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UNITY

"Ye shall know the truth, and the truth shall make you free!"

VOL. XXV. DECEMBER, 1906. NO. 6.

PREACH THE GOSPEL
HEAL THE SICK
CLEANSE THE LEVITERS

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RAISE THE DEAD
CAST OUT DEVILS
MATT. 10:7, 8

BUILT UPON THE FOUNDATION OF THE APOSTLES AND PROPHETS, JESUS CHRIST HIMSELF BEING THE CHIEF CORNER STONE.— EPH. 2:20.

PUBLISHED BY UNITY TRACT SOCIETY, KANSAS CITY, MO.

The Unity Society of Kansas City.

This Society is an independent movement established in 1889 with headquarters in Kansas City.

It has a local attendance at its various meetings of about 500. It is called the Unity Society of Practical Christianity.

An auxiliary Society, called the Society of Silent Unity, has a membership in all parts of the world of about 15,000.

The local Society owns property at 913-915 Tracy Avenue, Kansas City, Mo., where its meetings are held in a stone and brick structure of adequate proportions known as the Unity Building.

The doctrine promulgated is summed up in the name of the Society — Practical Christianity.

We follow the injunctions of Jesus as written in the last chapter of Mark:

“Go ye into all the world and preach the gospel to the whole creation.

“And these signs shall follow them that believe; in my name they shall cast out devils; they shall speak with new tongues. They shall take up serpents; and if they drink any deadly thing it shall in no wise hurt them; they shall lay hands on the sick and they shall recover.”

The Lord confirms that we are preaching and practicing the true gospel by the signs that follow our work. “By their fruits ye shall know them.”

We publish many pamphlets and books and regular monthly magazines as follows:

UNITY, \$1.00 per year, 10 cents per copy. Charles and Myrtle Fillmore, editors.

WEE WISDOM for children, 50 cents per year, 5 cents per. copy, Myrtle Fillmore, editor.

The publishing part of our work is done under the name of the Unity Tract Society, Charles Edgar Prather, Manager, Unity Building, 913-915 Tracy Avenue, Kansas City, Mo., to whom all subscriptions and book orders should be sent.

Enquirers are cordially invited to attend our various meetings, both Sunday and week days, mention of which will be found in detail in our weekly program.

For full information call or write to

UNITY SOCIETY,
Unity Building, 913-915 Tracy Ave.,
Kansas City, Mo.



OUT OF THE SILENCE.

JAMES RHOADES.

I. Cor. 3:16.

Is this thing true the preacher saith,
Or but a dreamer's dream?
Thrills in thy very midst the breath
That bade the star-fires stream?

Framed all the universe Divine,
And slowly cell by cell
Built up thy body for a shrine
Wherein Himself might dwell?

Then cares and fears are phantoms vain —
Ills of illusion bred:
O hungry soul, insatiate brain,
Ope inward and be fed!

O heart, with age-long error rife,
Thou art no soil for sin,
Where through the eternal Source of life
Wells ever from within!

Drink, and thy need shall be sufficed,
The drought of death will fly:
Who thereof drinketh, said the Christ,
Shall never thirst or die.

No mortal being gave thee birth;
Shake off the fleshly dream,
Nor, housed albeit in walls of earth,
Against thyself blaspheme!

The heaven is here for which we wait,
The life eternal now!
Who is this lord of time and fate?
Thou, brother, sister, thou.

The power, the kingdom, is thine own;
Arise, O royal heart!
Press inward past the Doubting-zone,
And prove the God thou art.

THE DAWN OF A NEW DAY.

By Charles Fillmore.

Once to every man and nation comes the moment to decide,
In the strife of truth with falsehood, for the good or evil side;
Some great cause, God's new Messiah, offering each the bloom or
blight,

Parts the goats upon the left hand, and the sheep upon the right;
And the choice goes on forever, twixt that darkness and that light.

—LOWELL.

The promise that the garden of Eden will be restored on earth, is older than the Bible. Other bibles of other peoples far antedating the Hebrews, prophesy a time when man shall possess the earth in peace and plenty; a time when the elements shall be subdued; disease and death eliminated, and immortal life in the body be again set up in this phase of existence. It should be observed that all prophecies to this end that come through mystical channels say that this is a state to be regained. They do not hint at evolution, as understood in modern thought. But the students of physical science arrive through their deductions at virtually the same conclusions as to the ultimate conditions of humanity.

They also agree that this condition of peace and happiness will be brought about through causes originating largely with man and his acts. In other words, its consummation will depend upon the wisdom and energy with which men act at certain crises in history. These prophets, both ancient and modern, say that we are now at one of the most vital turning points in our experience. They get at it in a variety of ways, and they differ widely in minor parts, but are unanimous in their conclusions that now is the time foretold by prophets of old, and reiterated by prophets new.

But it does not require the prophet's perception to discern the signs of these times. The dissolution of the old and the birth of the new is manifest in every walk of life. For instance, the thought that has been held inviolate for thousands of years about

the opaqueness of matter has been shattered in but the past few months. The materialist and his world are no more. This, however, is only a minor example of the astounding swiftness with which the material sense of things has been dissolved in recent years. The past quarter century has witnessed more of this than all the history of all the world records before. The past half dozen years has accelerated this dissolution at a tremendous pace, and a prominent scientist says that the changes have been so many that the text-books of nearly every science will have to be rewritten. Yet those who are watching the mental realm know that still greater changes are going on there. The religious world of a few years ago does not exist today. There is but one sect in all Christendom that stands by its creed, and carries forward its work in the old lines. All the others are shaken to their foundations. Thus creeds and dogmas are skeletons in their closets, which they talk about just as little as possible.

In politics and government the same upheavels are at work. The rights of men are no longer theories; they are about to be real. So from any plane of observation which may be chosen, we can assert with the conviction of truth that a crisis is here. Something is happening. All along the line are evidences of the birth of New Thought. A higher state of consciousness is bursting full blown upon the whole race. It is everywhere, but those who are most open to its influx are being rewarded. The power is abroad in the earth, and it calls to men and nations, "Come up higher." It awaits the action of the governments of Europe now. They will speedily go one way or the other. They will lay down arms, and make peace universal, or they will consume each other in war, and thus clear away the minds that obstruct the peace that must surely come.

All this presages a new state of consciousness for the whole race. It is the beginning of the visible reign of the Christ, whose seed-man was Jesus of

Nazareth. Every state of consciousness is first planted as a seed idea by some one man or woman. So Jesus of Nazareth planted the seed thoughts that are now springing up under so many forms and shapes. He it was who went into all the domains of thought and formulated ideas that have waited a people who could comprehend and utilize them. We are that people. The dawn of the millennium is in our keeping. We possess the keys that open the gates into that New Jerusalem.

It should not be inferred that this refers to any particular sect or class, but all people of this great time who are open to spiritual understanding. The keys are presented to those who come into a perception that all is mind, and that all things and conditions are representative states of consciousness, produced through the free action of the I AM in every man and woman. This is the key which is being entrusted to so many in this great day of the Lord.

But the possession of this key is not all. A key is for use. We may know all about the way mind formulates states of consciousness, and all about our relation to God, but unless we have made a change in our consciousness, and become, in a measure at least, aware of the presence of God in our minds, we are not using the key. Theory is one thing; practice is another. The offices of architects are overflowing with *plans* of houses, but they are not houses until they are built.

The Hebrew prophets talked century after century about the glorious character and great powers of the Messiah. Jesus Christ said, "I am he." The vital question with each is, How carefully, how boldly, how conscientiously, wisely and unselfishly is the key being applied?

The balanced mind no longer seeks to do evil; and that factor no longer enters into his problem, but a proper discrimination between the enduring, permanent things of existence, and the transient and evanescent is not so common. To choose wisely in

this respect requires wisdom and spiritual perception. Those who are unconsciously building on the shifting sands of the material world are many. They try to perpetuate the existing state of things by calling them spiritual, and their ideals are but little removed from the materialistic. The "new heaven and the new earth" are not to be darkened, nor cumbered by any of the conditions that exist today. All things are to be made new. This is the promise of all the prophets of all the ages. There is to be no more sorrow, nor crying, nor pain; hence all conditions that cause these must be destroyed.

Our ideal world must be formed in mind on a very high plane. We may choose to build it from the standpoint of the most transcendent dreams of humanity's perfection. Nothing less will answer, and all attempts to bring forth the new civilization upon any lower plan will mean failure to the true metaphysician of the Jesus Christ school. Jesus Christ has a distinct school. He had his ideals, and they have been sown in the minds of men, and will surely come to fruition. He saw a people here on earth with all the powers of the gods. He did not look to governments, nor churches, nor industrial movements to bring about the civilization he planned. His kingdom is not of this earth, where Adam and his progeny earn their bread by the sweat of their brow; his is a kingdom where mind, not muscle, is the producer.

That kingdom is now ready to be set up. The conditions are ripe for it. It is open to all, but only those may come in who are willing to give up all their ideas of earthly possessions for it. "Seek ye first the Kingdom of God and his righteousness, and all these things shall be added unto you." This admonition still holds good, and its fulfillment is capable of visible realization by those who are willing to accept the conditions. But it is not to be attained in the Ananias and Saphira way. There can be no reservation. Every earthly link must be broken; every

mortal love be crucified. This was the way that Jesus of Nazareth got into this Kingdom, and it is the way that we must get in.

It is not for us to quarrel with the conditions of the world, nor take upon ourselves the burden of righting them. That is a long circuitous route into the Kingdom, and those who are choosing it have many weary years of waiting before them. We are to accept that which is now prepared for us. The feast is ready, and the invitations are out. This is no longer a parable, but an exact statement of that which really exists in the very atmosphere of this planet. There is a state of consciousness, which can and is being attained by men, where all things are provided to fulfill the desires of the regenerated souls. It is not removed to some problematical heaven, nor is it on some distant planet, but right here in our midst is the form and substance of that condition promised by Jesus Christ. It may not be described in words, but it is substantial and may be seen and felt by those who are open to its first faint droppings.

The day is not distant when this Kingdom will have its place in the geography of this people, and those who have chosen it will be known to exist under laws and through means beyond the ken of the Adam man. The way into this Kingdom is through the mind, and its doors all open in response to *words*.

A THOUGHT AFTER READING "THE IN-VISIBLE RESOURCE."

No, not ambition, but the desire to succeed, in order to point the way to the unbelieving. To have health, that others may be led to seek it. To have wealth, that they may see how God prospers His intelligent, obedient children. Happiness, because they desire the happiness of *all*.—H. A. S.

“Recipe for securing love: **LOVE.**”

THE PERSONAL APPLICATION OF TRUTH.

BY JENNIE H. CROFT.

(An address delivered before the Convention of the World New Thought Federation, held in Chicago, October 23-26, 1906.)

We believe that there is no one who does not feel that he can be greater than he is, and accomplish more than he has. Each one has an ideal which he longs to make real, and, if he is not a mere dreamer, he bestirs himself and brings all his energies into action, until he attains the goal. What man most needs, and what he is seeking for, is a knowledge of *how* to realize his ideal.

Knowledge has been likened to a lighthouse, throwing its beams upon the trackless waste of waters that the voyager may be guided to the haven where he would be. Man has ever sought for knowledge, this universal desire being expressed in the questioning eye of the infant, the persistent "what" and "why" of childhood, and the earnest quest of the student. From the beginning of time man has been admonished to seek knowledge and wisdom, following the advice of the wise man of old, "with all thy getting, get understanding." Why? Because "Knowledge is Power." All power comes and belongs to him who KNOWS.

The knowledge which we are seeking is an understanding of Truth, which, like the lighthouse to the mariner, will guide us into the harbor of the greatest of all knowledge—the knowledge of Self. Knowledge is power, but self-knowledge is power upon all planes, and its value is inestimable.

In mathematics, the whole structure of the science is built upon the unit and its value. This fact has its parallel in the relation of the individual to society, to communities, and to the nation, for it is upon the individual and his value that the whole fabric of civilization is based.

Christianity is first individual; the kingdom within must be established before larger social results can be obtained. It is an accepted scientific fact that involution must precede evolution, and as metaphysicians, looking within our consciousness for an understanding and application of Truth, we perceive that we must be receptive to the teachings of the Spirit of Truth before we can express that truth in word or life.

The history of past ages proves to us that man has interested himself more largely in the material conquest of the world than in any other pursuit. To many this has brought wealth; some have achieved fame, but few only have found happiness.

The past is not without credit however, the people of those days believed and acted the best they knew, just as we of today believe and do according to our best knowledge. But, happily for us, the last half century has witnessed a great change, a change which has given us new privileges, and is the beginning of a new epoch for man. Progressive minds are seeking for something which will give them greater satisfaction than mere material prosperity.

Man has made great progress mentally, and has found that, whereas, once he believed himself limited to his own individual strength, he has learned that now he can manufacture power. From the ox team of fifty years ago to the motor car of today is a great stride, and it is an indication of the finer quality of thought which man is using today, and is also a prophecy of what is before us, for we are awakening to the value of the wonderful powers which are ours to use. There has been too much struggle for worldly things, and too little time left for the mind to seek an understanding of its own inherent powers. But this is now changed, and we are finding that we may establish within the soul the center of Divine repose, through which we may have dominion over all things.

