unison, "We are all becoming renewed, Lord." Then you pictorially vision that the new cells are bursting forth through the old cells. Also feel their newness and vitality. This is absolutely necessary. Without feeling a condition you cannot make it a reality. Then again, when you do not feel a positive condition, you passively anticipate it. When you are passive, nothing positive happens to you. Whether it is love, sentiment or any other emotion, it cannot be vital and active when

your mind is passive. It lacks the projective quality.

**Note:—**After treatment, hold the picture that your body-cells that have originally risen from your Life—the Animating Power back of your mind and body, are continually rising in fresh vigor and that your body is full and vital. The essential thing is to feel the continuous recurrence of the new cells; as though they are streaming forth one after another in succession from your Life. Without the vigorous pictorial mental stimulation, cell reproductive power cannot be revived and sustained. Also imagine that your Life is saying to your body-cells, "I AM RENEWING YOU—I AM RENEWING YOU." Co-operate with Life, that is, speak to the cells encouragingly. It will stimulate them. In your ordinary practice, imagine and realistically vision that your every cell and organ is becoming vital and renewed by absorbing the Creative Substance of the All-pervading Lighted Presence. That which you imagine and vision becomes real to you.

Some may argue that the whole practice seems to be mental gymnastics. Why not sing glory, glory hallelujah, and you will have the same effect.

Let me tell you, it is not all mental gymnastics to stimulate one's mind. It is a great deal more than that. Back of it all, there is the Fundamental Principle and Its motivating and activating Power. If you

let go of this Principle, you will have nothing to uphold your mind when it collapses into its habitual negative state. Furthermore, you will have nothing to replace your negative race-beliefs and race-habits.

Your entire physical manifestation is composed of a series of pictures. Without picturization by the help of the Fundamental Principle, you cannot bring about any basic change in it. Even your dogmatic religious belief does not give you that strength. Your self-hypnosis of any form cannot stop the progressive deterioration of your body after you arrive at a certain age. Of course, modern science is gradually pushing back that dead line. But the progress is very slow. Nevertheless, we maintain there must be some kind of a picture of the result that you anticipate. Without a definite picture of a thing, we cannot vitally re-act to it. Take, for instance, the word life or spirit. Does it mean anything to you except as some kind of vital energy which keeps your physical body alive? The reason you do not get very much out of your life or spirit is that



you have no graphic picture of its character, qualities and functions. Once I said to a very intelligent person, "Do you know, your body is full of light?" He laughed in my face and remarked, "What kind of nonsense are you talking about?" I replied, "You do not deny there is a life in your body and that life is functioning in every part of your body?" He admitted he did not. And I continued, "All things are made up of one very highly vibratory, lighted Substance. Therefore they all have certain radiations or lights. Your life is an active agency. How can you imagine it without having some kind of light?" He said, "Oh, I see. I never thought of my life in that significance."

**Note:—**Since all things are reducible to One Thing, then they must have originated from that One Thing. That One Thing is the All-pervading Fundamental Principle in manifestations and in potentialities.

How few people really understand that the Life in us is the Lighted Presence. And that It is not only Active Principle, but a conscious Living Entity. It dwells in every

part of our body. When we open our mind and ask It to renew and activate any of our organs, It at once complies with our request. In practice we personify the organ and speak to it to obey and absorb the Creative Energy from the Lighted Presence. Then we make it acknowledge It. The reason we personify our vital organs and different parts of the body, is that, each has its distinct function and its cells are attuned to that function. By personifying an organ or part of the body, we not only facilitate our mental action, but also establish a distinct relation with it regarding its function. When we vitally realize an organ or a part of the body in a personal significance it gives immediate response to our treatment, because it then becomes activated. Therefore, after treatment we should occasionally ask our weak organ or afflicted part of our body, whether it is feeling stronger and better. We should imagine that it is vitally responding to the fact that it is getting stronger and better. This practice will make our body-cells active and receptive. Of course we should

remember that here we are trying to reduce metaphysics to a practical science and not propounding a mere theoretical philosophy. If we have unwavering faith in the healing Power of God, we may obtain results without the above scientific procedure.

**Note:**—In the case of a local infection I have obtained immediate results by talking to the personified cells in that region. As you know, the cells are living entities. I have talked to them in the following manner, "What do you want to retain, God, or disease? God is your Life and disease your death. If you prefer Life to death, then let go your hold upon disease, and let God—the Living Power back of you, rebuild and renew you." By visioning that the cells are letting go of a disease and are accepting God's healing Power, I have observed them mending rapidly. It seems that all normal living things want to live. All that they need is a little encouragement from a higher Power. Medically speaking, in addition to nourishing food, fresh air and sunshine, nothing increases the white and red blood corpuscles as rapidly as a patient's optimistic frame of mind. It is equally true that nothing induces one's optimistic frame of mind as faith in the creative and healing Power of the Living God within oneself. If you are a beginner in the study of metaphysical Truth or lacking in faith, you may carry out the following experiment to be convinced. Place your hand on the afflicted part of your body and gently tap it. Then as an ever-free Spirit vigorously command the cells of

the afflicted part to become renewed by absorbing the Creative Energy of the Lighted Presence. Realistically vision that the cells are complying with your command. This will make your conscious mind as well as your cell-sub-mind positive and active.

## DIVINE PROTECTION AND HOW TO OBTAIN IT

We should make it a practice to hear the Voice of God stating all positive facts, not only through every part of our body and mind, but also throughout the outside creation. It will keep us in touch with God in Whose Presence no misfortune or mishap can exist. In the Highest Rate of Vibration, anything that is conceived at the lowest rate cannot exist and function.