The people who yet believe that the world holds

all of happiness for them, do not see the necessity of giving their attention to the development of the spiritual side of their natures. But there is an impelling force ever stirring in the heart of man, causing a longing for satisfaction which the world cannot give, and pushing him onward toward the happiness and harmony which passes not away.

This unrest is the voice of God calling us to turn our energies to higher and better uses. It is the awakening of the soul to a recognition of the finer forces which are only awaiting our appropriation that they may be incorporated into the character we are building, into the Self, whose purpose is high and holy living.

As we come into a new state of consciousness we have to adjust ourselves to new mental surroundings. As we were sustained by the old ideas, so now we must seek a new source of strength, and we find it in communion with the Spirit. We seek for a closer walk with God, and this seeking is the law of growth. We seek to know the Christ, and one day we awaken to the fact that the same mind is in us which was in Jesus the Christ, and we discern that we are becoming like Him. The Master may be asleep in our boat of life, and it may take a tempest to cause us to turn to Him for help, but when we do call, He comes forth to our conscious recognition, and behold, the Christ is here.

The greatest power through which we appropriate according to our will, is the thought-power. What can one do with his thoughts? He can do everything with them when he has learned to control them. There is no other place in the universe where man has absolute mastery. The dominion which is his by Divine right is first over his thoughts. Right thinking is the foundation of right living. We must learn also to control the mental pictures which we form, as well as the character of our thought, for we materialize just what is in our minds.

We are all using this thought-power, but do we

realize that we attract conditions according to the character of the thought we entertain? In the universal storehouse of supply there is Wisdom. Are we appropriating it by dwelling in thought upon it, recognizing its presence with us, and applying its teachings in our daily lives? In this storehouse there is Love. Have we opened our hearts to its benign influence and become filled with its power? In the Universal there is life and health. Have we mentally claimed our oneness with these Divine qualities until they are incorporated into our whole being? In the Universal there is prosperity and plenty. Have we thought plenty, talked plenty, lived plenty, until men note our prosperity? If we have failed to do all this, we have failed to appropriate all that is held in store for us, and in consequence have suffered lack.

We would live pure and noble lives, and this Divine impulse within us would have us choose the good and the true, and express this goodness in thought, word and deed.

What is it to "be good?" We hear much said about being good, and after careful consideration, we have come to the conclusion that goodness is simply a higher conception of life. Jesus said: "I come that ye might have life more abundant," and this life more abundant is a higher order of life.

Many people have the idea that to refrain from the indulgence of certain appetites and desires is to "be good," but this is a rather childish view of the matter, and may just be conformity to social custom, or keeping within the law. There is not much merit in this sort of goodness.

The one who is truly good is the one who changes his course of action because he has found something better. His ideal is higher, and he is reaching beyond those things which once he allowed, and he has the wisdom to know that to get beyond them, he must leave them forever behind him. Dwelling upon a higher plane, he outgrows all desire for les-

ser things, for that which is not the highest and best.

The problem resolves itself into this one proposition: If we want to be one thing, we cannot be the other. We choose according to our viewpoint, and our viewpoint changes with our development.

The human race is growing better because man is recognizing his Divine possibilities, and is appropriating the forces which are all about him and to be used for his good. Man is increasing the number of his years in this world because he is applying the knowledge which science has evolved pertaining to the secrets of life, and the causes of the early decay of the life forces.

There has ever been a protest against the decadence of physical charm and beauty, and the present day is answering the desire for perpetual youth. We are told that every desire is the prophecy of its own fulfillment, and in the people of today may be read the answer to the demand for strength and beauty which shall not begin to deteriorate at maturity. Where are our old women? Gone with the tallow candle and the spinning-wheel, for in her place is the new grandmother, active, attractive, progressive, living along broader lines than her predecessor, and deeming it her privilege to avail herself of all these newly discovered forces to preserve and enhance her attractiveness. The people of today, in their personal application of Truth, are demonstrating that youth is eternal, and many fine examples of this young, old person is to be found in our midst.

It is upon the Spiritual plane, however, that this faculty of appropriation is of greatest value and should be more fully developed. One of the most potent truths that man has ever learned is that he can consciously train his mind into a realization that he is Spirit, and, in consequence, in dominion over all things. In Spirit there is no sin, sickness or sorrow, and when we arrive at an understanding of what we are in reality, we know that health and har-

mony, love and wisdom are our natural birthright, and we radiate these Divine qualities. New thoughts will come to us, new ideas take possession of us. This is the activity of the Spirit spurring the newly awakened soul to the expression of these latent energies, and to reveal the presence within us of the Omniscience and Omnipotence of God. We begin to be aware that the "Kingdom of God" is within us, and by personally applying these new ideas with which the Spirit fills our minds, we unfold into the fulness of our Divinity. The reason why so many are deluded with ideas of sin, and suffer all kinds of dis-ease, is because of their neglect to appropriate and apply the inspiration of the Spirit.

Practically, the most perfect method of interior development, is that inner concentration of supreme desire, and the practice of silent communion with the Spirit. This is the important thing for man to learn. Through it the whole objective world may be shut out and the soul brought face to face with God in the inner court of the temple. Having fully mastered the art of entering into the Silence—the secret place of the Most High, we find that the key to Divine revelation, and the power to achieve, is ours.

Concentrated thought is creative, and is a powerful auxiliary in the formation of character, but this factor in our spiritual unfoldment is not so highly appreciated as it should be. Man may, through this power, renew and reform his own consciousness, for what is gained by conscious effort becomes habit.

If one creates his thought world of erroneous or perishable ideas, when they are swept away, what has he left to rest upon? Dismay and despair engulf him. On the other hand, if the thought world is built up of Truth, Love and Goodness, the storms of life may assail the man, but he stands firm, he is upon the rock of imperishable knowledge, for "To know God is life eternal."

Heaven, or harmony, is the quest of the world, but it comes, not out of the sky, or after we are

dead, but by virtue of our goodness. It is acquired by us. God works *with* each one of us, but He does not work *for* us. That is, He does not do our part. Our part is to live righteously, do as we would be done by, thinking, speaking and doing those things which constitute the Christ-life.

We should do this because it is the best we know, therefore, right for us, and not because we look for any reward of our virtues. We should strive to make our demonstrations as high as we can conceive of an ideal, thus creating such an atmosphere of love and goodness about us that all who come in contact with our mental aura will feel the Christ Presence. We should learn to control our forces, directing them to the upbuilding of our whole being, and in this way prevent discord and disease of mind or body from trespassing upon us.

We should keep our minds active in the present. By dwelling upon the past, or projecting our thoughts into the future, we take from the present that which it needs to give it support, and weakness, discord and inharmony follow.

If the Spirit quickeneth, as Paul declares, the body needs this quickening in the present. We should forget the things which are behind, take no thought for the morrow, and with soul and body co-operating in the present, we become endowed with power to meet all conditions and occasions with confidence in our ability to make them minister to our good. There will be no perplexities, for in this Power we will defeat them. We will, with the volition of our own thoughts, meet any discord which may assail us, and shall master it.

It has become an axiom with us that, "Whatever you think of, that you attract." If you place your thought upon the plane of discord, you invite discord as the result. If you place your mind upon the harmonious, the beautiful and the perfect, you attract these elements of true being. Good is the climax of the God-consciousness, and if you place

your mind upon the good, persistently keeping your attention fixed on the "beauty of holiness," you will be transformed into the image and likeness of the Good. According to the character of your thought do you shape and fashion, tone and locate your soul, and predict its destiny. How essential, then, that we heed Paul's admonition: "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are of good report, think on *these* things."

In the personal application of Truth, we recognize the Good, claim the Good, proclaim the Good, and then we manifest the Good. If we appropriate to ourselves all that makes for good, our lives will be harmonious, and we will make possible the Divine command, "Be ye perfect even as our Father which is in heaven is perfect."

LETTER TO A BUSINESS MAN.

BY DAVID WALTER PYE.

You ask why I have made such a marked improvement physically, and why prosperity is so evident in my affairs.

My answer is that I have applied a rule that every successful (and I use the word in its full interpretation) man practices consciously or otherwise—to think on, talk of and believe in health and prosperity, even as the business man does about his business.

You have often said you want bright, cheerful men to sell your goods; you want them full of enthusiasm. Why? Because you know this state of mind is infectious; it is caught by the customer; so, in the same way, thoughts of health and prosperity are infectious; they catch in our bodies and affairs, and remain with us, if we nourish them and sustain them by continued faith in ourselves, as the channels of that health and prosperity, which is God.

You have tried doctors, you say, and without good results; therefore, as you have seen results in me and others, why not try this optimistic way of faith and hope, which, you will find, never fails of results to those who hold fast to the existence of those blessings desired until the demonstration is aimed.

SERVICE AND SERMON BY PROF. LE ROY MOORE.

Sunday, Oct. 28, 1906, at Unity Auditorium, Kansas City, Mo.

Silent thought: "There is only one Power and one Presence in all this universe."

Lord's Prayer.

Affirmations:

1. As there is one Spirit, one Life, one God, I am Spirit.
2. I am one with the Father; the Spirit Life of my Being is one with God.
3. My body is illumined with the Light of the Holy Spirit.
4. The one Source of supply is the Spiritual Substance of my Being.
5. I now accept the Mind of Christ; I am one with the Father.
6. My eye is single to the Truth of Spirit; I live in God, One, All in All.
7. As Spirit is All in All, I only need the Spirit, that which contains All.
8. I live in God, not in Time or Place. My mind is Spirit—one with God.
9. The inspiration of the Almighty fills my soul. I am free from fear.
10. I now fold myself round with Peace, Love, Power and Plenty.
11. All that the Father hath is mine; I am one with the Universal Supply.
12. My trust is in Thee, O Holy Spirit; as Thou art One, I am One with Thee.

Text, Ephesians 4:4-7.

It was the Great Teacher, Jesus the Christ, who said, when requests were made of him, "Wist ye not that I must be about my Father's business?"

He had but one motive, one desire, and that was to fulfill his mission upon earth. He so held to the principle of the at-one-ment with God that everything became a perfect realization to him. He lived deeper than we call the mere thought of things. He acquired this perception through the absolute determination to do the will of the Father, and he realized.

this oneness with the Father through singleness of purpose. He kept his eye single to the one God, one Father, one Spirit, one Power—that which is back of everything—that which causes you and me to realize, to move, and to express ourselves as we do. We should cultivate realization, and that means to know the Truth, and to abide in it; it means to get in touch with all things. To get in touch with Nature, man must see the beauties in it; as he formulates these beautiful ideas, he helps to bring beauty into manifestation, and comes in touch with the deeper things of God.

To attain the highest and best truths for ourselves, we must go into the depths of our Being, and attract those things that go to make up the finer elements. We need a deeper understanding of the allness of this Spirit. We need a deeper understanding of God—of the allness of God; of the at-onement with Christ that Jesus Christ came to teach, and this is to be about our Father's business; to keep our minds in such an attitude of peace and quiet that this Spirit can at all times find expression through us.

We live in a world of sense, and until we realize this spiritual beauty, we have but one sense perception of what the world means to us, and yet we have the opportunities on all hands to give forth the higher realization of this Truth. We cannot substitute anything to take the place of this one Spirit. We may formulate ideas; we may think there is a subjective and an objective; but, until we can harmonize the two, we are walking in the shadows. We must know the allness of the One. We must be still and abide in this subconscious state if we would let God's will be done in us. To "abide in me," as Jesus said, simply means to abide in the Spirit. Man merged in Spirit, through the realization of this one Universal Presence, this one Law, has all the occult powers added unto him; he becomes more and more established in the one Universal Power

and Presence. Here is where we find God. Here is where we give forth our best; Here is the Comforter. None can exceed this Comforter which Jesus Christ gave after he left the world. He realized that if he could so establish the truth of God in his personality in the manifestation of life, he could send to the world a deeper and greater realization of what God meant to the people and to the world.

If we would only abide in that consciousness more, and realize the fullness of the peace and the joy, and the happiness to be obtained there, we would cease complaining about our bodies, for, in this Silent Chamber we see only perfection, and to see it, is to give it forth. Dr. Sullivan used to say, "That thou seest; that thou be-est."

We will even see back of that which gives expression. We will see deeper elements in every child. Do we need to love humanity? No, we need only to love God. When we know this Truth, we will abide more and more in the realization of perfect love, and love fulfills every law. Love is the basic teachings of all that we teach here, and really, this is the basic teaching of Jesus Christ. In Paul's letter we find he goes so far as to say, "There is one body, one life, one faith, one baptism, one Lord, one God, one Father, which is in you all, and above you all and through you all."

Just so long as we are divided in our consciousness as to the Truth of these teachings, we give expression to more or less inharmonious thought. We must keep our "eye single" if we would demonstrate the one law spoken of in this lesson.

You remember there is a story told about an old colored lady who had very distressed conditions in her family. Her husband and the boys used to go out and drink, and this disturbed her peace of mind. Finally, she concluded she would take it to the Lord, and ask what course to pursue to overcome these obstacles. The answer came, "Keep your eye sin-

gle to God." Well, it was not long until everything changed in her surroundings—her husband came home sober, and the boys came home early, and some of the neighbors questioned her as to what brought this about. She said she had taken it to the Lord, and He said; "Keep your eye single to God." "So," said she, "I seen God in the wash-tub and everywhere; I just seen God everywhere, and just talked to God. I did not have time to watch the old man and the boys, and it was but a little while until my husband and the boys came home sober, and everything changed in my home." She was faithful to her prayer. She had sense enough to stick to the proposition—to abide in it—a singleness of purpose, if you please. She had faith in God.

A lady, who had been in Science about twenty years, and who had lost her husband about a year or so ago, came to me. She has one son, a man about 20 years old. She said, "I am very much worried about my boy. He visits the saloons and drinks ale, and also likes to go to the theater. He is out late and I can't sleep." I said, "My good woman, how long have you been in this line of thought?" Said she, "Nearly twenty years." "Well," said I, "you have not learned the lesson of letting go yet." She wanted me to treat the boy, but I told her she needed treatments more than the son. "Now," I said, "forget that you have a boy. Loose him and let him go. You took this study up to get your freedom, and yet you are not willing to let your boy have his. Just try letting him have his freedom, and he will come home early." In a few days, I received a message something like this: "My boy came home early last evening, and I read to him until eleven o'clock." Said I, "Why don't you let him go to bed, and get his rest? You are only manifesting a feeling of fear and anxiety; you must learn the law of non-attachment, and let the Spirit take care of your boy. By giving him his freedom,

you will find your own, and in no other way. Non-attachment and non-resistance is the way of perfect demonstration. Jesus found this true, and so will we, when we find our oneness with the Spirit, when we learn to love the One Spirit."

I could stand here and tell you of case after case of men who have been redeemed from strong drink by just letting go. The very minute you let go of them, they will let go of drink. That is the law; it is *the law* of harmonizing with this *one Law*—the Source of All Good.

Abide in the One Spirit; let the Spirit take care of you and yours; have perfect trust and confidence, for until you do, you will not be able to demonstrate the whole Law.

Will you go forth from this service today and prove my statement true?

People say, "Why, I can demonstrate along the line of health. There really is but one demonstration to make, and that demonstration means my at-one-ment with the Father."

When you can so understand this Truth as to come into at-one-ment with the One Power, the One Law, the One Spirit, and abide in that consciousness, you will find it finished, just as Jesus Christ said, "It is finished."

Let us go forth from this place with our minds single to the One Spirit; with our hearts filled with the realization of this One Presence, and this One Power, in the name of Jesus Christ.

To each one, his own highest divine ideal of God, is God to him. He is incapable of paying homage to anything beyond.

— HENRY WOOD.

Trying to bring ourselves into the light through creed is like trying to lift ourselves over the fence by the bootstraps. It is contrary to natural law.

— NANNIE MONTFORT.

Bible Lessons

BY CHARLES FILLMORE.

(Text from the Revised Version.)

Lesson 12. December 23.

JESUS ASCENDS INTO HEAVEN.— Luke 24:36-53.

36. And as they spake these things, he himself stood in the midst of them, and saith unto them, Peace be unto you.
37. But they were terrified and affrighted, and supposed that they beheld a spirit.
38. And he said unto them, Why are ye troubled? and wherefore do questionings arise in your heart?
39. See my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye behold me having.
40. And when he had said this, he showed them his hands and his feet.
41. And while they still disbelieved for joy, and wondered, he said unto them, Have ye here anything to eat?
42. And they gave him a piece of a broiled fish.
43. And he took it, and did eat before them.
44. And he said unto them, These are my words which I spoke unto you, while I was yet with you, how that all things must needs be fulfilled, which are written in the law of Moses, and the prophets, and the psalms, concerning me.
45. Then opened he their mind, that they might understand the scriptures;
46. And he said unto them, Thus it is written, that the Christ should suffer, and rise again from the dead the third day;
47. And that repentance and remission of sins should be preached in his name unto all the nations, beginning from Jerusalem.
48. Ye are witnesses of these things.
49. And behold, I send forth the promise of my Father upon you: but tarry ye in the city, until ye be clothed with power from on high.
50. And he led them out until they were over against Bethany: and he lifted up his hands, and blessed them.
51. And it came to pass, while he blessed them, he parted from them, and was carried up into heaven.
52. And they worshipped him, and returned to Jerusalem with great joy:
53. And were continually in the temple, blessing God.

GOLDEN TEXT— *While he blessed them, he parted from them, and was carried up into heaven.*— Luke 24:51.

It is generally understood by mystics, and those who have kept run, from the occult side, of the various adepts of this planet, that Jesus of Nazareth

was an historical character, and that his recorded life is substantially correct. That he was more than the average adept, or great soul, they also state, even that he was the Lord, or Master Mind, of the planet itself. Every planet has its ruling Lord or Master, who is the head of all the people. Christianity plainly teaches that Jesus was the Lord of this race. "He came unto his own and his own received him not."

The Mind of the planetary Lord pervades the earth as our minds pervade our bodies. The directive power is from the head, which sends its messages along the nerves to the various gangleonic centres, from whence they go forth to the extremities and the world without. A certain law is involved similar to that of carrying on our government. Heads of departments are necessary to carry out the laws which have been made by Congress. When these department heads fail to do their duty, or become officially disobedient and malfeasant, corrective measures must be set into action. This is what was done in our case.

The human family, of which we are part, became disobedient and degenerate, and powerful measures were necessary to bring them back to a healthy race standard. Heroic measures had to be adopted in order to purify the race life, which many generations, steeped in ignorance and willful disregard of law, had polluted. A new life substance had to be imparted to the diseased and decaying stream in which the race lived. The recent attempts of doctors to find a lymph that may be introduced into the blood, and through propagation of the germs that are its foundation, build up new healthy tissues, is analagous to what was really done by Jesus Christ. Although Lord and Master of the whole human family, he incarnated in Mary and took on the conditions of the humblest of men, in order to reach the lowest depths of the race life. To do this, he had to literally lay down his life for the time and make him-

self subject to all the limitations of that mentality. It was the only way to give us the healthy life germs necessary to our redemption.

This explanation brings us to the resurrection of the body of Jesus and the ascension or dissipation into the race life of the new and pure germs of which his body was composed. He was taken up into heaven, or the realm of harmonious mental conditions, which always exists at the centre of all creations. This is not the *psychic* realm, which lies immediately in touch with the mentality of the race, but a more interior soul plane where law and order are established, even the "Kingdom of God within you."

Lesson 13. December 30.

REVIEW.

GOLDEN TEXT — *His name shall be called Wonderful, Counsellor, Mighty God, Everlasting Father, Prince of Peace.* — Isa. 9:6.

If we knew of a place where one could go and be inoculated with a lymph that would give us fresh, healthy life, we would get there, though it were at the very ends of the earth. Yet there is such a place right at the door of everyone, and this inoculation may be yours without going out of your own yard. All you need do is to go to it in your mind.

This lymph is introduced into the blood through the mind, as explained in verse 45 of the preceding lesson, "Then opened he their mind that they might understand the scriptures. * * That the Christ should suffer and rise again from the dead. * * * That repentance and remission of sins should be preached in his name unto all nations," and "Ye are witnesses of these things."

The beginning of this process, which will end in a redeemed soul and body, is in an opening of the understanding to things spiritual. The starting point is to have faith that such a spiritual condition exists, then through prayer and meditation, put your-

self in that mental harmony necessary to the Divine revelation. When this Light of Truth breaks in upon your soul, you will see things differently. To some it comes with a great spiritual awakening, and to others there is a gradual change of mind and day by day appropriation of new thought. This is eating of the substance and drinking the life of the Christ Consciousness. Through it the body is filled with fresh energy and the whole man brought into a condition greatly superior to that common to the race.

When a company of people in this Christ Consciousness associate themselves and meet together often, there is a strengthening of the life currents and a building up of the substance and power in the earth, of the Heavenly Condition, which we are all seeking. "Forget not the assembling of yourselves together."

FIRST QUARTER.

Lesson 1. January 6.

GOD THE CREATOR.— Gen. I:1:25.

1. In the beginning God created the heaven and the earth.
2. And the earth was waste and void; and darkness was upon the face of the deep: and the spirit of God moved upon the face of the waters.
3. And God said, Let there be light: and there was light.
4. And God saw the light, that it was good: and God divided the light from the darkness.
5. And God called the light Day, and the darkness he called Night. And there was evening and there was morning, one day.
6. And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters.
7. And God made^{vi} the firmament, and divided the waters which were under the firmament from the waters which were above the firmament: and it was so.
8. And God called the firmament Heaven. And there was evening and there was morning, a second day.
9. And God said, Let the waters under the heaven be gathered together unto one place, and let the dry land appear: and it was so.
10. And God called the dry land Earth; and the gathering together of the waters called he Seas: and God saw that it was good.
11. And God said, Let the earth put forth grass, herb yielding seed, and fruit tree bearing fruit after its kind, wherein is the seed thereof, upon the earth: and it was so.
12. And the earth brought forth grass, herb yielding seed

after its kind, and tree bearing fruit, wherein is the seed thereof, after its kind: and God saw that it was good.

13. And there was evening and there was morning, a third day.

14. And God said, Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days and years:

15. And let them be for lights in the firmament of the heaven to give light upon the earth: and it was so.

16. And God made the two great lights; the greater light to rule the day, and the lesser light to rule the night: he made the stars also.

17. And God set them in the firmament of the heaven to give light upon the earth,

18. And to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good.

19. And there was evening and there was morning, a fourth day.

20. And God said, Let the waters bring forth abundantly the moving creature that hath life, and let fowl fly above the earth in the open firmament of heaven.

21. And God created the great sea-monsters, and every living creature that moveth, which the waters brought forth abundantly, after their kinds, and every winged fowl after its kind: and God saw that it was good.

22. And God blessed them, saying, Be fruitful, and multiply, and fill the waters in the seas, and let fowl multiply in the earth.

23. And there was evening and there was morning, a fifth day.

24. And God said, Let the earth bring forth the living creature after its kind, cattle, and creeping thing, and beast of the earth after its kind: and it was so.

25. And God made the beast of the earth after its kind, and the cattle after their kind, and every thing that creepeth upon the ground after its kind: and God saw that it was good.

GOLDEN TEXT — In the beginning God created the heaven and the earth. — Gen. 1:1.

To understand the creation of the universe by God we must know somewhat of the character of God. Jesus said, "God is Spirit." The works of God, he said, were done in him and through him. "The Father within me, he doeth the works." That God is an intelligence force, always present and always active, is the virtual conclusion of all philosophers, thus corroborating the statements of Jesus. God is eternally *in* his creation, and never separate from it. Wherever there is evidence of creative action, there God is.

The difference between the philosopher, who

observes the creative law and draws a logical conclusion of the presence of a creator, like Huxley and Tyndall, and Jesus, who feels and consciously knows that creator, is one of consciousness. One says, "God works in ways unknown to me," and the other, "The Father worketh in the Son." One is a conscious onlooker and the other is a conscious co-worker—but they both bear testimony to the activity of an invisible power which is constantly doing something. The question is, How is this being done?

It is important that this question be settled at the outset. That the creative force is not mechanical, that is, material, all agree. No one ever saw God make a flower with his hands, as the moulder of wax makes flowers; yet He is making flowers all the time. What moves the hands of the maker of wax flowers? *His mind*, of course. What moves those invisible hands that are constantly making all things? *Mind*, of course. This is a every simple proposition, yet in its right understanding is the key to all the mysteries of creation.

God is Mind, and he creates through his *Word*, and this is the universal creative vehicle. It is plainly stated in this first chapter of Genesis, "God said." Jesus corroborated this creative power of the Word again and again. He said that his words were so powerful that if we let them abide in us we might ask whatsoever we would and it should be done unto us. See John 15:7.

God is a Mind Force carrying forward creation under mental law. That law may be known to anyone who can attain its mental scope. Jesus said, "Be ye perfect even as your Father in heaven is perfect." This means that we should strive for that perfection which God is. We are the "image and likeness" of this Great Creative Mind, and, being in a certain aspect of our minds just like it, we can through mental adjustment attain the same conscious unity that Jesus did.

God creates through the action of his mind, and all things rest on *ideas*. The idea back of the flower is *beauty*. The idea back of music is *harmony*. The idea back of day is *light*, or a dispensation of intelligence.

This whole chapter is a mental statement of the creative ideas involved in the universe. This is involution. Every mental statement is mind involution. Evolution is the working out in manifestation of what mind has involved. Whatever mind commands to be brought forth will be carried out by and through the law of evolution inherent in being. This applies to the great and the small. In mind there is but *One*.

Lesson 2. January 13.

MAN MADE IN THE IMAGE OF GOD.—Gen. 1:26-31; 1:1-3.

26. And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

27. And God created man in his own image, in the image of God created he him; male and female created he them.

28. And God blessed them: and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it; and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

29. And God said, Behold, I have given you every herb yielding seed, which is upon the face of all the earth, and every tree, in which is the fruit of a tree yielding seed; to you it shall be for food:

30. And to every beast of the earth, and to every fowl of the air, and to every thing that creepeth upon the earth, wherein there is life, I have given every green herb for food: and it was so.

31. And God saw everything that he had made, and, behold, it was very good. And there was evening and there was morning, the sixth day.

1. And the heaven and the earth were finished, and all the host of them.

2. And on the seventh day God finished his work which he had made; and he rested on the seventh day from all his work which he had made.

3. And God blessed the seventh day, and hallowed it: because that in it he rested from all his work which God had created and made.