**Note:**—Our mind functions like radio. It can contact only things and conditions on its own wave-length.

It is also an excellent idea to hear the Voice stating, "I AM PROTECTING YOU." When you move from one place to another, you should imagine moving through the Lighted Presence of God. Sometimes you may feel that your body and mind are nestling closer to this Presence. "HE THAT DWELLETH IN THE SECRET PLACE OF THE MOST HIGH SHALL ABIDE UNDER THE SHADOW OF THE ALMIGHTY. I WILL SAY OF

THE LORD, HE IS MY REFUGE AND MY FORTRESS, MY GOD; IN HIM WILL I TRUST. SURELY HE SHALL DELIVER THEE FROM THE SNARE OF THE FOWLER, AND FROM THE NOISOME PESTILENCE. HE SHALL COVER THEE WITH HIS FEATHERS, AND UNDER HIS WINGS SHALL THOU TRUST; HIS TRUTH SHALL BE THY SHIELD AND BUCKLER. THOU SHALT NOT BE AFRAID OF THE TERROR BY NIGHT; NOR FOR THE ARROW THAT FLIETH BY DAY; NOR FOR THE PESTILENCE THAT WALKETH IN DARKNESS; NOR FOR THE DESTRUCTION THAT WASTETH AT NOONDAY. \* \* \* \* THERE SHALL NO EVIL BEFALL THEE, NEITHER SHALL ANY PLAGUE COME NIGH THY DWELLING. FOR HE SHALL GIVE HIS ANGELS CHARGE OVER THEE IN ALL THY WAYS."

**Note:**—If you believe in the protecting Power of God, in some mysterious way you will find yourself out of the path of accident and mishap. Nothing can give you such positive assurance of safety as the feeling that you are enveloped by the Presence of God—and also that God is within you.

## THROUGH THE RAINBOW TRAIL

The ordinary human mind can only grasp a concrete thing—notably the thing of form and color. Therefore, whatever idea we clothe with form and color finds ready response from our human mind. No personality can be understood by an abstract term. At best, it must be clothed in some kind of fanciful, physical investment. As without the visible Universe we cannot conceive of an invisible moving Spirit behind it, so we cannot think of a human spirit without a visible embodiment. The line of demarcation between physics and metaphysics begins to fade away as we realize all things are made up of One Thing, invisible and indestructible. So the invisible is forever becoming visible and the visible, invisible.

In the human play of life, we deal with the visible manifestations of the invisible. Our ideas and ideals are bound up with the visible manifestations of the invisible. So

we find down the line an interplay of the visible and the invisible. Even our invisible emotions become meaningless without some visible associations. Our subjective feelings of love, sentiments, affections, happiness and joy or their opposites are related to some objects. Therefore, the more we objectify or picturize our subjective ideas, ideals and emotions, the more comprehensive they become. The results that we derive from such objectifications are merely the realization of that which we hope for or expect.

Are you painfully conscious of your physical ailments? Then we state again, plant the idea of health in your mind. If you watch it grow, it will grow. But by believing and visioning that the Illumined Presence of God in you is making that idea grow in your mind, you will obtain a quicker result. Why, you'll ask? The answer is, the very idea that Something higher than yourself is helping you, will relieve your mind of worry and anxiety attendant upon your personal efforts. Then again, it will open a channel through your



mind for the Super-conscious to act.

You have also the prerogative of planting a positive quality in your mind. If you believe and vision that the Ever-active God in you is making that quality grow, it will grow quickly. The metaphysical law is, the more you nurse the thought that a positive quality is growing in your mind, the stronger will be your realization of that quality. By visualizing a concrete picture of a quality, you give your mind something to fasten on.

As personal human beings we are always personifying something. We personify our domesticated animals and speak to them as such. What's more, we expect them to understand what we say. Most of the time they do understand us. You may take a still further daring step by personifying and visualizing an abstract positive quality. Jesus the Christ was the first world teacher who set an example of that. He called a good quality or condition, a good spirit, and a bad quality or condition, an evil spirit. Now suppose you want peace of mind. If you imagine that peace like an

illuminated angel is descending upon your mind and speaking to you, "Have no fear, I have come to comfort you," you will have instantaneous peace. After all, all positive qualities are the holy attributes of the Ever-active God. The ancient called them the holy spirits. In your personal field of adventure, you'll find nothing is so comforting as a personified positive quality actively engaged in helping you. You should remember God and His attributes are One, as the sun and its radiant qualities are one. In practical operation, you vision certain movements of a certain positive quality in order to give your mind a dynamic play. In this intellectual age, an intelligent person may be afraid to accept the personified symbols. He does not want to be labeled as superstitious and ignorant. But one thing we are certain of is, that whether we are functioning in the third dimensional or in the fourth dimensional plane, we cannot get away from the world of forms and phenomena. As long as we use personified positive qualities with perfect understanding, there will be little room for misunder-

standing or mental aberration.

It is far better and simpler for an ordinary suffering human being to imagine that the spirit of good comfort or health is descending upon him and helping him, than to indulge in some useless speculation on the why and wherefore of a negative condition. Of course, we realize that *an enlightened person may feel degraded at the very idea of adopting such a childish method.* But here we are not speaking about an enlightened person who is more interested in intellectual speculations than the practical applications of Truth. Personally speaking, I would rather have a speaking and comforting Spirit to accompany me in my field of adventure than to indulge in an abstract speculation. Once a highly intelligent, self-conscious youth stood before an audience to give an address. He was literally shaking in his boots. In utter desperation, he resorted to the teaching which he once heard. By the help of imagination, he became conscious that the goddess of speech was descending upon him to help. He forgot

his self-consciousness and personal limitations, and delivered a masterpiece. I am not relating this story to induce everybody to adopt this means, but simply to state what a powerful effect the visualization and personification of a quality may produce upon a person. I believe every person according to his individual temperament and training should adopt a method which naturally appeals to him. My only warning is, don't be dogmatic. At the same time, in the name of metaphysics, do not fall into an abstract vacuum. Remember regardless of your personal opinion, the chemical effect of your concrete higher thoughts and ideas on your body is tremendous. If you believe that your body influences your mind, and mind your body, then you cannot afford to dismiss any constructive thoughts and ideas no matter how they are clothed, as being superstitious. You yourself personify the quality that is predominant in you. In this sense you can either be an angel or a devil.

**Note:—**The moment you are conscious that you have changed or you are free from a disease, you become so. Your mental acceptance of a state or a condition affects your body. Whatever idea you make your mind to accept the same it accepts. Gradually that idea grows in your mind. Your mind cannot function alone and independently very long. It needs some kind of an agency to stimulate it; whether that agency is medicine, Divine Help, Divine Substance, change of climate or sunshine, it does not matter. Your mind is the chemical laboratory of your body. You can revive the functions of your glands far beyond the age-limit imposed by your race-belief, by stimulating your mind by an agency. The Spiritual agency is the most potent and best stimulant. You should remember that you are living in the world of Substance and that all beings and things have come from the Final Fundamental Substance. Therefore this Substance is the greatest of all medicines. Only by becoming conscious of a thing can you recognize and utilize it. When you put an idea into your mind, you put a qualified substance in it. Therefore you are affected by the quality of an idea. There is no void anywhere in this universe. An abstract world does not exist and it cannot exist. Every thought is related to a thing or to an existence of a thing. Every thought moves with a certain quality of Substance.

## CHRIST AND THE NEW MESSAGE

Long before the dawn of the Christian era, the Indo-Aryan Hindus discovered that this universe is composed of millions of solar systems and billions of suns. Some of the forest dwelling Aryan Hindu sages made a startling discovery in their solitude that the God of this universe is the All-pervading Spirit, majestically reposed in all so-called matters and that His most Brilliantly Lighted Presence is shining upon all beings and things throughout the infinite space, sustaining and supporting them. Their most soul-inspiring sacred hymns still can be heard, faintly echoing from one end of India to the other. Many a child of Indo-Aryan family remembers hearing the following prayer, "Oh Universal Spirit, lead us from untruth to Truth, from darkness to Light, from death to Immortality." Even through the mist and confusion of the Hindu pantheon the radiant light of the forest Upanishads still

shines, revealing the great mind that was India. The American foremost transcendentalist, Ralph Waldo Emerson, was enthralled by the sacred revelations of those forest-dwelling Rishies.

This cosmic breadth of vision, the infinite realm of creation, and the One All-pervading Spirit were and still are beyond the comprehension of the average mind. Such a Spirit is too impersonal and remote from the work-a-day man whose whole life revolves around his personal feelings, emotions, desires, hopes and aspirations. A self-sufficient and self-contained Spirit cannot have any personal appeal to him. The common man of today like the common man of yesterday is forever looking for a God Who can help him in his needs. He wants a God with whom he can converse, revealing the innermost desires of his heart. Such a God was revealed by Jesus the Christ. It is not a distant celestial God or a personal being like man, but It is a God Who becomes personalized in every man. Jesus' simple statement, "GOD IS WITHIN YOU," has more popular ap-

peal, power and potency than all transcendental philosophies of the world put together. The Great Master said, "GOD IS SPIRIT," the Living and Moving Power in man. He is not only a conscious Entity in man, but also a talking God. The average person would rather have a talking God near at hand in his trials and tribulations than have a master-piece of philosophical discourse to comfort him. You are likely to ask, why does man want a talking God? The answer is, he is a talking being himself. He feels much better when he can empty his heart to a Superior Being whose protecting Power and Wisdom is forever trying to help him than to meditate upon the impersonal Spirit Whose Nature is difficult to comprehend. He may hypnotize himself by the affirmation of an abstract Truth, but he can never get a vital personal touch with God Who is together with him, a Friend and Counselor through all his living days.

**Note:—**If man had not been a conscious intelligent being, he could never have been able to conceive the moving Power back of this vast universe as being the Super-conscious and Super-intelli-



gent Spirit, or as a personified Divinity within himself. Every attribute that man has given to his God is his own attribute infinitely magnified. If man is real, the Fundamental Principle from which he has come must be real. His own attributes must be part of the attributes of that Principle. Therefore we maintain the human manifestation is far superior to any other manifestations of God on the face of the earth.

The things that man needs in this world are the concrete manifestations of God. Therefore when Christ said, "SEEK YE FIRST THE KINGDOM OF GOD AND HIS RIGHTEOUSNESS AND ALL THESE THINGS SHALL BE ADDED UNTO YOU," He meant all the things that we use today and hope to use tomorrow. Such a concept makes our self-conscious human existence, normal and happy. According to Christ's teaching, the purpose of our human existence is self-expression and realization of the oneness of all, and not of negation. By negating this life and all the gifts of God that we use, we contradict our philosophy of negation when we try to demonstrate anything. In His Sermon on the Mount Christ said, "FOR EVERY ONE THAT ASKETH RECEIV-

ETH: AND HE THAT SEEKETH FIND-  
ETH: AND TO HIM THAT KNOCKETH  
IT SHALL BE OPENED. OR WHAT  
MAN IS THERE OF YOU, WHOM IF  
HIS SON ASK BREAD, WILL GIVE HIM  
A STONE? \* \* \* IF YE THEN, BEING  
EVIL, KNOW HOW TO GIVE GOOD  
GIFTS UNTO YOUR CHILDREN, HOW  
MUCH MORE SHALL YOUR FATHER  
WHICH IS IN HEAVEN GIVE GOOD  
THINGS TO HIM THAT ASK HIM?  
THEREFORE ALL THINGS WHATSOEVER  
YE WOULD THAT MEN  
SHOULD DO TO YOU, DO YE EVEN SO  
TO THEM: FOR THIS IS THE LAW AND  
THE PROPHETS."