GOLDEN TEXT — *God created man in his own image, in the image of God created he him.* — Gen. 1:27.

This statement of man's creation in the "image and likeness of God," has always been a puzzle to people who read the Scriptures literally. The appearances are so at variance with the description they cannot reconcile them with the text. It is said that Hugh Miller, the great geologist, went insane trying to make Genesis fit the facts of this planet's formation, as written in her many geological stratifications. Theologians began first to admit that the Garden of Eden story was an allegory, and now they have added to this allegory the description of man's creation, as given in this lesson.

But this is more than an allegory — it is a description of the real creation as it was to be. In planning, civil engineers often use algebraic terms — X, Y, Z, representing partial products not yet brought actively into the plan, but carried along to be developed at the proper time. Involved in these symbols are ideas that can be brought out in their proper order, and become a visible part of the structure. So man plans in his mind that which he proposes to build. First the ideal, then the visible. This is the process through which all creation passes. God makes all things in His mind first, this is involution; then they are made into form and shape, this is evolution.

It is a fact, then, that man, as we see him outwardly, represents the X in the "image and likeness" man which God created. God is carrying you right along in His mind as a perfect product of His ideal man, and you are striving to demonstrate your "X"—the real thing. This is why man has that constant idealism that keep him moving forward to higher and higher achievements. The "image and likeness" is the ideal man that pours into the "mankind" a perpetual stream of ideas, which he arranges as thoughts and forms as substance and life. While this evolutionary process is going on there seems to be two men, one ideal and spiritual and the other intellectual and material.

An understanding of certain creative facts, and

man's powers therein, makes a directive, intelligent centre in the mind, which harmonizes these two men. This directive centre may be named I AM. It is something more than *I*, as expressed from the human side alone. Yet when that *I* from the human side has made a union with the "image and likeness," I, the true I AM, comes into action, and this is Christ Jesus, the Son of God, evolved and made visible in creation.

God idealized two universal planes of consciousness, "The heaven and the earth." One is the realm of pure ideals, the other of thought forms. God does not create the visible universe directly, as a man makes cement pavement, but he creates the *ideas*, which are used by his intelligent "image and likeness" to make the universe. Thus God's creations are always spiritual. Man's creations are both material and spiritual, according to his understanding.

It is important to know that the "heaven and earth" or spiritual and material planes, are states of mind primarily, and that we, as a race, are right in the midst of their expression. The creative process has been going on for æons, and a great mass of thought and mind force has been evolved. Man's body is the earthly side of an inner "heaven," or mind realm. The *I* has fluctuated for ages between these two planes of consciousness. An incarnation in the body is followed by a vacation in the soul, and these two are gradually getting closer and closer together. When they are united the "new man in Christ Jesus" will step forth, and the weary round of incarnation and reincarnation cease.

It takes mind to make body. A spiritual body can be made only by a spiritual mind. Death can not make or give any kind of a body.—EDNA L. CARTER.

JUDGE NOT BY APPEARANCES.

BY WALTER DE VOE.

Recently I saw a letter in which the writer bewailed the lack of co-operation by the New Thought people with the Christian Scientists and pointed to the death of a New Thought healer as an illustration of the result of such lack of unity. The letter of course was ridiculous and the true cause of the healer's demise was explained by a letter I received shortly afterward from one of his patients, extolling the man but revealing the fact that he lived in a hot-bed of criticism. The patients in his home and those who knew him, all had ideas of how he should live and act. They expected him to do things they could not do, and at the same time bear their burdens. The shafts of critical thought force dissolved his hold on the physical body, and he left his bereaved patients and pupils disappointed at his lack of success.

When I read and hear the criticisms of teachers that constantly circulate in the New Thought world, I know it is only the grace of God that saves them from suffering. To hear the judgments passed on teachers of the New Thought, one would imagine that they were slaves or horses to be bought. At conventions and meetings, the various physical defects of the teachers are summed up, and students express themselves as being "so disappointed" that so-and-so wears glasses, or that another has a wooden leg or false teeth. I saw a prospective teacher of very noble character discarded because he happened to sneeze in the presence of the searcher after Truth.

The statement is often made, "I would not teach a truth I could not demonstrate." When we look over the field and see the wonderful results that the Spirit of Truth has accomplished, using willing but imperfect instruments for the healing of the sick

and the overcoming of pain, we praise God that the teachers did not wait for perfect physical demonstration before undertaking the work. They have been willing to go into the highways and byways of earthly existence, and give forth the revelation of the abiding Power and Perfection and Prosperity, when to mortal sense they themselves suffered from the reflected belief of their auditors, and joyfully ate crusts while those who accepted the healing, although dissatisfied with the healer's lack of attainment, reveled in luxury.

A few years ago when I was struggling to hold the banner of Truth where it could be seen by mortals, and finding it hard to support the physical body with the mere pittance given by those I treated, I received a letter from one who was very much displeased with the appearance of the building in which I resided (the rent was only \$25.00 a month); that she did not come in to receive the help she needed, but wrote anonymously advising me to at least appear to be prosperous, if I could not really be so. I am blessed with the ability to see the humorous side of things, so I am not annoyed by things of this sort. I write this now that I have become established in a prosperous work, trusting that it may cause students to be more merciful to those who are not firmly fixed in the Truth.

There are many reasons why devoted workers for Truth do not express physically all they understand of Truth, and their willingness to stand for principles in spite of appearances, is to be commended. They should be sustained by the faith of their friends, instead of being constantly held under the disintegrating influence of criticism. Causes for physical conditions are often so deeply hidden that teachers, in order to appear physically perfect would need to retire into the wilderness, as Jesus did, and fast from worldly contact for a considerable period of time before full results could become manifest. This they are seldom able to do. Then again the teacher

may not care to give the time to a demonstration that seems so important to the student. It may not appear of any consequence to the teacher, because the real goal of his attainment is so much more attractive, that he is willing to seek it for itself and let earthly things take care of themselves.

A teacher can be judged better by the quality that emanates from his writings than by physical appearances. If his written words touch the soul and uplift it to joyous health and peace, accept him for Truth's sake, whether he ride in a wheeled chair or wear the travel-stained garments of a tramp. He may be deficient in one or all the physical senses, and yet his communion with Divinity may have given him a realization which at times will free the senses as well as the souls of readers from sin and earthly limitation.

Criticism has here in Chicago continually disrupted and disintegrated the works of Truth. I could name several prosperous works that have gone to pieces since 1890, because of its insidious operation through mortal minds.

It works just as energetically in the ranks of the Theosophists and Spiritualists. Its satanic subtlety and destructiveness was recognized by the Christian Science church and it was outlawed, I am told.

I lectured here in public three years, and I was then shown that I was diffusing myself and only meeting opposition. I was then led to retire from mental mixtures and concentrate my realization upon the work in hand. I saw better results in healing immediately and experienced a greater growth in prosperity. Patients and present pupils became so numerous that I was obliged to discontinue visits to the sick. One condition I soon discovered was essential to perfect soul expansion and recuperation, and that was a home-life sacred to soul growth and free from intrusion. I have as helpers a few kindred souls whose lives are devoted to the work of healing, and in this atmosphere of perfect harmony we real-

ize emanations of the Divine Spirit that could not be realized in the midst of turbulent mentalities. Into this atmosphere patients and pupils come for treatments and lessons, they are freed from mental discord by the Spirit, and depart in peace.

I have been criticised for not giving more time to free lecturing. I find I can reach a much larger audience through my books, and I can give those who are reading them, a daily blessing, that they realize and acknowledge, whereas the same amount of strength would be diffused in talking to a small audience who would forget in the next hour, at another lecture, what I had said. Students should leave the teacher free to follow his leading without condemnation. I have proved my leading good by successful demonstration, every step of the journey.

I have made my wants known to the Father daily, and He has shown His confidence in my work in His vineyard by providing the things that I asked. First, I prayed for five years to be led out of very limiting conditions, and the way opened into this work. In answer to prayer, I was recently led to find the home which I now occupy, and I found that I could own it. It is a new two-story brick and stone house, finished in oak, and steam heated, and located in the most beautiful part of Chicago.

Thus I am realizing in my own quiet way, that faithfulness to Truth brings a reward greater, much greater, than the world can give, and I trust this rambling article will cause my readers to shun criticism and co-operate with the workers in the vineyard who will thus be able to do mightier works, and all will enter into the joyous prosperity of the Lord, through real unity of spirit.

I am as timeless as eternity, as boundless as infinite space, as tireless as eternal energy, and as limitless as Spirit.

— M. EVALYN DAVIS.

PARAGRAPHS OF TRUTH.

BY EDNA L. CARTER.

God is everywhere, but the place of union between God and man is within man. That this truth has been lost sight of is shown by the fact that much of man's seeking after God has been in the without instead of the within.

* * *

In Spirit, a desire and its fulfillment are two-in-one. Every righteous desire has with it its own fulfillment. Man makes separation between the two by ignorance and doubt.

* * *

Concentration is a matter of interest and attention. Wherever the interest is, there it will draw the attention. It is hard work to try to force the attention away from the interest. "Where your treasure is, there will your heart be also." If the things you value are in the without, your interest will be there, and it will be very difficult to turn the attention within. If there be understanding of the truth that "Christ within you is the hope of glory"—the Source of all help; all life, strength, wisdom, love, power and supply, then it is easy to go within for whatever is needed.

* * *

Being centered in the Christ within gives peace and harmony of mind and body. To have the mind centered on things without causes discord—broken down nerves, irritability, ill health, loss of memory. When the mind works from its true center, it works perfectly and harmoniously.

* * *

To be self-centered is to be out of poise. Poise comes from being Christ-centered; it does not come from deep breathing.

* * *

The mystery hid from ages and from generations

is, "Christ in you, the hope of glory." This mystery has been hidden by the darkness of ignorance. The light of Truth is shining more and more, and man is waking up to know that he has within him, and that all men have had within them — the Divine nature. The Divine nature is the hope of glory, and when it is brought forth into manifestation, all the promises of glory will have their fulfillment.

* * *

Clothe yourself with the garment of praise; and if you have poured doubts, fears, worry and anxiety in upon your feelings until they cry out in pain with the cruel treatment, repent. Have mercy upon them, and soothe and heal them by pouring in upon them the oil of gladness. This will make the tired, worn-out nerves to rejoice, and they will be encouraged to take up their work and do it well. It is not your nerves that bother you. It is you that bothers them.

* * *

Nerves were made to carry messages of life, and power, and intelligence, and love and truth throughout the organism. They shrink from the task of carrying mental burdens of error thought, and if one persists in misusing them so, they finally give up their work.

* * *

There is a saying that time heals all wounds. It is not true. Any wound, from a cut finger to a broken heart, begins to heal at once. The healing power is God, not time. Time is merely the measure of the work. If every time this untrue statement has been uttered, the true statement, "*God* heals all wounds," had been spoken instead, the race would have its face turned more nearly God-ward. Acknowledgment of God as the only healing power, brings one into oneness with that power, and helps to establish him in health of mind and body. Giving to time, or anything else, credit for healing is out of harmony

with the Truth, and therefore interferes with the healing, for this error thought itself produces inharmonies.

* *

The restoring power which is immediately manifest even in a cut finger, well illustrates and proves the power which works, all the time, everywhere for everybody's good.

* *

There are two classes of men: those whose eyes of understanding are enlightened so that they see and believe in and trust in this power working for them, and seek to work with it at all times, and those who fail to recognize it; or recognizing, it refuse to acknowledge it, but give the praise for their good to something else than God. Such people usually believe in luck and fate, and they bring much discord into their lives by working at variance with the power which is working for their good.

* *

The power working always everywhere for all good is Divine Love. It is God.

* *

Man places limitations upon himself, and calls those limitation "Natural laws."

* *

There is a great deal of difference between waiting on the Lord, and listless, idle waiting for something to turn up. The former renews strength; the latter dissipates it. The one makes man strong and positive; the other makes him weak and negative. "Slothfulness casteth into deep sleep." Neither idle waiting nor anxious effort brings things. When one is strong and positive in the Truth, and is diligent in doing whatever his mind and hand find to do, then he can be assured, and can confidently claim, "My own shall come to me."

UNITY.

BY MRS. L. ROBE.

One life pulsates and radiates through all the universe. That Life is God, the Divine Principle, and God is Love; therefore Love, which is God, reaches to the uttermost ends of the universe, and permeates every atom, impregnating it with vivifying life, love, health, strength, and sustenance, omnipresent, omnipotent.

Life vibrates in a rhythmic cadence; Nature sings at her work, for her labor is Love and Love is harmony. If we could catch the divine strain, so our lives would harmonize with the keynote of the universe, we would never be out of tune, and discords would not play about us or through us. It is by intently listening we hear the deep roll of the prelude, and God gives us the *motif*, and we sing our lives, emphasizing perfections, ignoring imperfections.

There is but the one life: we can never lose it. It never found us; it has always been, and we simply are; always have been, always will be. When the body, which is the keyboard of the musical instrument, the soul, will not respond to the master touch, but gives forth inharmonies, discords, false notes, it must be reborn, retuned, regenerated, cast into the fire of purification. The Life still lives, moves and has its being in the great soul of the living God, and will inevitably respond to the keynote. Have no fear, you can not be lost; the music of the universe will reach you wherever you are, for you are the songs the angels sing.

Jesus said, "If I be lifted up, I will draw all men unto me." Now if I be lifted up, out of the degradation of old thought ideas of sin, sickness, poverty, dust of the earth, will I not raise my neighbor also? If I be raised to the consciousness of Divinity, will I not recognize the divinity of all? If

I can realize that God, or Good, is Love, and that I am one with that divine energy, will I not love all humanity with that intensity of feeling, that will lift them out of their sordid selves into the kinship of the Divine, where they claim their birthright as the Son of God? Love is more than raiment or food.

If I can find space to plant my feet, to make room for my understanding, to create my world, and work my work, so that night brings my wage, rest, will I not gladly help my brother to the same foothold, a clear understanding? If I solve the bread-and-butter question for myself, do I not help to solve it for all the children of men?

When we believe essentially in the oneness of Life, that each of us, individually, forms the great whole in essence, the spirit of the Mighty One, then we know we cannot fall without dragging someone down, or rise without lifting him up. Man is a social animal. He cannot stand alone, that is for self; he must be universal. He is constantly singing the music that plays in his own life. If it is joyful, he strikes the chords of triumphant joy, and all coming into that circle will be lifted up; if it be sad or sorrowful, he walks to the measure of a dirge, and he lowers the vibrations of his life, and all coming in contact with him are saddened.

Oh, man! Strike the joy notes until they reverberate through all your world. The human soul is the octave of the great over-soul. Keep in perfect accord, and through you will sweep the everlasting chimes of universality.

How I love the ocean's dull thunder; its restlessness is my rest. I love the varying shades of its surface, the power and poetry of its foam-crested breakers, with their iridescent glints; and I love the storm o'er its waters when it howls itself hoarse.

Venus, the Goddess of Love, sprung full-lived from the foam of the sea. Where could she have had a more fitting birthplace?

Have you ever thought how much like the sea our lives are? We have in our breast the same power to lift and bear away into nothingness the weight of our petty troubles, just as the ocean lifts

and bears away the ships on his bosom. Our lives have the same rhythmic motion that heaves and flows, rises and falls. We beat ourselves against the cliffs of life, wailing, moaning or roaring against fate, and then fall back upon ourselves for the solution; for there are no answers outside of ourselves.

When the skies are clear, the ocean seems to sing a delightful song; when the skies are clouded, it puts on a sullen face and grumbles with a dull undertone of unrest, and sweeps away up the sands, clutching at the earth as if it would drag it all into its embrace, then baffled, sinks itself into itself once more. We that seem so small, yet are so great, laugh when our skies are clear, and moan with the harbor bar, when things seem to go wrong.

When adverse winds sweep over the ocean, it ruffles up its surface and scowls with impotent rage; and we, in our blind way, cut furrows of discontent, grief, ill-health, ill-temper in our faces and hearts, so those that scan the surface may read. While I write, the sun, with its banners of crimson, drops down below the rim of the ocean world, and the mist rolls and lifts with a billowy motion, and creeps around the sand dunes and up through the trees, like a great uncoiled snake.

Should we fret when the brightness slips below our ken and the mists envelop us? Not when we can look through the mists and know they are nothing and we are kings whose heritage is greater than suns, or stars, or oceans. When bitterness, disappointment, hope-deferred, sorrow and scorn have whipped our lives into a frothy foam, the Aphrodite of our lives, Love, Universal Love, is born. She springs full-grown into our lives, and floats with the ebb and flow of our tides.

Have you, when lying down below the water-line in a steamer, ever heard the great heart throbs of the ocean, or felt the heave of its mighty breath, or heard its soul speak? Your heart will register the same beats, your breath rise and fall in unison, and your soul speaks to the soul of the universe. Then you realize all life is one life, and you know you are that life, that power. Nothing can hurt you, no darkness extinguish you, no mist envelop you; and when your barque sweeps out through the Golden Gate, remember *you* are your own pilot and can sail for any land you choose.

ANSWERS TO QUESTIONS.

BY JENNIE H. CROFT.

240. I take a deep interest in the study of metaphysics, but there are some points which seem hard for me to grasp. Jesus said, "Rejoice because your names are written in heaven." I understand the meaning of the statement, "The Kingdom of Heaven is within you," but that first sentence seems, to me, to indicate a place. Will you please explain? — J. P.

The context tells us that the disciples were rejoicing over their ability to heal and cast out evil spirits, when Jesus told them to rejoice rather because their names were written in heaven. This means that we are not to rejoice because of deeds done, but because we are in a place of conscious power, where all is in harmony, and where there is not even a hint of discord. A name is the representative of, or stands for, the person. Heaven is an absolutely harmonious state of consciousness within the individual. It is of vastly more importance to the individual to have attained this plane of consciousness, and to recognize that it is his rightful position, than it is to do many even mighty works. Believing that the kingdom of heaven is within, we must also believe that there can be but one person who can write a name there, and that is the individual himself. This understanding removes all ideas of heaven as a place, only as the individual localizes it.

241. What interpretation do you put upon Jesus' action in sending the evil spirits into the swine? — L. B.

The swine symbolizes the lowest of all animal propensities or desires of man. The sea typifies the thought realm. When the spirit of Truth becomes active within man, cleansing and purifying the whole man, the last to respond is the animal nature, and it seeks to intrench itself in the senses. But the I AM, the Christ, speaks the word of dismissal, and the ideas of sense gratification are engulfed in the

cleansing power of true thought, and the man stands forth free from former bondage.

242. In "The History and Power of Mind," by Richard Ingalese, page 194, I find the following: "A person who uses his animal magnetism or life force for the treating of disease must become greatly depleted at times, since the natural in-flow of life force is never so great as the out-flow. If the natural in-flow of the life force were as great as the out-flow, our bodies would last forever, because this would make an even exchange of atoms, and no robbery could be perpetrated." Now I am writing to ask if this is in accord with your views, and, if so, does it not conflict with your theory of the possibility of physical immortality? The book referred to is a most interesting one, although in some places it seems more negative than your teaching. If you would answer this through the columns of UNITY, I should be most glad.

—C. W. B.

The statement which is quoted above is *not* in accord with our views. We believe that when one is in right relation to the Source of all life, he can use all that he will of that life force, and the waste will constantly be repaired because the supply is inexhaustible. It is because man believes in the limitation of the life force that that force diminishes in him. It is possible to consciously direct the life force to the building into our bodies of new cells which shall continually replace themselves and thus make immortality in the flesh more than a theory.

If you want to be miserable, you must think about yourself, about what you want, what you like, what respect people ought to pay you, and what people think of you.—ELBERT HUBBARD.

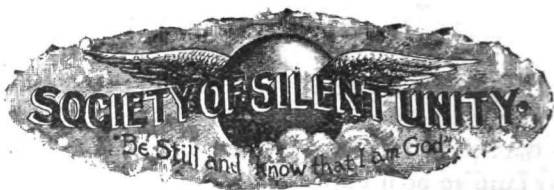
I wrote you one month ago for treatment. I am very much better. That feeling that my limbs would not support me has gone, and I am able to take quite long walks.

When I wrote you I was down to the bottom dollar. I could not pay what I owed, or sell anything I had to sell. Saturday I had an offer for a piece of ground that I have been trying to sell for more than a year. I accepted and in a few days will have the cash. I expect with another month's treatment to be out of all difficulties. It is really wonderful. I can not in words express my grateful feelings to you, my friends. Mrs. A., whom I asked treatment for, is better.—M. A. W.

A SURGICAL OPERATION.

We are often asked if it is possible to set broken limbs and dislocations through trusting in the power of the Spirit. Our answer always is, "According to thy faith so be it unto thee." If you do not have a living faith in the power of God, a surgeon is necessary. We have many instances of surgical work by the Spirit in those who have faith, among them the following, which is related by the lady in a letter. She was thrown from a horse and her arm dislocated. We will let her tell her experience herself as follows:

My arm is all right, can lift and carry as much as ever. I draw hand over hand thirty-four feet of rope for my cow and horse, and lead them three-quarters of a mile every day twice, and I have to keep them staked out, and I have plenty of walking to do, and plenty of practice using my right arm. There has not been a day that I have not used it since it was hurt. You see, dear, how it is, people here don't believe in mind healing or Divine healing. They say Jesus gave the power to his few disciples and not to us. And they have said to me often, "Oh, yes, you can heal people if there is not much the matter with them, but I guess if you were to get a bone broke or your arm or leg out of joint, you would run for a doctor." I said, "No, God is my physician and surgeon. If He can't cure, none else can." Then they laugh and say, "Show me. I'm from Missouri." So I had the pleasure of showing them. My neighbor lives half a mile away, was the first person to come in after the accident. (It was her horse, and when he went home with my saddle on they knew I had been thrown.) She was so afraid I had not got it set right, because it was so terribly swollen and black. But I told her God would attend to it. I had put my case into His hands. She smiled, and said, I better have a doctor. I said, "No, if God can't do it I will go back on Him." Do you know, my arm never pained me after the first hour and a half. And I never lost a night's sleep with it. I stayed alone night and day, except Monday and Tuesday after it was hurt. A neighbor girl stayed two days, and later, the next Sunday, another neighbor stayed a day and a half and one night. I milked my cow Tuesday night after the accident, and drove two nails with my injured arm, when a rain came up and I had to fasten the window. I never even bandaged my arm, just laid a wet handkerchief over it, and after the first week did not keep it done up. Yes, I feel I have much to be thankful for, and I bless God continually, and ask Him to bless you and your good husband in the good work you are doing. I thank you for responding so promptly to my call.—ELLA McJUNKIN, Grand, Oklahoma.



Inspired by the Spirit of Truth

It is found that when many people hold the same thought there is unity, though they may be separated by thousands of miles, and that all who are connected with that unity are in touch with higher spiritual states, even Jesus Christ.

So there has gradually grown up this Society of Silent Unity, in which thousands in all parts of the world join every night at 9:00 o'clock, in thinking for a few moments one thought, which is given each month in the magazine UNITY. This we call the "Class Thought," and every member is expected to hold it at least five minutes at the beginning of the silence, in order to make the unity connection; after which, "Ask what ye will in my name, and it shall be done unto you."

Certificates of membership are issued without charge to those who make personal written application for them. To meet expenses, we ask members to send us free-will offerings, as no charge is made for any service we render.

This society has been in existence about fifteen years, and has over 15,000 registered members. Through its ministry thousands have been healed mentally and physically, and its power grows stronger day by day. The silent hour is 9:00 P. M., your local time. Geographical difference in time is not a factor in spiritual unity.

Beginners usually have a great many questions to ask, and they require a course of lessons and reading. To such we recommend the "Lessons in Truth," by H. Emilie Cady; paper, 50c.

UNITY is published monthly, and contains a large amount of instruction. The price of it is \$1.00 per year. Where members take UNITY and the "Cady Lessons" together, we make a rate of \$1.35 for both.

The simple written request to be enrolled a member of the Silent Unity Society is all that is required to join with us.

Address, SOCIETY OF SILENT UNITY,
Unity Bldg., 913 Tracy Avenue, Kansas City, Mo.

Class Thought.

(Held daily at 9:00 P. M.)

December 20th to January 20th.

Glory to God in the highest; peace on earth, good will to men.

Prosperity Thought.

(Held daily at 12 M.)

It is the Father's good pleasure that I be provided with all things necessary.

NOT GRUDGINGLY.

He that soweth sparingly shall reap also sparingly; and he that soweth bountifully shall reap also bountifully. Let each man do according as he hath purposed in his heart; not grudgingly, or of necessity; for God loveth a cheerful giver. And God is able to make all grace abound unto you; that ye, having always all sufficiency in everything, may abound unto every good work.—II. Cor. 9:6-8.

Money that is paid out *grudgingly* is "tainted." It is tainted with a bad thought, and opens the way for other spoiled thoughts. We find it wise to hold that whatever comes to us shall be given *cheerfully*, for this is accompanied with the thought of Good (God.)

We are returning all money that we feel is sent with this *grudging* thought. Thank God there is not much of it, because we do not put anyone under obligations for any service we do. If you want to reap bountifully, let your bountiful thought go out with your money, and it will bring you value received, with increase, in some form.

Your treatments for A. S. have been very successful.
W. W.

CHATS WITH OUR READERS.

MY DEAR CHARLES— I have been watching you in the silence for fifteen years. I think I have read everything you have written in that time. This is the first time I break the silence. I have just read your editorial on the Chicago Convention. You never were a New Thinker. You are a Christian. Will you accept my right hand of fellowship? UNITY and *Christian* stand upon the same platform. I can't say as much for any other magazine in the world. You are preaching and practicing Christianity. Don't be afraid of your Red Leaf. If Jesus used mud, you have a perfect right to use paper. For years people have been telling me of splendid results from applying *Christian* to the body. Go right ahead! I send you greetings and treatments for the overcoming of all diseases, including old age and death. It can be accomplished. It must be accomplished. Christianity is alive and active, there is no religion in it, it is a science. Jesus and all the prophets have declared for the illumination of the individual.

Give my kindest regards to Myrtle,

I am,

T. J. SHELTON, Denver, Colo.

The foregoing letter from Shelton, the pyrotechnic editor and prophet, is characteristic. He has been "roasting" me off and on for years, and I am glad to let all our readers know that we are really, like most apparently belligerent editors, good friends. Shelton admits that his metaphysical career has been a lurid one, and he does not blame us for not accepting all he preached, but now we are glad to say, he is writing as good doctrine as I ever read. In the December number of *Christian* he has a tremendous article entitled, "The Immortal Individual." Read it, and pass it along—it will help to set you all free.