Man may intellectually realize that all his negative conditions are of his own making, but he feels much better when he knows his Heavenly Father is trying to undo them. He may be chastised by his Heavenly Father for his evil deeds, yet he feels he will not be forsaken. Jesus' revelation that God is Spirit, the moving and motivating Power in man, gives man not only the feeling of nearness, but also to-

getherness with God. According to the Master's injunction, you must love God more than anything else because God is the giver of all gifts. If you love His gifts more than Him, you will be cut off from the very Source from which your gifts come. Furthermore, if you make the very Power, by the help of which you enjoy a thing, less than the thing itself, with what shall you enjoy it? ". . . BUT IF THE SALT HAS LOST ITS SAVOR, WHEREWITH SHALL IT BE SALTED?"

We should always remember Christ's supreme commandment, "AND THOU SHALT LOVE THE LORD THY GOD WITH ALL THY HEART, AND WITH ALL THY SOUL, AND WITH ALL THY MIND, AND WITH ALL THY STRENGTH: \* \* \*." Many a mighty man of today, forgetting this life-saving commandment, is prematurely losing his soul-consciousness. His world of hope and aspiration is gradually fading away. "FOR WHAT SHALL IT PROFIT A MAN IF HE SHALL GAIN THE WHOLE WORLD, AND LOSE HIS SOUL?" Whenever man

becomes self-centered and selfish, he forgets others. His perspective of life becomes narrower and narrower until his mental darkness completely envelopes him. To live truly, man must expand his mental horizon. The more he expands the more he lives. He who sees more, enjoys more. A self-centered man who thinks only of himself cannot think of anybody else.

Another thing we have learned from Christ is His Divine fatalism upon which we will dwell later. Just a brief word to explain what it means. It is not a fatalism of a negative surrender to all conditions, whether good or bad, but it is a fatalism of a positive surrender to all that is good, because God is good. The Cosmic Creative Current is moving everything — moving even this universe with its billions of suns and constellations in harmony and order. There is no friction or mismanagement anywhere. When man gets out of tune with this Cosmic Motion either through ignorance or through self-importance, he creates problems. With his arrested mentality and beclouded vision he tries to

solve his problems. What does he find? His every solution brings up another problem. The true solution of any problem is to get back to the Universal Current of order and harmony. By visioning that he is drifting with the entire creation, man breaks down his mental rigidity, and his problems melt away. Most of the problems are solved automatically and some of the problems are solved through Divine Guidance and Inspiration. When our mind is not straight and is more or less involved in false thinking, we put forth vain efforts to solve a problem, whether it is individual or national. The surface cure of an infectious sore is not a cure. Sooner or later it is bound to break through in some other part of the body. Christ said, "BEHOLD THE FOWLS OF THE AIR: FOR THEY SOW NOT NEITHER DO THEY REAP, NOR GATHER INTO BARNS; YET YOUR HEAVENLY FATHER FEEDETH THEM. ARE YE NOT MUCH BETTER THAN THEY?" The Master emphasized, "ARE YE NOT MUCH BETTER THAN THEY?" Can you not learn the lesson of

trust and faith even from the fowls of the air? Just rest your mind on the Cosmic Current. Do not worry. The Providence Who is moving this vast universe will carry you on.

Christ's new revelation of God is intended to serve two distinct purposes—one to eliminate religious frictions and dissensions among various peoples due to their different concepts of God, and the other is to reverse the old religious practices of austerity and self-mortification to simple prayer and communion with God. The common factor in all men is their Indwelling God—the Spirit. All can accept such a God with equal freedom without offending anyone. According to Christ's precepts, all strenuous religious practices, self-denials and ostentatious rituals to find favor with God or to realize His Presence are admission of man that God is less powerful than he. God Who could manifest man with the rest of creation out of Himself, can certainly work out his salvation. All man needs is trust and faith in God's redeeming Power. As the sun beats against

a shaded window-pane, so God's Lighted Presence beats against the bedarkened human mind. If man can but roll up the shades of his personal ego by self-surrender, his mind will be flooded with the Creative Light of God. The gist of the Christ teaching is, God is trying to help you. Do not try to resist Him by your misguided human mentality. He has given you freewill to choose between good and bad—between harmony and inharmony. Whatever you do, you alone are responsible for the consequence.

For several centuries after the departure of the Great Master from this earth, His teachings were practiced by His followers in their purity. Then came the dark ages which not only completely obliterated all cultures and learnings, but also all true Christian practices. When the dawn broke again, the Christian world began to stir forth with renewed vigor. This dawn also brought forth a new element—which later was known as an experimental science. When science attained its maturity, it found many converts among educated and thinking people. These converts be-

gan to analyze and rationalize every precept, moral and religious teaching. If anything did not appeal to their reason, it was summarily discarded as superstitious and not worthy of review or reconsideration. They reasoned that Jesus' Indwelling God was nothing but a myth—a product of pure imagination. Something fundamental was needed to stop this intellectual orgy of wild reasoning. Then came the New Messianic Message to substantiate Christ's revelation of God.