These letters may seem a little shelf worn to old readers, telling the repeated story of healing and being helped through the power of the Spirit, but they are mighty interesting reading to beginners. They write us that it is a great revelation to them that such work is being done in this age and so little said about it. One lady, who had a pain in her side healed in a single treat-

ment, that she had suffered with for three years, took a copy of UNITY and went from house to house telling about the, to her, marvelous thing that had been done. She had been in the hospital months at a time, without relief from what the doctors called a prolapsed stomach. Her healing seemed to her truly miraculous and she never tires telling about it. It was marvelous and she writes to us and sends us subscriptions constantly. Stacks of such letters are daily arriving.

The reason we are doing such remarkable healing from this centre is because we put all the power in the Holy Spirit. Yet there are people who think they receive more help if they have the personal attention of some individual healer, and we receive many letters asking for this privilege. We grant it as far as possible, but always under a certain protest, knowing as we do, that the looking to personality is in a measure shutting away the great Healing Spirit. "Not by might, nor by power (personal) but by my Spirit, saith the Lord."

I am glad and thankful to report after one month's treatment that, although not whole, there is a marked improvement in my hearing, and also the other trouble. From the first I could make the affirmations my very own, and finally I often added, "I am filled and thrilled with the Spirit in every fibre of my being." Many times I have felt very strong vibrations in my ears while holding the thought, "I hear the voice of the Spirit." I have also had a wonderful quickening in Spirit, and on the night of the 20th, after holding the thought given me for the month, there came such a realization of my being Spirit and dominating my whole body, that it seemed to me that every organ of my body must obey my dictum. I looked into the starry heavens and felt I could almost soar away among those distant worlds and leave the clod of clay. I arose and looked at the time, and found that it was the "silent hour" at Kansas City, and I knew your thoughts were received by me. I thank you most sincerely for your assistance. It is beyond words, and I desire its continuance.—E. L. F.

I must tell you of an experience which I had last week. I took hold of an almost red-hot stove lifter, and it burned three fingers to terrible blisters. A young man saw it, and he said, "You will have a time of it with that hand." I tried to put something on it to relieve the pain, but it only made

it worse. Then I tried treatment. By evening it was as well and clear from any show of a burn as my other hand. The young man came to see how it was, and he exclaimed: "Why, Mrs. W., where did that burn go to? If you had told me, I would not have believed you, but I have seen for myself." He is now studying Science and reading my UNITY.—Mrs. M. L. W.

My affairs have certainly been straightened out in a wonderful manner during the past two weeks, and I am deeply grateful.—M. E. C.

I know you will be glad to hear of Julia's perfect recovery from scarlet fever, and the other childrens' escape. Everyone thinks it remarkable that she got well, and was not injured for life for she (according to the doctor's words), had it as hard and was as sick as they ever get.—C. B.

Please continue the treatments this month. They were such a help to me in every way last month.—R. S. B.

The mists have rolled away. How could I let them obscure my happiness for so many years? We all feel that God has revealed himself to you in your work of Infinite Love. My co-operation and prayers attend you always.—S. M. C.

Kindly receive \$—— for past treatment. My health is as good as ever before. You certainly worked wonders on me.—G. S.

I am writing to tell you that your work for Albert MacClellan has brought great joy to all concerned. A week ago he was asked to take a place in a local grocery store, a day or two later three other opportunities, so it seems to me the power of Unity must be mighty.—M. W. L.

I am delighted to report that I have completely recovered from the illness with which I was suffering when I asked your assistance. Accept my sincere thanks for your kind attention and instruction.—T. J. K.

Your kind favor of Unity for September and October received, with other literature. I want to thank you with all my heart for the loving favor, as it seemed to come to me just when I needed it most. When it came to me I was changing my studio, after a location of three years, to other quarters, and was quite tired and confused, so that it laid on the table in my home for about three or four weeks; but it was in my heart the comfort and rest I was longing for, and for about a month at about 9 p. m. it seemed so easy for me to pray as of old, so I surely must have been strengthened by the words on the table. I had said in the silence, "Jesus, thou art the only healing power, and the only name that can help in all our desires," and about the first line my eyes fell upon when I opened the Unity to read and see what had been mailed to me, was this: "Jesus, the Only Name."—M. W. B.

The Red Leaf removed a throat irritation in one night. Blessed little UNITY! by far the most spiritual of the many.—Mrs. E. G. S.

The month is now ended, and I am so happy to tell you what a good month it has been for my husband and myself, not so much in outward things, but the Spirit is working within us, and I know that what we needed, as we need it, will come.

For myself, a new world is becoming visible to me, unseen, and yet as real as the material world. The revelations some days come like messages, just as fast as I am able to take them.

Through your kind assistance I know we can now help ourselves by using what has been given us. I am using the treatments in the book you recommended, and have been successful so far. I find that people about me are changing—are turning of their own accord to the Truth, and I am in a more harmonious environment.

I thank you and say: God bless you, with all my heart.—Mrs. C. H. B.

After your promptness in doing for me when ill, it seems unkind in not letting you hear from me before this. I have not been idle mentally in the meantime; three important thoughts have come to me, or rather, I have been able to understand differently. I have injured myself with anxious thoughts, and tried some way to induce a dear one to refrain from the use of liquor. One evening I was reading again Emilie Cady's "Loose Him and Let Him Go." The reading was like a revelation to me. In a word, I have accepted that article bodily, and the person in question has stopped his daily use of drink. The same Power that brought light to my eyes, can in His own way, not mine, remove the remaining desire.

Then my little farm was a great worry to me in all ways. I tried so hard to plan for successful work, wishing that I could sell to advantage because my plans failed. It came to me one night that perhaps I was on the wrong track again. Now, I have stopped that also. I want Right, Prosperity and Justice, but I will wait for the same Power that is making these revelations to me to bring about all good to me in His own way. The third thought was a little personal trait which I am able to overcome. So altogether, I have done well to delay writing, and I wish to tell you that I am very well for me, but would like another month's treatment for additional strength, mental awakening and prosperity.—Mrs. M. E. B.

My husband is realizing the beneficial effects of your treatment, and is improving slowly but surely. He rests well at night. He feels the vibration of the treatment at 9 p. m. every day.—A. A. C.

I want to ask that you continue to give us treatments for health and business success. Affairs are changing and we are already realizing the success in a degree for which

we asked. We have been benefited in many ways and are very grateful.—Mr. and Mrs. J. L. G.

I have seen great benefit from your treatments for the eruption on my skin. When I think how long the duration of the disease has been, I can only marvel at the change so short a time has wrought. Please continue the healing for another month.—J. F. M.

I am much better. My hip is still a little sore, but I can lie on that side, and I have gone to work again. You remember, I was not able to work at all when I wrote you a month ago. I thank you for your kindness in helping me, and I am giving all the glory to God.—S. R. P.

I received your letter yesterday. It has given me great courage and strength. I slept all night until three o'clock this morning, and I am feeling like a new being. The belief of cancerous growth is already better—from the very first the pain ceased, and I have no discomfort, and rheumatism all gone. My eyes do not pain me as much, and I can see better; truly God, through you, is able to open my eyes so that I can see. I can not say enough in honor of your beloved work—God's work.—M. E. F.

Thanks for your help and good thoughts, I am feeling much better. Felt better the night of August 4th. Went to sleep feeling very uncomfortable, and woke up about midnight with all the bad feelings gone. At first wondered what had happened. No trouble with my head since. Can eat better. I do feel so thankful for the improvement. I think it wonderful in such a short time. I feel stronger, too.—E. S.

My husband and I have both improved in health. He has not had a heart spell this month, and says he feels much better than for a long time before. My catarrh is improving; I do not choke up as I did, and am following your instructions as close as I can. I feel so thankful to the good Lord and to you all for this improvement.—L. E. M.

Some time ago I wrote you asking for prosperity treatments and the result has been wonderful. Money and work came from sources which had seemed hopelessly barren, giving us courage and hope for the future. We have depended upon Truth for our health for a number of years and have not been disappointed. It seems to me that Unity's ministry bears the stamp of the true Christ Spirit.—M. M.

About a month ago I applied to you for help to health. I was then troubled with spells of sickness. Within two weeks after addressing you, the spells had disappeared. I can not thank you enough for your assistance. UNITY is just great; it is the best treat that comes to us. If I were able would send 1,000 copies annually to as many homes.—L. V. A.

I have been faithful to the silent hour and the Truth statement you sent me to hold, and there has been a change in my condition. The 15th was a day of strange sensations. I said to a friend that was visiting me: "I should think I was drunk." All at once the impression came: Drunk with

new wine. It seemed that I had no control of my body. At nine o'clock the vibration was so strong my friend said: "What is this power?" I feel as though my nerves were all relaxed. There has not been the same tension on them since. I strained my wrist so that it pained me badly. I bound the Red Leaf on at night and it was well in the morning. I have heard from the friend in London to whom you sent the June number of UNITY. She writes that it came when she was in bed with a terrible headache. She applied the Red Leaf and in an hour she was able to get up, and it did not return. She thought it wonderful.—M. E. L.

I have taken UNITY for the last three years and it has been doing its work where very much needed. My son-in-law became interested in it, and it has so completely changed him that knowing him one year ago and knowing him now, you would be surprised. He is steady, industrious and has a good position. You have been giving treatments to my son with great success. His health is better and his business good.—A. K. S.

You had scarcely received my letter asking your help, when I felt such a relief that I could hardly express it in words. I am so thankful and ask the continuance for me, of your good thoughts, for another month. May God bless you in your good work. I have showed your beautiful letter to some good friends, and each has received help from it.—J. J.

Your treatments for happiness have helped me so much and the month of July I was more contented than I have been for a long while. I realized more fully the presence of the Spirit within me, and what do you think? I had my salary raised a hundred dollars a year; it means a great deal to me.—C. M. R.

I wrote you about June 10th, I think, telling you I must have a position July 1st. I rested perfectly easy. My daughter often said: Why, mamma, I never saw you take anything so unconcernedly. What are we going to do?

The faculty for "worrying" seemed to have deserted me. I said: "I can't worry or feel anxious. I know the place must manifest in due time," and on the 20th of June I received three offers of good positions. I accepted the one which seemed to me best, and my daughter was perfectly wild over the demonstration of God's power to provide for us.

I thank you and bless you for the help you have been to us all, for truly my feet have been lifted from the miry clay, through your efforts, and placed on solid ground.—A. S. F.

I write to tell you that my strength is marvelous. I am enabled to overcome all fleshly claims, with the knowledge I have of God's great love to suffering humanity. Yesterday it rained all day. I had no rubbers, and I either had to expose my feet or let some little chickens suffer, so I chose to comfort the little helpless things, so according to old beliefs I was threatened with a severe time, but I took the dear little panacea for all things contrary to God's law of love, and

declared my oneness with God in all things and continued to do so for hours I finally went to sleep, and this morning I am perfectly whole, thanks to dear Unity and for your lessons in Truth.—H. A.

I have followed your advice in regard to myself, and have felt your loving help in my affairs. Things are brightening. We have been trying for three years to sell our home, as it is mortgaged and it has been hard to keep up the interest. This last month three different parties have been considering it. Now is that not good? I have such faith that it is going to sell that I am already planning how I shall move. I am so happy and thankful to the All-Good.—A. B. T.

I want to send my little mite to this Unity Building, for I love this society so much. I also love the magazine, it helps me a great deal. One year ago I was in such a nervous state I could not sleep; did not enjoy life at all; now I am feeling fine, and very happy, all through this New Thought. I am glad I am a member of the Silent Unity Society. I am learning more of the Spirit every day.—E. M. R.

Please go on treating D. She is improving in her speech and has learned to tell when she needs to go to closet. What a weight this has removed from me. The financial outlook is brightening for us and I am much encouraged.

I enclose money order as a small token of my appreciation. Hope soon to make it more. I feel as if your services have been worth many dollars to me.—A. K. N.

I wrote you a month ago for treatments. I received your letter in reply, and am conscious of the good you have done me. I was so discouraged and worried, I was really ill, but it is marvelous how happy and hopeful I have felt. Nobody feels better than I do today. I have lost all fear and anxiety. My friends have met every temporary need, and I am so thankful to you for the rest and peace of mind.—N. C. B.

Enclosed please find my love-offering for your spiritual help. I am feeling quite well and am growing stronger every day. You have helped me in so many ways. I feel more contented than I did, and the summer heat, which has heretofore made me feel so weak, I do not now notice much. The little booklet and Red Leaf you sent me has been a great help in understanding the Truth. I feel so much encouraged.—F. W.

I bought this month's UNITY, but will certainly renew my subscription shortly, as I would not be without that dear little magazine, as the one that came to us at the time of the earthquake was beyond value. I proved then what this Truth is in experiences like we passed through. I went down dangerous steps which were twisting and turning, and expecting every moment the house to collapse, perfectly calm and made free from fright with this thought: "I am divinely protected; nothing can harm me." My husband said: "You are the bravest woman I ever saw." I replied: "No, it is not I, it is what I have learned in Truth."—H. B.