The New Messianic Message states that your Power to reason is greater than your reason. Your Power to imagine is greater than your imagination. Your Power to philosophize is greater than your philosophy. You may change your philosophy, but your Power to philosophize remains unchanged. Your Power to conceive God as being your Life, is your True Life, beyond any conception. This power animates your body and mind. Christ called It the Indwelling Spirit—the moving Power in man. Even to deny the existence of this Power, you are forced to admit it, because



without the Power you cannot deny anything. Therefore It will precede your every argument, every denial, in fact, every affirmation. It is the only Self-existing Principle in you. Such a Principle all men can accept. Yet it requires courage to give up the old and accept the new. Christ said, "NEITHER DO MEN PUT NEW WINE INTO OLD BOTTLES: ELSE THE BOTTLES BREAK, AND THE WINE RUNNETH OUT, AND THE BOTTLES PERISH: BUT THEY PUT NEW WINE INTO NEW BOTTLES, AND BOTH ARE PRESERVED." And yet each man must stand firmly by the avowed Principle that he professes to believe. No one can radiate the true light that he does not possess.

**Note:**—Every religious movement is born with certain ideas supposedly based upon Truth. But Truth means various things to various peoples according to their mental and spiritual evolution. Our New Messianic Message has come to propound the Fundamental Principle back of all religious ideas; it is the Power to conceive them. Your intellectual broad mindedness based on certain assumptions, may make you tolerant toward all religions; but it will never give you the Spiritual sense of unity and affiliation with all peoples, unless you understand and apply the undeniable

unifying Principle back of all religions. The mere toleration based on certain assumptions is not enough. But far, far beyond your mere intellectual ideal, the deeper sense of unity and fellowship with all is needed. And such realization is of paramount importance to us to weed out all our ingrained pride and prejudice. Therefore do not organize to build an organization but organize to spread the Fundamental Principle of unity. You should remember what we are recording in this booklet is progressive and not final. Future students of Truth will realize, demonstrate and reveal Cosmic mysteries a great deal more than we have heretofore succeeded. So forever try to expand your vision far beyond your present mental horizon. Do not try to convert people who do not want to be converted. Furthermore, the true conversion comes from within man himself. For the peace of your mind, send out a call for those who are ready. No one should be asked to live and practice beyond his realization.

We are living in an experimental scientific age. It is proper that we put the Christian metaphysics on an experimental basis to inspire people to have faith in God. Nothing convinces a man as the thing that he feels and experiences. The following are experimental suggestions. Begin to work with this premise; anything that you accept with your mind gradually becomes real to you.

Your first experiment: If your mental

vitality is low, either through illness or old age, vision that the Lighted Presence of God has lighted your mind. Then imagine that this Lighted Presence is repeatedly saying to your mind, "I AM THE POWER THAT ANIMATES YOU. WITHOUT ME YOU CANNOT FUNCTION. BECOME VITAL BY ABSORBING MY RADIANT CREATIVE ENERGY." Then let your mind respond, "I am becoming vital by absorbing your Radiant Creative Energy." When you have worked up a sort of feeling, rest your mind. Remember that most people lose their hope and aspiration when their mental vitality diminishes. Another fact: In the All-pervading Lighted Presence of God, the germs of all living things eternally exist. When you absorb the Radiant Creative Energy, you absorb the Living Substance.

**Note:—**A helpful suggestion. Like the sun, the Light of God's Power is beating against your mind and body. Open your mind and let It enter into you and absorb It. Thus you may also take a spiritual shower to cleanse your mind and body by visioning that the Light of God is pouring thru you and cleansing you.

Your second experiment: If it is difficult for you to void an idea of disease from your mind, then light your mind with the Presence of God and vision yourself as you want to be. In other words, create a new personality of yourself according to your desire, and vision it before you. You will soon see what a tremendous effect it has produced upon you.

Your third experiment: If you have developed a frustration complex, or self-pity by dwelling too much upon yourself, then first light your mind with the Presence of God and vision yourself doing what you wanted to do in all its intimate details. It will not only remedy your feeling of frustration, but also develop a real talent in you for the thing that you wanted to do. The part that you desire to play without, realistically play within yourself and in time it will be real to you. You should also match your outer actions with those of the inner. Mentally lazy people with great dreams later develop their sense of frustrations. It is the will of God that you succeed in all your sincere and honest en-

deavors. Co-operate with God; dare and do what you are destined to do and you will succeed.

Your fourth experiment: If you have an impediment of speech, first know that your Indwelling God wants you to be a fluent speaker. Sit in a quiet place all by yourself. Close your eyes, and in the Illumined Presence of God mentally hold a conversation with an imaginary person as fluently as you desire. After a few days' practice keeping your eyes shut, speak to your imaginary person orally with the same fluency. You will be surprised to see how quickly your sensory and motor nerves are quickened and adjusted to your free expression. Once you gain confidence, nothing will stop you. This experiment so far has had phenomenal success. The only suggestion that we feel impelled to make for psychological reasons is, do not discuss or tell anyone your secret practice.

Your fifth experiment: Set your age at a certain reasonable stage or an imaginary youth within your capacity to live. Then hold a mental picture of it and act accord-

ingly. Let your Indwelling Divine Self say to you, "I AM HELPING YOU MANIFEST THAT AGE. I AM THE PROTECTING AND SUSTAINING POWER BACK OF YOUR BODY AND MIND." You should respond, "I am realizing that, Lord." Your success will depend upon your belief, picturization and capacity to act according to that age. Therefore, we advise you to picture the age which you can reasonably believe and live. Always remember, your present manifestation of age is due to your subconscious race-belief, anticipation and unconscious picturization. In the last analysis, the atomic structure of your body is very flexible and it is capable of taking on shape and conditions according to your imagination, belief and realization. You should also remember that heretofore your entire mental and physical life has been a continuous projection of what you have consciously and subconsciously picturized and accepted to be true. Therefore we maintain you can slenderize your body by realistically visioning that it is gradually becoming slender.

Your absolute belief in anything, especially in God, releases a tremendous amount of your atomic and Super-conscious Energy. Therefore we maintain, anything or any action that you believe is energizing your body will energize it by releasing your atomic and Super-conscious Energy. It will also increase your capacity for absorption by removing your subconscious barrier. We have already stated that your mind cannot function independently or of its own accord. It needs something to support and stimulate it. Your belief that a certain thing cannot be done has always limited you. You cannot so easily remove that belief without the help of a higher agency. As a human being you are not only a creature of visions, but also beliefs. Therefore in any field of adventure, that which you visioned and believed, the same you have achieved. We have absolute proof, you can gradually manifest any physical conditions that you desire within the bounds of your present realization and reason.

Your sixth experiment: Know and realize that the food that you eat is made up of a highly vibrant substance. By a natural course, when its atomic energy is released your physical body is sustained. You can hasten the release of the atomic energy of your food by your imagination, vision and belief. In the practical operation, after you have consumed your food, relax. Then realistically vision that the Power back of your stomach is God and that He is breaking down your food into atomic energy and distributing it all over your body. Imagine and vision that your body is absorbing this energy. In order to sustain your present bodily form and structure, you not only need food and drink, but also Cosmic Energy in a free state. Therefore, to maintain perfect bodily functions, you should absorb the Creative Energy of God from His Illumined Presence within and without you. According to modern science, you should eat more of the quality of food than quantity.

Your seventh experiment: If you are not a metaphysical student and yet wish



to know something about the law of imagination, you may carry out the following experiment not only to stimulate your imagination but also to obtain an effective and tangible result. You know that this atmosphere is filled with vital radio-active energies and that the millions of pores of your skin breathe. Now, along with your deep normal breathing, imagine that the millions of pores of your skin are breathing in these atmospheric vital energies and absorbing them. You will soon notice that your body has become energized. Draw and absorb these energies in a relaxed position.

**Note:—**One thing I beg of you to remember. Whatever may be your opinion of Christ, no mythological character could have delivered such a sublime sermon as the Sermon on the Mount. Please read it again and again and see whether you can excel it. The following is a most helpful thought: There are two aspects to your life, one is human and the other Divine. You are accustomed to your human aspect of Life which functions as a human being. But you will have to learn to recognize your Divine Aspect from which come all your inspirations, directions, new ideas and thoughts. Your Divine Aspect is forever trying to help you. When you believe and vision that It is helping you, and rest your mind on that be-

lief, Its help never fails to come. Only by the conscious recognition of Its help can you remove the barrier between the Divine in you and your confused human mind. The Divine in you will lead you to your rightful place through your harmonious mental drift. Follow this drift and you will never go wrong. Hear Him often speaking to you for your good and you will feel free, strong and happy. The above observations are made from the fact all living beings and things appear to have their manifested lives with the Manifestor back of them, as if the Universal Fundamental Principle is centralized in all beings and things in dual aspects. In the human plane we particularly notice it in Its functions. At least this speculation is noteworthy because it is helpful to the human being.

The most simple and practical lesson on Truth in your work-a-day life is as follows: At work, play and rest, always become conscious that there are two of you, together and never separate. One of you is human and the other Divine. One eats, sleeps, enjoys, suffers and struggles to get somewhere or something, and the Other is ever-free, yet ever-active, ever-wakeful, ever-watchful and ever-trying to help the human in you. When you are busy at work, your Divine Partner works with you. When you decide to do anything wrong, It gives you a warning by causing an uneasy

feeling in you. You can converse with It as your stronger and inseparable Partner, and Protector. Ask It to do anything that is good, and It will do it for you. In the world of strife and struggle, this comradeship and togetherness with the Divine in you will give you supreme comfort and courage, and also solve many of your vexatious personal problems.

**Note:—**Whether you do something under the guidance of your Indwelling God, or God does something directly for you, it has the same force and effect. The main thing is to realize God as being the only Power back of all beings and things. Christ said, "THE FATHER WORKETH HITHERTO AND I WORK." You are the self-conscious expression of the Super-conscious God. God has manifested you according to His inherent potentiality. In practical application, to overcome a negative condition do not only use your human will, but also Truth. That Truth is, you as the conscious aspect of your Super-conscious Animating Power, are never affected by any negative conditions and that your Super-conscious Power is forever trying to help you. When a negative condition or disease becomes less than yourself, it gradually disappears.

## MIRACLES OF AGREEMENT

Christ said, "AGREE WITH THINE ADVERSARY QUICKLY, WHILEST THOU ART IN THE WAY WITH HIM; LEST AT ANY TIME THE ADVERSARY DELIVER THEE TO THE JUDGE, AND THE JUDGE DELIVER THEE TO THE OFFICER, AND THOU BE CAST INTO PRISON." On another occasion He said, "THAT IF TWO OF YOU SHALL AGREE ON EARTH AS TOUCHING ANY THING THAT THEY SHALL ASK, IT SHALL BE DONE FOR THEM OF MY FATHER WHICH IS IN HEAVEN."

If you agree with another person without any outside pressure, compulsion, or inducement to do a certain positive work, it will be done for mutual benefit. If two or three persons are naturally drawn to one another for a fruitful and productive motive, whatever they undertake to do will be done smoothly and efficiently, and

whatever results they desire in happy anticipation, will be fulfilled. In the first place you should know that your every positive desire is a divine desire and that it has been planted in your human nature from the very beginning. In the second place, you should know that an eternal provision has been made for its fulfillment in the inherent creative plan of the Creator. Your divine desires must never encroach upon another man's divine desires. But if your desires coincide with another man's desires, you may both enjoy their fulfillment with mutual agreement. To celebrate such fulfillment you say to the Lord, "My desires are Your desires, their fulfillment is in accordance with Your eternal plan. We are together, the human and Divine. Whatever I enjoy in Your presence is Your enjoyment." Therefore we maintain, that whatever you do with a pure heart and mutual agreement to promote health, happiness, and well-being, is divine.