New Thought Diet.

EDITED BY LOWELL FILLMORE.

DIET AND MENTAL SCIENCE.

If mind is all, then why need we be careful what we eat, so long as we think aright?

This is a question that needs to be answered. It is one that many who are fond of meats ask a diet reformer. We will here endeavor to explain why one trying to develop along spiritual lines should be careful what he eats.

In the first place, no one would drink a violent poison, even though he were thinking good, true thoughts, or thought he was.

Why should we not drink poison? Are we not told that we may drink any deadly thing and it shall not hurt us? Yes, it is so written in the Scriptures, but it is also written, "Thou shalt not tempt thy Lord thy God." We must not take poison to prove the law, but if poison accidentally be taken by one who has so clothed himself with thoughts of life, health and power as to form a protecting mental wall, it shall in nowise harm him.

Then, if this applies to a violent poison, why does it not apply to a less active one, or to put it mildly, something that is detrimental to the system? It certainly does seem that the effect is the same; a slow poison taking longer to bring about a result than a quick poison.

Then it is best to study the needs of the body regarding food, and not to tempt the Law of Harmony by seeing how much undesirable matter the body will stand.

In the second place, if one wishes to grow spiritually he should not spend all his time overcoming the evil effects in his body, caused by undesirable food. He needs his time and energy for carrying forward

his spiritual unfoldment. It would be like putting slate into a fire box with coal expecting to get results in steam equal to those obtained by using good coal. One would have to spend a great deal of time cleaning out the grate in order to produce any steam at all.

One can not afford to waste his time in overcoming the results of eating improper food. It is easier to avoid this trouble by thinking before eating.

Look before you leap. Think before you eat.

In the third place, no one can afford to cause his fellow beings pain and unhappiness, just to prove that it is not necessary to discriminate in the matter of diet.

It is really not the law these people wish to prove; it is their appetites they wish to satisfy, without hurting their conscience. They may not all realize this, but upon careful thought it will be clear to them.

It is being proved by absolute experiments that the vegetarian diet is best for man, which proof is more convincing than all theoretical arguments based on Scripture authority that may be made from now until the end of all inharmony.

Let us use common sense, and think for ourselves. Jesus Christ manufactured wine, and evidently used it, but that is no reason why I should use it. He also manufactured fish, and evidently ate them, but this also is no reason why I shou'd eat them.

IF THE WORLD WOULD BECOME VEGETARIAN.

BY H. R. WALMSLEY.

The glorious sun — great giver of life — would rise over a world abounding in plenty and pleasure and peace, a world in which pain and sorrow and fear would have forever passed away, a world in which disease and trouble and poverty would be unknown, a world ruled by love with the golden rule as the supreme law, a world in which the creatures lived

and let live and helped to live; its rays of light would shine upon hills and valleys clad in flowers and shrubs and vines, with fruits and nuts abundantly produced; shine upon groves of perfumed bloom filled with sweet singing, brilliant plumaged birds; shine upon mighty forests through which gentle bees hummed, and gorgeous butterflies flitted; shine upon springs and streams of pure, sparkling, unpolluted water; shine upon fern and moss-covered rocks over which play brilliant lizzards, and harmless graceful snakes; shine upon an Eden filled with perfected divine creatures.

Should the world become vegetarian, penitentiaries and jails would be only a memory, and courts would, in time, become unnecessary; pest houses and detention hospitals would be unknown; insane asylums and poor houses would have no place. No saloons with their inward flowing streams of youth and possessions, and their outward flowing stream of crime and criminals. The great murder shop of the packers and slaughterers, with their unending miseries, tortures and cruelties would vanish and no longer brutalize their hundreds of thousand of unfortunate men, women and children who feel forced to work among the animal corpses. Breweries and distilleries would be no more, and butcher shops, leather shops and cigar stores would follow in the train of the packing houses. Druggist, stock raisers, doctors and healers would have to seek new occupations.

If the world would become vegetarian, the assassins with guns would cease to roam the woods and prairies, filling these wilds with horrors and widows and orphans; and it is hoped that women might become so civilized as to cease wearing useless feathers and furs, the obtaining of which causes such unspeakable pain, brutality, cruelty and torture.

If the world would become vegetarian, the nights would no longer be made hideous with moans of maimed and pain-racked cattle drawn in long trains all over this beautiful country. Men and women and

children would not stand by thousands, ankle deep in blood, cutting the throats of helpless animals, carving them up while still alive, disemboweling and cleaning corpse and entrails, in order that cannibalistic Christians can devour their favorite carrion; chickens and turkeys would not be picked alive, sheep and goats would not be skinned alive, hogs would not be scalded alive, lobsters would not be boiled alive, geese would not be crucified and stuffed alive.

If the world would become vegetarian, men's hearts would become just and tender, and mercy and sympathy would be extended to all living creatures; the gospel would be preached unto every creature; we would do unto others as we would have others do unto us.

The world *is* becoming vegetarian, and with a vegetarian world will come the millenium, with the Christ ruling by power and love. A covenant will be made with the beasts of the field and with the fowls of heaven, and with the creeping things of the ground; the bow and the sword and the battle will be broken out of the earth, and they will be made to lie down safely. The reign of peace is abroad in the land, and soon this great world of ours will be one vast garden of all good things and each creature will respect the rights of all others.

“And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain.”

Will you please tell in next number of UNITY if there is any article of food which, made a diet of, will tend to increase one's spirituality and at the same time give clearness and transparency to the skin? This will greatly oblige a friend and well wisher of UNITY.—B. F. E.

Fruits are universally accepted as the producers of fine complexions. It is found that the acids of nearly every description of fruit, when rubbed on the skin, freshens and purifies it and gives a certain life-glow.

Fruits are now being recommended by dermatologists. If this be true in external application, how much greater must the effect be, when the fruit acids are taken into the system, and allowed to circulate through the cuticle from within.

Cleopatra's beauty was said to be from eating apples. The olive complexions of the women of Spain and Italy have their foundation in a fruit diet. Those who are developing the interior qualities of mind and body, find it much easier to do their work on a nut and fruit diet. All articles of food are stored-up energy, which is set free in the system through thought.

The vegetables that grow in the ground are found to be of a more material state of mind than those which grow above the ground. The corpse of an animal is not only filled with animal appetites and passions, but also death and decay. This has to be overcome in regeneration. In fruits and nuts sunshine predominates. This is easily set free in the organism, and makes the highest form of energy. All things are forms of mind, and the more spiritual the thought realm in which the thing is produced, the better adapted it is for food.—CHARLES FILLMORE.

MUSIC IN THE KITCHEN.

Here is a little kitchen rhyme which we recommend to all housewives. It should be repeated or sung over again and again, while mixing the food in preparing a meal. It will do wonders in producing health, happiness and harmony in the household. Try it.

Love and Life and Health and Peace,
 I stir within this goodly food,
 And I decree these shall increase
 To all who eat in thankful mood.
 To all who eat in thankful mood.

TUNE: "Hendon," in Methodist Hymnal.

PLAIN VEGETABLE SOUP.

This receipt will serve six. Put into two quarts of cold water six potatoes; cut fine and boil for about half an hour, then add three quarters can of tomatoes and half an onion, cut fine, add two large tablespoonfuls of cooking oil; boil half an hour longer, stirring every few moments. Then add two bay leaves, a little red pepper and some salt. If necessary, add more water. — GRANDMA FILLMORE.

HICKORY NUT CAKE.

Beat together three eggs and two cups of sugar; then add slowly, while beating, three quarters of a cup of cooking oil, and one teacupful of milk. To this add two level teaspoonfuls of baking powder, mixed with enough flour to make a stiff batter, one teacupful of hickory nut kernels and a pinch of salt. If a coal range is used bake in one cake; if gas, bake in two cakes.

RICE WITH APPLES.

Boiled rice makes a most delicious dish if it is mixed after the boiling with some condensed apple juice, apple sauce or apple butter.

To get the best results with the rice use a double rice boiler. Selected from a health magazine by MINNIE BENEDICT.

Some people have complained that they could not make light flakey pie crust with cooking oil and Konut. We here give Grandma Fillmore's method which makes for her the very finest crust one can imagine. It surely will help every one who does not have success in making pie crust with oils.

Two cups of flour sifted with one heaping teaspoonful of baking powder and a pinch of salt. Add to this as much Wesson cooking oil as you would lard, and mix with the hands, the same as when lard is used. Then make quite soft with water or milk. Be sure to use plenty of oil.

Konut can be used in the same way, excepting that it should be made creamy by stirring. If in winter and the Konut is hard warm a little before stirring; if summer, and the Konut is a liquid, cool in ice box.

I thank you for the treatments the past month. I am better, thank God. I felt your treatments right away. UNITY is so much help to me I don't know what I should do without it.—E. L.



Devoted to
Practical Christianity.

CHARLES FILLMORE, Editor.
MYRTLE FILLMORE, Associate Editor.
JENNIE H. CROFT, Assistant Editor.
CHARLES EDGAR PRATHER, Business Manager.

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SPECIAL TERMS: Three subscriptions one year, whether new or renewal, when sent together, \$2.00.

One three-years' subscription to one name for \$2.00.

(These rates do not apply in payment of back dues. All other subscription rates previously offered are hereby withdrawn.)
All subscriptions payable in advance.

A very healthy Christmas to you every one.

Class Instruction.

A course of lessons in Christian Healing and Christianity as a practical science of life, will be given by Mr. and Mrs. Fillmore in the parlors of the Unity Building, Kansas City, beginning Monday evening, January 7, 1907. These lectures will last one month, three each week. Compensation to the teachers, free-will offerings.

Judge Joseph R. Clarkson has resigned from the ministry of the Episcopal church and resumed the work of healing, teaching and lecturing, in which he was engaged before applying for orders in the church. His office will be 301 New York Life Building, Omaha, Nebr.

The Unity Inn is in the rear of the Unity Building, 913 Tracy Ave., Kansas City. It is conducted on the free-will-offering plan, and is strictly vegetarian. It is not intended to accommodate invalids, but people who wish to study Practical Christianity will find a congenial place to stay during the lessons. The next course of lessons, lasting one month, by Charles and Myrtle Fillmore, will begin Monday, January 7th, 1907, at 8 p. m.

Three UNITY subscriptions for \$2.00. This is but 67 cents each. Try it.

Special Attention

Is called to that most popular and standard set of "Lessons in Truth" by H. Emilie Cady. We recommend this book to those who are seeking an interpretation of Truth which does not antagonize preconceived religious ideas, but easily yet definitely leads the inquirer to an understanding of the Science of Being.

We also recommend to a careful reading the booklets by the same writer on spiritual truths: "Finding the Christ in Ourselves" is one of the most practical as well as inspiring of the series and is alive with healing power. "Trusting and Resting" fills one with a sense of trust and quiet confidence in the Great Power which is ever working for our good. "God's Hand and Loose Him and Let Him Go" is a sure cure of anxiety and points the way of peace. "Oneness with God, and Neither Do I Condemn Thee" teaches the relation to God as the Source of all Good, which relation also establishes justice in the heart. For prices, see another page.

Many of our friends who are admirers of the writings of our editor, Charles Fillmore (Leo Virgo), have asked for a book containing them. At present they are not compiled in one volume, but we have some of the best of his essays in booklet form. "The Only Good and Other Talks" deals with various phases of applied Christianity, and gives the reader an aspiration to follow in the one true way. "Talks on Truth" considers some of the practical issues of daily living and is convincing in its deductions. "Seek Wisdom" tells you that the foundation of the perfect life is spiritual wisdom, and shows the creative power of thought. "The Philosophy of Denial," "The Church of Christ," "a Directions for Beginners," are each gems of wisdom and practical teaching in banishing error and establishing righteousness.

One of the most charming, which is suitable for both adults and children, is the book by Myrtle Fillmore, "Wee Wisdom's Way." It is a true story of healing through the author, and is written in delightful child language. It is perfect in its convincing manner of teaching Love, Truth and Life.

Wee Wisdom's Library, Vols. I., II., III., IV., V., and VI., contains the brightest and best of stories which have appeared in the child's paper, *WEE WISDOM*. Excellent booklets for children, and they should be in every child's hands that they may learn the way of Truth in attractive guise.

The Unity Emblem Pin is an ideal Christmas present. \$1.00

A Christmas Present.

We are going to have a Christmas tree at Unity Headquarters, and Mr. Haseltine, our president, proposed that the people make presents to the nice warm steam heating plant, which has just been installed at a cost of \$1,100. This seemed a very happy suggestion, and everybody around here is certain to remember the Steam Heater at Christmas time. Then Lowell said, "We've got a lot of friends all over this country who are interested in this Unity work, and I know many of them would like to help make the Heating Plant a present, if they knew about it." We all assented, and now extend to you a hearty invitation to join with us in this presentation. Of course the sum total of all the gifts will be \$1,100 or more, and it is proposed that the names of the donors be inscribed on a silk banner and hung on the tree, and afterwards preserved as archives of the Society.

H. Bradley Jeffery, writing from 15 West 67 Street, New York City, under date Nov. 21st, says:

I have established myself again in New York, where we are having weekly meetings every Monday evening.