You cannot enjoy a thing that does not

exist, therefore you need an object to enjoy it. Neither can you enjoy a thing that does not agree with you. When you say that a certain food agrees with you, what do you mean? You mean that you have a subconscious agreement with that kind of food. Then why can you not enter into an agreement with a certain food that you like and yet somehow does not agree with you? Instead of a direct subconscious approach to your stomach, you can obtain the same result by another means. First, personify the food that you like and it will give you a basis for carrying on a conversation. Second, say to it that you like each other. Then imagine that you and your personified food have agreed with each other. At first such a method may appear to some metaphysical students as absolutely chaotic nonsense. And yet when they see the motive back of it, they too realize that the complicated human nature needs different approaches. When you personify a thing and carry on a conversation with it, you stimulate your mind. And

thus your stimulated mind not only intensifies your mental projection, but also generates certain chemicals in your body. For instance, if your mind is stimulated by an evil and selfish thought, it will generate a poison in your system. Similarly, if your mind is stimulated by a happy and holy thought, it will generate a health producing substance in you. Therefore we maintain, in your daily behavior, associations and various expressions, if you practice this law of agreement, you will not only obtain astounding results, but also gain joy and happiness.

Never use a thing unless it is to satisfy your normal needs. Do not use a thing for which you have no mental affinity. People suffer from a violent reaction by forcing their nature to accept or adopt things that do not belong to them. What may be food for you may be poison to others, and vice versa. Human beings are subject to physical and mental evolution. By forcing upon others the things that you like, you disrupt their normal growth and unsettle their minds. As long as a person does not do

violence to his nature, he thrives and prospers. You have no right to enforce your will upon him as to what he should eat or drink. Christ said, "THEREFORE TAKE NO THOUGHT, SAYING, WHAT SHALL WE EAT OR WHAT SHALL WE DRINK, OR WHEREWITHAL SHALL WE BE CLOTHED? \* \* \* FOR YOUR HEAVENLY FATHER KNOWETH THAT YE HAVE NEED OF ALL THESE THINGS." If you keep your mind upon God and follow the peaceful mental drift that comes from Him, you will find the right things at the right time, and you will have no occasion to abuse your nature. The artificial restrictions that you impose upon yourself and others may cause mental aberration or psychoneurosis. Our hospitals are full of maladjusted, unbalanced men and women. Self-glorification through repressions and holier than thou attitudes are danger signals of approaching psychoneurosis. The person who demands and compels others to do things against their own will in the name of spirituality, is a



dangerous psychopath. You can never convince a religious psychopath that he is suffering from a disease. Another unfortunate thing is that many weak-minded, superstitious and ignorant persons mistake his fanatical zeal and unbalanced state of mind for a great spiritual force, and they do not hesitate to follow him. It is as unnatural to compel a man to eat when he is not hungry, as to ask a man to pray when he does not feel so disposed. Remember that any forced action for spiritual reasons either makes a man unbalanced or makes him lose respect for the thing that he does not want. So by all means learn to be normal by respecting all sane and sensible ideas and ideals.

By constantly dwelling upon a subject without any diversions, a person becomes mono-maniac. There is no need of my telling you that a mono-maniac is an unbalanced person. If you desire to regiment yourself for self-discipline, that is your own business. As long as you do not compel other people to ride your particular brand of spiritual hobby horse, you may

not be one hundred percent in tune with the entire human nature, but at least you are not a dangerous maniac.

The average person believes what he wants to believe. There is no rational basis for one's beliefs. If you analyze one's beliefs you will be surprised to find that a great deal of inherited impulses, early impressions, frustrations, and suppressed emotions have gone into their composition. Yet a person often dislikes another person who does not agree with him. So do not take out on others your personal inhibitions, defeats and humiliations. Remember that no matter what kind of a pedestal you put yourself upon, or what you do in the name of spirituality, you will never be more than what you are—just an ordinary man with an inflated ego. This universe is too vast for your limited ego. In comparison you are a great deal smaller than a little microbe; so do not try to play the part of God and disrupt your normal human nature. In the name of spirituality, do not try to enslave your fellowmen, but

try to help them to rise. When you commune with a person through mutual affinity and agreement, you are vitalized and sustained because your mind and body throw off a substance which benefits both of you.

God has given you the will-power to do His Will. So with all the strength of your mind agree to accept and absorb His vital, healing Ray that is continually pouring upon you. Realize that this Cosmic Medicine is infinitely more powerful than your disease, and your disease will disappear. Every day agree with your body to function normally, agree with your mind to be active and vital, agree with peace and prosperity of God to remain as your constant companions, and you will feel happy and free. Above all, agree with God that He may lead you away from all temptations, weaknesses, and past mistakes. Agree with Him that all your desires and aspirations belong to Him and He will fulfill them. In this new age there is no line of demarcation between your spiritual business and commercial business as long as you conduct them on a high, ethical and

spiritual basis. Make your entire human expressions spiritual expressions, that is, the expressions of God. Agree with your business that it belongs to God and it will run smoothly. When you make your business God's business, you can never fail. But you can never escape the consequences of your own deceitful actions. **LAST BUT NOT LEAST, AGREE WITH YOURSELF TO BELIEVE THAT GOD IS TRYING TO HELP YOU MORE THAN YOU ARE TRYING TO SEEK HIS HELP. MEET HIM WITH THAT REALIZATION AND MIRACLES OF GOD WILL BEGIN TO MANIFEST IN YOU. HE HAS MANIFESTED YOU AND HE IS TOGETHER WITH YOU. AS HE IS PROTECTING THIS UNIVERSE, SO HE IS TRYING TO PROTECT YOU. HE IS FOREVER CALLING YOU TO LIVE HAPPILY TODAY AND FOREVER.**

## DIVINE FATALISM AND HOW TO RIDE WITH THE ANGELS OF GOD

We humans are strange creatures. We grab hold of a hot poker and then cry for help. We create misery and misfortune in defying God's law, then we turn around to ask God to help us. We make laws for God and impose limitations upon Him, and ask Him to act accordingly. We make dogmas and creeds and want God to sanction them. We judge our fellowmen without looking into their hearts and souls. Then we ask the just God to punish the offenders as mercilessly as our brutal mind can conceive. In spite of all our primitive impulses and our befuddled state of mind, God's Light somehow comes through.