Mrs. Militz arrives from Europe tomorrow, and next week begins a three-week course of lectures and lessons with us, for which we are most glad. Her work will begin with a lecture Nov. 25th, at 8:15 P. M., in Assembly Hall, Associated Charities Building. Then during the three following weeks she will conduct classes every day at the studio of H. Bradley Jeffery, 15 West 67th St., after which she will be in Philadelphia one week, and then in Brooklyn, N. Y., two weeks, leaving for Chicago about Jan. 10, 1907.

Mr. R. C. Douglass lends the grace of his presence with us occasionally.

We are expecting Miss Edith A. Martin very soon, and I hope some day your good self may be seen among us in the flesh.

Mrs. Emma Curtis Hopkins will give a series of ten lessons at The Circle of Divine Ministry here in New York beginning Dec. 6, 1906.

In October UNITY it was stated that Mrs. Parmelee spoke at the Higher Thought Centre in London, Sept. 30th. Mrs. Parmelee writes that it was Mrs. Militz who spoke on that date, at her request. Mrs. Militz will spend a month at least in Chicago, after finishing her work in New York, Brooklyn and Philadelphia.

Do not address letters for H. Emilie Cady to Kansas City. Her address is 1027 Park Ave., New York City.

Read some of the good words from people who have been helped by UNITY, then send it as a present to your needy friend.

THE FREE LITERATURE DEPARTMENT.

A wonderful field of work is opening before this department. People are writing from all quarters for literature; most of them for literature to distribute. The number is growing every day. This is just what we want. We desire to reach everyone whom we can help. We want to teach them how to be masters instead of slaves.

* * *

Such a large number of rejoicing letters have come to the different departments of the Unity work testifying of great good received, freedom from years of woe realized, spiritual understanding gained, and many many other blessings. By means of this literature we are showing our brothers and sisters how the great law of good works for them, and we are pointing out the real true, powerful, spiritual self at the very center of their being, and we are telling them how to let this be supreme, leading them into an abundance of health, happiness and prosperity.

It is indeed a most important work, and all can take part in it. Everyone can help his brother in need by giving him the right kind of literature, and in a way that will not stir up his prejudices. Then, write to us for literature, stating what kind is needed. Send whether you have money in sight or not.

* * *

To carry on this great undertaking we need funds. This department will have to get out special literature to suit special cases. It will have to have literature that will appeal to those in all walks of life. It will need facilities for taking care of all letters received, for wrapping literature, for postage, and many other things necessary in the supervision of a large work of distribution.

This expense has been met heretofore by the love offerings of friends and the Unity Tract Society. This department should pay for itself without the aid of the Tract Society, for the Tract Society has enough demands upon it in publishing UNITY and WEE WISDOM.

This department will pay for itself when it is generally understood what is being done. There are lots of people all over the country who have money to spare who would really be glad to give toward a good cause. Here is a most worthy one; the uplifting of our fellow men by a strictly up-to-date means; teaching them to help themselves by using the power God has endowed them with.

Here is a chance to donate a thousand or more dollars and receive for interest a daily one hundred per cent of satisfaction, in knowing that the money is blessing a hundred thousand brothers and sisters. Think of the millions of people with darkened visions, who may be inspired with a thrill of new life and hope by receiving a new idea of life.

We are not begging, we are simply offering you, dear reader, opportunity of making a true love offering to the cause of truth, happiness and prosperity, to the end that this may be a better world to live in.

We are asking for large amounts, expecting to get them, in order to carry out our ideals in this work, but let no one feel obliged to send any small sum, for like the widow's mite, it is more than all when given in the same spirit of love.

Remember, literature is sent wherever desired, and we use our best judgment in this matter.

* * *

Extract from a letter to the Free Literature Department regarding a package of back numbers of UNITYS received:

I note what you say under head of Free Literature. Now there is what I have to say.

The package of books you sent me I would not have missed for, well, at least \$1.00 per UNITY. That is, I found at least one article in each copy which to me could not be measured by dollars and cents.

I have sent out or given to five different people, two or more of whom you will hear from.

I do not hand out promiscuously, and when I do, it seems as though there was a Divine purpose.

— E. H. K.

Address all communications to the Free Literature Dept., Liberty Building, 913 Tracy Ave., Kansas City, Mo.

— L. F.

It has remained for the *Denver Post* to set the pace for other enterprising newspapers, in the matter of recognition of the public demand for New Thought instruction and reading. The proprietors of the *Post* have engaged Dr. Alexander J. McIvor-Tynhall to edit a New Thought department for the big edition of the *Sunday Post*, and the enterprise is one that will assuredly meet with popular favor.

Every now and then we send extra copies of UNITY to those of our subscribers whom we think will use them to good advantage. If you receive such a copy, please pass it along, and if you can use more, do not hesitate to order freely. UNITY belongs to the Lord, and we are sending it forth freely, trusting the Divine Law for that recompense which always comes.

If you have been helped by UNITY, and are neglecting to pass it along, your blessings will be short lived. The law is, "Freely ye have received; freely give." If you want permanent good in your life try to help others.

UNITY one year to that friend you love will prove an ideal present.

Unity Emblem Pin.



THIS is an engraving of the beautiful Unity Emblem Pin. It cannot give you very much of an idea of its beauty, other than its exact size and design. The wings and lines on the world and the word UNITY are in roll-plate gold, the face of the world being in light pink-tinted enamel and the poles in red enamel. Your jeweler would charge you at least \$2.50 for one like it, but as we contracted for a thousand at a time we can send you one for \$1.00 and still have a little profit for the benefit of the Building Fund. The pin is suitable for either lady or gentleman. Price, \$1.00.

Special Notice.

Address all orders for books, subscriptions, or business, to the Unity Tract Society; or, if writing to the Society of Silent Unity, or individuals, be sure and write on a separate sheet your orders for subscriptions, books, etc., and all matters pertaining to the literature department of our work. It will save time and insure accuracy and dispatch in filling your orders, besides keeping private matters that do not concern the business department. Put our full address on this separate sheet and write on back: 'For Unity Tract Society, 913 Tracy Ave., Kansas City, Mo.'

Do please write your name and address *plainly* on every letter. If your handwriting is not plain, get a rubber stamp and put it somewhere on every communication, and you will be blessed by all your correspondents. Modern stationery, with its initial monograms, is an aggravation to the busy clerk striving to decipher the writer's illegible signature.

In making up your Christmas presents for the little folks don't forget **WEE WISDOM**. In all the stores in the land, you can't find a better present for 50 cents.

If you want **UNITY** or **WEE WISDOM** sent as a Christmas present, we will notify your friend. Send instructions with the subscription.

"Wee Wisdom's Way," 25 cents. A course of lessons in Christian Healing that a child can comprehend.

Look over our book list in this issue for Christmas presents. We will send these books to your friend, and notify them as you direct.

PRACTICAL APPLICATION OF DIVINE PRINCIPLE IN OUR EVERY DAY LIFE.

BY PAULINE E. SAYRE.

This booklet comprises a series of three talks upon the science of life. The teaching is couched in simple, yet forceful statements which are applicable to every station and condition in life. Many good affirmations are given for those who need formulas. The first talk is upon the Science of Life; the second, upon Faith and the Power of Thought; and the third talk deals with Plenty, Success and Prosperity. There is also a short talk upon Healing, at the close of these sermonettes. The book is good for beginners in the study of Truth, for it contains so much practical advice to one beginning the practice of the principles of being. Neatly bound in white paper, stamped in gold, it is a very attractive booklet. Published by the author, and copies may be obtained at her address, 313a Quincy St., Brooklyn, N. Y. Price 25 cents.

GIFT BOOKS BY WALTER DE VOE.

"Thought Forces Constructive and Destructive," and "The Secret of Concentration," are the titles of two beautifully bound booklets prepared to be used as Christmas gifts. They are attractive to eye and mind, and contain knowledge of great importance. Price 25 cents each. Address the author, 5226 Greenwood Avenue, Chicago, Ills.

A NEW PUBLICATION.

The Science Quarterly, from the Colorado College of Divine Science. Daily Studies and Sunday Service. First issue, October; next issue, January. Sample mailed on application. Subscription price, \$1.00 a year. Address,
Secretary of Divine Science Publishing Board,
730 Seventeenth Ave., Denver, Colo.

HOLIDAY GIFTS. CHRISTMAS PRESENTS.

NEW BOOKS.

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"The Greatest Truth." Price, 90 cents, postpaid.

MINNIE S. DAVIS

"Living Counterparts." Price, 75 cents, postpaid.

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"The Divinity of Desire." Price, \$1.00, postpaid.

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"Law Absolute." Price, 25 cents, postpaid.

Send all orders to

PROGRESSIVE LITERATURE CO.,

P. O. Box 228, M. S., New York.

[Ask for catalogue and circulars.]

Holiday Books.

Appropriate and Attractive. Christmas Gifts.

What better thing can you do for your friend, than to place in his hands a book which will point out the way to attain Health, Happiness and Prosperity, and the joy of living.

The following is a list of just such "Helps on the Way," which we recommend as the proper Christmas gifts:

Popular Booklets

By H. Emilie Cady.

It is the popular verdict that the writings of H. Emilie Cady will become as world-famous as have the books of Henry Drummond. People buy them for every purpose—Missionary work, Christmas, Easter and Birthday gifts, and for general good which they always give everyone who reads them. They give them to the sick and to the well; to the rich and to the poor. They are universally beloved because they fit everybody.—*Universal Truth.*

Finding the Christ in Ourselves.

36 pp. 15 cents.

A revelation of the loving Spirit—Father—God—at the center of our being. It is so alive with the spirit of healing that thousands have been healed by simply reading it.

Trusting and Resting, and In His Name.

19 pp. 10 cents.

A quieting sensation of peace comes over one as he reads of this beautiful trust, and of the power in "His Name."

God's Hand, and Loose Him and Let Him Go.

21 pp. 10 cents.

We all need the teaching of "Loose Him and Let Him Go," for how much useless anxiety do we undergo for those we love, forgetting that God is leading them always and by ways we know not.

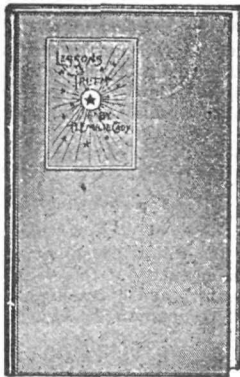
It shows God to be our abundant supply; that there is but one hand—God's hand, and it is sure.

Lessons in Truth.

By H. Emilie Cady.

Twelve Lessons, written in fascinating manner, which appeal to every denomination of religion. The easy and logical steps with which she takes you along the road hunting your God are not only charming but glorious in their simplicity and clearness.

Paper binding, in one volume, 50 cents; cloth, stamped in gold, and gold top, \$1.00.



CONTENTS:

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3. Denials.
4. Affirmations.
5. Faith.
6. Definitions.
7. Spiritual Understanding.
8. Secret Place of the Most High.
9. Finding the Secret Place.
10. Spiritual Gifts.
11. Unity of the Spirit.
12. Bondage or Liberty — Which?

"They are the clearest, most practical, most comforting lessons I have ever read. I now understand my attitude as explained, and it rests with me to put the rules into practice."

"I regard LESSONS IN TRUTH as the very best of all the works on the subject that I have read. The thoughts breathe the true inspiration of the Spirit, and I felt the Life Divine in every word as I read, and I said, 'This truly opens to the Fountain of the New Life which I have been seeking.'"—A. M.

Leo Virgo's

(Charles Fillmore)

Writings.

Talks on Truth.

48 pp. 25 cents.

Four logical and convincing lectures which are calculated to help and bless all who read them. The common belief that all diseases originate from germs called microbes is metaphysically discussed in the article "How Microbes are Made." The other chapters are: "The I Am in Its Kingdom," "How Shall the Dead be Raised?" and "The Development of Divine Love."

The Only Good and Other Talks.

48 pp. 25 cents.

Able expositions of various phases of the New Thought on the following subjects: "The Only Good," "The Ministry of the Word," "Ye Must be Born Again," and "Intelligent Substance." It is a good companion booklet to "Talks on Truth."

Seek Wisdom.

28 pp. 15 cents.

A booklet that shows how the mind builds its own body—builds it in harmony or discord, according to the ideals held in thought. It shows that all high ideals come from God, and that through the right use of them man can not only master his own body, but his environments as well. It shows wherein Spiritual Wisdom is

Other Booklets.

A New Thought Catechism.

Compiled by A. B. Worthington.

32 pp. 15 cents.

A veritable epitome of Truth, condensed in simple yet most explicit statements, in the form of questions and answers, of the principles and tenets of the Science of Being. Suitable alike to adults and children.

How to Attain Your Good.

By Emma Curtis Hopkins.

28 pp. 10 cents.

The key-note of this booklet is, "There is good for me, and I ought to have it." It argues that Life, Love, Power, Supply, etc., are good, that they are for me, and I ought to have them. Then the author shows just how to attain these desired results through a correct process of thought.

A friend wrote of the booklet, *How to Attain Your Good*, "That's the best medicine I've taken in all my experience."

"For clear thought, power and adherence to principle, I have read nothing which to my mind compares with *How to Attain Your Good*. I was spellbound by its power."—*Dr. W. C. Gibbons*.

Love: The Supreme Gift.

By Prof. Henry Drummond.

41 pp. 15 cents.

This booklet is pronounced by many the best treatise on Love ever published, and were its teachings followed heaven would be consciously established on earth.

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