After a long, weary journey we learn that the more we rely upon God the more peace and power we gather. We also learn that by following our Divine Destiny, we not only reach our great spiritual height,

but we also accomplish a great deal more. It is not to follow any momentary impulses and whims disregarding other people's peace and happiness, but it is to follow a preordained plan for self-expression. Whenever we feel the urge to do a constructive work, it is our Divine Destiny to accomplish it. Nothing can stop us as long as we believe God is leading us to our predestined goal.

When we know God is behind us and helping us to accomplish our tasks, we have no reason to fumble or be afraid of anything. No matter what field of adventure we are prompted to enter, it is God's will that we succeed in it. It has been preordained for us to succeed. When we hold to that belief firmly and act accordingly, our personal worry and fear disappear. When God is for us, no one can be against us. At least we have the prerogative to believe no one is against us. When we discover someone is deliberately opposing us, we should send him a message of harmony and peace through God. God is the greatest Messenger of harmony and peace and

order. I say to Him, "Lord, my mind is full of personal weaknesses and limitations. Consequently my words may be misconstrued, but your words never will. So please take this message of good will, success and happiness to the one who has misunderstood me." Then I realistically vision that He is delivering it. After that I let my peace return to me. In most cases, such a message is received and appreciated. My Divine Destiny tells me that I have no time to waste or to watch the reaction of the recipient of my message. I continue to perform my predestined task under the guidance of my Heavenly Father within.

Do you feel the urge to do something great? Then go ahead. Keep your counsel to yourself and feel the Power of God leading you. If you ever get into a tight place, sit quietly and ask God to lead you out of it. He will lead you out of it if you do not hold onto your preconceived, personal opinion. Anything that disturbs your peace of mind cannot be the right thing. Any road that is full of worry and care is not the right road for you. Follow this

simple rule and you will have no difficulty in finding the right thing and the right road. It is a great deal harder to give up your personal whims and fancies than to accept God's mandate. Even this difficulty can be overcome, if you make self-surrender to your Super-conscious Father. Unless you remove the block from the road, you cannot pass. But have no fear. All of your difficulties will vanish when you let your Indwelling God do the work.

Once a young man asked me, "I feel the urge to go out and spread this Message. Will it be all right if I take this step?" I replied, "Who is stopping you? Why do you ask me the question? If you have found God, you do not need anyone to tell you whether you should go out or not. What you are destined to do, you will do. God will open the door for you and you will simply ride with His Angels." The young man said, "Now I understand. Some day you will hear from me." I am sure I will hear from him. I saw the glint in his eyes and the fire in his soul. Nothing will stop him.



I meet people who want to teach, preach and heal. Yet they are not sure of themselves. They want someone to inspire them or pull and push them. I say to them, unless you have a message to give or a realization to express, you have no business to venture forth. Your intellectual knowledge and a great desire to receive homage from the people will not sustain you very long. By trying to succeed by false means you will wear yourself out. When you have learned to relax and establish perfect faith in God and in your Divine Destiny, then you will be ready.

When a man learns to commune with God, he does not worry, no matter in what plight he finds himself. He sits down and asks his God, "What is next, Lord? Which way do I go from here?" He finds the right answer within himself with peace of mind. When the right answer comes, it is always followed by peace and buoyancy of spirit. There are two kinds of people who want to do things. One wants to produce results by his own efforts, the other wants to reach the fixed and definite results which are

already prepared for him. The Man of Divine Destiny works toward the preordained results and asks his God to lead him to them. It makes his work easy and his burden light. If he needs a friend, he need not cultivate one. All that he needs to do is to look for one who has been foreordained for him. He may even ask God to bring him to him. It is easier for man to make mental contact with the things that already exist. In reality, all things must exist before you can desire them. Since all things exist in God, you can easily find your pre-ordained friends and objects in God. When you have good things of God, do not be dissatisfied, but be thankful and you will have more.

**Note:—**The greatest mystery in you is that without your Power to imagine you could not imagine anything. Therefore whatever you can imagine and believe this Power can do, the same It does for you. This is the Good Jinni that the lamp of your mind holds. It can assume any role that you desire It to play. It can work fast or slow according to your vision and belief. It can also be as impersonal as you can imagine It to be, and as personal as you can conceive. Do not be afraid to ask It with all the strength of your soul to do anything good and positive. Vision that It has started the work at once, and It will never fail you.

Do you feel inspired to give this Message or teach it? If you do, then do not hesitate;—jump into it. Only realize that which you will be trying to give already exists in God. Have no fear. Ask your Indwelling God to deliver it for you. Do not hesitate to express whatever you are led to express. Gradually your mind will be the clearest medium. To begin with, use simple language that you are accustomed to speak in your daily life. Later on your crystallized thought will find its own expression. Avoid all academic flourishes in your delivery. Speak the language that is understood by all people. Always keep your mind in your Indwelling God and be conscious that the flow of language is coming from Him. As long as you believe in God and in your Divine Destiny, have no fear. You are surrounded by the Angels of God; ride with them.

## MY CALL

Whoever you may be and wherever you may be, if you are my predestined friends, I am calling you. Rally forth under the banner of God and humanity. Spread this glorious New Messianic World Message. It is your Life and your Message. God bless you.

PEACE BE UNTO YOU